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Night Journey: Finding Peace in a Virtual Nature

Modern life keeps us indoors. We stare at screens and miss the fresh air of the woods. This makes us stressed and tired. Traveling to a real forest takes time we often do not have. Because of this, many people feel anxious and disconnected from the earth. But what if you could step into a magical, glowing forest just by putting on a headset?

We bring the outdoors back to you in a unique way. We built a quiet, dark forest. In this calm space, plants glow with soft blue and purple lights. The dark colors help your mind slow down. There are no missions to finish. There are no points to win. You simply wander, listen to soft music, and breathe.

Normally, computer games force you to hold clunky plastic controllers. We threw those away. To feel truly close to the woods, you should use your own body. In our world, you just use your hands.

Every corner holds a new discovery. We designed unique interactions for different types of flowers. When you open your palm near one plant, its petals might gently unfold to greet you. Reach for another, and it might respond in a completely unexpected and poetic way.

These lovely, impossible moments make the virtual world feel alive. They turn a simple walk in the woods into a romantic journey that may support relaxation and reflection.

This gentle experience is designed to support calmness and reflection. It reminds us why we must protect our earth. When you care for a digital plant, you feel a spark of love for real living things. By exploring new technology, we hope to heal human minds and spark a desire to protect our shared planet.

THESIS Design Interactive VR Experience for Human-Nature Connection

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