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Spectral Engineering of Slow Light, Cavity Line Narrowing, and Pulse Compression

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More than 4 orders of magnitude of cavity-linewidth narrowing in a rare-earth-ion-doped crystal cavity, emanating from strong intracavity dispersion caused by off-resonant interaction with dopant ions, is demonstrated. The dispersion profiles are engineered using optical pumping techniques creating significant semipermanent but reprogrammable changes of the rare-earth absorption profiles. Several cavity modes are shown within the spectral transmission window. Several possible applications of this phenomenon are discussed.

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Cavity-linewidth narrowing has been suggested to have great potential in many different areas such as laser stabilization [1,2], high-resolution spectroscopy [2], enhanced light-matter interaction, and compressed optical energy [3]. We show more than 4 orders of magnitude of cavity-linewidth narrowing, which, to the best of our knowledge, is more than 2 orders of magnitude larger than demonstrated with other techniques. Previously, 10 to 20 times linewidth narrowing has been shown using electromagnetic induced transparency [4–6], and recently, 2 orders of magnitude were shown using coherent population oscillation in combination with a cavity dispersive effect [7]. We also demonstrate several cavity modes within the slow light transmission window, something which we are not aware of having been demonstrated using electromagnetic induced transparency or coherent population oscillation. The present results are obtained using spectral hole burning in rare-earth-ion-doped crystals [8–10], and we discuss the properties and potential of slow light structures created with this method in these materials.

In this Letter, a cavity formed by depositing mirrors directly onto a praseodymium doped \( Y_2\text{SiO}_3 \) crystal and (near) persistent spectral hole burning is employed to create a very strong dispersion. A sharp dispersion slope reduces the photon group velocity and therefore increases the effective photon lifetime in the cavity compared to a nondispersive cavity (some times referred to as a cold cavity [11]). Generally, the mode spacing in a Fabry-Perot cavity \( \Delta \nu \) is given by [11]

\[
\Delta \nu = \frac{c}{2L} \frac{1}{n_g(\nu)} = \frac{c}{2L} \frac{1}{n + \nu \frac{dn}{d\nu}} = \frac{v_g(\nu)}{2L},
\]

where \( c \) is the speed of light in vacuum, \( \nu \) is the light frequency, \( n \) is the real part of the index of refraction (for the phase velocity), \( v_g(\nu) \) is the group velocity, and \( n_g(\nu) \) is the index of refraction for the group velocity. For the present work, it is useful to briefly analyze the mode spacing relation.

The resonance condition for a Fabry-Perot cavity of length \( L \) may be expressed as \( m(\lambda/2) = L \), where \( m \) is an integer and the wavelength \( \lambda = c/(n\nu) \). Thus,

\[
\frac{mc}{2L} = n\nu.
\]

Differentiating Eq. (2) gives

\[
\frac{c}{2L} \delta m = n \delta \nu + \nu \delta n.
\]

Dividing the left- (right-) hand side of Eq. (3) with the left- (right-) hand side of Eq. (2) yields

\[
\frac{\delta m}{m} = \frac{\delta \nu}{\nu} + \frac{\delta n}{n},
\]

where \( n = n(\nu) \) is a function of frequency. Normally, when the frequency is changed, \( \delta \nu/\nu \gg \delta n/n \), but in the case of significant slow light effects, \( n \ll \nu (dn/d\nu) \), and the second term on the right-hand side in Eq. (4) is much larger than the first. Thus, the cavity mode spacing is basically completely determined by the dispersion, while the impact of the relative change in the frequency is negligible. Below, it is shown how we modify the cavity absorption to enter this regime where the Fabry-Perot cavity mode spacing is completely determined by the frequency dispersion.

