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Antimicrobial and Chemoattractant Activity, Lipopolysaccharide Neutralization, Cytotoxicity, and Inhibition by Serum of Analogs of Human Cathelicidin LL-37

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Antimicrobial peptides have been evaluated in vitro and in vivo as alternatives to conventional antibiotics. Apart from being antimicrobial, the native human cathelicidin-derived peptide LL-37 (amino acids [aa] 104 to 140 of the human cathelicidin antimicrobial peptide) also binds and neutralizes bacterial lipopolysaccharide (LPS) and might therefore have beneficial effects in the treatment of septic shock. However, clinical trials have been hampered by indications of toxic effects of LL-37 on mammalian cells and evidence that its antimicrobial effects are inhibited by serum. For the present study, LL-37 was compared to two less hydrophobic fragments obtained by N-terminal truncation, named 106 (aa 106 to 140) and 110 (aa 110 to 140), and to a previously described more hydrophobic variant, the 18-mer LLKKK, concerning antimicrobial properties, lipopolysaccharide neutralization, toxicity against human erythrocytes and cultured vascular smooth muscle cells, chemoattractive activity, and inhibition by serum. LL-37, fragments 106 and 110, and the 18-mer LLKKK inhibited the growth of Escherichia coli, Pseudomonas aeruginosa, Staphylococcus aureus, and Candida albicans in a radial diffusion assay, inhibited lipopolysaccharide-induced vascular nitric oxide production, and attracted neutrophil granulocytes similarly. While fragments 106 and 110 caused less hemolysis and DNA fragmentation in cultured cells than did LL-37, the 18-mer LLKKK induced severe hemolysis. The antibacterial effect of fragments 106 and 110 was not affected by serum, while the effect of LL-37 was reduced. We concluded that the removal of N-terminal hydrophobic amino acids from LL-37 decreases its cytotoxicity as well as its inhibition by serum without negatively affecting its antimicrobial or LPS-neutralizing action. Such LL-37-derived peptides may thus be beneficial for the treatment of patients with sepsis.

Sepsis is an infection with bacteria, viruses, or fungi that causes an overwhelming inflammatory host response which can lead to multiple organ dysfunction and, ultimately, death (3). The treatment of this complex condition has been confined to antibiotics, surgery, and the support of failing vital functions. The inflammatory response during sepsis is triggered by bacterial components such as lipopolysaccharides (LPS) released from gram-negative bacteria (3). Thus, agents that are able to limit the effects of LPS may be of clinical benefit in the treatment of gram-negative sepsis. Furthermore, progressive antibiotic resistance in both gram-negative and gram-positive pathogens requires improved targeted therapies.

Antimicrobial peptides have been evaluated in vitro and in some in vivo trials as alternatives to conventional antibiotics. The human cationic antimicrobial protein of 18 kDa (hCAP-18) belongs to the class of cathelicidins. It is released from activated neutrophil granulocytes (10, 23). After release, the 37-amino-acid α-helical C-terminal end is cleaved off, forming the functional antimicrobial peptide LL-37 (6, 23). Apart from being antimicrobial, LL-37 also binds LPS, and it was previously shown that this binding reduces LPS-induced nitric oxide release from the rat aorta (2) and protects mice from LPS lethality (10). LL-37 has also been found to have immunomodulatory and chemoattractive activities mediated via the formyl peptide receptor FPR1 (1, 21, 29).

However, it has been observed that LL-37 causes hemolysis (18) and is toxic to human leukocytes and the T-lymphocyte MOLT cell line (8), probably due to hydrophobic interactions with the eukaryotic cell membrane (18). LL-37 has also been shown to induce apoptosis in vascular smooth muscle cells (2). The cytotoxic effects of LL-37 liberated into the circulation are inhibited by its binding to plasma proteins, e.g., apolipoprotein A-I, but unfortunately, the antimicrobial effects are also inhibited by this binding (8, 24, 28). Thus, the use of native LL-37 to treat septic patients would either not have beneficial effects due to binding of the peptide to plasma proteins or, if the plasma binding capacity were exceeded, be harmful due to the cytotoxicity of the peptide. In fact, the results of a recent study suggested that LL-37 was toxic at high doses when given in an attempt to treat experimental sepsis in neonatal rats (5). The present study was designed to test the hypothesis that the removal of hydrophobic amino acids from the N-terminal end of LL-37 would decrease its cytotoxicity and plasma protein binding, leaving the antimicrobial and LPS-binding capacities unchanged. We also evaluated a previously described variant of LL-37, the 18-mer LLKKK (16), which has enhanced hydrophobicity and cationicity, in this respect.

