

**Under the patronage of His Excellency Dr. Yousif Al Serkal, Director General, Emirates Health Services**

**6<sup>th</sup> Annual Maudsley Health Conference 2021**

Thursday 7 <sup>th</sup> October 2021 – Chair Dr Bruce Clark		
Time	Speaker	Topic
8.15	<b>Registration</b>	
9.05	<b>Welcome</b>	
9.10	<b>Dr Yasir Abbasi</b> Consultant Psychiatrist and CAG Lead-Addictions Maudsley Health/Al Amal Psychiatric Hospital	<i>Assessing knowledge and use of novel tobacco products in young adults particularly during the COVID-19 pandemic</i>
9.50	<b>Dr Fiona Desira</b> Head of Psychology, Consultant Clinical Psychologist, CAMHS Maudsley Health/Al Amal Psychiatric Hospital	<i>'Staff wellbeing in the workplace': An initiative in the UAE</i>
10.30	<b>Break</b>	
10.50	<b>Official Opening</b> His Excellency Dr Yousif Al Serkal, Director General, Emirates Health Services	
11.10	<b>Dr Mohammad Alsuwaidan</b> Consultant Psychiatrist Assistant Professor of Psychiatry, University of Toronto Founder and Clinical Director of MindWell, Kuwait	<i>Suicide: A Public Health Priority</i>
11.50	<b>Professor Emmanuel Stip</b> Professor of Psychiatry and Chair of UAEU	<i>The organization of care for first episode psychosis (FEP). Illustration from an unequal world. Canada, UAE and Haiti</i>
12.30	<b>Lunch</b>	
1.00	<b>Hikma Pharmaceuticals Symposium</b> Prof. Peter Falkai Prof and Chairman department of Psychiatry and psychotherapy Ludwig Maximilian - University Munich	Role of Cariprazine in Different Schizophrenia Stages
1.45 pm	<b>Dr James Hurley</b> , Clinical Psychologist, <b>Gurbinder Singh</b> , Head of Occupational Therapy and <b>Farah Al Mohammed</b>	<i>Culturally adapting Cognitive Stimulation Therapy (CST): An evidence based psychosocial intervention</i>

	Maudsley Health/Al Amal Psychiatric Hospital	
<b>2.30</b>	<b>Dr Saqib Latif</b> Clinical Lead Children Services and Consultant Child & Adolescent Psychiatrist, American Center for Psychiatry & Neurology, Abu Dhabi	<i>Impact of trauma on the emergence of mental health problems in children &amp; young people</i>
<b>3.10</b>	<b>Break</b>	
<b>3.30</b>	<b>Dr Sophie Browning (Remote)</b> Consultant Clinical Psychologist & Lead Psychologist CAMHS, South London and Maudsley, NHS, England	<i>CUES-Ed: A CBT programme for schools. Promoting mental health and wellbeing for all</i>
<b>4.05</b>	<b>Professor Argyris Stringaris (Remote)</b> Senior Investigator, National Institute of Mental Health, USA Professor of Clinical Psychiatry, Georgetown University, USA	<i>Depression in adolescents: in search of the mechanisms underlying of a global public health problem</i>
<b>4.40</b>	<b>Dr Tareq Qassem</b> Consultant Psychiatrist & CAG Lead Mental Health Older Adults, Maudsley Health/Al Amal Psychiatric Hospital	<i>Recent Advances in Alzheimer's Disease</i>
<b>5.15</b>	<b>Panel Questions</b>	
<b>5.30</b>	<b>Close</b>	
<b>Friday 8<sup>th</sup> October 2021 - Chair Dr Khaled Kadry</b>		
<b>Time</b>	<b>Speaker</b>	
<b>8.15</b>	<b>Registration and Refreshments</b>	
<b>9.00</b>	<b>Dr Michael Holland</b> Chief Medical Officer, South London and Maudsley, NHS, England	<i>Improving mental health outcomes through population health management</i>
<b>9.30</b>	<b>Dr Karim Abdel Aziz</b> Associate Professor of Psychiatry, United Arab Emirates University, Dubai	<i>Global patterns in antipsychotic prescribing in schizophrenia</i>
<b>10.00</b>	<b>Dr Reem Mudawi</b> Consultant Psychiatrist and CAG Lead, CAMHS, Maudsley Health / Al Amal Psychiatric Hospital	<i>Resilience: A closer look at its meaning for young people, carers and professionals</i>
<b>10.30</b>	<b>Break</b>	
<b>10.45</b>	<b>Dr Deepak Thalitaya</b> Consultant Psychiatrist and CAG Lead-Intellectual Disability	<i>Positive impact of Intellectual Disabilities in Families</i>

