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Antenna currents for optimal Q, superdirectivity, and radiation patterns using convex optimization

Mats Gustafsson and Sven Nordebo
Abstract

The high Q-factor (low bandwidth) and low efficiency make the design of small antennas challenging. Here, convex optimization is used to determine current distributions that give upper bounds on the antenna performance. Optimization formulations for maximal gain Q-factor quotient, minimal Q-factor for superdirectivity, and minimum Q for given far-field are presented. The effects of antennas embedded in structures are also discussed. The results are illustrated for planar geometries.

1 Introduction

There are many advanced small antennas designs, such as folded helices, folded meander lines, and concepts based on metamaterials, fractals, and genetic algorithms. The high Q-factor (low bandwidth) and low efficiency make the design of small antennas challenging as the Q-factor, efficiency, and radiation resistance must be controlled simultaneously [7, 19]. It is well known that the antenna performance deteriorates with decreasing physical size (measured in wavelengths) of the antenna. The fundamental trade-off between performance and size is expressed by physical bounds. Physical bounds are useful because they provide bounds on the performance based solely on the shape and the size of the design volume.

Chu [8] used the stored and radiated energies outside a sphere that circumscribes the antenna to determine physical bounds on the Q-factor, $Q$, see also [28] for an overview. The stored energy in the interior of the sphere was added in [25]. Physical bound on the directivity Q-factor quotient $D/Q$ were introduced for arbitrary sized and shaped antennas in [12, 13] under the assumption of $Q \gg 1$. Related bounds on the Q-factor are investigated for small antennas in [27, 29] and for finite sizes in [7]. The bounds in [12–14, 27, 29] are similar for the case of small dipole antennas composed of non-magnetic materials. In [14], optimal currents and physical bounds on $D/Q$ are formulated as an optimization problem using the expressions for the stored energies presented by Vandenbosch [26], see also [9, 21]. The optimization problem in [14] is solved with a Lagrangian formulation.

Here, convex optimization [5, 15] is used to reformulate the optimization problem in [14]. This generalizes the optimization problem to include both the stored electric and magnetic energies. Moreover, it is shown that convex optimization offers many new possibilities to derive physical bounds on antennas. Here, we present results for minimum $Q$ of superdirective antennas and minimum $Q$ for antennas with a prescribed far field. We also illustrate how antennas embedded in metallic structures can be included in the bounds. The presented results are for arbitrary shaped structures but restricted to antennas composed of non-magnetic materials. The convex optimization problems are also only valid for functionals that are positive semidefinite. Here, we limit the size to approximately half a wavelength to obtain positive semidefinite energy expressions, see also [14]. It is also important to realize that the quality factor loses its practical meaning when $Q$ is small. This restricts the interpretation of the presented results to $Q \gg 1$ that coincides with the size
restriction on the antennas considered in this paper.

Convex optimization is used in many areas [5] and it has been used extensively to determine array patterns [6]. The formulation as a convex optimization problem is advantageous as: it has a well-developed theory [5], there are efficient solvers [10], and the solution gives error estimates. Moreover, a local minimum is also the global minimum, so there is no risk of getting trapped in local minima. This is very different from general global optimization problems and one can often state that a problem is solved if it is formulated as a convex optimization problem [5].

This paper is organized as follows. The considered antenna parameters are introduced in Sec. 2. The used method of moments formulation is presented in Sec. 3. Sec. 4 contains the main results of the paper. It is divided into five subsections containing various convex optimization formulations giving antenna bounds. The results are also illustrated with bounds for planar rectangular geometries. The paper is concluded in Sec. 5.

2 Antenna parameters

We consider antennas in a volume \( V \) composed of non-magnetic materials with free space in the region exterior to \( V \), see Fig. 1. The radiated field and stored energies are expressed in the antenna current \( J \) in \( V \). The radiation intensity in the \( \hat{k} \)-direction is

\[
P(\hat{k}) = \frac{n k^2}{32 \pi^2} |\mathbf{F}(\hat{k})|^2,
\]

where \( \mathbf{F} \) is the tangential components of the radiation vector [22]

\[
\mathbf{F}(\hat{k}) = -\hat{k} \times \int_V \hat{k} \times J(r)e^{jk \cdot r} \, dV,
\]

\( \eta_0 \) denotes the free space impedance, \( k = \omega/c_0 \) the wavenumber, \( c_0 \) the speed of light in free space, \( j^2 = -1 \), and the time convention \( e^{j\omega t} \) is used. The corresponding electric field is

\[
\mathbf{E}(r) = -j k \eta_0 \frac{e^{-jk \cdot r}}{4 \pi r} \mathbf{F}(\hat{r}),
\]

where \( \hat{r} = r/r, \) and \( r = |r| \).

We also use the unit vector \( \hat{e} \), with \( \hat{k} \cdot \hat{e} = 0 \), to evaluate the partial radiation intensity for the polarization \( \hat{e} \). The field is linearly polarized for \( |\hat{e} \times \hat{e}^*| = 0 \) and circularly polarized for \( |\hat{e} \times \hat{e}^*| = 1 \), where the superscript, \( * \), denotes the complex conjugate. This gives the partial radiation intensity

\[
P(\hat{k}, \hat{e}) = \frac{n k^2}{32 \pi^2} |\hat{e}^* \cdot \mathbf{F}(\hat{k})|^2,
\]

where

\[
\hat{e}^* \cdot \mathbf{F}(\hat{k}) = \int_V \hat{e}^* \cdot J(r)e^{jk \cdot r} \, dV.
\]

The partial directivity, \( D(\hat{k}, \hat{e}) \), is defined as [1]

\[
D(\hat{k}, \hat{e}) = 4\pi \frac{P(\hat{k}, \hat{e})}{P_{\text{rad}}},
\]

where \( P_{\text{rad}} \) is the total radiated power. The corresponding partial gain, \( G(\hat{k}, \hat{e}) \), is

\[
G(\hat{k}, \hat{e}) = 4\pi \frac{P(\hat{k}, \hat{e})}{P_{\text{rad}} + P_{\text{loss}}},
\]
Figure 1: Structure in a region \( V \) with the antenna confined to \( V_1 \subset V \). The antenna current \( J_1(r) \) for \( r \in V_1 \) induces the current density \( J(r) \) for \( r \in V \) with a radiation pattern in the direction \( \hat{k} \) and polarization \( \hat{e} \).

where \( P_{\text{loss}} \) is the dissipated power in the antenna structure. The quality factor (or antenna Q), \( Q \), is

\[
Q = \frac{2c_0 k \max\{W_e, W_m\}}{P_{\text{rad}} + P_{\text{loss}}},
\]

where \( W_e \) and \( W_m \) denote the stored electric and magnetic energies, respectively.

