Interpretation of the large-deformation high-spin bands in select A=158-168 nuclei

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The high-spin rotational bands in $^{168}$Hf and the triaxial bands in Lu nuclei are analyzed using the configuration-constrained cranked Nilsson-Strutinsky (CNS) model. Special attention is given to the up-sloping extruder orbitals. The relative alignment between the bands which appear to correspond to triaxial shape is also considered, including the yrast ultrahigh-spin band in $^{158}$Er. This comparison suggests that the latter band is formed from rotation around the intermediate axis. In addition, the standard approximations of the CNS approach are investigated, indicating that the errors which are introduced by the neglect of off-shell matrix elements and the cutoff at nine oscillator shells ($N_{\text{aux}} = 8$) are essentially negligible compared to other uncertainties. On the other hand, the full inclusion of the hexadecapole degree of freedom is more significant; for example it leads to a decrease of the total energy of $\sim 500$ keV in the triaxial superdeformed (TSD) region of $^{168}$Hf.

I. INTRODUCTION

The high-spin structure of deformed nuclei shows a variety of interesting phenomena caused by the interplay between collective and single-particle excitations. The region of nuclei with $Z \sim 72$ and $N \sim 94$ is particularly fascinating. Potential energy surface (PES) calculations, predict that these nuclei constitute a new region of exotic shapes [1–3] coexisting with normal prolate deformation ($\varepsilon_2 \sim 0.23$). At high spins these nuclei may assume stable triaxial superdeformed (TSD) shapes characterized by different moments of inertia for each of the principal axes. These TSD minima, with deformation parameters ($\varepsilon_2, \gamma \sim (0.4, \pm 20^\circ)$, are caused by large single-particle shell gaps associated with proton numbers $Z = 71$ and 72, and neutron numbers $N = 94$ and 96 [4,5]. Experimentally, such rotational bands have been reported in Lu ($Z = 71$) isotopes [6–8].

An extensive search for TSD bands in Hf ($Z = 72$) isotopes has also been carried out, and a number of strongly deformed bands have been observed in $^{170–175}$Hf [9–13], where bands in $^{170}$Hf [9] and $^{174}$Hf [11] have been tentatively assigned as triaxial. On the other hand, the predicted TSD bands in $^{168}$Hf have not been discovered. Indeed, according to the analysis in Ref. [10], all observed strongly deformed bands in $^{170–175}$Hf are most likely near prolate, falling into two groups corresponding enhanced deformation (ED) shapes (deformations enhanced with respect to the normal deformed nuclear shapes) and superdeformed (SD) shapes. The ED bands with $\varepsilon_2 \sim 0.3$ are built on the proton $i_{13/2}h_9/2$ configuration while the SD bands involve the $\pi i_{13/2}$ (proton) and $\nu j_{15/2}$ (neutron) orbitals. On the other hand, a high-spin band has been observed in $^{168}$Hf [14–16] which appears to correspond to triaxial shape with a deformation which is considerably larger than that of the TSD bands in $^{161–167}$Lu.

The high-spin bands which have attracted most interest recently are, however, the so-called ultrahigh-spin bands which bypass the band-terminating states in $^{157–158}$Er [17] and neighboring nuclei [18–20]. These bands were first assumed to have a triaxial deformation similar to that of the TSD bands in Lu nuclei, but recent lifetime measurements [21] show that they are more collective and they are suggested to correspond to either a larger triaxial deformation or possibly a similar deformation as the Lu TSD bands but with rotation around the intermediate axis ($\gamma < 0$). In a recent study [22], it was concluded that these bands must correspond to a larger triaxial deformation because the $\gamma < 0$ minimum appears to be a saddle point if the rotation axis is allowed to change direction. In any case, it has turned out to be difficult to find a consistent interpretation within the standard CNS approach [23–25]. This is one reason why it appears important to investigate if, within the CNS approach, it is possible to get a consistent interpretation of the unique large-deformation TSD bands which have been observed in $^{168}$Hf. In this context, we will also demonstrate that the smaller deformation TSD bands in Lu isotopes appears to get a ready interpretation in the CNS formalism; see also Ref. [26].

Partly because of the large deformation of the TSD band in $^{168}$Hf, some approximations of the CNS approach become somewhat questionable. Therefore, we have made some modifications in the formalism making it possible to investigate the importance of including more oscillator shells in the basis and to account for all matrix elements coupling the different $N$ shells of the harmonic oscillator basis. Most important, however, is that, for the first time to our knowledge, a complete minimization in the three hexadecapole degrees of freedom has been carried out at a large triaxial deformation.

The motivation for the present work is to study high-spin rotational bands in $^{168}$Hf and investigate their properties in order to understand their nature. As a background, we will consider the TSD bands in the Lu isotopes. The Er bands have already been analyzed in Refs. [17,21] but we will conclude with some additional comments. We do the calculations within the framework of the configuration-constrained cranked Nilsson-Strutinsky (CNS) model [23–25], and another motivation is to test and develop this formalism. The model and standard approximations are explained in Sec. II. A brief description of the structure of the observed TSD bands in Lu isotopes using the CNS formalism is presented in Sec. III.
Standard approximations of the CNS formalism are tested in Sec. IV A while a complete minimization in the hexadecapole space is carried out in Sec. IV B. The reference energy which is often subtracted when presenting nuclear high-spin bands is discussed in Sec. IV C. Then we study the experimental and theoretical high-spin bands in $^{168}$Hf in Secs. V A and V B. In Sec. V C, we compare these theoretical and the experimental bands and find out which theoretical bands correspond to band 1, band 3, the ED band, and the TSD1 and TSD2 bands of $^{168}$Hf. Finally, we present some new points of view for the yrast ultrahigh-spin $^{158}$Er band in Sec. VI.

II. THE STANDARD CNS FORMALISM

In the configuration-dependent cranked Nilsson-Strutinsky (CNS) model [23–25], the nucleons are moving independently as the sum of the shell energy and the rotating liquid drop space is carried out in Sec. IV B. The reference energy which is correct on average. The Lublin-Strasbourg drop model [32] is used for the static liquid drop energy with the rigid-body moment of inertia calculated with a radius parameter $r_0 = 1.16$ fm and a diffuseness parameter $a = 0.6$ fm [25]. Finally, minimizing the total energy for a given angular momentum with respect to deformation gives the equilibrium shape and corresponding energy. Plots of the minimized total energy versus spin $I$ are frequently used in the description of high-spin properties of rotating nuclei. To present considerably more detailed information about individual and relative properties of the rotational bands, the excitation energy is plotted relative to a reference energy. Note that the same reference energy is utilized for all theoretical and experimental energies in a nucleus.

Equation (1) represents the rotating modified oscillator Hamiltonian in terms of the quadrupole $\varepsilon_2$, non-axial $\gamma$, and the hexadecapole $\varepsilon_4$, deformation parameters. The dependence of the Hamiltonian on the hexadecapole deformation is written as

$$V_4 = 2\hbar\omega_{0}\rho^2[\varepsilon_{40}Y_{40}^2(\theta_t, \phi_t) + \varepsilon_{42}(Y_{42}^2(\theta_t, \phi_t) + Y_{42}^{-2}(\theta_t, \phi_t))] + \varepsilon_{44}(Y_{44}^2(\theta_t, \phi_t) + Y_{44}^{-2}(\theta_t, \phi_t)),$$

with [23,33]

$$\varepsilon_{40} = \varepsilon_4 \frac{1}{6} (5 \cos^2 \gamma + 1), \quad \varepsilon_{42} = -\varepsilon_4 \sqrt{\frac{10}{12}} \sin 2\gamma,$$

$$\varepsilon_{44} = \varepsilon_4 \frac{1}{12} \sqrt{70} \sin^2 \gamma,$$

where $\theta_t$ and $\phi_t$ are the polar and azimuthal angles in stretched coordinates and $\rho$ is the radius in stretched coordinates. The $\gamma$ dependence in Eq. (6) is introduced in such a way that the axial symmetry is preserved when $\gamma = -120^\circ, -60^\circ, 0^\circ$ or $60^\circ$. All ellipsoidal shapes can be described within a $60^\circ$ degree sector, but the rotation occurs around the shortest, the intermediate and the longest principal axis for $\gamma = 0^\circ, -60^\circ$, and $\gamma = [0^\circ, -120^\circ]$, respectively.

Because the $\varepsilon_{4i}$ parameters depend on one parameter $\varepsilon_4$, there is only one hexadecapole degree of freedom. In a standard calculation, the total energy is minimized by varying three parameters: two quadrupole parameters, $\varepsilon_2$ and $\gamma$, and one hexadecapole parameter, $\varepsilon_4$ [23]. The choice of the deformation space to be used in a calculation is important. Recently, some studies concentrating on the role of different multipoles on the fission barrier heights have considered more general hexadecapole deformations [34–36].

The rotating basis $|n_1,n_2,n_3;\Sigma\rangle$ can be utilized to diagonalize the Hamiltonian matrix and to find eigenfunctions of Eq. (1) [23]. Since the couplings of $\varepsilon_4$ are fully accounted for in the rotating basis, the only terms in Eq. (1) which couple between basis states of different $N_{rot} = n_1 + n_2 + n_3$ are the hexadecapole deformation potential $V_4$, and the $\ell_1$, $\gamma$ and $\ell_2$ terms. The off-shell matrix elements of the latter terms are small for reasonable rotational frequencies. The importance of the off-shell matrix elements of the $V_4$ term depends on the deformation region, where hexadecapole deformations generally become more important with increasing quadrupole deformation. For small $\varepsilon_4$ values it thus seems reasonable to neglect all those matrix elements which are off shell in the rotating basis and keep $N_{rot}$ as a preserved quantum number.