First, we examine the cavity transmission far away from the absorbing inhomogeneous Pr ion transition (nondispersive cavity). The crystal cavity is \( 6 \) mm long, the reflectivity was specified to \( R_1 = R_2 = 95\% \), and \( Y_2\text{SiO}_3 \) has a real index of refraction of \( n = 1.8 \). The cavity mode spacing for this crystal is \( \Delta \nu_{\text{nondispersive}} = 3 \) GHz, and the transmission peak linewidth is \( \delta \nu_{\text{nondispersive}} = 1 \) GHz. A frequency scan across two cavity modes is shown in Fig. 1(a). The reason for the comparatively large cavity linewidth (low finesse) could be due to improper matching to the spatial cavity mode [12,13]. We expect that the high frequency wing of the cavity modes is due to higher order transverse modes in the cavity. The small extra peak to the left of the modes is the cavity mode for the orthogonal...
polarization. The \( \text{Y}_2\text{SiO}_5 \) crystal is birefringent, and cavity modes for the two polarizations along the two principal axes will be displaced relative to each other [14]. Both modes are seen because the input polarization has a small angle relative to the \( D_2 \) (principal) axes [see Fig. 2(b)].

Second, persistent spectral hole burning is employed to manipulate the ion absorption distribution in the inhomogeneously broadened (\( \sim 9 \) GHz) \( ^3H_4-^1D_2 \) transition of the 0.05% doped \( \text{Pr}^{3+} : \text{Y}_2\text{SiO}_5 \) crystal. A frequency stabilized dye laser [15,16] at \( \lambda_{\text{vac}} = 605.976 \) nm is used to remove the absorbing ions within an 18 MHz wide spectral region [black trace, Fig. 1(b)] by a series of laser pulses. The laser pulses optically pump the ions to the excited state, from where they decay back to one of the hyperfine ground levels [see Fig. 2(a)]. A typical value for the ground state hyperfine population decay is \( \sim 40 \) s, while it could be 40 min in a weak magnetic field (\( \sim 0.01 \) T) [17] and several weeks for other rare-earth-ion-doped crystals [18]. A detailed description of the procedure for creating a spectral transmission window can be found in Ref. [19].

An arbitrary-waveform-generator controlled double-pass acousto-optic modulator (AOM), which can tailor the light amplitude, phase, and frequency [see Fig. 2(b)] is used to form the necessary laser pulses. As is shown in Fig. 1(b), the modified ion absorption profile (black trace) has close to zero absorption within about 18 MHz. The absorption profile is taken in a part of the 6 mm crystal which is not reflection coated, i.e., outside the cavity. In this way, the frequency resolved absorption measurement can be recorded without being affected by the cavity mode structure. Admittedly, this can only be seen as an estimate of the absorption structure inside the cavity. Previously, we have measured the absorption \( \alpha L \) in a 1 mm crystal of the same dopant concentration to be approximately equal to 2. The left axis in Fig. 1(b) has been scaled to be consistent with this value. In order to verify that absorption and scattering losses are indeed small in the 18 MHz transmission window, we compared the transmission through the crystal (without the cavity) in the black-trace spectral transmission region in Fig. 1(b), with the transmission through the crystal when the laser is detuned by about 4 nm from the 9 GHz inhomogeneous line center. It was not possible to detect a difference between the transmission in the 18 MHz...
transmission region and when the laser was detuned about 4 nm (\(\sim 4\) THz) away from the absorption line. From this, we estimate that any absorption in the slow light transmission window is in any case below \(<0.1\) dB/cm. The bulk loss in Y\(_2\)SiO\(_5\) has previously been estimated to \(<0.003\) dB/cm [20].

Experimental line narrowing data are shown in Figs. 1(b) and 1(c). In Fig. 1(b), there are five cavity transmission peaks within the \(\approx 18\) MHz transparent spectral region. The spectral width of the cavity transmission is reduced from \(\delta \nu_{\text{nondispersive}} \approx 1\) GHz in the nondispersive cavity case [Fig. 1(a)] to \(\delta \nu_{\text{dispersive}} \approx 600\) kHz in the dispersive cavity case. In Fig. 1(c), the transmission window is about a MHz, yielding a steeper dispersion curve, and the cavity linewidth is about 30 kHz, i.e., a reduction of about 30 000 relative to the nondispersive cavity linewidth. At the same time, the cavity mode spacing has decreased from 13 GHz to about 220 kHz (factor of 60 000).