Follow the approach in [14] and use the results by Vandenbosch [26], to express the stored electric energy as

\[
W_e = \tilde{W}_{\text{vac}}^{(e)} = \mu_0 \frac{1}{16\pi k^2} w_e^{(e)},
\]

and \( \mu_0 \) is the permeability of free space. The stored magnetic energy is

\[
W_m = \tilde{W}_{\text{vac}}^{(m)} = \mu_0 \frac{1}{16\pi k^2} w_m^{(m)},
\]

where

\[
u^{(e)}(J) = \int_V \int_V \nabla_1 \cdot J(r_1) \nabla_2 \cdot J^*(r_2) \frac{\cos(k|r_1 - r_2|)}{|r_1 - r_2|}
- \frac{k}{2} \left(k^2 J(r_1) \cdot J^*(r_2) - \nabla_1 \cdot J(r_1) \nabla_2 \cdot J^*(r_2)\right) \sin(k|r_1 - r_2|) \, dV_1 \, dV_2,
\]

and

\[
u^{(m)}(J) = \int_V \int_V k^2 J(r_1) \cdot J^*(r_2) \frac{\cos(k|r_1 - r_2|)}{|r_1 - r_2|}
- \frac{k}{2} \left(k^2 J(r_1) \cdot J^*(r_2) - \nabla_1 \cdot J(r_1) \nabla_2 \cdot J^*(r_2)\right) \sin(k|r_1 - r_2|) \, dV_1 \, dV_2.
\]
The corresponding expression for the total radiated power is \( P_{\text{rad}} = \frac{m_0}{8\pi k} p_{\text{rad}} \) with

\[
p_{\text{rad}} = \int_V \int_V (k^2 \mathbf{J}(r_1) \cdot \mathbf{J}^*(r_2)) \sin(k|r_1 - r_2|) \frac{\sin(k|r_1 - r_2|)}{|r_1 - r_2|} \, dV_1 \, dV_2. \tag{2.8}
\]

The normalized quantities, \( w^{(e)}, w^{(m)} \), in (2.7) and \( p_{\text{rad}} \) in (2.8) are introduced to simplify the optimization approach used in this paper. They have dimensions given by volume, \( m^3 \), times the dimension of \( |\mathbf{J}|^2 \), i.e., \( A^2 m^{-4} \). The corresponding dimension of the radiation vector (2.1) is volume times the dimension of \( |\mathbf{J}| \).

### 3 MoM formulation

We use local basis functions analogous with ordinary Method of Moments (MoM) solutions of the electric and magnetic integral equations [23] to approximate the radiation vector (2.1), stored energies (2.6), (2.7), and radiated power (2.8). Expand the current density in local basis functions

\[
\mathbf{J}(r) \approx \sum_{n=1}^{N} J_n \psi_n(r) \tag{3.1}
\]

and introduce the \( N \times 1 \) matrix \( \mathbf{J} \) with elements \( J_n \) to simplify the notation. The basis functions are assumed to be divergence conforming and having vanishing normal components at the boundary [23]. In this paper, we use piecewise linear basis functions on quadrilateral elements. The discretization is non-equidistant to capture edge singularities of the charge density.

The radiation vector projected on \( \hat{e} \), cf., (2.2), defines the \( N \times 1 \) matrix \( \mathbf{F} \) from

\[
\hat{e}^* \cdot \mathbf{F}(\hat{k}) \approx \mathbf{F}^H \mathbf{J} = \sum_{n=1}^{N} J_n \int_V \hat{e}^* \cdot \psi_n(r) e^{jk \cdot r} \, dV, \tag{3.2}
\]

where the superscript, \( H \), denotes the Hermitian transpose and the dependence of matrix \( \mathbf{F} \) on \( \hat{k} \) and \( \hat{e} \) is suppressed. The normalized stored electric energy is approximated as

\[
w^{(e)}(\mathbf{J}) \approx \sum_{m=1}^{N} \sum_{n=1}^{N} J^*_m w^{(e)}_{mn} J_n = \mathbf{J}^H \mathbf{W}_e \mathbf{J}, \tag{3.3}
\]

where the \( N \times N \) matrix \( \mathbf{W}_e \) has the elements

\[
w^{(e)}_{mn} = \int_V \int_V \nabla_1 \cdot \psi_m(r_1) \nabla_2 \cdot \psi_n(r_2) \cos(k|r_1 - r_2|) \frac{\cos(k|r_1 - r_2|)}{|r_1 - r_2|} \, dV_1 \, dV_2,
\]

\[
- \frac{k}{2} (k^2 \psi_m(r_1) \cdot \psi_n(r_2) - \nabla_1 \cdot \psi_m(r_1) \nabla_2 \cdot \psi_n(r_2)) \sin(k|r_1 - r_2|) \, dV_1 \, dV_2. \tag{3.4}
\]
The normalized stored magnetic energy, \( w^{(m)}(J) \approx J^H W_m J \), and the normalized radiated power, \( p_{\text{rad}}(J) \approx J^H P J \) are defined analogously. The matrices \( W_e, W_m \), and \( P \) are real-valued and symmetric. It is observed that \( W_e \) can be indefinite for electrically large structures [14]. In the numerical examples in this paper, we restrict the electrical size to be approximately less than half a wavelength. The eigenvalues are also computed to verify that \( W_e \) and \( W_m \) are positive semidefinite. Here, it is observed that there can be a few negative eigenvalues. These negative eigenvalues are however due to the used finite numerical precision and their relative amplitude is \( 10^{-14} \) compared to the positive eigenvalues. We transform the matrices to become positive semidefinite by setting these eigenvalues to zero.

4 Convex optimization

We use convex optimization [5] to determine fundamental bounds on the antenna performance and their corresponding optimal current densities. We assume that \( W_e, W_m, \) and \( P \) are positive semidefinite for the electrical sizes considered in this paper. First, bounds on \( G/Q \) for small antennas as \( ka \to 0 \) are analyzed. It is followed by bounds on \( G/Q \), \( Q \) for superdirective antennas, \( Q \) for antennas with prescribed far field, and \( G/Q \) for embedded antennas.