This renormalization ensures that the total nuclear energy is correct on average. The Lublin-Strasbourg drop model [32] is used for the static liquid drop energy with the rigid-body moment of inertia calculated with a radius parameter $r_0 = 1.16$ fm and a diffuseness parameter $a = 0.6$ fm [25]. Finally, minimizing the total energy for a given angular momentum with respect to deformation gives the equilibrium shape and corresponding energy. Plots of the minimized total energy versus spin $I$ are frequently used in the description of high-spin properties of rotating nuclei. To present considerably more detailed information about individual and relative properties of the rotational bands, the excitation energy is plotted relative to a reference energy. Note that the same reference energy is utilized for all theoretical and experimental energies in a nucleus.

In Eq. (1), $h_{HO}(\varepsilon_2, \gamma)$ is an anisotropic harmonic-oscillator Hamiltonian:

$$h_{HO}(\varepsilon_2, \gamma) = \frac{p^2}{2m} + \frac{1}{2}m(\omega^2 x^2 + \omega^2 y^2 + 2\omega^2 z^2).$$

The relation between the oscillator frequencies and $\varepsilon_2$ and $\varepsilon_4$ is:

$$\omega_x = \omega_0(\varepsilon_2, \gamma) \left[ 1 - \frac{2}{3} \varepsilon_2 \cos \left( \gamma + \frac{2\pi}{3} \right) \right],$$

$$\omega_y = \omega_0(\varepsilon_2, \gamma) \left[ 1 - \frac{2}{3} \varepsilon_2 \cos \left( \gamma - \frac{2\pi}{3} \right) \right],$$

$$\omega_z = \omega_0(\varepsilon_2, \gamma) \left[ 1 - \frac{2}{3} \varepsilon_2 \cos \gamma \right].$$

The deformation dependence of $\omega_0(\varepsilon_2, \gamma)$ is determined from volume conservation of the equipotential surfaces.

The total energy is obtained using the shell correction method. Thus the shell energy, $E_{sh}$, is calculated using the Strutinsky procedure [30,31] and the total energy is defined as the sum of the shell energy and the rotating liquid drop energy [25,31], $E_{rot}$,

$$E_{tot}(I) = E_{sh}(I) + E_{rot}(I).$$

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The important advantage of the rotating basis is that \( N_{\text{rot}} \) (generally referred to as \( \mathcal{N} \) below) can be treated as an exact quantum number, making it possible to fix configurations in great detail. It seems that this is the most important feature explaining the success of the CNS approach; especially the possibility of following, e.g., terminating bands in spin regions where they are not yrast.

The diagonalization of the Hamiltonian, Eq. (1), gives the eigenvalues \( \epsilon_{i,m} \), which are referred to as the single-particle energies in the rotating frame or the Routhians. Subsequently, it is straightforward to calculate different expectation values such as \( \langle j_i \rangle \) and \( \langle j^2 \rangle \). The diagonalization of the Hamiltonian is performed with a cutoff in the single-particle basis which may lead to errors in the results. The original CNS codes were written with only nine oscillator shells (\( N_{\text{max}} = 8 \) in the basis and this is the maximum number of shells which has been used in all subsequent CNS calculations, e.g., Refs. [17,24,37]. It seems important to test these approximations, i.e., the neglect the off-shell hexadecapole matrix elements and the cutoff in the rotating single-particle basis.

In the present calculations, pairing correlations are neglected, although it is quite evident that the pairing field is essential for the description of atomic nuclei [38]. This is seen, for example, from the observed energy gaps and the suppression of the moments of inertia in rotating nuclei. However, it appears that the most of the properties of nuclei at high spins are rather insensitive to the pairing field. For example, rotational bands have been studied by the cranked Nilsson-Strutinsky approach [23–25], the cranked relativistic mean-field theory [39–41] not including pair correlations, and the cranked relativistic Hartree-Bogoliubov formalism [42–44] including pair correlations. These studies show that, in the high-spin regime, calculations without pairing describe the data accurately. In view of this, it is often advantageous to carry out calculations in an unpaired formalism because of the more transparent description and, for the present CNS calculations, the unique possibilities of fixing configurations, making it possible to follow for example the drastic shape changes in terminating bands [24,45].

In order to evaluate the importance of the pairing energy in the odd-odd \(^{76}\text{Rb}\) nucleus, rotational bands have been studied by the cranked Nilsson-Strutinsky-Bogoliubov (CNSB) formalism presented in Ref. [46] with particle number projection and with energy minimization not only in the shape degrees of freedom, \( \epsilon_2, \gamma, \) and \( \epsilon_4 \) but also in the pairing degrees of freedom, \( \Delta \) and \( \lambda \) and have been compared with the predictions of the CNS model [47]. In these calculations, the contributions from pairing are found to be small at low spin values and they decrease with increasing spin. The pairing energies do not change the general structure, which means that, for example, the potential energy surfaces with pairing included are found to be very similar to those in the CNS formalism.

The outcome from CNS and CNSB calculations have also been compared in \(^{161}\text{Lu}\) [48,49]. It turns out that, for \( I > 30 \), the inclusion of pairing will correspond to a small renormalization of the moment of inertia but it does not affect the general structure of the yrast line, band crossings, etc. Especially, the terminating states for \( I \approx 50 \) are essentially unaffected by pairing correlations. With this in mind, we will analyze the high-spin states of Lu isotopes and \(^{168}\text{Hf}\) in the unpaired CNS formalism where our main interest is in those configurations which cannot be isolated in present formalisms with pairing included.

For \( A = 158–168 \) nuclei, it is convenient to label the configurations by the dominant amplitudes of the occupied orbitals and holes relative to the \(^{146}\text{Gd}\) \((Z = 64, N = 82)\) closed core; that is,

\[
\pi(h_{11/2})^{p_{1}}(h_{9/2} f_{7/2})^{p_{2}}(i_{13/2})^{p_{3}},
\nu(N = 4)^{−n_{1}}(h_{11/2})^{n_{2}}(i_{13/2})^{n_{3}}(i_{11/2} g_{9/2}^{p/2} n_{4}^{a/2}),
\]

where the number of the \( N = 4 \) protons and \( h_{9/2}, f_{7/2} \) neutrons is determined from the total number of protons and neutrons in a nucleus. We will often use the shorthand notation (where the numbers in parentheses are omitted when they are equal to zero),

\[
[p_{1}(p_{2} p_{3}), (n_{1} n_{2}) n_{3}(n_{4} n_{5})].
\]

Note, however, that this is only for the purpose of labeling the configurations; in the numerical calculations no core is introduced and all or most of the couplings between \( j \) shells are accounted for according to the different approximation schemes.

### III. TSD BANDS IN LU ISOTOPES

The TSD bands in Lu nuclei are characterized by an odd \( i_{13/2} \) proton which plays an important role in the wobbling excitation [6]. Apart from this, the occupied orbitals in these bands have not been given much attendance. An exception is Ref. [5], where the single-particle orbitals and the corresponding shell gaps at TSD deformation were discussed. Here we will try to demonstrate the filling of the orbitals in the lowest TSD bands, indicating the contribution of the specific orbitals which become occupied when the number of neutrons increases. This is analogous to previous classifications of the superdeformed bands in the \( A = 150 \) region [37,50,51]. A preliminary report of the present classification was given at the NS2008 conference [26].

As seen in Fig. 5(a) in Ref. [20] (and in Fig. 15 below drawn at a somewhat larger deformation), the proton configuration with two \( h_{9/2} \) and one \( i_{13/2} \) proton is favoured for TSD deformations \((\epsilon_2 \sim 0.37, \gamma \sim 20^\circ)\) for frequencies up to \( \hbar \omega \sim 0.6 \text{MeV} \). Indeed, according to our calculations, this is the proton configuration, \( 8(21) \), for the lowest calculated TSD bands in the \(^{161–167}\text{Lu}\) isotopes. In order to understand the neutron configurations, Fig. 1 is instructive. Starting from the left, it shows the single-neutron orbitals for prolate shape in the range \( \epsilon_2 \sim 0.09–0.25 \), then for \( \epsilon_2 \approx 0.25 \) as a function of axial asymmetry \( \gamma \), and finally for constant \( \gamma \approx 20^\circ \), again as a function of \( \epsilon_2 \). The neutron configurations of the TSD bands in the Lu isotopes with \( N = 90–96 \) are then illustrated at \( \epsilon_2 \approx 0.40 \) (and \( \gamma \approx 20^\circ \)). The gap indicated for \( N = 92 \) is responsible for the \(^{161}\text{Lu}\) configuration which has two holes in \( N = 4 \) and two holes in \( h_{11/2} N = 5 \) orbitals combined with six particles in \( N = 6 \) orbitals, i.e., the configuration \((22)6\). As discussed, e.g., in Ref. [17], the holes in the up-sloping \( N = 4 \) and \( h_{11/2} \) orbitals are very important for the formation...
of collective bands, where it is the coupling within the \( N = 4 \) orbits which induces the triaxial shape according to the mechanism described in Refs. [17,52].