Equation (1) shows that it is possible to control the cavity mode spacing by controlling the group refractive index \(n_g\). The (real part of the) refractive index can be calculated from the ion absorption frequency distribution \(\alpha(\nu)\) via the Kramers-Kronig relations. This will give the dispersion and group refractive index. The refractive index as calculated from the absorption (black line) is shown by the blue line in Fig. 1(b). As shown in Fig. 1, the cavity mode spacing and cavity linewidth can be controllably varied over several orders of magnitude by engineering the ion absorption frequency distribution.

Although spectral hole burning based slow light structures have been discussed previously [8,9] and slow light structures in general have been analyzed extensively, e.g., Ref. [21] and references therein, we think it could be relevant to discuss the properties and potential of the absorption structuring techniques shown here. Because of the cavity-linewidth narrowing, the 6 mm long cavity can have a longitudinal mode spacing of \(\approx 220\) kHz, which in vacuum would correspond to that of a \(\approx 700\) m long cavity. The transversal part of the mode, however, still behaves as that of a 6 mm long cavity, which means that it is possible to combine a narrow beam with fairly even beam size with a small cavity mode spacing. The longitudinal and transversal cavity mode behaviors are thus decoupled by more than 4 orders of magnitude.

In order to further examine the cavity properties, a short pulse was sent into the cavity. The solid red trace in Fig. 3(a) shows the light transmitted to the photodiode (PD) for a 20 ns long input pulse (black dashed trace, centered at time \(t = 0\)). With an 18 MHz slow light transmission window, the 6 m long pulse is compressed to about 2.5 mm and bounces back and forth in the cavity with some light leaking out after each round trip. Figure 3(b) shows the corresponding data with a 3 MHz transmission window where the cavity round trip time is increased to well over a microsecond. The group velocity \(v_g\) is approximately given by [8,10]

\[
\nu_g = \frac{2 \pi \Gamma}{\alpha},
\]

where \(\Gamma\) is the spectral width of the transmission window and \(\alpha\) is the absorption coefficient immediately outside the spectral transmission window (i.e., the effective absorption depth of the transmission window). In general, e.g., Ref. [9], the time-bandwidth product TB for any slow light structure of this type of length \(l\) approximately is

\[
TB = \frac{l}{v_g} \Gamma = \frac{\alpha l}{2 \pi}.
\]

Thus, the bandwidth is determined by the transmission window \(\Gamma\), which readily can be changed by a new optical pumping sequence. The group velocity is then determined by the absorption coefficient of the surrounding structure which, for a given crystal, can most easily be changed by moving the transmission window to different positions within the inhomogeneous line. The further out from the line center, the higher the group velocity. Finally, the time delay is then set by the crystal length. It is noteworthy that all
these parameters can be varied independently, which offers a good opportunity to test, for example, the nonlinear enhancement effects due to slow light in a well controlled environment. As an example, a TB = 10 for Γ = 1 MHz, α = 50 cm⁻¹, and l = 12 mm is reported in Ref. [22].