4.1 Bounds on \( G/Q \) for small antennas

Explicit bounds on the directivity \( Q \)-factor quotient, \( D/Q \), (and equivalently \( G/Q \)) are presented for small antennas in [14]. The low-frequency expansion of the current density is \( J = J^{(0)} + k J^{(1)} + o(k) \) as \( k \to 0 \), where \( \nabla \cdot J^{(0)} = 0 \) and \( \nabla \cdot J^{(1)} = -j \rho \). The expansion simplifies the energy expressions (2.6) and (2.7) for small antennas [9, 14, 27]. The \( G/Q \) bound separates into electric dipoles, magnetic dipoles, and mixed modes antennas [14]. In [14], it is also shown that it is sufficient to consider surface currents for small antennas. The gain \( Q \)-factor quotient for small electric dipole antennas is bounded as [14]

\[
\frac{G_e}{Q_e} \leq k^3 \max_\rho \frac{\left| \int_{\partial V} \hat{\epsilon}^* \cdot r \rho(r) \, dS \right|^2}{\int_{\partial V} \int_{\partial V} \rho^*(r_1) \rho(r_2) \frac{dS_1}{|r_1 - r_2|} \, dS_2}
\]

subject to the constraint of zero total charge \( \int_{\partial V} \rho(r) \, dS = 0 \). Use the quotient is invariant for scalings \( \rho \to \alpha \rho \) to rewrite the bound (4.1) as the optimization problem

\[
\begin{align*}
\text{minimize} & \quad \int_{\partial V} \int_{\partial V} \rho^*(r_1) \rho(r_2) \frac{dS_1}{4\pi|r_1 - r_2|} \, dS_2 \\
\text{subject to} & \quad \int_{\partial V} \hat{\epsilon}^* \cdot r \rho(r) \, dS = -1 \\
& \quad \int_{\partial V} \rho(r) \, dS = 0,
\end{align*}
\]

where \( 4\pi \) is included for convenience. Use basis functions similar to (3.1) to approximate the charge density as \( \sum_{n=1}^N \rho_n \psi_n(r) \), let \( \rho \) denote the \( N \times 1 \) matrix with
elements \( \rho_n \) and \( \mathbf{W}_e^{(0)} \), \( f_n \), \( n \) the corresponding matrix representations for the integral operators in (4.2), see also App. A. This gives the convex optimization problem

\[
\begin{align*}
\text{minimize} & \quad \rho^H \mathbf{W}_e^{(0)} \rho \\
\text{subject to} & \quad f_e^H \rho = -1 \\
& \quad n^H \rho = 0.
\end{align*}
\tag{4.3}
\]

This is a convex optimization problem in the form of a linearly constrained quadratic program [5] that e.g., can be solved using CVX [10]. It is illustrative to use Lagrange multipliers [5, 24] to rewrite (4.3) as the linear system

\[
\begin{pmatrix}
\mathbf{W}_e^{(0)} & f_e & n \\
f_e^H & 0 & 0 \\
n_e^H & 0 & 0
\end{pmatrix}
\begin{pmatrix}
\rho \\
\gamma^{-1} \\
-C
\end{pmatrix}
= \begin{pmatrix}
0 \\
-1 \\
0
\end{pmatrix},
\tag{4.4}
\]

where \( \gamma^{-1} \) and \(-C\) are the Lagrange multipliers. The linear system (4.4) is identical with the MoM solution for the polarizability, \( \gamma = \hat{\mathbf{e}} \cdot \gamma_e \cdot \hat{\mathbf{e}} \) using Galerkin’s method, see App. A. This illustrates that the convex optimization can be numerically identical to the solution of the integral equation in [14].

The \( G/Q \) bound for the magnetic dipole case is reduced to an integral equation involving an arbitrary function in [14]. Here, we use a convex optimization problem to derive a simple linear system for the \( G/Q \) bound. The gain Q-factor quotient for a magnetic dipole antenna is bounded by

\[
\frac{G_m}{Q_m} \leq \frac{k^3}{4\pi} \max_J \frac{\left| \int_{\partial V} \frac{1}{2} \left( (\mathbf{k} \times \hat{\mathbf{e}}^*) \times \mathbf{r} \right) \cdot \mathbf{J}(\mathbf{r}) \, dS \right|^2}{\int_{\partial V} \int_{\partial V} \frac{\mathbf{J}^*(\mathbf{r}_1) \cdot \mathbf{J}(\mathbf{r}_2)}{4\pi|\mathbf{r}_1 - \mathbf{r}_2|} \, dS_1 \, dS_2},
\tag{4.5}
\]

where \( \nabla \cdot \mathbf{J} = 0 \). We scale \( \mathbf{J} \) to reformulate (4.5) as the optimization problem

\[
\begin{align*}
\text{minimize} & \quad \int_{\partial V} \int_{\partial V} \frac{\mathbf{J}^*(\mathbf{r}_1) \cdot \mathbf{J}(\mathbf{r}_2)}{4\pi|\mathbf{r}_1 - \mathbf{r}_2|} \, dS_1 \, dS_2 \\
\text{subject to} & \quad \frac{1}{2} \int_{\partial V} \left( (\mathbf{k} \times \hat{\mathbf{e}}^*) \times \mathbf{r} \right) \cdot \mathbf{J}(\mathbf{r}) \, dS = 1 \\
& \quad \nabla \cdot \mathbf{J} = 0.
\end{align*}
\tag{4.6}
\]

Use the basis functions (3.1) to get the convex optimization problem

\[
\begin{align*}
\text{minimize} & \quad \mathbf{J}^H \mathbf{W}_m^{(0)} \mathbf{J} \\
\text{subject to} & \quad \mathbf{f}_m^H \mathbf{J} = 1 \\
& \quad \mathbf{D} \mathbf{J} = 0,
\end{align*}
\tag{4.7}
\]

where \( \mathbf{W}_m^{(0)} \) is a \( N \times N \) matrix for the stored magnetic energy, \( \mathbf{D} \) a \( N_1 \times N \) matrix representation of the divergence operator on the basis (3.1) and \( \mathbf{f}_m \) the corresponding
Figure 2: Upper bounds on the partial gain Q-factor quotient \( G(\hat{y}, \hat{x})/Q \) for currents confined to planar rectangles with sides \( \ell_x \) and \( \ell_y \) for small antennas using (4.4) and (4.8). The bound is normalized with \( k^3a^3 \), where \( a \) is the radius of the smallest circumscribing sphere, i.e., \( a = (\ell_x^2 + \ell_y^2)^{1/2}/2 \).