	Maudsley Health / Al Amal Psychiatric Hospital	
<b>11.15</b>	<b>Professor Sean Perrin</b> Professor of Clinical Psychology, Department of Psychology, Lund University, Sweden	<i>Cognitive Behavioural Treatment of Pediatric Posttraumatic Stress Disorder</i>
<b>11.55</b>	<b>Friday Prayer and Lunch</b>	
	<b>Stream A</b> <b>1.30 - 5.45</b>	<b>Stream B</b> <b>1.30 - 5.15</b>
	<b>Psychopharmacology</b>	<b>Nursing Conference</b>
	<b>Stream C</b> <b>1.30 - 5.15</b>	
	<b>Psychological Interventions</b>	
	<b>Stream A (Chair Dr Khaled Kadry)</b> <b>Psychopharmacology</b>	
<b>1.30</b>	<b>Professor Fiona Gaughran</b> Lead Consultant, National Psychosis Service Director of R&D, South London and Maudsley, NHS Trust Professor of Physical Health and Clinical Therapeutics in Psychiatry, Institute of Psychiatry, Psychology & Neuroscience, King's College, London	<i>Treatment resistant or difficult to treat psychosis</i>
<b>2.00</b>	<b>Dr Bruce Clark</b> Consultant Child & Adolescent Psychiatrist, Maudsley Health, Abu Dhabi	<i>Paediatric Psychopharmacology for OCD</i>
<b>2.30</b>	<b>Professor Hamdy Moselhy</b> Consultant Psychiatrist, Clinical Lead, American Center for Psychiatry & Neurology, Dubai	<i>The Legal Market of Drug Abuse: Prescription &amp; diversion of psychopharmaceuticals</i>
<b>3.00</b>	<b>Dr Taoufik Alsaadi</b> Consultant Neurologist, CMO, American Center for Psychiatry & Neurology, Abu Dhabi & Dubai	<i>Is depression a neurologic disorder with psychiatric symptoms?</i>
<b>3.30</b>	<b>Break</b>	
<b>3.45</b>	<b>Lundbeck Pharmaceuticals Symposium</b> <b>Dr. Nasser El Hindy</b>	<i>Who is the Right Patient to be offered a long – acting injectable antipsychotic?</i>
<b>4.45</b>	<b>Dr Amr Nour</b> Consultant Psychiatrist & CAG Lead Forensics, Maudsley Health / Al	<i>Assessing Criminal Responsibility: the forensic mental health journey</i>

	Amal	
<b>5.15</b>	<b>Dr Sean Cross (Remote)</b> Clinical Director of the Mind and Body Programme in South London and Maudsley NHS Foundation Trust & King's Health Partners Academic Health Sciences Centre, England	<i>Improving the physical health of those with Serious Mental Illness: Learning from the KHP Mind &amp; Body Programme</i>
<b>5.45</b>	<b>Close</b>	
<b>Stream B (Ashick Hossany) Nursing Conference</b>		
<b>1.30</b>	<b>Vanessa Smith</b> Chief Nursing Officer, South London and Maudsley NHS Foundation Trust, England	<b>Welcome</b>
<b>1.40</b>	<b>Katie Laing</b> Director of Nursing, Maudsley Health/Al Amal Psychiatric Hospital	<i>Role of the Mental Health Nurse</i>
<b>2.10</b>	<b>Hessa Abdul Qader Ibrahim</b> Vice Head of Nursing, EHS, Al Amal Psychiatric Hospital	<i>Cultural influences on Mental Health</i>
<b>2.40</b>	<b>Simon Sherring</b> Deputy Chief Nurse, South London and Maudsley NHS Foundation Trust, England	<i>Mental Illness among healthcare workers</i>
<b>3.10</b>	<b>Panel Questions</b>	
<b>3.20</b>	<b>Break</b>	
<b>3.35</b>	<b>John Hall</b> Service Manager Forensic Mental Health, Maudsley Health/Al Amal Psychiatric Hospital	<i>Managing Risk; A Mental Health Nurse's Perspective</i>
<b>4.05</b>	<b>Eimear Tonge</b> Practice Development Nurse (Mental Health), Maudsley Health/Al Amal Psychiatric Hospital	<i>Introduction to Motivational Interviewing Skills</i>
<b>4.35</b>	<b>Delores Williams</b> Service Manager Older Adults Mental Health, Maudsley Health/Al Amal Psychiatric Hospital	<i>Promoting 'person-centered care' for people living with dementia</i>
<b>5.05</b>	<b>Panel Questions</b>	
<b>5.15</b>	<b>Close</b>	

<b>Stream C (Chair Ishita Rathi)</b>				
<b>Psychological Interventions</b>				
<b>1.30</b>	<b>Dr Fiona Desira</b> Head of Psychology, Consultant Clinical Psychologist, CAMHS, Maudsley Health/Al Amal Psychiatric Hospital  <b>Dr Dina Bedair</b> Clinical Psychologist, Maudsley Health/Al Amal Psychiatric Hospital	<i>CBT skills for working with people with Autism Spectrum Disorder</i>	<b>Dr James Hurley</b> Clinical Psychologist, Maudsley Health/Al Amal Psychiatric Hospital	Digital interventions in psychosis: effects of two tasks targeting mechanisms of persecutory delusions
<b>3.15</b>	<b>Break</b>			
<b>3.30</b>	<b>Razmin Shah</b> Forensic Psychologist, Maudsley Health/Al Amal Psychiatric Hospital	<i>Islamic integrated psychology</i>	<b>Dr Arlene Cooke</b> Clinical Psychologist, Maudsley Health, Abu Dhabi	<i>Dialectical Behavior Therapy for Borderline Personality Disorder</i>
<b>5.15</b>	<b>Close</b>			