GENHE CHIMERACHONS


AAHMID: Degree Project in Architecture
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Loneliness is a universal human experience that transcends geographic boundaries and cultural differences. lt's a deep emotional state that can afflict individuals regardless of their age, gender, or social status. While Sweden may be known for its high quality of life, social welfare, and a strong sense of community, it is not immune to the pervasive issue of loneliness.

The intention of my project is to explore the problem of loneliness and translate the gained knowledge into spatial and architectural features. I believe that although the topic of mental health is starting to be talked about with increasing frequency, most of the knowledge can be gathered from books and the internet rather than from the environment. My project is an experiment in which I try to translate theory from behaviorism and sociology into architecture. By doing so, I want to start an important discourse on the role of architecture in spreading awareness about loneliness.

| INTRODUCTIL ${ }^{\text {a }}$ PART 2 - RESEARLH |  |  |
| :---: | :---: | :---: |
| Abstract | 5 | 2.1. "Right to difference" |
| Why this topic? | 8 | 2.2 "Personality" of the space |
| Why Strangers? | 9 | 2.3 Survey |
| Designing methodology | 11 | 2.3.1 Survey results |
|  |  | 2.3.2 Survey summary |
| PART I-CENTEXT |  | 2.4 Design principles |
| l.1 Background |  |  |
| Loneliness in Sweden | 14 | PART 3- DESIEN PREPDRSAL |
| Loneliness in Sweden - foreigner's perspective | 15 | 3.1) Site analysys |
| 1.2 Literature Review |  | City scale |
| "Personal space. The behavioral basis of design" R. Sommer 1989 | 18 | Neighbourhood scale My plot |
| "The Hidden Dimensions" | 20 | 3.2 Form designing proces |
| E.T. Hall, 196E |  | 3.31 dea |
| Master Thesis "Why not Strangers?" | 22 | 3.41 Intimate path |
| Y. Zhang, 2020 |  | 3.5 Public path |
| 1.3 Space analysis |  | 3.6 Physical model photos |
| Sociopetal spaces | 24 | 4. Conclussion |
| Prospect refugee spaces - theory and examples | 27 | 5. References |

As I've previously discussed, loneliness is something that impacts many of us. Being away from my home country and surrounded by people in a similar situation, I witness the issue of loneliness quite regularly. Immigrants, including myself, often feel disconnected from friends, family as well as familiar places and activities. The challenge of making new friends arises due to cultural differences, a multitude of unfamiliar experiences and language barriers. Various research studies highlight that the majority of immigrants encounter challenges when it comes to building relationships with native Swedes.

As architects, we may not have the power to completely eliminate loneliness from the world. Nevertheless, I'm willing to explore the extent to which our architectural creations influence interactions with strangers, which can be an attempt to reduce the feeling of loneliness.
"Stranger Therapy" describes the tendency for individuals to feel more comfortable sharing personal issues or emotions with strangers rather than with friends or family. This concept highlights how anonymity and decreased fear of judgment in interactions with strangers can provide a secure environment for peaple ta express their thoughts, emotions, and worries. (The Swaddle, 2023)

Interactions with strangers can be a powerful antiddate to loneliness. The issue often thrives in the absence of social connection and interacting among individuals who may be unfamiliar to one another, provides valuable opportunities to bridge that gap. Building new connections with strangers can lead to the formation of meaningtul friendships and support networks, expanding one's social circle and offering a sense of belonging. Beyond the immediate benefits, these interactions can foster empathy and compassion as individuals encounter diverse perspectives and experiences. Moreover, engaging with strangers can break the monotony of daily routines, adding novelty and unpredictability to one's life. Dverall, interactions with newly met peaple have the potential to significantly contribute to combating laneliness, promoting mental and emotional well-being, and enriching one's social experience.

ANALYSIS PHASE I started the architectural process by acquiring information from behaviorism and sacialogy and translated this inta spatial design questions. Then I made a series of analyses of the places where human questions. Then I made a series of analyses of the places where human interactions are most likely to take place. This stage was finished with a
list of characteristics that a space should have in order to be sociopetal. list of characteristics that a space should have in order to be sociopetal. In order to understand the potential users of my building, I conducted a survey, paying attention to the cultural background of the respondents and their sacial openness. I also analyzed my plot, noting the most common paths, viewpoints on nature and the city, and the architectural features of the neighboring buildings. The conclusion of the analysis phase was a list of design tips to help me design different spaces as their users differ.
DESIGNING PHASE During the design phase, I tried to work on both physical and computer models. In my design, I proposed several different spaces to bring users into interaction. These are designed with more and less socially open people in mind. Throughout the design process, I tried to think about how users wauld experience the space. Materiality and the visual relationship of the building's interior to the outside world were also important to me.

DIAGRAM ANALYSIS The chart shows the frequency of interactions with relatives and family as well as feelings of loneliness in Sweden between the years 2020 and 2022 , categorized by age groups. Notably, the grour least likely to engage with family members least likely to engage with family members every week were individuals aged IG-29, actuanting for only 34 percent. However this same age group exhibited a significantly
ge almast percert weekly meetings with friends. The 50-64 and
$65+$ gege categories showed comparable levels of engagement with both family and friends, ranging from 50 to 60 percent. Remarkably, fewer than 10 percent of individuals in all age groups reported not having a close friend. Chronic loneliness was most prevalent among young people aged $16-29$, affecting II.5 among young peaple aged $16-29$, affecting II. percent of this group. Conversely, this age
group excelled in monthly social gatherings. group excelled in monthly social gatherings,
with nearly 90 percent meeting with family with nearly 30 percent meeting with family
or friends for a meal at least once a month. untrast, one-third of individuals aged 65 and alder did not partake in such encounters. Encouragingly, there was an upward trend in this aspect between 2021 and 2022.

CONCLUSICNS Age influences how often individuals meet with their loved ones, but when it comes to loneliness, it impacts people cross different age grous to a similar degree.