row matrix for the first constraint in (4.6). Use Lagrange multipliers, \( \nu_1 \) and \( \nu_2 \), to transform (4.7) to the linear system

\[
\begin{pmatrix}
W_m^{(0)} & f_m & D^H
\end{pmatrix}
\begin{pmatrix}
f_m^H & 0 & 0
\end{pmatrix}
\begin{pmatrix}
\rho
\end{pmatrix} = \begin{pmatrix}
0
\end{pmatrix}.
\]

In [14], it is also shown that the constraint on \( G/Q \) is relaxed for combined electric and magnetic dipole antennas:

\[
\frac{G}{Q} \leq \left( \sqrt{\frac{G_e}{Q_e}} + \sqrt{\frac{G_m}{Q_m}} \right)^2.
\]

We consider a planar rectangle to illustrate the physical bounds on \( G/Q \) for small antennas, see Fig. 2. The rectangle has side lengths \( \ell_x \) and \( \ell_y \) with the radius \( a = (\ell_x^2 + \ell_y^2)^{1/2}/2 \) of the smallest circumscribing sphere. The bound on the electric dipole is identical to the results in [12–14] and many small dipole antennas perform close to the bound [13]. The magnetic dipole case is more restricted. In particular, the bound shows that it is difficult to utilize the magnetic dipole for elongated structures. The combined mode case (4.9) offers a substantially improved performance [14].

The bounds in Fig. 2 are computed using piecewise linear basis functions on rectangular elements. We use a non-equidistant mesh for the electric dipole case, where the mesh is constructed to have approximately equal charge on each element for improved convergence. The magnetic dipole case is computed on an equidistant mesh. We also use the constraint \( DJ = 0 \) to reduce the size of the linear system.
4.2 Maximal $G/Q$

Maximization of $G/Q$ for finite sized antennas is formulated as a convex optimization problem. Combine (2.4) and (2.5) to express the gain Q-factor quotient as

$$\frac{G(\hat{k}, \hat{e})}{Q} = \frac{2\pi P(\hat{k}, \hat{e})}{c_0k\max\{\tilde{W}^{(e)}_{\text{vac}}, \tilde{W}^{(m)}_{\text{vac}}\}}.$$  \hspace{1cm} (4.10)

In [14], the $D/Q$ quotient is maximized for the case with $w^{(e)} \geq w^{(m)}$ using a Lagrangian formulation. To instead obtain a convex optimization problem we rewrite the quotient $G/Q$ as a constrained optimization problem. We follow [14] and note that $G/Q$ is invariant for multiplicative scalings $J \rightarrow \alpha J$ with arbitrary complex valued $\alpha \neq 0$. It is hence sufficient to consider real-valued quantities $\hat{e}^* \cdot F \approx F^H J$, see (3.2). Moreover, maximization of $P \sim |F^H J|^2$ can be replaced by maximization of $\text{Re}\{F^H J\}$. This gives the convex optimization problem

$$\text{maximize} \quad \text{Re}\{F^H J\}$$
$$\text{subject to} \quad J^H W_e J \leq 1$$
$$J^H W_m J \leq 1.$$ \hspace{1cm} (4.11)

This is a quadratically constrained linear program (QCLP) giving the upper bound on (4.10) as $G/Q \leq p_3^2 k^3$, where $p_3 = \text{Re}\{F^H J\}$ and $J$ a solution of (4.11). Note, that the current matrix, $J$, is rescaled such that $J^H W_m J$ is dimensionless.

There are many alternative convex formulations to maximize (4.10), e.g., the Lagrange dual or using that the maximum of two convex functions is convex [5] to minimize the stored energy, i.e.,

$$\text{minimize} \quad \max\{J^H W_e J, J^H W_m J\}$$
$$\text{subject to} \quad \text{Re}\{F^H J\} = 1$$ \hspace{1cm} (4.12)

giving $G/Q \leq k^3 p_2^{-1}$, where $p_2 = \max\{J^H W_e J, J^H W_m J\}$ and $J$ a solution of (4.12).

We consider currents confined to planar rectangles to illustrate the results. The bound on $G/Q$ and its corresponding $Q$ and $D$ for lossless antennas are depicted in Fig. 3 for rectangles with side lengths $\ell_x$ and $\ell_y = \{0.5, 0.2, 0.1, 0.001\} \ell_x$. The partial gain is evaluated for the polarization $\hat{e} = \hat{x}$ and the directions $\hat{k} = \hat{z}$ and $\hat{k} = \hat{y}$. The two optimization formulations (4.11) and (4.12) give similar results when solved using CVX [10]. The bound on $G/Q$ is normalized with the electrical size $k^3 a^3$ to simplify comparison with the results in [13, 14], where $a$ denotes the radius of the smallest circumscribing sphere. The low-frequency limit for $\hat{k} = \hat{z}$ is given by the polarizability as shown in [14]. It is also observed that $G/(Qk^3a^3)$ is almost independent of the electrical size $\ell_x/\lambda$ for $\ell_x/\lambda < 0.33$ or $ka < 1$.

The case with radiation in the $\hat{k} = \hat{y}$ direction offers an increased $G/Q$. In particular, the $\ell_y = 0.5 \ell_x$ case increases $G/Q$ from 0.29 to 0.63. Here, we note that the bound in [11–13] is sharper for this case. It is also important to realize that the bound in [11–13] are for the bandwidth of the antenna and it is not guaranteed that the optimal current distributions considered here can be generated from single-port
Figure 3: Upper bounds on the partial gain Q-factor quotient $G(\hat{k}, \hat{x})/Q$ for currents confined to planar rectangles with sides $\ell_x$ and $\ell_y = \{0.5, 0.2, 0.1, 0.01\} \ell_x$ for $\hat{k} = \{\hat{y}, \hat{z}\}$ using (4.11). The bound is normalized with $k^3a^3$, where $a$ is the radius of the smallest circumscribing sphere, i.e., $a = (\ell_x^2 + \ell_y^2)^{1/2}/2$. a) maximal $G/Q$. bc) resulting $D$ and $Q$ for lossless antennas.
antennas with a half-power fractional bandwidth \( B \approx 2/Q \), see also [16]. In Fig. 3a, it is further seen that the improvement for the \( \mathbf{k} = \hat{y} \) direction diminishes as \( \ell_y \) decreases.

