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# Relationship Between Atrial Oscillatory Acetylcholine Release Pattern and f-wave Frequency Modulation: a Computational and Experimental Study

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## Abstract

*The frequency of fibrillatory waves (f-waves),  $F_f$ , exhibits significant variation over time, and previous studies suggest that some of this variation is related to respiratory modulation through the autonomic nervous system. In this study, we tested the hypothesis that this variation ( $\Delta F_f$ ) could be related to acetylcholine concentration ([ACh]) release pattern.*

*Electrocardiograms were recorded from seven patients during controlled respiration before and after full vagal blockade, from which f-wave frequency modulation was characterized. Computational simulations in human atrial tissues were performed to assess the effects of [ACh] release pattern on  $F_f$  and compared to experimental results in humans. A cross-stimulation protocol was applied onto the tissue to initiate a rotor while cyclically varying [ACh] following a sinusoidal waveform of frequency equal to 0.125 Hz. Different mean levels (0.05, 0.075  $\mu\text{M/l}$ ) and peak-to-peak ranges (0.1, 0.05, 0.025  $\mu\text{M/l}$ ) of [ACh] variation were tested.*

*In all patients, an f-wave frequency modulation could be observed. In 57% of the patients, this modulation was significantly reduced after vagal blockade. Simulations confirmed that rotor frequency variations followed the induced [ACh] patterns. Mean  $F_f$  was dependent on mean [ACh] level, while  $\Delta F_f$  was dependent on [ACh] variation range.*

## 1. Introduction

The autonomic nervous system (ANS) plays a major role in the genesis and maintenance of atrial fibrillation (AF). Stimulation of the vagus nerve and, on the contrary, vagal denervation have been proven to respectively facilitate and suppress AF [1]. Furthermore, vagal stimulation, by shortening AF cycle length, has been postulated to increase the left atrial mean dominant frequency [1]. The

parasympathetic neurotransmitter acetylcholine (ACh), in fact, shortens action potential (AP) duration (APD) and hyperpolarizes the resting membrane potential (RMP) in a dose dependent manner. Hyperpolarization of the RMP brings to a reduction in the maximum upstroke velocity (UV) of the AP [2], which can slow conduction velocity (CV). These effects facilitate AF by shortening the wavelength for reentry (WL), which is defined as the distance traveled by the depolarization wave during the effective refractory period (ERP) and is computed as CV times ERP.

In AF patients, the dominant f-wave frequency ( $F_f$ ) exhibits significant variation over time and previous studies have suggested that this variation is related to respiratory modulation through the parasympathetic nervous system [3,4]. In our study, we tested the hypothesis that such variation could be related to the release pattern of ACh over time.

We first analyzed clinical data from seven chronic AF (cAF) patients, from which electrocardiograms (ECGs) were recorded during baseline and controlled respiration, before and after full vagal blockade by atropine injection. Next, we performed *in silico* modeling and simulation of two-dimensional cAF human atrial tissues to assess the effects of ACh concentration ([ACh]) pattern on  $F_f$ . The advantage of this *in silico* approach, after confirmation of agreement with clinical outcomes, is that it allows dissecting the influence of ACh release on f-wave frequency modulation independently of other factors.

## 2. Methods

### 2.1. Clinical recordings

A group of seven patients with cAF, atrioventricular block III and a permanent pacemaker were studied to investigate modulation of  $F_f$  by respiration through the parasympathetic system. The original study [4] included

Table 1.  $\overline{F}_f$  and  $\Delta F_f$  in simulations and real cases

SIMULATIONS						EXPERIMENTS		
[ACh] release 0.125 Hz		Range (peak to peak) of [ACh]				Mean values from patients		
Mean ACh		0.0	0.025	0.05	0.1			
0.05 $\mu\text{M/l}$	$\overline{F}_f$	7.51	7.47	7.46	7.25	$\overline{F}_f$	6.82	
	$\Delta F_f$	0.02	0.18	0.44	1.21		$\sigma$	0.59
	$r$		0.83	0.94	0.95			
0.075 $\mu\text{M/l}$	$\overline{F}_f$	7.99	7.97	7.97	not tested:	$\Delta F_f$	0.15	
	$\Delta F_f$	0.02	0.14	0.35	out of		$\sigma$	0.01
	$r$		0.88	0.95	physiol. range			

eight patients, but the f-wave signal quality was sufficient for analysis of respiratory modulation in only seven of these [5]. ECGs were recorded at rest during baseline, during 0.125 Hz frequency controlled respiration and during controlled respiration after full vagal blockade by atropine injection [4].

## 2.2. Atrial tissue models

Human atrial electrical activity was simulated in two-dimensional 7-by-7 cm sheets of tissue. A diffusion coefficient of 0.002 cm<sup>2</sup>/ms and a transversal-to-longitudinal diffusion ratio of 0.5 were considered. This corresponds to a longitudinal conduction velocity of 44.0 cm/s for a planar wave, in agreement with values reported for AF patients in previous studies [6].