Malmo is home to 18 E nations, making it incredibly intercultural. While this diversity is a remarkable asset, it can also present certain challenges. When individuals from across the globe converge in a confined space, it becomes essential to mak conscious efforts to ensure mutual respect.

As can be seen on the graph the biggest minorities are coming from Middle Eastern, Scandinavian and Slavic countries.


### 1.1.2. BACKGROUND

Loneliness in Sweden - foreigner's perspective

FDREIGNER IN SWEDEN Sweden is consistently placed among the countries considered les

DIAGRAM ANALYSIS As can be seen in the diagrams, it is easier for people arriving from other countries to establish a relationship with another person in a similar situation. This may be due to shared experiences as newcomers common language, cultural similarities or backgrounds that make it easier to relate to one another. Many immigrants participate in activities, events, or clubs specifically designed for newcomers. These gatherings often focus an comman interests and can provide a natural setting for making friends who share hobbies or passions.

MY EXPERIENLE Having lived in Sweden for almost two years, I have noticed a division almost two years, have noticed a division
of society into 'Swedes' and 'non-Swedes'. In Of society into Swedes and nun-Swedes'. I Malmo this is natieable in the streets and neighbourloads lisd by morities. also found it easier to relate to immigrants.

Is it easier to make friends with other foreigners?

## Did you make any Swedish close friends?

 friends in Sweden?

80,0
80,0 7.0 50.0
40.0 40.0 30.0
20.0
20.0
10.0
10.0
0.0
socialiss with close
relatives very week

- born in Sweden [2020]
$\substack{\text { scialising with } \\ \text { relatives }}$ - born in Sweden [202] born in Sweden [2022]
- born abrad [2020]

DIAGRAM ANALYSIS The diagram shows that people of Swedish origin were more likely to spend time with friends/family than people from abroad. This might be due to the need to leave relatives back in homecountry. 13 percent of foreigners and $G$ percent of Swedes had no close friends in 2022. Dut of the foreign-born population, II percent face chronic loneliness,
whereas among individuals born in Sweden, the figure is notably lower at 7 percent. It's heartening to observe that approximately 80 percent of those surveyed, regardless of their backgrounds, maintain monthly meetings with their relatives. Nanetheless, this implies that potar

### 1.2 LITERATURE REVIEW

Sommer R. "Personal space. The behavioral basis of design"

WHY THIS BICK? The project, which will be
presented in the following sections, focuses
on interactions between peaple previousl
unknown to each other. To understand how
the space used by such strangers might work,
one must first understand the subconscious behavior of people.

ABDUT THE BIDK "Personal Space: The
Behavioral Basis of Design" by Robert Sommer Behavioral Basis of Design" by Robert Sommer explores the concept of personal space and its
impact on human behavior and architectural design. Sommer studies how peaple establish maintain, and react to personal spac boundaries in various social and environmental contexts. The book discusses the psychologica
and cultural factors that influence persana space preferences, the role of spatial desig in shaping interpersonal interactions, and

18 CENTER IF INTERALTIDNS
approval seating motives - there is a girl sitting in a room.
Sit to show her that you:

## ISSUES TD BE EXPIDRED

direction of approaching (front/side/back) predicting individuals' intension distance between peaple and objects relation between public and private a clear message cancerning the use of the designed space
luminosity, noises and time
"All people are builders, creators, molders, and shapers of the enviroment; we are the enviroment."

Sommer (1969)
practical considerations for architects and designers when creating spaces that respect individuals' need for personal space. Dverall. the book offers insights into the complex relationship between human behavior personal space, and the built environment.

MY CIMMENTS The complexity of the human mind and the number of aspects on which human natural behavior and reactions depend, apen up many possibilities but also make it impossible to find a solution that satisfies during the design process. A very important observation of the author is the dependence of human reactions on his intentions toward the other person.

1) liky her with hout telling that - 145 cm distance in averags
2) you don't like her - 239 cm distance in average 2) you don't like her- -239 cm distance in average Iour types of territories.
A) PUBLIC TERRITO PUBLIC TERRITTRIIES (ex. courtyard
freedom of access not necessarily action f) HOME TERRITORIES (ex. homosexual bar,)
B. public areas taken over by bromporsexual bari) regural users have a sense of intimacy and
) INTERACTIONAL TERRITORIES areas where social gatherings may occur, they have
dearly marked boundaries and rules of
individual distance is shorter for inanimate objects AxioLOGY - study of value an for people (people will freely come closer an object than to a person)
retreat position
3) BODY TERRITORIES - private space
rather than list of HARDWARE introverts kept people at a greater conversational distance then extroverts

All people are builders, creators, molders, and shapers of the enviroment: we are the enviroment. PERSONAL SPALE is NOT necessarily SPHERICAL in
it is less stressfiu when person apprrach you from the front: sidd


and
 $=$ $\pm=$

$\qquad$ ar: others $w$
onversation
two mentaling the One stool tialing- they will not a have a problem with
(lose)
(inting next it each other is too closen

- menand women - men would probably sit directly next
to women so n oone will sithetween them It soon became apparent that we wanted the ladies to remain at the tables, we would
 shape, NoR does it extend Edually in all dreections.
(People are able to tolerate closer presence of a stranger at their SIDES than directly fron the front).
1 large open areas should be broken into smaller $=$


Varing Disanes.

## 



### 1.2 LITERATURE REVIEW

## Hall ET "The Hidden Dimensions"

WHY THIS BIDK? The problem around which
my work is built is very broad and obstract.
Dimensions and patterns are needed to
Simensions and patterns are needed
translate fiction into the real world. A the project is located in Malmo, which is multicultural rity it is important to bea multicultural city, It is important to bear
in mind the differences in behavior and in mind the differences in behavior and an individual comes from.

