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1                   **CHANGES IN THE ST-INTERVAL SEGMENT OF THE FETAL**  
2                                   **ELECTROCARDIOGRAM**  
3                   **IN RELATION TO ACID-BASE STATUS AT BIRTH**

4  
5                   M Melin, A Bonnevier, M Cardell, L Hogan, A Herbst

6                   Clinical Sciences, Department of Obstetrics and Gynaecology,

7                                   Lund University Hospital

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16 Correspondence to:

17 Andreas Herbst

18 Department of Obstetrics and Gynaecology, Lund University Hospital

19 S-221 85 Lund, Sweden

20 E-mail: [Andreas.Herbst@med.lu.se](mailto:Andreas.Herbst@med.lu.se)

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24 Running title: Fetal ECG changes and acidaemia

25 **ABSTRACT**

26 **Objective:** To assess the occurrence of ST-interval segment changes of the fetal electro-  
27 cardiogram (ECG) and cardiotocographic (CTG) abnormalities preceding acidaemia at birth.

28 **Design:** Case-control study.

29 **Setting:** University hospital labour ward.

30 **Sample:** Newborns with severe cord artery metabolic acidaemia (pH <7.00 and lactate  $\geq$ 10  
31 mmol/l, n=24), moderate metabolic acidaemia (pH 7.00-7.09 and lactate  $\geq$ 10; n=48),  
32 acidaemia (pH 7.00-7.09; n=52), pre-acidaemia (pH 7.10-7.19; n=265), and controls (pH  
33  $\geq$ 7.20; n=117).

34 **Methods:** Monitoring traces were assessed blinded to outcome.

35 **Main outcome measures:** CTG- and ST-changes.

36 **Results:** Any ST-event occurred significantly more often among cases with severe (79%) and  
37 moderate (75%) metabolic acidaemia than among controls (50%). The difference was  
38 restricted to baseline T/QRS-rises, and to the second stage of labour, during which any event  
39 only occurred significantly more often among cases with severe metabolic acidaemia (62%)  
40 than among controls (38%). ST-events coincided with abnormal CTG patterns in 67%, 44%,  
41 40%, and 28% of cases with severe and moderate metabolic acidaemia, acidaemia and  
42 preacidaemia, and in 12% of controls. ST-events with intermediary CTG were similarly  
43 frequent in the case groups (0-6%) and controls (4%). The ST-guidelines stated intervention  
44 in 96%, 62%, 73% and 49% in these case groups, and 23% of controls.

45 **Conclusions:** Only two of three cases with severe and less than half of cases with moderate  
46 metabolic acidaemia were preceded by ST-events coinciding with CTG abnormalities. It is

47 therefore important to intervene for long lasting, rapidly deteriorating, or marked  
48 (preterminal) CTG abnormalities, also in the absence of ST-events.

49

50 **Keywords:** fetal monitoring, ECG, ST-analysis, cardiotocography, acidaemia

## 51 **Introduction**

52 Analysis of the ST waveform in the fetal electrocardiogram (ECG) has been introduced as a  
53 complement to cardiotocography (CTG), aiming to reduce unnecessary interventions and the  
54 incidence of asphyxia, by increasing the specificity in identifying hypoxia.<sup>1,2</sup> The STAN S21  
55 fetal heart monitor (Neoventa Medical, Gothenburg, Sweden) uses computerized ECG  
56 analysis to detect ST-interval changes that may reflect myocardial hypoxia: continuous or  
57 episodic rises in T/QRS amplitude ratio, or ST segment depressions (“biphasic ST”).<sup>1</sup> The  
58 current system has been evaluated in three randomized trials, comparing monitoring with  
59 CTG and ST-analysis to CTG monitoring alone.<sup>2-4</sup> The largest trial, from Sweden, showed  
60 lower rates of metabolic acidaemia and operative deliveries for fetal distress in the CTG and  
61 ST group.<sup>2</sup> The second study from Finland showed a higher rate of acidaemia (pH <7.05) in  
62 the CTG and ST group,<sup>3</sup> whereas a smaller French study showed no differences.<sup>4</sup>

