

Interview 01

(00:00:03,180) Interviewer:

Before we get started, thank you for participating in this interview. We greatly appreciate your options, opinions, and life experience, which benefit our study. This interview is part of our study to gain further insight and explore new phenomena regarding how South Asian immigrant families perceive current car-free mobility and long-term adaptability in Helsingborg, Sweden. Have the freedom to decline participation at any moment or to decline any question you don't feel comfortable answering. The interview is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used solely for our project and accessed only by our research group members and our teachers. The data will be stored securely and the aggregated data will be retained until our course is created. It will not be shared, published or distributed in any way other than our research project. So let's get started. Can you please tell me about yourself and your family?

(00:01:14,620) Interviewee 01:

Thank you very much. So my name is Muhammad Shahadat Hassan. I'm actually from Bangladesh. So I came here in July 2023 and I live with my wife and my son. When I came here, at that time I did not have any kids. So after coming here, our son was born. And currently we are living in Helsingborg.

(00:01:41,260) Interviewer:

Yes, and are you considering settling here in the future?

(00:01:47,260) Interviewee 01:

Yeah, I'm considering to stay here for let's say 10 to 15 years to continue my career.

(00:01:54,260) Interviewer:

Okay. Can you tell me how far is your workplace?

(00:02:01,260) Interviewee 01:

I'm actually an IT professional, so I work in IT as a software engineer and my office is very near from my home, so it's 2 kilometers.

35 (00:02:13,259) Interviewer:

36 What kind of transport did you use in your home country?

37

38 (00:02:17,259) Interviewee 01:

39 In my home country, I mostly use the public transport. I did not have any private car or any
40 private vehicle. So mostly bus, three wheelers, this kind of things.

41

42 (00:02:29,259) Interviewer:

43 Could you describe all the daily routine tasks you and your family need to do outside home?

44

45 (00:02:38,259) Interviewee 01:

46 Our daily routine is that I go to office, then I take my kids to kindergarten, I pick him from the
47 kindergarten, then my wife is not working, so she is mostly staying at home and usually in the
48 weekend we sometimes go out, sometimes for shopping, sometimes for bazaar.

49

50 (00:02:59,340) Interviewer:

51 Okay, so your weekend trips is doing well?

52

53 (00:03:05,580) Interviewee 01:

54 We do not go out very long distance, but very often, I mean once in a month you can say.

55

56 (00:03:14,580) Interviewer:

57 Okay. And now, what transport option do you mainly rely on daily life?

58

59 (00:03:22,710) Interviewee 01:

60 Daily life, we mostly rely on bus and trains. Buses, we use, actually all the places where I go,
61 let's say to buy sunscreen, This is a walking distance but public transport is mostly used if I go
62 some places far, let's say shopping mall that is far from my home or some other official work,
63 let's say, if I have to go to some government office, so this kind of places which is not far from,
64 which is not near from my home, let's say bank or this kind of places.

65

66 (00:03:45,110) Interviewer:
67 And you also prefer to walk and ?
68
69 (00:03:50,160) Interviewee 01:
70 yes
71
72 (00:03:53,135) Interviewer:
73 and uh for long distance uh you take ?
74
75 (00:04:00,270) Interviewee 01:
76 a train
77
78 (00:04:11,210) Interviewer:
79 okay And what about riding bicycles?
80
81 (00:04:13,610) Interviewee 01:
82 I donot ride bicycles. I donot have cycling skill
83
84 (00:04:20,5500) Interviewer:
85 Would you like to learn?
86
87 (00:04:21,450) Interviewee 01:
88 I would like to learn because it gives a bit more flexibility
89
90 (00:04:25,850) Interviewer:
91 What's your opinion or experience about using the Skane Traffican app, online ticket
92 purchasing that and all the features, do you think it adds value to the public transport service
93 here?
94
95 (00:04:42,089) Interviewee 01:

96 I am very impressed with the Skane Traffican app, it's very good, it's a notificative system, the
97 schedule of the bus is going to change and also I get the frequent update of the schedule change
98 which is helping to plan accordingly. So, also it has a ticket sharing but the thing is that i do
99 not buy this monthly ticket because i do not travel that often because i am i'm not going to
100 official to my son's kindergarten public transport so i use some time only the days tickets but
101 uh only issue i see that this day's ticket sometimes uh i mean in a I can share only the monthly
102 ticket with my family, but I cannot share my day's ticket with my family, so this is the fun.

103

104 (00:05:28,370) Interviewer:

105 You have already said that it's easy to plan your road and mange time with delays?

106

107 (00:05:38,370) Interviewee 01:

108 Yeah, it's very easy and the update is very frequent also. Let's say, if T&C D-List can sell or
109 this kind of notification I get very often.

110

111 (00:05:47,370) Interviewer:

112 When it comes to daily trips like school drop-offs, shopping or hospital appointments, who is
113 responsible for transportation in your family?

114

115 (00:05:56,370) Interviewee 01:

116 Mostly me, but I always take my wife with me.

117

118 (00:06:00,680) Interviewer:

119 When you are at the workplace, she picks you up?

120

121 (00:06:06,680) Interviewee 01:

122 I'm working in the office, they are very flexible, let's say if I need to drop my kids to school or
123 I need to pick my kids from school or let's say I need to meet a doctor for my kids or even for
124 my wife, and I easily get the time from the office, so that's why mostly I take the responsibility,
125 so that's because of my professionalism.

126

127 (00:06:39,795) Interviewer:

128 And how do you find the childcare responsibilities? Is it difficult or easy to deal with without
129 a car?

130

131 (00:06:44,540) Interviewee 01:

132 Yeah, I feel like it's very difficult. Especially, let's say, if school is a bit far. For my cases, for
133 my kids, school is one and a half kilometers from my home. Yeah I can go to office with
134 walking very easily because I'm a adult person, but to bring a kid is one and a half kilometers
135 and my kids not used to it stroller so it's been difficult I think that this is very challenging also
136 I'm And the time it takes, let's say, in the middle of the office, I get to pick him. It takes lots of
137 time.

138

139 (00:07:25,879) Interviewer:

140 So, don't you think of picking, his mother can pick up?

141

142 (00:07:35,180) Interviewee 01:

143 Yeah, his mother, this is a, recently he has started his kindergarten. And he's a winter, and she
144 is not used to this temperature. So, and she easily gets this, she has this as my issue. So she will
145 get this problem that's why maybe in the summer she will take this responsibility.

146

147 (00:07:56,079) Interviewer:

148 Do you feel that transport service is school hospitals workplace work together work well
149 together for families living without a car ?

150

151 (00:08:02,720) Interviewee 01:

152 i mean it's it's i think that it's good if for little bit bigger kids let's say if kid is five years or four
153 years this kind of kids it's very easy to travel but uh smaller kids let's say two years kids one
154 and a half year kids if that that kid is so hyperactive let's say he doesn't want to sit in the stroller
155 and he is too much uh used to with the movement so it's very difficult to put him in there in a
156 car seat or put him in a bus seat for a long time so it's very hard.

157

158 (00:08:38,319) Interviewer:

159 are these institutions easy to access from your home?

160

161 (00:08:41,600) Interviewee 01:
162 Those are very near to my home. The location is also very good. I can easily get a bus within
163 half and half kilometers. I can get a bus stop. So that is easy.
164
165 (00:08:55,200) Interviewer:
166 Okay, Okay. How do the weather conditions such as winter, rain affect your daily mobility?
167 Weather
168
169 (00:09:01,039) Interviewee 01:
170 Is the most challenging thing here. So it's become more difficult when there is small kids. So
171 then you need to take a lot i mean so i think either is very difficult here okay
172
173 (00:09:13,440) Interviewer:
174 Have you experienced any discrimination while using public transportation?
175
176 (00:09:20,429) Interviewee 01:
177 Inside the bus all the passengers even the driver they're very cooperative.
178 (00:09:27,309) Interviewer:
179 okay okay so uh what is your overall opinion of the transport infrastructure in Helsingborg like
180 bus train cycle path uh?
181
182 (00:09:35,629) Interviewee 01:
183 Yeah, it's really good. It's really amazing. It's really good. I actually appreciate this.
184
185 (00:09:43,629) Interviewer:
186 Okay, okay. So, now, can you describe this experience compared to your home country?
187
188 (00:09:52,629) Interviewee 01:
189 My home country, in my home country, public transport is also good, but our problem is that
190 we do not have a scheduled transport. Let's say there's a bus schedule. They doesn't back down
191 the proper scheduling. Also, you cannot go all the places with the bus. Sometimes you have to

192 need a Three-wheeler or this kind of things to go some places. These are the problem especially
193 the schedule is the main problem.

194

195 (00:10:24,090) Interviewer:

196 Okay, so you like this time scheduling and the traffic So let's come to the sustainability
197 awareness. When choosing how to travel, what factors are more important for you? Is it cost-
198 effective, comfort, hassle-free, or do you think of environment-friendly?

199

200 (00:10:53,529) Interviewee 01:

201 I prefer more the cost-effectiveness. To my experience, I think the bus transport is very, I mean,
202 within the city, it's affordable, but this long travel, the train transportation, it's very costly to
203 me. I mean, it's super costly. Also, the comfort, I mean, in the bus, I think sometimes it becomes
204 too crowded.

205 I think, I do not know why, maybe they do not have enough bus, let's say, on the peak time.
206 Let's say, when is the office time, when is the end of the office time. This time, also the school
207 ending time, this time maybe they don't have enough, And that's why it's become too crowded.
208 If you have small kids, it's difficult for kids to travel.

209

210 (00:11:44,990) Interviewer:

211 OK. So have you noticed that compared to your country here, environmental sustainability is
212 discussed and practiced more widely in Sweden than in your?

213

214 (00:12:01,710) Interviewee 01:

215 In Sweden, this environmental friendly vehicle, I see very often. I mean, most of the, I mean,
216 not most of the, I mean, lots of cars, and lots of buses, they use that environmental friendly, but
217 when they, who else, that is very impressive also. That's why the weather is very neat and clean,
218 and the air is very fresh here compared to my country, so.

219

220 (00:12:28,509) Interviewer:

221 Then, so, then, are you, have you been influenced by this sustainability practice here? Are you
222 trying to think in your day-to-day work or decision-taking, buying anything?

223

224 (00:12:45,490) Interviewee 01:

225 Yeah, I mean, this thing influences your life, definitely. So, when you see that everyone is, let's
226 say, public transport, inside the public transport, and they use the sustainable things, recycling,
227 everything, So that impacts our daily life as well. Usually, I'm from a country where this type
228 of things is usually less, I mean, government is focusing on, so people are focusing on that first.
229 After coming here, in the beginning, maybe it takes time, but eventually, you also will have the
230 same habits. So you always think about how to make everything more sustainable, even inside
231 the home, how to balance this kind of things inside your home as well. So I think this makes
232 you in a daily life practice as well.

233

234 (00:13:34,850) Interviewer:

235 So if your job status or visa status change positively in future, will you still continue life here
236 without a car?

237

238 (00:13:45,850) Interviewee 01:

239 I think car, yes public transport is good, But sometimes this car or vehicle, it makes life more
240 comfortable, more easy. Let's say in a very bad weather, I need to go some places. And I cannot
241 do this in public transport because of the bad weather, which can easily be done in the, let's say,
242 in the snow time. So it's very the road is very slippery it's very difficult to move from home to
243 the bus stop home to the uh that's the office where i go usually by walk so in this cases i mean
244 car will take lots of comfort also if you have a small kid it will help give you a lot more benefit
245 i mean to to continue to have your life you see okay uh and for these cases i prefer the balance
246 i mean using both cars and public transport that i prefer so let's say if i travel alone i do not
247 think i need a car but if i travel with the family i think it's good to have a car.

248

249 (00:14:56,129) Interviewer:

250 thank you and lastly uh do you have any suggestion for Skane Traffican as a service provider
251 uh for the city's government and to support families who live without a car

252

253 (00:15:07,049) Interviewee 01:

254 I think the one thing they can help really which is the cost i mean i think they can reduce the
255 cost of this public transport. Because uh you see that it's very costly. if you buy a day tickets if
256 you if you if you go let's say if i go to Helsingborg tomorrow for example for a single trip
257 which is very costly you can people doesn't want to move sometimes because of thinking about
258 the cost so i think government can take care of this.

259

260 (00:15:37,409) Interviewer:

261 okay uh is there anything uh we haven't discussed do you think it's important for uh for this
262 topic uh is there anything you would like to share okay thank you very much for uh sharing
263 your experience thank you so much

Interview 02

(00:00:00,880) Interviewer:

Hey, first of all, I want to thank you for participating in the interview before we get started. We greatly appreciate your opinions and life experiences, which benefit to our study. And the interview is a part of our study to gain further insights and explore new phenomena regarding How South Asian immigrant families perceive current car-free mobility and the long-term adaptability in Helsingborg, Sweden. So, you have the freedom to decline participation at any moment or to decline any questions that you don't feel comfortable with. And also the interviewee is intended to be anonymous and all the efforts have been made to ensure so.

The data collected will be used only for our project and only accessed by our research group members and our teacher. Also the data will be stored securely and aggregated data will be retained until our course is graded and also it will not be shared published or distributed to any way other than our research project.

so let's get into our interview, first of all can you tell me a little about your family and how long you have lived in Sweden?

(00:01:22,609) Interviewee 02:

yeah first of all thank you for choosing me for your assignment and I'm my name is Shashika Navodi. I'm coming uh I'm from Sri Lanka we have moved to Sweden one and a half years before with my husband and my kid and I'm a student my husband has a work my husband is a working as a cleaner in a Swedish company.

(00:01:55,439) Interviewer:

Okay um so uh how old your kid ?

(00:02:00,120) Interviewee 02:

uh he's uh just six years old uh-huh

(00:02:05,980) Interviewer:

So can you tell me uh about your husband's profession a little bit ?

(00:02:30,240) Interviewee 02:

34 uh he's uh working as a cleaner in a Delco company and normally he has uh five days working
35 and uh weekdays uh of two off days he have .

36

37 (00:02:35,740) Interviewer:

38 So, do you do any job or anything?

39

40 (00:02:38,710) Interviewee 02:

41 Yes, instead of my studies, I am working as a warehouse assistant on my free schedule time.

42

43 (00:02:40,330) Interviewee 02:

44 So, can you describe accessibility to transport services and daily services in your
45 neighborhood?

46

47 (00:02:48,009) Interviewee 02:

48 Most of times uh the special thing is uh we are living in uh close to the town area city area in
49 here we call the centrum. So at that point we don't get uh we have a very easy reachable to our
50 groceries and my kids school and like that and his play areas everything okay it's very close to
51 the town.

52

53 (00:03:23,490) Interviewer:

54 So uh can you explain a little bit about how you manage your mobility before coming to
55 Sweden?

56

57 (00:03:28,490) Interviewer:

58 Well as I told I'm from Sri Lanka and in my country also we use a motorcycle because it's very
59 convenient to move with the huge traffic within a huge traffic to our offices so it's we didn't
60 use the car even in our Sri Lanka in our home country.

61

62 (00:03:52,519) Interviewer:

63 So can you describe a typical work day in terms of how your family moves around the city or
64 your work and studies?

65

66 (00:04:08,919) Interviewee 02:

67 Actually, we have mainly we have my university works and my my warehouse work and has
68 other than my husband work duty office work and um normally we are doing groceries and
69 weekends we are go for a playground for my kids and at the time when sometimes we are going
70 for dinner out as well as in the weekends.

71

72 (00:04:41,639) Interviewer:

73 So in that case are you using the public transport or you do it by walking or what are you going
74 to do?

75

76 (00:04:49,329) Interviewee 02:

77 uh no normally we are using the buses for a short distance and if something we are going a
78 little bit more we go for a train as well.

79

80 (00:05:06,850) Interviewer:

81 Okay So uh would you describe car free mobility as something positive challenging or
82 necessary or Something else?

83

84 (00:05:21,930) Interviewee 02:

85 could you repeat that again ..

86

87 (00:05:24,420) Interviewer:

88 Yeah, .I'm asking whether since you are not having a car so is it something challenging or
89 positive or what do you think about it do you like it or is it affecting you?

90

91 (00:05:34,810) Interviewee 02:

92 Actually up to now we didn't face such kind of difficulties because than our home than our
93 home country like Sri Lanka we in Sweden they have very good transportation service and
94 especially the timing they have in Swedish people are more concerned about the timing and it's
95 very uh helpful for us to manage our time schedule as well as and to reach some places or in at
96 the correct time we can reach uh like on time we can reach the places and when so many people
97 are using vehicles, than public transport that may cause sometimes, it will help to make the
98 pollution also. But uh in Sweden people uh i saw especially in Sweden they highly use uh the
99 cycle as well as so i think uh we can survive in Sweden without the car.

100

101 (00:06:55,240) Interviewer:

102 okay so uh has your understanding of car free mobility changed since moving to Sweden
103 Helsingborg compared to your country?

104

105 (00:07:10,160) Interviewee 02:

106 In our home country if some person has a car it's a it's considering like there he's a rich person
107 but in Sweden not like that there is in in Sweden i can see there is no any uh hierarchies
108 everyone the equalities here more in Sweden so not having or having a car that won't be a issue
109 I have seen some teachers professors as well as doctors also coming bicycle and it's good for
110 their health and for a better life as well as it's very convenience.

111

112 (00:08:05,910) Interviewer:

113 Okay so uh what are the main transport options you rely on your daily life?

114

115 (00:08:13,689) Interviewee 02:

116 My husband and myself are both using a heavily used train and bus as well as we have a bicycle
117 Too

118

119 (00:08:24,870) Interviewer:

120 a foot cycle, yeah okay so how do you experience the transport infrastructure in Helsingborg?

121

122 (00:08:35,440) Interviewee 02:

123 Well I really appreciate that in Sweden because in Sweden separately have a vehicle the cycling
124 path and the walking routes for other persons rather others who not using a vehicle. So that is
125 very good uh when when our kids also can walk individually by walking routes. So we in Sri
126 Lanka we don't have such a kind of two separate things we have only the pedestrian pedestrian
127 paths but for the cycle even go for main road and they have faces more accident when they are
128 journey.

129

130 (00:09:24,500) Interviewer:

131 So but are there any specific routes or places that you feel difficult to manage with without a
132 car? have you have you encounter with such situations specific places that you find difficult to
133 manage without a car?

134

135 (00:09:39,620) Interviewee 02:

136 Up to now we did not face such kind of things okay every places i could freely reach.

137

138 (00:09:42,186) Interviewer:

139 okay so uh what about the weather conditions here? The winter and the rain how does it affect
140 to your daily mobility?

141

142 (00:10:00,759) Interviewee 02:

143 yeah at that point we can we have some issues. Because in especially in rainy days and the
144 snowing days I have to take my kids to school in a very cold weather with the very cold weather
145 if I if I could have a car uh my kid will be very safe and I could keep him a warmer but the
146 thing is the when we consider the the special thing is at the other point is uh when they uh the
147 main roads uh snowing or snow are clear by the government but not the walking paths so at
148 that point when we are going through the walking path sometimes it will a little bit difficult to
149 walk in the walking path.

150

151 (00:11:11,340) Interviewer:

152 okay so what about the tools and technologies do you use the other how they affect your
153 traveling ?

154

155 (00:11:22,080) Interviewee 02:

156 we really like the Skane Traffican on net and I heavily use Google Maps rather than Sri Lanka
157 in Sweden it gives the the Google Maps give the correct way to reach the our destination and
158 especially skane traffic on clearly they have indicated time even single minute even they have
159 clearly mentioned and it's Very convenience.

160

161 (00:11:55,649) Interviewer:

162 yeah okay so with the language do you face any difficulties?

163

164

165 (00:12:03,370) Interviewee 02:

166 No, It's in English I can use it in English so it won't be a issue for us.

167

168 (00:12:11,610) Interviewer:

169 okay so what kind of skills and knowledge do you think are important for managing daily travel
170 without a car ? yeah what kind of skills or knowledge do you think that are important for
171 managing daily travel without a car? So you are using app is it the only thing that is if not can
172 you cycle or are you familiar with cycling.

173

174 (00:12:49,220) Interviewee 02:

175 I use the Skane Traffican app it shows everything for me in it with the convenience and the late
176 trains as well as the late trains.

177

178 (00:13:01,100) Interviewer:

179 okay so don't you use the bicycle bicycling here?

180

181 (00:13:08,139) Interviewee 02:

182 very rare my husband do the cycling.

183

184 (00:13:11,500) Interviewer:

185 but you don't have the skill of cycling. is that?

186

187 (00:13:16,420) Interviewee 02:

188 I have but i'm freely comfortable by walking.

189

190 (00:13:23,529) Interviewer:

191 okay so is your the kids school nearby?

192

193 (00:13:28,424) Interviewee 02:

194 I can go by bus even but i usually go by walk, with my kid.
195
196 (00:13:37,470) Interviewer:
197 okay how did you learn to plan the routes and manage time and deal with the delays especially?
198
199 (00:14:40,879) Interviewee 02:
200 As a practice, I usually check one day before the train schedule if i have a some scheduled
201 places to go as well as the if it's a new place i always check the google maps map even how to
202 get reach of the place and not only the the previous day i usually look the if if i schedule uh
203 this is the time i have to go it's like about example uh we should i have plan to go uh by 10 or
204 is there a train by 10 in the morning same day morning also i check the same train again and if
205 there is anything delay or something like that it's indicate if it is something like there i can go
206 uh prepare by early.
207
208 (00:14:48,500) Interviewer:
209 okay so uh do you purchase tickets tickets on the spot or earlier do you purchase?
210
211 (00:14:58,100) Interviewee 02:
212 usually I buy ticket earlier and activate when the exact time come.
213
214 (00:15:05,259) Interviewer:
215 okay so to what extent do you think the language and the familiarity with digital apps at value
216 or difficulty in managing mobility?
217
218 (00:15:21,529) Interviewee 02:
219 it's very convenience we can use it in English so though we don't have much more convenience
220 about Swedish language, the English will be we can manage with English.
221
222 (00:15:30,950) Interviewer:
223 okay when it comes to daily trips like school drop-offs shopping appointments to doctors and
224 all who is responsible for for this transportation?
225

226 (00:16:07,350) Interviewee 02:

227 no in uh in our family we both do the uh traveling managing our free time schedules can you
228 explain a little bit yeah if my husband works uh if he has a anything special work i'm i'm taking
229 my kids for his uh clinic and all the things uh if i have a university day or some kind of a special
230 work my husband will go for that.

231

232 (00:16:12,809) Interviewer:

233 okay so how do child care responsibilities influence to you when planning on your
234 transportation?

235

236 (00:16:47,370) Interviewee 02:

237 normally yeah yeah usually I am the one who take my kids to school by walk and my husband
238 get duty off earlier so in the evening he can, he is the one for my kid collect my kid if I am if
239 he is getting late if I am available normally I go and collect my kid.

240

241 (00:17:02,480) Interviewer:

242 Okay. So, do you feel that transport services, schools and workplaces work well together for
243 families like those who are not with a car?

244

245 (00:17:31,049) Interviewee 02:

246 Yes. Especially in Sweden, very good scheduling time their transport having. So, it's very easy
247 for us to manage our daily life as well as. For school uh and there are some school buses oh
248 and they are like that.

249

250 (00:17:34,299) Interviewer:

251 And what about the workplaces you are working Or your husband working is it comfortable
252 without a car?

253

254 (00:17:56,500) Interviewee 02:

255 yeah yeah he can easily reach uh his duty places uh without having a car because uh usually he
256 can use both the way even buses or even a train he can use.

257

258 (00:18:06,500) Interviewer:

259 he's not using cycling for you his work?

260

261 (00:18:21,630) Interviewee 02:

262 no no not for the work.

263

264 (00:18:06,500) Interviewer:

265 why is it far away or something?

266

267 (00:18:25,130) Interviewee 02:

268 no it's uh it's it's another responsibility no so he can freely uh end his journey with the train or
269 by bus.

270

271 (00:18:28,009) Interviewer:

272 okay so let's move to another part. So are there any important life changes that affected your
273 mobility needs?

274

275 (00:19:20,630) Interviewee 02:

276 yeah it's there when when we are moving for a place someplace to another place that will be a
277 problem because uh when when we we have to move our stuff uh changing homes yeah one
278 place to another place no so at that point we could have difficulties but uh in here we can give
279 that facility to one of our moving company we can get one of our moving company assistant
280 no uh since my husband uh can drive we can hire a trailer and we can move that our stuff to a
281 new place.

282

283 (00:19:34,220) Interviewer:

284 so can i ask something about the emergencies with hospitals and all with your kid and so were
285 there any difficulty without a car ?

286

287 (00:19:43,309) Interviewee 02:

288 yeah and the special thing is we have that uh on call we can get a nurse's assistant also no that
289 double one double seven facility and i can get that help and.

290

291 (00:19:47,230) Interviewer:

292 Have you ever got that help ?

293

294 (00:20:06,809) Interviewee 02:

295 yeah okay only one time i could get their assistant and if something happened we can go
296 emergency very quickly with by your by bus or train.

297

298 (00:20:08,175) Interviewee 02:

299 Okay, So that means you were satisfied with that emergency Service emergency service yeah
300 but uh i really like the emergency service but not the whole entire uh the medical medical
301 system okay yeah according to my home country uh-huh okay.

302

303 (00:20:12,079) Interviewer:

304 So when choosing how to travel do you concern about the environment or or any other factors
305 that are important to you?

306

307 (00:20:28,799) Interviewee 02:

308 Though there are environmental issues, we highly concern about the expenses because when
309 rely on the expenses. We have to consider the our earning and what are what are our expenses.
310 So if we have a vehicle we have to do parking and if something happens if mistakenly or
311 something happen we have to get they fine us. Then it will be very cost. So without having any
312 issues and having any risk the public transport is better i think .

313

314 (00:21:33,359) Interviewer:

315 So um have you noticed differences in how sustainability is discussed or expected in Sweden
316 compared to your home country?

317

318 (00:21:42,569) Interviewee 02:

319 Uh yes uh as my home country Sri Lanka it's an Asian country uh it's we are still developing
320 so we have a concern about sustainability but we can't not really work on it but Sweden not
321 like that they are well high concern and they are highly work on the sustainability uh so it's uh
322 Sweden is very good at uh sustainability.

323

324 (00:22:25,160) Interviewer:

325 so uh do you think that you will continue your life without a car because when you uh if you
326 are having a good job and better financial condition even do you think you will not buy a car?

327

328 (00:22:40,599) Interviewee 02:

329 yeah up to now i'm not considering we are not considering about a vehicle we we really uh rely
330 on not on a big it's not a big issue for us not having a car.

331

332 (00:22:52,269) Interviewer:

333 What about the future i'm suppose that you are having a good job and also a good financial
334 portion for your both both both the husband and wife so at that moment also don't you think to
335 buy a vehicle?

336

337 (00:23:07,039) Interviewee 02:

338 yeah even in Sri Lanka also we did a good job. but we didn't use a car. so i think we may not
339 go for a car. Because especially the free transport and very convenient transport as swedish we
340 can find in Sweden.

341

342 (00:23:33,519) Interviewer:

343 So that means even though you are having a swedish driving license you won't be targeting a
344 car?

345

346 (00:23:53,230) Interviewee 02:

347 okay yeah ,maybe not

348

349 (00:24:30,119) Interviewer:

350 Are there any situations where owning a car might be might become necessary?

351

352 (00:25:02,599) Interviewee 02:

353 yes sometimes we feel if i we have a car that will be a good for our living condition but when
354 considering this the cars maintain and maintenance cost and the insurance payment fuel fuel
355 pay surcharges and full payments if if something it's Swedish Swedish people are very uh

356 concerned about the rules and regulations if we do something wrongly they will fine us with a
357 huge amount of money and it will can't bear up us so if we have a car we have to change winter
358 tyres we have to purchase them so if we have a car, I suppose we have to face some other kind
359 of difficulties.

360

361 (00:25:25,390) Interviewer:

362 okay so um so what would you need to change you think that to live this car free mobility in
363 order to be car free in your life? what are the things you think that that need to be changed are
364 there anything there in sweden yeah?

365

366 (00:25:25,390) Interviewee 02:

367 Uh not really i think um in Sri Lanka uh we have uh we have buses but uh not the trains are
368 very rare and there are no times exact time schedules and all the things but considering uh uh
369 they're considering to Sri Lanka, Swedish has very good transportation service and good Skane
370 Traffican system to check with the schedules and the train trains and buses are all coming to
371 the exact time so i didn't uh i don't think there are much more thing to improve.

372

373 (00:26:08,059) Interviewer:

374 Okay um but are there any anything about your daily mobility experience that we haven't
375 discussed yet but you consider that are important experiences with the transportation here?

376

377 (00:26:23,505) Interviewee 02:

378 yeah uh i would tell the most important thing is uh i could see here in sharing tickets it's very
379 good for cost saving and we can purchase tickets through app we didn't do before in Sri Lanka.

380 (00:26:38,175) Interviewer:

381

382 how do you do do there?

383 (00:27:59,930) Interviewee 02:

384

385 we normally use heavily use currencies currencies and sometimes coins heavily we have to
386 take coins for changes like that it's very easy to use this app in Sweden.

387 (00:26:40,125) Interviewer:

388

389 that means cashless?

390 (00:27:26,460) Interviewee 02:

391

392 yes that is a very good facility for a better life and Swedish people are not that most of most
393 the horrible thing is i could see here is um the Swedish peoples are not sitting next to the some
394 others even in a even a public transport. They always try to keep try to be lonely and be separate
395 actually we didn't know about that at the time of coming to Sweden and we used to sit what the
396 seats are available we just sit down on the table with the chairs so that is a very disappointed
397 thing but we are not doing in our home countries. Like thing we are all welcome.

398

399 (00:28:20,490) Interviewer:

400 okay so uh is there anything that you'd like the planners and the service providers to understand
401 better when when there are families without a car?

402

403 (00:28:56,660) Interviewee 02:

404 actually when comparing to my my home country Sri Lanka it's nothing to say to develop
405 again in in Sweden because since this is a developed country it's all in a well developed and
406 well good good all are in good condition condition.

407

408 (00:29:00,420) Interviewer:

409 so uh what about the School buses and have you used the school buses here ?

410

411 (00:29:32,750) Interviewee 02:

412 no, not yet but i saw there are school buses some coming to my kids school and in in our home
413 country we are not allowed our kids to go alone but in sweden i saw there are there are a lot of
414 kids going uh alone through their school times in school buses alone.

415

416 (00:29:47,190) Interviewer:

417 So you notice it as a good point. Yeah, yeah, yeah. Okay, so are there anything remain that you
418 want to express for our interview regarding that is good?

419

420 (00:29:54,930) Interviewee 02:

421 Yes, yes. It's a good one and I'm also highly it's a very interesting part. Okay, yeah

422

423 (00:30:17,190) Interviewer:

424

425 If you have any of your opinions or anything you want us to tell you can actually feel free to
426 convey connect with us. So thank you for your time and your experiences and your thoughts
427 are very important to our study and thank you so much again thank you.

Interview 03

(00:00:02,730) Interviewer:

Before we get started, thank you so much for participating in this interview. We greatly appreciate your opinions and life experiences which will benefit our study. This interview is a part of our study to gain further insights and explore new aspects regarding how South Asian immigrant families perceive current car-free mobility and long-term adaptability in Helsingborg, Sweden.

You have the freedom to decline participation at any moment or to decline any questions you don't feel comfortable answering. The interview is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used only for our project and accessed only by our research group members and our teachers.

The data will be stored securely and the aggregated data will be retained until our course is graded. It will not be shared, published or distributed in any way other than our research project. So, can you please tell me a little about your family and how long you have lived in Helsingborg?

(00:01:16,719) Interviewee 03:

I have been in Helsingborg for almost 5-6 years. I am living with my wife and daughter. She is around 4 years old. She will turn 4 in this April.

(00:01:34,489) Interviewer:

So are you considering settling here in future?

(00:01:38,829) Interviewee 03:

I am Dipanjan, I am staying with my family here, my wife Sudipta and my daughter Ishani.

(00:01:51,489) Interviewer:

So are you considering settling here in future?

(00:01:55,109) Interviewee 03:

Yes, considering settling here in future. Mostly I see better future for my daughter here.

34 (00:02:03,290) Interviewer:

35 Can you tell me about your profession and how far is it your workplace and all?

36

37 (00:02:07,909) Interviewee 03:

38 Yeah, I'm working as an IT consultant. My workplace is in central Helsingborg near the
39 Helsingborg Central Station.

40

41 (00:02:19,909) Interviewer:

42 So do you have to travel every day or you are working from home? Is there any facility like
43 that?

44

45 (00:02:26,909) Interviewee 03:

46 I mostly travel every day to my work because I'm working in a, what you call, a payments lab.
47 There are hardware dependencies that I need to travel to work every day. Once in a while maybe
48 I'm working from home but mostly I'm traveling every day.

49

50 (00:02:46,729) Interviewer:

51 So living here without a car, is it voluntarily or due to any constraints like Swedish driving
52 license or affordability or something like that?