ABDUT THE BEDK "Hidden Dimensions" by E. Hall explores the concept of proxemics, which is the study of how humans use and perceive space in their interactions. Hall delves into the cultural and psychological dimensions of spatia relationships, examining how people from different cultures have distinct preferences for personal space, communication styles, and spatial hahavincs. He discusses the rol
a center df interactions
of spatial perception in shaping crass-cultural ISSUES TD BE EXPLIRED
misunderstandings and sheds light on the significance of space in human interaction and its impact on intercultural relations.
multisensorial space
-intercultural differences
perception of space being dynamic pushing the limits of comfort sociopetal spaces

MY CIMMENTS The author gives the reader many tips and dimensions that are based on studying people's behavior. However, I believe that these should be treated as guidelines and not immutable rules. This is because the studies are conducted on US residents, who are different from those living in Scandinavian countries or those raised in the culture of Eastern countries.
"No two people see exactly the same thing when actively using their eyes." Hall (I966)


We can then begin to learn about human behaviour, including PERSDNALITY TYPES RELATIINSHIP DF THE LAYDUT TDITHE PERSIN People from different cultures are useq to differentcitit patterns (grid, layuut). For those who are not "at homme" it is very easy to get lost.

distances can more or less
easily touchif they wart to.
Whity Whith phase epepple choose
depends on their depends on their relationstip
or their felingg toward each orther.

spatial expirience is not just visual spatial expirience is not just visual
but MULTISENSORY Ow (m)
voice volume more quiet you
speak, smaller speak, smaller
distance you need to
have between you have between you
and interlocutor
(1)) $0-0$
(4) 0 -0 -

No two people see
exactly the same thing
when actively using
their eyes.
Ulustration 2 . Notes and
and

connersation, body language
included.
must
be
sOCIOPETAL spaces - designed to bring people together
sociofugal spaces - designed to minimise
contact between people
Americans who live urban and suburban lives have less and less onartunity for active expariences of ( ) the spares they

WHY THIS LITERATURE? The author skillfully examines spatial parameters with the aim of designing an urban public space that encaurages interactions among strangers. In the subsequent section, I will highlight the author's most intriguing findings, which can serve as the basis for developing my design concept.
WHERE INTERACTIDNS HAPPEN?


## pint of interest

Peaple are naturally curious about others and tend to gravitate towards where the majority of people gather.TERSECTIDN DF TRAFFIC LINE AND dPen area
Poople prefer not to stray far from their original paths of movement.

## ENVIRDMENTAL UNCERTAINTY

Tncreased environmental uncertainty heightens people's arousal levels, leading to improved interpersonal interactions.

## TRANSPARENCY

ENCLISURE
HEICHT

SHAPE
The diagram above shows how the vertical partition can be shaped using the variables: wall tyoe, transparency heioht and shape With these parameters in mind, numerous combinations can be designed. ORIENTATICN


0 - $=$
AGAINST MDVEMENT ALDNG MIVEMENT
level of intereaction
 ${ }^{*}$ no talking

SHARED SPACE *no talking

functional conversation *taking

sponvanedus canversation *taking

астіvTY
*talking
Unlike interactions with acquaintances, ones with strangers are often spontaneous and tend to remain at a basic level, avviding more complex topics. However, the concept of "stranger therapy" suggests that many peaple find it easier to discuss personal problems with
newfound acquaintances, thanks to a sense of anonymity and reduced fear of judgment. Interactions with strangers can be categorized as illustrated above. The first two categories involve non-verbal communication, such as eye contact and body language, which, due to the absence of conversation or physical touch, are considered less intimate and occupy a lower level of interaction. Then there are functional conversations, such as seeking directions or exchanging sentences at a checkout. The highest level of interaction occurs during spontaneous conversations initiated by at least one of the persons, where the depth of the tapics discussed depends on the individuals involved, as well as during joint activities that have the potential to foster closer cannections.

## TRIANEILATICN

 external stimulus

Dften a common topic of conversation makes interaction with strangers easier External triggers that serve as a starting point for initiating a discussion can be particularly helpful in this regard.

### 1.3 SPACE ANALYSIS

Sociopetal spaces (def. designed to bring people together )
Based on numerous sources and my own experiences, I have compiled a list of 10 places where I believe there is a good chance of interacting

|  | public transport | shopping mall | stadion | street | park | dog park/ <br> playground | cafe | bar/club | hikking | school/work |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| closed/ppen space | clased | both | closed | рреп | ореп | преп | closed | closed | םреп | closed |
| indoor/autdoor | indour | indoor | indoor | outtoor | outdoor | outdoor | indoor | indoor | outtoor | indour |
| common interest | yes | n0 | yes | n0 | no | yes | yes | yes | yes | yes |
| waiting | yes | yes | п0 | no | п0 | yes | yes | yes | no | nu |
| eye contact | yes | yes | п0 | yes | yes | yes | yes | yes | yes | yes |
| commuting space | narrow | narcow | wide | narrow | wide | wide | narrow | narrow | narrow | wide |
| forced conversations | no | yes | п0 | п0 | n0 | yes | yes | yes | yes | yes |
| touch | yes | no | yes | п0 | п0 | $\pi$ | yes | yes | п0 | п0 |
| static/moving | static | moving | both | both | both | static | static | both | moving | static |
| intruding space | yes | yes | yes | depends | п0 | yes | yes | yes | п0 | yes |
| how long you stay | long | long | long | depends | depends | short | long | long | long | long |
| common activity | n0 | п0 | yes | п0 | п0 | п0 | п0 | yes | yes | yes |
| density of people | high | high | high | low | low | low | high | high | ow | high |
| amount of people | many | many | many | many | many | tew | many | many | few | many |

24 CENTER DF INTERACTINNS

Table l I Analysis of sociopetal spaces and their characteristics (author, 2024)

()
closed/qpen space? - oisen
both
indor//outdoor?
Oindour

- outdoor
with strangers. After analysis, I came to the conclusion that there are 14 important factors that can determine whether a space is sociopetal


Forced physical contact with a stranger is often due to the need
to sit or stand close to the other person.
Depending on whether ar not a person moves around a place, their perscon moves around a place, their
perction of their surroundings
dhanges changes.
? This is partly linked to physical proximity to the other persyn but Ison to entering 'smemeone else's
erritory (teritorialism).