MATERIALS AND METHODS

Peptides. Peptides were synthesized by AgriSera AB, Vänna, Sweden, by 9-fluorenylmethoxy carbonyl chemistry. The purity of the peptides (>95%) was
confirmed by mass spectrometry. The amino acid sequences of all peptides used for this study are presented in Table 1.

**Antimicrobial testing by radial diffusion assay.** Escherichia coli (4), Pseudomonas aeruginosa (15159), Staphylococcus aureus (F18), and Candida albicans (ATCC 90028) isolates were grown for 18 h at 37°C in 10 ml of 3% [wt/vol] of Trypticase soy broth (TSB; Becton Dickinson Europe). To obtain mid-logarithmic-phase organisms, we inoculated 200 μl of each culture into 10 ml of fresh TSB and incubated it for an additional 2 h (except for P. aeruginosa, which was grown overnight) at 37°C. The bacteria were centrifuged at 900 × g for 10 min and washed once, followed by resuspension in 10 ml of cold 10 mM Tris buffer (pH 7.4). The optical density of the solution was measured at 620 nm. A radial diffusion assay was performed as follows and as described previously (12). One percent (wt/vol) low-electroendosmosis-type agarose (Sigma-Aldrich, St. Louis, Mo.), with or without 150 mM NaCl and a final concentration of 0.02% (vol/vol) Tween 20 (Sigma-Aldrich) in 0.05% TSB, was brought to ebullition, cooled to 50°C, mixed with a bacterial suspension (4 × 10^6 CFU in 5 ml for all bacteria, except C. albicans, for which 3.3 × 10^6 CFU was used), and poured into a 10-cm petri dish. A series of wells (4-mm diameter) were punched in the plate after the agarose had solidified. Six microliters of peptide sample, dissolved and diluted in sterile distilled water to a concentration of 0, 0.5, 1, 2.5, 5, 10, 20, or 40 μM, was applied to each well, and the plates were incubated for 3 h at 37°C. An overlay agar composed of 6% TSB and 0.5% (wt/vol) low-electroendosmosis-type agarose was then poured over each plate, and the plates were incubated upside down for 18 h at 37°C to allow for visible growth of bacterial colonies. Antibacterial activity was indicated by a clear zone corresponding to a lack of bacterial growth around the well. The diameter of the clear zone surrounding the wells was measured with a metric scale scribed in 0.1-mm increments. The wells were stained with a Coomassie brilliant blue solution containing 2 mg Coomassie blue gylon (Sigma-Aldrich) and resuspended in 10 ml of cold 10 mM Tris buffer (pH 7.4). The optical density was measured at 415 nm and is expressed as the increase (fold) in absorbance over that of untreated controls.

**C hemotaxis assay.** Twenty milliliters of blood was drawn from the antecubital veins of four healthy donors into plastic tubes containing EDTA (2 mg ml^-1). Polymorphonuclear cells were isolated by centrifugation over Polymorphprep (Axis-Shield PoC, Oslo, Norway) according to the manufacturer’s instructions. The cells were washed and resuspended in RPMI 1640 containing l-glutamine (Gibco) to achieve 2 × 10^6 cells ml^-1. LL-37, fragments 106 and 110, the 18-mer LLKKK (all diluted in RPMI to 0.01, 0.1, 1, or 10 μM), and N-formyl-Met-Leu-Phe (FMLP, 1 μM) (Sigma-Aldrich) were added to the lower wells of a 48-well microchemotaxis chamber (AP48, Neuro Probe Inc., Gaithersburg, Md.). Fifty microliters of the cell suspension was added to the upper chamber, which was separated from the lower chamber by a polycarbonate membrane with 5-μm pores. The chamber was incubated for 1 h at 37°C in a humidified gas mixture containing 5% CO_2 in air. After incubation, cells that had not migrated were wiped off the upper face of the membrane. After fixation in methanol and drying, the membrane was stained with MGG quick stain (Bio-Optica, Milan, Italy) according to the manufacturer’s instructions, dried, and mounted under coverslips on microscope slides by using Pertex medium (Histolab Products AB, Gothenburg, Sweden). The number of transmigrated cells was counted in at least three 0.03-mm² fields with a light microscope at a magnification of ×1,000 and is expressed as the number of cells per mm².