The Courtemanche human atrial AP model was used to represent cellular electrophysiology [7]. Parasympathetic effects were incorporated into the model by including an ACh-activated potassium current,  $I_{K\text{ACh}}$ , as defined in [8] with the updates proposed in [6].

Electrical remodeling associated with cAF was accounted for by reducing the maximal conductances of  $I_{\text{to}}$ ,  $I_{\text{CaL}}$  and  $I_{\text{Kur}}$  by 50%, 70% and 50%, respectively, as in [9]. Regarding cAF-induced structural remodeling, various studies have reported percentages of atrial diffuse fibrosis up to 40%, with a mean reported percentage of approximately 20% [10]. To simulate 20% diffuse fibrosis, 20% of nodes were randomly selected and assigned with the MacCannell model [11], an active fibroblast model that includes four membrane ionic currents. Myocytes were electrically coupled to fibroblasts with a gap junctional diffusion coefficient of 0.0005 cm<sup>2</sup>/ms.

## 2.3. Simulated ACh release patterns

ACh was applied homogeneously in space while cyclically varying in time following a sinusoidal waveform of frequency equal to the 0.125 Hz respiratory frequency. Different mean levels (0.05, 0.075  $\mu\text{M/l}$ ) and peak-to-peak variation ranges (0.1, 0.05, 0.025  $\mu\text{M/l}$ ) of [ACh] were

tested, all within reported physiological ranges (0 - 0.1  $\mu\text{M/l}$ ) [12].

## 2.4. Numerical methods and simulations

Simulations were run using ELECTRA, an in-house software that implements the Finite Element and the Mesh-free Mixed Collocation methods to solve the monodomain model. In this work, we used the Finite Element implementation. An adaptive time step ranging from 0.05 to 0.005 ms and a space step of 0.02 cm were considered. Single cells were paced at a fixed cycle length (CL) of 1000 ms for 1 minute to reach steady-state. The steady-state values of the cellular models' state variables were used for initialization of tissue models. A cross-stimulation protocol was applied onto the tissue to initiate a rotor: a first stimulus was applied at the bottom edge of the tissue and a second stimulus was applied onto a 3.5 by 3.5 cm square at the bottom right corner. The simulation time in atrial tissues was 10 s. Fig. 1 illustrates voltage maps at different time instants.

## 2.5. Dominant frequency characterization

From the clinical ECGs, the f-wave signal was obtained by applying spatiotemporal QRST cancellation and  $F_f$  trend was estimated using a model-based approach.  $\overline{F}_f$  was computed as the average value of  $F_f$ , while  $\Delta F_f$ , the magnitude of f-wave frequency modulation, was computed as the median of the upper envelope of the bandpass filtered  $F_f$  signal [5].

From the simulations, the voltage time series from 49 evenly sampled points across the tissue (black dots in Fig.1) were analyzed. A complete 8-second respiratory period (from seconds 1 to 9) was considered. The 8-second voltage series for one of the 49 points is illustrated in Fig. 2 (a). For each of the 49 points in the tissue, the time instant  $t_{\text{maxUV},i}$  correspondent to the maximum UV of beat  $i$  was determined (Fig. 2 (b)) and the instantaneous frequency was computed as  $1/(t_{\text{maxUV},i+1}-t_{\text{maxUV},i})$  (Fig. 2 (c)), for all beat indices  $i$  in the recording. Next, averaging (in

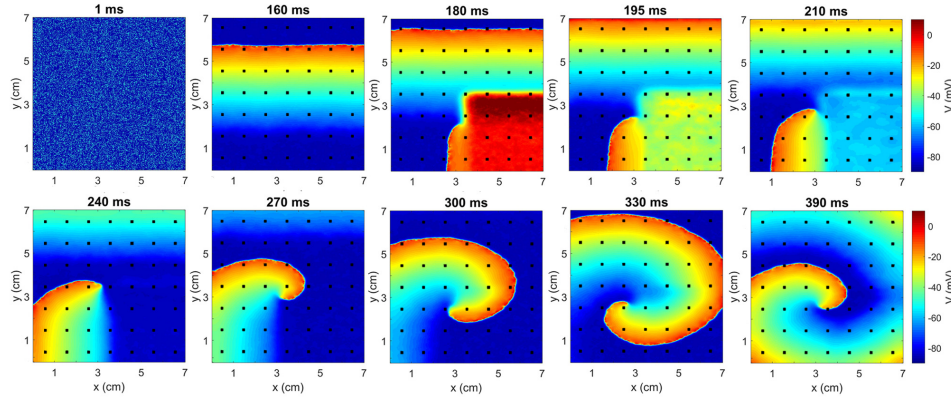


Figure 1. Voltage maps at different time instants for [ACh] varying around  $0.05 \mu\text{M/l}$  with peak-to-peak range of  $0.1 \mu\text{M/l}$ . At 180 ms the second stimulus applied onto the bottom-right corner of the tissue is visible. The 49 black dots in each snapshot represent the points used in the computation of  $F_f$ .