The length of stay influences the
amount of stimuli experienced and mount of stimuli ixperienced

I consider a common activity to be action done with another person, e.g. Playing, climbing, drinking or
eamwork.

By high density I mean a crowd or area.

The number of people is defined
nuite subjectively and'many' means quitt subjectively and many means
different number depending on a dititerent number efending on
the type and nature of the lace.

### 1.3 SPACE ANALYSIS

Sociopetal spaces - conclussion

As can be seen from the analyses, each sociopetal space has different characteristics. However, I have identified 14 factors that may account for the space's potential to maximise interaction with strangers.

If the 10 pre-selected places, the closest to a "perfect match" are: cafe (I3//4), public transport (IZ/14), shopping mall (I2/44), bar/club (I2/14), school/work (I2/14).
"perfect match"

| -1 |
| :--- | :--- | :--- |
| CLISED |

28 Center of ineractions

What is important to remember is that these 14 features are only guidelines for the final design. It is visible that a space can have different set of characteristics and still be designed to bring people together.

| CAVE | CIURTYARD |
| :---: | :---: |
| prospect: | prospect: |
| nature, landscape view |  |
| refugee: | refugee: |
|  | refuge from sun or rain |
| VERANDA | PICNIL AREA |
| prospect: | prospect: |
| view | natural surrounding |
| гefugee: | гefugee: |
| shelter | benches |
| WINDIW SEAT | TREEHIUSE |
| prospect: | prospect: |
| view | elevated view, nature surrounding |
| refugee: | геfugee: |
| cozyness, edge | closed space far from everyone |
| PARK BENCH | PATILS |
| prospect: | prospect: |
| natural surrounding | view on peaple, city and/or nature |
| refuge: | гefugee: |
| under the tree (refuge from sun or гаіп) | under the pergola ar umbrela (refuge from sun or rain), edges |
| VIEWPDINT | RIDF GARDEN/BALCONY |
| prospect: | prospect: |
| elevated view | elevated view, nature surraunding |
| гefugee: | refugee: |
| refuge from hikking and monotamy | refugee from indor spaces |

### 1.3 SPACE ANALYSIS

Prospect refugee spaces
PRUSPECT-REFUGE theory suggests that spaces we find most acceptable to be in, present us with great apportunity, yet we must be in a place of safety at the time.

## Prospect examples:

- a distant view
- an elevated view
-large natural wonders (ex. lakes, sky expanse)


## Refuge examples:

- an interior space
- a bench seat with a wall behind
- a cave or grotto
- a cave or grotto


## definition

EDCE encourage to sit
EXPANSIVE SPACES discourage occupation, but invite surveying of the space
SIZE of spaces matter to the number of occupants able to use it

## 2.1 "Right to difference"

When designing a building in such a diverse city, it is important to consider the demagraphics and cultural background that can influence the differences in perception of architectural space. The individual experience is determined by the character of the individual.
AFFIRDANCE Affordance theory assumes that perception of the world goes beyond perceived shapes and spatial relationships. It reaches out to the potential use of an object (Fibson, 1979). This means that our perception influences how we interact with the environment around us. Many objects have an objective purpose, like a chair, which when seen immediately suggests to us the function of sitting. Some objects, however, seek to impose their function in less obvious ways. Non-objects are more influenced by an individual's personality, age and cultural background.

MY APPRDACH I assume that the space designed by me will become one with great affordance. The forms, layouts and spaces I impose will be perceived differently because of the differences in potential users. By perceived differently because of the differences in notential users. By
accepting the differences, I have to prepare myself for the difficult-toaccepting the differences, have to prepare myself for the diffficult-to-
predict effect my building will have. I will try to rely on many theories and
assumptions, but the feelings of the users are impossible to forecast.
FACTORS To gain a deeper understanding of human behavior, I conducted a survey. It was carried out on peaple living in Sweden. It included questions about the culture the people came from, their personality traits and to a small extent their age. Age turned out to be a less important factor after the analyses in the chapter "I.I Background. Loneliness in Sweden.
"The architectural space itself might have a "personality" that is formed by the dynamics relationship between PHYSICAL, STRUCTURAL elements, and its EFFECT on people who use it." Anwar (2002)

EXTRDVERT An extrovert is a person who tends to be outgoing, sociable, and energized by interacting with others. They typically enjoy being in social settings, thrive on external stimulation, and may seek out opportunities for socializing and group activities. They are often described as talkative, assertive, and enthusiastic in their interactions with others.

INTRDVERT An introvert is a person who tends to be more reserved, reflective, and energized by spending time alone or in small groups. Intraverts often prefer quieter enviranments, where they can focus on their thoughts and recharge their energy. They may find large social gatherings draining and may need time alone to decompress after social interactions. Intraverts are often described as thoughtful. introspective, and independent in their approach to socializing and interacting with others.

However, a shy person should not be confused with an introvert and also a talkative person with an extrovert. Bath of these personality traits are linked to whether you get more battery from interacting with others ar from being in your own environment. These characteristics can influence peaple's intentions ar behavior in public spaces. For example, introverts tend ta keep more distance from their interlacutar than extroverts.

## 2.2 "Personality" of space

The architectural space passesses a certain "personality" shaped by the interplay of its physical and structural elements, influencing peaple who use it. This "character" is not static but rather emerges from individuals' perceptions and experiences of the environment. The build environment is exposed to human interpretation and change.

伯 PERSONALITY THEDRY According to Cattell, there are ib personality traits that can predict how a person will behave in a given situation. I decided to give my space these traits to make it possible to predict its impact on users. Their selection was determined by a survey.

