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The Perfect Storm? Gluten and type 1 diabetes.

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2014

[Link to publication](#)

Citation for published version (APA):

Adlercreutz, E. (2014). *The Perfect Storm? Gluten and type 1 diabetes*. [Doctoral Thesis (compilation), Celiac Disease and Diabetes Unit].

Total number of authors:

1

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Photo by Emma Adlercreutz and Olof Rask

The Perfect Storm?

A significant increase in the incidence of autoimmune diseases has been observed worldwide for the last two decades. Celiac disease (CD) and type 1 diabetes (T1D) are both common autoimmune diseases in childhood. This thesis presents studies on association between T1D and CD and effects of dietary gluten on the immune system.

Emma Adlercreutz is a pediatrician, with a great interest in food, health, and immunity. She has a supplementary training in pediatric allergy, specializing in food allergy and now runs her own pediatric outpatient clinic along with a fellow pediatrician – Lunds barnläkarmottagning. In her clinical practice she meets a lot of children with celiac disease, food allergies and stomach problems.



LUND UNIVERSITY
Faculty of Medicine

Diabetes and Celiac Unit
Faculty of Medicine
Doctoral Dissertation Series 2014:133
ISBN 978-91-7619-062-3
ISSN 1652-8220



Printed by Media-Tryck | Lund University 2014

EMMA ADLERCREUTZ The Perfect Storm? – Gluten and type 1 diabetes