53

54 (00:02:55,939) Interviewee 03:

55 Initially, it was voluntary. I have been staying in Sweden for six years, but my family only
56 joined me two years back. So when I was living alone, I didn't feel the need for the car because
57 in general, I mean, Sweden included, Europe is very good in public transport, I could manage
58 everything without a car. Of course, after my family joined, then slowly I am feeling the need
59 for the car. But in that case, yes, there are some constraints coming up now, the driving license,
60 and it's quite expensive. Not the license, but the the tests, I mean not the tests, training and all,
61 because mostly for my case is I have been driving in India, I am from my home country and I
62 have been driving for almost 15-17 years.

63 The process of unlearning is very difficult here because the way we are habituated to drive in
64 India, I feel probably who is getting the license first time in Sweden is getting it faster than
65 people who have already been driving there. So they take more classes and then the time
66 constraint that I said that I usually go to office every day. So getting into classes and continuing
67 with it, pursuing it becomes difficult but I have started now and probably I will be getting it.

68

69 (00:04:32,379) Interviewer:

70 Okay. So what kind of transport did you use in your home country? Is it public transport or a
71 private car?

72

73 (00:04:39,379) Interviewee 03:

74 No, in home country I mostly used car or bike.

75

76 (00:04:44,379) Interviewer:

77 Ok, so could you describe all the daily tasks that you and your family need to do and how do
78 you manage them without a car, just like groceries, school, work and day care and all?

79

80 (00:04:57,139) Interviewee 03:

81 Yeah, I mean daily thing is as one of them is travelling to work and groceries, groceries also I
82 manage by public transport but both me and my wife like to go to different grocery stores for
83 different things in that case it becomes a little difficult if it's a one-stop shop like you go walk
84 into a supermarket and get everything that's not that difficult if you plan it properly I mean
85 distribute the heavy loads otherwise it's difficult and as for my daughter she is in Forskolan
86 which is pretty near to my place I don't need a car for that but she is growing up when she is
87 going to different activities then you feel the need for a car specially to as I said when I was
88 alone I didn't need the feel the need because one of the reason was time was not of essence for
89 me now time becomes essence so going to a grocery store or to activity planning one hour
90 before buses and all then it becomes different difficult before it's like okay I will go and look
91 at whatever time it takes now it's like okay definite time and all of that that is becoming
92 difficult.

93

94 (00:06:20,649) Interviewer:

95 so what kind of weekend trips does your family usually take do you take any long-distance
96 trips or any shopping malls or something like?

97

98 (00:06:34,930) Interviewee 03:

99 Yeah mostly we'll be out for like malls and groceries and all and that that is also a thing with a
100 car I mean traveling for pleasure is easier you want to go to some places to visit which are not
101 accessible by traffic public transport and especially if you are alone or even if you don't have a
102 kid you can walk for long distances and it's good to walk in Sweden but toddlers or kids can

103 manage that so that also becomes restricted there are a lot of places that you can visit around
104 for relaxation that becomes difficult without a car

105

106 (00:07:21,409) Interviewer:

107 Do you have used any option just like car sharing something like?

108 (00:07:31,170) Interviewee 03:

109

110 no not really

111 (00:07:31,409) Interviewer:

112

113 okay um what transport options do you mainly rely on daily life is it buses ,trains, bicycles?

114

115 (00:07:32,089) Interviewee 03:

116 mostly buses and i must also mention uh sweden In Sweden, if you have the city pass, it is
117 quite okay within the city, but it is quite expensive to go even outside the city, near cities like I
118 am staying in Malmö if I want to go to, sorry, I am staying in Helsingborg if I want to go to
119 Malmö or Landskrona or Lund, then it's quite expensive as a whole family car is very good
120 option in those cases.

121

122 (00:08:06,490) Interviewer:

123 What about riding bicycles? you have right cycling skills or would you like to learn?

124

125 (00:08:10,909) Interviewee 03:

126 i don't have a bicycle but i have cycling skills i have i was brought up on a bicycle i would say
127 so i'm quite okay with cycling but yeah i don't have a bicycle here but yeah i sometimes use
128 those electric scooters.

129

130 (00:08:25,269) Interviewer:

131 so what do you think that your wife would be able to cycle or does she like to use the bicycling
132 for accompanying your kid to school or something like?

133

134 (00:08:43,519) Interviewee 03:

135 Bicycling for um and entertainment i would say sometimes occasionally is okay with her but i
136 don't think she will be too keen to make it into a daily habit or like work purposes and she is
137 totally against learning driving

138

139 (00:09:05,039) Interviewer:

140 okay so what's your opinion or experience about scone traffican app and online ticket
141 purchasing ticket sharing features and all?

142

143 (00:09:10,220) Interviewee 03:

144 yes skane traffican is very good I don't have any complaints about the features but I do have
145 complaints about the cost skane traffican if you see is expensive compared to other I mean no
146 I don't know all other countries but some countries that I visited they have good options for
147 daily day pass or two day pass.

148

149 (00:09:40,049) Interviewer:

150 Okay so how do you learn to plan routes and manage time and deal with the delays do you
151 have any experience you can share ?

152

153 (00:09:54,929) Interviewee 03:

154 not really I mean I generally plan it on this corner trafficking app only i try to see connections
155 where to where i can go and in that case corner trafficking is quite good compared to other
156 transport apps from other countries or cities it gives you quite comprehensive timing but the
157 delays yes sometimes delays makes you miss connections and those are you handle it as it
158 comes i don't know how to do that.

159

160 (00:10:23,470) Interviewer:

161 okay so um what about what about the daily trips like school drop-off and hospital
162 appointments who is responsible for this transportation and how do you manage it without the
163 car?

164

165 (00:10:37,129) Interviewee 03:

166 i have managed it till now i didn't face any issues because i mean hospital and obviously by
167 public transport but recently i faced one incident when i hurt my knee and then i had to take

168 the One day I asked my friend to drop me off, but in those cases it becomes difficult, especially
169 in hospitals or medicals if you are not, mobility is an issue and then it becomes difficult.

170 My daughter also didn't have any issues where I had to take her to hospital or doctor in an
171 emergency where I have to carry her in those cases but yes if those happens then it is an issue
172 because of course if it's an like emergency you can call up an ambulance but normal
173 appointments where you have to carry then it becomes difficult.

174

175 (00:11:38,590) Interviewer:

176 okay do you feel that transport services and schools hospitals workplaces work well together
177 for families who are living without a car? Are these are these places feel supportive to you?
178 Yeah, that means the workplaces and hospitals since you are not having a car so is it manageable
179 or you are feeling comfortable with dealing with these places ?

180 (00:11:38,590) Interviewer 01:

181 Then they are near buy?

182

183 (00:12:12,409) Interviewee 03:

184 Yes It depends, it's very case to case, like for office I don't, I mean till now I didn't feel any
185 issues because as I said it's near Helsingborg Central, but for hospitals, especially the main
186 hospital, Lazzaret, if you see Lazzaret bus stop is there but the complex is quite big, so
187 anywhere you get down from the bus stop you have to walk a little, and in case or medical
188 things, that becomes a bit problematic and of course I mean other things but as I said it's case
189 to case, exactly where am I going it matters, that's how, but yes there are certain places where
190 you might have to walk minimum one or one and a half kilometers because there are no nearby
191 bus stops.

192

193 (00:13:07,350) Interviewer:

194 How do you think the weather conditions just like the winter and the rain affect your daily
195 mobility without a car?

196

197 (00:13:13,649) Interviewee 03:

198 Summer of course no problem for me personally winter is problematic but not so much because
199 I can manage winter I like I mean I can manage cold not a big problem for me but for my family
200 and kids it's problematic of course especially when is heavy snow that we experience this year
201 Then it becomes difficult.

202

203 (00:13:43,470) Interviewer:

204 Have you experienced any discrimination while using the public transportation by another
205 passenger, driver or ticket Checkers?

206

207 (00:13:56,460) Interviewee 03:

208 Not really. I mean initially when I came to Sweden it was very surprising to see that people
209 don't sit beside you. It felt like discrimination then I understood it's not discrimination, that's
210 how they are. They don't even prefer sitting beside each other. I mean as coming from India
211 that was very surprising for me, empty seats.

212 But mostly I have seen 90% people and of course we have also started doing the same. If there
213 is one person sitting in a seat then 90% is there, nobody else will be sitting beside you unless
214 you know them. So I wouldn't say that's a discrimination, that's the way how it is here.

215

216 (00:14:40,990) Interviewer:

217 Okay, so what is your overall opinion of the transportation and infrastructure in Helsingborg?
218 Just like the cycling paths, walking routes and...?

219

220 (00:14:51,990) Interviewee 03:

221 Yeah, yeah, that's very good. Cycling paths and walking paths are very good. You can mostly
222 access most of the places and public transport, sometimes I feel in certain routes or after certain
223 time, it's frequency is less. Sometimes, especially on weekends, it's sometimes like half an hour.
224 If you miss a bus, then it's half an hour or something. So, frequency, especially in certain routes,
225 then it becomes difficult. See, there is, like I am staying near Raghunwala there is one bus that
226 goes that way so in that case you don't have any other option than to it but other places like
227 Central's Helsingborg because you have multiple overlapping buses mostly okay if there is a
228 freaking frequency of one bus then you can take another bus then otherwise it's difficult.

229

230 (00:15:53,840) Interviewer:

231 You live here without a car so how would you describe that experience compared to your home
232 country?

233

234 (00:16:02,860) Interviewee 03:

235 home country i mean see where you live you adjust yourself to that place home country without
236 a car it's not that difficult but of course you get limited to you don't go places where you can't
237 go without a car but you get everything around you it's quite sometimes in my home country

238 having a car or driving a car is more liability than not having one I would give you an example
239 my office was eight kilometers from my home if I would have the day I used to take the car to
240 office it would take like one hour one and a half or twenty minutes for me if I go by bike it
241 takes 40 minutes so in those cases you get the comfort but it's liability because of the traffic
242 jams and all so yeah home country not you it doesn't matter i mean you have you can
243 accommodate the way of life there if you don't have a car then also you can do it and you if
244 you have a car there also you can do it and another thing yes here one thing if you don't have a
245 car sometimes transportation in the sense transportation of goods is difficult groceries you can
246 manage but you want to buy something let's say from IKEA you can't bring home without a car
247 or and as you as you are comparing with home country India as i am from you can get what
248 you say goods transport are very cheap and easily here you can't get that right you can't hire it
249 let's say lorry or truck just like that it will be quite expensive for small things and also of course
250 it's not that easily available.

251 (00:18:24,460) Interviewer:

252

253 so uh are you aware of the trailers that can be hired here?

254 (00:18:24,610) Interviewee 03:

255

256 not many i'm not aware of many traders and there are I know but they are expensive and they
257 are small let's say by a small coffee table okay bringing it home will be more expensive than
258 buying it.

259

260 (00:18:25,660) Interviewer:

261 okay do you think not having a car relates to social status in your country and here. How do
262 you think?

263

264 (00:18:31,210) Interviewee 03:

265 in India it does of course it does social status here not not really, I have seen so many people
266 who are consciously didn't take a car and they use public transport but not much yes but the
267 social status as you are doing this research on South Asian immigrants probably in that close
268 community there is some this thing about but in general in Sweden I don't think that's a social
269 status thing.

270

271 (00:19:07,349) Interviewer:

272 Okay, when choosing how to travel, what factors are more important to you, is it cost,
273 comfortable or environment, something like, what do you think?

274

275 (00:19:22,490) Interviewee 03:

276 Of course, both, you have to balance both, so cost and comfort. Cost of course comes first,
277 because if cost isn't there, then I can just take a taxi everywhere, But I try to use public transport
278 and then if I am travelling for some particular thing, work or something, then I have no choice
279 but if I am travelling for pleasure, I try to offset my timings to go on off office hours or less,
280 when it's more comfortable to travel.

281

282 (00:20:01,710) Interviewer 01:

283 So do you think about environmental friendly vehicles for choosing how to travel? I mean have
284 you thought of these type of vehicles that should we use that that decrease the carbon emission
285 and environmental.

286 (00:20:22,409) Interviewee 03:

287 I must be honest, yeah I don't really

288

289 (00:20:37,789) Interviewer:

290 so have noticed that environment sustainability is discussed and practiced more widely in
291 sweden yes than your native country so do you have any uh thoughts of it

292

293 (00:20:52,609) Interviewee 03:

294 uh as i said i mean when i'm traveling by public transport i don't really think about it specifically
295 in public transport ways but but coming from a South Asian country, especially India, that's not
296 the first thing that comes to my mind. But I try to, what do you say, do it a little bit consciously,
297 like let's say for your waste disposal and all, but not for transport and all.

298 I mean, I would go for the cheaper one, of course. I mean, I haven't, I must be honest, for
299 example, I have seen, you know, here this power companies are there, right, they have less
300 carbon emission, some have less carbon emission, higher prices, which have higher prices, but,
301 sorry, lower prices, but more carbon emission.

302 I have seen my colleagues, Swedish colleagues, they choose those service providers which
303 consciously even though are higher priced but me and 99% of the people from India I know
304 they go for the lowest price they don't go for that less carbon emission and for public transport
305 first of all I am not sure which is less public transport carbon emission transport and I haven't
306 given a conscious for it actually.

307

308 (00:22:23,420) Interviewer:

309 If your job status and visa status change positively, will you still continue your life here without
310 a car?

311

312 (00:22:34,859) Interviewee 03:

313 No, no. I am going to have a car. As I said, I have started getting process for getting a Swedish
314 driving license.

315

316 (00:22:43,980) Interviewer:

317 So is it mainly the family is with you and that is the factor you are thinking?

318

319 (00:22:49,660) Interviewee 03:

320 Yes. Mostly for my daughter. And it becomes difficult during the winters and car gives you a
321 car saves a lot of time that is the thing that public transport cannot compete with it gives you
322 point a to point b at your own time whenever you want to public transport wherever you go
323 you have to have a buffer time before and after.

324

325 (00:23:16,529) Interviewer:

326 so what about the cost parking and and highway driving rules and regulations here what do you
327 think about them

328

329 (00:23:27,940) Interviewee 03:

330 rules and regulations are quite many I would say I won't say quite the thing is that I mean If I
331 may be candid, the thing is that driving test is quite strict but driving itself is different. Of
332 course there are rules and regulations different from India and all but I have seen people
333 flouting the many rules but during the test they are quite strict.

334 So I would say test and actual driving is a bit different, not much, but a bit different.

335

336 (00:24:09,869) Interviewer:

337 So do you have any suggestions to skane traffic and as a service provider and for the Swedish
338 government to support families who live without a car?

339

340 (00:24:24,079) Interviewee 03:

341 Yeah, the suggestion is as I said, frequency on certain routes where only one line of bus
342 available is more important and of course they should keep a check on the cost of the transport
343 especially between cities, nearby cities. See if you are staying in Helsingborg, Malmo is not
344 that far. You might have to have friends, you have to go and all but if you are traveling with a
345 family to Helsingborg to Malmo even once you almost spend like six seven hundred crores
346 which is quite expensive so city pass is good but infrequent travelers within Skåne or within
347 the region see you have Skåne pass but that only helps you when you are traveling daily but
348 who are traveling once or twice a month for them it is quite expensive

349

350 (00:25:24,569) Interviewer:

351 okay so we have come to the end of our interview so is there anything that about your daily
352 mobility experience that we haven't discussed but that you think consider important to share?

353 (00:25:36,269) Interviewee 03:

354 not really another thing yes i mean we have discussed it as we have discussed as compared to
355 my home country i would say in India the last mile connectivity what you call the last mile
356 connectivity that is once you get down from the bus stop or the train station from there to your
357 home is quite efficient you get rickshaws you get autos you guys everything the last one
358 kilometer or half kilometer whatever it is here that is non-existent so the problem is if you are
359 buying your groceries it's 10 kilos it's not a problem carrying in the bus it's quite spacious but
360 even 500 meters from the or 1 kilometer from the bus stop there is no other mode of transport
361 you have no other options then it becomes difficult working is not a problem but when you're
362 carrying some goods last mile connectivity in South Asian countries not only Indian any Sri
363 Lanka, Bangladesh whatever the last mile connectivity is always very good you can get
364 something to get to your home from the station of the bus stop because obviously you can't
365 have the bus stop or the station always at your doorstep so there will be the last mile
366 connectivity always there will be a gap which is very efficiently done in India but here it is
367 non-existent.

368

369 (00:27:02,279) Interviewer:

370 okay so thank you so much for your experiences and your thoughts you shared with us for
371 interview and have a nice day thank you.

Interview 04

(00:00:01,810) Interviewer:

Hey, before we get started, thank you so much for participating in this interview. We greatly appreciate your opinions and life experiences, which will benefit our study. This interview is a part of our study to gain further insights and explore new aspects regarding how South Asian immigrant families perceive current car-free mobility and long-term adaptability in Helsingborg, Sweden.

You have the freedom to decline participation at any moment or to decline any questions you don't feel comfortable answering. The interview is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used only for our project and accessed only by our research group members and our teachers. The data will be stored securely and the aggregated data will be retained until our course is graded. It will not be shared, published or distributed in any way other than our research project. So can you tell me a little bit about your family and how long have you been lived in Helsingborg?

(00:01:15,479) Interviewee 04:

Yeah, first of all, thank you for inviting me to this interview so actually I'm Nisansala. I'm living in Helsingborg in Brigaregatan 40 so it's almost like five years now I'm being here so I'm living with my family my husband and my daughter. my daughter is now six years old and she's going to music school in Helsingborg. my husband is also working he's working in a restaurant in Helsingborg and he's a chef and yeah I'm also currently doing two part-time jobs and yeah.

(00:02:06,870) Interviewer:

okay so are you considering settling here in the Future?

(00:02:11,370) Interviewee 04:

yeah i would like to do so.

(00:02:15,470) Interviewer:

okay so so how about the workplace of your husband is it far away Or nearby?

35 (00:02:21,370) Interviewee 04:
36 it's not so far away it's i think it's quite easy to reach because it's like two kilometers from here
37
38 (00:02:34,289) Interviewer:
39 okay so living here without a car is it voluntarily or due to any constraints like Swedish driving
40 license affordability or something?
41
42 (00:02:42,250) Interviewee 04:
43 uh can you repeat the question?
44
45 (00:02:45,178) Interviewer:
46 so living here without a car so you are living here without a car so it is your voluntary decision
47 or due to any constraints?
48
49 (00:02:52,150) Interviewee 04:
50 uh no it is my voluntary decision actually but as a result I feel like more advantages i'm
51 benefiting such as like i have no maintenance cost and i have no worries about parking
52 problems and so on and also i think for me i feel free.
53
54 (00:03:16,199) Interviewer:
55 okay so what about your husband is it the same condition with your husband or is he having
56 another opinion with us without living without a car?
57
58 (00:03:28,550) Interviewee 04:
59 actually he is in the same position i think because uh still we didn't feel any uh a strong necessity
60 for having a car because we both uh we both have like quite a short distance for our workplaces
61 and our school is our daughter's school is also uh situated in Helsingborg city. so it's not far
62 away I think it's also it's almost like two kilometers or something so I we haven't feel such
63 necessity I think that's why.
64
65 (00:04:01,889) Interviewer:

66 yeah so what kind of transport did you use in your home country. so is it public transport or a
67 private vehicle but private car?
68
69 (00:04:15,810) Interviewee 04:
70 Uh if i'm talking about my daily transportation uh i used the public buses to reach to my
71 workplace actually because i have to take only one bus to my workplace so the bus halt is also
72 very close to the home it's like 50 meters or something so i'm easily i can easily catch a bus and
73 also um after getting down from the bus also i have to walk like 150 meters maybe 200 meters
74 maximum so i didn't feel any necessity of having car or like using something like that.
75
76 (00:04:47,730) Interviewer:
77 so that means in your home country also you were carless sorry in your home country also you
78 were carless?
79
80 (00:04:52,259) Interviewee 04:
81 yeah yeah i was carless.
82
83 (00:04:57,430) Interviewer:
84 so uh could you describe all the daily tasks you and your family doing here without this car?
85
86 (00:05:19,509) Interviewee 04:
87 yeah actually if we take a typical work day usually on a weekday i start my day with school
88 drop off and then I have to go back to work as I said you earlier I am working in two places
89 currently in part-time basis so one one place is situated in Helsingborg central so for me it's
90 quite easy because the school is also in Helsingborg city and also my workplace in the same
91 same place so so the distance may be like 100 meters, 150 meters or something. So I can reach
92 there quite easily. If I talk about the other place where I'm working is, it's located in Lanskrona.
93 So for that i think it has like 17 kilometers or something maybe 80 so that it is it is away From
94 the hasingbury city so most of time what i'm doing is like i'm taking a train or a bus to reach
95 there personally i'm using my electric scooter I use that electric scooter to get into the railway
96 station and then I will take the train and after getting down from the train then also I have to I
97 have a little distance to my workplace so I used my electric scooter to reach that distance
98 because I think it's three kilometers Or something.
99
100 (00:07:03,029) Interviewer:

101 so what about daycare facilities are you using them or what about that ?

102

103 (00:07:12,209) Interviewee 04:

104 actually i don't use daycare daycare but in school there is a facility called like free tid facility
105 so i use it because um because usually me and my husband we are both working so we need to
106 safely keep her in somewhere so after school her school is finished at one o'clock and then after
107 they directly move to the free tid and after that we will pick up her like 4.30 or 5 o'clock and it
108 depends.

109

110 (00:07:53,120) Interviewer:

111 so who will be responsible for this picking up is it you or your husband ?

112

113 (00:07:56,569) Interviewee 04:

114 most of time it's me actually but sometimes my husband also doing the same thing so it depends
115 on how is our work schedule is.

116

117 (00:08:03,110) Interviewer:

118 yeah so uh what about the weekends uh how do you manage weekend trips with your family
119 do you go far away places or shopping malls or something like that?

120

121 (00:08:14,039) Interviewee 04:

122 actually in weekends we mostly go short trips actually i think because we have no time to plan
123 so much longer trips and because i think it needs more pre-planning i think because what we
124 are doing is like we have very short trips especially the places that my daughter loves to the
125 parks for an example like the dinosaur park in fredericks dalgerton and other several parks and
126 also we go to the library as well the city library so what we are doing is like for the city library
127 we are actually walking but for the other places to other places in the Helsingborg city we used
128 a bus and also sometimes we go to we go out of the city also like Lund Malmo for that also
129 most of time we use the train sometimes buses.

130

131 (00:09:23,519) Interviewer:

132 okay yeah so uh have you thought about sharing a car from your friend or someone else like
133 that in these distance places visiting?

134

135 (00:09:32,279) Interviewee 04:
136 uh actually um i haven't frequently i'm not frequently visiting distance places but whenever i
137 won't i can do such actually but But otherwise, if we have time, we can organize our trip well
138 and we can use the same public service.
139
140 (00:09:57,379) Interviewer:
141 Okay, yeah. So, what transport options do you mainly rely on in your daily life?
142
143 (00:10:04,159) Interviewee 04:
144 Yeah, actually, I mostly rely on buses, trains and also walking. And also i use electric scooter
145 as well.
146
147 (00:10:18,919) Interviewer:
148 okay so are you familiar with riding bicycles, do you have the riding skills?
149
150 (00:10:23,819) Interviewee 04:
151 yeah i have the riding skills but i i'm mostly riding the electric scooter but i have another normal
152 cycle also but i don't frequently use it actually.
153
154 (00:10:40,379) Interviewer:
155 so have you tried the cargo bicycle those ladies are cycling here?
156
157 (00:10:43,519) Interviewee 04:
158 no i haven't .
159
160 (00:10:45,179) Interviewer:
161 okay but do you like to learn something like that in future ?
162
163 (00:10:46,654) Interviewee 04:
164 yeah i think it will be interesting okay.

165

166 (00:10:48,451) Interviewer:

167 okay so actually what's your opinion or experience about the skane trafficken app online ticket
168 purchasing ticket sharing features and all these things?

169

170 (00:11:04,019) Interviewee 04:

171 Yeah i think that skane trafficken app is very convenient and very organized because uh if even
172 if you don't know the places that where you go you can search the location and you can find
173 the exact direction and it will guide you i think for the exact place so it's very convenient and
174 also at the same time i can say the ticketing is more more convenient because there is more
175 options like student tickets adult tickets flex tickets and monthly ticket and yeah the you can
176 decide which one is most affordable most suitable for you if you are a student you can get a
177 very cheap cheap ticket also so it depends on what type of need you have and also i think you
178 can see the latest ticket purchases in here if you are a rational traveler then at the end of the
179 month or at the end of the year you can just take the summary of your travelings and you can
180 see the cost if you do the cost analysis so this will be my think much beneficial because at the
181 end of the year you don't remember anything where where you have cool or anything so and
182 also i see that a very significant thing here in the skane traffican app is like they uh they give
183 us notifications especially on disruptions so not just the disruption what are the existing
184 alternatives and kind of things and also there is a section called news and you can see whether
185 there is any new kind of ticket or like any promotion or any kind of thing then it's available in
186 the news section so uh i think it gives so much information for you so it it won't make you
187 alone when you're traveling i think it keeps you engaging with the app always because even if
188 you don't know where you are going you can just track it with the app. so where i am now
189 which will be the which will be my next station and so on. so i i feel like this is more convenient
190 and uh i really feel like i'm getting benefiting of it for example if i'm taking talking about the
191 tickets i remember once i was worked in a place in Bjuv so as you know that i have to take the
192 250 bus from Helsingborg to get into there so i remember that especially there is a huge gap
193 between the buses there is no frequent buses to Bjuv sometimes maybe one hour one and a half
194 hour gap between buses so you have to catch the exact bus if you want to be in time be on time
195 so uh i just have like 15 minutes or something so i just have to run but while running i was
196 remembered that oh my god i don't have the ticket so i just need to take the ticket while running
197 so but it just take one one minute one single minute you can just take the ticket and you can get
198 into the bus so i think it's more convenient.

199

200 (00:14:29,259) Interviewer:

201 okay so actually how did you learn to plan the routes and manage time and deal with the delays?

202

203 (00:14:35,980) Interviewee 04:

204 Yeah actually when i was coming here that it was quite a little difficult for me because i wasn't
205 familiar with such apps because in my country this kind of digital system was not prevailed.so
206 i wasn't much aware about that so but like when you're going when you're using it like two
207 three days then you're getting familiar with that then i learn to frequently update if i'm traveling
208 i always refresh it and search that what is what are the disruptions available what are the delays
209 what are the cancellations if there is a train delay or cancellation i always see what are the
210 available options alternatives if i can take a bus and go quickly then i will move to that option
211 so likewise i'm always trying to uh adapt to that actually sometimes i'll be patient if there's
212 nothing to do.

213

214 (00:15:40,000) Interviewer:

215 yeah so uh what about the transportation system in your country? can you little bit explain
216 about that?

217

218 (00:15:47,009) Interviewee 04:

219 Yeah, It is uh if we take our transportation system in Sri Lanka, actually, there is both public
220 and private transportation. If we take the buses, there are both public buses and private buses.
221 So I think there is a competition between those things also. But actually, I didn't see any digital
222 system compared to Sweden. Here, I think it's more advanced and well-developed. But there is
223 still going on manual ticketing, I think. So I think this is more convenient because before you
224 travel, you can just purchase the ticket and you're safe. You don't need money with you always.
225 So you can be prepared before the journey. But in Sri Lanka, if we take that, always we need
226 to keep our pocket full. Because whenever we go whenever we want to change the buses or
227 everything we need to buy always a new ticket okay here but i think in One ticket we can go
228 for the whole destination Without even if we change the mode of transportation so yeah.

229

230 (00:17:07,119) Interviewer:

231 yeah okay so when it comes to daily trips like shopping and hospital appointments and all those
232 things so who is responsible for this in your family?

233

234 (00:17:18,940) Interviewee 04:

235 you mean in Sweden yeah yeah it is actually we share it but it depends on our work schedules
236 most of Time but it it's me actually.

237

238 (00:17:27,920) Interviewer:

239 so do you find it easy or difficult without a car?

240 (00:17:35,529) Interviewee 04:

241 for me i think it's okay it's it's convenient still because the hospital the shops the workplace
242 everything is situated in the central of the Helsingborg there is no much distance between those
243 places i think so still we can walk between these places and also if we need we can use buses
244 also and I think bus stops are located more closely so you can reach to the places easily after
245 you getting down from the bus halt maybe you need to walk 100 meters or 150 meters to reach
246 the exact location.

247

248 (00:18:33,470) Interviewer:

249 I think so uh you are living with the kids so do you feel any discomfort since you are not having
250 a vehicle while traveling with her.

251

252 (00:18:41,650) Interviewee 04:

253 my child is now six years old so she's not too much small so she's understanding and bearable
254 so for me it's okay i think i haven't so much problems with her while traveling but i think if it's
255 a too small kid maybe six months one year one and a half year they cannot talk they need so
256 much things so more stuffs you need to carry on with you so i think for them this will be a little
257 burden.

258

259 (00:19:16,150) Interviewer:

260 so that means if you were in that situation will you be searching for a car?

261

262 (00:19:30,450) Interviewee 04:

263 yeah maybe

264

265 (00:19:35,480) Interviewer:

266 yeah so what about the the places you are everyday tackling so are they work well together for
267 the families without a car that means the hospitals workplaces and schools are they do you feel
268 supportive?

269

270 (00:19:47,690) Interviewee 04:

271 Yes of course as i told you earlier that i see that all these special places are located in in very
272 connectively because i don't see so much gap between those places because i see that all the
273 major schools and all the shops major shops and all the and hospital also located in the central
274 of the Helsingborg so anyone could reach it easily and I think anyone can walk in between
275 easily because there is not so much gap but for the people who have disabilities maybe they
276 are very sick or like maybe very old and have difficulties so for them i think they might be need
277 some kind of help maybe your car need or something otherwise i think for the youth and the
278 other people I think it is more convenient.

279

280 (00:20:53,730) Interviewer:

281 okay so what about the weather conditions such as winter and rain how will it affect to your
282 daily mobility?

283

284 (00:21:03,750) Interviewee 04:

285 yeah ,Actually it it strongly affect to my mobility because as i told you i'm mostly walking and
286 sometimes i use my electric scooter as well but for the winter season it's really difficult because
287 you know that sometimes snowing snow storms are coming so i don't use my electric scooter
288 actually because it's more risky and also i could say it's difficult to walk as well because the
289 surface is very slippery and if i take 10 minutes for my walk earlier now in winter season i have
290 to take like 20 minutes or 30 minutes because i have to work slowly and very carefully because
291 it's very slippery and also i can say for the train and buses also this is very very burdened
292 because sometimes the trains are delayed or trains can be cancelled because of these snow
293 storms and kind of things signal failures signal failures and so this and sometime for the mist
294 they couldn't see and yeah this can be a fact so most of the time it makes us delay i think yeah
295 for the winter.

296

297 (00:22:25,150) Interviewer:

298 so at that moment have you felt that if it is it is better to have a vehicle and all?

299

300 (00:22:28,470) Interviewee 04:

301 yeah i have felt so but actually i have get the support of my friends who have cars also in that
302 season but to go into school and to go into other places close to the Helsingborg actually what
303 I did was like I was purchased monthly ticket and I used always the Buses.

304

305 (00:22:54,609) Interviewer:

306 so it was convenient for you yeah I just take the bus and just pick up my child and go to the
307 grocery and again take the bus and come back home.

308

309 (00:23:06,889) Interviewer:

310 so so that you earlier mentioned about car sharing so was it good you feel comfortable or it was
311 embarrassing or something like?

312

313 (00:23:18,549) Interviewee 04:

314 no actually it is calm it is very comfortable if you're traveling with a person you know otherwise
315 i don't know but most of time i think you are sharing a car with someone who knows with you
316 so I think it's very quite funny interesting because you can have a chat while you driving and
317 yeah you can share a lot of things inside so I think it's quite interesting.

318

319 (00:23:41,650) Interviewer:

320 okay yeah have you experienced any discrimination while using public transportation in
321 Helsinki by another passenger driver or ticket Checkers?

322

323 (00:23:52,390) Interviewee 04:

324 actually no for me i think this all system is very polite and well organized because whenever i
325 get into a bus i feel like they are trying to greet us because each and every time we are getting
326 in they say hey hey hello good morning something like that so they need to like build up
327 connection between the drive and the passage it is a positive connection I think so I feel like it
328 is a warmly welcome and also if I say about the train they also say, the checkers will come and
329 check, they say hey and then they check the ticket and then when they leave before they leave
330 they say tack so I think it's more polite and they have very respectful behavior okay but i don't
331 see this in sri lanka in my country because i don't see that such a greeting system there so yeah
332 i haven't seen some some are greeting it depends not everyone but here it is like organized
333 structured and everybody adapted to the system it is a must i i see like that but but there i don't
334 see like that if somebody is like smartly somebody's like uh like angry faces i've seen yeah you
335 get into busses and somebody don't be just like uh i don't know moments so it depends so uh i
336 in compared to sri lanka i see that here is like very polite very decent and very respectful
337 behaviors from the people.