A. Observed and calculated total energies

Adding one or two neutrons, Fig. 1 suggests that the most favored configurations for \(^{164,165}\text{Lu}\) will be formed if these neutrons are placed in the 5/2[523] orbital, where thus two bands with different signature are formed in \(^{164}\text{Lu}\). In Fig. 2(a), where the observed [7,55,56] and calculated bands are compared, it is the lowest TSD band in the respective nuclei and in addition band TSD3 in \(^{164}\text{Lu}\) which are assigned to the configurations discussed above. Note that, contrary to Ref. [56], we have assumed that this TSD3 band has negative parity. The assignment in Ref. [56] is based on Ref. [57] where \(^{163}\text{Lu}\) band. Furthermore, with pairing included, the crossing between the neutron (42)6 and (22)4 configurations will be seen as a smooth paired crossing within the \( i_{13/2} \) orbitals [49]. Note that the two neutrons which are shifted from down-sloping to up-sloping orbitals lead to a considerably larger deformation for the (42)6 configuration, \( \epsilon_2 \sim 0.43, \gamma \sim 23^\circ \), than for the (22)4 configuration, \( \epsilon_2 \sim 0.37, \gamma \sim 20^\circ \). This latter deformation is typical for the yrast TSD bands in the other Lu isotopes with \( N = 92–96 \).

Coming to \(^{167}\text{Lu}\), Fig. 1 indicates that the two additional neutrons compared with \(^{165}\text{Lu}\) might be put in the 11/2[505] orbital or in the 7/2[633] orbital. However, the detailed calculations show that the latter configuration is much less favored for spin values above \( I = 30 \) in accordance with the general experience that it becomes energetically expensive to build spin in configurations of high-j shells which are half-filled or more than half-filled; see, e.g., Fig. 12.11 of Ref. [28]. As seen in Fig. 2(b), the energy-vs-spin dependence of the (20)6 configuration in \(^{167}\text{Lu}\) is close to that of the (22)6 configuration in \(^{165}\text{Lu}\), while the calculated energy is considerably higher in \(^{167}\text{Lu}\) than in \(^{165}\text{Lu}\) in

For \(^{163}\text{Lu}\), the difference between calculations and experiment shown in the lower panel of Fig. 2(a) is close to zero at high spin, where pairing correlations which are not included in the CNS formalism should be small. The differences then get larger at lower spin values, indicating the increasing importance of the pairing correlations. The curves for \(^{165}\text{Lu}\) are similar, leading to nearly identical difference curves in the lower panel of Fig. 2(a). The similarities between the observed bands indicate that the orbital which is occupied in \(^{165}\text{Lu}\) but not \(^{163}\text{Lu}\) is not strongly deformation polarizing and is not giving any large spin contribution, as is the case for the 5/2[523] orbital, which is selected in the calculations. The two bands in \(^{164}\text{Lu}\), come close to the average of the \(^{163}\text{Lu}\) and \(^{165}\text{Lu}\) bands at high spin in Fig. 2(a). Indeed, this is the case for all observed spin values in the (unpaired) calculations, while at lower spin values the odd-\( N \) energies come higher in experiment. This is what would be expected from a smaller pairing energy in the odd compared with the even neutron systems, and it should even be possible to get an idea of the strength of the pairing correlations from this comparison. Furthermore, the calculations predict the correct signature for the favored bands in \(^{164}\text{Lu}\). This gives additional support to the present assignments even though the splitting is somewhat overestimated in the calculations.

Figure 1 suggests that the additional holes in \(^{161}\text{Lu}\) relative to \(^{160}\text{Lu}\) should be placed either in the \( i_{13/2} \), 5/2[462] orbital or in the 1/2[400] orbital. The result of the detailed calculations, see Fig. 2(b), is that the latter deexcitation, i.e., the neutron configuration (42)6, is favored for lower spin values while the former deexcitation, i.e., the neutron configuration (22)4, is favored for higher spin values. Indeed, it appears that this agrees with experiment [53,54] because, in the observed band, one can see a smooth crossing for spin values \( I = 30–40 \), where the two unpaired configurations cross. Thus, with this assignment and with our choice of spin values for the \(^{163}\text{Lu}\) band, the difference curves in the lower panel of Fig. 2(b) have almost the same shape as for \(^{161}\text{Lu}\) (where we have chosen an excitation energy of the unlinked band in \(^{161}\text{Lu}\) similar to that for the \(^{163}\text{Lu}\) band). Furthermore, with pairing included, the crossing between the neutron (42)6 and (22)4 configurations will be seen as a smooth paired crossing within the \( i_{13/2} \) orbitals [49]. Note that the two neutrons which are shifted from down-sloping to up-sloping orbitals lead to a considerably larger deformation for the (42)6 configuration, \( \epsilon_2 \sim 0.43, \gamma \sim 23^\circ \), than for the (22)4 configuration, \( \epsilon_2 \sim 0.37, \gamma \sim 20^\circ \). This latter deformation is typical for the yrast TSD bands in the other Lu isotopes with \( N = 92–96 \).
disagreement with experiment. This discrepancy would disappear if the $h_{11/2}$ subshell was lowered by a few hundred keV.

There are a few more observed TSD bands in Lu nuclei which we have not considered here. There are three unlinked bands in $^{162}$Lu [53]. It appears to be easy to assign spins and excitation energies to these bands so that they agree with calculations, but these assignments would be very tentative. One could note however that the beginning of a band crossing is observed in the TSD bands in $^{161}$Lu, suggesting a similar origin and is observed in the TSD3 band which appears to be very similar to the CNS configuration. In order to get an understanding of the configurations at low or intermediate angular momenta. In order to get an understanding of the configurations which are favored at higher angular momenta, it is more instructive to draw a single-particle diagram at $\omega > 0$, which will lead to a more complicated diagram because the orbitals will split into two branches with signatures $\alpha = 1/2$ ($\alpha = 0$ for $A$ even) and open symbols correspond to signature $\alpha = -1/2$ ($\alpha = 1$). Note how these differences are almost identical for most of the bands where the differences between experiment and calculations for the low-spin states are understood from the neglect of pairing correlations in the CNS calculations. The experimental data are taken from Refs. [7,53–58].

FIG. 2. (Color online) The observed energies of selected TSD bands for Lu isotopes are shown relative to the rotating liquid drop energy in the upper panels, with the calculated bands assigned to them in the middle panels and the difference between calculations and experiment in the lower panels. The TSD bands for $^{163,164,165}$Lu are shown in the panels to the left and those of $^{161,163,167}$Lu in the panels to the right; $^{163}$Lu is shown in both cases to facilitate the comparison. Solid lines correspond to positive-parity configurations and broken lines correspond to negative parity. Similarly, solid symbols correspond to signature $\alpha = -1/2$ ($\alpha = 0$ for $A$ even) and open symbols correspond to signature $\alpha = 1/2$ ($\alpha = 1$). Note how these differences are almost identical for most of the bands where the differences between experiment and calculations for the low-spin states are understood from the neglect of pairing correlations in the CNS calculations.
i.e., a rotational frequency which increases linearly up to \( \omega/\omega_0 = 0.05 \) in the “Nilsson diagram” to the left and then keeping this value of the rotational frequency when axial asymmetry is added. Solid and dotted lines are used for positive parity and dashed and dot-dashed lines for negative parity, where dots are used for signature \( \alpha = -1/2 \).

**B. Effective alignments \( i_{\text{eff}} \)**

In our analysis of TSD bands in Lu isotopes, we will also consider the differences of spin \( I \) at a constant frequency \( \hbar \omega \), and compare the experimental and theoretical data. This quantity referred to as the effective alignment, \( i_{\text{eff}} \), has been very important for the classification of the SD bands in the \( A = 150 \) region; see, e.g., Refs. [37,50,51]. It is a direct measure of the contribution from different Nilsson orbitals. It is mainly useful when pairing can be neglected, but for the Lu bands, the pairing correlations are rather small and we can furthermore assume that pairing gives about the same contribution if the comparison is limited to the odd isotopes with an even number of neutrons. Thus, effective alignments of neutron orbitals for the lowest TSD bands in Lu nuclei are shown as a function of rotational frequency (\( \omega = E_\gamma/2 \)), for the experimental bands in Fig. 4(a) and for the theoretical configurations assigned to these bands in Fig. 4(b). Note that in this case \( i_{\text{eff}} \) is a measure of the spin contribution from a pair of particles in the respective orbitals.

The general agreement between experiment and theory in Fig. 4 indicates that we do understand which orbitals are filled in the lowest TSD bands in the odd Lu isotopes. The spin contribution of the orbital which is being occupied when going from \(^{161}\text{Lu}\) to \(^{163}\text{Lu}\) is very small and positive at \( \hbar \omega \lesssim 0.5 \) MeV, but it changes for \( \hbar \omega \gtrsim 0.5 \) MeV where \( i_{\text{eff}} \) turns negative. The calculated \( i_{\text{eff}} \) shows the same feature, which can be traced back to a change of structure in \(^{161}\text{Lu}\) from \([8(21),(42)6]\) to \([8(21),(22)4]\) at \( \hbar \omega \sim 0.5 \) MeV. The value of \( i_{\text{eff}} \) when comparing the bands in \(^{163}\text{Lu}\) and \(^{165}\text{Lu}\) is close to zero but rather negative, corresponding to a small negative spin contribution from the orbital which becomes occupied. This orbital is located in the middle of the \( h_{9/2}f_{7/2} \) subshells and is labeled \( 5/2[5253] \) in Fig. 1. When two neutrons are added to \(^{165}\text{Lu}\), a spin contribution close to zero is obtained in both experiment and calculations for \( \hbar \omega \gtrsim 0.5 \) MeV. This agreement supports the assignment that it is the highest \( h_{11/2} \) orbital, \( 11/2[505] \), which is being occupied. Note that this up-sloping orbital will have a strong shape polarization, i.e., the shape change will have an important contribution to \( i_{\text{eff}} \); see, e.g., Ref. [59]. The fact that calculations and experiment diverge at smaller frequencies could be caused by increasing pairing correlations so that the assumption that an orbital is either filled or empty is strongly violated.