1. Abstractedness - Tendency to think in abstract or concrete terms. 2. Apprehension - Level of anxiety and worry in response to stress. 3. Dominance - Willingness to assert control and influence over
others.
Emational stability - Level of emotional resilience and stability 5. Liveliness - Level of enthusiasm and energy in behavior, B. Dpenness to change - Willingness to embrace new experiences and adapt to change.
7 Perfectionism- Striving for tiah standards and attention ta detail 8. Privateness - Preference for privacy and introspection 9. Privateness - Preference for privacy and introspection.
2. Reasoning - Preference for logical or abstract thinking.
3. Reasoning - Preference for logical or abstract thinking.
4. Rule-consciousness - Adherence to rules and respect for authority.
authority.
II Self-reliance - Degree of independence and self-sufficiency 12. Sensitivity - Responsiveness to emotional stimuli and sensitivity to others' feelings.
5. Social bolddness - Confidence and assertiveness in social situations.
6. Tension - Level of stress and discomfort experienced in daily life
7. Vigilance - Degree of caution and wariness in new situations. IG. Warmth - Degree of friendliness and warmth in social interactions.

## 2.3 survey

2.3. Survey
part 1 - age and culture related questions

A survey was conducted between I2-16.02.2024 in A-huset (Faculty of Engineering) The only factor required to participate in the survey was residence in Sweden.

The questionnaire aimed to superficially diagnose the characteristics of the groups I am interested in, i.e. introverts and extroverts, and peaple from Scandinavian Slavic or Middle Eastern countries. My Master's thesis is not a research project, sa the survey and its results should be seen as supporting elements for the design and the beginning of a possible extension of the thesis into doctoral studies

A total of IG users participated in the survey. They divided according to the factor of interest as follows:

Cultural background:
7-Scandinavia
5 - Slavic
2-Middle East
2- other
energy source:
10 - introverts
B-extroverts
On the following pages are the questions that were included in the conducted survey,

## BASIC FACTORs:

1. How old are you?
$\square$ <16 $\quad \square$ 16-29 $\square$ 30-49 $\square 50-64 ~ \square 65+$
2. Which group of countries are you from?
$\square$ Slavic $\square$ Skandinavian $\square$ Middle East $\square$ other
3. Do you consider yourself more of an introvert or extravert?
$\square$ introvert $\quad$ extrovert

## AGE RELATED QUESTIONs:

1. Is there specific age group that you prefer to avoid? I y yes, what are they?
2. Is there specifif gge group that you like to interact with? I y yes,
what are they? marn?

## CULTURE RELATED QUESTIONS (PART 1): <br> \section*{to what wards would you describe the apenness of the per}

 their willingness to farge new relationships in your country?2. Da peaple from your country avoid contact with strangers in public places ar they do not mind?
$\square$ yes $\quad \square$ пп
3. Do people from your country move around the city alone or in groups?
$\square$ alon
$\square$ in groups
4. What characterises the architecture and public spaces in your country?
5. What time of the day is the city you are from mast lively (you can chose more than one)? Omorning (<12) $\bigcirc$ afternoon $\bigcirc$ evening $\bigcirc$ night

### 2.3 Survey

part 2 - culture and personality related questions
2.3. Survey

## CULTURE RELATED QUESTIONS (PART 2):

6. Choose which word would describe PEDPLE FRIM YDUU CDUNTRY
better?
Abstractedness: Imaginative / practical
Apprehension: Worried / confident Dominance: Forceful / submissive Emotional stability: Calm / high-strung Liveliness: Spontaneous / restrained
Dpenness to change: Flexible / attached to the familiar
Perfectionism: Controlled / undisciplined
Privateness: Discreet / apen
Reasoning: Abstract / concrete
Rule-consciousness: Conforming / non-conforming
Self-reliance: Self-sufficient / dependent
Sensitivity: Tender-hearted / tough-minded
Social boldness: Uninhtibited / shy
Tension: Inpatient / relaxed
Vigilance: Suspicious / trusting
Warmth: Dutgoing / reserved

36 CENTER DF INTERACTINNS

## PERSONALITY RELATED QUESTIONs:

1. How often do you fell lonely?
$\square$ never/rarely $\quad \square$ at least once a week $\quad \square$ all the time
2. Would you rather be alone ar with a company in public spaces? $\square$ alone $\quad \square$ company
3. Do you feel lonely sometimes being surrounded by people? $\square$ yes $\quad \square$ по
4. Do you feel lonely sometimes being alone?
$\square$ yes
$\square$ по
5. What kind of space makes you feel safe?

## 6. Is it difficult for you to meet new people? <br> $\square$ yes $\quad \square$ no

7. Do you prefer more closed or open spaces? $\square$ closed $\quad \square_{\text {open }} \square$ hoth
8. What is your favourite place?

| 9. What do you like to do in your free time? | 14. Choose which word would describe YOU better? Abstractedness: Imaginative / practical Apprehension: Worried / confident |
| :---: | :---: |
| 10. Do you talk with strangers sometimes? If yes, where ar on what occasion? | Dominance: Forceful / submissive <br> Emotional stability: Calm / high-strung |
| $\square$ по <br> $\square$ yes | Liveliness: Spantaneaus / restrained Dpenness to change: Flexible / attached to the familiar |
| II. Is it easier for you to talk with strangers from your nationallity oг race? If yes, why? (language barriers, common interest, fear, something else) $\square$ <br> กロ $\square$ $\square$ yes | Perfectionism: Controlled / undisciplined <br> Privateness: Discreet / apen <br> Reasoning: Abstract / concrete <br> Rule-consciausness: Canforming / non-conforming <br> Self-reliance: Self-sufficient / dependent |
| 12. Would you like to have more random interactions with strangers in public space? $\square$ $\square$ п $\square$ yes | Sensitivity: Tender-hearted / tough-minded Sacial boldness: Uninhibited / shy <br> Tension: Inpatient / relaxed Vigilance: Suspiciaus / trusting Warmth: Dutgoing / reserved |

part 3 - personality related questions
13. In what place you see yourself interacting with strangers?
14. Choose which word would describe YOU better? Abstractedness: Imaginative / practical Appretension: Warried / confiden Emotional stability. 「alm / high-stru Liveliness: Spatanems / restrind
Dpenness to change: Flexible / attached to the familiar Perfectionism: Controlled / undisciplined Privateness: Discreet / open Reasoning: Abstract / concrete Rule-cansciousness: Conforming / non-conforming ellance. Self-sufficient / dependent , Warmth: Dutgoing / reserved