The corresponding partial directivities, \( D(\mathbf{k}, \hat{x}) \), and Q-factors for lossless structures are depicted in Figs 3bc, respectively. Here, it is observed that the directivity differs between the \( \mathbf{k} = \hat{z} \) and \( \mathbf{k} = \hat{y} \) cases. There is also a decrease in the Q for the \( \mathbf{k} = \hat{y} \) case except for the larger structures, \( \ell_x/\lambda > 0.4 \), where Q is very low.

We expand the far-field in spherical modes to analyze the radiated field, see App. B. It is noted that the radiation pattern for the \( \mathbf{k} = \hat{z} \) case is dominated by mode number \( \nu = 6 \), i.e., TM_{0x} or an \( \hat{x} \)-directed electric dipole (B.3). There are also small contributions from higher order modes as analyzed in Sec. 4.4. The improved performance for the \( \mathbf{k} = \hat{y} \) case is due to the additional excitation of a \( \hat{z} \)-directed magnetic dipole, \( \nu = 3 \) (TE_{0x}). This is consistent with the explicit solution for small mixed mode antennas in (4.9), see also [14].

### 4.3 Maximal \( G/Q \) for \( D \geq D_0 \)

The Chu bound [8] shows that the radiation is dominated by dipole modes for small antennas \( ka \ll 1 \). Consequently, the directivity is low, i.e., \( D \approx 3/2 \) for single mode antennas and in general bounded as \( D \leq 3 \) for mixed electric and magnetic dipole modes. Higher directivity requires higher order modes that imply a higher \( Q \), e.g., the Q of quadrupole modes is proportional to \( (ka)^{-5} \) for \( ka \ll 1 \). It is hence interesting to investigate the \( G/Q \) bound for antennas with directivities \( D \geq D_0 \) for some \( D_0 > 3/2 \). These bounds give an estimate of the increased Q-factor for superdirective antennas [2, 3, 19].

The partial directivity (2.3) is included in the optimization problem (4.12) with the constraint \( P_{\text{rad}} \leq 4\pi P(\mathbf{k}, \hat{e})D_0^{-1} \) giving

\[
\begin{align*}
\text{minimize} & \quad \max\{J^H W_e J, J^H W_m J\} \\
\text{subject to} & \quad \text{Re}\{F^H J\} = 1 \\
& \quad J^H P J \leq k^3 D_0^{-1},
\end{align*}
\]

(4.13)

where the factor \( k^3 D_0^{-1} \) is due to the normalization of \( P \) and \( F \).

The bounds are illustrated in Fig 4 for planar rectangles with \( \ell_y = 0.5\ell_x \) and for the polarization \( \hat{e} = \hat{x} \). The constraints \( D_0 = \{1.7, 1.8\} \) and \( D_0 = \{3, 3.2\} \) are considered for \( \mathbf{k} = \hat{z} \) and \( \mathbf{k} = \hat{y} \), respectively. The addition of the constraints reduce \( G/Q \) for small structures when the constraint is active. The resulting partial directivities are seen in Fig 4b together with the modal distribution for \( \ell_x/\lambda \approx 0.15 \). The superdirectivity for the \( D_0 = \{1.7, 1.8\} \) cases are due to the excitation of electric quadrupole terms. This also explains the increased Q-factors.

Fig. 5 illustrates the corresponding results for \( Q \) using \( D_0 = 10 \) and radiation in the \( \mathbf{k} = \{\hat{x}, \hat{y}, \hat{z}\} \) directions with polarizations \( \hat{e} = \{\hat{y}, \hat{x}, \hat{x}\} \) for a lossless structure. Here, the cost of superdirectivity is clearly seen. The Q-factor is highest for the \( \mathbf{k} = \hat{z} \) case where the symmetry causes the current to radiate in both the \( \hat{z} \) and \( -\hat{z} \) directions. The mode expansion indicates that many higher order modes are...
Figure 4: Upper bounds on the partial gain Q-factor quotient for antennas with $D(k, \hat{e}) \geq D_0$ for a planar rectangle with side lengths $\ell_x$ and $\ell_y = \ell_x/2$. a) $G/Q$. b) $D$ and $Q$ for lossless antennas.
excited. The $\hat{\mathbf{k}} = \{\hat{x}, \hat{y}\}$ cases have pencil beams and much lower $Q$ factors. The end-fire case $\mathbf{k} = \hat{x}$ has the lowest $Q$ with $Q \approx 100$ for $\ell_x \approx 0.4\lambda$.

**4.4 Minimal $Q$ for given radiation pattern**

Consider the case with a desired radiation pattern, $\mathbf{F}_0(\hat{\mathbf{k}})$. We search for a current density such that $\mathbf{F} \approx \mathbf{F}_0$, with minimal stored energy. The deviation of $\mathbf{F}$ from $\mathbf{F}_0$ can be quantified by the projection of $\mathbf{F}$ on $\mathbf{F}_0$ or by some norm $||\mathbf{F} - \mathbf{F}_0||$. We start by maximizing $\mathbf{F}$ projected on $\mathbf{F}_0$, i.e., the real valued part of

$$\int_{\Omega} \mathbf{F}_0(\hat{\mathbf{k}}) \cdot \mathbf{F}^*(\hat{\mathbf{k}}) d\Omega_k = \int_{V} \mathbf{J}^*(r) \cdot \mathbf{J}_0(r) dV \approx \mathbf{J}^H \mathbf{J}_0,$$

where $\Omega$ denotes the unit sphere and

$$\mathbf{J}_0(r) = \int_{\Omega} \mathbf{F}_0(\hat{\mathbf{k}}) e^{j\mathbf{k} \cdot \mathbf{r}} d\Omega_k$$

is the desired current density on the structure.