The present calculations show that the standard CNS formalism provides a reasonable interpretation for the TSD bands in Lu isotopes. However, it is questionable whether this approach, including approximations pointed out in Sec. II, is suitable to study also the TSD bands in \(^{168}\text{Hf}\) which have a larger deformation. In the next section, these approximations will be tested on \(^{168}\text{Hf}\).

**IV. ANALYSIS OF SPECIFIC FEATURES OF THE CNS FORMALISM**

Representative potential energy surfaces (PESs) with \((\pi, \alpha) = (-1, 1)\) for spins \( I = 1, 31, 41, 51, 61 \) are displayed.
in Fig. 5 for $^{168}$Hf. Similar behavior is also found for the other $(\pi, \alpha)$ combinations. At low spins, from $I = 1$ to $I = 31$, the lowest-energy minimum in the PESs corresponds to a almost prolate shape at $(\varepsilon_2, \gamma) \approx (0.23, 0^\circ)$. As the angular momentum increases, this minimum migrates to a somewhat larger deformation; for example $(\varepsilon_2, \gamma) \approx (0.26, 3^\circ)$ at spin $I \approx 41$.

For spin values $I \gtrsim 50$, the minimum energy corresponds to a TSD shape at the deformation $(\varepsilon_2, \gamma) \approx (0.44, 20^\circ)$.

A. Off-shell matrix elements and more shells

As it has been pointed out in Sec. II, all off-shell elements in the rotating basis $|n, n_2 H_f \Sigma\rangle$ are small and it is therefore natural to neglect them. If the off-shell matrix elements are included, the shell number $N_{\text{rot}}$ will not be a good quantum number, and the rotating basis functions will lose their advantage to diagonalize the Hamiltonian matrix. It is then easier to use the stretched spherical harmonic basis functions $|N, j, \ell, f_{\Omega} \rangle$ which are eigenkets of the spherical harmonic oscillator Hamiltonian $h_{HO}(\varepsilon_2, \gamma)$, the square of the stretched angular momentum $j_{\gamma, \ell}^2$, and its projection $j_{\gamma, \ell}$, with these basis functions, the cranking term couples between basis states of the shells $N_t$ and $N_t \pm 2$ which have the same signature.

When calculating the total energy, we need the shell energy and the rotating liquid drop energy [Eq. (4)]. The addition of the off-shell elements will only effect the shell energy. As illustrated in Fig. 6, the shell energies obtained from the diagonalization of the Hamiltonian in the two cases come very close for all spin values at a large triaxial deformation with a typical (see below) hexadecapole deformation, $\varepsilon_4 \approx 0.028$. Note that even though the coupling between the $N_{\text{rot}}$ shells is neglected in the rotating basis, the $j_{\ell}$ term is still fully accounted for because it is included in the basis. This is contrary to the stretched basis where the finite basis size corresponds to a (small) approximation. With more shells included, this approximation will be negligible.

In the standard CNS calculations, all shells having the principal quantum number less than or equal to $N_{\text{max}} = 8$ are included in the diagonalization. The important question is now if more shells are needed in order to reproduce the solution accurately enough for a heavy nucleus such as $^{168}$Hf. Naturally, the required value of $N_{\text{max}}$ depends on particle number, the shape of the potential to be diagonalized, and for the stretched basis also the rotational frequency $\omega$. To illustrate the importance of the cutoff error, the yrast energy was calculated including off-shell couplings with $N_{\text{max}} = 12$, i.e., with four added shells. For the specific deformation illustrated in Fig. 6, it turns out that the energy of the yrast line with $N_{\text{max}} = 12$ does not decrease relative to the calculation with $N_{\text{max}} = 8$ but rather it increases. The reason is that, with the increase of the number of shells, both the total discrete and smoothed energy decrease. The total discrete single-particle energy with $N_{\text{max}} = 12$ differs from that with $N_{\text{max}} = 8$ by about 30 keV for spins $I \lesssim 40$ and 120 keV for spins $I \gtrsim 40$. Since the corresponding smoothed single-particle energy is shifted by about 90 keV at spins $I \lesssim 40$ and 260 keV at spins $I \gtrsim 40$, the resulting shell energy,

$$E_{\text{sh}} = \sum_i e_i - \left( \sum_i e_i \right)$$

differs only by $\sim 40$ keV at spins $I \lesssim 40$ and $\sim 140$ keV at $I \gtrsim 40$ from the corresponding value with $N_{\text{max}} = 8$; see Fig. 6. Thus for the equilibrium deformations of $^{168}$Hf in an extended spin range, the cutoff at $N_{\text{max}} = 8$ introduces only small changes.

![Fig. 5. (Color online) Calculated potential-energy surfaces versus quadrupole deformation $\varepsilon_2$ and the triaxiality parameter $\gamma$ of $^{168}$Hf with $(\pi, \alpha) = (-, 1)$ for spins $I = 1, 31, 41, 51,$ and 61. Contour lines are separated by 0.25 MeV and the $\gamma$ plane is marked at 15° intervals. Dark regions represent low energy with absolute minima labeled with dots.](image)

![Fig. 6. (Color online) The shell energy for the configuration $[8(22),(22)6(11)]$ with deformation parameters $\varepsilon_2 \sim 0.43$, $\gamma \sim 20^\circ$, and $\varepsilon_4 \sim 0.028$ in the $^{168}$Hf nucleus. The circles show the calculations including the off-shell elements and $N_{\text{max}} = 12$, the squares include the off-shell elements and $N_{\text{max}} = 8$, and the diamonds exclude the off-shell elements and $N_{\text{max}} = 8$.](image)
in \( E_{4h} \) which are essentially negligible compared with other uncertainties.

**B. Minimization in five dimensions**

In general, for axial symmetric shapes it is only the \( \varepsilon_{40} \) (with quantization around the symmetry axis) shape degree of freedom which is expected to be of major importance because the energy is even (independent of the sign) in \( \varepsilon_{42} \) and \( \varepsilon_{44} \). This is only valid at no rotation around the perpendicular axis, but if the rotational frequency is not extremely high, it is still expected that only the \( \varepsilon_{40} \) degree of freedom will be of major importance. Furthermore, shapes corresponding to small quadrupole deformations are never far away from a symmetry axis in the \((\varepsilon_2, \gamma)\) plane, so it should be sufficient to minimize the energy in only one \( \varepsilon_4 \) degree of freedom also in this case. This is supported by studies of the smooth terminating bands in \(^{106}\text{Sb}\) \([24,60]\) where the energy is lowered by less than \( \sim 50 \text{ keV} \) when it is minimized in three \( \varepsilon_4 \) degrees of freedom \([61]\). For a triaxial shape and large quadrupole deformation on the other hand, the full minimization in the \( \varepsilon_{4i} \) parameter space might be more important.

In order to make a full minimization in the five-dimensional deformation space, the total energy of \(^{168}\text{Hf}\) is calculated at the following grid points:

\[
(\varepsilon_{40} = 0.005[0.01]0.045, \varepsilon_{42} = -0.02[0.01]0.02, \varepsilon_{44} = -0.01[0.01]0.03),
\]

where \((x, y)\) are Cartesian coordinates in the \((\varepsilon_2, \gamma)\) plane. The \((x, y)\) coordinates are connected with \((\varepsilon_2, \gamma)\) by the expressions

\[
x = \varepsilon_2 \cos(\gamma + 30^\circ), \quad y = \varepsilon_2 \sin(\gamma + 30^\circ).
\]

In our numerical calculations, the quantization axis coincides with the rotation axis to simplify the diagonalization. Therefore, \( \gamma \) should be replaced by \((\gamma + 120^\circ)\) in Eq. \((6)\), when defining the \( \varepsilon_{4i} \) parameters. With this definition, we relabel the principal axis but the same nuclear shapes are formed in the \( \varepsilon_{4i} \) space. Especially, it is for rotation around the symmetry axis \((\gamma = 60^\circ, -120^\circ)\) that axially symmetric shapes are formed with only \( \varepsilon_{40} \neq 0 \), while axially symmetric shapes at \( \gamma = 0^\circ \) are described by all \( \varepsilon_{4i} \neq 0 \).

In Fig. \(7\), the \(^{168}\text{Hf}\) yrast energies are drawn relative to a rotating liquid drop energy \( E_{\text{rot}} \) as a function of spin \( I \) for the four combinations of parity and signature, \((\pi, \alpha) = (+, 0), (+, 1), (-, 0), \) and \((-1, 1)\). They are compared with the corresponding energies from the minimization in the \((\varepsilon_2, \gamma, \varepsilon_4)\) parameter space.
space. In our calculations, the reference energy $E_{\text{ref}}$ is minimized in a deformation space $(\varepsilon_2, \gamma, \varepsilon_4)$ for each spin value.

As one can see, at spins $10 \lesssim I \lesssim 45$, the yrast states in the deformation space $(\varepsilon_2, \gamma, \varepsilon_{40}, \varepsilon_{42}, \varepsilon_{44})$ are only a few keV lower in energy than that in the $(\varepsilon_2, \gamma, \varepsilon_4)$ deformation space. On the other hand, the gain in energy in the high-spin region, $I \gtrsim 45$, is important and amounts to 0.5 MeV at some spin values. These findings are consistent with the general expectations discussed above. Thus, according to the potential-energy surfaces in the CNS calculations for $^{168}$Hf (see Fig. 5), the yrast states are built from configurations which have prolate shape with $\varepsilon_2 \sim (0.23–0.26)$ for spin values below $I \sim 45$ but at nonaxial shape with $(\varepsilon_2, \gamma) \sim (0.44, 20^\circ)$ (TSD shapes) for spins $I \gtrsim 45$. Therefore, in the following, we do the minimization process in the deformation space $(\varepsilon_2, \gamma, \varepsilon_4)$ to study the bands close to axial shape and in the deformation space $(\varepsilon_2, \gamma, \varepsilon_{40}, \varepsilon_{42}, \varepsilon_{44})$ to study the TSD bands in $^{168}$Hf.