338

339 (00:25:49,320) Interviewer:

340 okay so what is your overall opinion of the transportation and the infrastructure in Helsingborg
341 just like the cycling paths walking routes and buses train and All these things? can you share
342 your experience?

343

344 (00:25:59,609) Interviewee 04:

345 yeah actually i think it's very organized organized and well developed infrastructure in
346 transportation because i see the separate walking walking paths and separate cycling paths and
347 bus routes train routes and all have connectivities with each other so it is uh i feel like buses
348 are also very punctual. It's very reliable and also i feel like it's most of the time it's safe because.
349 If you go in your cycling path nobody disturbs you no chance for the for collision yeah collision
350 and also for injuries accidents accidents accidents yeah

351

352 (00:26:57,910) Interviewer:

353 Okay so yeah so you you live here without a car so how would you describe this experience
354 compared to your home country?

355

356 (00:27:07,819) Interviewee 04:

357 i feel like here it is more um more free life i feel like it's very simple life because in sweden uh
358 i think the person have right to choose right to uh right to take their own decisions no one cares
359 but if i uh if i compare this with sri lanka i see this as like there it is completely different i see
360 in sri lanka the people see that having a car means like it is a symbol of their living status so if
361 you're doing like if you're working in a higher position or in a higher grade then you must be
362 owing a valuable car not a normal car but you know that depends on the car type also you judge
363 the car brand yeah car brand how much cost is it so so most of people who couldn't afford it
364 also attempt to take cars and try to maintain it just in order to like maintain their status but
365 actually they couldn't maintain it it's difficult to afford them they are getting loans and very
366 difficult way they like to maintain their status i see but here it's not like so because nobody
367 cares you nobody cares what you have where you go uh whether you use a car what type of a
368 car you use nobody nobody cares it's up to you it's your own convenience as as as i see i see
369 most of the people who use car is use it for their necessity not just to show others not just for
370 any other things but if they really need it they use it otherwise they don't tend to use it i feel
371 like yeah.

372

373 (00:29:05,610) Interviewer:

374 yeah so when choosing how to travel what factors are more important to you is it the cost
375 comfortability or hassle free or the environment friendly vehicles or something like?

376

377 (00:29:20,430) Interviewee 04:

378 Yeah actually i'm somebody who cares about sustainability as well as a person who have done
379 higher studies in the stream of sustainability i'm much more concerned about sustainability as
380 well but if there is a possibility to adapt to sustainable choices i will do so if it is affordable and
381 if i could adapt to it then i will do so. So most of the time I will try to choose the most
382 sustainable choices if it's affordable and if it suits me. And also for me I don't need to take more
383 burden I think. I would like to live very simply I think. After coming here the most important
384 thing is like the simple life I think. So for me, actually, I haven't feel such a huge necessity to
385 have to purchase a car still.

386 So all my necessities, daily routines and my journeys and everything I can cover through public
387 transportation still. So I haven't feel anything, any need of that. And also affordability is also i
388 think one thing that i have tend to use of and the relief i get from using public transportation
389 because if you are having a car means that you have to always check for parking places and
390 you have to concern each and every second you are driving in the road because you know in
391 the current according to the current rules and regulations if you have something uh any mistake
392 in the road that could be a criminal uh error because criminal offense and maybe you can you
393 might reject your visa also so it is very huge responsibility to drive with the road so i think uh
394 uh this is also a little burden but if you have to then no choice then you have to be careful but
395 otherwise i feel like it's a big relief for me actually using this public service.

396

397 (00:31:46,460) Interviewer:

398 so in between cost and Environment friendliness, so which comes first to you with related to
399 transportation?

400

401 (00:31:54,440) Interviewee 04:

402 yeah actually I think the first thing is cost for me because if it's difficult to afford for me i
403 couldn't go for the sustainable choices this is the truth bitter truth even though i love to
404 sustainable choices if i couldn't afford that then i can't go for that the first i see what are the
405 available options alternatives and what are the cheapest and but even if if i can afford that then
406 i will switch to sustainable choice but if it's not affordable then i couldn't do that.

407

408 (00:32:27,950) Interviewer:

409 okay so have you noticed that environment sustainability is discussed and practiced more
410 widely in sweden than in your native country?

411

412 (00:32:43,180) Interviewee 04:

413 yes of course actually because i think my country is still a developing country so they have
414 more priorities than sustainability i can say because they are still struggling to maintain their
415 economic status they are they are running for achieving GDPs and you know foreign currency
416 economic growth and sort of things so they have no priority for sustainability and in compared
417 to Sweden they have less awareness of sustainability also but here in sweden i i see that
418 sustainability is a priority especially each and everyone should be attentive to the sustainability
419 rules and regulations here they have like a lot of rules and regulations they have to submit
420 annual reports and everything so here it is a you have you you have responsibility and you are
421 bounded by the sustainability rules and regulations And also, I feel like in Sweden, Sweden is
422 a well-developed country.

423 So they have achieved their economic status. Now they are going beyond that. So now they are
424 trying to achieve sustainability. So in that sense, I can say that, yeah, they are promoting
425 sustainability in every manner, each and every manner. So here there is a more facilitating
426 environment for sustainability when compared to Sri Lanka.

427

428 (00:34:21,909) Interviewer:

429 So how do you relate it to this transportation section as you understand?

430

431 (00:34:26,550) Interviewee 04:

432 In transportation section also they are using more electric vehicles I see because they don't use
433 like more smoky vehicles. So here more electric conscious i think so it is also sustainable and
434 they have allowed people to use more they are promoting cycling also creating various cycling
435 paths and connecting to the other transportation modes so people are it is very trendy to having
436 a bicycle i think rather than any other thing here in Sweden if you have a cycle then you ride
437 everywhere then you feel like very healthy and so it is promoted by their infrastructure system
438 but in Sri Lanka i haven't seen such cycling paths they have walking paths but i haven't seen
439 that cycling paths and even if they are available in certain places they are not connecting to the
440 other modes perfectly so.

441

442 (00:35:37,550) Interviewer:

443 so does that the thinking of this do you think that it influenced you nowadays more than in in
444 the past ?

445

446 (00:35:50,079) Interviewee 04:

447 yeah absolutely yes, Yeah even though we heard about sustainability now we are practicing
448 sustainability after coming to Sweden i think because we are also very conscious when using
449 something using roads and everything we are more environmental conscious even when we are

450 walking we like walking in a side and letting others to go if they overtake us so I think we have
451 been very polite and we have been more respectful for others as well I think it is more organized
452 behavior in in here in Sweden.

453

454 (00:36:34,809) Interviewer:

455 so if your job status and visa status change positively so will you still continue life here without
456 a car? what do you think?

457

458 (00:36:45,030) Interviewee 04:

459 As long as i can rely on the public service and as long as they are reliable I think I can rely own
460 this public service.

461

462 (00:37:03,150) Interviewer:

463 So what will be the changing point of purchasing a vehicle for you in future if things goes well?

464

465 (00:37:12,880) Interviewee 04:

466 Yeah I think if if I have moved to some rural area or somewhere then sometimes I might be
467 able able to I might necessary to purchase a car because to in my emergencies I have to reach
468 quickly to the city if in another way if I if I have more child or something then then also I might
469 need uh like sometimes i need.

470

471 (00:37:46,590) Interviewer:

472 so yeah you think that uh childbirth will be a factor for purchasing a vehicle?

473

474 (00:37:57,329) Interviewee 04:

475 if there are like four or five children i think sometimes it's difficult especially if they are small
476 if they are grown then it's okay if they are two three kids with a small maybe one is two months
477 one is one year one is one and a half year or two years yeah then for a mom it's very quite
478 difficult to travel in a public service with a lot of stuff you know so maybe in such occasion
479 they might need to have a car yeah.

480

481 (00:38:28,389) Interviewer:

482 so what do you think about the, If you are thinking about purchasing a vehicle so what do you
483 think about getting driving license the highway driving rules and regulations parking what do
484 you think about them?

485

486 (00:38:43,340) Interviewee 04:

487 Yeah they are not easy i think getting license and parking if you do a i think even a small
488 mistake you have to have a big fine here so it's no it's not easy you have to be more conscious
489 you have to be more careful in driving and you have to work hard to take the license as well so
490 yeah nothing is easy but you have to make an effort for all these things i think and one more
491 thing yeah i was uh i was thinking to say that uh sometimes um no go ahead i forget.

492

493 (00:39:33,079) Interviewer:

494 okay so what do you think about the highway driving here are you familiar with that or how
495 about the situation in your country?

496

497 (00:39:42,980) Interviewee 04:

498 i think highway driving is quite difficult here because like you have to change your speed limit
499 in certain certain places like you have to go 60 here 70 here 90 here beyond 100 here so you
500 have to be alert in every second that where you have to change your speed and what are the
501 existing signals and everything so but in my country it's not so because they are they're tracking
502 but if it is 100 then you can just follow that 100 it's not a matter of like how much you go over
503 it not too much but you can just have a relief of exceeding that but here i think it's not possible
504 so what do

505

506 (00:40:35,989) Interviewer:

507 You most prefer having a vehicle or without a vehicle?

508

509 (00:40:42,449) Interviewee 04:

510 For now i prefer not having a vehicle because i feel free without that no burdens.

511

512 (00:40:55,739) Interviewer:

513 so do you have any suggestions for skane traffican as a service provider and for the Swedish
514 government to support families who live without a car?

515

516 (00:41:04,619) Interviewee 04:

517 I can say that especially in rural areas they can increase the number of number of ridings and
518 sometimes in peak hours they can increase the number of buses and yeah

519

520 (00:41:37,650) Interviewer:

521 okay so is there anything about your daily mobility experience that we haven't discussed but
522 you think that is important to share?

523

524 (00:41:45,579) Interviewee 04:

525 I think having a car free life is not so easy or not so difficult it depends on your attitude so you
526 have to you have to adjust your mindset first if you are a very simple person and if you are
527 very, if you can plan ahead, if you are, if you have time management, if you are very patient,
528 then actually you can, you can have a healthy life. Otherwise if you are not patient if you're
529 getting angry quickly if you if you couldn't wait in a delay or cancellation then it will be hard
530 but if it depends on how is your attitude and mindset.

531

532 (00:42:39,650) Interviewer:

533 so with reference to shopping i just want to ask whether you have encountered any situation
534 that you felt embarrassed just like buying a big stuff and carrying them home or something like
535 that for example you are buying a table from a big company and you have to take it through
536 buses or train or something like have you encountered that situations in your life here?

537

538 (00:43:07,309) Interviewee 04:

539 No actually for me i mostly what i'm frequently doing is like grocery shopping so i am
540 frequently visiting ICA and i have some grocery shops and grocery i have grocery bags and
541 then i'm carrying them and just coming come back home it's like two bags or something and
542 no more distance it's like 300 meters so 400 meters so i quickly get down and come back so.

543

544 (00:43:43,429) Interviewer:

545 so suppose if you are buying a table from IKEA and you're buying bringing it home so how
546 will you manage heavy thought about?

547

548 (00:43:49,989) Interviewee 04:

549 That i think it won't be easy here i have one experience i now i remembered once we purchased
550 a keyboard and in Sundswell one shop in Sundswell so me and my daughter was there so we
551 purchased that and we took we took it in in a bus it was very long actually it was difficult to
552 carry but in that time I think that bus driver supported me so he was saying you can just keep
553 it on here it's a side yeah side so i was just holding it and having it so i safely took it home so
554 it was supportive but i think it depends on the people who you encountered with yeah.

555 (00:44:55,639) Interviewer:

556 so suppose if you are moving homes and something like how do you thought of managing that?
557

558 (00:44:59,429) Interviewee 04:

559 then i think there is a there are some vehicles you can rent out the vans you can rent out yeah
560 so you can just take a vehicle maybe for one hour or two hour then you can just do your
561 necessity if you need to move you can just shift them then you can just return the vehicle

562

563 (00:45:26,779) Interviewer:

564 okay yeah. Thank you so much for sharing your experiences so your thoughts are very valuable
565 for us thank

566

567 (00:45:34,430) Interviewee 04:

568 You so much thank you thank you for inviting much

Interview 05

(00:00:08,300) Interviewer:

Before we get started, thank you for participating in this interview. We greatly appreciate your opinions and life experiences, which will benefit our study. This interview is a part of our study to gain further insights and explore new aspects regarding how South Asian immigrant families perceive current car-free mobility and long-term adaptability Helsingborg, Sweden. You have the freedom to decline participation at any moment or to decline any question you don't feel comfortable answering. The interview is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used only for our project and accessed only by our research group members and our teachers. The data will be stored securely and aggregated data will be retained until our course is created it will not be shared published or distributed in any other way in any other than our research project. So can you please tell me your name and about your family and how long have you lived in Helsingborg?

(00:01:36,959) Interviewee 05:

I am Manasi Raju and I have a son. I live with my husband, my son and me. So we have been living for about four years in Helsingborg.

(00:01:52,340) Interviewer:

Oh, and your child's age?

(00:02:02,879) Interviewee 05:

He is nine years old.

(00:02:03,679) Interviewer:

Okay, okay. Now, are you considering settling here in the future?

(00:02:09,540) Interviewee 05:

Yes yes Helsingborg is a very nice city now it's it's sustainable also so yes

(00:02:12,840) Interviewer:

Okay can you tell me about your profession or your husband profession?

34

35 (00:02:18,960) Interviewee 05:

36 I'm an architect I have been working as an assistant professor of architecture in India but
37 currently I am pursuing my studies. I am studying SFI Swedish.

38

39 (00:02:25,640) Interviewer:

40 And how about your husband?

41

42 (00:03:05,870) Interviewee 05:

43 My husband is a mechanical engineer. He is working in Koenigsegg as a mechanical engineer.

44

45 (00:03:06,349) Interviewer:

46 How far is your is his workplace your husband workplace

47

48 (00:03:08,870) Interviewee 05:

49 It's in Angleholm it's about it will take about one to two hours to travel from from here till
50 Angelholm.

51

52 (00:03:12,625) Interviewer:

53 okay okay so living here without a car is it voluntary or due to any constraints like swedish
54 driving license or affordability or anything else can you share

55

56 (00:03:28,590) Interviewee 05:

57 um we prefer uh to live without a car and we have been uh we we have never bought a car as
58 we like to walk a lot. But yes my husband is planning to take a Swedish driving license in
59 future we are actually thinking about it because it's more comfortable using a bus or walking
60 inside the city

61

62 (00:04:08,139) Interviewer:

63 Okay, we will discuss this in the later part of our interview. Now I have a question that what
64 kind of transport did you use in your home country?

65

66 (00:04:24,920) Interviewee 05:

67 We mostly use cars. There's an app called Uber. And we mostly use Uber. Or we have a vehicle
68 called Auto. Which we usually use yeah um so it's it's not that walkable or or pedestrian friendly
69 so uh we prefer using uh cars there they've been working in

70

71 (00:04:48,540) Interviewer:

72 and you're from uh

73

74 (00:04:59,339) Interviewee 05:

75 uh from um from Bangalore and I have also worked in Chennai. Okay. Both Chennai and
76 Bangalore are, I would say, not pedestrian friendly.

77

78 (00:05:13,079) Interviewer:

79 Okay. So it was a public transport, not a private car. You were using public transport, but rented.

80

81 (00:05:27,540) Interviewee 05:

82 Yes, rented one. Yes, yes. Mostly I go by car, so it will be just me. Bus takes a very long time.
83 Bangalore traffic is notorious.

84

85 (00:05:42,040) Interviewer:

86 Yes, yes. Okay. Could you describe all the daily tasks you and your family need to do here?
87 here daily basis how you move your mobility?

88

89 (00:06:01,959) Interviewee 05:

90 yes yes we have to go to I have to pick and drop my child and go to grocery then walk walk to
91 and forth my school SFI school so yes I walk a lot and my husband he walks a good deal also
92 to work on he he works till the bus stand and then catches the bus and He'd it from the bus
93 stand till his workplace it's about 20 minutes so he also uh works a lot yes

94

95 (00:06:40,939) Interviewer:

96 yes yes yes uh it's the daily tasks yes you are supposed to do and and can you share me what
97 kind of weekend trips does your family you usually take ?
98
99 (00:06:58,660) Interviewee 05:
100 Uh we usually take short um short um trips um to the so um there are many greenaries also uh
101 inside Helsingborg we take um we usually walk till the forest so we live near nature reserve
102 okay um so uh we walk to the forest or to the park
103
104 (00:07:20,600) Interviewer:
105 with your son and with three of you?
106
107 (00:07:23,360) Interviewee 05:
108 three of us
109
110 (00:07:35,710) Interviewer:
111 yes yes and what about shopping mall or anything else
112
113 (00:07:36,360) Interviewee 05:
114 Vaala We take a bus uh it's very convenient
115
116 (00:07:45,160) Interviewee 05:
117 yes uh so in the weekend also you just spend uh here nearby places
118
119 (00:07:48,640) Interviewee 05:
120 yes yes nearby places we prefer now to rest during weekends okay yes uh it's
121
122 (00:07:57,759) Interviewer:
123 It's quite hectic yes but during summer
124
125 (00:08:01,659) Interviewee 05:

126 Holidays and when the when it's more sunny then we prefer to move out

127

128 (00:08:05,560) Interviewer:

129 yes yes sometimes uh it's not that much people friendly uh inbound friends yes become uh
130 people like to stay at home sometimes yes yes and uh what transport uh so you have said but
131 again uh what transport option do you mainly rely on daily life i rely on daily life

132

133 (00:08:33,600) Interviewee 05:

134 um i mostly walk during the day so i sometimes use bus my husband uses both bus and train
135 my child sometimes uses a bicycle that's during the summer or when the winter is over he uses
136 bicycle otherwise I I walk along with my child to his school and back

137

138 (00:09:06,419) Interviewer:

139 Ok then you buy monthly ticket every month

140

141 (00:09:16,000) Interviewee 05:

142 I do not buy monthly ticket neither my child okay my husband buys a monthly ticket

143

144 (00:09:21,370) Interviewer:

145 Okay okay okay yes uh for uh nearby places you can we can walk

146

147 (00:09:26,740) Interviewee 05:

148 yes my husband since his um his work is uh in another city and he has to use yes public transport
149 yes

150

151 (00:09:35,100) Interviewer:

152 and what about riding bicycle do you know do you have a cycling skills?

153

154 (00:09:48,670) Interviewee 05:

155 Yes, I know how to ride a bicycle but most things are available within 10 minutes of reach so
156 I can walk so it is fine.

157

158 (00:10:01,670) Interviewer:

159 so in the future would you like to have a bicycle to uh for roam around another place yes yes
160 yes three of you can go

161

162 (00:10:19,440) Interviewee 05:

163 of course, I'm planning i'm planning to get a bicycle because my child also has a bicycle both
164 of us both me and my husband we are planning to have a bicycle because we can get more
165 active

166

167 (00:10:32,799) Interviewer:

168 yes yes it's healthy it's healthy yes yes yes but you okay since you use the bus so my next i
169 would like to know what's your opinion or experience about using skane traffican app

170

171 (00:10:50,559) Interviewee 05:

172 It's a very useful very useful application yeah we can buy tickets online and and we can it's
173 very flexible according to our needs we can use it so i mostly use one day ticket 24 hour ticket
174 while my husband gets a monthly ticket we even have one hour ticket which it's and and they
175 show they show where the bus is and the position of the bus stand so it's it's a very useful app.

176

177 (00:11:27,899) Interviewer:

178 So how did you learn to plan roads or manage time, deal with delays, any type of delays? Have
179 you experienced these?

180

181 (00:11:46,899) Interviewee 05:

182 No, we haven't experienced any kind of delays. They haven't been much delays inside the city.
183 So it's very smooth. I would say Yeah, it's very good, very good.

184

185 (00:12:01,559) Interviewer:

186 And do you think the price of the tickets is okay with you as you buy one day ticket?

187

188 (00:12:08,879) Interviewee 05:

189 Yes, the price is fine, but any day we hope for a lower price. But yeah, the price is reasonable.

190

191 (00:12:25,769) Interviewer:

192 Okay, and now when it comes to daily trips, like school drop-off, shopping, or hospital
193 appointment, or anything not with, who is responsible for transportation in your family? do
194 school drop-offs shopping or any hospital appointment uh usually?

195

196 (00:12:54,519) Interviewee 05:

197 For my child um uh it it actually depends um i haven't had any kind of um difficulty because
198 we have a very big hospital and um it's um everything is uh my child's hospital is 10 meters ten
199 minutes apart so it's it's fine because I walk with my child but there haven't been any difficulty
200 in going to hospitals or any appointments okay usually I go with my child to the dental hospital
201 so it's very near his school so it's that that is also very convenient

202

203 (00:13:45,879) Interviewer:

204 Yes so as since your husband is busy with his profession you do the ah yes yes you have this
205 duty

206

207 (00:13:56,700) Interviewee 05:

208 yes uh he uh he um leaves by seven and uh comes by seven

209

210 (00:14:06,570) Interviewer:

211 oh yes it's a yes yes, Now uh so uh how do you find this child care responsibility as you said
212 uh uh it's uh it is difficult or easy to deal with without a car

213

214 (00:14:23,840) Interviewee 05:

215 it's it's easy to without a car, Um i have always preferred walking to um riding a car um um i i
216 had a license but i never okay drove a car um yeah but uh but but it when compared to other
217 um when compared to my hometown um uh the city in which i lived um yes it's much more
218 comfortable without um now to live without a car here in Sweden.

219

220 (00:14:57,549) Interviewer:

221 Yes, compared to our weather also, in summer, we cannot walk that much in hot weather. But
222 in this country, summer is wonderful. And also in the winter, it's not that bad to walk.

223

224 (00:15:18,500) Interviewee 05:

225 Yes, it's true.

226

227 (00:15:19,889) Interviewee 05:

228 When you work you feel good yes

229

230 (00:15:22,249) Interviewer:

231 unless it's not that much windy

232

233 (00:15:20,789) Interviewee 05:

234 yes yes of course

235

236 (00:15:32,049) Interviewer:

237 Yes yes so you are saying that you are fully comfortable that a school hospital do you feel that
238 you're comfortable that school hospital workplaces work well together i mean

239

240 (00:15:45,669) Interviewee 05:

241 Currently we have a big hospital here which is very near and the school is also very near. My
242 study place is also near. We have grocery, supermarkets nearby. So since everything is at a
243 walkable distance, I think Helsingborg is a very pedestrian-friendly place.

244

245 (00:16:22,009) Interviewer:

246 Do you think your child's leisure activities are affected as you are carless?

247

248 (00:16:27,789) Interviewee 05:

249 No, no, because we can, from my house, I have about three options, which is very nearby. I
250 have two big parks and there's a forest area nearby where my child usually plays in the park,
251 in the very big park.

252

253 (00:16:58,210) Interviewer:

254 So there are lots of outdoor activities available?

255

256 (00:17:04,210) Interviewee 05:

257 Yes, yes outdoor activities. After school he plays with his friends. So about one to two, one
258 hour he plays. And yes, activities are also, there are much activities also available here. So
259 during the holidays, he gets to go to culture school and where there are free tests, he can practice
260 free.

261

262 (00:17:36,210) Interviewee 05:

263 So all of them are nearby? Yes.

264

265 (00:17:41,210) Interviewer:

266 So you don't feel for car to go there?

267

268 (00:17:45,210) Interviewee 05:

269 No. No, we don't feel the need to have a car when it's very nearby, but since my husband's Work
270 place is far, he is thinking to have a, to get a car.

271

272 (00:18:05,210) Interviewer:

273 Um how do you manage your shopping with bulky or heavy items to bring home do you think
274 do you have that kind of experience and that you buy a furniture then you you're having
275 problem and bringing that

276

277 (00:18:45,000) Interviewee 05:

278 um we had um we had a vehicle to carry the the furniture okay

279

280 (00:19:15,249) Interviewer:

281 okay okay yes uh yes uh yes uh shopping uh in in our place uh shopping and the bus system
282 sometimes very near yeah and there there is there are specialized um trolleys for dragging the

283 groceries yes okay and also there we can sit when we feel tired the city has many benches yes
284 so we can sit a few minutes to take a rest

285

286 (00:19:17,049) Interviewer:

287 everything is planned in a good way yes yes yes yes so even if uh are there any specific routes
288 or place that feel difficult to manage without a car you think uh anything any places uh any uh
289 any routes any specific routes or any places that you feel difficult have you have you
290 experienced any kind of any kind of journey?

291

292 (00:19:53,970) Interviewee 05:

293 We think that having a car will help us to be more mobile when it comes to long trips.

294

295 (00:20:04,410) Interviewer:

296 Okay. So you think that long journey may...

297

298 (00:20:10,509) Interviewee 05:

299 It can affect whether we plan to have a long journey or not. We might we might have had a
300 long journey if we had a car

301

302 (00:20:25,269) Interviewer:

303 okay okay um how do the weather condition uh like last winter in this winter uh such as winter
304 or rain affect your daily mobility you think ?

305

306 (00:20:32,670) Interviewee 05:

307 um snow snow um uh but but it's where it's it's just a handful of days maybe three or four days.
308 During those times I get a bus ticket, a 24-hour bus ticket and travel because it's it's difficult to
309 walk with a child on muddy, snowy days.

310

311 (00:21:07,410) Interviewer:

312 Have you experienced any discrimination while using public transportation by another
313 passenger drive driver or ticket checker yes

314

315 (00:21:25,300) Interviewee 05:

316 No

317

318 (00:21:25,410) Interviewer:

319 how how would you can you share your bus journey

320

321 (00:21:25,500) Interviewee 05:

322 experience they always welcome you inside the bus so the driver says hello and often we get a

323 seat to sit and yeah I think it's much much pleasant

324

325 (00:21:56,849) Interviewer:

326 and in the school time is it crowded have you find any?

327

328 (00:22:06,640) Interviewee 05:

329 school yeah school trips can be a little bit crowded um yes it is it is a bit crowded during during

330 the peak school hours yes

331

332 (00:22:21,054) Interviewer:

333 but uh you don't feel

334

335 (00:22:29,769) Interviewee 05:

336 uh no no it's okay yeah if they were much many and like um a little more um like more number

337 of buses than uh during just during the peak hours okay uh for example uh from

338 Furutorpsplatsen the four number bus does not go to the school so um the other stop um uh 12

339 months gotten so every 24 it takes every 20 minutes the bus takes every 20 minutes so it would

340 have been better if the frequency was increased

341

342 (00:23:08,390) Interviewer:

343 yes so you're thinking that during the school hour every 10 minutes it would it would have been

344 good

345

346 (00:23:30,800) Interviewee 05:
347 yeah it would have been better yes yes and
348
349 (00:23:28,390) Interviewer:
350
351 also there's a option that you can drop uh in another bus station then change in the oh yes yes
352 think of that um
353
354 (00:23:32,920) Interviewee 05:
355 then we have to go to the to the it's not a direct route yes. We have uh the other the time uh it's
356 very important when it comes to mornings yes
357
358 (00:23:37,630) Interviewer:
359 timely you have to reach school on time.
360
361 (00:23:49,849) Interviewee 05:
362 Yeah, it will be better, if we have a direct connection and it will just take two minutes by bus
363 so more frequent connection means we can get early to school.
364
365 (00:24:03,009) Interviewer:
366 Okay. Okay. So what is your overall opinion of the transportation and infrastructure in
367 Helsingborg?
368
369 (00:24:20,090) Interviewee 05:
370 it's a well planned city, Helsingborg has all the facilities nearby and it also has parks and a lot
371 of facilities ah yes it is a cycling paths and pedestrian paths um um yeah it is disability friend
372 friendlies so um i have seen many old people travel here um alone which is which is never the
373 case when it comes to um my um city in my back in india So it is disability friendly. People
374 with disabilities use the road very casually.
375
376 (00:25:17,529) Interviewer:
377 Yes, senior citizens can also move around.

378

379 (00:25:22,829) Interviewee 05:

380 Yes, they runs and the pathways are well laid out. Yeah, so the walking routes are also very,
381 very good. So there are separate pathways for walking and also for cycling. There's a separate
382 pathway for cycling, which means that people who cycle get a separate pathway. And children
383 who cycle to school will find it much better while cycling because it avoids the traffic.

384

385 (00:26:25,910) Interviewer:

386 Yes, any accident.

387

388 (00:26:27,910) Interviewee 05:

389 Yeah, accidents are less because the roads are well laid out. And so while cycling, he also cycles
390 through the park, which means that the cars are very slow. When the cars cross the road, they
391 go very slow. So we can, without any worry, the children can use bicycles.

392

393 (00:26:58,410) Interviewer:

394 Yes, they are safety. Lots of children also go there on their own.

395

396 (00:27:03,730) Interviewee 05:

397 Yes, the roads are safe, very safe. Yeah, the city also has many buses, of course. I have seen
398 that I have noticed that the buses and its timings are also designed according to the needs, as
399 well as trains. I haven't used much train because since everything is available inside the city
400 and I mostly have mostly used buses.

401

402 (00:27:47,259) Interviewer:

403 Ok ,So you live here without a car. How would you describe this experience compared to your
404 home country?

405

406 (00:28:02,200) Interviewee 05:

407 Yeah, without Yes, to travel a very long distance, I find it much difficult because I used a car
408 and I rent a car when I have to travel long distances. Or you I use my my father's car my father
409 might drop me to back home yeah yes and and

410

411 (00:28:39,319) Interviewer:

412 Compared to here how do you describe this experience I mean compared to your home country
413 to here how you're feeling that without a car is it fine

414

415 (00:28:55,160) Interviewee 05:

416 it is fine it's fine without a car um because uh yeah and and trade trains are also very connected
417 so we can move from city to city also So, yeah, inside the city, I do not feel the need of a car.
418 But when it comes to outside the city and during the winter, so we feel that a car might have
419 been better because the time we spend outside, so during public transportations, the time we
420 spend outside is reduced. So yeah a car is not a necessityyeah I didn't have my own car but
421 since we can rent car at a phone call it's very easy and and it is it is cheap also so in the cities
422 in India it's in ten five minutes the car comes and picks the person and go to his or her
423 destination so

424

425 (00:30:45,349) Interviewer:

426 here it's bit expensive

427

428 (00:30:45,870) Interviewee 05:

429 I had a car it is expensive. It is much expensive here, yes.

430

431 (00:30:46,049) Interviewer:

432 Also in India maybe other type of transport?

433

434 (00:30:54,170) Interviewee 05:

435 Other types of transport? Buses. Bus in India is very difficult to travel because it's very crowded
436 and yeah, it's very crowded and many prefer to use cars especially in cities so in in Bangalore
437 we have good good bus buses but uh but again the traffic is uh it's much worse yes we get

438

439 (00:31:30,500) Interviewer:

440 Yes uh that's why uh uh in in india uh traffic is a very

441

442 (00:31:36,650) Interviewee 05:

443 it's a problem yeah in india traffic is a problem because roads are not that good and we do not
444 have these six lane facilities there it's just the car and the bus and the bicycle goes in the same
445 through the same road and pedestrians do not have a place to walk we have to walk on the road.
446 Compared to here, bus are on... Compared to here, we have separate roads for the bicycles, for
447 the pedestrians, for the bus. I have seen a recession where the bus has to stop and go, and the
448 cars also go on a separate route, cars and buses, so there's a recession for the bus to stop and to
449 start, so yeah, it is very safe, and there are traffic signals um at uh every uh every um one
450 minute there is a traffic signals and uh yeah that that makes it much safer and everyone abides
451 by the rule

452

453 (00:34:04,099) Interviewer:

454 yes that's why people let their children

455

456 (00:34:05,569) Interviewee 05:

457 Yes, yes, yes. Many parents let their children go by themselves, the older children. It is the
458 roads are safe.(cough) During the snow time I have seen them lay salt so that they don't skid
459 and grenades. Coming from a very warm country it's the first experience of snow is it's it's a
460 it's much difficult to walk on the snow so yeah these helps when when there's a clear path to
461 walk

462

463 (00:34:07,299) Interviewer:

464 yes the community has involved communities doing this type of service for yes yeah they're
465 throwing the salt and also removing the stone yes so as you have come from Asia India do you
466 think or do you have any do you think that not having a car relates to social is class and social
467 status

468

469 (00:34:57,679) Interviewee 05:

470 Social status um not having a car uh yeah a car is always um a car i think shows uh the show
471 the social status um but not necessarily used as a as a social as a way to show uh social earlier
472 maybe

473

474 (00:35:17,300) Interviewer:

475 Earlier maybe earlier yeah but you feel you don't feel that way

476

477 (00:35:30,829) Interviewee 05:

478 uh no no uh but yeah although the car shows but we uh we uh no one buys a car to show the
479 social status i i feel um no one because the car is much costly so uh so only only when needed
480 if it is uh needed we um we buy a car indians um um i do not know about that i think yeah we
481 we buy car um car when it is very necessary or any any big investment like like a home or a
482 car when it is very necessary or when we think that it is an investment so many Indians buy a
483 house because they know that it's an investment they think that it's it's an investment but we
484 think where to buy a car because it is our new We think because to be sure if it's a need or not.