63 If ST-analysis should help us to prevent metabolic acidaemia, warning signs would be expected  
64 to appear *before* this degree of acidaemia is reached. Kwee *et al.* reported that, among  
65 cases monitored with a good signal quality until delivery, ST changes occurred together with  
66 abnormal CTG patterns in all five cases with pH < 7.00 and base deficit >12, but only in six  
67 of 13 cases with pH 7.00–7.04 and base deficit >12.<sup>5</sup> At the same time, ST events are frequent  
68 also in cases with normal CTG patterns,<sup>6</sup> and in cases without acidaemia.<sup>7</sup> There is still  
69 limited information about frequency of different electrocardiographic changes at various  
70 degrees of acidaemia. Furthermore, the association between the occurrence of ST-events and  
71 acidaemia might differ between the first and second stages of labour, since in a recent study,  
72 ST-events were only associated with abnormal CTG patterns during the second stage.<sup>6</sup>

73 The aim of the present study was to assess how often acidaemia at birth was preceded by  
74 different ST events and CTG changes. Specifically, we wanted to assess at which severity of

75 acidaemia such changes occurred more often than among controls with a normal pH at birth.  
76 We also intended to evaluate these associations for the first and second stages of labour.

77

## 78 **Methods**

79 This was a retrospective study including singleton fetuses in cephalic presentation delivered  
80 after 36 completed weeks at Lund University Hospital during April 1<sup>st</sup> 2002 – September 31<sup>st</sup>  
81 2007, monitored with STAN S21 fetal heart monitor (Neovanta Medical, Gothenburg,  
82 Sweden). Indications for STAN monitoring were term high risk labour or CTG abnormalities,  
83 but sometimes the monitor was used merely because it was available in the delivery room.

84

85 It was a case-control study, with a control group of fetuses with cord artery pH  $\geq 7.20$ , and  
86 four case groups. The first and second study groups included newborns with metabolic  
87 acidaemia, defined as cord artery pH below 7.10 (population mean -2 standard deviations  
88 (SD)) together with a cord artery lactate  $\geq 10$  mmol/l (population mean +2SD), sub-grouped  
89 into severe (pH <7.00) and moderate (pH 7.00-7.09) metabolic acidaemia. The third group  
90 included newborns with non-metabolic acidaemia (pH <7.10, lactate <10 mmol/l), and the  
91 fourth newborns with pre-acidaemia (pH 7.10-7.19, representing 1-2 SD below population  
92 mean). There were two reasons for using lactate instead of base deficit to define the metabolic  
93 component of acidaemia. Firstly, lactate is a directly measured end product of anaerobic  
94 metabolism, in contrast to base deficit which is calculated from pH and pCO<sub>2</sub> (with different  
95 algorithms resulting in different results). Secondly, a recent study at our University showed  
96 that lactate had a higher association with poor 5 minute Apgar scores than base deficit  
97 (unpublished data).

98 The labour staff had used the STAN monitor since the Swedish RCT, with principally the  
99 same protocol for intervention.<sup>2,8</sup> According to this protocol, intervention was recommended  
100 when any ST-event (except solitary biphasic events) appeared together with an abnormal  
101 CTG: baseline T/QRS rise  $>0.05$ , episodic T/QRS rise  $>0.10$  or 2 repeated or continuous  
102 biphasic ST-events. Intervention was also recommended when more pronounced ST-events  
103 appeared together with an intermediary CTG: baseline T/QRS-rise  $>0.10$ , episodic T/QRS-  
104 rise  $>0.15$ , or 3 repeated or continuous biphasic ST-events. Furthermore, intervention was  
105 recommended if the CTG was considered persistently abnormal for 60 minutes, or  
106 preterminal (defined as variability below 2 beats per minute), regardless of the presence of  
107 any ST-events. When the protocol stated intervention, the clinician in charge decided which  
108 intervention to undertake (delivery, fetal scalp blood sampling (FBS), or removal of a  
109 possible cause of fetal distress), depending on the clinical circumstances.

110 Acid base status in cord artery and cord vein blood was routinely assessed by puncture of the  
111 vessels immediately after birth. For the analysis, including assessment of the lactate level,  
112 ABL 735 (Radiometer, Copenhagen) was used. A complete acid-base status from artery and  
113 vein was obtained for 78% of all newborns during the study period. Acid-base values were  
114 validated according to the criteria suggested by Westgate et al.<sup>9</sup>

115 From computerized records we identified singleton fetuses with cephalic presentation  
116 delivered after 36 completed weeks who had been monitored with STAN and had available  
117 acid-base data. Of these, all infants with cord artery pH  $< 7.10$  were included. We also  
118 randomly selected 200 infants with cord artery pH 7.10-7.14, 200 with pH 7.15-7.19, and 200  
119 controls with pH  $>7.20$ . To avoid too many comparisons, it was later decided to group all  
120 infants with pre-acidaemia (pH 7.10-7.19) together.

