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## The Perfect Storm? Gluten and type 1 diabetes.

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Photo by Emma Adlercreutz and Olof Rask

## The Perfect Storm?

A significant increase in the incidence of autoimmune diseases has been observed worldwide for the last two decades. Celiac disease (CD) and type 1 diabetes (T1D) are both common autoimmune diseases in childhood. This thesis presents studies on association between T1D and CD and effects of dietary gluten on the immune system.

Emma Adlercreutz is a pediatrician, with a great interest in food, health, and immunity. She has a supplementary training in pediatric allergy, specializing in food allergy and now runs her own pediatric outpatient clinic along with a fellow pediatrician – Lunds barnläkarmottagning. In her clinical practice she meets a lot of children with celiac disease, food allergies and stomach problems.



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# The Perfect Storm?

## Gluten and type 1 diabetes

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