This gives the convex optimization problem

$$\begin{align*}
\text{maximize} & \quad \text{Re}\{\mathbf{J}_0^H \mathbf{J}\} \\
\text{subject to} & \quad \mathbf{J}^H \mathbf{W}_c \mathbf{J} \leq 1 \\
& \quad \mathbf{J}^H \mathbf{W}_m \mathbf{J} \leq 1.
\end{align*}$$

It is common to expand the radiated far field in spherical vector harmonics, $\mathbf{A}_\nu$, or modes, see App. B, i.e.,

$$\mathbf{F}_0(\hat{\mathbf{k}}) = 4\pi \sum_{\nu=1}^{N_c} f_{0,\nu} j^{l+1-\tau} \mathbf{A}_\nu(\hat{\mathbf{k}}),$$

**Figure 5**: Lower bound on the $Q$-factor for lossless superdirective antennas having $D(\mathbf{k}, \hat{\mathbf{e}}) \geq D_0 = 10$ constrained to a planar rectangle with side lengths $\ell_x$ and $\ell_y = \ell_x/2$ using (4.13).
where $N$ is sufficiently large [18] and the expansion coefficients are

$$f_{0,\nu} = \frac{\gamma - \tau - 1}{4\pi} \int_{\Omega} A_{\nu}(\hat{k}) \cdot F_0(\hat{k}) \, d\Omega_{\hat{k}}$$

and similarly for the expansion coefficients $f_{\nu}$ of $F$. Here, the multiindex $\nu = \{\tau, s, m, l\}$ for $l = 1, 2, \ldots, s = 1, 2, m = 0, 1, \ldots, l$, and $\tau = 1, 2$ is introduced to simplify the notation. The index, $\nu$, is also ordered such that $\nu = 2(l^2 + l - 1 + (-1)^s m) + \tau$, see App. B. The current in (4.16) is

$$J_0(r) = \sum_{\nu=1}^{N_\nu} f_{0,\nu} \int_{\Omega} A_{\nu}(\hat{k}) e^{i\hat{k} \cdot r} \, d\Omega_{\hat{k}} = \sum_{\nu=1}^{N_\nu} f_{0,\nu} \nu_{\nu}(k_r),$$

where $\nu_{\nu}(k_r)$ denotes the regular spherical vector waves, see App. B.

We can also minimize the stored energy for a radiated field of the form $F_0(\hat{k})$, i.e.,

$$\text{minimize} \quad \max\{J^H W_e J, J^H W_m J\}$$

$$\text{subject to} \quad \left( \int_{\Omega} |F(\hat{k}) - F_0(\hat{k})|^2 \, d\Omega_{\hat{k}} \right)^{1/2} < 4\pi \delta,$$

where $\delta$ quantifies the deviation of the desired radiation pattern and the least-square norm is used for simplicity. It is convenient to expand the radiated field in spherical vector waves and rewrite the deviation as

$$\int_{\Omega} |F(\hat{k}) - F_0(\hat{k})|^2 \, d\Omega_{\hat{k}} = (4\pi)^2 \sum_{\nu=1}^{N_\nu} |f_{\nu} - f_{0,\nu}|^2,$$

where

$$f_{\nu} = \int_{\Omega} A_{\nu}(\hat{k}) \cdot F(\hat{k}) \, d\Omega_{\hat{k}} = \int_V J(r) \cdot \int_{\Omega} A_{\nu}(\hat{k}) e^{i\hat{k} \cdot r} \, d\Omega_{\hat{k}} \, dV$$

$$= \int_V J(r) \cdot \nu_{\nu}(k_r) \, dV.$$

This gives the optimization problem

$$\text{minimize} \quad \max\{J^H W_e J, J^H W_m J\}$$

$$\text{subject to} \quad \left( \sum_{\nu=1}^{N_\nu} |f_{\nu} - f_{0,\nu}|^2 \right)^{1/2} < \delta$$

$$f_n = \int_V J(r) \cdot \nu_n(k_r) \, dV.$$

It is noted that arbitrary weight functions and norms can be used in (4.23).

A planar rectangle with $\ell_y = \ell_x/2$ is considered to illustrate the results for given far-fields (4.16) and (4.23). The $Q$ factors are depicted in Fig. 6 for projections (4.16)
Figure 6: Q-factors for a lossless planar rectangle (side lengths $\ell_x$ and $\ell_x/2$) with electric (TM$_x$) and magnetic (TE$_z$) dipole radiation patterns using (4.16) and (4.23).

and norm bounds (4.23) for the cases of the $\hat{x}$-directed electric dipole (TM$_x$) and $\hat{z}$-directed magnetic dipole (TE$_z$) patterns.

We observe that the $Q$ is lower for the electric dipole mode than the magnetic dipole mode. The $Q$ is also lowest for the projection cases (4.16). Moreover, $Q$ tends to increase as $\delta$ decreases, i.e., the lowest $Q$ is for radiation patterns that are close to but not exact dipoles. The radiation patterns are depicted for $\ell_x/\lambda \approx 0.25$. It is hard to distinguish between the patterns for the TM$_x$ cases, but the partial directivity for the projection case and $\delta = 0.1$ is lower than for $D(\hat{z}, \hat{x})$ for the $\delta = 0.01$ case in the region around $\ell_x/\lambda \approx 0.25$. The radiation patterns differ more for the TE$_z$ case, where again the projection formulation (4.16) offers the lowest $Q$.

4.5 Embedded antennas

It is useful to analyze the case when the antenna is embedded in a structure. In this case the currents on the entire structure, $V$, contribute to the radiation but we can only control the currents in the volume $V_1 \subset V$, see Fig. 1. Here, we consider the case where the structure $V_2 = V - V_1$ is perfectly electric conducting (PEC), see Fig. 7. The induced currents on the surface of $V_2$ are determined from the electric field integral equation (EFIE) that has the matrix elements [23]

$$Z_{mn} = \int_{\partial V} \int_{\partial V} \left( k^2 \psi_m(r_1) \cdot \psi_n(r_2) \right) e^{-jk|r_1-r_2|} dS_1 dS_2, \quad (4.24)$$

where the similarities with (2.6), (2.7), (2.8), and (3.4) are noted. The integration in (4.24) is over the PEC surface of the structure. The driving sources of the EFIE
are confined to the region \( V_1 \) and they are unknown. Moreover the EFIE is not necessarily valid in \( V_1 \). Decompose the current density as \( \mathbf{J}^T = [\mathbf{J}_1^T \mathbf{J}_2^T] \), where \( \mathbf{J}_n \) is the current density in \( V_n \), \( n = 1, 2 \). Assuming driving voltages \( \mathbf{V} \) in the region \( V_1 \) gives the linear system
\[
\begin{pmatrix}
Z_{11} & Z_{12} \\
Z_{21} & Z_{22}
\end{pmatrix}
\begin{pmatrix}
\mathbf{J}_1 \\
\mathbf{J}_2
\end{pmatrix} = \begin{pmatrix}
\mathbf{V} \\
\mathbf{0}
\end{pmatrix}.
\] (4.25)
Here, the first row is unknown but the second row gives the constraint
\[
Z_{21}\mathbf{J}_1 + Z_{22}\mathbf{J}_2 = \mathbf{0}
\] (4.26)
that can be added as a constraint to the convex optimization problems in this paper, e.g., the \( G/Q \) bound in (4.11).