121 In order to evaluate the duration of CTG abnormalities and to assess the ST-analysis during a  
122 reasonable period of time we only included those cases monitored for at least 60 minutes. We  
123 also excluded cases with a gap between the end of monitoring and birth exceeding 20 minutes  
124 as the association between monitoring and acid-base status would be difficult to evaluate.

125 One author (MM) assessed the electronically stored traces using the STAN-Viewer® program  
126 (Neoventa Medical, Gothenburg, Sweden). All ST events registered in the ST log were  
127 recorded, as well as monitoring time, and time with insufficient signal quality. Cases with low  
128 signal quality were not excluded, since periods with low signal quality might be regarded as a  
129 limitation of the method (as well as due to the user), but a sub-analysis of the occurrence of  
130 ST events and CTG abnormalities was made for cases with metabolic acidaemia and good  
131 signal quality during the last hour of monitoring.

132 Each monitoring trace was then assessed by another two independent observers (of whom one  
133 was an experienced obstetrician) blinded to acid-base status at birth and other clinical data.  
134 The CTG traces were classified as normal, intermediary, abnormal, or preterminal, using the  
135 ST guidelines,<sup>8</sup> with the amendment of combined decelerations as a criterion for abnormal  
136 CTG, since such a pattern has been associated with excessive oxytocin administration and low  
137 scalp blood pH values.<sup>10</sup> The definition of a preterminal pattern was absent variability (< 2  
138 beats per minute). The continuous duration of abnormal and preterminal CTG patterns before  
139 birth were assessed. The examiners also classified the CTG in association with ST-events, and  
140 if and when indications to intervene had occurred according to the guidelines. If the two  
141 observers categorized a pattern, or indication to intervene, differently, the trace was finally  
142 classified in consensus by the group.

143 In cases where both intermediary and abnormal CTG and ST-abnormalities existed at  
144 different times the latter was registered as the indication to intervene. When no other



145 intervention criteria were present, we recorded the presence of a “rapidly deteriorating CTG  
146 trace”, suggested as a reason to consider intervention in the absence of ST-events.<sup>8</sup>

147 Abnormalities occurring during the last 10 minutes before birth were considered separately,  
148 since this was considered too late to allow intervention.

149 Obstetrical data were retrieved from computerized obstetric records. The results were  
150 analyzed with the Stat-View<sup>®</sup> software program. The chi-square test or Fisher’s exact test (if  
151 any expected number was below 5) were used for discrete variables, and Mann-Whitney test  
152 for continuous variables.

153

## 154 **Results**

155 During the study period there were 17 445 deliveries, about 20% monitored by STAN S21.

156 The computerised search identified 787 cases and controls. Of these, 66 were excluded as

157 they had incorrectly been registered as monitored by STAN, 117 as the recordings were less

158 than 60 minutes, 34 since the time interval between the end of monitoring and delivery

159 exceeded 20 minutes, 32 due to missing CTG and ST traces, and one where the breech mode

160 was used incorrectly. In addition, 31 cases and controls with missing venous samples or too

161 small differences in pH or pCO<sub>2</sub> between arterial and venous sample were excluded. After all

162 exclusions, 506 cases were left for analysis: 24 with severe metabolic acidaemia; 48 with

163 metabolic acidaemia; 52 with acidaemia, 265 with pre-acidaemia, and 117 controls.

164 Background obstetrical and neonatal characteristics are presented in Table 1. The case groups

165 had longer duration of labour and higher rates of instrumental delivery than controls.

166 Monitoring time varied between 1 and 18 hours for individual fetuses, and the median

167 monitoring time was higher in the case groups (3.6-4.3 h) than in controls (median 3.2 h)

168 (Table 2). Periods of low signal quality were common; 40-50% of cases and 36% of controls  
169 had a period of insufficient signal quality of more than 15 minutes.