485

486 (00:36:40,590) Interviewer:

487 Okay, okay. So have you thought that if you have to, your friends or relatives here buy a car,
488 and if you have to go visit their home, do you feel that having a car to visit their place would
489 have been easy?

490

491 (00:37:14,849) Interviewee 05:

492 I do not have any other family members. Yeah yeah we um my husband and my child is is the
493 only family here so uh friends um it is friends are often from this school the school from a
494 child's school so most friends are very nearby and we can use a bus always to the other friends'
495 home when there is a birthday party or something we use bus. But I think, I don't know whether
496 it's right or not, I think the city centre and the places around the city center is has much better
497 bus facility than compared to suburban areas where the bus facilities can the buses have take a
498 very long time to come

499

500 (00:38:26,590) Interviewer:

501 yes interval time yeah long interval time yes uh like 25 minutes yes after every 25 minutes and
502 the Helsingborg area is there are so many buses

503

504 (00:38:38,590) Interviewee 05:

505 yes the central has so many buses and bus stops are also very nearby so it is easy to walk to the
506 bus stops also I think in this when we go further out of the city the bus stops are also placed in
507 a longer space longer there's a long distance between them yeah the frequency of the bus is less
508 the number of the buses are also I think is less when compared to the center

509

510 (00:39:12,090) Interviewer:

511 okay now there's a sustainability awareness. Is a sustainability something that comes up your
512 daily life or family discussion nowadays since you moved here

513

514 (00:39:37,469) Interviewee 05:

515 oh yes sustainability has always been a part of my life because i'm an architect oh yes yes uh
516 yeah so i always think when even when i buy groceries or vegetables whether i can reuse the
517 plastic that i have got um and yeah that that is one of the major reasons why i like to walk um
518 it it not only helps the uh to get to keep a good health um sustainability or it it's also um
519 sustainable walking is much more sustainable it is the most sustainable way

520

521 (00:40:16,269) Interviewer:

522 yes so uh does these uh this coming here also more influence your thinking nowadays uh
523 moving here

524

525 (00:40:30,210) Interviewee 05:

526 uh yes yes it has um it has changed. My life has changed a lot when it comes to transportation.
527 Earlier, I used to travel a lot by car and by rented vehicles, by auto, auto rickshaws. Now I can
528 easily get everything without having to travel, without having to use transportation systems
529 like cars and other automobiles, but I prefer to use much less bus facility in India because it's
530 very crowded and yeah it takes a lot they take a very long route so it's not that well designed
531 so buses here they are well designed for the needs of the community so if I have noticed that I
532 can I can walk the time that I take for walking and the time that I take for take using the bus is
533 the same when it comes to going to school or getting groceries so I think it is it is designed in
534 that way so that more and more people walk and people who cannot walk can use a bus yeah

535

536 (00:42:10,250) Interviewer:

537 so you're saying that choosing how to travel you how to travel then what factors are more
538 important for you is it cost-effective comfortable or hassle-free or in one family vehicles

539

540 (00:42:39,469) Interviewee 05:

541 first first it's it is a cost, so walking does not involve any cost and using a bus is also cost-
542 effective it is much much more cheaper when compared to getting a car and using it and I am
543 not comfortable with driving that is the main reason why I've never got a car even when back
544 in India my sister has a car I have never got my own car and I think it in a way it helped me to
545 walk a lot. We think about sustainability also and the second most important factor is health.
546 So walking is a very good exercise and and often it is the only exercise that we do. So, yeah,
547 walking helps a lot with...

548

549 (00:44:15,260) Interviewer:

550

551 Personal and environmental, both ways.

552

553 (00:43:52,480) Interviewee 05:

554 Keeping us healthy, yes. And I can choose my own time. So my child can play in a park for a
555 while or he can just look at the plants or rock, play with the rock a little bit. I can wait for him
556 so walking also helps in that way that way I can choose my own time and my own roads to
557 walk through and yeah the third most important factor is of course sustainability I feel happy
558 when I walk because I'm doing a good thing to the environment so there is zero pollution and
559 a zero carbon footprint yes yes

560

561 (00:44:57,559) Interviewer:

562 so you're not seeing the car-free living as a limitation or i mean do you associate car-free living
563 with ideas such as efficiency, sustainability, independence, or you think it's a limitation?

564

565 (00:45:17,500) Interviewee 05:

566 No, I do not think that car-free living is a limitation. If the city and its transportation is well
567 designed to suit the needs of the community, then I think car-free living is much more
568 comfortable. I have been thinking about whenever we think about getting a car, we think about
569 its maintenance. We have to clean the car every time it snows. We have to clean the car and then
570 we have to use the car. And I think that the time taken for cleaning the car can be used for
571 walking to the bus stand. So, I think car-free living is better when it comes to a sustainable city.

572

573 (00:46:28,389) Interviewer:

574 So, talking about future mobility viability, if your husband's job status or your visa status
575 change positively, Will you still continue to live here without a car or you will think of in
576 future?

577

578 (00:46:54,449) Interviewee 05:

579 In future, yeah, we might we might get a car because the winters are very cold here and walking
580 a very long distance outside the city is difficult. So for having a weekend trip or for summer
581 holidays, I think it's better to have a car. And we can, it's transportation is, it's always available
582 when we have a car. And we can take our own time. We can go to our own places. So, the
583 places that we like. And, yeah, car, when it comes to long distance traveling, I think car is

584 preferred for and yeah we are thinking of buying a car because we want to make longer trips
585 otherwise inside the city just it is fine and maybe my husband can use it to his workplace
586 because it's it's out he has a go to another city to work so it will be it will save time it is he now
587 he takes about one or two hour by car it will just be 20 minutes

588

589 (00:48:46,690) Interviewer:

590 it will give you more time to spend at home

591

592 (00:48:53,610) Interviewee 05:

593 yes he sees that he wants to spend more time with his son and with his family so yeah he wants
594 to get a car because yeah it saves much time he can come faster to a faster to home and leave a
595 little bit late than now

596

597 (00:49:14,800) Interviewer:

598 and so do you consider the cost parking has been getting a driving license how we're driving
599 highway driving rules and regulation if you

600

601 (00:49:29,420) Interviewee 05:

602 Yes Yes yes driving having a driving license is a problem because we think that it is the
603 examination and when when it's I I find driving difficult so yeah Yeah, I feel driving very
604 difficult and yes, the car is much costly when compared to the bus so we are considering the
605 cost also of the car and yeah parking parking We do not have a garage system in in our
606 apartment so it's open parking be if we are if we have to park then it's open parking and it is
607 still costly we have to be a very good amount for parking yes getting yes the rules and
608 regulations are very they are very very it's very strict here and and so it might be much difficult
609 to to to drive as a driver it we have to I think it is it is better to have rules rules and regulations
610 because it we have a safer road even if even if it's much difficult to get a driving license yeah
611 yes but we we will still use the bus because a car. we want to own a car because we want to
612 travel to long and distant places. So when it comes to grocery shopping or leaving the child,
613 picking and dropping the child, I prefer walking. Both of us prefer walking or going by bus.
614 and me going to and from my study place. Um i i also prefer to walk.

615

616 (00:49:10,810) Interviewer:

617 okay so you will uh use a car uh only for long distance

618

619 (00:52:33,730) Interviewee 05:

620 yes for long distances and maybe weekly weekly one or monthly once or twice uh yeah but uh
621 yes for long distance my husband might use it if if when when we get a car my husband might
622 use it for for traveling um his workplace to his office and back but i don't think that i'll ever i
623 want to drive a car uh it uh so um yeah might might be in future

624

625 (00:53:10,079) Interviewer:

626 yes uh yes uh because uh their train service is also very good for the long distance

627

628 (00:53:18,900) Interviewee 05:

629 train service um when compared to buses, train service trains often get cancelled I do not know
630 why but I have experienced my husband also has experienced delays

631

632 (00:53:30,519) Interviewer:

633 yes train delays yes so we are at the end of our interview do you have any suggestion or a skane
634 traffiken as a service provider or for the Swedish government to support families who live
635 without a car? Do you have any suggestions?

636

637 (00:54:08,969) Interviewee 05:

638 Yeah, interconnection between cities can be made much better, I think. And to famous tourist
639 areas, spots, maybe to the Malmo Museum or tourist centers, we can have a better straight bus
640 and maybe maybe the cheaper yeah maybe the ticket costs can be lowered a little bit yeah and

641

642 (00:54:30,519) Interviewer:

643 so you're thinking that that all that your experience with public transport is okay but still in the
644 future you might have a car and and also use bus service as well.

645

646 (00:55:28,849) Interviewee 05:

647 yes um so as i was telling within the city it is um it is very very good and um and walking and
648 bus service is also So, very good. We will be using and walking much in the city and using
649 public bus as more of transportation in and around the city. But when it comes to leaving the
650 city, then we prefer using car. So the connectivity between city to city or between major tourist
651 places can be, if that is also made a little better, then I think we do not need a car.

652 Yes um yes um there are situations where where i have given up um activities ,because i didn't
653 have a car during um during new new year uh it's a night, new year's night um so we would
654 have been uh we would have preferred to be um in the shernan park or but if we had a car
655 because it's very cold and outside and we didn't want to risk um because there's a child also um
656 yeah if there was a car then definitely and and there was once once during the night midnight
657 we had an opportunity to see northern lights we also missed it because it was near the beach
658 and yes if we had a car we would have definitely gone and we would have looked because we
659 both like nature very much so we like to travel a lot also. So, having a car will mean that we
660 might travel to nature spots, like near the river banks, or we prefer forest areas. Yeah, we miss,
661 in that way, we miss having a car.

662

663 (00:59:19,329) Interviewer:

664 So your husband has pretty much decided that he would like to have a car?

665

666 (00:59:33,909) Interviewee 05:

667 We are thinking. We haven't decided. We are thinking. Because we are thinking, because if
668 there is an in-future, when we get older if there's an emergency then we do not know where
669 what and the bus might not be available at that time so

670

671 (01:00:08,200) Interviewer:

672 you want to have an option

673

674 (01:00:08,860) Interviewee 05:

675 oh yes yes yes if there is an emergency say we can use a car

676

677 (01:00:09,119) Interviewer:

678 . Okay. Thank you. Is there anything about your daily mobility experience that we haven't
679 discussed but that you consider important to share?

680

681 (01:00:36,860) Interviewee 05:

682 This might not be connected to transportation but when children and children of like to play
683 outside a lot so my child also plays a lot outside so they do not feel how cold the weather is
684 while I or the others feel the cold or maybe because our body is much adopted to warmer

685 Climates so i would i i would have um i like to have a cover so maybe a very small um a small
686 place where near the parks where we can still be warm and also view the child

687

688 (01:01:26,039) Interviewer:

689 Yes also they are indoor activity indoor fun place like for children in the winter yes indoor
690 some place you have to buy tickets monthly yes yes but what you said it's a good one in parks
691 for outdoor activities yes considering the weather conditions

692

693 (01:01:59,619) Interviewee 05:

694 yes they always the children do not feel the cold so they they want to play every day and for
695 very long hours

696

697 (01:02:07,480) Interviewer:

698 okay thanks uh it's a good one i have also realized that yes it would be good

699

700 (01:02:16,760) Interviewee 05:

701 yeah more and more parents might come with their children and use the parks if we had a small
702 place A small place to be there and just look after them. Yeah, a warmer place where we have
703 a radiator.

704

705 (01:02:32,739) Interviewer:

706 Thank you so much for sharing your thoughts and experience. We are very grateful to you to
707 give us this time.

708

709 (01:02:45,559) Interviewee 05:

710 Thank you so much for interviewing me yeah it was a nice experience thanks thanks again

Interview 06

(00:00:00,750) Interviewer:

Hey, before we get started, thank you so much for participating in this interview. We greatly appreciate your opinions and life experiences, which will benefit our study. The interview will be a part of our study and we hope to gain further insights and explore new aspects regarding how South Asian immigrant families perceive current car-free mobility and long-term adaptability in Helsingborg, Sweden. So you have the freedom to decline your participation at any moment and to decline any questions you don't feel comfortable answering. The interview is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used only for our thesis and accessed only by our research group members and our teachers. The data will be stored securely and aggregated data will be retained until our course is graded. It will not be shared, published or distributed in any way other than our research project. So, first of all, can you tell me a little about you and your family and how long you have been living in Helsingborg?

(00:01:12,349) Interviewee 06:

Yeah, hi, my name is Arba and I am 33 years old and i have a wife and a small five-year-old kid at home i have lived in Helsingborg for quite some years now and now some years ago my wife and kid also have joined me to live with me in the city

(00:01:42,049) Interviewer:

so how long exactly you have been is it two to three years so how long?

(00:01:45,909) Interviewee 06:

Yeah it's it's roughly three to four years now and we moved from india

(00:01:50,590) Interviewer:

okay so are you considering settling here in the future

(00:01:55,269) Interviewee 06:

uh yes definitely uh it's it's a great city Helsingborg is amazing i love that everything is nearby you don't have to travel a lot and spend time in traffic or in commute be it grocery shopping or be it going to work everything is very nearby and the schools are also not too far and especially

35 the public transport is really good so I love it here and definitely I would be looking forward
36 to Settling here in Helsingborg.

37

38 (00:02:31,409) Interviewer:

39 So can you tell me about your profession and how far is your workplace and all ?

40

41 (00:02:37,150) Interviewee 06:

42 yeah sure i work as a product manager in one of the e-commerce companies it's it's a profession
43 that that keeps you on your toes where you have to think about how customers are engaging
44 with the website and how customers are how we are able to make the most out of the customers
45 who are visiting the platform so it's it's a great profession to be in and i really enjoy every day
46 because every day there's a new challenge that we face and try to work on it as a team my
47 workplace is about 15 minutes walking distance so i usually prefer to walk to my workplace
48 and during summers i bike because that's what i like

49

50 (00:03:40,590) Interviewer:

51 okay so that means you don't want to visit any other places offices or somewhere in in between
52 your profession ?

53

54 (00:03:47,810) Interviewee 06:

55 no i don't have to go to multiple places when i'm working i have a fixed workplace where i go
56 every day but for other things like shopping or grocery or picking up kids i usually walk or take
57 the bus

58

59 (00:04:09,289) Interviewer:

60 so is it just five days working or is it weekends also you are working?

61

62 (00:04:12,930) Interviewee 06:

63 no it's just five days monday to friday it's fixed hours and fixed days so that's pretty convenient
64 for me

65

66 (00:04:27,029) Interviewer:

67 okay yeah so you're living here without a car so is it voluntarily or due to some constraints like
68 swedish driving License or affordability ?

69

70 (00:04:32,310) Interviewee 06:

71 uh well i i haven't really considered buying a car so the other constraints do not have a role
72 play here the reason i have not considered is because i don't see a need right now, considering
73 the fact that public transport is really good, and my workplace is not too far as well. So keeping
74 that in mind, I think it's fine for us to not have a car, plus considering the economy right now,
75 it's very important that we keep our finances as low as possible so i really do not want to buy a
76 car and increase our expenses unnecessary which we don't need

77

78 (00:05:31,810) Interviewer:

79 so can i mean that your wife also agrees with this decision?

80

81 (00:05:36,069) Interviewee 06:

82 Yeah it's a challenge it's it's not super easy i would not say that of course there are some days
83 when we feel that we need to have a car it's it's better if you have a car for example when it's
84 snowing during winters when it's minus 10 degrees outside and i have to go and pick my kid
85 it's it's not so good but otherwise rest of the time of the year we don't really feel the need but
86 yes Yes, me and my wife usually discuss about this thing, but in the end we come to the
87 conclusion that we don't need it as much as we think.

88

89 (00:06:22,389) Interviewer:

90 Okay, so what kind of transport did you use in your home country? So is it public transport or
91 a private car?

92

93 (00:06:29,569) Interviewee 06:

94 In my home country, it's very different than here. Usually, everyone has their own cars in the
95 family, family cars. And also, public transport is not as convenient as it is here, so it's a very
96 contrasting difference when it comes to commuting in my home country. Most of the people
97 prefer to take their own vehicles for commute and not rely on public transport because of, of
98 course, ease of commute plus time schedules, availabilities, as well as the overall hygiene
99 perspective. So it's very important for us to have our own convenience in our home country. So
100 I used to go to work with my car when I was in India.

101

102 (00:07:33,930) Interviewer:

103 So could you describe the daily task of your family and how do you manage it without a car
104 here?

105

106 (00:07:43,029) Interviewee 06:

107 Well usually Monday to Fridays are active for me and for us all together we drop our kid to
108 school first with the bus and then and I go to work straight from there so we planned
109 accordingly that that's our schedule and we rarely make changes to the schedule unannounced
110 or unplanned because it becomes difficult to adjust if the schedule goes the other way so I drop
111 the kids to school and then go to work and then I know that I have to be back and pick up my
112 kid from the school so I plan my work accordingly and yeah sometimes when i have some
113 important meetings at work or i'm not available it's not possible for me to get out on time so
114 my wife helps me and picks the kid.

115

116 (00:08:32,730) Interviewer:

117 is she also working or is she a housewife?

118

119 (00:08:45,029) Interviewee 06:

120 she's she's recently started working so yes she is also active and Working

121

122 (00:09:00,750) Interviewer:

123 okay so what about the groceries how do you manage that

124

125 (00:09:07,710) Interviewee 06:

126 well that's very convenient for us because supermarket is not too far from where we live ICA
127 is quite close so we usually go to grocery during the weekends but sometimes when we have
128 to buy something specific which is far away then we take the bus as we both have the monthly
129 bus with us so it's not a problem for us so it's also it becomes also a fun outing with family
130 during the weekends when we take the bus and go somewhere shop to shop so it's also a good
131 time that we spend together shopping.

132

133 (00:09:45,549) Interviewer:

134 so uh how have you managed your shopping with bulky heavy items have you experienced
135 anything like that?

136

137 (00:09:52,750) Interviewee 06:

138 oh well um that's a good question and it's very practical thing that we experience like other
139 people without the car you have to think about many things for example if you want to buy a
140 furniture from the marketplace on facebook you can't really take it home with you even if even
141 if you want it badly so you have to ask some of your friends maybe to take to help you out or
142 maybe you have to pay for moving services trailers or yeah yeah something like that so so yes
143 it happens that when you want to buy some heavy or bulky things you have to think about it
144 twice

145

146 (00:10:46,850) Interviewer:

147 okay so at that moment have you felt that it's it's needed to buy car or something like?

148

149 (00:10:51,070) Interviewee 06:

150 well again these are some of the moments which are very seldom these are not day-to-day
151 feelings that you every day think about it. so it's it's very much manageable so there are of
152 course pros and cons of having a car then these counts as some of the pros but if you overall
153 aggregate all the pros and cons and I think rationally then I think in my personal opinion there
154 are more cons than the pros considering the health of public transport here in Helsingborg and
155 also our kid is small right now so maybe once he grows up then we might change our mind.

156

157 (00:11:45,509) Interviewer:

158 so are you comfortable and feel safe by riding ride sharing with your friends?

159

160 (00:11:52,269) Interviewee 06:

161 yes it's very comfortable while sharing ride sharing with friends, There's no discomfort

162

163 (00:12:02,750) Interviewer:

164 so do you try to compensate or treat them back for the ride or something?

165

166 (00:12:09,090) Interviewee 06:

167 yeah definitely that's a give-and-take relationship that you have it's not a charity so when you
168 ask for a favor then you also have to be available upfront for without asking so so definitely

169 that's that's very obvious and it goes like this you have to be available for them when they they
170 need you so yes

171

172 (00:12:36,830) Interviewer:

173 so do you feel it it's good or how do you feel about that situation?

174

175 (00:12:44,350) Interviewee 06:

176 well it's fine i think uh you can't ask for help from everyone you know your people you know
177 who are there for you so there are a few friends that i have and i know i can ask them for help
178 anytime and i'm available for them if they need me so uh yeah the compensation doesn't have
179 to be in terms of money uh every time it can be anything i think it can be some some small
180 gesture or appreciation or anything yeah

181

182 (00:13:20,629) Interviewer:

183 Okay uh so uh due to this car free situation have you tried options like online shopping home
184 delivery and sometimes skipping far away visits or something ?

185

186 (00:13:31,720) Interviewee 06:

187 yes definitely for example last year we wanted to buy something in the IKEA so we paid extra
188 for home delivery because we don't have a car and trailer to bring it home bring the furniture
189 home so we paid for the home delivery option so in grocery shopping usually i we don't do
190 online we usually go to the store and buy what we need but otherwise we have tried food
191 delivery apps as well multiple times especially when it's cold outside and we don't want to go
192 out in the bus

193

194 (00:14:16,909) Interviewer:

195 Have you ever skipped any far away places visits or something ?

196

197 (00:14:21,710) Interviewee 06:

198 Yes definitely I think that's one of the things and constraints that you have when you don't have
199 a car. You can't really visit so many good places in Skåne or around Skåne because those places
200 are not accessible with public transport. So there are trade-offs, of course, and this is one of
201 those that you can't travel to some of those really beautiful places because they are not really

202 accessible with the public transport. Maybe because you have to walk a lot to reach there after
203 the bus leaves you or maybe...

204

205 (00:15:08,350) Interviewer:

206 Destination.

207

208 (00:15:08,830) Interviewee 06:

209 The destination is too far or remote. So yes, of course, we have also skipped those places and
210 have not been there, where we wish to go when we have the car maybe in future.

211

212 (00:15:22,970) Interviewer:

213 But do you think that if you were alone, so that it would be possible?

214

215 (00:15:28,269) Interviewee 06:

216 Yes, with family it's different and when you're alone it's different. So you have to think about
217 the kid as well. So yes, we skip those places considering the overall family situation.

218

219 (00:15:40,669) Interviewer:

220 Okay, so due to the status of being car-free, So do you feel fixed routines and monotonous in
221 everyday life?

222

223 (00:15:49,789) Interviewee 06:

224 Well, it is fixed and I will not call it monotonous because my work and my family energizes
225 me. So, yes, it's a fixed routine, but inspiring and happy at the same time. And it's important to
226 have a fixed routine because that's how you train your body and you train your overall situation
227 as well and you learn with that and it's important to have a fixed schedule in my opinion if even
228 if you have a car or you don't have a car so it doesn't matter if it's a carless situation or with car
229 situation I like to follow the fixed routines and follow the schedules yeah

230

231 (00:16:39,149) Interviewer:

232 okay so um do you have ever feel that you have been excluded from the circle of your society?

233

234 (00:16:45,379) Interviewee 06:

235 um well um it's it's not it's not that way i guess uh because uh whenever you for example my
236 friends whenever they invite us for dinners so we plan it accordingly we know that if the
237 invitation is seven in the evening we check the distance accordingly we check proactively that
238 which bus takes us there and how long it's going to take for us to be there so accordingly we
239 plan things out and travel and commute so so not really don't really feel excluded but sometimes
240 when the plan when it's impromptive it's not something that is planned then it's difficult and
241 we we can't join other friends who are traveling with the cars or other things so so yes it happens
242 sometimes that we are not able to join some of the some of the outings or maybe summer
243 festivals for example but yeah it's very very seldom it's not like every weekend thing that we
244 feel excluded

245

246 (00:18:08,910) Interviewer:

247 so what about your normal weekend where do you travel or how does it you usually do ?

248

249 (00:18:17,410) Interviewee 06:

250 well it depends on the time of the year as like everyone else in Sweden when it's summers it's
251 more active so you have a lot of time in the Sun during the day so you go out and do many
252 things but during winters it's the days are mostly indoors so we don't really go too far just some
253 weekends within the city but in summers we try to go and explore Skåne using the summer
254 pass that we get during the summers and that's it's really a nice thing so we we try and take
255 advantage of the summer pass in the summer months and and explore this explore Skane the
256 places where we want to go.

257 (00:19:08,100) Interviewer:

258 What transport options do you mainly rely on in daily life?

259 (00:20:17,169) Interviewee 06:

260 In Helsingborg we don't have many transport options we don't have trams we have buses so I
261 usually commute with buses within the city but otherwise during summers I bike also as I said
262 so I have a bike and I like to bike in summer so I usually take the bike when I'm traveling alone
263 but but if I have to pick up my kid then I accordingly plan things out

264 (00:20:18,250) Interviewer:

265

266 how do you do it ?

267 (00:20:20,301) Interviewee 06:

268

269 there are options of course a bus in the bus is an option or you can I can have a bike seat as
270 well for the kid since he's five years and he can easily fit in the bike seat so it's it's a fun for
271 him as well to be out and experience biking in summers yeah

272

273 (00:20:22,869) Interviewer:

274 so you have the cycling skills what about your wife does she also know how to cycle?

275

276 (00:20:27,269) Interviewee 06:

277 well she she doesn't really like it in the beginning but i think now over the time i think she has
278 understood that that's normal because biking is not in south asia usually people don't use bikes
279 they use cars and yeah mostly cars not really normal in our country even public transport and
280 biking is not biking is for fun only for kids not for grown-ups and special and definitely not
281 going to work biking that's not something that's common so it was surprising for her of course
282 but now I think over the time she has quite become used to it and she is learning to bike now
283 of course it's another skill so it's good

284

285 (00:21:28,569) Interviewer:

286 So does that mean that cycling is in your country in your home country is it for some level of
287 income people

288

289 (00:21:36,170) Interviewee 06:

290 Yes, definitely. People who can't afford bikes, motorbikes, for example, or cars, they prefer
291 cycle because they don't have an option. So, if I have to say, people with lower income group
292 are considered to be biking and people with good income or people with enough family
293 incomes, so they buy motorbikes or cars. So, yeah, it's definitely, there's a, society is built in
294 such a way that the classes are divided on what car you drive, which car you drive, which
295 motorbike you have. And if you don't have that, then you are, you belong to the lower income
296 group.

297

298 (00:22:33,549) Interviewer:

299 Okay, so what's your opinion or experience about using Skane Trafficant app and online ticket
300 purchase, ticket sharing features?

301

302 (00:22:44,130) Interviewee 06:

303 Well, it's super convenient. It's in your phone. It works like so smooth. So it's it's it's really nice
304 thing to have in the phone and quite easy to purchase tickets pay using your card and yeah so
305 app is really smooth sometimes some of the things doesn't work for example I lost my ticket in
306 the app once I just contacted the customer service and they were able to help me out quite easily
307 so no problem with the app at all so far but I've heard from some of my friends who travel from
308 Malmo or other cities to work not with the app but they experience the overall timetable is not
309 so good now in terms of trains not arriving on time or some accidents on track and yeah those
310 things happening quite often now so for me the app works fine online ticket purchase works
311 pretty smooth and also the ticket sharing feature is so nice and easy it used to be better before
312 when it was unlimited some years ago but now I think skane traffican people are really smart
313 and they have reduced the sharing permits to limited so yeah it's it's a pity and that it's limited
314 but it's fine I think

315

316 (00:24:32,369) Interviewer:

317 so you think if that situation is again available so it's it will be much more better?

318

319 (00:24:37,529) Interviewee 06:

320 yeah definitely, It will be better that you're able to share your ticket with other people because
321 in any case you share it with five people or fifty people you are promoting public transport so
322 it's it's a good thing it's not a negative thing to share that to be able to share the ticket with many
323 people because anyway they are using public transport and it's important so yeah it will be
324 better if we get it back.

325

326 (00:25:13,900) Interviewer:

327 So in your home country also were you familiar with such an app or something like related to
328 transport?

329

330 (00:25:20,200) Interviewee 06:

331 Not really I haven't used any such app back home because we rarely use public transport

332

333 (00:25:28,940) Interviewer:

334 Is there any app available there?

335

336 (00:25:31,240) Interviewee 06:

337 I have no idea there should be but I have not checked I'm sorry.

338

339 (00:25:37,480) Interviewer:

340 So in your country, home country is it basically or mostly the physical cash or is it digital?

341

342 (00:25:49,099) Interviewee 06:

343 Now it's very much digital in the last 7 years, 8 years it has changed a lot we have I will not
344 say it as a digital economy as we have in Sweden, but it's very digital. Even the smallest of the
345 shopkeeper on the street accepts digital payment. So it has changed a lot in the last seven, eight
346 years. So, yeah, it's very convenient. But of course, the cash is also very much accepted
347 everywhere so there's no problem even if you don't have the cash then you will be able to pay
348 digitally so there are apps to pay just like swish you have here okay yeah yeah

349

350 (00:26:46,680) Interviewer:

351 so if you recall your memory so how did you learn to plan the routes manage time and deal
352 with the delays?

353

354 (00:26:51,740) Interviewee 06:

355 in sweden you mean yeah yeah so it takes time of course to learn the routes and to to remember
356 the places to remember the bus numbers and timetable but of course since it's you have you
357 have the phone in your pocket so everything i think is very easy once you know how to use
358 technology so for me it hasn't really been challenging in terms of learning ways or remembering
359 the routes or other things because i really feel and believe in technology in hand.

360

361 (00:27:29,940) Interviewer:

362 okay yeah how do you find the child care responsibilities since you are living without a car is
363 it easy or difficult?

364

365 (00:27:42,380) Interviewee 06:

366 well um it is a mix i would say. In my opinion for example when the child will grow up i would
367 need to take him to some activities some classes maybe for example football or badminton or
368 swimming then it's a bit tricky to to you know plan things out and do things naturally which
369 are too far away so we can't go for a good football ground if it's too far away so we'll have to
370 adjust with something that is not too far, something that is nearby so that is a trade-off that we

371 live with without the car. So, and I think this is one of the child care responsibilities that we
372 find it difficult to manage without the car. But of course, as I said, that right now, it's
373 manageable for us. So, yeah, it's not a problem.

374

375 (00:29:00,019) Interviewer:

376 Yeah. So, do you feel comfortable with the schools, hospitals, since you are living without a
377 car? Is it nearby or accessible?

378

379 (00:29:11,339) Interviewee 06:

380 Well, Helsingborg is not that big city. District hospital is roughly 15 minutes by bus. 10 to 15
381 minutes by bus from my home. Even if I walk, it takes roughly 30 minutes to the hospital. So
382 it's not too far. And the school is also not too far I would say considering the overall size of the
383 city it's not so big and the workplace is also walkable so I say everything is walkable in
384 Helsingborg you can walk from Vala to Central Station if you want to in the summer months
385 but of course in winter it's not really advisable but otherwise if you have a bike you can bike
386 as well and during winters I think public transport, the buses connectivity is really good and all
387 the bus lines are really connecting the whole city together so yeah, that's not a problem I think
388 it's really comfortable to travel

389

390 (00:30:26,079) Interviewer:

391 But still do you think that there are specific routes or places that feel difficult to manage without
392 a car ?

393

394 (00:30:36,240) Interviewee 06:

395 Not really nothing that is on top of my head for example I like to go to Sofiero so we have a
396 bus to Sofiero we go to Vaala we have a bus direct to Vaala we go to some grocery stores which
397 are a little bit far away from our home so we have the bus stops of course there is some walk
398 involved as well it's not that you get out of your building and bus is waiting for you no you
399 have to walk carry the kind child in the stroller and yeah that's something that comes with it.
400 but overall it's fine I think I don't really think I can't think of a place which is not accessible
401 without the buses within the city of course if you go out of the city to Eloröa or Guntafta or
402 any other places outside the city then it's a different thing altogether.

403

404 (00:31:49,299) Interviewer:

405 okay so you mentioned about the weather conditions so it really affects the daily mobility yes
406 so with the kids with the kid did do you actually embarrassed in any moment with related to
407 the weather conditions

408

409 (00:32:09,049) Interviewee 06:

410 well there's no need to be because I'm not the only one there are many people who thinks like
411 that and live like that so it's not a problem at all and there's no embarrassment at all I feel so
412 it's fine I guess my kids the kids are how you train them and educate them so if I if I teach my
413 kid to look down on people taking public transport then he will learn that so that's something
414 that we have to be mindful of that what we are teaching our kids and what education they are
415 getting from us

416

417 (00:32:52,230) Interviewer:

418 yeah okay so have you experienced any discrimination while using public transport by another
419 passenger, driver or ticket checkers?

420

421 (00:33:02,670) Interviewee 06:

422 Yes and no. There have been instances where my friends from Southeast Asia have shared their
423 experiences that they were checked on a routine, checking because they feel that they were
424 checked because they look different. However, that might not be the case in reality. So, of
425 course, that's the thing with us when you live in a new country where you feel that you don't
426 belong a lot of times and you don't look like locals, you don't talk like locals, you don't think
427 like locals, for example.

428 So the first thing that comes to your mind whenever you are in that situation is because
429 whatever is happening to you is because of your color or because of how you look. That's the
430 first thing that you think. But if you really think rationally, that might not be the case.

431 So i'm not saying that people have not been in that situation genuinely or there have not been
432 genuine racial cases i'm not saying that yes there are people who do that intentionally to racially
433 profile people but most of the time it's not the case most of the time you have to be transparent.