### 2.3.1 Survey results

Slavic person


IPPENNESS of the people and their WILLINGNESS to forge new relationships:
sometimes open, mostly stick to already existing groups of friends, energetic

Peaple in Slavic countries DC AVID CONTACT WITH STRANGERS in public places.

They tend to move around the cities IN GROUPS.
SLAVIC PERSONALITY based on the survey results: Abstractedness: imaginative / practical Ipprehension: warried / confident Jominance: forceful / submissive Lmotional stability: calm / high-strung Liveliness: spontaneous / restrained ©penness to change: flexible / attached to the familiar Perfectionism: controlled / undisciplined
Privateness: discreet / वpen
Reasoning: abstract / concrete
Rule-consciousness: conforming / пon-conforming
Self-reliance: self-sufficient / dependent
Sensitivity: tender-hearted / tough-minded Sensitivity: tender-hearted / tough
Social boldness: uninhibited / shy Tension: impatient / rellaxed Vigilance: suspiciuus / trusting Warmth: outgoing / reserved

IPPENNESS of the people and their WILLINGNESS to forge new relationships:
shy, cautious, having difficulties to open

Peaple in Scandinavian countries DC AVIID contact WITH STRANGERS in public places.
They tend to move around the cities ALINE.
SLAVIC PERSDNALITY based on the survey results:
Abstractedness: imaginative / practical
Apprehension: warried / confident
Dominance: farceful / submissive
Emotional stability: calm / high-strung
Liveliness: spontaneous / restrained
Qpenness to change: flexible / attached to the faniliar Perfectionism: controlled / undisciplined
Privateness: discreet / apen
Reasoning: abstract / cancrete
Reasoning: abstract / concrete
Rule-consciousness: canforming / non-canforming
Self-reliance: self-sufficient / dependent
Sensitivity: tender-hearted / tough-minded Sensitivity: tender-hearted / tough-
Social boldness: unimhibited / shy Tension: inpatient / relaxed
Vigilance: suspicious / trusting
Warnth: outadino / reserved

### 2.3.1. Survey results

Scandinavian person

I'm shy and cautious, finding it hard to open up to new people. I prefer to explore eities alone. I value practicality and conformity, keeping my thoughts private but showing warmth to those close to me.

IPPENNESS of the people and their WILLINCNESS to forge new relationships: open, hospitable, warm

People in Slavic countries DC NOT AVIID CONTACT WITH STRANGERS in pulic places.
They tend to move around the cities IN GROUPS.
SLAVIC PERSONaLITY based on the survey results:
Abstractedness: imaginative / practical Apprehension: warried / confident Dominance: farceful / submissive Emotional stability: calm / high-strung Liveliness: spontaneous / restrained Openness to change: flexille / attached to the familiar Perfectionism: controlled / undisciplined Privateness: discreet / वреп Reasoning: abstract / concrete Rule-consciousness: conforming / non-conforming Self-reliance: self-sufficient / dependent Sensitivity: tender-hearted / tough-minded Sensitivity: tender-niearted / toug Tension: impatient / relax Vinsion: impatient / relaxed Wormth outaing / trusting

### 203.1. Survey results

Middle Eastern person


### 2.3.1 Survey results

## Extroverts and introverts



SUMMARY To my surprise, most of the answers to the abve questions have no correlation with being extroverted or introverted. This may be related to the fact that an introverted person should not be equated with needing to be lonely or shy, and an extrovert with being talkative and confident.

Siginificant differences can be seen in the sense of Ioneliness. Chronic loneliness was present

Introvert
$50 \%$ at least once a week, $30 \%$ never/rarely.
$20 \%$ all the time
80\% company, 20\% alone
60\% yes, 40\% по
$50 \%$ yes, $50 \%$ no
50\% yes, 40\% по
60\% yes, 40\% п
for several introverts. A correlation with age can also be seen here as everyone filling the survey aged 50-64 answered 'never/rarelly'. Younger people are more likely to feel lonely.

The survey also shows that extroverts rarely have a problem making new friends. In introverts, the responses are unconvincing in either direction.

| Tralt | \| Extrovert | \|NTRXVERT |
| :---: | :---: | :---: |
| Abstractedness | 60\% imaginative | 80\% imaginative |
| Apprehension | 83\% confident | 80\% worried |
| Dominance |  |  |
| Emotional stability | 80\% calm | 60\% calm |
| Liveliness | 60\% restrainted | 70\% restrainted |
| Dpenness to change | 83\% flexille |  |
| Perfectionism | 80\% controlled | 100\% cantrolled |
| Privateness | 67\% open | 60\% discreet |
| Reasoring | 60\% concrete | 70\% concrete |
| Rule-consciusness | 66\% conforning | 78\% canforming |
| Self-reliance | 73\% self-sufficent | - |
| Sensitivity | $100 \%$ tender-hearted | 80\% tender-hearted |
| Social boldness | 66\% unlibited | 70\% shy |
| Tension | 66\% relaxed | 60\% impatient |
| Vigilance | 66\% trusted | - |
| Warnth | 66\% outgoing | 70\% reserved |

SUMMARY Most of the character traits can be considered as not dependent on a source of social energy. There are five categories of features five categories of features APPREHENSICN The vast majority of extroverts feel self-assured and unconcerned. A significant number of
introverts are affected by feelings of uncertainty. $\begin{array}{ll}\text { by feelings of } & \text { uncertainty, } \\ \text { worry and/ar } & \text { self-blame. }\end{array}$

PRIVATENESS For the most part, introverts are characterized by being secretive, not revealing their thoughts or being diplomatic. Most extroverts are characterized by being direct and/ar apen.