In order to illustrate the variation of the $\varepsilon_{4i}$ parameters in the two cases, they are drawn in Fig. 8 as functions of spin $I$ for the TSD configuration, $[8(22),(22)6(11)]$. In the complete minimization, the $\varepsilon_{4i}$ parameters get different values relative to Eq. (6) in the full spin range, $I = 30–80$. The value of the $\varepsilon_{40}$ parameter becomes considerably larger, $\varepsilon_{40} \sim 0.035$ compared with $\varepsilon_{40} \sim 0.020$ in the restricted variation. The $\varepsilon_{42}$ parameter changes sign over most of the spin range while the $\varepsilon_{44}$ parameter varies faster and gets larger values.

The discontinuity in the variations of the $\varepsilon_{4i}$ parameters at spin $I \sim 65$ is understood from a crossing of high-$j$ and low-$j$ orbitals in this configuration, which is explained below. The energy surfaces at spin $I = 50$ and for the same $[8(22),(22)6(11)]$ configuration are shown in Figs. 9(a)–9(c), in the planes $(\varepsilon_{40}, \varepsilon_{42})$, $(\varepsilon_{42}, \varepsilon_{44})$, and $(\varepsilon_{44}, \varepsilon_{40})$ for a constant value close to the minimum of the third parameter. These figures indicate that the total energy is well behaved with only one minimum in the $(\varepsilon_{40}, \varepsilon_{42}, \varepsilon_{44})$ space.

C. The reference energy

In order to highlight the details of high-spin bands, their energy is often shown relative to a reference. For a long time, the standard choice of such a reference has been $E_{\text{ref}} = C(I + 1)$ MeV/$h^2$, where $C$ is a constant [23] for a specific nucleus. In calculations based on the CNS approach, the constant has generally been chosen as $C = 32.32A^{5/3}$ MeV [24], which means that the reference energy corresponds to rigid rotation at a prolate deformation, $\varepsilon = 0.23$, assuming a sharp nuclear radius $r_0A^{1/3}$ with $r_0 = 1.2$ fm. With this choice, the increase or decrease of $E(I) - E_{\text{ref}}$ is relevant and it becomes instructive to compare rotational bands in different mass regions. On the other hand, different constants have been used in the literature.

FIG. 8. (Color online) The $\varepsilon_{4i}$ parameters as a function of spin $I$ for the TSD configuration $[8(22),(22)6(11)]$. In the calculations, the triaxiality parameter of Eq. (6) is $(\gamma + 120^\circ)$. The $\times$ symbols are for the minimization process in the space $(\varepsilon_2, \gamma, \varepsilon_4)$ while the $*$ symbols are used for the minimization process in the space $(\varepsilon_2, \gamma, \varepsilon_{40}, \varepsilon_{42}, \varepsilon_{44})$.

FIG. 9. Energy surfaces shown as functions of two of the three $\varepsilon_{4i}$ parameters for the configuration $[8(22),(22)6(11)]$ at spin $I = 50$ and quadrupole deformation parameters $\varepsilon_2$, $\gamma = (0.43, 20^\circ)$. The contour line separation is 0.1 MeV in (a) and 0.2 MeV in (b) and (c).
so one should be careful before drawing any conclusions from the slope of \( E(I) - E_{\text{ref}} \) curves. For examples, while the A-dependent expression specified above gives \( C = 0.00665 \) for \( A = 163 \), the value \( C = 0.0075 \) has often been used for the TSD bands in Lu nuclei; see, e.g., Refs. [54–56]. This larger value of \( C \) leads to a substantial down-slopes for the observed energies of these bands, while these energies are rather constant with our standard choice for \( C \).

The absolute value of \( E(I) - E_{\text{ref}} \) is dependent not only on the (shell) energy for a specific spin value but also on the (shell) energy at the ground state. This appears reasonable for low- and intermediate-spin states formed at similar deformation as the ground state. However, for higher spin values, the deformation or coupling scheme can be quite different and it is then more reasonable to find an absolute reference, independent of the ground state for that specific nucleus. Such an absolute reference is provided by the rotating liquid drop (RLD) model [62], which can be used in a similar way as a static liquid drop model is used for nuclear ground states [63,64]. With this in mind, a RLD reference was introduced in Ref. [25], where it was concluded that a good fit to nuclear high-spin states could be achieved using the Lublin-Strasbourg drop (LSD) model [32] for the static liquid drop energy with the rigid-body moment of inertia calculated with a radius parameter \( r_0 = 1.16 \) fm and a diffuseness \( a = 0.6 \) fm [65].

With this choice, it becomes possible to describe the absolute energy of a nuclear high-spin state with a similar accuracy \((\pm 1 \text{ MeV})\) to that of nuclear masses [25].

The rotating liquid drop energy at its equilibrium deformation is plotted relative to the fixed reference \( CI(I +1) \) in Fig. 10(a). This value is thus showing the difference concerning spin dependence of the “previous” and “present” reference energies. Note that both these references are the same for all bands in one nucleus, but that the mass dependence is somewhat different. It is easy to understand the general structure of the curve in Fig. 10(a). At low spin values, the equilibrium deformation of the rotating liquid drop energy is spherical, corresponding to a small moment of inertia and thus a larger reference energy. With increasing spin, the increasing oblate deformation of the rotating liquid drop energy corresponds to an increasing rigid-body moment of inertia, and at \( I \approx 50 \) the difference starts to decrease, corresponding to the same moment of inertia for the two reference energies. At even higher spin at \( I \approx 74 \), the so-called superbackbend occurs [31,66], when the rotating liquid drop energy loses its stability towards triaxial shape. This corresponds to a rapid increase of the rigid-body moment of inertia, leading to large negative values for higher spin values in Fig. 10(a).

It is now easy to understand the differences when the yrast energies are plotted relative to the two differences in Figs. 7 and 10(b), respectively. Thus the general appearance is the same up to \( I = 60–70 \) but with a larger tendency for decreasing values at low spin with the rotating liquid drop reference. The large differences are, however, at the highest spin values where the equilibrium deformations in the CNS calculations are generally found at a large deformation with a small moment of inertia, which corresponds to a large down-slope when this energy is shown relative to the \( CI(I +1) \) reference; see Fig. 10(b). With the rotating liquid drop reference on the other hand, the reference energies and CNS energies will on average have the same spin dependence, but a not-so-nice feature is that the large changes in the reference energy at the superbackbend lead to a somewhat strange behavior of the energies at \( I \approx 74 \) in Fig. 7.

Let us also point out that the smaller radius parameter combined with the diffuseness correction corresponds to essentially the same rigid moments of inertia in the two reference energies for mass numbers \( A = 150–200 \). For larger mass numbers on the other hand, the diffuseness correction becomes more important. For example, in the \( A = 60 \) region, the spin dependences of the two references are very similar for spin values \( I = 0–15 \) but they become quite different at higher spin values. Thus, already at \( I = 30 \), the energy of the rotating liquid drop reference is 2–3 MeV smaller than the standard \( CI(I +1) \) reference.

V. THE HIGH-SPIN BANDS IN \(^{168}\text{Hf}\)

A. Observed high-spin bands in \(^{168}\text{Hf}\)

Experimental excitation energies relative to a rotating liquid drop energy \( E_{\text{rd}} \) as a function of spin \( I \), and spin, kinematic
(\(J^{(1)}\)) and dynamic (\(J^{(2)}\)) moments of inertia as a function of rotational frequency \(\hbar \omega\) are drawn in Figs. 11(a)–11(d), respectively, for the five bands in \(^{168}\)Hf which are observed well beyond \(I = 40\), where pairing correlations should be negligible. From Fig. 11(a) one can see that there is a break in the rotational pattern at \(I \approx 12\) and \(I \approx 40\) in band 1 and at \(I \approx 20\) and \(I \approx 40\) in band 3. Furthermore, the spin [Fig. 11(b)] and the \(J^{(1)}\) moment of inertia [Fig. 11(c)] are triple-valued for band 1 at \(I \approx 12\), i.e., band 1 goes through a full backbend at this spin value. The source of this backbend is the decoupling and spin alignment of an \(i_{13/2}\) neutron pair from the pairing field [67]. The unsmoothness in \(J^{(1)}\) and a small peak in \(J^{(2)}\) [Fig. 11(d)] at \(I \approx 20\) in band 3 indicates a weak crossing at this spin. The larger variation of \((J^{(1)}\) and a huge jump in \(J^{(2)}\) at \(I \approx 40\) \((\hbar \omega \approx 0.55)\) correspond to a larger spin alignment in band 1 and band 3 at this spin. The excitation energy varies smoothly for the ED, TSD1, and TSD2 bands, which means there is no crossing in these bands, even though the ED band displays a small rise or bump in the \(J^{(2)}\) value with the maximum at \(-0.45\) MeV.

B. Calculated rotational band structures in \(^{168}\)Hf

For the prolate shape minimum (at \(\epsilon_2 \sim 0.23\)) for \((\pi, \alpha) = (+, 0)\) and \((-1, 1)\), calculated excitation energies for the low-energy configurations in \(^{168}\)Hf are plotted relative to that of a rotating liquid drop in Figs. 12(a) and 12(b), respectively.