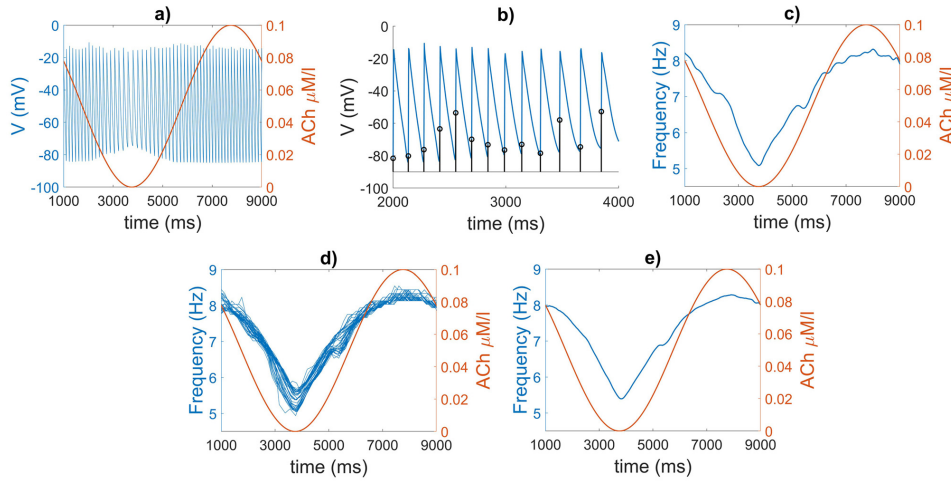


Figure 2. a) Voltage time series for one point in the tissue (point 12 out of the 49 points in Fig. 1 starting from bottom left and moving right/up) (blue line) in relation to [ACh] temporal variation (red line). b) Identification of the time instants of maximum AP upstroke velocity for the same individual spatial point. c) Instantaneous frequency for the same individual spatial point (blue line) in relation to [ACh] variation (red line). d) Instantaneous frequencies computed for all spatial points in the tissue after removal of those correspondent to the rotor core. e) Time series of the dominant frequency for the tissue,  $F_f$ , obtained by spatial trimmed averaging (blue line) in relation to [ACh] variation (red line).

space) was performed to compute the tissue dominant frequency  $F_f$  along time. Specifically,  $F_f$  was computed as a trimmed mean of the instantaneous frequencies over the 49 points, discarding the 5% extremes to exclude the chaotic signals typically corresponding to the rotor core (Fig. 2 (d) and (e)).  $\overline{F_f}$  and  $\Delta F_f$  were obtained from the estimated  $F_f$  time series using the same method as for the clinical signals.

### 3. Results

In all patients' ECGs, an f-wave frequency modulation was observed. In 57% of the patients, this modulation

was significantly reduced after the injection of atropine. Mean results over patients in terms of mean dominant frequency  $\overline{F_f}$ , magnitude of modulation  $\Delta F_f$  and standard deviation  $\sigma$  are reported in Table 1. Simulation results confirmed that the rotor frequency variations followed the induced [ACh] patterns (Fig. 3), with correlation coefficient  $r$  above 0.83 in all cases, as reported in Table 1. Furthermore,  $r$  increases with the mean level and the variation range of [ACh] since the dominance of the phenomenon increases with increasing [ACh]. The mean dominant frequency  $\overline{F_f}$  was found to be dependent on the mean [ACh] level, while its peak-to-peak variation  $\Delta F_f$  was dependent

on the [ACh] variation range, with increases in mean and range of [ACh] leading to increases in  $\overline{F_f}$  and  $\Delta F_f$ , respectively. An [ACh] temporal variation of 0.05  $\mu\text{M/l}$  mean value and 0.025  $\mu\text{M/l}$  peak-to-peak range equal was the one providing results closer to those measured from the patients.

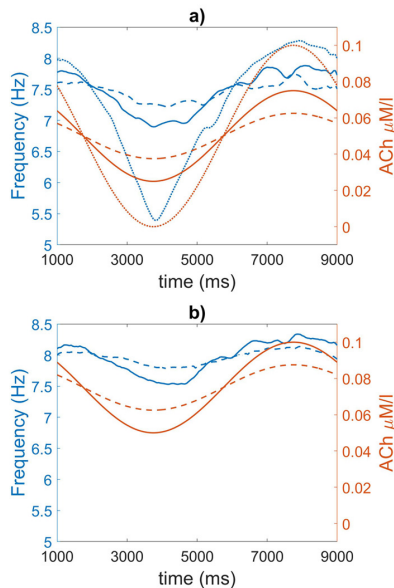


Figure 3.  $F_f$  (blue) and [ACh] (red) for mean [ACh] of 0.05  $\mu\text{M/l}$  (a) and 0.075  $\mu\text{M/l}$  (b). Dashed/solid/dotted lines represent 0.025/0.05/0.1  $\mu\text{M/l}$  [ACh] variation ranges. In panel (b) the maximum [ACh] variation range of 0.1  $\mu\text{M/l}$  is not represented since it is out of the physiological range.

#### 4. Conclusions

The pattern of [ACh] release could be an important factor involved in f-wave frequency modulation. Further studies will help to elucidate the contribution of other factors and to ascertain whether [ACh] variations could be monitored from f-wave analysis.

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