434

435 (00:34:43,179) Interviewer:

436 okay so what's your overall opinion of the transport and infrastructure in Helsingborg?

437

438 (00:34:50,889) Interviewee 06:

439 Um it's good i would say overall transport is nice sometimes during summer especially it
440 becomes little chaotic in the buses when a lot of people are taking the buses and sometimes i've
441 seen and there's hardly a place left for the strollers because it's very limited. And if there are
442 multiple kids traveling, then multiple families traveling in the same bus, then it's a problem for
443 you to adjust.

444 So I remember once, a couple of years ago, there was literally an argument that broke out in
445 the bus because people were trying to fit in their strollers and there was no place in the bus. So
446 they started arguing and the bus had to stop for some extra time at the stop.

447 So, of course, these things happen. These things may happen to the best of the systems. And
448 these are exceptions, I believe.

449

450 (00:35:59,409) Interviewer:

451 So earlier you mentioned that you used a vehicle in your home country so now you are living
452 without one so how do you describe this experience compared to your home country here?

453

454 (00:36:15,210) Interviewee 06:

455 it's a very different experience and it's like day and night experience in my in my home country
456 i would not really prefer to take public transport as I said before because because of the hygiene
457 because of the availabilities because of the timetables and many reasons so but all these reasons
458 are not valid here in Sweden so it's very clean buses are clean buses are on time buses are really
459 affordable so it's a very contrasting difference if you compare it to compared with the
460 infrastructure in my country and infrastructure here in Sweden yeah.

461

462 (00:37:15,400) Interviewer:

463 so that has made you to get this decision?

464

465 (00:37:26,900) Interviewee 06:

466 yes definitely definitely as I said that I don't see a really grave need of buying a car especially
467 as I said that this time the time that we live in it's it's very important to have more savings and
468 have less expenses as possible and cars a really big expense in my opinion because you have
469 to pay for the fuel of course and you have to pay for the insurance which is expensive and also
470 at the same time you also have to maintain it regularly or annual services or extra that comes
471 with it plus the the cost of the car is is a depreciating asset so the money and whatever you've
472 put in you will definitely never get it back.

473 So keeping all the aspects in mind, I think, yeah, it's a good decision. But that will change in a
474 few years. I don't know.

475

476 (00:38:25,639) Interviewer:

477 Okay, yeah. So do you have many immigrant friends who don't have cars?

478

479 (00:38:31,460) Interviewee 06:

480 Yes, there are many people. Generally, when you come to a new country, you don't get the car
481 on day one. It's a lot of thinking process. So I have many friends who do not think as I think.
482 They feel the need of the car, but they really can't afford it maybe or they really don't want to
483 buy it now. So yes, there are many people like me who don't have the car, but some of them
484 wish to have a car.

485

486 (00:38:55,350) Interviewer:

487 Yeah so their opinion does not affect you you mean?

488

489 (00:38:58,619) Interviewee 06:

490 no not really everybody thinks different and everybody's needs are very different so it doesn't
491 mean it doesn't mean that what fits them has to fit me

492

493 (00:39:24,210) Interviewer:

494 okay so uh do you think that while searching and getting jobs in sweden does the possessing a
495 car play a critical?

496

497 (00:39:32,090) Interviewee 06:

498 Role for some jobs yes it plays a critical role for example if you want to work as a cleaner or if
499 you want to work in any job where traveling is required then you need to have a car.

500

501 (00:40:08,300) Interviewer

502 so was it a requirement for you also earlier?

503

504 (00:40:19,170) Interviewee 06:

505 not really as I said that my working hours are fixed my working days are fixed and more my
506 working location is fixed so no traveling required as such I seldomly travel to Malmo and I

507 take the train for that so I'm fine with it it's not the same situation for me but some for some
508 people it might be critical to have the car on day one when they start working and that can be
509 one of the preconditions in the job profile.

510

511 (00:40:28,300) Interviewer:

512 so if there is any requirement like that what do you feel about that is it with related to transport
513 ?

514 (00:40:29,370) Interviewee 06:

515 Sorry

516

517 (00:40:44,269) Interviewer:

518 if there is a requirement for driving license or possessing a car what do you think about that
519 with related the existing transport I in Helsingborg is it good requirement or how do you feel
520 about it ?

521

522

523 (00:40:56,730) Interviewee 06:

524 yeah well there are many requirements so that you you have to complete when before buying
525 a car for example driving license is one of those and that's very difficult process when you
526 come from Asian countries driving in Asian countries is very different than driving in Sweden
527 so yes you have to unlearn a lot of things and start learning fresh so yeah these are I think the
528 requirements.

529

530 (00:41:31,889) Interviewer:

531 so do you think that not having a car related to the social status here in Sweden and in Your
532 home country how do you compare it?

533

534 (00:41:36,510) Interviewee 06:

535 Um..it's it's very different in Sweden, I think one of my co-workers, he is a Swede. He is 57
536 years old, I think. And he comes to work usually biking. And he can buy the most expensive
537 car if he wants to.

538 And probably he already has one. But he comes to work biking. so it doesn't really matter here
539 in Sweden people will not judge you based on what you drive but in my home country it's very
540 different if as I said that it's associated with your social status you which which which vehicle

541 you take to work plays an important role if you will take the bicycle to work then people
542 probably will not take you seriously and if you take Mercedes to work then you will be
543 welcomed politely so it's very different in terms of what you drive tells your status.

544

545 (00:43:09,469) Interviewer:

546 okay so let's talk about something else so if sustainability is something that comes up in your
547 daily life or in your family discussions?

548

549 (00:43:22,309) Interviewee 06:

550 well I've started thinking about it when I've moved to Sweden that was never something that
551 we thought and discussed when we were back in India but But now since it's very important in
552 Sweden and we have learned the way we live in Sweden, so now it has become one of the
553 important thing for us to think about our carbon emission, how much carbon we generate
554 regularly, we think about it and also we have to be sustainable and think about the plan so after
555 moving so even these these thoughts and these words have now become a part of our
556 discussions yes

557

558 (00:44:16,050) Interviewer:

559 so that means transport also stays among these topics?

560

561 (00:44:34,850) Interviewee 06:

562 definitely

563

564 (00:44:18,250) Interviewee

565 okay so when choosing how to travel what factors do you mostly consider what comes first is
566 it cost ,comfort or the environment friendliness or something?

567

568 (00:44:35,949) Interviewee 06:

569 Comfort is important, of course, and if your family travels comfortably, then you can think
570 about the other things as well. So, of course, it has to be cost-effective. You can't go all in just
571 to keep the comfort, so it has to be cost-effective, and it has to be comfortable. Then you can
572 plug in the environmental factor as well nowadays environmental the buses are buses runs on
573 either batteries or green gases so that's very much environmental friendly in my opinion so all

574 all three important things for me cost-effectiveness comfort and environmentally friendly all
575 three parameters fit in with the public transport for me.

576

577 (00:45:38,110) Interviewer:

578 okay so how do you interpret your car free life is it a limitation or is it for being sustainable or
579 more being free without a car?

580

581 (00:45:52,590) Interviewee 06:

582 well it's it's calculated decision to live car-free life in Helsingborg, maybe if you ask me this
583 question once I move to Stockholm mm-hmm or to a bigger city my answer might be different
584 but it's not a limitation for me it's more about what you get it's more about freedom

585 (00:46:23,500) Interviewer:

586 okay so how do you notice the environmental sustainability is discussed and practiced more
587 widely in Sweden than in your native country

588 (00:46:32,460) Interviewee 06:

589 sorry

590 (00:46:33,600) Interviewer:

591

592 in in which areas do you think that environmental sustainability is discussed and practiced in
593 Sweden related to it related to your native country?

594

595 (00:46:49,980) Interviewee 06:

596 yes definitely i've noticed that It's it's a big difference in how we how we take how seriously
597 we take our environment in my country versus sweden in sweden almost everyone is aware of
598 the responsibilities around the planet whatever we give in to the planet it comes back like for
599 example recycling the empty bottles I have never done that when I was in my country now we
600 do that monthly recycling the empty bottles we segregate our trash consciously and responsibly
601 because that's one of the duties that we have.

602 It's not because of mandate. Initially, it was because of the mandate, but now I think it has
603 become more of a duty towards the planet. So it's a big difference in how we discuss
604 environment in my country versus we do it here. Plus a big difference in how we practice that
605 in reality Sweden versus my home country

606

607 (00:47:20,200) Interviewer:

608

609 yeah that means the things you see and practice here has influenced your thinking nowadays ?

610 (00:48:09,710) Interviewee 06:

611

612 absolutely okay absolutely

613 (00:47:23,346) Interviewer:

614

615 so being car free also a part of that you as you think yes as I said three factors important factors
616 and cost consciousness comfort and sustainability so sustainability also is one of the factors
617 that has played a role in our decision.

618

619 (00:48:41,099) Interviewer:

620 so so suppose that your job status and visa status change positively and will you still continue
621 here life without a car ?

622

623 (00:48:57,429) Interviewee 06:

624 that depends on the kind of job that I will get so yes it may change I'm not really so hard on not
625 getting a car but but keeping a job is important you can't say no to a job just because it has
626 some commute expected so I think if something changes in my job status and visa status later
627 if I change my job due to any reason XYZ reasons then I can consider buying a car so yeah

628

629 (00:49:50,199) Interviewer:

630 so for example people say that there are many popular car brands here comparatively cheaper
631 than the home countries. so even so doesn't does it mean that you also going to purchase a car?

632

633 (00:50:03,469) Interviewee 06:

634 well I am a man so of course I don't know a man or a boy who doesn't like cars. so just like
635 others I also love cars and it's very fascinating when you look at so many brands that you have
636 always dreamt of while living in your home country so of course it's very fascinating it looks
637 very fancy looking at those popular car brands and of course they are cheaper here compared
638 to the home country. so but as i said there are pros and cons comes with it so if i make a
639 calculative decision i think right now not going for the fancy things is the decision but yeah
640 we'll see so

641

642 (00:51:08,510) Interviewer:

643 So, after you thought of buying a car, what do you consider about the cost and the parking and
644 driving license and highway driving rules and regulations?

645

646 (00:51:23,099) Interviewee 06:

647 Yes, all these factors are important to be considered. There are rules in Sweden and you have
648 to follow them. Like, for example, you can't park everywhere. You will get a ticket if you park
649 some some random places so it's very important to follow the rules here getting a driving
650 license is a tricky thing here so you have to prepare a lot for the theory exam then you have to
651 go for risk one risk two and practical and driving lessons so it's it's it's not super easy and I'm
652 happy that it's not super easy otherwise we'll have so many accidents or deaths on highways
653 and roads so it's it's good that it's not super easy it's it's difficult but it it can be a little cheaper
654 of course and So yes, the rules and regulations are there to be followed and it's good for us in
655 return. So if we follow the rules, we will keep ourselves safe and we will meet our families.

656

657 (00:52:45,090) Interviewer:

658 So do you think that these factors affect people for not purchasing vehicles?

659

660 (00:52:51,210) Interviewee 06:

661 For some, yes, it may. Like for example some people are not mentally prepared to prepare to
662 go for obtaining a driving license because it's too expensive or it's too difficult to get so this
663 can be one of the reasons for people not buying a car because they can't get a driver's license
664 or they feel nervous while driving on highways or following the rules and regulations. So yes,
665 these can be some factors for some people. But for me, these are not important factors.

666

667 (00:53:32,730) Interviewer:

668 Okay, so what do you think, even though you might own a car in future, will you still use the
669 public transport in daily life?

670

671 (00:53:40,369) Interviewee 06:

672 Of course, why not? I think it can be a mix of both.

673

674 (00:53:44,010) Interviewer:

675 In which situations, for example, will you use them?

676

677 (00:53:46,829) Interviewee 06:

678 For example, if my kid is sick and we have to go to Vaala for example, so it will be easy for
679 me to take out the car and drive him to Vala. When my kid will grow up, to take him to some
680 football match, it will be easier and drive him to his match. Regular affairs like grocery
681 shopping or going to work then I think I can continue using the buses and that's not too so that's
682 not a problem so it can be mix of both I would say even if you have a car you can still be using
683 public transport and keeping your carbon emission as low as possible

684

685 (00:54:40,510) Interviewer:

686 so beside cycling do you also use walking yes yes walking comes with public transport
687 naturally. You can't fly and board a bus so it's it's it's definitely there you have to walk a lot so
688 so i i um complete five to six thousand steps usually every day.

689

690 (00:55:03,369) Interviewer:

691 do you think that it is also healthy?

692

693 (00:55:08,110) Interviewee 06:

694 And it is of course I don't think it's healthy it is healthy walking is important part of your daily
695 lifestyle and everybody should walk at least five to six thousand steps every day and when
696 you're using public transport you can do it quite easily without having to plan plan for it

697

698 (00:55:36,550) Interviewer:

699 . so do you have any suggestions for scone trafficking as a service provider or for the swedish
700 government to support the families who are living without a car?

701

702 (00:55:41,710) Interviewee 06:

703 um yeah it uh well they first of all i think if they are listening i would say if they can bring back
704 the old price of the skane city pass it used to be 500 krona roughly a little less than that but
705 now it's so much and it's increasing I think every now and then the prices are increasing the
706 price for the skane pass the price for the summer pass is increasing so if they can consider
707 reducing the prices back to normal again then it can be better and it can also promote more

708 people to use public transport and secondly I would say about the stroller places and the buses
709 if they can find a solution out that that will also be nice.

710

711 (00:56:56,389) Interviewer:

712 And is there anything about the daily mobility experience that we haven't discussed but you
713 think that it is important to consider for our Study?

714

715 (00:57:12,429) Interviewee 06:

716 Yes, I think in terms of daily mobility I have seen in the last few years e-scooters have also
717 played a very important role for a lot of people, especially youngsters. They they don't bike
718 anymore they take e-scooters a lot of people are buying their personal scooters plus there are
719 many companies that are targeting those group of people who use e-scooters so I know that is
720 you can you can ride a scooter for free so those those companies are promoting these scooters
721 a lot. So probably Skåne Trafiken should also think about promoting the public transport driven
722 by Skåne Trafiken. That can be one of the things I think can be considered in this overall
723 discussion.

724

725 (00:58:12,039) Interviewer:

726 Okay. Yeah. Thank you so much for your kind thoughts and your experiences you shared with
727 us. Yeah. Thank you so much.

728

729 (00:58:21,179) Interviewee 06:

730 Thank you.

Interview 07

(00:00:00,850) Interviewer:

Hey, before we get started, thank you for participating in this interview. We greatly appreciate your opinions and life experiences, which will benefit our study. The interview is a part of our study to gain further insights and explore new aspects regarding how South Asian immigrant families pursue car-free mobility and long-term adaptability in Helsingborg, Sweden.

You have the freedom to decline participation at any moment or to decline any questions you don't feel comfortable answering. The interview is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used only for our thesis and accessed only by our research group members and our teachers.

The data will be stored securely and the aggregated data will be retained until our course is graded. It will not be shared, published or distributed in any way other than our research project. So first of all, can you tell me a little about your family and you and how long have you been lived in Helsingborg?

(00:01:19,569) Interviewee 07:

I'm living in Helsingborg for more than five years now. I'm having a little baby. Currently I'm working in Hemfrid as a cleaner and my husband is also working in a warehouse. Apart from that he is also doing foodora. Yeah, that's all.

(00:01:45,700) Interviewer:

That's all. And from which country are you from?

(00:01:50,250) Interviewee 07:

I am from Sri Lanka. I am from Sri Lanka.

(00:01:55,600) Interviewer:

Okay. So are you considering settling here in the future?

(00:01:55,239) Interviewee 07:

Yes, of course. I have a plan to be settled in Sweden near future. But I have a little more time to be applied for PR.

34

35 (00:02:07,219) Interviewer:

36 So how far is your workplace? Is it nearby or how far?

37

38 (00:02:13,560) Interviewee 07:

39 It's not that much nearby. But considering to the other places here in Helsingborg, it's quite
40 nearby, but not that much near. How many kilometers?

41

42 (00:02:30,460) Interviewer:

43 Approximately around 15 kilometers. So what about your husband? Is it

44

45 (00:02:36,319) Interviewee 07:

46 yeah he is actually working a little far away more than like it takes more than i think 35 40
47 minutes okay roughly kilometers i have no idea but that's the time he takes like 50 Sorry 35 to
48 40 minutes

49

50 (00:02:53,199) Interviewer:

51 so living here without a car is it voluntarily or due to any constraints like swedish driving
52 license or affordability

53

54 (00:03:04,199) Interviewee 07:

55 Um and no actually um we are living here without a car voluntarily not due to any constraints
56 like Sweden driving license or affordability it's complete a voluntary decision we have taken

57

58 (00:03:22,219) Interviewer:

59 that means both of you and your husband are agreed upon it?

60

61 (00:03:25,759) Interviewee 07:

62 yes of course yes. We have agreed upon it and we are without a car right now.

63

64 (00:03:29,219) Interviewer:

65 so um what kind of transport did you use in your home country?

66

67 (00:03:33,349) Interviewee 07:

68 in my home country we had a car we use public transportation I'm sorry at first but when we
69 start working in the town in the town it took for us both of us to like to travel to our place more
70 time it took for us to travel so we had to buy a car .

71

72 (00:04:02,560) Interviewer:

73 that means uh when you are using public transport in your country it was time consuming?

74

75 (00:04:05,349) Interviewee 07:

76 yeah of course due to traffic condition it was time consuming and we had a baby i told you so
77 with her it was a little difficult for us to like manage to go into workplace and dropping her.

78

79 (00:04:22,409) Interviewer:

80 so that means both of you were in the same direction of to the workplace?

81

82 (00:04:30,079) Interviewee 07:

83 yes yes yes so. You could manage yes we could manage my husband dropped me first and he
84 went to work with the car but before like we go to work we had to wait for parents to take care
85 of the child so we used to stay until our parents come and sometimes they get late because they
86 use public transport so once they come we have to give the baby and then we have to go to our
87 workplace so we had a car that was convenient for us to go workplace even with a shorter
88 period.

89

90 (00:04:59,500) Interviewer:

91 okay um so what about your daily task here in Helsingborg, how do you manage them without
92 a car just like groceries schools work and daycare?

93

94 (00:05:17,519) Interviewee 07:

95 um for me for daycare it was. Not a problem at all because it was a little close by so i usually
96 walk if not i ask my daughter to have her bicycle so i go along with her for grocery school and
97 work i actually use public transportation usually i take either bus or the train but more than the

98 bus train was convenient because it takes less time than the bus but again we have a problem
99 with the train because sometimes trains get late like we are quite unsure about the timings of
100 the trains buses in that sense more reliable so managing daily tasks without a car is so far not
101 a big Issue for us maybe because we have used to it At first it was little difficult but now it is
102 not.

103

104 (00:06:12,620) Interviewer:

105 Okay so um do you feel comfortable with ride sharing with your friends?

106

107 (00:06:24,769) Interviewee 07:

108 to work to work my husband does, for leisure activities also sometimes but you know as kids
109 we have to have little precautions like having baby seats and everything so Sometimes it's
110 difficult to share with the right like with friends for leisure activities because it's this it takes
111 little space even in the seat like to fix the baby seat and everything and it it is kind of a like
112 what do we call it not a pressure but it's a kind of a difficult time arranging it's kind of stressful
113 like to manage such things but for work my husband does like i'm not usually have a right yes
114 sharing right with my friends i'm not usually doing it but my husband does so he says that it is
115 quite comfortable more than safe i think it was quite comfortable because he he says that it's
116 uh reduces his time to go to work and especially he can like have more sleep in the morning
117 since it takes less time than the time that he takes to get into work by bus yeah or train.

118

119 (00:07:43,519) Interviewer:

120 okay yeah uh so how do you manage um your shopping with bulky heavy items to bring home
121 um do you have any experience?

122

123 (00:08:01,579) Interviewee 07:

124 yes uh we usually go for grocery. Every week i mean the grocery so taking grocery either by
125 bus or train was not difficult for us but when it comes to a bulky heavy items like getting into
126 a kind of a chair like a sofa or bed or a table we either use a trailer yes exactly a trailer or we
127 have here a trailer which we can take for few hours renting yes for renting so we use such
128 things so with.

129

130 (00:08:40,960) Interviewer:

131 With related to ride sharing do you think of compensating or treating them back for the ride?

132

133 (00:08:43,399) Interviewer:

134 yes yes my husband does uh-huh

135

136 (00:08:46,200) Interviewer:

137 how does he does that ?

138

139 (00:08:52,299) Interviewee 07:

140 yeah he uh usually share uh he usually um like gives him a share the person that he goes either
141 by uh fueling uh yes fueling uh yes well uh either by giving him a money a share as a share
142 like for an example if it costs 200 for the ride he compensate if there are two people he give at
143 least 100 kroner if there are four people they divide it by four and likewise based on the
144 complete cost for the ride they divide among the number of people that they go if not they
145 usually compensate through fuel.

146

147 (00:09:34,120) Interviewer:

148 so do you think this ride sharing has become a sort of way of traveling here nowadays?

149

150 (00:09:46,220) Interviewee 07:

151 yes of course .Especially the ones without cars so this gives a good opportunity for them to get
152 into work and also it saves less money like less money in the sense now we think that this is a
153 good thing and it has become much popular because more than like going one by one in single
154 car it's good to have like have a group and go and especially for the ones without cars this is a
155 kind of an ideal way

156

157 (00:10:16,750) Interviewer:

158 Yeah so in that case is it the same nationalities or different nationalities they are moving with?

159

160 (00:10:25,500) Interviewee 07:

161 different nationalities for an example my husband sometimes shares a car ride with a
162 Bangladesh friend who is working in the same department in so it's not the same nationality
163 that goes together we can see many people belong to different countries goes together.

164

165 (00:10:41,700) Interviewer:

166 so there is some harmony and all

167

168 (00:10:42,799) Interviewee 07:

169 And it's good for the sustainability as well like going. Wasting fuel, money

170

171 (00:10:51,879) Interviewer:

172 For everything

173

174 (00:10:53,799) Interviewee 07:

175 Yes

176

177 (00:10:54,279) Interviewer:

178 So due to this carless situation have you tried any options like online shopping home delivery
179 something ?

180

181 (00:11:08,200) Interviewee 07:

182 yes i usually do online. Shopping especially for not groceries but things like for an example
183 what do you call tissues hand tissues then which i take in bulk that's easy for me then toilet
184 papers so they have bulks so online shopping is easy for me so they bring them to the doorstep
185 the bulks and also home delivery we are usually do like for food either foodora or Uber or
186 something.

187

188 (00:11:44,480) Interviewer:

189 but do you think in that case it's cheaper relative to having a car in your own?

190

191 (00:11:53,279) Interviewee 07:

192 Exactly yes online shopping home delivery both of them are quite cheaper rather than even
193 booking a taxi taking a taxi

194

195 (00:12:03,399) Interviewer:

196 Okay so what about uh have you ever skipped any far away visit due to not having a vehicle?

197

198 (00:12:11,919) Interviewee 07:

199 Hmm sometimes not always because i can say like during summer there were so many buses
200 trains which were put by the skane traffickan for us to like visit many places even far away
201 places so that was not a problem especially during the time of summer but sometimes we had
202 to skip far away when the baby was too small to be honest because we thought that it's kind of
203 little dangerous to go by public transportation we don't know like kids have little like sometimes
204 they get sick sometimes they get bored so it's not like for some like for us to be reliable on
205 sometimes public transportation when we have kids like small ones but when they are used to
206 these rides i think it is not a problem

207

208 (00:13:15,740) Interviewer:

209 Could you tell me which age limit you are referring to as a small is it less than two years?

210

211 (00:13:24,799) Interviewee 07:

212 Yes i think less than three years until three years i think we have to like like even the children
213 are quite troublesome in getting into public transportation they run and run here and they are
214 they are quite curious so it's very difficult to manage and taking them in public transportation
215 we are visiting long like long faraway places but when they get used to this public
216 transportation and when they are quite logical in their thinking when they can understand what
217 is right and when they are quite stable that's the exact word I can use stable I think this will not
218 be a problem I have personal experience because I once tried to take her in public transportation
219 to Stockholm when she was very small by that time she was little sick so until the end of the
220 journey I was quite stressful pressurized and even she was not stable she was not calm she was
221 quiet and quiet she was crying during the whole journey so it disturbs the others as well
222 especially the people who are like willing to have a kind of a peaceful calm ride but when like
223 she became like five four years she I I saw a big difference in her when i was taking her in
224 public transportation where I had to visit a friend in Gothenburg so those two are quite two
225 experiences different experiences I had.

226

227 (00:14:52,259) Interviewer:

228 that means you think that along with the age of the of the child the transported the mode of
229 transport and the way of transporting uh it depends?

230

231 (00:15:10,360) Interviewee 07:

232 yes to a certain extent it depends

233

234 (00:15:15,450) Interviewer:

235 okay so um since you are not having a car do you feel that it's fixed routines or monotonous in
236 your everyday life?

237

238 (00:15:20,460) Interviewee 07:

239 Without a car, not exactly it again depends on what sort of works that i'm doing fixed routines
240 and monotonous uh days become the times where i had to go to work and all but during the
241 weekends i think it's not I can feel like fixed routine and monotonous in my work.

242

243 (00:15:25,150) Interviewer:

244 so don't you think that since you are not having a car you are excluded from the circle of your
245 society ?

246

247 (00:16:01,210) Interviewee 07:

248 no no no not here ,Not here

249

250 (00:16:03,149) Interviewer:

251 okay that means do you feel it at home in your home country? yes could you explain?

252

253 (00:16:11,359) Interviewee 07:

254 yes , Yes like here i don't think that there's kind of a discrimination or a kind of an exclusion
255 that we can see among the people with and without cars. but in my home country that was not
256 the same situation having a car and purchasing a car and taking care of a car was a kind of
257 something which gave a social status for many people okay so people who had cars and they
258 like who use a car and who purchase a car they were considered to be kind of people who can
259 affordable well so such people sometimes can work together and people who are without cars
260 can be excluded sometimes from the circle for an example i can remember when we did have
261 a car at first when always my friends were get got together for certain outings and all i had to
262 sometimes quit because i i didn't have a car so i missed some opportunities because of that
263 which missed chances because of that because i might think that without having a with having
264 without having like without a car going there and just mingling with them can be a problem for
265 them also like for an example if i want to come early if they want to stay for a long time okay
266 i have to like disturb them so it's one occasion i felt like that i'm excluded from the circle of the
267 society.

268

269 (00:17:50,160) Interviewer:

270 yeah but you don't feel like that in here?

271

272 (00:17:51,339) Interviewee 07:

273 no no no

274

275 (00:17:53,360) Interviewer:

276 okay so what about your weekend trips does your family go for long distances or shopping
277 mall visits what about the weekend?

278

279 (00:18:03,460) Interviewee 07:

280 uh i usually take the train because i told you my baby is now quite big big in the sense he she
281 can understand really well.

282

283 (00:18:40,360) Interviewer:

284 how old is she now ?

285

286 (00:18:41,900) Interviewer

287 now she is six years so she understands in going like in trains and buses without disturbing
288 others so she know how to behave so she listens to me so it's easy for me to like take her in
289 trains and buses so usually for weekend trips as a family we usually take buses or trains.

290

291 (00:18:43,900) Interviewer

292 so she also enjoys the

293

294 (00:18:46,519) Interviewee 07:

295 yes yes exactly yeah she enjoys going in trains more than buses so whenever she wants to go
296 out she always asks for a train to take.

297

298 (00:18:48,367) Interviewer

299 so doesn't she ask for a car or something like

300

301 (00:18:57,519) Interviewee 07:

302 So far no maybe she doesn't understand it and maybe she doesn't have an experience here yet
303 but um yeah yeah i don't think that she she really needs a car right now and she never asked for
304 it so far.

305

306 (00:19:18,750) Interviewer:

307 yeah so uh are there any situations that you have given up social activities since you are not
308 having a car here?

309

310 (00:19:25,589) Interviewee 07:

311 what do you mean by social activities?

312

313 (00:19:28,550) Interviewer:

314 like just like gatherings or going for musical shows

315

316 (00:20:12,009) Interviewer:

317 and okay yes yes yes at late nights there are less busess and train so most of the musical shows
318 like the movie programs so most of them are having uh during night and sometimes they take
319 late night uh to finish all these programs so it's uh it was a problem for us to come back uh
320 either by using a bus or a train so in such occasions we had to give up in going there and
321 engaging such programs even during the evening it was quite difficult for an example i can say
322 as i told you my husband works in little far away i wanted to attend at very first at very very
323 beginning very beginning some classes which are going which are actually happening in the
324 evening but until he comes here i could not attend and even after coming here he he comes here
325 it takes for me to get back to that place a little longer time so i could not attend on time to such
326 activities due to that i had to give up.

327

328 (00:21:01,910) Interviewer:

329 so at that moment have you felt that to buy a vehicle or something

330

331 (00:21:11,809) Interviewee 07:

332 yeah i felt i had such like feelings of okay if i had a car i could able to attend okay if i car i
333 could do something more, Yes of course i had such feelings but only few occasions which that
334 comes as a kind of a priority other than that.

335 (00:21:19,109) Interviewer:

336 it's not frequent yeah yeah

337

338 (00:21:24,099) Interviewee 07:

339 It's not frequent when there are problems like that happens only we feel like okay if we have a
340 car it's good but other than that it's not something a kind of a necessity which has become an
341 essential thing for us to live yeah it has not become something like that

342

343 (00:21:50,289) Interviewer:

344 Yeah what kind of transport options do you mainly rely on your daily life?

345

346 (00:22:00,759) Interviewee 07:

347 usually rely on train and bus because i'm not good at cycling i can't bicycle yes i can't cycle i
348 can't i'm not good at cycling and i'm not good at scooters too and i don't like to walk also so
349 even for a smaller distance i used to either take by bus or train.

350

351 (00:22:19,529) Interviewer:

352 yeah but uh do you like to learn the cycling skill

353

354 (00:22:27,789) Interviewee 07:

355 yes i like i tried once but i failed few occasions and i actually fell in certain occasions where i
356 was training when i was training for cycling so those experience made me that particular thing
357 quite harder and also something inachievable

358

359

360 (00:22:39,459) Interviewer:

361 yeah but uh if you find any chance of learning it under good instructions or under a society or
362 a club or something like do you like to attend and learning

363

364 (00:23:02,920) Interviewee 07:

365 of course i would like to the thing is most of the time when i was like learn into cycle riding
366 cycles and all i did by myself so that's why i made me like a kind of a unachievable thing for
367 me unachievable in the sense of bad experience bad experience caused me to like dislike it but
368 i really wanted to learn cycling because it saves time especially and gives me a lot of
369 opportunities and it is i think it's a very good mode of transportation here i think i have seen
370 many women.

371

372 (00:23:29,970) Interviewer:

373 the cargo cycling .

374

375 (00:23:44,069) Interviewee 07:

376 yeah Yeah exactly cargo cycling so i would like to learn, But all these experience made me to
377 be disliked so far but i really have an intention of learning

378

379 (00:23:50,910) Interviewer:

380 So that means in future if you had a good opportunity to learn this bicycling with cargo so you
381 can even drop your kid to the school.

382

383 (00:24:01,309) Interviewee 07:

384 yeah yeah yeah yeah yeah she's very nearby i can drop her even by walk but i as i told you um
385 i i'm not a person who would like to walk much so even to like have a kind of a um what do
386 we call a day out with her i think cargo cycling would be one of the best yeah.

387

388 (00:24:21,589) Interviewer:

389 okay so uh what is your experience with skane trafficken app what do you think about it?

390

391 (00:24:33,150) Interviewee 07:

392 uh so far good uh so far i think it is kind of very useful um at first it was quite difficult for me
393 when i came just soon after came here it was a little difficult because we didn't have an app
394 like that in a home country so this is the first time we had a kind of a useful app in doing all
395 these transportation stuff but when there are problems related to this what we call signals we
396 had i had personally little problems in purchasing tickets or not even i can remember like once
397 i wanted to have a ticket and i was trying to book that ticket at that moment by the time i was

398 trying to book that ticket purchase that ticket i was actually trying to switch and purchase the
399 ticket the switch up was not working there was a technical issue in the swish up so i could not
400 purchase the ticket more than 20 minutes after 20 minutes only that problem was solved and i
401 could able to purchase the ticket so instant tickets booking instant tickets sometimes made us
402 quite problematic when there are issues related to signals and some technical issues related to
403 back swish likewise

404

405 (00:26:00,990) Interviewer:

406 so but they are not frequent i think

407

408 (00:26:12,070) Interviewee 07:

409 not frequent not frequent

410

411 (00:26:26,829) Interviewer:

412 so overall uh what do you think that does it does the skane traffic add value to the public
413 transport?

414

415 (00:26:32,070) Interviewee 07:

416 yes of course yes it's really useful and it adds a lot of values to the transportation system.

417

418 (00:26:46,729) Interviewer:

419 what do you think about the ticket sharing feature of this app?