Potential applications of controlled spectral engineering of slow light structures in cavities will now be discussed. The fact that the lifetime of a light pulse in the cavity and the cavity Q value increase by several orders of magnitude is interesting because whispering gallery mode rare-earth crystal resonators with Q values in the 10⁹ range have been demonstrated [23], and Q values up to 10¹⁰ are predicted [23]. These numbers could potentially be enhanced by 4 orders of magnitude by modifying the absorption profiles by optical pumping, as is done here. Also, the loss rate due to scattering in the cavity could be strongly reduced. For example, if the fractional scattering loss I_s for a pulse spending time t in the cavity is proportional to 1 - e^{-α_0 l_0}, where α_0 is the scattering coefficient and l_0 is the length traversed by the pulse, then we obtain I_s = 1 - e^{-α_0 l_0} = 1 - e^{-α_0 vgt}, where v_g is the group velocity. Thus, if we would like to delay light by a given time t, a material with a low group velocity can strongly reduce scattering losses. In general, these types of slow light effects can be interesting for solid state materials that, as compared to vacuum or gas, will normally experience larger scattering.

It is also possible to dynamically tune the speed of light propagating through the material using an electric field. In noncentrosymmetric sites, the rare-earth ions have a permanent electric dipole moment which is different in the ground and excited states. This means that the ion transition frequency is shifted by an external electric field [24], an effect which, e.g., has been used when creating high efficiency quantum memories in these materials [25] or to move the transmission window in frequency [26]. Electric fields can equally well be used to change the width of the spectral transmission window [27] which changes the index of refraction. The group velocity can in this way readily be modulated at tens of MHz rates. As can be seen from Fig. 3, this rate can be much faster than the time it takes for the pulse to propagate through the cavity. Thus, it may be interesting to investigate the possibility to adiabatically tune the wavelength inside the cavity by modifying the refractive index, as is done in photonic crystal cavities, e.g., Ref. [28], but now on a time scale which differs by 6 orders of magnitude.

Low phase noise and very narrow linewidth laser systems have wide ranging applications as stable frequency references and sources. A passive laser line narrowing technique based on spectral hole burning was demonstrated recently. Selective filtering of weak spectral components outside the laser center frequency by transmitting the laser beam through a highly absorbing spectral hole burning material resulted in phase noise suppression by several tens of dB outside the central laser frequency [29]. Using the cavity line narrowing techniques presented in this Letter, transmission windows narrower than the sub-kHz homogeneous lines of the material can be obtained. Further, the region outside the transmission window would be nontransparent, but light outside the center frequency is now reflected instead of being absorbed, which has several advantages.

Spontaneous parametric down-conversion is widely used in quantum optics and quantum information science as a source for entangled photon pairs and as single photon sources. It is often desirable to generate entangled photons with a very narrow bandwidth, for example, to match the bandwidth of an optical quantum memory or the bandwidth of an optical transition [30,31]. Photons with narrow bandwidth can be generated by cavity-enhanced spontaneous down-conversion, where a periodically poled nonlinear crystal is enclosed inside a cavity [32]. A rare-earth-ion-doped slow light cavity could be combined with a periodically poled nonlinear crystal. A single narrow cavity transmission peak could be created within the spectral transmission window of the rare-earth-ion-doped cavity crystal. Since the rare-earth-ion inhomogeneous absorption peak can be hundreds of gigahertz wide, this constitutes the only transparent region.

The present cavity has the unusual property of supporting several modes with equal wavelength but with different frequencies. From Eq. (2), it can be seen that for any mode number m, mathematically there is an infinite number of combinations of ν and n which will fulfill the equation. The present cavity indeed has more than one mode supported for certain mode numbers. For instance, in Fig. 1(b), the two first (last) modes, which are about 4 MHz apart, have the same mode number as the two cavity modes just below (above) the rare-earth absorption line, which are separated by about 13 GHz.

In conclusion, we have shown more than 4 orders of magnitude cavity-linewidth narrowing caused by off-resonant interaction with praseodymium ions doped in an inorganic crystal. Several cavity modes are shown within the 18 MHz slow light transmission window. The crystal can readily be reprogrammed by optical pumping or dynamically tuned by external electric fields to yield other cavity linewidths or light group velocities. It is suggested that the combination of slow light structures and whispering galley modes in rare-earth crystal resonators might give exceptionally high-cavity Q values.

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