As pointed out in Sec. IVB, these configurations are obtained from energy minimization in the deformation space \((\epsilon_2, \gamma, \epsilon_4)\). The \((+, 0)\) yrast line has the configuration \(\pi(h_{11/2})^2(v(i_{13/2}))^\pi\) or \([\pi, \alpha] = [8(10), 4]\) in the shorthand notation for spins \(I \sim 0–40\); see Fig. 12(a). As the angular momentum increases, the lowest state is obtained by exciting a proton from a high-\(j\) orbital of \(h_{11/2}\) character to an orbital of \(h_{9/2}f_{7/2}\) character in the \(N = 5\) shell. Therefore the yrast line is built from the \(\pi(h_{11/2})^2(h_{9/2}f_{7/2})^\pi(v(i_{13/2}))^\pi\) orbitals or \([8(10), 4]\) in a short spin range for \(I \gtrsim 40\). Then for \(I \sim 44\), the calculated yrast configuration is \([8(11), 5]\) while the \([7(11), 4]\) configuration comes lowest in energy at \(I \approx 50\). The single-particle occupancy in these configurations can be understood from Figs. 13(a) and 13(b), where the single-particle Routhians are plotted for protons and neutrons, respectively. The configuration change in the \((+, 0)\) yrast states at \(I \approx 40\) is explained from the crossing between the \(7/2[523]\) and \(1/2[541]\) orbitals at \(\hbar \omega \approx 0.6\) MeV. There is a large single-particle shell gap associated with neutron number \(N = 96\) that continues to \(\hbar \omega \approx 0.7\) MeV [see Fig. 13(b)] so the neutron configuration \(\nu(i_{13/2})^\nu\) is favored up to spin values beyond \(I = 50\).

The study of the calculated excitation energies for the low-energy configurations with \((\pi, \alpha) = (-, 1)\) and axially symmetric shapes [Fig. 12(b)] suggests that the \((-, 1)\) yrast line is built on configurations \([8(10), 4]\) and \([8(11), 4]\) which correspond to \(\pi(h_{11/2})^2(h_{9/2}f_{7/2})^\pi(v(i_{13/2}))^\pi\) and \(\pi(h_{11/2})^2(h_{9/2}f_{7/2})^\pi(v(i_{13/2}))^\pi\), respectively. These two bands which cross at \(I \approx 40\) have the same \((i_{13/2})^\nu\) neutron

![FIG. 11. (Color online) (a) Experimental excitation energies relative to that of a rotating liquid drop \(E_{\text{zd}}\) as a function of spin \(I\); (b) spin as a function of the rotational frequency; and (c) kinematic \((J^{(1)}\) and (d) dynamic \((J^{(2)}\) moments of inertia as a function of rotational frequency \(\hbar \omega\) for band 1, band 3, ED, TSD1, and TSD2 bands in \(^{168}\)Hf. The data are taken from Refs. [14–16].](http://www.xxxxxx.com/)

![FIG. 12. (Color online) Calculated total excitation energies in \(^{168}\)Hf relative to a rotating liquid drop reference for low-energy configurations with (a) \((\pi, \alpha) = (+, 0)\) and \(\gamma \sim 0\), (b) \((\pi, \alpha) = (-, 1)\) and \(\gamma \sim 0\). Each band is shown by a label which is explained in the text.](http://www.xxxxxx.com/)
configuration. The calculated deformations are \( (\varepsilon_2, \gamma) \sim (0.23, 0^\circ) \) and \( (0.26, 5^\circ) \) for \([8(10),4]\) and \([8(11),4]\) configurations, respectively. In Fig. 12(b), also the \([5,8]\) and \([7(10),5]\) configurations are drawn. They have normal deformation, \( (\varepsilon_2, \gamma) \sim (0.23, 0^\circ) \), and cross at spin \( I \sim 50 \). The configuration \( \pi(h_{11/2})^2(h_{9/2}f_{7/2})^2(i_{13/2})^4v(h_{11/2})^2(i_{13/2})^0 \) or \([8(11),0(2)]\) in shorthand notation has the deformation \( (\varepsilon_2, \gamma) \sim (0.3, 1^\circ) \). In fact, the two holes in \( h_{11/2} \) neutron orbitals [see Fig. 13(b)] lead to an enhanced deformation.

The calculated energies at the TSD minimum are drawn in Fig. 14(a) for six low-energy configurations of \(^{168}\text{Hf}\). The associated dynamic moments of inertia are given as a function of rotational frequency in Fig. 14(b). As discussed above, the total energy is minimized in a five-dimensional deformation space \( (\varepsilon_2, \gamma, \varepsilon_{40}, \varepsilon_{42}, \varepsilon_{44}) \) in this case. All TSD bands are built on the proton configuration \( \pi(h_{11/2})^2(h_{9/2}f_{7/2})^2(i_{13/2})^4 \) or \([8(22)]\). This is understood from a proton single-particle shell gap at \( (\varepsilon_2, \gamma) \sim (0.43, 20^\circ) \) for \( Z = 72 \) which is seen in Fig. 15(a).

For neutrons at TSD deformation, a large energy gap is calculated for \( N = 97 \) as anticipated from Fig. 3 and seen in Fig. 15(b). This suggests that \(^{169}\text{Hf}\) should be a good candidate to observe TSD bands experimentally. The lowest \( N = 96 \) configurations are formed from a neutron hole in the two signatures of the \((g_{7/2}d_{5/2}), (h_{9/2}f_{7/2})\), and \((i_{11/2}g_{9/2})\) orbitals below the \( N = 97 \) gap, resulting in six different neutron configurations. Five of these together with one configuration with two \( N = 7 \) neutrons are combined with the favored proton configuration, forming the six low-energy triaxial structures shown in Fig. 14(a). Note that all the neutron configurations are built on six neutrons in \( i_{13/2} \) orbitals, two holes in \( h_{11/2} \) orbitals, and two, three, or four holes in \( N = 4 \) orbitals. The calculated deformation is \( (\varepsilon_2, \gamma) \sim (0.49, 22^\circ) \) for the \([8(22),(42)6(22)]\) configuration while it is \( (\varepsilon_2, \gamma) \sim (0.4–0.45, 20^\circ) \) for the other TSD configurations. All of the theoretical TSD bands shown in Fig. 14(a) display a decreasing value of \( J^{(2)} \) with increasing rotational frequency. At \( \hbar \omega \lesssim 0.45 \text{ MeV} \), the value of \( J^{(2)} \) decreases more strongly for the configuration \([8(22),(42)6(22)]\) and more smoothly for the \([8(22),(22)6(11)]\). The values of \( J^{(2)} \) are very close together at \( \hbar \omega \lesssim 0.45 \text{ MeV} \) and only the configuration \([8(22),(22)6(11)]\) experiences a sharp discontinuity in the \( J^{(2)} \) moment of inertia at \( \hbar \omega \sim 0.7–0.8 \text{ MeV} \). This discontinuity is because of a crossing in the neutron single-particle orbitals between a high-\( j_{13/2} \) orbital and a low-\( j \) \( (i_{11/2}g_{9/2}) \) orbital at \( \hbar \omega \sim 0.7 \text{ MeV} \).
FIG. 15. (Color online) Single-particle proton (a) and neutron (b) energies as a function of rotational frequency (Routhians) at the deformation $\varepsilon_2 \sim 0.43$, $\gamma \sim 20^\circ$, and $\varepsilon_4 = 0.03$. The orbitals are labeled at $\hbar \omega = 0$ by the $N$ shell to which they belong with the ordering within the $N$ shell as a subscript. A few important orbitals for the present interpretation are also labeled by their dominating $j$ shell(s). The line types distinguish between different $(\pi, \alpha)$ combinations: solid lines represent $(+, +1/2)$, dotted lines $(+, -1/2)$, dashed lines $(-, +1/2)$, and dash-dotted lines $(-, -1/2)$.

The crossing is indicated by a circle in Fig. 15(b). In the other TSD configurations the $(i_{11/2}g_{9/2})$ orbital has been filled and therefore the strong alignment at $\hbar \omega \sim 0.7$ MeV is blocked and there is no anomaly in their $J^{(2)}$ moments of inertia.

In the calculations, no distinction is made between low-$j$ and high-$j$ orbitals at this large deformation, i.e., only the number of particles of signature $\alpha = 1/2$ and $\alpha = -1/2$ in each $N_{rot}$ shell is fixed. On the other hand, the configurations are labeled as if such a distinction is made. The labels in Fig. 14(a) refer to the configuration for spin values below $I \sim 60$. For example, the energy of the configuration labeled $[8(22),(22)6(11)]$ comes down at spin $I \sim 62$, because of the crossing discussed above. Thus, the band should be labeled $[8(22),(22)5(21)]$ for higher spin values.

C. Comparison between calculated and experimental bands in $^{168}$Hf

In the upper panels of Fig. 16, experimental excitation energies relative to a rotating liquid drop energy for band 1, band 3, the ED band, and the TSD1 and TSD2 bands are drawn as a function of spin. The middle panels of Fig. 16 display the calculated bands which seem to be closest to these experimental bands. In the lower panels, experimental and theoretical bands are compared (with attention to their parity and signature) and their differences are illustrated.
1. Band 1

The observed band 1 has a positive parity and signature \( \alpha = 0 \). Therefore one can find out the structure of this band from the search among the lowest-energy configurations which have \((\pi, \alpha) = (+, 0)\) [Fig. 12(a)]. As is pointed in Sec. V B, in Fig. 12(a) the \([4,8]\) and \([7(10),4]\) configurations are the lowest states in energy at spins \( I \leq 40 \) and \( I \geq 40 \), respectively. The \([4,8]\) configuration has an even number of neutrons in \( i_{13/2} \) orbitals. Thus the observed backbending at \( I \sim 12 \) in band 1 (see Sec. V A) could occur in this configuration. Furthermore, the change of structure from \([4,8]\) to \([7(10),4]\) which happens at spin \( I \sim 40 \) corresponds to the observed break in the rotational pattern at \( I \sim 40 \) in this band [see Figs. 11(a)–11(d)]. Band 1 is compared with the \([4,8]\) and \([7(10),4]\) configurations in the lower panel of Fig. 16(a). As one can see, the differences between the theoretical and experimental data for band 1 are rather constant and about \(-1 \) MeV at spins \( I \geq 35 \) if a transition occurs from \([4,8]\) to \([7(10),4]\).