**Effects of serum on antimicrobial activity.** Blood was drawn from the antecubital veins of five healthy donors into glass tubes without additives and left to coagulate for 1 hour at room temperature. Sera were collected after centrifugation for 10 min at 2,000 × g. LL-37 or fragment 106 or 110 at a concentration of either 2, 6, or 20 μM. Interneuronal DNA fragmentation was measured by use of a Cell Death Detection ELISA kit (Roche Molecular Biochemicals, Mannheim, Germany) according to the manufacturer’s instructions. In short, the cells were lysed in the culture wells and the DNA fragments in the lysate were bound to a microtiter plate coated with monoclonal antihistone antibodies. The bound DNA fragments were then detected with peroxidase-conjugated monoclonal anti-DNA antibodies and 2,2′-azino-di-[3-ethylbenzthiazoline-6-sulfonate]. The optical density was measured at 415 nm and is expressed as the percentage of the value for Triton X-100-induced hemolysis.

**DNA fragmentation assay.** Confluent human aortic vascular smooth muscle cells (CC-2571, BioWhittaker, Walkersville, Md.) from passages 5 to 7 were cultured in 24-well plates and incubated in serum-free DMEM for 16 h in the absence (control) or presence of either LL-37, fragment 106, or fragment 110 at a concentration of either 2, 6, or 20 μM. Internucleosomal DNA fragmentation was measured by use of a Cell Death Detection ELISA kit (Roche Molecular Biochemicals, Mannheim, Germany) according to the manufacturer’s instructions. In short, the cells were lysed in the culture wells and the DNA fragments in the lysate were bound to a microtiter plate coated with monoclonal antihistone antibodies. The bound DNA fragments were then detected with peroxidase-conjugated monoclonal anti-DNA antibodies and 2,2′-azino-di-[3-ethylbenzthiazoline-6-sulfonate]. The optical density was measured at 415 nm and is expressed as the percentage of the value for Triton X-100-induced hemolysis.

**Statistics.** When a peptide was found to be active against the pathogen in the radial diffusion assay, the diameter of the wells was subtracted from the diameters of the clear zones. For experiments with several peptide concentrations, the resulting values were plotted against the log_{10} peptide concentration, and a linear relationship was always found. The x-axis intercept of the regression line corresponds to the log_{10} minimal effective concentration, which was calculated with linear regression software (Sigma Plot 8.0; SPSS Inc., Chicago, Ill.). The minimal effective concentration was used as an estimation of antimicrobial potency. One-way or two-way repeated-measurement analysis of variance (ANOVA) was performed using post hoc testing using the Holm-Sidak method when appropriate, and Student’s paired t test were used as indicated in the figure legends. Significance was accepted at P values of <0.05. The data are reported as means ± standard errors of the means (SEM). n equals the number of independent experiments for experiments with cultured prokaryotic or eukaryotic cells or the number of rats or humans.

**Table 1. Amino acid sequences of the peptides used for this study**

<table>
<thead>
<tr>
<th>Peptide</th>
<th>Amino acid sequence (N terminal to C terminal)</th>
</tr>
</thead>
<tbody>
<tr>
<td>LL-37......</td>
<td>LGLGDFRKRKKIKEKRFDGFLNVLVPRTES</td>
</tr>
<tr>
<td>Fragment 106</td>
<td>GDFRKRKKIKEKRFDGFLNVLVPRTES</td>
</tr>
<tr>
<td>Fragment 110</td>
<td>RSKKKIKEKRFDGFLNVLVPRTES</td>
</tr>
<tr>
<td>18-mer LLKKK.....</td>
<td>KLFKIKRFFKLRLKVL</td>
</tr>
<tr>
<td>BMAP-27......</td>
<td>GRFGRKFRKKKKFLKSLPVFLHLM-am</td>
</tr>
</tbody>
</table>

*Note that the bovine cathelicidin BMAP-27 is amidated at the C-terminal end. The underlined amino acids of the 18-mer LLKKK have been compared to the native peptide, LL-37.*

peptides (2 μM) to DMEM with a 1.5 μM nitrate standard in separate experiments. The assay was performed as described above, and no interference was detected.