It is convenient to use (4.26) to express the induced current densities \( \mathbf{J}_2 \) in \( \mathbf{J}_1 \), i.e.,
\[
\mathbf{J}_2 = -Z_{21}^{-1}Z_{21}\mathbf{J}_1 = \mathbf{Z}'\mathbf{J}_1
\] (4.27)
and eliminate \( \mathbf{J}_2 \) in the optimization problem. Decompose the matrices \( \mathbf{W}_e \) and \( \mathbf{W}_m \) according to
\[
\mathbf{W} = \begin{pmatrix}
\mathbf{W}_{11} & \mathbf{W}_{12} \\
\mathbf{W}_{21} & \mathbf{W}_{22}
\end{pmatrix}
\] (4.28)
that gives
\[
\mathbf{J}^H \mathbf{WJ} = \mathbf{J}_1^H \mathbf{W}_{11}\mathbf{J}_1 + \mathbf{J}_1^H \mathbf{W}_{12}\mathbf{J}_2 + \mathbf{J}_2^H \mathbf{W}_{21}\mathbf{J}_1 + \mathbf{J}_2^H \mathbf{W}_{22}\mathbf{J}_2
\]
\[
= \mathbf{J}_1^H(\mathbf{W}_{11} + 2\text{Re}\{\mathbf{W}_{12}\mathbf{Z}'\} + \mathbf{Z}^d\mathbf{W}_{22}\mathbf{Z}')\mathbf{J}_1 = \mathbf{J}_1^H\mathbf{W}'\mathbf{J}_1
\] (4.29)
and
\[
\mathbf{F}^H \mathbf{J} = \mathbf{F}_1^H \mathbf{J}_1 + \mathbf{F}_2^H \mathbf{J}_2 = \mathbf{F}_1^H \mathbf{J}_1 + \mathbf{F}_2^H \mathbf{Z}'\mathbf{J}_1 = \mathbf{F}^d\mathbf{J}.
\] (4.30)
The optimization problem on \( G/Q \) becomes
\[
\text{maximize } \text{Re}\{\mathbf{F}^d\mathbf{J}_1\}
\]
subject to
\[
\mathbf{J}_1^H\mathbf{W}_e\mathbf{J}_1 \leq 1
\]
\[
\mathbf{J}_1^H\mathbf{W}_m\mathbf{J}_1 \leq 1.
\] (4.31)

We illustrate the bound on \( G/Q \), normalized with \( k^3a^3 \), for embedded antennas using the structures in Fig. 7. The strip dipole in Fig. 7a has length \( \ell_x \) and width \( \ell_y = \ell_x/100 \). Let the center, \( |x| \leq \xi \ell_x \) be the region, \( V_1 \), where the currents are optimized. We observe that the performance decreases with decreasing \( \xi \) except for \( \ell_x/\lambda \approx 0.5 \), where the center fed strip dipole is self-resonant. This shows that the induced currents are optimal for short dipoles. This is consistent with the analysis of strip dipoles in [14].

The second example is for antennas embedded in a PEC planar rectangle with length \( \ell_x \) and width \( \ell_y = \ell_x/2 \). We consider the cases with feed currents in either rectangular regions in the upper corner or in a strip on the side of the structure, see 7b. The \( G/Q \) quotient is optimized for \( \hat{k} = \hat{z} \) and \( \hat{e} = \hat{x} \) using (4.31). We observe that the performance deteriorates for small regions and small antennas. There is however a region around \( \ell_x/\lambda = 0.37 \) where performance is close to the case of using the entire structure.
Figure 7: Illustration of embedded antennas in planar metallic rectangles. Arbitrary currents $J_1(r)$ in $V_1$ and induced currents $J_2(r)$ in $V_2$. a) antenna region in the center. b) antenna region in the upper corner.

5 Conclusions

We show that several performance bounds for antennas can be formulated as convex optimization problems. Standard software [5, 10] is used to solve the convex optimization problems. The results for $D/Q$ are consistent with the bounds in [13, 14]. The new bounds offer physical insight to the design of small antennas, see also [14]. They also offer the possibility of systematic studies of how $Q$ and directivity are related for small superdirective antennas. Moreover, properties of antennas embedded in structures, such as mobile phones and other terminals, are discussed.

It is important to realize that the convex optimization problem determines an optimal current distribution. This current is in general not unique although the minimum of the convex optimization problems is unique. It is also not known if there are antennas performing close to the bounds except for the case of electric dipole type antennas [13]. Moreover, the optimal performance can be useful in global optimization of antennas.

Appendix A  Polarizability

The physical bounds on $D/Q$ in [12, 13] are expressed in the polarizability of the antenna structure. In [14], it is also shown that the bound on small antennas (4.1) can be expressed in the polarizability. Here, we further show that the solution of the convex optimization problem (4.3) using (4.4) is identical to computing the polarizability [14] using Galerkin’s method [24].

The polarizability for the polarization $\hat{e}$ can be determined from the first moment of the induced normalized charge density $\rho$ as

$$\int_{\partial V} \hat{e}^* \cdot r \rho(r) \, dS = E_0 \gamma = E_0 \hat{e}^* \cdot \gamma_e \cdot \hat{e}. \quad (A.1)$$
Figure 8: Bound on $G/(Qk^3 a^3)$ for planar PEC strip dipoles with length $\ell_x$ and width $\ell_x/100$. Arbitrary currents in the central region, $V_1$ with length $\xi \ell_x$, of the strips for $\xi = 0.1, 0.2, 0.4, 0.6, 0.8, 1$.