The same structure has been obtained for band 1 in Ref. [16] using the ULTIMATE CRANKER code [29,68]. However, it is concluded [16] that the occupation of the \( 1/2 \) \([541]\) orbital at \( I \sim 40 \) is related to the crossing between the proton orbitals \( 9/2[514] \) and \( 1/2[541] \). This is contrary to our calculations [see Fig. 13(a)] where the \( 9/2[514] \) orbital is above the Fermi surface and thus the transition is because of the crossing between the \( 7/2[523] \) and \( 1/2[541] \) orbitals. A closer look at Fig. 5 of Ref. [16] indicates that there are two \( h_{11/2} \) quasiparticles at similar energies, where one should then mainly correspond to a hole in the \( 7/2[523] \) orbital and the other to a particle in the \( 9/2[541] \) orbital. Then, it appears that, if the number of particles should not be changed drastically, the added particle in \( 1/2[541] \) should be combined with a hole in \( 7/2[523] \), contrary to the conclusion in Ref. [16].

2. Band 3

Band 3 is observed from \( I = 7 \) to \( I = 47 \) and has \((\pi, \alpha) = (-, 1)\). Excitation energies, spin, and \( J^{(1)} \) and \( J^{(2)} \) behavior of this band are close to those of band 1 [see Figs. 11(a)–11(d)]. Thus it seems that this band has a similar deformation to that of band 1. The lowest-energy states with \((\pi, \alpha) = (-, 1)\) [see Fig. 12(b)] suggest that the \([8(10),4]\) and \([8(11),4]\) configurations should be assigned to band 3. However, as we see in Figs. 11(a)–11(c), in contrast to band 1, band 3 does not backbend at low spins. Therefore the neutron configuration of this band could not be the same as that of band 1 (which has four neutrons in \( i_{13/2} \)). As pointed in Sec. V B, the \([5,8]\) and \([7(10),5]\) configurations have almost the same deformation as band 1 and they also have an odd number of neutrons in \( i_{13/2} \) orbitals. Thus, even though these two configurations are calculated to be about 0.5 MeV higher in energy than \([8(10),4]\) and \([8(11),4]\) [see Fig. 12(b)], they are more suitable candidates for band 3. As one can see in Fig. 12(b), there is a crossing between \([5,8]\) and \([7(10),5]\) at spin \( I \sim 50 \) which is in agreement with the observed crossing in band 3 experimentally. In the lower panel of Fig. 16(a) band 3 has been compared to the \([5,8]\) and \([7(10),5]\) configurations. With the transition from the \([5,8]\) to the \([7(10),5]\) configuration, the differences between the calculated bands and band 3 are almost constant at \(-0.5 \) MeV for spins \( I \geq 35 \). Therefore band 3 is built from the \((i_{13/2})^5\) neutron configuration and the proton configuration is the same as that for band 1, \((h_{11/2})^8\) at \( I \lesssim 50 \) and \((h_{11/2})^7(h_{0/2})^1\) for \( I \gtrsim 50 \). This interpretation is similar to that of Ref. [16], but with the same difference as discussed above for band 1.

3. Band ED

The ED band (called TSD2 in Ref. [14]) has \((\pi, \alpha) = (-, 1)\) and is observed from \( I = 23 \) to \( I = 49 \). The calculations, as depicted in Fig. 12(b), show that \( \pi(h_{11/2})^6(h_{0/2})^1(i_{13/2})^3(v(i_{13/2})^4 \) or the \([8(11),4]\) configuration is lowest in energy for spins \( I \geq 40 \). This configuration, which corresponds to axially symmetric shape, has been suggested for the ED band in \(^{168}\)Hf [15]. The calculated quadrupole deformation value, \( \epsilon_2 \sim 0.26, \gamma \sim 5^\circ \), is near normal deformation and far from that of the ED bands in the other Hf isotopes, \( \epsilon_2 \sim 0.3 \) [10]. The suggested configurations for the ED band in Hf isotopes are all built on the same proton configuration, \( i_{13/2} h_{1/2} \), but they are coupled to different neutron configurations [10,15].

A common feature of most interpretations of strongly collective bands is that only the high-\( j \) intruder orbitals from the higher shells are listed explicitly in the configurations. These high-\( j \) orbitals are important to build the spin, but on the other hand it is rather the extruder orbitals from the lower shells which build the collectivity. This is evident for the smooth terminating bands [24] and it has been underlined that it is the case for more collective bands; see, e.g., Refs. [17,69]. However, to our knowledge, it is only in the present CNS approach that methods have been developed to fix the number of particles in the extruder orbitals. In the present case, the highest \( h_{11/2} \) orbital is just below the Fermi surface. Thus we consider the configuration with two holes in the up-sloping \( 1/2[505] \) orbital, i.e., \([8(11),02)6]\). This configuration is about 1 MeV higher than \([8(11),4]\) in energy; see Fig. 12(b). However, as pointed in Sec. V B, the \([8(11),02)6]\) configuration has a larger value for the quadrupole deformation, \( (\epsilon_2, \gamma) \sim (0.3, 1^\circ) \), which is in agreement with that of in the other Hf isotopes. Especially, the experimental properties of the ED band are clearly different from those of the valence space band, and it is only with the holes in the \( h_{11/2} \) neutron orbitals that also the theoretical configuration becomes clearly different from the valence space configurations. With the \([8(11),02)6]\) interpretation for the ED band, the difference between calculations and experiment becomes small and almost constant as seen in the lower panel of Fig. 16(b). It also suggests that such configurations with holes on the \( h_{11/2} \) neutron orbital, below \( N = 82 \), should be investigated for the ED bands in other Hf isotopes. Furthermore, as mentioned in Ref. [17], it appears that the same mechanism with holes in the \( h_{11/2} \) neutron orbitals is responsible for the large quadrupole moment in the SD band of \(^{115}\)Hf.

One problem with the present interpretation is that the \([8(11),02)6]\) configuration is calculated at an excitation energy which is somewhat too high relative to the configurations.
in the configuration labels used in that reference. As pointed out in Sec. III, these holes are important to create the smooth collective bands where it is mainly the $N = 4$ holes which induce the triaxial shape.

Based on comparisons with calculations and with the TSD1 band [see Figs. 14(a) and 16(b)], the spin and bandhead energy for the TSD2 band are estimated to be 41$\hbar$ and 14.7 MeV, respectively. As pointed out above, the next lowest TSD configuration for $I \sim 40–50$ is $[8(22),(32)6(21)]$ with $(\pi, \alpha) = (-, 1)$. This configuration is yrast for $55 \lesssim I \lesssim 70$. Therefore it seems that this configuration is a reasonable candidate for the observed TSD2 band. As one can see in the lower panel of Fig. 16(b), the energy difference between the TSD2 band and the $[8(22),(32)6(21)]$ configuration is small and rather constant for $I \gtrsim 50$. Considering the configurations in Fig. 14(a), another possible choice is the $[8(22),(22)6(21)]$ configuration with $(\pi, \alpha) = (+, 1)$. Thus, the present calculations suggest that compared with TSD1, TSD2 has the same proton configuration but with one neutron excited to $i_{13/2}g_{9/2}$ from either the $N = 4$ orbits or from the $h_{9/2}f_{7/2}$ orbits. This leads to odd spin values ($\alpha = 1$) but undetermined parity for TSD2.

The configurations of the TSD1 and TSD2 bands could be interpreted by considering the behavior of the dynamic moment of inertia. Although the spin assignments for these TSD bands may need revising, the dynamic moments of inertia are not affected by these changes. A smooth decrease in the $J(2)$ moment is observed for the TSD1 and TSD2 bands (see Fig. 17), which is consistent with the general trend of TSD bands in the other Hf isotopes [11,13,70]. Figure 17 also displays three configurations that have characteristics similar to the two observed TSD bands. On the other hand, the absolute value of $J(2)$ is somewhat smaller in calculations than in experiment, which can also be concluded from the positive curvature in the difference curves in the lower panel of Fig. 16(b). The TSD1 band and the $[8(22),(22)6(11)]$ configuration have rather similar slopes in the observed frequency range. The value of $J(2)$ for the TSD2 band has a behavior similar to that of two suggested configurations, but the calculated dynamic moment of inertia is the same for $\alpha = 0 = 4$.

FIG. 17. (Color online) Theoretical and experimental dynamic moments of inertia $J(2)$ as a function of rotation frequency $\hbar \omega$ for $^{168}$Hf.
the other TSD configurations [see Fig. 14(b)] so it does not help to choose a favorable configuration for the TSD2 band.

VI. ADDITIONAL COMMENTS ON THE TSD BANDS IN
A = 158–168 NUCLEI.

A. Full minimization in Lu isotopes and 158Er

We have examined the full minimization approach in the hexadecapole deformation space (see Sec. IV B) for TSD configurations in Lu isotopes. Our calculations show that this effect will typically decrease the minimum energy by 200 keV in the observed spin region \( I \lesssim 50 \). The maximum gain of about 300 keV is obtained in \(^{165}\text{Lu}\), which has a large hexadecapole equilibrium deformation, \( \varepsilon_4 \approx 0.04 \). These effects will lead to some minor corrections to the results presented in Sec. III but they will clearly not change the general conclusions.