**Hemolysis assay.** Blood was drawn from the antecubital veins of seven healthy donors into plastic tubes containing EDTA (2 mg ml^-1). After centrifugation at 800 × g for 10 min, the plasma and buffy coat were removed. The erythrocytes were rinsed three times by centrifugation for 10 min at 800 × g and resuspension in 5% (vol/vol) phosphate-buffered saline (pH 7.4). Next, 400 μl of the erythrocyte suspension was incubated for 1 h at 37°C with gentle end-over-end rotation in the presence of LL-37, fragment 106 or 110, the 18-mer LLKKK, or BMAP-27 at a concentration of either 0 (negative control), 0.6, 2, 6, 20, or 60 μM. Triton X-100 at 2% (Sigma-Aldrich) served as a positive control. After incubation, the samples were centrifuged at 800 × g for 10 min. The release of hemoglobin was monitored by measuring the absorbance of the supernatant at 540 nm and is expressed as a percentage of the value for Triton X-100-induced hemolysis.
TABLE 2. Minimal effective concentrations obtained by a radial diffusion assay for LL-37, fragments 106 and 110, the 18-mer LLKKK, and BMAP-27 for gram-negative and -positive bacteria and C. albicans.

<table>
<thead>
<tr>
<th>Pathogen</th>
<th>NaCl concn (mM)</th>
<th>Minimal effective concn (µM)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>LL-37 Fr 106 Fr 110 18-mer BMAP-27</td>
<td></td>
</tr>
<tr>
<td>E. coli</td>
<td>0 0.26 0.40 0.33 0.33 0.14</td>
<td></td>
</tr>
<tr>
<td>150 1.2 0.42 0.47 0.66 0.50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>P. aeruginosa</td>
<td>0 0.18 0.26 0.18 0.29 0.20</td>
<td></td>
</tr>
<tr>
<td>150 0.19 0.22 0.15 0.06 0.10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>S. aureus</td>
<td>0 1.5 0.86 0.8 1.2 0.67</td>
<td></td>
</tr>
<tr>
<td>150 4.6 2.6 2.4 0.39 0.45</td>
<td></td>
<td></td>
</tr>
<tr>
<td>C. albicans</td>
<td>0 10 5.1 2.4 2.2 0.36</td>
<td></td>
</tr>
<tr>
<td>150 &gt;40 &gt;40 &gt;40 &gt;40 &gt;40</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*The values were determined at a low (0 mM) or physiological (150 mM) concentration of NaCl. Each value is based on data from three independent experiments.

**RESULTS**

Radial diffusion assay. All of the peptides tested were antimicrobial. The minimal effective concentration values are presented in Table 2. The minimal effective concentration values for *E. coli*, *P. aeruginosa*, and *S. aureus* at low salt concentrations were similar between the different peptides, while the shorter fragments 106 and 110 as well as the 18-mer LLKKK and the bovine cathelicidin BMAP-27 were more active against *C. albicans* than was LL-37. It has been found that the antimicrobial activity of LL-37 against gram-positive bacteria and *C. albicans* is reduced at physiological salt concentrations (26, 27). We found that the presence of NaCl at 150 mM did not affect the antimicrobial activities of the peptides for *E. coli* and *P. aeruginosa* to any major extent, with the only exception being LL-37, which appeared to lose some of its potency against *E. coli*. NaCl reduced the activity against *S. aureus* for LL-37 and fragments 106 and 110. In the presence of 150 mM NaCl, all of the peptides lost their activity against *C. albicans* at the concentrations tested. We concluded that the N-terminal truncation of LL-37 does not affect its antimicrobial activity negatively.