420

421 (00:26:48,128) Interviewer:

422 it's uh it's a very nice option we have here and it's not very difficult it's easy especially like
423 when we have a ticket that is not used for the day it gives us a chance for us to like share with
424 someone else and like make use of that ticket even keeping it like without using it so i think it
425 add value to the public transport really

426

427 (00:26:56,829) Interviewer:

428 uh have you experienced uh you you told that you didn't you haven't experienced such an app
429 in your home country so could you please explain the uh the way you are using transportation
430 in your home country?

431

432 (00:27:08,809) Interviewee 07:

433 yeah we used to purchase tickets by paying cash um on location on location like there's a
434 conductor in the bus so we usually purchase tickets by giving him cash so he issue a ticket it's
435 a must to issue a ticket in public transport system but there are private transportation system
436 that was having in Sri Lanka so in some buses they issue tickets some are not but it was a must
437 from the law public transportation like Ceylon transportation board to issue a ticket but that
438 was not done in kind of a proper way sometimes so and I have an experience I can share you I
439 had a very small distance to travel in a bus in Colombo and the bus was fully crowded so I was
440 in the behind I was in the very back of that bus and that conductor was in the very front of the
441 bus so obtaining a ticket was so difficult for me so i had to go to the front of the bus over the
442 crowd to obtain a ticket so i missed the place that i wanted to get off also due to that so yes so
443 on location obtaining and purchasing ticket was quite difficult in that sense but compared to
444 my mother country sri lanka here the the app does a very uh useful and a very productive work
445 and but this this is the first experience i have in with the app in sri lanka there are no apps like
446 that only to book either a cab or other thing only we have apps but not the public transportation.

447

448 (00:29:11,809) Interviewer:

449 okay so that means uh at first you find it difficult here in adjusting for this yes but later you get
450 on with it.

451

452 (00:29:18,849) Interviewee 07:

453 yes because that because uh this was the first experience We didn't have such experiences

454

455 (00:29:26,029) Interviewer:

456 and also you think that the comfortability comparing with two countries it's far more better
457 here ?

458

459 (00:29:37,180) Interviewee 07:

460 yeah Of course we in sri lanka we had an online booking system especially for the trains
461 especially for the night mail trains for long distance trains we had online booking train option
462 but other than that for general public service for day-to-day ones i i haven't seen so far any.

463

464 (00:29:55,730) Interviewer:

465 yeah that means you are always using physical cash and change coins

466

467 (00:30:036) Interviewee 07:

468 yes yes We are using cash.. Yes.

469

470 (00:30:07,289) Interviewee 07:

471 We don't have even a bus card. But for students, they had a season ticket. It's only provided for
472 public government service offices and also school children below 18 for public transportation.

473

474 (00:30:25,569) Interviewer:

475 Okay.

476

477 (00:30:39,150) Interviewee 07:

478 Those were actually given for concessionary rates.

479

480 (00:30:42,000) Interviewer

481 Uh-huh that means there are there any separate kind of buses for them?

482

483 (00:30:60,150) Interviewee 07:

484 uh we have two sort of buses the both are actually under transportation board private and
485 public, private service and public service so under public service only the seasonal tickets are
486 issued by the transportation ceylon transportation board and concessionary rates that's also for
487 children under 18 the school moms and also some government officers

488

489 (00:31:01,980) Interviewer:

490 Okay yeah yeah so um how did you learn to plan routes and manage time and manage with
491 delays here can you share your experience

492

493 (00:31:13,349) Interviewee 07:

494 um planning routes again i can tell you at first it was very difficult but now it's really really
495 easy because everything shows in the app the routes and everything but there's one thing i
496 should tell sometimes in the app shows like a faraway truth but when we check like uh in
497 different ways by using uh like the current location and the destination like different routes for

498 an example i was trying to find a location through the app by giving current location but when
499 i uh when i so during that time it showed me a kind of a long route where i had to take two
500 buses two buses and one train and the time was little high like more than one and a half but if
501 i change the locations like for an example if i move to a different place from there if i get into
502 another place it shows a different way and it shows a little time i hope you understood like yeah
503 um how can i explain it uh best example uh one time i had to go for a customer's place so from
504 the place that i say Like uh stayed it shows uh more than one and a half hours i told you two
505 buses and one train but i went to the nearest place nearest town that i was and from there i
506 searched for that place it showed only half and half for me so sometimes skane traffickan gives
507 us kind of very complex routes comparing on the location

508

509 (00:33:16,039) Interviewer:

510 yes yeah got it yeah yeah okay um then um ..what about uh managing the school drop-off,
511 shopping and hospital appointments who is responsible for this transportation in your family is
512 it you or your husband or both of them ?

513

514 (00:33:28,960) Interviewee 07:

515 it's me because my husband is quite busy he's actually busy with his work so it's me who always
516 like plan all these things appointments and everything it's me who plans.

517

518 (00:34:10,100) Interviewer:

519 okay then do you feel it comfortable without a car how do what do you think?

520

521 (00:34:12,550) Interviewee 07:

522 in some occasions we felt that it's very hard especially when the baby gets sick at night it was
523 quite difficult for us to find transportation public transportation of course we cannot find out
524 even at late in during especially late night and imagine it's a kind of an emergency we cannot
525 take it by transportation public transportation so i had to either call for a cab and all sometimes
526 cabs are quite busy there are some peak times where cabs are not uh available at All for such
527 instances instances we actually become very helpless without a car so there are moments We
528 felt like it's good that we have a car.

529

530 (00:34:32,619) Interviewer:

531 so have you ever encountered such a situation in the past few years here?

532

533 (00:34:39,220) Interviewee 07:

534 yes of course once i can remember not uh yeah once i can remember um it's not something
535 personal okay it's not something person this has happened to actually one of my friends uh who
536 is living in the same apartment like apartments with us.

537

538 (00:34:35,419) Interviewer:

539 that means they also do not have a vehicle?

540

541 (00:34:36,420) Interviewee 07:

542 yes yes yes of course we both we both at the moment um hadn't uh have like now even i don't
543 have and she doesn't even have right now so um she her baby was sick and we called for a cab
544 and the cab came and the cab was without a baby seat so they said that they can't take okay and
545 we were looking for more more cabs but none of the none of them were available so it was late
546 night i think One hour past 12 midnight.

547

548 (00:35:37,480) Interviewer:

549 so at that time didn't you try for the emergency services?

550

551 (00:35:45,900) Interviewee 07:

552 in this it was not an emergency it was not an emergency like even if we call emergency they
553 asked several questions so due to such things we can't call it as an emergency she had like you
554 know hand foot mouth disease okay yeah so it was not a time where i can call for emergency
555 because it was not an emergency but they wanted to go to hospital because she was quite scared
556 about these things and that was the first experience and i have also a personal experience my
557 daughter got chicken pox last month and it was late night that i found that she has blisters on
558 her head two three blisters so we were not allowed to use public transportation in such
559 occasions and i called for so i could not use public transportation because it was a highly
560 contagious disease and even when i called 1177 they asked us to like not to go anywhere stay
561 at home but i wanted to make it clear that whether this is exactly chickenpox or something else
562 so i wanted take her to emergency but i could not use public transportation and due to her
563 sickness plus i called for many cabs during that time they were not available because i was a i
564 i am in a place in Helsingborg where the cabs are not quite frequently available so it was quite
565 difficult for me at that time .

566

567 (00:36:20,280) Interviewer:

568 okay yeah um so at that minute at that moment have you felt that to buy a vehicle or something
569 ?

570 (00:36:54,920) Interviewee 07:

571 yes of course i i was quite helpless without a car by that time .

572

573 (00:36:56,280) Interviewer:

574 okay yeah um so uh do you think that your child leisure activities are affected since you are not
575 having a car? have you restricted them to the nearby places or easy accessible places? do you
576 feel like that?

577

578 (00:37:44,920) Interviewee 07:

579 No because for almost all the places here along around Helsingborg and even the other parts of
580 Sweden I guess all Sweden there are so many public transportation access access so everywhere
581 you can find public transportation so I don't think that for so far I haven't felt something like
582 that but i can tell you one thing there are instances i i i never felt it but there are instances i can
583 tell you where i had to sometimes stop going into different places for an example last week
584 there was a problem in between somewhere in Hasselhome and Eslo where the train tracks are
585 having some sort of a problem so we had to take buses so that was a long journey without buses
586 and in the app it shows either call for a cab or use the bus so managing time was difficult in
587 such cases so that's the only like the thing I had so far uh like found like effect as affected thing
588 other than that i never felt like okay my child's activities are kind of restricted to nearby and
589 easy accessible places because i don't have a car yeah

590

591 (00:37:56,100) Interviewer:

592 okay yeah uh do you feel comfortable that schools hospitals and workplaces work well together
593 for the families living without car do you comfortable with these places are they are these
594 places are nearby or how do you feel the responses from these places when you are dealing
595 with transportation with the public transportation?

596

597 (00:39:36,969) Interviewee 07:

598 for me personally i don't have any sort of an uncomfortable because most of the places are quite
599 nearby so it was not a problem for me so far but my husband had a recent plan to move back
600 to a place where his warehouse was close by so he saves time into getting his to work but i
601 actually denied that i i said no because when i searched that place no buses were there only
602 trains were there so and without a car relying only on trains will be quite a problem because
603 sometimes trains get delayed and i told you sometimes due to track issues some trains can be

604 cancelled so getting into my work and coming and relying only by trains is quite problematic
605 so if if we had a car of course i would go but i said i can't go to that place because that's a place
606 without even taxi service and also which is completely rely on trains.

607

608 (00:40:56,869) Interviewer:

609 Yeah what do you think about the weather conditions here just like the winter and the rain how
610 how does it affect your daily mobility?

611

612 (00:41:07,109) Interviewee 07:

613 At first it affected us a lot we had rare outings during the time of winter because we were quite
614 new by that time but now we are used to it most of the conditions of course we have used
615 because we are living in more than five years now so we are quite used to these things so they
616 have not much affected the mobility but as many people say we have very less uh but uh time
617 where we have a very little time we spend in going out during winter and rain some is the time
618 we go out more than the other times but weather conditions have not affected much for the
619 mobility because anyway with the environment with these weather conditions we have to work
620 and survive.

621

622 (00:41:58,929) Interviewer:

623 so does your child also feel it okay with managing this with this without a car

624

625 (00:42:24,590) Interviewee 07:

626 so far yes yeah because maybe because we are used to it for quite a long time without a car i
627 think she also is kind of not affected by these things

628

629 (00:42:33,000) Interviewer:

630 yeah okay so have you experienced any discrimination while using the public transport by
631 another passenger, driver or ticket checkers, what's your opinion?

632

633 (00:42:42,039) Interviewee 07:

634 No, so far no because everyone are quite nice and they are quite hospitable they have a good
635 hospitality so they never discriminate anyone even I haven't seen I have not seen even other
636 person is discriminated by these public transportation people no.

637

638 (00:43:05,489) Interviewer:

639 okay yeah what do you think about the overall opinion of the transportation and infrastructure
640 in Helsingborg ?

641

642 (00:43:16,940) Interviewee 07:

643 So far so good so far so good buses are quite on time trains are also quite on time even the
644 cycling paths working roads and they also like are in good conditions even during the time of
645 the snowing they are quite cleared by the workers so access to many places through these roads
646 and these modes of transportations are quite easy and even there are places even in public
647 transportation we can see the drivers support the people with disabilities by opening the door
648 and putting the things down and getting them inside. So far so good.

649

650 (00:44:05,570) Interviewer:

651 So you live here without a car. How do you describe this experience compared to your home
652 country? Because in your home country you mentioned that you had a car but here you are
653 living without a car so do you how do you feel that?

654

655 (00:44:28,539) Interviewee 07:

656 um i i actually um feel a big difference because uh we were quite worried without a car at first
657 because i told you we miss certain things as we thought that it's a kind of a big impact for our
658 social status like when people are going out with their cars and without a car it's a kind of not
659 a discrimination we feel like okay we are just inferior to them in certain ways that inferiority
660 was there inferiority was there but here no i can't say that i never felt that inferiority even
661 without a car i have friends who have cars so we mingle with each other and i never felt that
662 okay i am inferior to them without a car

663 Because having a car or not having a car is not something here which is considered as a social
664 status but in my home country as i told you it was something uh considered to be a factor that
665 is going to decide the social status so for me i actually can come say that the condition and like
666 the situation is quite favorable for me even without a car.

667

668 (00:45:47,429) Interviewer:

669 yeah so in your friends circle what is the majority do they have cars or do they don't have cars?

670

671 (00:45:53,329) Interviewee 07:

672 Um 50 50 some have cars some don't have but we never had that i never the first person i never
673 had this inferiority feeling okay i'm not a person without a car because everyone is equally
674 recognized equally welcomed so i don't i never felt so.

675

676 (00:46:12,180) Interviewer:

677 but do you think that the people who are having car or not having car do they affect your
678 decisions of purchasing a car or not purchasing a car?

679

680 (00:46:21,230) Interviewee 07:

681 what do you that means ?

682

683 (00:46:25,680) Interviewer:

684 do they influence ? So suppose that if you meet persons who are having cars do do their
685 opinions affect you to buy a car.

686

687 (00:46:37,260) Interviewee 07:

688 not really in my home country yes because when someone start a picking a topic related to car
689 for an example some sort of a repair all people are talking after that about cars so that made me
690 also to okay i also should buy a car then also i can actively take part in that conversation and
691 also like if they all have cars and taking care of cars and they are going here and there every
692 time again with everyone yeah that also affected me in having a car but here it's not like that
693 even though others like discuss about cars it is not a kind of a problem like a factor that affect
694 me to okay I should also buy a car no not here.

695

696 (00:47:21,519) Interviewer:

697 so that means your mindset has been a little bit changed of course after coming here yes okay
698 yeah uh what do you think that you do you think since you are not having a car you combine
699 several activities in one trip do you think yeah plan like that?

700

701 (00:47:50,760) Interviewee 07:

702 yes yes of course i do for example for an example when i go for work um usually i told you I
703 buy groceries week by week so on last day of my work friday i usually after work go to the
704 grocery shops that i usually visit take groceries and coming back to pick my daughter and
705 getting back to work getting back home and another example if i have something to do in the

706 town for an example to meet someone like a friend or someone so i usually used to go for like
707 shopping no other thing like purchase something that i really want or go to a salon or something
708 On the same day so i usually combine several activities in one trip in order to save my time
709 especially so i don't need to go two things for two days so if i buy the ticket only for 24 hours
710 it's easy for me to do everything at once imagine i have a 30 days ticket it doesn't it doesn't
711 matter i can go at anywhere at any time because i have the ticket but imagine if i have a 24
712 tickets a shared one or something okay i will manage all the activities with bond trip that saves
713 my cost and also my time.

714

715 (00:49:05,699) Interviewer:

716 okay yeah um do you think that while searching jobs and getting jobs in sweden does
717 possessing a car and having driving license plays a critical role was that was that a requirement
718 existed for you also?

719

720 (00:49:26,570) Interviewee 07:

721 For some jobs especially where are these warehouses which are located a little far away where
722 the access of buses and trains are very less restricted and very less so there are buses and trains
723 but very less like buses come every two hours sometimes trains come every two hours likewise
724 so for such places yes this has become a kind of a crucial factor so processing a car should be
725 a must. for me and my husband it has not become a kind of main requirement yet because my
726 husband can also go to work to his warehouse either either by using a bus or a train to save
727 some time only he goes with a friend okay but other than that he has access to go for me also i
728 have many modes of transportation to go to my workplace so it has not become a kind of a
729 main necessity.

730

731 (00:50:34,250) Interviewer:

732 okay yeah uh so do you think that not having a car relates to social status here in sweden and
733 with compared to your home country?

734

735 (00:50:44,780) Interviewee 07:

736 Social status yeah oh here yeah here it is not something that related to social status i told you
737 but in my home country yes it is something related to my social status like i told you Everything
738 depends like if everything depends on the car sometimes but many people like felt inferior
739 inferior and many people like consider to be sometimes poor or like middle caste due to not
740 having a car.

741

742 (00:51:10,050) Interviewer

743 so that means you feel uh quite free in that sense?

744

745 (00:51:31,409) Interviewee 07:

746 of course of course. Because here everyone is treated equally even without regardless i'm sorry
747 regardless of their social status so there are accesses for everyone even without a car.

748

749 (00:51:40,150) Interviewer:

750 yeah okay so um what do you think about sustainability so is it a topic that comes to you in
751 your daily life and family discussions?

752

753 (00:51:59,980) Interviewee 07:

754 not exactly in the same word but if you look at the meaning of sustainability yes

755

756 (00:52:00,210) Interviewer:

757 how do you explain it for example? What comes to your mind when talk about sustainability?

758

759 (00:52:26,000) Interviewee 07:

760 saving time saving like, Uh for an example like if we had a car we have to spend a lot of money
761 for fuel we have to we have to think about like maintaining it like everything so i think in terms
762 of resources in terms of resources pub using planning using public transportation is i think quite
763 favorable than having a car for an example if every person is going to work by car without
764 using public transportation the resources which are going to be used the amount of world
765 consumption the what do we call the impact which is caused by to the environment for an
766 example air pollution and everything would be higher so you can save time you can save
767 resources you can save money everything and even you can make a very less impact to the
768 environment using public transportations.

769

770 (00:53:40,969) Interviewer:

771 that means that with related to sustainability transportation also stays among this topic?

772

773 (00:54:10,150) Interviewee 07:

774 yes of course
775
776 (00:54:11,089) Interviewer:
777 so you feel since you are not living with the car so you feel that you also support for this
778 sustainability?
779
780 (00:54:11,150) Interviewee 07:
781 yes of course yes
782
783 (00:54:22,449) Interviewer:
784 okay so uh when choosing how to travel what factors more important for you? is it the cost
785 comfortability or the the environmental impacts or what do you think?
786
787 (00:54:31,150) Interviewee 07:
788 for me yeah to be honest cost uh yeah comfortable hassle-free environment friendly vehicles
789 uh when i compare when i consider all these four out of these four it's cost which comes first
790 then i would say uh hassle-free uh environmental friendly and last comfortable because even
791 in public transportation you can see everywhere in every mode comfortability is there in
792 Sweden.
793
794 (00:54:40,630) Interviewer
795 yes but it's not the same in your country
796
797 (00:54:42,150) Interviewee 07:
798 no no no no completely different
799
800 (00:54:55,630) Interviewer:
801 okay yeah uh how do you actually interpret this car free life is it do you feel it's like a limitation
802 or more of a freedom?
803
804 (00:55:02,829) Interviewee 07:

805 Yeah i i actually consider it as a more of a freedom because i know people who have cars they
806 have lots of tensions regarding many things if i start with first they had to pay for like parking
807 they have to pay for parking there are few parking slots but very less in Sweden even they go
808 for go out in every occasion they have to use either easy parking or something for parking so
809 they have to spend extra money for parking that's one and even if you want to like park your
810 vehicle in your home or any other place there should be a security tower so some company we
811 have to get the parking receipt and we have to use that parking app and every month we have
812 to pay a rental for that so another cost added to that and for insurance every month we have to
813 pay uh an amount so that is one and you know i have heard all these things from my one of my
814 friends who is actually having a car i know how he is like struggling with all these things by
815 managing expenses because she has to uh spend a lot of money for all these things related to
816 her vehicle uh every month every year i think the person who owns the vehicle had to pay a
817 tax for the vehicle uh-huh so that depends also on the year of the year made and the condition
818 of the vehicle and everything so if the year is new it's a kind of a modern vehicle the tax is quite
819 i think it's tax is less as far as i know if the vehicle is quite old then the tax rate is high so tax
820 is another one vehicle tax and the other thing is basignin every year i think they had to go for
821 a basignin they have to find out all the falls and they have to pass the basic need so that is also
822 quite stressful and also costly and fuel so there are some vehicles who are fuel friendly but
823 there are some fakers not fuel friendly so for fuel also we had to add a lot of cost and you know
824 here the in sweden the fine rates are very high considered to my country so when there are
825 problems related to parking and everything and even in like what do we call disregarding road
826 rules and everything the fine is quite high i can remember one of my friends had a parking fine
827 twice in a single week okay so 600 kronas for one time so imagine the cost we have to pay in
828 for fines so that's another thing and even though you have a license even though you have a car
829 if something happens related to driving in your car that affects your license as well it can be
830 cancelled and it can be sometimes sometimes hold for a few years so i think carefree life is
831 without a car because when you have a car a lot of things to be considered a lot of stress a lot
832 of tensions.

833

834 (00:58:28,579) Interviewer:

835 Yeah okay um so have you noticed that environment sustainability is discussed and practiced
836 more widely in Sweden than in your native country of course how do you explain it with related
837 to transportation yes can you Please?

838

839 (00:58:46,529) Interviewee 07:

840 yes um i can see like we have we are living in a place where i told you we can like borrow
841 sometimes vehicles for few hours and when i check those vehicles all vehicles are a renewable
842 energy source like what do you call them like we have to charge them some are solar powered
843 some are actually electric cars electric vehicles most of them are electric vehicles so that's one
844 occasion where I can see that they are quite environmental friendly and think about the

845 sustainability of the environment in terms of their mode of transportation. And if I look at most
846 of the vehicles here, like Tesla and many of the vehicle companies which are actually, which
847 manufactured vehicles here in Europe, they are quite environmental friendly. Most of them are
848 electric ones.

849

850 (01:00:00,579) Interviewer:

851 So what about the situation in your country?

852

853 (01:00:06,239) Interviewee 07:

854 It's completely different than in Sweden. Very less electric vehicles are there in my home
855 country. One thing for that is, like here, if you look at in Sweden, many places have this
856 rechargeable post, rechargeable areas, rechargeable stations. But in Sri Lanka, very few
857 rechargeable stations are there. So people have quite people are quite hesitant in getting into a
858 like electric vehicles purchasing yes purchasing electric vehicles because of that yeah if they
859 want to go for a long distance they can't rely on that vehicle because they should just seek for
860 these rechargeable stations if they're going so so people less have people have a less tend to get
861 into electric vehicles because of that that is one reason i think for them to not to go for electric
862 vehicles and the other thing is if you look at now here the besetning and everything should be
863 done in proper time if the besetning is not completed the vehicle is not allowed to get into the
864 road and we can't use it in the road but in sri lanka we have a service we have to do that but
865 that was not done in a proper way not compulsory yeah it was not compulsory and it was not
866 done in proper way also so there's no particular what we call there are conditions like set up by
867 the transportation rules yes yeah kind of rules and conditions okay the vehicle should be like
868 this it should have less fuel combustion no smoke should be released to the environment
869 likewise they have set up and there is a condition of vehicles that they have given to be put into
870 the roads but that is not happening exactly in Sri Lanka if not there are conditions and there are
871 some like terms they have put but that was not in practice theoretically it's there but not practice.

872

873 (01:02:12,140) Interviewer:

874 so you think that the surrounding environment has influenced your way of thinking nowadays?

875

876 (01:02:16,139) Interviewee 07:

877 yes especially the place that i live Sweden yes

878

879 (01:02:20,140) Interviewer:

880

881 yeah okay so what do you think that if your job status and visa status change positively will
882 you continue life here without a car ?

883

884 (01:02:30,560) Interviewee 07:

885 of course yes

886

887 (01:02:32,264) Interviewer:

888 so what are the factors that encourage you to choose a car free life in the future also?

889

890 (01:02:50,960) Interviewee 07:

891 um the advancement in the transportation system in sweden if i live in my home country sri
892 lanka i would go for a car even like without much job status like even without a good salary
893 because it is sort of a necessary for a car for me if i live in sri lanka but i don't say that a car is
894 a necessary factor for me to live in sweden to survive in sweden even without a car we can
895 survive so i have showed it by living here in five years even if i have a job status or even my
896 visa status change positively i might get but it has not become something essential factor for
897 me to go more than that I would go for a better house not for a car .

898

899 (01:03:20,600) Interviewer:

900 okay yeah that uh but some some people say that there are many popular brands and very cheap
901 comparatively to their home country and all so even so does that not affect to your purchasing
902 a car.

903

904 (01:03:45,940) Interviewee 07:

905 no uh that is one reason is the amount of capital that we have to spend on it yes if you compare
906 the prices of the vehicles they are quite cheaper than my mother country that's very true but if
907 you look at the amount that we have to spend for the other things related to car like as i told
908 you the disengaging the what we call the tax if i go for a very brand new car the tax would be
909 very very high so due to those factors i would not yeah um.

910

911 (01:04:16,860) Interviewer:

912 so that means uh even so suppose you you will buy a car and even you buy a car will you still
913 use the public transport

914

915 (01:04:17,139) Interviewee 07:

916 yes

917

918 (01:04:20,900) Interviewer:

919 so you are quite comfortable with the public transport okay so um do you have any suggestions
920 for the skane trafficken as a service provider and for the swedish government to support the
921 families who are living without a car?

922

923 (01:04:51,039) Interviewee 07:

924 uh yes the first thing is if you can add some more like buses and trains during the late night. It
925 would be really helpful for especially parents with the kids. That is one. And there are some
926 areas I have found when I was travelling here and there. Like some buses and trains are like
927 with a big gap. Like some trains are coming after two hours the duration like for an example if
928 this if there are bus at 2.30 then the other bus in the same route comes at 4.30 so two hour
929 difference so if you miss the bus in into 2.30 bus if if you want to go to a like if you like want
930 to get the other bus you have to wait for two hours.

931

932 (01:05:37,610) Interviewer:

933 don't you think that it has occurs due to due to the less population or something like in the area
934 yeah

935

936 (01:05:46,320) Interviewee 07:

937 maybe yes but still there are people who are living in right more than crowded areas yes i know
938 in a crowded areas you have buses and trains every 15 minutes 20 minutes but those are also
939 places that's why many people would not like to go to those places that's why many people are
940 crowded in cities. so if skane traffican provide easy transportation easy in the sense accessible
941 uh transportation accessible in the sense like how can i say like more buses more trains I think
942 people the frequency yes frequency for an example i told you i uh turned down one uh yes
943 chance like turn down one option my husband gave like to move into a place where his where
944 i was very close but i told you i said no to that because they have only trains yes

945

946 (01:06:40,829) Interviewer:

947 so you think that the number of modes also affect the

948

949

950 (01:06:50,869) Interviewee 07:

951 yes exactly decision making yes number of modes so for that talk that place was as i told as
952 you told you without less people without less population so maybe because of that they don't
953 have buses but if you add little more modes along with reducing the time maybe people would
954 move

955

956 (01:07:08,309) Interviewer:

957 Mm-hmm that means you are thinking that the transportation also matters matters to the
958 population scatter?

959

960 (01:07:14,869) Interviewee 07:

961 exactly yeah exactly yeah many people as i know they want to go to those places but the thing
962 is the access the mode of transportation they have either train or bus sometimes only train
963 sometimes only bus and the duration is also matters like bus comes every two hours train comes
964 every two hours so it's very hard to manage things so i had that problem also how can i come
965 to back, take my daughter on time from the preschool if one train if i miss one train imagine in
966 during the time of the train journey signal drops so sometimes train gets stuck for a few minutes
967 so what how can I manage yeah that's a problem.

968

969 (01:07:57,130) Interviewer:

970 okay yeah uh so is there anything about your daily mobility experience that we haven't
971 discussed but you consider important to share

972

973 (01:08:22,890) Interviewee 07:

974 no exactly but as I told you like the what do you mean by this daily mobility experience like
975 what is specifically that you want.

976

977 (01:08:24,585) Interviewer:

978 no not not anything specifically but i'm thinking that to our interview do you think is there
979 anything we missed talking about the transportation.

980

981 (01:08:25,890) Interviewee 07:

982 no no i think many of your questions discovered many of the things yeah

983 (01:08:00,585) Interviewer:

984 thank you so much and you have given good points and good experiences that you had and it
985 will definitely add value to our research so thank you for your time and thank you for your
986 cooperation okay thank you Thank you.

Interview 08

(00:00:00,970) Interviewer:

Hey, before we get started, thank you so much for participating in this interview. We greatly appreciate your opinions and life experiences, which will benefit our study. This interview is a part of our study to gain further insights and explore new aspects regarding how South Asian immigrant families pursue current car-free mobility and long-term adaptability in Helsingborg, Sweden.

So you have the freedom to decline participation at any moment and to decline any questions you don't feel like answering. The interviewees intended to be anonymous and all efforts have been made to ensure so. The data collected will be used only for our thesis and accessed only by our group members and our teachers. The data will be stored securely and the aggregated data will be retained until our course is graded. It will not be shared, published or distributed in any way other than our research project. So first of all, can you tell me a little about you and your family and how long have you been lived in Helsingborg?

(00:01:12,030) Interviewee 08:

Hi I'm Nivanti, I'm 34 years old and my husband is Vinidhu. We have two kids. Our younger kid is two years old and our elder one is five years. And I'm living here in Helsingborg, five years, and I'm coming from Sri Lanka.

(00:01:32,730) Interviewer:

So, are you considering settling here in the future?

(00:01:34,930) Interviewee 08:

Yeah, if I have a good opportunity, yes, surely I will settle here.

(00:01:36,530) Interviewer:

So can you tell me about your profession and how far is the workplaces you and your husband?

(00:01:42,930) Interviewee 08:

I am working in a restaurant and my husband my husband is working in a warehouse and my workplace is around 30 minutes from my home normally I'm going by bus.

34

35

36 (00:01:40,580) Interviewer:

37 then what about your husband?

38

39 (00:01:45,470) Interviewee 08:

40 he's working in a warehouse and it's a it's a around three kilometers from my home and
41 normally go by bicycle sometimes in winter winter or any other problems you go by bus so if
42 you go by bus it will take more time.

43

44 (00:02:31,810) Interviewer:

45 Okay so living here without a car is it voluntarily or due to any constraints like Swedish driving
46 license or affordability?

47

48 (00:02:41,189) Interviewee 08:

49 Yeah, for me, it is voluntary. But my husband is trying to get Swedish driving license, but I
50 have heard that the exams are very difficult.

51

52 (00:02:58,550) Interviewer:

53 Okay. So what kind of transport did you use in your home country? Is it public transport or
54 private car?

55

56 (00:02:59,189) Interviewee 08:

57 In my home country, I have used both public transport and private car. Normally, when I go to
58 work, I go by bus, public transport and when I go for shopping and for meet friends and
59 relatives, we go by car.

60

61 (00:03:28,270) Interviewer:

62 Okay. So could you describe the daily activities you and your family need to do and how do
63 you manage them without a car here?

64

65 (00:03:34,009) Interviewee 08:

66 yeah sometimes it is it's difficult but so like grocery schools for grocery normally my husband
67 do grocery but if it's any essential things i go and purchase by nearest shop but other than the
68 things that we buy large scale like rice all those things we purchase once a month um and for
69 kids schools uh schools are near to my home so we walk to schools.

70 (00:04:17,200) Interviewer

71 that means how long is the school?

72

73 (00:04:20,009) Interviewee 08:

74 Yeah it's uh only five minutes from my home okay so my kids go to preschool so it's just Five
75 minutes from my home.

76

77 (00:04:19,389) Interviewer:

78 so the both kids are going to the same school is it?

79

80 (00:04:25,629) Interviewee 08:

81 yeah same preschool.

82

83 (00:04:30,069) Interviewer:

84 okay so are you comfortable with ride sharing with your friends?

85

86 (00:04:40,089) Interviewee 08:

87 yeah sometimes ,If it is essential i share the ride with a friend who has a car so to work
88 previously i have worked in another place so for to there it is very difficult to go so sometimes
89 I share the ride with them. So when I try to give the money, I share the full cost. But yeah. And
90 for leisure activities, we have gone one time with friends. But I think it's quite difficult with
91 kids to ride for leisure activities.

92

93 (00:05:23,250) Interviewer:

94 But they also had kids?

95

96 (00:05:25,410) Interviewee 08:

97 Yeah, my friends also had kids.

98

99 (00:05:27,750) Interviewer:

100 So it's crowded in the car

101

102 (00:05:31,430) Interviewee 08:

103 yeah also and the kids have different needs they want to stop the car but they i think it's quite

104 yeah okay yeah uh

105

106 (00:05:38,670) Interviewer:

107 How do you manage your shopping with bulky heavy items to bring home without a vehicle?

108

109 (00:05:49,870) Interviewee 08:

110 yeah it's sometimes it's difficult but we have we have brought several things so in that in that

111 case we we ask help from a friend with a car and with that trailers trailers yeah and we try to

112 try to give money but sometimes they don't refuse yeah. Yeah that's how we do the shopping

113 with bulky items.

114

115 (00:06:07,649) Interviewer:

116 so at that moment have you ever felt that it's good to have a car or something like?

117

118 (00:06:19,620) Interviewee 08:

119 Yeah, But it's one time so i don't think so only on that case we don't need to go for a car.

120

121 (00:06:21,502) Interviewer:

122 yeah um do the carless situation um have you tried options like online shopping home delivery

123 and skipping faraway places visits or something ?