170 Half of the controls had at least one ST-event during monitoring (Table 3). Events occurred  
171 more often in cases with severe (79%), and moderate (75%) metabolic acidaemia than in  
172 controls, and this difference remained significant after excluding events the last 10 minutes  
173 before delivery. During the first stage, the occurrence of ST-events was not higher in any  
174 study group than among controls, but cases with severe metabolic acidaemia had higher rates  
175 of ST events (62%) during the second stage than controls (38%).

176 The most common event, baseline rises of the T/QRS-ratio, was the only type occurring  
177 significantly more often in cases with metabolic acidaemia than among controls. A rise of the  
178 T/QRS-ratio above 0.10 was more frequent in cases with severe metabolic acidaemia (42%)  
179 than among controls (15%). Ten of 72 cases with metabolic acidaemia had episodic T/QRS  
180 rises; eight also had baseline rises. In one of the two the remaining cases the episodic rise  
181 appeared at the time of spontaneous delivery. Only three cases with metabolic acidaemia (and  
182 only two controls) had repeated biphasic ST events.

183 The combined analysis of CTG and fetal ECG is presented in Table 4. The simultaneous  
184 occurrence of abnormal CTG and ST-events, being an indication to intervene, was 12% in  
185 controls and highest among cases with severe (67%) and moderate (44%) metabolic  
186 acidaemia. For traces with good signal quality during the last hour of monitoring, the rates  
187 were 12 of 16 (75%) and 14 of 33 (42%) in these groups (not shown in table). Indication to  
188 intervene for intermediary CTG patterns and ST-events did not appear significantly more  
189 often in any study group than in controls. Any indication to intervene according to the  
190 guidelines occurred in 23% of controls, and more often in all case groups (in 96% and 62% of  
191 cases with severe and moderate metabolic acidaemia).

192 In the absence of other intervention criteria, a rapidly deteriorating CTG trace was present  
193 only in one case of metabolic acidaemia, and in seven cases of pre-acidaemia (but in none of  
194 the controls; not shown in table).

195 Three neonates delivered in the first stage by caesarean section had pH <7.10. Two of them  
196 had ST-events, and in all three there were preterminal patterns >10 minutes.

197

## 198 **Discussion**

199 The present material, including a relatively large number of cases with metabolic acidaemia,  
200 provided the opportunity to evaluate the relation between different ST-events and CTG-  
201 abnormalities and acid-base status at birth. Cases and controls constituted a relatively high  
202 risk group, since the STAN method was preferably used for high risk cases. The study groups  
203 had longer median duration of labour, and 12-34% longer median monitoring time than  
204 controls. This difference might have biased the results towards a higher rate of ST-events  
205 among the cases, but the higher rates in cases with metabolic acidaemia remained when  
206 calculating the number of events per monitored hour.

207 ST events coinciding with abnormal or intermediary CTG patterns were present in 67% of  
208 cases with severe and 48% of cases with moderate metabolic acidaemia (75% and 42% in  
209 cases with good signal quality). These figures are in agreement with previous reports in which  
210 CTG and ST-changes preceded metabolic acidaemia (pH <7.05 and base deficit >12) in 56-  
211 70%,<sup>7,11</sup> and acidaemia (pH <7.05) in 77% of cases.<sup>12,13</sup> With good signal quality, CTG and  
212 ST-abnormalities has previously been reported to precede severe and moderate metabolic  
213 acidaemia in 5/5 and 6/13 cases, respectively,<sup>5</sup> and acidaemia in 89%.<sup>12,13</sup>

214 In the present study, an intermediary CTG together with pronounced ST events did not occur  
215 more often in any study group than among controls. Possibly this intervention criterion is  
216 unnecessary. However, such a conclusion may only be applicable if the CTG classification  
217 strictly follows the guidelines. We are aware that many interpreters hesitate to categorise a  
218 pattern as abnormal, and two thirds of the traces that we classified as abnormal according to  
219 the criteria had been classified as intermediate by the midwives caring for the patients. An  
220 intermediary CTG with ST events is therefore a reason for careful CTG evaluation, and the  
221 midwife should discuss such cases with an obstetrician.

222 We found no association between ST-events during the first stage of labour and cord artery  
223 pH. In a previous study, no association was found between CTG abnormality and ST events  
224 during the first stage.<sup>6</sup> Hence, it appears as if most events during the first stage accompany  
225 normal CTG patterns, and can be disregarded. However, there is no evidence that ST events  
226 coinciding with CTG abnormalities are less significant in the first stage than in the second.  
227 Our study only included three cases with pH below 7.10 after (caesarean) delivery in the first  
228 stage (two with ST-events and abnormal CTG, and all three with preterminal patterns), which  
229 were too few to evaluate the association between ST-events during the first stage and cord  
230 artery pH.