**Nitrate/nitrite accumulation.** Next, we wanted to see if the peptides could inhibit LPS-induced NO production in isolated rat aortas, leading to a subsequent decrease in the accumulation of nitrate/nitrite in the incubation medium. LPS induced a more than fivefold increase in nitrate/nitrite accumulation (Fig. 1). All peptides tested inhibited nitrate/nitrite accumulation with similar potencies, except fragment 106, which at 2 µM was significantly less efficient than LL-37. The incubation of aortic segments with the peptides in the absence of LPS did not affect the baseline nitrate/nitrite accumulation (not shown). This suggests that the peptides do not have any proinflammatory effects in this model. We concluded that the N-terminal truncation of LL-37 does not affect LPS binding and neutralization to any major extent.

**Hemolysis.** All peptides induced a concentration-dependent hemolysis (Fig. 2). The hemolysis induced by the 18-mer LLKKK and BMAP-27 was significantly more pronounced than that induced by LL-37, indicating the severe cytotoxicity of these peptides. Fragments 106 and 110 caused significantly less hemolysis than LL-37. Fragment 106 was found to be the least cytotoxic peptide to erythrocytes.

**DNA fragmentation.** Having ruled out the 18-mer LLKKK and BMAP-27 as potential therapeutic agents due to their severe, rapidly developing cytotoxicities, we compared the toxicities of the remaining fragments, 106 and 110, with that of LL-37 after a longer exposure time. As shown in Fig. 3, LL-37 at concentrations of 6 and 20 µM induced significant DNA fragmentation in human vascular smooth muscle cells compared to the control, confirming the previously found toxicity at these concentrations (2). Fragment 106 also induced significant DNA fragmentation, while fragment 110 did not. Thus, the removal of the N-terminal hydrophilic amino acids reduces the cytotoxicity of LL-37.

**Chemotactic activity.** LL-37 and its N-terminally truncated analogs, fragments 106 and 110, all displayed similar concentration-dependent chemotactic activities on granulocytes (Fig. 4). The concentration-response curves were biphasic, with a maximum effect at 0.1 µM amounting to nearly half that achieved with the classical chemoattractant formyl pep...
the antibacterial activity of LL-37 correlates with the formation of the well-characterized LPS-binder polymyxin B (2, 10, 15). LL-37 was also found to bind and neutralize the effects of LPS as described in the literature, with a potency similar to that of the well-characterized LPS-binder polymyxin B (2, 10, 15). LL-37 was also found to bind and neutralize the effects of LPS against microbial colonization (15). The N-terminal truncation of LL-37 did not eliminate its ability to inhibit LPS-induced NO production in the rat aorta, a model which is relevant to gram-negative septic shock. In these experiments, fragment 110 was equipotent with LL-37.

As expected, fragments 106 and 110 were less cytotoxic to human cells than the parent peptide LL-37. Interestingly, this did not seem to be due to a reduction of nonspecific toxicity to eukaryotic cells, since truncation in fact increased the suppressive effect on the growth of C. albicans. This suggests that the mechanisms underlying the antifungal action of LL-37-derived peptides are complex and require further investigation. We found that the activities of all of the peptides against C. albicans decreased profoundly in the presence of a physiological salt concentration. The present results do not provide any explanation for this. It has previously been demonstrated that the antibacterial activity of LL-37 correlates with the formation of iMLP, which was used as a positive control at a single concentration of 0.1 μM. The concentration-response curve for the 18-mer LLKKK was similar to that for LL-37 at concentrations up to 1 μM. At 10 μM, there was a pronounced increase in chemotactic activity, probably due to a loss of selectivity of this compound resulting in an agonistic activity on chemoattractant receptors other than FPRL1.

**Effect of serum on antibacterial activity.** LL-37 and fragments 106 and 110 inhibited the growth of E. coli to the same extent as indicated by the similar sizes of the clear zones around the wells containing the peptides (Fig. 5). Although serum alone was weakly antibacterial, it markedly decreased the antibacterial activity of LL-37 and, to a significantly smaller extent, the activity of fragment 106, while the activity of fragment 106 was not affected. These results indicate that the N-terminal truncation of LL-37 decreases its binding and neutralization by plasma proteins.