SUCIAL BDLDNESSThis category is very relevant to my project. It can be seen that introverted can be seen that introverted people are more shy and/or
intimidated. However. in the case intimidated. However, in the case of extraverts, their sociability is not a characteristic of the TENSIIN A small majority of TENSICN A small majority of introverts are characterized by being time-driven and/ or frustrated. In extraverts,
calmness slightly
prevails.

Warmth Responses from this category confirmed the stereatypical view of extroversion and introversion. Extroverts were more likely to reply in favor of being outgoing than introverts.

## 2.3 .2 survey summary

| I have selected ten features or a challenge to the idea of maximise human interaction. | that are likely to have the greatest impact on how the designed space is used. Each of these is either an apportunity integration with strangers. However, the building I am designing should turn them all into spatial features that would |
| :---: | :---: |
| MIRE CIMMIN PEDPLE'S TRAIT based on the survey | ISSUES TO BE EXPLDRED in the design |
| imaginative | I. The space should harness people's creativity. It ought to stimulate multiple senses. The designed architecture should encourage 'out of the bax' thinking about space. |
| WIRRIED | 2. The space should evoke a sense of security both in the place and among the people. |
| SUBMISSIVE | 3. The space should not have a hierarchy (by age, culture or character). Every user must feel equally welcome. |
| RESTRAINED | 4. The building should have a clear and welcoming entrance area to encourage potential users to enter, despite their limited spontaneity. |
| ATTACHED TO FAMLILAR | 5.There should be architectural and spatial elements that users associate with their culture. The association with nature was frequently mentioned in the survey regarding favorite places and leisure activities. |
| DISCREET | $\rightarrow$ G. There should be safe spaces within the building to open up and talk about deeper tapics. |
| CONFORMING | $\longrightarrow$ 7. The space can impose rules on its territory on the assumption that they will be respected. |
| SHY | $\rightarrow$ 8. The designed space will push the limits of comfort to maximise interaction with strangers. |
| SUSPILIOUS | $\rightarrow$ 9. The space should have a clear intention. |
| QUTGUING | $\longrightarrow 10$. The building aims to use the openness to new relationships and maximise them. |


I. MULTISENSORIAL SPAEE

6. "SAFE SPACE"

2. SENSE IF SECURITY

7. SPACIAL RULES

3. ERUALITY

8. PUSHING BIUNDRIES
2.4 Design principles "Personality" of the space

. CLEAR AND WELCDMIN ENTRANCE

4. CULTURAL REFERENEES

9. CLEAR INTENSICN IF THE SPACE

## City scale



LICATION
The selected site is located between three important transit points (train stations: Triangeln, Malmo C and Rosengard).

USERS
Park tho that, due to its proximity to Folkets who would enter the new buildding "by accident". addition. another aroup of visitors are de owners due to the dog park located on the plot.

SHAPE
The plot is shaped like a triangle, making it a form of an island in the neighbourhood. This alsa allowed me to design a building that is a spatial dominant placed in the middle of the intersection.


VIEW TUWARDS CENTER DF INTERALTIONS


VIEW TOWAROS LafE ENTRANCE

### 3.1 SITE ANALY8IS


3.1 SITE ANALYSIS

My plot


LEEEND:
ARCHITECTURE: $\square$ existing buildings $\square$ my building - main entrance $\triangle$ emergency exits $\uparrow$ main views
GREENERY:
existing trees designed trees INFRASTRUCTURE: $\square$ my plot
$\square$ street


### 3.2 FORM DESIGNING PROCESS

Sketch models


1. Malv vewpolins

2. Shape and stalicase ioea

3. DESIINNG FROM MSIIE TO DUTSIIE
4. My first attempt was based on the most interesting view so every corner of this "butterfly" shape building was facing either nature or street view. It had a round closed staircase.
5. Then I tried to find a way to create multi-storeyed spaces. My aim was to create a wider staircase that was not only made for transit but had small rooms with activities in them. And that is how the "ice-breaking staircase" idea appeared.
6. In the third stage I made a list of the spaces that based on previous analysis could invite to interact. I have been experimenting with dimensions, and then began to analyze relationships between proposed spaces. In this way, the exterior of a building follows its interior.

### 3.3 IDEA



Welcome to the Center of Interactions - the place where you will experience a short adventure with others. Perhaps you've come here deliberately ar maybe you've become interested in the vibrant and lively building on your way to the bus stap - whatever the reason, you're welcome. This is a place for the sacially adventurous ones and those who want to observe others. No matter what culture you come from, you are treated equally here.

Which entrance do you choose?


The entrance to the café is through a 3-storey glazing allowing a view of the square, people and street life. Don't stop there. Behind a raw of tables yau'll find a stage where you can voice what's on your heart, play an instrument or read your nom. This is the plan poem. This is the place

Do you prefer interactions over beer and live music? That's not a prablem! Enjoy the bar area with the mentioned "show yourself" stage. Dance, talk, show what you can do! This building is alive around the clack.

INTERACTION CENTER $\downarrow$

ICE-BREAKING STAIRCASE
intimate path Choose me if you want to talk about your problems or find yourself in a safe. homely environment.


STRANEERS'S THERA
$\downarrow$
3'rd floor
PROJECT HDME
public path
Choose me if you are you open to meeting people at numerous activities, places where you can get lost for a while?