231 We found no association between episodic T/QRS-rises or biphasic ST events and cord artery  
232 pH. Episodic rises of the T wave are thought to reflect temporary hypoxia. It is conceivable  
233 that a hypoxic episode is not associated with acidaemia as long as it is transitory. The results  
234 may indicate that the relevance of episodic T/QRS rises is small. Biphasic ST events only  
235 occurred in three cases with metabolic acidosis (and in two controls), and the study was  
236 underpowered to evaluate the association between these events and acid-base status at birth.  
237 Biphasic ST-events have been suggested to reflect depleted fetal glycogen reserves, and have

238 been associated with fetal growth restriction in observational studies.<sup>1</sup> In the present study  
239 only one case with severe metabolic acidaemia, one with acidaemia, eight with pre-acidaemia  
240 and three controls were SGA at birth (Table 1). None of these showed repeated biphasic ST-  
241 events.

242 According to guidelines, an abnormal CTG of over 60 minutes and a preterminal pattern are  
243 indications to intervene. At least one of these criteria were present in 22 of 24 cases with  
244 severe, and in 22 of 48 with moderate metabolic acidaemia. Preterminal patterns were rare  
245 among controls (2%) and frequent (83%) in cases with severe metabolic acidaemia. However,  
246 only a third of cases with moderate metabolic acidaemia had preterminal patterns, indicating  
247 that this, as the word implies, is a late sign of hypoxia.

248 Abnormal CTG patterns lasting more than 60 minutes have been associated with adverse  
249 outcome in newborns with acidaemia.<sup>14</sup> However, most acidaemic fetuses did not have  
250 abnormalities lasting for one hour, and waiting for 60 minutes is hazardous if the trace is  
251 deteriorating. An expert group recently recommended intervention for rapidly deteriorating  
252 patterns in the absence of ST events.<sup>8</sup> A definition of rapid deterioration is lacking, and the  
253 criterion therefore difficult to evaluate. In our study, it was common that one examiner  
254 categorised a decelerative second stage pattern with minimal variability as “rapidly  
255 deteriorating” and the other as preterminal, supporting intervention for such patterns. If STAN  
256 users recognise that only half to two thirds of cases with metabolic acidaemia are associated  
257 with ST events, the importance to intervene in cases with long-lasting, rapidly deteriorating,  
258 or preterminal CTG patterns will be better understood.

259 According to the guidelines, intervention was indicated in 96% and 62% among cases with  
260 severe and moderate metabolic acidaemia, and in 73% of cases with acidaemia. Still, the rates  
261 of operative delivery for fetal distress were only 46%, 23% and 15% in these groups.

262 Although other interventions than operative delivery had sometimes been undertaken, we  
263 were worried the criteria that in some cases had been neglected.

264 Intervention was also indicated for 23% of controls. This figure may seem high, even in a  
265 high risk population. It should, however, be emphasized that “intervention” must not always  
266 be operative delivery. In doubtful cases, FBS for the analysis of pH or lactate may be useful.  
267 Actually, the STAN method with the current guidelines has only been evaluated with FBS as  
268 an option.<sup>2-4</sup> In the Swedish RCT, FBS was performed at similar rates in the study arms (11%  
269 and 9%),<sup>2</sup> whereas in the study from Finland, twice as many samples were taken in the CTG  
270 arm (16%) as in the CTG+ST arm (7%).<sup>3</sup> This might be one explanation for the lower rate of  
271 acidaemia in the CTG arm of that study. The rate of FBS also differed between the study arms  
272 in the French study, but were high in both the CTG (62%) and CTG+ST arm (27%).<sup>4</sup>

273 None of the RCTs indicated an increased rate of operative delivery with the use of STAN. It  
274 must be stressed that the occurrence of ST-events should not trigger interventions when CTG  
275 patterns are normal – otherwise the high rate of ST-events among non-hypoxic fetuses may  
276 lead to many unnecessary and potentially harmful procedures. Even worse is if STAN users  
277 become accustomed to the occurrence of ST-events and do not react when indicated, i.e. in  
278 the presence of an abnormal CTG. If the additional information provided by STAN is to be  
279 useful, as it was in the Swedish RCT,<sup>2</sup> accurate CTG interpretation is essential.