**DISCUSSION**

We tested the antimicrobial effects of LL-37 and derivative peptides with some pathogens known to cause sepsis. The antimicrobial potency of LL-37 found in the present study was within the range that was previously reported (11, 15, 17, 26, 27). LL-37 was also found to bind and neutralize the effects of LPS as described in the literature, with a potency similar to that of the well-characterized LPS-binder polymyxin B (2, 10, 20, 27). However, we also confirmed earlier observations of short- and long-term cytotoxic effects of the peptide (2, 8, 18). This precludes any therapeutic use of native LL-37. LL-37 has an abundance of hydrophobic amino acids at its N terminus.

![FIG. 2. Concentration-response curves of the hemolytic activities of the peptides towards human erythrocytes. The 18-mer LLKKK (△) and BMAP-27 (□) induced significantly more (*) hemolysis, while fragments 106 (■) and 110 (○) induced significantly less hemolysis, than LL-37 (●). Fragment 106 induced significantly less hemolysis than fragment 110 (#). The data were analyzed by two-way repeated-measurement ANOVA for the factors of different peptides and peptide concentrations followed by post hoc testing by the Holm-Sidak method (P < 0.05). Values are means ± SEM (n = 7). Note the log scales on both the x and y axes.](Image 82x516 to 262x722)

![FIG. 3. DNA fragmentation in cultured human vascular smooth muscle cells after 16 h of incubation with LL-37 (●) or fragment 106 (■) or 110 (○). LL-37 at 6 and 20 μM as well as fragment 106 at 6 μM induced significant DNA fragmentation compared to the control (*). The data were analyzed by two-way repeated-measurement ANOVA for the factors of different peptides and peptide concentrations followed by post hoc testing by the Holm-Sidak method (P < 0.05). DNA fragmentation is expressed as the fold increase in absorbance over that of the control. Values are means ± SEM (n = 8).](Image 340x149 to 520x367)
of a helical structure of the molecule, which in turn is affected by the presence of anions such as Cl⁻ (8). It seems reasonable to assume that the salt-dependent loss of activity against C. albicans is also due to conformational changes of the peptide molecules.

Nagaoka and colleagues have shown that peptides derived from the structure of the middle portion of the LL-37 molecule retain the LPS-neutralizing ability (16). Of several such peptides tested, a variant with an increased hydrophobicity and positive charge, named the 18-mer LLKKK, was found to be the most powerful at protecting mice from lethal endotoxin shock. Our results show that the removal of N-terminal hydrophobic amino acids from LL-37 decreases its cytotoxicity for human cells as well as its ability to kill bacteria without negatively affecting its antimicrobial or LPS-neutralizing action. While fragment 110 inhibits bacterial growth to the same extent. Although serum alone was weakly antibacterial (*), it markedly decreased the antibacterial activity of LL-37 (§). The activities of LL-37 and, to a smaller extent, the activity of fragment 110 (*). The data were analyzed by two-way repeated-measurement ANOVA for the factors of different peptides and serum concentrations followed by post hoc testing by the Holm-Sidak method (\( P < 0.05 \)). Values are means ± SEM (\( n = 4 \)).

In conclusion, the removal of N-terminal hydrophobic amino acids from LL-37 decreases its cytotoxicity for human cells as well as its inhibition by serum without negatively affecting its antimicrobial or LPS-neutralizing action. While fragment 110 inhibits bacterial growth and neutralizes LPS at least as effectively as LL-37, it is significantly less hemolytic and cytotoxic in the long term. We believe that our results will facilitate the development of novel peptide-based strategies for the treatment of sepsis.

FIG. 5. Inhibition of antibacterial activity by serum, as assessed by a radial diffusion assay using E. coli. In the absence of serum (open bars), LL-37 and fragments 106 and 110 (all at 20 \( \mu \text{M} \)) inhibited bacterial growth to the same extent. Although serum alone was weakly antibacterial (*), it markedly decreased the antibacterial activity of LL-37 and, to a smaller extent, the activity of fragment 110 (*). The activity of fragment 106 was not significantly affected. The data were analyzed by two-way repeated-measurement ANOVA for the factors of different peptides and serum concentrations followed by post hoc testing by the Holm-Sidak method (\( P < 0.05 \)). *, statistically significantly different from the value in the absence of serum; #, statistically significantly different from the value for LL-37 in the presence of serum at the same concentration. Values are means ± SEM (\( n = 5 \)).
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