Here, we keep the notation with complex conjugates on $\hat{e}$ to simplify the comparison with (4.4), although it is sufficient to consider real valued unit vectors $\hat{e}$ to determine the electrostatic polarizability. The charge density $\rho$ is the solution of the integral equation
\[
\int_{\partial V} \frac{\rho(r)}{4\pi|r - r'|} dS' = E_0 \hat{e} \cdot r + C, \quad r \in \partial V,
\]  
where the constant $C$ is determined from the constraint of zero total charge
\[
\int_{\partial V} \rho(r) dS = 0.
\]  
It turns out that it is convenient to set $E_0 = -\gamma^{-1}$ for comparison with (4.4).
Expand the charge density in basis functions $\rho(r) = \sum_{n=1}^{N} \rho_n \psi_n(r) = \psi^T \rho$, where $\psi$ and $\rho$ are $N \times 1$ matrices, to rewrite (A.1) as
\[
f^H \rho = E_0/\gamma = -1 \quad \text{where} \quad f = \int_{\partial V} (\hat{e} \cdot r) \psi(r) dS.
\]  
Solving the integral equation (A.2) with the Galerkin’s method [24] gives the linear system of equations
\[
W^{(0)}_e \rho = -\gamma^{-1} f + C n,
\]  
where the matrix $W^{(0)}_e$ is
\[
W^{(0)}_e = \int_{\partial V} \int_{\partial V} \frac{\psi(r) \psi^T(r')} {4\pi|r - r'|} dS dS'.
\]  
Finally, the constraint (A.2) is
\[
n^T \rho = 0 \quad \text{where} \quad n = \int_{\partial V} \psi(r) dS.
\]
Written as a linear system, (A.4), (A.5), and (A.7) becomes

\[
\begin{pmatrix}
W_e^{(0)} & f & n \\
f^H & 0 & 0 \\
0 & 0 & 0
\end{pmatrix}
\begin{pmatrix}
\rho \\
\gamma^{-1} \\
-C
\end{pmatrix} =
\begin{pmatrix}
0 \\
-1 \\
0
\end{pmatrix}.
\] (A.8)

We note that this system is identical to (4.4).

Appendix B  Mode expansion

The radiated electromagnetic field \( E(r) \) is expanded in spherical vector waves [18] (or modes) outside a circumscribing sphere. The corresponding far field is expanded

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**Figure 9**: Bounds on \( G/Q \) and resulting \( Q \) for antennas embedded in planar metallic rectangles. Arbitrary currents \( J_1(r) \) in \( V_1 \) and induced currents \( J_2(r) \) in \( V_2 \) with the antenna region \( V_1 \) in the upper corner and on one edge, see Fig. 7b. a) bounds on \( G/Q \) using (4.31). b) resulting \( Q \) for a lossless structure.
in spherical vector harmonics as
\[ E(r) \sim \frac{j k \eta_0}{4 \pi r} F(\hat{r}) = \frac{e^{-jkr}}{kr} \sum_{\nu} b_{\nu} j^{l+2-\tau} A_{\nu}(\hat{r}), \]  
(B.1)
giving \( f_\nu = b_{\nu}/(\eta_0 k^2) \) for the expansion coefficients in (4.22), where \( r \) is the spatial coordinate, \( \hat{r} = r/r, \) \( r = |r|, \) and \( k \) the wavenumber. The multi index \( \nu = \{\tau, s, m, l\} \) for \( l = 1, 2, \ldots, s = 1, 2, m = 0, 1, \ldots, l, \) and \( \tau = 1, 2 \) is introduced to simplify the notation. The index, \( \nu, \) is also ordered such that \( \nu = 2(l^2 + l - 1 + (-1)^s m) + \tau, \) see [17].

There are a few alternative definitions of the spherical vector waves in the literature [4, 18, 20]. Here, we follow [20] and use \( \cos m\phi \) and \( \sin m\phi \) as basis functions in the azimuthal coordinate. This choice is motivated by the interpretation of the field related to the first 6 modes as the field from different Hertzian dipoles. For \( \tau = 1, 2, \) we use spherical vector harmonics
\[ A_{1sml}(\hat{r}) = \frac{1}{\sqrt{l(l+1)}} \nabla \times (r Y_{sml}(\hat{r})) \]  
(B.2)
and \( A_{2sml}(\hat{r}) = \hat{r} \times A_{1sml}(\hat{r}) \) where \( Y_{sml} \) denotes the spherical harmonics [4]. The modes labeled by \( \tau = 1 \) (odd \( \nu \) ) identify TE modes (or magnetic 2\( l \)-poles) and the terms labeled by \( \tau = 2 \) (even \( \nu \) ) correspond to TM modes (or electric 2\( l \)-poles). Moreover, the dipoles corresponding to \( \nu = 1, 2 \) are directed in the \( y \)-direction, \( \nu = 3, 4 \) in the \( z \)-direction, and \( \nu = 5, 6 \) in the \( x \)-direction having the explicit representation
\[
\begin{align*}
1, \text{ TE}_y, & \quad A_{1111} = \beta(\hat{\theta} \cos \phi - \hat{\phi} \cos \theta \sin \phi) \\
2, \text{ TM}_y, & \quad A_{2111} = \beta(\hat{\theta} \cos \theta \sin \phi + \hat{\phi} \cos \phi) \\
3, \text{ TE}_z, & \quad A_{1201} = \beta(\hat{\phi} \sin \theta) \\
4, \text{ TM}_z, & \quad A_{2201} = \beta(-\hat{\theta} \sin \theta) \\
5, \text{ TE}_x, & \quad A_{1211} = \beta(\hat{\phi} \sin \phi - \hat{\theta} \cos \theta \cos \phi) \\
6, \text{ TM}_x, & \quad A_{2211} = \beta(\hat{\theta} \cos \theta \cos \phi - \hat{\phi} \sin \phi),
\end{align*}
\]  
(B.3)
where \( \beta = \sqrt{3/(8\pi)}. \)

The regular, \( v_\nu, \) spherical vector waves are given by
\[ v_{1sml}(kr) = j_l(kr) A_{1sml}(\hat{r}) \]  
(B.4)
and \( v_{2sml} = k^{-1} \nabla \times v_{1sml} \), where \( j_l \) denotes the spherical Bessel function.

References