## 1st floo

(A)MAZE ME

3rd floor 3rd floor
3rFFIT Rorm GRAFFITI RIDM


ICE-BREAKING STAIRCASE
The main part of the building can be accessed via an 'ice-breaking' staircase, which is the backbone of the whole establishment. The staircase has numerous landings. Dn each of these, there is an entrance to one of the attractions and/or a small volume containing an ice-breaking element. As you enter the building you can leave your outerwear in the first boxes. From here, you can choose whether you want to have an intimate or public adventure or mix both.

MIN-EXHIIITIIN
The first ice-breaker is a temporary mini-exhibition. The warks on display here, due to their small size, encourage you to come nearer and take a closer look. In this way, we can alsa get closer to the other person viewing the extibition.

## SPEED DATING

Quick meetings are held in this room. With the help of a screen displaying questions and topics for conversation, you can break through and establish relationships.

58 CENTER DF INTERACTIONS


PUBLIC PATH GRAFFITI ROOM

$$
2^{\prime} \text { tollets }
$$intimate path INTIMATE PATH

## PUBLIC PUBLIC PATH

Ice-breaking staircase divides the building into two parts: intimate and public. Exploring this building is up to you. When visiting the Center of Interactions, you can choose to try one path of the two or mix. You can also see just one room of your choice. However, the next section of the report is divided into an 'intimate path' and a 'public path' to make it easier for the reader to understand what they characterize.

## INTIMATE PATH

PUBLIC PATH
You entered through the main glass entrance, left your coat in the cloakroom on the first landing and found yourself on the second floor. This is where the Strangers therapy room is located. To visit the next room from the Intimate Path you can either still follow the Ice-breaking Staircase or use the hidden spiral staircase located within the Strangers therapy room. Whichever you choose, you will find yourself on the top flaor of the building in Project Home.

You entered through the main glass entrance, lefty your coat in the cloakroom on the first landing and found yourself on the second floor. However, you need to find the hidden staircase to find the first Public Path room. This is not an accidental design solution. The building is designed to encourage you to explore yourself and the space. (A) maze me can be found on the first flocr by passing the amphitheatre and using the stairs. The Grafitti room from the Public Path located on the third flor ran be accessed from the Ice-breaking Staircase.


NHIMATE PATH

### 3.4 INTIMATE PATH



As can be seen in the section, both rooms are connected with each other via a spiral staircase. There is a balcony that belongs to "Project Home" from which people can observe the "Strangers therapy". In between there is a hidden library located, for people who are overstimulated and would like to interact with peaple just by sharing a space with them.


68 CENTER DF INTERACTINSS

## LEUEL OF INTERACTION：

（1） 10
eye contact，shared space，spontaneous conversation
DESCRIPTION：
You decided to stay a while on the second floor and turned left．In this space you will find private separate rooms left．In this space you will find private separate rooms
where you can sit and talk to others．In front of each room where you can sit and talk to others．In front of each room
you will find information on what topic is being discussed you will find information on what topic is being discussed and in what language．Didn＇t find anything for you？Suggest a topic for conversation in a free room and wait for others to jín in．

3)PROJECT HOME ©


70 center af interactians

NAME: PRoJJET HOME
LEVEL: $3^{\prime}$
SOCIOPETAL SPACE FEATURES:
国自in
H() ${ }^{\circ}$
closed, indoor, common interest, static, intruding personal
space, Iong stay, high density of people
LEVEL OF INTERACTION:
(1) 1
eye contact, shared space
DESCRIPTION:
When asked about their favorite place, most peaple would
indicate their home. Take off your shoes before entering indicate their home. Take off your shoes before entering
and step into "Home" where you are both quest and and step into "Home" where you are both guest and
host. "Corridors" are filled with sand so feel free to lie host. "Carridors" are filled with sand so feel free to lie down. Explore "rooms" symbolizing f.ex. a living room ar bedroom, designed for resting either sitting or lying down. Walk through to the balcony to discover a view, or head downstairs to find a reading corner perfect for solitude after socializing.


PUBLIC PATH

### 3.5 PUBLIC PATH



In this section it can be seen that in order to visit "(A)MAZE ME" room you need to pass the amphitheater and use a hidden staircase. The a hidden staircase. hie as an audience space for the public events happening on the "Show yourself" stage.


3 GRAFFITIROOM *


## LEVEL OF INTERACTION:


eye contact, shared space, activity
DESCRIPTION:
You reached one of the top floors and turned right. I hope you brought along a new friend or the desire to find one. you brought along a new friend or the desire to find one.
With that enter the creative warld of graffii. Frab your Whth that enter the creative world of graffiti. Grab your brushes, sprays and start painting on the floor and walls.
3.6 Physical model photes


The design process was incredibly inspiring and full of fascinating conclusions. However, it was not one of the easiest because of the difficulty in translating theory into practical application in architecture. Some thearies were used by me more often than others.

Prospect-Refuge: In my design I tried to create many spaces for observation and integration with others. Through the choice of materials and the features of the space I wanted to achieve a sense of being welcomed and safe.

Right to difference: Differences in social openness were one of
the main factors contributing to the division of the building inta an intimate and a public path. The awareness that each user is different and perceives the space in various ways helped me to create a building filled with numerous activities. It may seem too maximalist to many. but I believe that my design is as different as its users.

Sociopetal space: The analysis of sociopathic spaces was key for me. These guidelines helped me to embark on an adventure into the theme of spaces created to bring people together. For example, 'Narrow Comutting' contributed to the creation of my favourite room (A) maze

The project should be seen as an exploration of the use of issues from sociology and behaviourism in architectural creation. This building is an example of how I approached the attempt to create a place where people forget about the outside world for a while and go on a short adventure with others. The theme of loneliness is incredibly important because the problem not only exists but is likely to get more severe.
As architects, we have the apportunity to respond to social situations as our buildings serve their users. This project concludes my student exploration and with the knowleage gained during the process I enter the job market in architecture. I intend to continue to be curious, to not be afraid to uncover new building functions and to always put the user first.
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