124

125 (00:06:41,629) Interviewee 08:

126 uh yeah sometimes i have skipped the far away visits but uh for solely on the case of um

127 carlessness i don't go for online shopping i have done online shopping for clothes but it's not

128 for this situation.

129

130

131 (00:06:55,699) Interviewer:

132 okay yeah uh so due to the status of being carless, do you feel fixed routines or sometimes
133 monotonous in everyday life?

134

135 (00:07:13,454) Interviewee 08:

136 yeah i think because as i don't have a car I plan i prepare for things because if i my husband
137 needs to go for work at eight and i need to go at nine so i know i the schedule yeah like that so
138 i think um sometimes i am going through a fixed routine.

139

140 (00:07:25,230) Interviewer:

141 so do you feel monotonous in that case ?

142

143 (00:07:30,356) Interviewee 08:

144 just sometimes but uh it uh yeah in weekdays it's like monotonous but in weekends we can go

145

146 (00:07:48,519) Interviewer:

147 Okay so uh do you feel that you are excluded from the circle of your society due to carless
148 situation?

149

150 (00:07:57,019) Interviewee 08:

151 sometimes i felt like that because um uh when they are going when our friends are going long
152 distance trips we cannot join with them so sometimes i feel like that.

153

154 (00:08:10,959) Interviewer:

155 okay so what about the weekend how do you spend your weekend without using a car?

156

157 (00:08:20,699) Interviewee 08:

158 yeah so normally we don't go for long distance trips because i feel for long distance maybe it
159 is better to have a car with kids so we we go sometimes some places that we can access with

160 the bus or train and indoor parks yeah shopping malls and some in weekends normally we go
161 parks near to our home that we can access easily but in summer like those cases we we go for
162 another options.

163

164 (00:08:49,860) Interviewer:

165 so uh in weekends how do you what do you think that long-term distances going by a train or
166 a bus is it is it not comfortable with you with kids?

167

168 (00:09:06,399) Interviewee 08:

169 yeah i i have visited once but i think it's a little bit difficult because i have small kids and when
170 the kids are we have to take a lot of things with the kids so sometimes it's difficult.

171

172 (00:09:22,080) Interviewer:

173 okay yeah um....Are there any situations that you have given up social activities as you don't
174 possess a car?

175

176 (00:09:28,580) Interviewee 08:

177 Yes sometimes i have because um when in the think that i have some activities in night friends
178 gathering so i intentionally skip those activities because i need to come to home And i have to
179 check for the buses their time so so in the those cases i have skipped.

180

181 (00:09:41,860) Interviewer:

182 so don't you think that it's an disadvantage of not having a car?

183

184 (00:09:54,589) Interviewee 08:

185 yeah sometimes because i will go for those gatherings although I although I haven't a car but I
186 have kids as well so those are two problems so sometimes I have skipped those activities yeah
187 sometimes it problematic.

188

189 (00:10:15,899) Interviewer:

190 Okay Yeah um what are the transport options do you mainly rely on your daily life here in
191 Helsingborg?

192

193 (00:10:22,919) Interviewee 08:

194 You normally I am I go by buses and trains I don't bicycle also.

195

196 (00:10:32,879) Interviewer:

197 so do you prefer to walk also?

198

199 (00:10:33,440) Interviewee 05

200 yeah if it is a short distance like one kilo meters two kilometers I walk.no more than that.

201

202 (00:10:35,741) Interviewer:

203 what about riding bicycles are you do you have the cycling skills?

204

205 (00:10:37,250) Interviewee 05

206 yeah when i was small i have done that but now after my after i moved here i haven't done but
207 i think there's a good good opportunities here in sweden because there are many people who
208 do the cycling i like to do cycling.

209

210 (00:11:02,679) Interviewer:

211 so have you ever tried uh cargo bicycles to carry your kids and?

212

213 (00:11:13,940) Interviewee 08:

214 all no i haven't but I think it's a good option because i have seen here many parents do that.

215

216 (00:11:21,009) Interviewer:

217 so if you have an opportunity in the future do you like to participate and learn and yeah do you
218 like this?

219

220 (00:11:24,260) Interviewee 08:

221 of course i like it.

222

223 (00:11:28,140) Interviewer:

224 okay but you don't know any place to learn it or buy those cargo bicycles you are not aware of
225 that huh.

226

227 (00:11:30,460) Interviewee 08:

228 no i don't know okay .

229

230 (00:11:38,780) Interviewer:

231 yeah uh what's your opinion and experience about the skane trafficken app?

232

233 (00:11:44,460) Interviewee 08:

234 app yeah it's good in my home country i haven't used those kind of apps we have to give money
235 to the bus physical money yeah physical money and we have to purchase the ticket and we go
236 but this is a good good thing one of the best thing i have seen in the Sweden is its transport
237 system is very good so it's getting traffic and up it's good i have done online ticket purchasing
238 and there are good opportunities like ticket sharing so so i think it's a good so do

239

240 (00:12:15,899) Interviewer:

241 You think that it adds value to the public transport Service?

242

243 (00:12:20,139) Interviewee 08:

244 yeah of course i think because um although i don't have a ticket i can ask for a friend for help
245 so if i have a ticket i can share it, With among my friends so i think it's a good thing, And there
246 are separate times i say four hours eight hours like that so it's i think it's very customer friendly.

247

248 (00:12:41,600) Interviewer:

249 so in your home country are you familiar with such a app?

250

251 (00:12:49,399) Interviewee 08:

252 no i haven't done, But i think there are for trains i don't know but i don't know for it for
253 purchasing tickets for book booking yeah booking i have seen such apps but the first but i have
254 tried the skane trafficken is the first time i haven't tried in my home country.

255

256 (00:13:09,690) Interviewer:

257 so so if it is here it's a new experience to you yeah so how did you learn to plan the routes and
258 manage time and manage with the delays what's your experience with that?

259

260 (00:13:28,700) Interviewee 08:

261 yeah yeah so i know normally i prepare in advance 30 minutes 20 minutes i i check the the bus
262 i i need to go and i check for the previous one and if i miss this one when i go there if there are
263 two or three yeah bus and transit yeah transits i plan it also.

264

265 (00:13:51,569) Interviewer:

266 okay so have you ever missed a bus or a train have you ever missed?

267

268 (00:13:56,960) Interviewee 08:

269 yeah of course I have done i have missed it um so sometimes uh one day that there's i think
270 train problems and in the app it shows there will be a coming replacement bus but it haven't
271 come okay so i couldn't go to the place okay so i have some bad experiences as well but anyhow
272 you could manage that yeah because i i check them because that's why i prepare in advance .

273

274 (00:14:30,759) Interviewer:

275 okay yeah that means do you purchase tickets in advance and active them at the moment ?

276

277 (00:14:37,879) Interviewee 08:

278 yes of course and also i if I If i need to go at nine i i if there are two buses the bus i'd come
279 rightly at nine and if hat bus come 8.40, I go for 8.40.

280

281 (00:14:53,940) Interviewer:

282 Okay, yeah, in advance preparations are there. So, when it comes to daily trips like school drop-
283 offs and shopping and hospital appointments, who is responsible for the transportation?

284

285 (00:15:04,100) Interviewee 08:

286 Yeah, we both, yeah. Yeah, normally school drop-offs is done by me because my husband is
287 doing a full-time job. So so the one who have free time is me so i do the school drop-offs but
288 for shopping normally if it is essential we do it in but if it's not essential we go for weekends
289 so normally shopping is done by my husband and the hospital appointments mostly done by
290 me.

291

292 (00:15:38,080) Interviewer:

293 Okay so do you have encountered any emergency cases with your kids or ?

294

295 (00:15:47,100) Interviewee 08:

296 yeah i have done because of my there are two kids there are we need to take them to hospitals
297 so for those times we get help from our friends.

298

299 (00:15:48,180) Interviewer:

300 so means just like ride sharing?

301

302 (00:15:50,000) Interviewee 08:

303 Yeah

304

305 (00:15:53,480) Interviewer:

306 okay so was it comfortable or was it just like you felt like a little bit?

307

308 (00:16:10,140) Interviewee 08:

309 yeah i think if it is very urgent so on that case i will ask for help because i think it's not good to
310 um not good to ask help always

311

312 (00:16:21,789) Interviewer:

313 yeah okay yeah how do you find the child care responsibilities? is it difficult or easy without a
314 car?

315

316 (00:16:25,340) Interviewee 08:

317 yeah as my kids are small and as my preschool is near to my home um so um now it's Okay
318 but i think if they're going to a school far away it will be difficult because in a near future my
319 one of my kids go to school another one will be in a preschool so there are two destinations so
320 it will be difficult in future without a car i think i don't know.

321

322 (00:16:53,669) Interviewer:

323 okay so do you think that your child's leisure activities are affected by uh you because you are
324 car free?

325

326 (00:17:06,849) Interviewee 08:

327 uh yes of course i think because uh some because we are restricting we are sometimes we have
328 we have been we are selecting particular places that we can access easily by buses so if there
329 are a place that we cannot go by bus we normally don't go okay so i think their child leisure
330 activity sometimes it is affected.

331

332 (00:17:26,480) Interviewer:

333 okay then do you feel comfortable with schools and hospitals and workplaces since you are not
334 living with a car ?

335

336 (00:17:47,259) Interviewee 08:

337 i don't think but um in in schools ,I have problems sometimes I will be late to pick them up so
338 normally if I check the time in advance if I cannot reach at this moment I call them some
339 teachers are ok with that but I think I need to inform them around 30 minutes before if not they
340 will get upset. They are not in a good mood.for hospitals i don't think they we need to go at
341 specific time they don't ask whether we miss the bus or not so for when we are going to go in
342 hospital i am i am i get ready 100 percent i try to be there at least 20 minutes earlier because if
343 i miss the bus that have done to many of my friends if they are late 15 minutes they ask no no
344 we cannot do this okay they're shifting you have to so i have i have got to leave from my
345 workplace and i have i cannot do the the hospital one as well so it's not good for me yeah and
346 for workplaces also they they they don't they i think they don't get excuses from they don't give
347 any excuses we need to go i think they are not comfortable but when when we are making the
348 appointment If we check think that we are having appointment seven and i cannot go at seven
349 i don't i i'm pretty sure that there are no buses in the road at seven i can tell me i can tell the

350 hospitals in advance i cannot come to you yeah but it should be around 24 hours yeah so that's
351 my experience yeah.

352

353 (00:19:36,110) Interviewer:

354 so with the workplaces do you think any other arrangement for being comfortable what do you
355 expect from them?

356

357 (00:19:42,660) Interviewee 08:

358 yeah it's better if you can have a shuttle service okay because some workplaces are there
359 without we cannot access by a bus so there are three or two kilometers i know that one of my
360 friends work there there's no um the bus ends and there is three or two kilometers without a bus
361 if a workplace can arrange such things it is good but i think many of the employees have cars
362 so workplaces also don't go for that thing.

363

364 (00:20:18,549) Interviewer:

365 okay but if there is some some service like that it's yeah good for the families living without
366 car yeah of course yeah so um are there any specific routes or places you feel difficult to
367 manage without a car um in your daily life, are there any places that you feel?

368

369 (00:20:37,200) Interviewee 08:

370 yeah when um i'm working in a restaurant so i don't it's in the city so it's easy but my husband's
371 workplace if you go by a car it's just three or four minutes but if you go by a bus we need to
372 take two buses and it will take around 30 minutes so if i have a car if we have a car it's very
373 easy to access but without a car it's difficult so that's why he do the cycling.

374

375 (00:21:14,390) Interviewer:

376 so you think that without transitions also the if the transport is there so it's good?

377

378 (00:21:18,710) Interviewee 08:

379 yeah okay yeah um

380

381 (00:21:23,029) Interviewer:

382 what do you think about the weather conditions such as winter, rain how does it affect your
383 daily mobility?

384

385 (00:21:28,490) Interviewee 08:

386 yeah Of course in winter conditions sometimes there will be train delays and some train
387 cancellations as well. So in that cases we cannot go to the workplaces on time sometimes we
388 cannot go to the workplace at all so it affects me and also my husband as he is doing the cycling
389 uh in winter and rainy conditions sometimes it's difficult.

390

391 (00:21:55,779) Interviewer:

392 So if he takes walking how how long will it take to go to the workplace?

393

394 (00:21:59,950) Interviewee 08:

395 30 minutes yeah it's around four three or four kilometers

396

397 (00:22:07,049) Interviewer:

398 okay yeah ,So have you experienced any discrimination while using public transport by a
399 passenger driver or the ticket checkers?

400

401 (00:22:19,009) Interviewee 08:

402 yeah I think the person and ticket checkers and drive is good yeah okay but I think it's the
403 Swedish way they maintain the distance so now we also we also have got accustomed yeah
404 custom

405

406 (00:22:33,650) Interviewer:

407 Yeah okay

408

409 (00:22:37,390) Interviewee 08:

410 so i think it's not a discrimination they are they are way okay yeah i don't know

411

412 (00:22:41,130) Interviewer:

413 So uh what's your overall opinion of the transportation and the infrastructure in Helsingborg?

414

415 (00:22:48,619) Interviewee 08:

416 yeah it's a it's good in my home country we don't have in every place we don't have cycling
417 paths and bus roads as well, both in some cities there are. But in Sweden, I don't know, other
418 parts, in Skåne I have visited, there are good bus, train and cycling paths, walking routes. So
419 it's very good, I think. So even it's elder, even kids can do the cycling freely without any fear
420 from many vehicles here. So and it is good for the people with disabilities i have seen them
421 doing their things by themselves. So they are very independent so i think it's a good
422 transportation system.

423

424 (00:23:40,430) Interviewer:

425 So do you think that you are using this infrastructure more than your home country here?

426

427 (00:23:43,230) Interviewee 08:

428 yes of course because in my home country it's a good country but the transportation
429 infrastructure is not this much developed.

430

431 (00:25:48,150) Interviewer:

432 okay so how how is the uh how is the transportation in your country just explain a little bit ?

433

434 (00:23:50,430) Interviewee 08:

435 yeah normally we do that um people have um in Sri Lanka in this country the site there are
436 separate cycling paths separate paths for the vehicles buses and cars like that but in Sri Lanka
437 it's not there are no like separate cycling paths so there's a huge traffic in the roads and there
438 are many accidents as well because of that so in Sweden it's very safe I think then when we
439 compare with my home country. so I feel very safe in my home country I cannot I cannot ride
440 a cycle with my kids safely because in the road I cannot but in here there are separate paths for
441 cycles so the kids can ride cycles and enjoy and people with disabilities can do their things by
442 themselves so it's a good thing.

443

444 (00:25:04,079) Interviewer:

445 yeah okay so uh you live here without a car how do you describe that experience compared to
446 your home country?

447

448 (00:25:11,220) Interviewee 08:

449 yeah in our home country uh we had a car, so in here we don't have a car, but it's good, it's okay
450 because here in Sweden the transportation system is good, but sometimes as we have kids, we
451 think it is good, but in here, I think there are many problems with parking. If we are going to a
452 town city with a car we should concern about the parking rules odd days, even days this time,
453 that time there are some problems in my home country it's not like that so normally there are
454 many free parkings in my home country but here it costs. So But having a vehicle is here in
455 very not a huge deal we can buy purchase vehicles, for low prices but in my home country it's
456 not like that we have to spend much money on a car.

457

458 (00:25:25,130) Interviewer:

459 That means comparatively you think that purchasing a vehicle here is affordable?

460

461 (00:25:32,090) Interviewee 08:

462 Yeah yeah

463

464 (00:25:35,230) Interviewer:

465 Okay, so uh do you have any other friends any migrate friends those who have no cars?

466

467 (00:26:40,620) Interviewee 08:

468 Yes I have friends I know friends who donot have cars, yes they have but many of my friends
469 have cars

470

471 (00:26:45,430) Interviewer:

472 mm-hmm that means you have both friends who have cars and haven't cars?

473

474 (00:26:58,420) Interviewee 08:

475 yes of course okay many but majority of them majority of them has cars having cars yeah they
476 are having cars.

477

478 (00:27:07,660) Interviewer:

479 so do you think that those people are affecting you to purchase a vehicle or something?
480
481
482 (00:27:17,299) Interviewee 08:
483 yeah because i feel sometimes normally in weekdays it's not a problem but in summer months
484 i think it's better to have a car because we can have good for trips with them.
485
486 (00:27:27,740) Interviewer:
487 okay so you feel that you are excluded from the society since you are not having a car?
488
489 (00:27:38,660) Interviewee 08:
490 not always but sometimes mainly when we are having more free time because we can go out
491 only there but when we are doing them other months it's okay because we always have a routine
492 working yeah
493
494 (00:27:50,460) Interviewer:
495 So uh what about the friends those who do not have cars what what are their opinion are they
496 also expecting to purchase?
497
498 (00:27:59,680) Interviewee 08:
499 yeah some are trying to get a car,they are some are some are getting preparing for license exams
500 some are saving money for cars and somehow problem yeah most of the people have problems
501 with the getting driver license
502
503 (00:28:16,619) Interviewer:
504 So don't you think that the side of driving and also the highway highway conditions and rules
505 and regulations they affect to the driving here ?
506
507 (00:28:35,680) Interviewee 08:
508 yeah i think in my country and the opposite direction we drive opposite side but in yeah but i
509 think with the time they can manage because I have friends that all the first two to three days
510 it's difficult to the side and to practice for that the change in speed increasing and decreasing

511 the timing they can manage it and in here in Sweden there are no no we cannot see a lot of
512 vehicles in my home country we have high population, so many vehicles in the road.

513

514 (00:29:16,380) Interviewer:

515 That means you think the road congestion is very low here, compared to your home Country?

516

517 (00:29:19,920) Interviewee 08:

518 Yeah. Okay. So I think if we practice, it's Not a huge problem, you can drive.

519

520 (00:29:23,460) Interviewer:

521 . Okay, yeah. So do you think that you mostly combine several activities in one trip?

522

523 (00:29:30,900) Interviewee 08:

524 yes of course because as i'm going by by bus i i try to combine several activities for example
525 doing shopping picking up kids and going to library with them and meeting a friend although
526 all the things you try to do by once if not i have to come home and i have to wait for another
527 bus it will take a lot of time so i think always i try to manage all the things at once

528

529 (00:30:04,860) Interviewer:

530 yeah um what do you think that while searching jobs and getting jobs in Sweden does
531 possessing a car play a critical role?

532

533 (00:30:19,000) Interviewee 08:

534 yes of course i think in some jobs they are advertising and they are asking for a driving license
535 and access you have they are asking do you have a car do you have a license like that so
536 sometimes i may be rejected because of i don't have a car i don't know the reason. Sometimes
537 maybe the workplace maybe may not be accessed by a car not by access by a bus and sometimes
538 they are they are having shift so the sudden shift and they are calling us and they're asking for
539 come so sometimes it's a problematic i cannot go for a job in a long distance and that they have
540 work they have quick shifts without having a car instant sudden changes and

541

542 (00:31:03,889) Interviewer:

543 sudden changes and

544

545 (00:31:08,279) Interviewee 08:

546 so i think it's problematic.

547 (00:31:10,700) Interviewer:

548 so was that requirement exist for you also?

549 (00:31:18,348) Interviewee 08:

550 not yet not now because i'm working in a restaurant which is in the city but I have applied other
551 jobs previously well paid ones. but they are always asking for a car and drive license so it has
552 been a problem to me I said.

553 (00:31:20,430) Interviewer:

554

555 what about your husband does he has affected by that?

556 (00:31:28,448) Interviewee 08:

557

558 not now now he's doing a job in a warehouse and if it he's doing cycling it's around three you
559 four kilometer from my home so it's not a problem but if we got in charge from a workplace
560 which is distance long distance so it will be a problem.

561

562 (00:32:00,680) Interviewer:

563 so what do you think that employers should take in this case?

564

565 (00:32:08,180) Interviewee 08:

566 yeah I think I don't know why is there I think it's a I feel like it's a discrimination those who
567 haven't cars so I think they can go for more sustainable things they can they can provide a
568 shuttle service so like we can they can what they want is doing there we are doing the job so
569 anyhow we can come to the way if if by sharing with a friend or any method we can come if
570 we can come to a place so I think it's not a big deal I think it's not good for asking driving
571 license and a car before when advertising job or doing interview the one thing that they should
572 ask is can you come to the work at this time if it is okay we are okay with that we can come

573

574 (00:33:00,920) Interviewer:

575 Mm-hmm yeah okay so do you think not having a car related to social status?

576

577 (00:33:09,500) Interviewee 08:

578 No, I don't think it's like that in my in my kids preschool. I have seen many I don't know
579 whether they are Swedish or not. I assume they are Swedish or Europe

580

581

582 (00:33:18,960) Interviewer:

583

584 (00:33:19,880) Interviewee 08:

585 They are coming They are They are dropping kids and picking up by cycling, by cycles There's
586 no gender effect, men women

587

588 (00:33:34,039) Interviewer:

589 Fathers and mothers

590

591 (00:33:36,039) Interviewee 08:

592 But they may have cars, I don't know, but they are picking and dropping the kids by bicycles.
593 So I don't think it reflects the social status. But in my country, it reflects social status much.
594 And they think they have brought a car, that friend brought a car, that you should brought a car
595 like that. And also small car or any brands those things matters in my country

596

597 (00:34:09,369) Interviewer:

598 so you see a huge difference in between ?

599

600 (00:34:19,119) Interviewee 08:

601 of course in my country.

602

603 (00:34:21,481) Interviewer:

604 so um so let's talk about another topic. so um is sustainability something that comes up in your
605 daily life or your family's discussions?

606

607 (00:34:29,519) Interviewee 08:

608 Not always but sometimes I'm concerned. When I'm purchasing things I try to minimize the
609 things with polythene like that. I try to, for example, if I can buy five packets of something or
610 if there's a one pack with same volume of but i go for that one pair so i won't reduce the quality
611 in those things.

612

613 (00:35:05,380) Interviewer:

614 so what type of topics that comes to your mind when you talk about sustainability?

615

616 (00:35:08,329) Interviewee 08:

617 Yeah reusing things recycling and yeah so fossil fuel minimizing fossil fuels.

618

619 (00:35:18,269) Interviewer:

620 Yeah so that means transportation also stays among these topics .

621

622 (00:35:28,279) Interviewee 08:

623 yeah but when you talk when you tell i got to but yes transportation also matters because yeah
624 if uh when we are going by car only one person but we are going to a bus the 20 persons can
625 go so 20 cars versus one bus so there's a sustainability in between matters always.

626

627 (00:35:44,210) Interviewer:

628 so that means you think that individually you so you can do something for the society and the
629 environment ?

630

631 (00:35:56,199) Interviewee 08:

632 yes of course but it's not intentionally but when you tell i think by the practice yeah.

633

634 (00:35:44,210) Interviewer:

635 so um when choosing how to travel what factors are more important to you?

636

637 (00:36:05,199) Interviewee 08:

638 yeah i think for the cost um and if i'm going by kids yes of course i am i'm thinking about the
639 comfortable way and i'm thinking about the distance if it is think that i'm going to stockholm
640 so i'm yeah i i go for a more comfortable hassle free method but if if it is short distance it
641 doesn't matter for me i just go for the most cost.

642

643 (00:36:33,469) Interviewer:

644 so what is the longest distance you have been traveled so far with the without a car here in
645 Helsingborg?

646

647 (00:36:42,130) Interviewee 08:

648 yeah yeah I haven't traveled much I have travel to I have traveled to the Estad and also
649 Gothenburg okay.

650

651 (00:36:46,378) Interviewer:

652 so were you comfortable with the public transport there ?

653

654 (00:36:50,430) Interviewee 08:

655 yeah when when yes when we are going to when we we went to Gothenburg we booked the
656 tickets and go so it's more comfortable and but when we go to the Estad we didn't book the
657 ticket we just go the public transport so it's good but I think that by booking the trick and doing
658 having having the space allocated yes but it's more convenient yeah more convenient with kids.

659

660 (00:37:33,420) Interviewer:

661 okay so uh did you use the train or the bus or both ?

662

663 (00:37:52,130) Interviewee 08:

664 uh yeah mostly,Train we use train but there were a small distance that we have to go to our
665 destination so yeah we went that there by bus?

666

667 (00:38:07,849) Interviewer:

668 so do you think that transition making so many modes? Does it make any discomfortability
669 with your family?

670

671 (00:38:11,849) Interviewee 08:

672 Yes of course with kids and with many luggages yeah it's sometimes it's inconvenient if we
673 have many transits.

674

675 (00:38:21,590) Interviewer:

676 So do you think that if you are alone or only you and your husband is there so it's more
677 comfortable without a car?

678

679 (00:38:30,409) Interviewee 08:

680 Yeah if we do only it's okay with transits but if when kids some sometimes they're sleeping so
681 we have to interrupt their sleep and sometimes they are they get upset they are crying so it's
682 problematic sometimes.

683

684 (00:38:48,989) Interviewer:

685 so how do you interpret this car free life is it a limitation or more freedom or is it towards you
686 acting towards sustainability?

687

688 (00:39:11,110) Interviewee 08:

689 Yeah, sometimes I feel it's a limitation, because with the kids, if we don't have kids, I don't
690 think it's a huge limitation. And also, I haven't think about the sustainable aspects. For me,
691 having a car, my husband doesn't have a driver license, that's the main reason. But I think it's
692 sustainable.

693

694 (00:39:37,070) Interviewer:

695 Don't you think that it's more free without a car?

696

697 (00:39:41,730) Interviewee 08:

698 No, I don't think. Because if we have a car, we don't want to rely on public transport. So we are
699 free. We can go wherever we want to go. So I don't think it's like that. Sometimes I feel like
700 limitation. But it's okay.

701

702 (00:40:00,050) Interviewer:

703 so uh have you noticed that environment sustainability is discussed and practiced more widely
704 in sweden than in your native country.

705

706 (00:40:09,900) Interviewee 08:

707 yeah of course i i think i'm very i think it's a very good thing in sweden they in everything they
708 are concerned on the sustainability and even in even in uh i'm going to a class for my language
709 and they also um they're asking do you want a note. so normally physical yeah physical note
710 i'm in the first days i am confusing why she's asking like this because she i thought in my
711 previous experience she need to give me the note once he's asking then i i get to know that's
712 because of the sustainability so i think yeah it's um it may it's good thing in Sweden.

713

714 (00:40:58,300) Interviewer:

715 So have you also tried something like that because for example if you want to buy something
716 so have you checked it online without going there?

717

718 (00:41:08,369) Interviewee 08:

719 Yeah but i think uh for purchasing the but not if it is usual thing we can purchase but i think
720 going to a shop is more it's good sometimes we have to consider many things physically yeah
721 but nowadays I also think that in the shopping as well they ask for do you want so those things
722 I also try to minimize and be more sustainable.

723

724 (00:41:38,769) Interviewer:

725 that means you think that the situation around you is influencing your thinking?

726

727 (00:41:45,769) Interviewee 08:

728 yes of course yeah okay yeah

729

730 (00:41:49,760) Interviewer:

731 So um if your job status and visa status change positively will you still continue here without
732 a car?

733

734 (00:41:58,069) Interviewee 08:

735 no of course i i think i need to buy a car because with kids i think it's easy with the car we can
736 go wherever we want and there are some emergencies that we fear that we face so we can face
737 to those emergencies in a good way.

738

739 (00:42:19,170) Interviewer:

740 Okay so that.

741

742 (00:42:29,143) Interviewee 08:

743 there's summer upcoming so we can go wherever we want.

744

745 (00:42:19,170) Interviewer:

746 so you think that having a car is somewhat free and some flexibility is there yeah more
747 opportunities and all?

748

749 (00:42:37,359) Interviewee 08:

750 more opportunities because in jobs as well if i got a job with a well-paid or good package you
751 can go for it with a car.

752

753 (00:42:45,050) Interviewer:

754 so what are the specific situations that you think you should own a car?

755

756 (00:42:53,750) Interviewee 08:

757 because of going trips with kids and sometimes in my husband also So if we can have a car,
758 we can drop the kids to the preschool and just after that he can go to the workplace. But
759 nowadays, if we do the dropping the kids and going to the preschool by bus, it takes a lot of
760 time and he will be late to his workplace as well. So like those daily routines, it'll be more
761 flexible, it'll be more easy I think with the car.

762

763 (00:43:27,670) Interviewer:

764 so so if you're thinking of purchasing the car what do you think about the cost and parking and
765 highway driving rules and regulations?

766

767 (00:43:39,849) Interviewee 08:

768 Yeah I have from my friends experience from my friends experience I think we don't need too
769 much concern about the cost for the car but we need to We need to concern much on the parking
770 because they told the parking cost a lot here in Sweden than my home country and also we
771 need to get the driving license It's not easy I think there are theory paper or something like that
772 and then we need to do the practical so it's difficult and highway driving is also difficult because
773 we need to concern on the speed and the various signals all the things.

774

775 (00:44:30,889) Interviewer:

776 So do you think that it's more difficult or more different than in your home country?

777

778 (00:44:39,690) Interviewee 08:

779 yeah of course. I have seen that many many people don't drink if they come in with a car so
780 when they are going to party so they normally when they're going to party they they they hire
781 cab and go to the party and after that because the rules and regulation are very strict here and
782 other day also next day also they are not driving the car allowed to drive there are some
783 responsible well but it's for the well-being of the people as well it's not.

784

785 (00:45:08,829) Interviewer:

786 so you also see a positive point in that case?

787

788 (00:45:14,429) Interviewee 08:

789 yes of course because if you make any accident it's not good

790

791 (00:45:24,809) Interviewer:

792 okay so if you're thinking of purchasing the car do you both consider purchasing a car or one
793 of you Or both are getting driving license?

794

795 (00:45:30,329) Interviewee 08:

796 no I don't think.

797

798

799 (00:45:39,190) Interviewer:
800 so but both of them both of you are going to get driving license is it?
801
802 (00:45:57,630) Interviewee 08:
803 no first my husband i will try .
804
805 (00:45:58,259) Interviewer:
806 okay so uh you think that having driving license for both will be supportive?
807
808 (00:46:08,132) Interviewee 08:
809 yes of course. if we if we if he met any injury or anything like that if he drinks so i can drive
810 so it's more free yeah.
811
812 (00:46:02,559) Interviewer:
813 okay so even though you might own a car in future so will you still use the public transport in
814 your daily life?
815
816 (00:46:18,409) Interviewee 08:
817 uh yes yes of course, uh because uh if we are going to a short distance like into the city so it uh
818 we face many problems in parking the parking cost a lot here in Sweden. It's a fee.so if I buy
819 a car I don't go to the nearest places short distances if I have access to a bus because the parking
820 hazard and but for for my workplace because because in many workplaces, they provide the
821 car parking facilities. And to drop in and picking up kids, we can use them. For hospitals, we
822 can use the cars. And in the summer, if we go on a trip with kids, for sure we can use the cars.
823 But if it is very long distance, it costs a lot. And if we can go by a train or a bus we can move
824 to that public transport but I will use public transport in daily life and future as well.
825
826 (00:47:42,429) Interviewer:
827 That means comparatively you will compare the cost and the comfort with that?
828
829 (00:47:46,449) Interviewee 08:
830 Yeah, comfort, cost parking hassle

831

832 (00:47:49,750) Interviewer:

833 Mainly parking you are thinking of?

834

835 (00:47:54,469) Interviewee 08:

836 Yeah Even when we are going to city I think ,It's a main thing here in Sweden parking cost a
837 lot

838

839 (00:47:58,150) Interviewer:

840 Yeah and do you have any suggestions to skane trafficken as a service provider or for the
841 swedish government to support the families who are living without a car?

842

843 (00:48:08,630) Interviewee 08:

844 Yeah yes i have skane trafficken is good we can lend ticket if we can lend ticket for more people
845 It's good because now i think we can lend ticket only five people and 15 times so if there's any
846 possibility which can extend the limit it's good and also the they give good benefits i i saw in
847 the weekend we can go um two people per one Ticket if you have 30 days ticket and also there
848 are summer tickets that we can and we can travel two months so i think those are the good
849 things but I if they can extend the limitation for the lending limitations or else sometimes the
850 the main problem I have faced is sometimes they cancel the trains due to various things and
851 they show that there will be a replacement bus sometimes it is it doesn't it doesn't yeah so those
852 are the if they can can make it if they can organize it's good and there are some some roads that
853 we haven't buses so If we can extend routes, it's also, because nowadays we are looking to
854 move from this apartment to a house. We have seen, we check for many locations, but there are
855 places which is cheap, but there are no access to the bus. I have seen one place, the bus end,
856 and then we have to go two or three kilometers. Us but there are people so there need no buses
857 we need buses to that people as well so I think if they can extend the routes they can have more
858 buses yeah it's good thing.

859

860 (00:50:28,710) Interviewer:

861 and sometimes maybe the number of shifts or something?