280

## 281 **Conclusion**

282 This study showed that although the presence of ST-events increases the probability of fetal  
283 acidaemia, events are frequent (50%) also among controls with normal cord blood gas values.  
284 ST-events together with abnormal CTG patterns, reflecting hypoxia, appear late in the  
285 hypoxic process, and are inconsistent, occurring in half of cases with moderate, and in two of

286 three cases with severe metabolic acidaemia. It is therefore important to act when CTG  
287 abnormalities are marked or long lasting, also in the absence of ST-events. This is in  
288 agreement with recently published recommendations.<sup>8</sup>

289

#### 290 **Disclosure of interests**

291 None of the authors has any commercial or other conflicting interest in STAN or other  
292 methods of fetal monitoring.

293

#### 294 **Contribution to authorship**

295 Malin Melin contributed in planning the study, assessed the ST-information from the  
296 monitoring traces, and contributed to manuscript writing and data analysis. Anna Bonnevier  
297 assessed fetal heart rate traces, and reviewed the manuscript. Monika Cardell assessed fetal  
298 heart rate traces, and contributed to manuscript writing. Linda Hogan assessed fetal heart rate  
299 traces, and reviewed the manuscript. Andreas Herbst planned and coordinated the study,  
300 assessed fetal heart rate traces, analysed the data, and wrote the final manuscript.

301

#### 302 **Details of ethics approval**

303 Since this was a retrospective study of data from patients' files and monitoring traces from  
304 our unit, no ethics committee approval was needed.

305

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307 This study was carried out without funding.

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**Table 1.** Background obstetrical and neonatal characteristics. Figures are presented as numbers (%) if not stated otherwise. Statistically significant differences ( $p<0.05$ ) between cases and controls are marked with an asterisk (\*).

	Severe metabolic acidaemia <sup>1</sup> N=24	Metabolic acidaemia <sup>2</sup> N=48	Acidaemia <sup>3</sup> N=52	Precidaemia <sup>4</sup> N=265	Controls <sup>5</sup> N=117
Nulliparous mother	16 (67)	38 (79)	39 (75)	201 (76)	77 (66)
Post term pregnancy ( $\geq 42+0$ weeks)	5 (21)	6 (12)	7 (13)	23 (9)	13 (11)
Induction of labour	11 (46)*	8 (17)	10 (19)	36 (14)	24 (21)
Duration of 1 <sup>st</sup> stage <sup>6</sup> (h), median (range)	4.2 (0-8.7)	6.4 (0-16.5)*	5.1 (0-17.8)*	5.0 (0-29.0)*	3.5 (0-16.0)
Duration of 2 <sup>nd</sup> stage (h), median (range)	1.1 (0-3.1)	1.5 (0-5.8)*	1.2 (0-7.0) *	1.3 (0-6.2)*	0.9 (0-9.3)
Fetal scalp blood sampling	6 (25)	6 (12)	8 (15)	21 (8)	12 (10)
Instrumental delivery	8 (33)	14 (29)*	15 (29) *	61 (23)*	10 (9)
Caesarean section	4 (17)	3 (6)	0 (0)	10 (4)	7 (6)
Operative delivery for fetal distress	11 (46)*	11 (23)*	8 (15)*	46 (17)*	9 (8)
Male gender	15 (62)	27 (56)	25 (48)	147 (55)	59 (50)
Birth weight (kg), median (range)	3.6 (2.7-4.7)	3.8 (2.8-4.9)	3.6 (2.2-4.9)	3.7 (2.3-5.2)	3.7 (2.4-5.0)
Small for gestational age at birth <sup>7</sup>	1 (4)	0	1 (2)	8 (3)	3 (3)
Cord artery pH, median (range)	6.96 (6.77-6.99)*	7.06 (7.00-7.09)*	7.07 (7.01-7.09)*	7.15 (7.10-7.19)*	7.25 (7.20-7.42)
Cord artery lactate, mmol/l, median (range)	13.2 (10.4-21.0)*	11.2 (10.0-18.0)*	8.7 (5.8-9.9)*	7.2 (3.4-13.3)*	4.6 (1.9-8.9)
5-min Apgar score <7	8 (33)*	3 (6)	6 (12)*	2 (1)	0 (0)
Admission to neonatal care unit	16 (67)*	11 (23)*	8 (16)*	19 (7)	5 (4)