Similar calculations have been carried out for \(^{158}\text{Er}\) where, according to studies in Refs. [20,21], three well defined TSD minima with deformations \( (\varepsilon_2, \gamma) \approx (0.37, \pm 20^\circ) \) and \( (\varepsilon_2, \gamma) \approx (0.45, 20^\circ) \) are seen. Our calculations show that a complete minimization in \( \varepsilon_4 \) has only a small influence on the energy. The gain in energy is always smaller than 200 keV for the TSD configurations in \(^{158}\text{Er}\).

B. Effective alignments in a larger mass range
from \(^{158}\text{Er}\) to \(^{168}\text{Hf}\)

It is instructive to consider the alignment in a larger mass range outside the Lu isotopes. Therefore, in Fig. 18 the difference in alignment between the lowest TSD bands in \(^{163}\text{Lu}\) and \(^{168}\text{Hf}\) is shown for the experimental bands and for the configurations we have assigned to these bands. In the calculations, we have chosen the spin values for the unlinked band in \(^{168}\text{Hf}\) based on the present calculations, and this will naturally lead to a general agreement between \(^{163}\text{Lu}\) and \(^{168}\text{Hf}\) concerning the effective alignment. Considering the orbitals which are filled in \(^{168}\text{Hf}\) but not in \(^{163}\text{Lu}\), it is mainly the \( i_{13/2} \) proton and the \( j_{15/2} \) and \( l_{11/2} \) neutrons which build the large effective alignment of almost 12\( \hbar \), while the filling of two \( N = 5 \) neutron orbitals will only have a small contribution to \( i_{\text{eff}} \).

It is then also instructive to compare the spin difference between the lowest TSD bands in \(^{158}\text{Er}\) and \(^{163}\text{Lu}\), which is drawn for experiment and calculations in the upper and lower panels of Fig. 18, respectively. Several possible theoretical assignments are shown, corresponding to the lowest energy-configurations in the minima with \( \varepsilon_2 \approx 0.34, \gamma \approx 20^\circ \) (TSD1), \( \varepsilon_2 \approx 0.34, \gamma \approx -20^\circ \) (TSD2) and \( \varepsilon_2 \approx 0.43, \gamma \approx 25^\circ \) (TSD3), where the different minima are labeled as in Ref. [21]. Furthermore, it should be noted that the spin values in \(^{158}\text{Er}\) are not known and have been chosen in the range \( I = 23\hbar–65\hbar \) as suggested in Ref. [17]. If these spin values are increased (decreased) by \( \Delta I\hbar \), it will correspond to a constant decrease (increase) for values of the curve in the upper panel by \( \Delta I\hbar \), but with no change of the spin dependence.

The TSD1 configuration of \(^{158}\text{Er}\) and the TSD band of \(^{163}\text{Lu}\) have similar deformations, so the corresponding value of \( i_{\text{eff}} \) measures the spin contribution from the orbitals which are filled in \(^{163}\text{Lu}\) but not in \(^{158}\text{Er}\); i.e., two \( h_{11/2} \) and one \( h_{9/2} \) protons and two \( i_{13/2} \) neutrons. They will then give a negative contribution to \( i_{\text{eff}} \) in agreement with general expectations for orbitals in the middle of a \( j \) shell; see, e.g., Fig. 27 of Ref. [23]. When it comes to the configurations in the TSD2 and TSD3 minima, the value of \( i_{\text{eff}} \) does not correspond to the contribution of any specific orbitals because these configurations do not have a common core with \(^{163}\text{Lu}\).

In any case, it is still possible to define the difference in spin value for a fixed frequency, and the comparison between experiment and calculations in Fig. 18 shows that it is necessary to increase the spin values in \(^{158}\text{Er}\) by 4\( \hbar – 8\hbar \) to get agreement at the highest frequencies for the TSD3 configurations. For the TSD2 configuration on the other hand, experiment and calculations come close for all frequencies with present spin values. Note especially that a down-slope is seen both in experiment and calculations for frequencies...
The conclusion from the present analysis of the alignments would thus be that the TSD2 configuration, i.e., the $\gamma < 0$ configuration, which is the preferred assignment for the yrast TSD band in $^{158}$Er. This is also the preferred configuration when comparing the transitional quadrupole moment $Q_t$, [21], even though the value of $Q_t$ for the TSD3 configuration is not much different. However, if a TSD3 configuration is assigned, it appears to correspond to an unrealistic increase of the spin values in the band compared with the values which appear to be more realistic from an experimental point of view [17]. The assignment of a negative $\gamma$ configuration is in disagreement with Ref. [22] where it is concluded that a TSD2 minimum would be unstable towards the TSD1 minimum in the tilted-axis degree of freedom. This conclusion, however, requires that the TSD1 minimum be (considerably) lower in energy than the TSD2 minimum, which is the outcome of the CNS calculations as well as the calculations of Ref. [22]. However, the relative energies of the three TSD minima are clearly uncertain within at least ±1 MeV. Thus, considering only the calculated energies, it could be a configuration in any of the three TSD minima which should be assigned to observed yrast TSD band in $^{158}$Er. One may also note that, with present interpretations, there is no strong relation between the TSD bands in $^{158}$Er and $^{168}$Hf.

VII. CONCLUSIONS

In this study, we have made some modifications when solving the Hamiltonian in the configuration-dependent cranked Nilsson-Strutinsky formalism in order to test the accuracy of some approximations. The nucleus $^{168}$Hf is used as a test case and the observed highest-spin bands in this nucleus are analyzed.

An important feature of the CNS formalism is that the off-shell matrix elements in the rotating harmonic oscillator basis are neglected in order to make it possible to fix configurations in more detail. For the yrast states, it is, however, straightforward to include all couplings and compare with the approximate CNS results. We conclude that the neglect of the off-shell elements of the Hamiltonian matrix is acceptable; i.e., for the deformations and rotational frequencies which are reached in $^{168}$Hf, it only leads to small errors which are essentially negligible compared with other uncertainties. This is also true for the cutoff error due to the limited number of oscillator shells in the basis, where our calculations show that if more than nine shells ($N_{\text{max}} > 8$) are included, both the total discrete energy and the total smoothed energy decrease, which means that the shell energy and thus also the total rotational energy is almost unchanged.

The total energy was minimized in the full hexadecapole space indicating that, for axially symmetric shape, it is generally sufficient to include only the standard $\varepsilon_{40}$ degree of freedom, which does not break the axial symmetry. On the other hand, at large triaxial deformation, it appears necessary to minimize the energy in all three hexadecapole deformation parameters ($\varepsilon_{40}, \varepsilon_{42}, \varepsilon_{44}$). The study of the deformation space shows that, in $^{168}$Hf, the energy of the axially symmetric bands with normal deformation could as well be minimized in the restricted deformation space ($\varepsilon_{2}, \gamma, \varepsilon_{4}$), while the energy of the TSD bands should be minimized in the deformation space ($\varepsilon_{2}, \gamma, \varepsilon_{10}, \varepsilon_{42}, \varepsilon_{44}$). We used these results and studied the structure of the experimental bands 1 and 3, band ED, and bands TSD1 and TSD2 in $^{168}$Hf.

In our studies of the high-spin bands of $^{168}$Hf, the general conclusions are the same as in Refs. [15,16] but still with some important differences. Thus, we conclude that the crossing observed around $I = 40$ in the normal deformed bands are created when a particle is excited to the down-sloping $2[541]$ orbital but rather from the $7[523]$ orbital and not from the $9[514]$ orbital suggested in Ref. [16]. The different conclusions are understood from the fact that the number of particles is preserved in the unpaired formalism, while quasiparticle excitations with a fixed Fermi energy [16] could lead to significant changes in the number of particles. More important is, however, our suggestion that the ED band is built with two holes in the extruder $h_{11/2}$ orbitals. With such an excitation, the configuration is clearly different from that of the normal deformed bands, with a calculated transitional quadrupole moment in closer agreement with experiment. Because this configuration is not calculated as yrast, it is straightforward to analyze it only in formalisms where excited configurations with the same quantum numbers can be distinguished, e.g., by the number of particles (or holes) in high-$j$ orbitals. For the TSD1 and TSD2 bands, we conclude that they are formed in a strongly deformed triaxial minimum with several particles excited to high-$j$ intruder orbitals. This agrees with the assignment in Ref. [15], concerning TSD1. However, while only the high-$j$ particles were considered in that reference, the holes in the extruder orbitals are as important according to our analyses, where it is mainly the neutron $N = 4$ holes which induce the triaxial shape.

As a background for the study of the Hf bands, we did also investigate the filling of the orbitals of the TSD bands in Lu isotopes. These bands are naturally understood as having a proton configuration with one $i_{13/2}$ orbital occupied, compared with two such orbitals filled in the larger deformation TSD bands of $^{168}$Hf. The neutron configurations in the $N = 90$–96 range are characterized by a successive filling of down-sloping
orbits in a region of low level-density which is created below four extruder orbitals emerging from the $h_{11/2}$ and $N = 4$ shells; see Figs. 1 and 3. The relative alignments $\ell_{\text{lat}}$ [37] between the TSD bands in the different nuclei were analyzed, where the general features are understood from the contribution of the different orbitals which become occupied. Especially, it was concluded that the specific features of the yrast ultrahigh-spin band in $^{158}\text{Er}$ are best understood if this band is built in the TSD minimum with $\gamma < 0$, i.e., for rotation around the intermediate axis.

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