<sup>1</sup> Cord artery pH <7.00 and lactate  $\geq 10$  mmol/l

<sup>5</sup> Cord artery pH  $\geq 7.20$

<sup>2</sup> Cord artery pH 7.00-7.09 and lactate  $\geq 10$  mmol/l

<sup>6</sup> From regular contractions and cervical dilation  $\geq 4$  cm

<sup>3</sup> Cord artery pH 7.00-7.09, lactate < 10 mmol/l

<sup>7</sup> Below -22% (2 SD) from expected weight at gestational age

<sup>4</sup> Cord artery pH 7.10-7.19

**Table 2.** Background monitoring characteristics. Figures are presented as numbers (%) if not stated otherwise. Statistically significant differences ( $p < 0.05$ ) compared with controls are marked with an asterisk (\*).

	Severe metabolic acidaemia N=24	Metabolic acidaemia N=48	Acidaemia N=52	Preacemia N=265	Controls N=117
Duration of STAN monitoring (hours) <sup>1</sup>	4.1 (1.2-10.2)	4.3 (1.0-11.8)**	3.6 (1.0-13.8)*	4.2 (1.0-18.6)**	3.2 (1.0-12.0)
Disconnected >15 minutes	1 (4)*	17 (35)	14 (30)	79 (30)	29 (25)
Insufficient signal quality >15 minutes	12 (50)	21 (44)	26 (50)	107 (40)	42 (36)
STAN-monitoring started during the first stage of labour <sup>2</sup>	23 (96)	43 (90)	48 (92)	237 (89)	103 (88)

1. Monitoring time minus disconnected time

2. Monitoring started at least 20 minutes before full cervical dilatation.

**Table 3.** Occurrence of different types of ST-events in relation to cord artery acid-base status. Figures are presented as numbers (%) if not stated otherwise. Each group is compared with controls (pH  $\geq 7.20$ ), and significant differences are marked with \* (p < 0.05) or \*\* (p < 0.01).

	Severe metabolic acidaemia N=24	Metabolic acidaemia N=48	Acidaemia N=52	Preacidaemia N=265	Controls N=117
Number of ST-events, median (range)	3.5 (0-15)*	2 (0-14)*	1 (0-23)	1 (0-40)	1 (0-73)
Any baseline T/QRS rise (>0.06)	18 (75)*	33 (69)*	27 (52)	144 (54)	56 (49)
Baseline T/QRS rise >0.10	10 (42)*	8 (17)	9 (17)	42 (16)	17 (15)
Any episodic T/QRS rise (>0.10)	3 (12)	7 (15)	10 (19)	33 (12)	11 (9)
Episodic T/QRS rise >0.15	3 (12)	3 (6)	4 (8)	12 (5)	5 (4)
Repeated biphasic ST	1 (4)	2 (4)	4 (8)	13 (5)	2 (2)
Any ST-event <sup>1</sup>	19 (79)*	36 (75)**	31 (60)	151 (57)	58 (50)
Any ST-event <sup>1</sup> , last 10 minutes before birth excluded	19 (79)**	32 (67)*	29 (56)	139 (52)	54 (46)
<b>Monitoring started first stage<sup>2</sup></b>	<b>N=23</b>	<b>N=43</b>	<b>N=48</b>	<b>N=237</b>	<b>N=103</b>
Any event during first stage <sup>1</sup>	12 (52)	20 (47)	20 (42)	107 (45)	41 (40)
<b>Monitored during second stage<sup>3</sup></b>	<b>N=21</b>	<b>N=45</b>	<b>N=47</b>	<b>N=228</b>	<b>N=89</b>
Any event during second stage <sup>1</sup>	13 (62)*	20 (44)	21 (45)	93 (41)	34 (38)
Any event during second stage, last 10 minutes before birth excluded <sup>1</sup>	13 (62)*	15 (33)	18 (38)	77 (34)	28 (31)

<sup>1</sup> Single biphasic events (occurring in 6 cases) were not included, since this is never indication to intervene according to guidelines.

<sup>2</sup> Only those with monitoring started at least 20 minutes before full cervical dilatation included.

<sup>3</sup> Cesarean deliveries before full cervical dilatation and cases with second stage shorter than 20 minutes excluded.