862

863 (00:50:33,829) Interviewee 08:

864 yes sometimes in my my home route as well we have buses from up to 6 to 9 in every 20
865 minutes but after 9 to 3 p.m, it's only one the foot once per 40 minutes like that so sometimes

866 it's it's a problematic so it's good if we can have more buses, two buses per hour, per one hour,
867 or something like that, always, and also, you know, although they give a good service, I know
868 the, this transport infrastructure and the facilities are very good in Sweden, but we pay a lot of
869 amount, 1000 SEK per skane ticket and i think not thousand thousand and five three hundred
870 like that so it's a huge amount so so uh if it um and also if we if we don't go for that one month
871 ticket there are some options, Like 10 day tickets yeah sometimes it is good If we can change
872 more options like that because i think 10 day ticket and the one month ticket there's no much
873 difference i have checked So i think it's good to have more options.

874

875 (00:51:52,400) Interviewer:

876 okay so um so is there anything about your daily mobility experience that we haven't discussed
877 but you consider important to share?

878

879 (00:52:13,039) Interviewee 08:

880 Uh yes is there any daily mobility experience.

881

882 (00:52:19,860) Interviewer:

883 that you think important to our discussion?

884

885 (00:52:26,039) Interviewee 08:

886 Yes of course like the one i shared they're looking for new house and there are some. Some
887 areas that we cannot access by bus so it's better and i check i check the location and check it's
888 only one bus if you are coming to a train we have to travel around seven kilometers so if we
889 don't have a car it's problematic yeah so i think they can if they can have more buses or like
890 that or any any i don't know

891

892 (00:52:58,019) Interviewer:

893 You mean that although there are a quite considerable population there is no any proper
894 transportation.

895

896 (00:53:06,340) Interviewee 08:

897 Yeah i think the people in that area may use cars we don't have cars so it is good and also um
898 there are some places that people visit i think in Estad i don't Know the place name there's

899 something like stonehenge in sweden in Estad i think some historical thing oh yeah yeah i don't
900 know the name sorry so in there also we went there i think there's a no bus we have to go.

901

902 (00:53:18,219) Interviewer:

903 up to a certain distance only.

904

905 (00:53:19,440) Interviewee 08:

906 and then we have to walk but with kids yeah a lot of guys it's very difficult so for those type
907 of unique things unique places places where tourists come it is better to have a shuttle service
908 or something like that or extend the bus routine route until that place so destination yeah
909 destination and also i have seen that i have faced that problem as well sometimes people um
910 some i think maybe due to high amount of passengers in weekends weekends some places
911 sometimes some train I don't know assistants conductors like this assistants refuse to take more
912 strollers or more cycles and they ask you cannot come come into next train but next train comes
913 after 30 minutes. If the person is doing by their job by cycling like like a rider or something
914 delivery job how he cannot wait 30 minutes another 30 minutes to next next train because he
915 cannot go by bus as well the train is the only Option.

916

917 (00:55:01,760) Interviewer:

918 so you are considering about the bicycles.

919

920 (00:55:05,340) Interviewee 08:

921 yeah bicycles and sometimes i also face with strollers you know when you i know they are
922 helpless as well but there should be a there should be a

923

924 (00:55:10,430) Interviewer

925 option

926

927 (00:55:45,180) Interviewee 08:

928 yeah any other options for them as well because we are planning and because i have seen that
929 some some delivery riders they try to get into the bus by cycles and there are already there are
930 many cycles that they ask to wait and come by next but next train won't come after it will take
931 30 minutes and here you have a shift as well with the strollers but I know there is a quite good
932 method here in Sweden.

933

934 (00:55:51,360) Interviewer:

935 that means you are suggesting that if there is if the government or the transportation providers
936 can provide more space for the strollers and bicycles it will be beneficial?

937

938 (00:56:05,360) Interviewee 08:

939 Also I have to tell about that I don't know if it is up to this also i have seen many people with
940 dogs cats and get into the trains so there is some people who have allergies allergies and i know
941 there's a separate separate compartment yeah like bicycle and so it's also a problem i don't know
942 um yeah like that and also

943

944 (00:56:37,579) Interviewer:

945 And also that means you you think that if people are using their pets for traveling so they should
946 be more cautious or yeah a particular the allocated apartment only they should consume?

947

948 (00:56:55,960) Interviewee 08:

949 You know it's so good because i don't have such problems i don't have allergies but i i have
950 friends yeah with those allergies and some kids and those are problems yeah so yeah I think it's
951 good and also also people with disabilities they provide good service I have seen they helped
952 people with disabilities to get in and and going away from the buses and trains so they provide
953 good services

954

955 (00:57:39,000) Interviewer:

956 but but you don't think that it it exists in your home country?

957

958 (00:57:43,300) Interviewee 08:

959 no not at all i'm very surprised to see here in sweden that although they are disabled they are
960 more independent than in and now very old people they could give good service that um so i
961 don't know the other places in my area they are orange Color sheets they can they can sit in
962 easily so there are good things but i haven't seen i don't know it's uh it's not problem in here in
963 Sweden there are no separate seats for pregnant women is that?

964

965 (00:57:51,100) Interviewer:

966 yeah I haven't seen but maybe?

967

968 (00:58:17,240) Interviewee 08:

969 they are more comfortable yeah standing yeah they in my Country we should give a seat to a
970 pregnant Woman.

971

972 (00:58:29,690) Interviewer:

973 is it a custom or something yeah yeah so how is the partition of your home country the the the
974 seats allocation for?

975

976 (00:58:37,340) Interviewee 08:

977 yeah the the Sweden is more more good than my country we have small buses not not
978 comfortable like this here in sweden so only first two to three three four four sheets are
979 allocated for um pregnant women and people disabled peoples and um sometimes religious uh-
980 monks and all but here in Sweden it's far better we can have hassle-free journey in Sweden so
981 I think it's Good.

982

983 (00:59:21,019) Interviewer:

984 yeah okay so that means you are comfortable with the transportation?

985

986 (00:59:31,679) Interviewee 08:

987 here in small scenarios Also I'm if I buy a car I go for due to due to having kids and some
988 sometimes to having trips I feel more easier to have own car

989

990 (00:59:49,800) Interviewer:

991 that means that means Purchasing a car in future would not give up you using the transportation

992

993 (00:59:54,360) Interviewee 08:

994 I will use it because if my destination is easily accessed by bus or train, I will definitely go by
995 it if there are any problems.

996

997 (01:00:11,659) Interviewer:

998 Okay yeah thank you so much for our interview when it was very good and you shared so many
999 experiences and it's good for our study also so thank you so much thank you
1000
1001 (01:00:26,160) Interviewee 08:
1002 thank you for having me

Interview 09

(00:00:01,240) Interviewer:

Hey, before we get started, thank you for participating in this interview. We greatly appreciate your opinions and life experiences which will benefit our study. This interview is a part of our study to gain further insights and explore new aspects regarding how South Asian immigrant families perceive current car-free mobility and long-term adaptability in Helsingborg, Sweden.

You have the freedom to decline participation at any moment or to decline any questions you don't feel comfortable answering. The interviewee is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used only for our thesis and accessed only by our group members and our teachers.

The data will be stored securely and the aggregated data will be retained until our course is graded. It will not be shared, published or distributed in any way other than our research project. So, first of all, can you tell me a little about you and your family and how long you have been living in Helsingborg?

(00:01:15,469) Interviewee 09:

Hi. Actually, I live in Helsingborg since 2025. Before I lived in Landskrona.

(00:01:32,879) Interviewer:

When did you come here in Sweden?

(00:01:38,170) Interviewee 09:

I came in 2022. Okay yeah I have two children those are from eight years old and four years old. I live with my husband and two children.

(00:01:44,890) Interviewer:

so are you considering settling in here in future?

(00:01:54,810) Interviewee 09:

Yeah of course my home country Sri Lanka and I have hope to stable in Sweden and live with my family.

34 (00:02:02,129) Interviewer:
35 so can you tell me a little about your profession and how far is your workplace and Your
36 husband's?
37
38 (00:02:11,919) Interviewee 09:
39 um yeah i'm working as a warehouse worker in Helsingborg so my husband is a car mechanic
40 he also work in near to Helsingborg.
41
42 (00:02:23,770) Interviewer:
43 So it's the workplaces nearby, how many kilometers?
44
45 (00:02:55,719) Interviewee 09:
46 yeah approximately it it across from from our home place to our workplaces is circle like 10
47 kilometers it's too far yeah.
48
49 (00:02:57,170) Interviewer:
50 then how do you go to those places which mode you are using a bus or a train or what do you
51 cycling or walking?
52
53 (00:02:58,157) Interviewee 09:
54 Yeah usually we used uh our public transportation we use in bus and sometimes we use our
55 cycle yeah we have two cycles and normally we use our Public transport.
56
57 (00:03:12,719) Interviewer:
58 okay so uh you are living here without a car is it a voluntarily or due to any constraints like the
59 swedish driving license or affordability?
60
61 (00:03:37,145) Interviewee 09:
62 can you explain more ?
63
64 (00:03:38,479) Interviewer:

65 that means you are here now without a car yeah so it is a is it a voluntary decision or is it due
66 to any any constraint?

67

68 (00:03:39,389) Interviewee 09:

69 no it's our tradition we decided uh it's very easy to handle our day to day life and so then we
70 decided to without a car it's our own decision yeah

71

72 (00:03:52,300) Interviewer:

73 so uh what kind Of transport did you use in in your home country is it public transport or a
74 private car?

75

76 (00:03:53,270) Interviewee 09:

77 we use both yeah

78

79 (00:03:56,450) Interviewer:

80 so uh in in majority what did you use

81

82

83 (00:04:03,120) Interviewee 09:

84 our public transport

85

86 (00:04:08,000) Interviewer:

87 okay so both of you were worked in your country also?

88

89 (00:04:11,360) Interviewee 09:

90 yeah it's very easy to handle it with public transport to our home home to workplace

91

92 (00:04:18,480) Interviewer:

93 okay and then could you please describe the daily task you and your family need to do and how
94 do you manage them without a car just like for example groceries schools and day Care and
95 all.

96 (00:04:31,410) Interviewee 09:
97 yeah when take children's day care those are very near to our home home so we manage that
98 with my husband and i there we go buy our food so and use public transport as well so when
99 we talk about the grocery and other things when we go to our workplaces we buy grocery from
100 by as one one way as one when you're back home yeah when we back home we took uh buy
101 our other things and our groceries our Essential things.
102
103 (00:05:20,389) Interviewer:
104 so is it daily or once per a week or In the month and how do you manage it?
105
106 (00:05:29,199) Interviewee 09:
107 it's once a week yeah it's uh when we talk about uh whole other very heavy items we bring as
108 a once a week so if there are any day to day life essential things like milk bread something like
109 those I bring as a Day to day after the my work.
110
111 (00:05:53,470) Interviewer:
112 when you're coming back home yeah so are you comfortable with sharing ride with your friends
113 those who are having vehicles?
114
115 (00:06:06,509) Interviewee 09:
116 Yeah of course my some friends they have vehicle if we if we go any less vacate visiting places
117 or something to gather together they my friends are suggest to give they are go with them yeah
118 I share the vehicle with them and go with them.
119
120 (00:06:36,629) Interviewer:
121 So how do you compensate or are you compensating or treating them back ?
122
123 (00:06:44,850) Interviewee 09:
124 yes of course uh if if that is very uh too far or we both discuss together we share our uh we
125 share our uh cost and other fuel cost and other things as uh our way okay
126
127 (00:07:01,939) Interviewer:

128 So uh that means you are comfortable with using ride sharing?
129
130 (00:07:06,819) Interviewee 09:
131 yeah that's good yeah it's depend on the our it's depend on our situation our mind
132
133 (00:07:17,990) Interviewer:
134 Relationship relationship yeah okay so um what about managing very heavy bulky items when
135 you're shopping for example furniture or something like do you have any experience like that?
136
137 (00:07:33,939) Interviewee 09:
138 yeah yeah of course ,As an example when we it's one time we brought A new sofa and new bed
139 for our youngest kid so when that time we Uh we did uh we hired a trailer tailor and uh some
140 guy they they help us to bring our those uh heavy things to our home it's uh as a cost we pay
141 them and uh according to their suggestions then after that will be not uh it will it's very easy to
142 handle because they doing their things when we pay to them they do everything as they are as
143 according to they are comfortable and that is not any difficulties.
144
145 (00:08:35,960) Interviewer:
146 that means You didn't find it difficult since as you are not having a vehicle it was not any issue
147 of doing such thing?
148
149 (00:08:44,120) Interviewee 09:
150 yeah that's not a big issue that's not the issue for our little life because if we because that for
151 these for those things we have some app then we can handle them.
152
153 (00:09:04,200) Interviewer:
154 So you think even without a car you can handle such situations?
155
156 (00:09:08,870) Interviewee 09:
157 Yeah of course okay yeah
158
159 (00:09:13,399) Interviewer:

160 um due to this uh car free situation have you ever tried options like online shopping home
161 delivery or things like that ?

162

163 (00:09:25,590) Interviewee 09:

164 yes of course i using some ,You normally i am using some different apps like uber eats and uh
165 foodora and wolt as well then if i want to bring something from as a fresh uh fresh food or
166 other things uh then i order them those app and i pay for them and they delivered to the that
167 items to my home.

168

169 (00:10:05,409) Interviewer:

170 so you think that even you are having a car and going to buy some food items like that to that
171 places is is rather not okay but with these apps you can manage it more than that?

172

173 (00:10:20,309) Interviewee 09:

174 yes of course ,Because if I use car to buy those things for myself, that will be, in that case, I
175 have to be ready for them. So, I should go to the grocery shop and not the supermarket like
176 this. Then after, I have to waste my time for them. But when i use those app and other options
177 it's very easy and to handle my daily life and save my time yeah.

178

179 (00:10:54,850) Interviewer:

180 yeah okay so but have you ever skipped any far away visits due to this car less situation?

181

182 (00:11:08,850) Interviewee 09:

183 sometimes i have i had skipped those situations because with cold weather and rainy weather
184 but in the other situations i gather with my friends and enjoy with them by their vehicles and
185 their families. And use, I have a very best option from public transportation. Then I always use
186 public transportation to go far away because my children, when I drive, if I had a car, if i use a
187 car i can't explore the environment by myself then i can't explain other things to my children
188 and my wife my husband and my family so but uh then I think if when I go far away and other
189 locations, when visiting other locations, I always use public transportation. It will be very easy
190 and give very best, Very good experience for my children and my family.

191

192 (00:12:40,190) Interviewer:

193 But don't you think that since you are not having a car it affects you like monotonous or
194 sometimes fixed routines in your daily life because if you had a car you could have gone
195 everywhere and all. So do you think do you feel something like monotonous?

196

197 (00:13:04,049) Interviewee 09:

198 sometimes no no it's not more It's not feel like that because when I work in, after my
199 workplaces, I go home and stay with my family. Then after that, next day, I go again to my
200 workplace. That's not the monotonous. It's our fixed daily life. If we want to change that, we
201 do go to other visiting places with my family. It's not monotonous.

202

203 (00:13:42,190) Interviewer:

204 That means you think that having a car or since you are not having a car, it doesn't affect your
205 daily life?

206

207 (00:13:49,690) Interviewee 09:

208 Yeah, of course. It's not affected.

209

210 (00:13:53,139) Interviewer:

211 Then do you also don't feel that you are excluded from the circle of your society since you are
212 not having a car? do you think that you are sometimes cornered or something like?

213

214 (00:14:10,019) Interviewee 09:

215 no no actually now in my country in my country sri lanka this uh if we live without a car it's
216 something like we measure our wealthiness as we are poor or those they these people have
217 have not enough money to take Buy a car but uh in sweden it's not if we if having a car it's not
218 measure measurement to measure the family wellness and life wellness it's seem like some
219 easy for bring their life as happily so i think in sweden i i am not in a corner as with uh without
220 without a car yeah

221

222 (00:15:15,950) Interviewer:

223 okay so what about the weekend trips you you and your family take? Do you take some long
224 distances or some, are you going for some shopping malls in your weekends? How do you
225 manage your Weekend?

226

227 (00:15:29,870) Interviewee 09:

228 Yes, of course. It's normally every Saturday we enjoy with my family. Because children also
229 waiting for the Saturday. So then we go for a park, something like a shopping mall, shopping
230 malls, indoor activities.

231

232 (00:15:57,100) Interviewer:

233 So in that case, which transport modes do you mostly use? Do you, is it trains, buses or bicycles,
234 scooters or what are the modes?

235

236 (00:16:08,730) Interviewee 09:

237 It depends with the weather. In the cold climate, we use public transport. Only the public
238 transport but in the summer season we normally use a bicycle because children are most uh
239 they most enjoy by using cycling yeah okay yeah

240

241 (00:16:30,309) Interviewer:

242 are there any situations that you have given up social activities since you don't have a car?

243

244 (00:16:36,330) Interviewee 09:

245 can you explain more?

246

247 (00:16:39,625) Interviewer:

248 that means Um have you skipped for example some concerts or Musical shows or exhibitions?

249

250 (00:16:42,919) Interviewee 09:

251 no actually gatherings or something actually not uh we Planned with our schedule in the
252 Landskroner when we live in the Landskroner actually there was some concert we go there
253 with my our friends by on by foot foot as walking walking yeah because it's so, it was held in
254 as evening function, then we walked together and after the party we also walked together. It
255 was very enjoyable.

256

257 (00:17:32,769) Interviewer:

258 So, but what do you think about some distant places if the situation, if the function is occurring
259 in a distant place, would you still go by the public transport?

260

261 (00:17:46,769) Interviewee 09:

262 No, it's, we will skip, actually, we go, we travel with our children. It depends with the time and
263 the distance it will be held in the two uh tonight or then we actually we should skip that situation
264 because we can't handle them and also they feel like uncomfortable With the time then with
265 that situation we will skip.

266

267 (00:18:14,690) Interviewer:

268 okay yeah so normally in your daily life what are the transport options do do you mainly rely
269 on?

270

271 (00:18:29,849) Interviewee 09:

272 in the daily life we mainly use trade and bus sometimes i use i had i use bicycle to go for if i
273 late then i use a bicycle to the station okay

274

275 (00:18:52,130) Interviewer:

276 Yeah so do you find any difficulty in using your bicycle in the trains have you ever faced any
277 situation like that?

278

279 (00:19:01,009) Interviewee 09:

280 no it's no actually not in sweden they all have some facility to manage that cycling and uh
281 babies stroller as well then i uh use that option and that facility then i uh i park my uh bicycle
282 as a very safe way then i use it's not difficult

283

284 (00:19:30,509) Interviewer:

285 you mean that separate wagons are there yeah and places allocated for the strollers and
286 bicycles?

287

288 (00:19:28,209) Interviewee 09:

289 yes okay yeah .

290 (00:19:49,850) Interviewer:

291 yeah got it and so you told that you know about riding bicycles yeah you have the cycling skill
292 and so have you ever used cargo bicycles to carry your children or something Like have you
293 tried it?

294

295 (00:19:52,509) Interviewee 09:

296 yes actually yes i tried I am i in nowadays i finding i finding the cargo Bicycle to manage my
297 you're searching for them yeah i'm searching for them because my children are most waiting
298 for got that experience okay

299

300 (00:20:17,690) Interviewer:

301 That means you like it if there is any opportunity of purchasing a bicycle or something like that
302 so you will definitely do it?

303

304 (00:20:20,157) Interviewee 09:

305 yes of course okay yeah

306

307 (00:20:24,430) Interviewer:

308 what do you think about the skane trafficking app?

309

310 (00:20:31,730) Interviewee 09:

311 It's very good and when when i compare with my home country there is no it's any app to
312 manage my transportation way it depends with my friends conversations and their messages
313 Then we prepared some map, but it's not very good as a Sweden Skane traffic map. In Skane
314 traffic app, it's really, when I came to Sweden in the in 2022, it will be very hard to understand
315 and uh finding routes and finding uh platforms train platform and bus stops but by time i
316 understand i got and i got experience of them then now it's very easy without using it's now
317 now it's very easy

318

319 (00:21:44,965) Interviewer:

320 yeah so what do you think about um ticket sharing feature?

321

322 (00:21:49,019) Interviewee 09:

323 Oh it will be that's very good idea yeah and sometimes uh i'm i also i i i i also have experienced
324 that ticket sharing experience .

325

326 (00:21:54,745) Interviewer:

327 so so you think that it add values to the public transport?

328

329 (00:21:57,219) Interviewee 09:

330 yeah of course if uh and when i take from my myself when i have experience to share my
331 ticket to one of my friends who use a car but they have but they also want to use public transport
332 but they haven't any ticket but they know i've used public transport then they got my my
333 experiences and my advices and my ticket as well yeah

334

335 (00:22:44,420) Interviewer:

336 okay so uh so earlier you told that in your country you didn't get used to such app. so can you
337 little bit explain the transportation in your home country?

338

339 (00:22:59,019) Interviewee 09:

340 in my when i talk about my home country we have bus and train transportation those are very
341 comfortable but in this in before to before when i came to the Sweden there is no any real
342 management and there was not any real and good management then they have uh they go
343 according to timetable they run they run according to their timetable from given by the
344 transportation department but they haven't any app and they are not engaged with new
345 technology like they but when uh people are gathering to the and engage with the public
346 transport they prepared some app they have prepared some friends app a user friendly app to
347 know about the train time by uh messaging the time where is the place and where is the time
348 the train is started like

349

350 (00:24:08,940) Interviewer:

351 That do you mean that among your friends you have make an just like a whatsapp group or
352 something?

353

354 (00:24:12,451) Interviewee 09:

355 yes of course yeah uh-huh oh

356

357 (00:24:18,650) Interviewer:

358 it's not a it's not an app that is given by the government or the facilitators?

359

360 (00:24:29,143) Interviewee 09:

361 no it's not a government facilitator it's like a group chatting okay yeah

362

363 (00:24:31,654) Interviewer:

364 have you encountered any delays here in Helsingborg with the public transportation and how
365 did you manage in that time?

366

367 (00:24:39,199) Interviewee 09:

368 that in this kind of traffic and and public transport is very good in Sweden but when they if
369 there are any issue or difficult if there if there if there any issue of something like delays they
370 are delays they are they they are very low about that managing their those delays but they if if
371 I go if I go to the if I want to go for my home place by using a train then I travel by that train
372 but if there is a delay about that train but I have I have transit for to another train as well it's
373 think like in that situation they haven't any option to delay that train or prepare another option
374 to the with combined with that delay train.

375

376 (00:25:44,079) Interviewer:

377 you mean that if there is a delay in one place so it affects to the other uh the next uh every spot?

378

379 (00:25:54,559) Interviewee 09:

380 yeah not not It's not should do that they are haven't any option to combine and complete my
381 journey journey yeah they continue their other travels on time but they haven't any uh

382

383 (00:26:03,920) Interviewer:

384 consideration of about the previous delays?

385

386 (00:26:12,039) Interviewee 09:

387 yeah they haven't considered that previous delay and they haven't any option to continue Their
388 delay people's uh travel.

389 (00:26:20,480) Interviewer:

390 so you think that there is a miscommunication in between these delays

391

392 (00:26:38,569) Interviewee 09:

393 sometimes i think i don't know but actually I think i got that i have experienced that for one
394 time you know but i managed that

395

396 (00:26:48,259) Interviewer:

397 yeah yeah okay So when it comes to daily trips like school drop-offs and hospital appointments
398 who is responsible for this transportation? you or your husband or both how do you manage it
399 without a car?

400

401 (00:27:01,380) Interviewee 09:

402 We both manage with by our work schedule if uh me doing that uh if i if i have a time to go for
403 with children school children school or day care then husband is working then after he's come
404 to home then it's we do it like a circle.

405

406 (00:27:27,180) Interviewer:

407 yeah you you are sharing the things with the transportation also yes so um don't you do you
408 think that it's difficult without a car ?

409

410 (00:27:41,380) Interviewee 09:

411 yeah it's so easy yeah If we had the car when i talk about if we had the car um we can't uh
412 manage we can't If we had a car, it would be...

413

414 (00:27:55,279) Interviewer:

415 You don't have the freedom of having family time, you think? Yes, of course. So, don't you
416 think that your children's leisure activities are affected since you are not having a car? That
417 means, don't you think that you are restricted to nearby easy accessible places or something
418 like that?

419

420 (00:28:22,359) Interviewee 09:

421 No, they enjoy every time by using public transport and by walking. Yeah if we had the car
422 they only watching the if if we had the car they have they are they feel like limited their access
423 but when we using public transport and other activities they feel like they got they have their
424 freedom And they enjoy so by their self.

425

426 (00:28:46,880) Interviewer:

427 do they also cycle in their free time ?

428

429 (00:28:46,989) Interviewee 09:

430 yes of course in the summer we do it there.

431

432 (00:28:46,980) Interviewer:

433 okay so have they bought their own bicycles or you are lending from somewhere?

434

435 (00:29:06,125) Interviewee 09:

436 no they have their own cycle.

437

438 (00:29:16,172) Interviewer:

439 okay yeah so um do you feel comfortable with the schools hospitals and workplaces um uh
440 that as you are not having a car is there any uh uh is it easy to access to these places or are they
441 nearby?

442

443 (00:29:26,645) Interviewee 09:

444 yes of course it's very easy.

445

446 (00:29:34,572) Interviewer:

447

448 and but don't you think that there are some places or routes that cannot be managed without a
449 car are there any places you have encountered or you think that it's very difficult to manage
450 without a car?

451

452 (00:29:47,069) Interviewee 09:

453 yes when there are some limitations in this kind of traffic in app also they do not manage buses
454 and train facilitation for rural areas something like um it's i don't know why they're doing
455 that but when near to the Helsingborg town and other uh community town they're doing that
456 very well they're managing bus and train timetable but when we go to the our land areas they
457 are less managing that.

458

459 (00:30:35,670) Interviewer:

460 so don't you think that it's due to the less population and all they haven't?

461

462 (00:30:38,340) Interviewee 09:

463 yes of course because of the less population i think less population and the number of people
464 using.

465

466 (00:30:46,820) Interviewer:

467 but you also think that if the transportation is developed so these places also will be developed
468 yes okay so what do you think about the weather conditions the winter and the rain how does
469 it affect your daily mobility?

470

471 (00:31:08,140) Interviewee 09:

472 In the winter when we talk about winter season it's no it's not very effective to our daily
473 activities mm-hmm we now we are adapted to them in the when we came in the very first
474 beginning we came to the Sweden it's it's will be difficult to adaptation because we Sri Lanka
475 is very hot country and then but with the time we adapted to that okay

476

477 (00:30:48,320) Interviewer:

478

479 yeah so that means nowadays it doesn't matters to you ?

480

481 (00:31:53,220) Interviewee 09:

482 yes of course if as a experience think about that if you had a car so so I have to remove ice and
483 snow before I go to the work is then i should i must waste my time for that my sleeping time
484 for that, so because of i haven't any car and i think about the car without a car it's very easy to
485 balance my time and with My sleep.

486

487 (00:32:20,779) Interviewer:

488 so what about the rainy seasons don't You think that it affects?

489

490 (00:32:25,799) Interviewee 09:

491 no if think about when the rain season then my children also they experience as muddy
492 experience then i i have to clean the car daily and i have to waste my time so i think it's public
493 transport is very good and it feel like a good for us.

494

495 (00:32:48,700) Interviewer:

496 yeah you feel free yeah okay yeah um have you experienced any discrimination while using
497 public transport by any passenger driver or ticket checkers?

498

499 (00:33:03,539) Interviewee 09:

500 No if i go by as a real way there is no any discriminations and other uh uncomfortable things

501

502 (00:33:16,150) Interviewer:

503 what do you mean by the real way what do you how do you explain it can you explain no you
504 mentioned that if you go in a real way so there is no any discomfortability or something like
505 yeah what does it mean ?

506

507 (00:33:31,789) Interviewee 09:

508 yeah if i have a valid ticket and there is no any issue from the ticket checkers and i they in and
509 also if I sit in the real place and there is in public transportation, they have separate some places
510 for disabled people, elders and able people. If I don't sit in that place and I sit in the real place,
511 there is no any issue for mine.

512

513 (00:34:09,510) Interviewer:

514 Okay. Yeah. Yeah. Yes. So what's your overall opinion of the transportation and infrastructure
515 in Helsingborg? Just like the cycling paths and walking routes and buses, trains. What's your
516 experience? Can you share it?

517

518 (00:34:24,510) Interviewee 09:

519 It yeah it's very good and if it's very they will manage that because when when I explore by
520 you it's gonna traffic and net and Google map I can really search easily now what are the foot
521 part and what are the cycle pathway so they they met they have managed very well by health
522 important for me and I want to give plus point for them.

523

524 (00:34:59,150) Interviewer:

525 okay yeah so you live here without a car how do you experience compared to your home
526 country?

527

528 (00:35:08,309) Interviewee 09:

529 When i actually it's enhance my freedom yeah if i uh when a home country when i compare
530 with my home country it's without a car they thought about we are poor or those people haven't
531 enough money to buy a car but in sweden there is no any limitation and no i know anyone
532 thought about our wellness and our money what are the family status but like that in so it's
533 mind relax it's how to it's a cause to enhance our mind relaxation and gather you know when
534 we When we walk by our public transportation, sometimes I can walk by touching my
535 children's hand. It enhances, they ask about their questions, then I can answer very well. Course
536 to enhance and gather together and enhance family time and family Responsibilities.

537

538 (00:36:34,880) Interviewer:

539 Okay so do you have many friends who are with cars?

540

541 (00:36:44,340) Interviewee 09:

542 Not too much because most of friends using uh public transport they they have uh their mind
543 or i don't know what because of which reasons but some of friends have cars but some of
544 friends Live without a car.

545

546 (00:37:03,750) Interviewer:

547 so do you think that people those who who are not having cars are affecting your decision that
548 means because of them you are also not having car do you think is there any effect uh

549 (00:37:23,489) Interviewee 09:

550 you asking from from my friends yes they know. No it's actually they also uh they're using car
551 it's uh but they also have some problems about by using a car they have i they when we gather

552 together they give their when we share experiences and ideas they thought about public
553 transport and car it's very better than using a car

554

555 (00:37:57,889) Interviewer:

556 Yeah okay so um do you combine several activities in one trip since you are not having a car?

557

558 (00:38:08,289) Interviewee 09:

559 yes of course .How it's because of my time management when I go to the out for my work
560 places I manage it my grocery and school time and day care time I can manage those from by
561 one way Trip.

562

563 (00:38:35,429) Interviewer:

564 so you find it very easy and comfortable?

565

566 (00:38:44,369) Interviewee 09:

567 yes of course doing two three things together it's will be it's it's very good for my health as you
568 know uh now i am very slim and i'm very good health, I'm living with a good very good health.

569

570 (00:38:55,349) Interviewer:

571 so do you uh beside the trains and buses do you also find cycling and walking good or you are
572 using It in your daily life.

573

574 (00:39:08,069) Interviewee 09:

575 yes i of course i saw when cycling is usually useful it's really rarely i used cycling for day for
576 when i go to the work cycling i use i rarely use cycling most of time i use by walk.

577

578 (00:39:27,820) Interviewer:

579 okay yeah um so what do you think while searching jobs and getting jobs in sweden does
580 possessing a car plays a critical role?

581

582 (00:39:30,145) Interviewee 09:

583 yes of course

584

585 (00:39:35,450) Interviewer:

586 do you have any experience like that

587

588 (00:39:48,460) Interviewee 09:

589 yeah sometimes they ask about that do you have a car do you have a driver's license but actually
590 they in for that Job ,there is no necessity not necessary for a car for that job they just asking for
591 answer their criteria but they don't know about why they want a car for that job.

592

593 (00:40:15,039) Interviewer:

594 Yeah that means you also have experienced such situations yes what about your husband he
595 also has encountered such situations?

596

597 (00:40:24,800) Interviewee 09:

598 Now he works as a car mechanic. He has car knowledge and mechanic knowledge. But when
599 we are living there, they actually ask about do we have any car. Like if we had a car. If we had
600 a car, no. If they ask, now we are located near to the Helsingborg, but when we apply for the
601 other places, oh very good job, they ask about do you have a car.

602

603 (00:41:01,590) Interviewer:

604 So you think not possessing a car is a minus point when you are applying for a job sometimes?

605

606 (00:41:18,750) Interviewee 09:

607 It will be a minus point according to their criteria but not our side.

608

609 (00:41:31,469) Interviewer:

610 so can you tell me your experience about the sustainability have you have you discussed in it
611 in your daily life is it a topic in your daily life?

612

613 (00:41:45,650) Interviewee 09:

614 in the daily life we not just talking about the topic of sustainability life but we talk uh subtopics
615 related to the sustainability like food waste we don't we talk about the food waste how we
616 reduce our food waste how we manage our time how we manage our economy but those are
617 and how we stay, how we enhance our health like that but it's not we discuss as a topic of
618 sustainability but finally but we finally have discussed related to sustainability

619

620 (00:42:33,849) Interviewer:

621 so the transportation also does it stays among these topics?

622

623 (00:42:35,750) Interviewee 09:

624 Yes of course because as a monthly we buy we purchase a ticket then we uh we have save our
625 money for that purpose as well then transportation and also a topic of our balanced life and
626 sustainable related sustainable topic.

627

628 (00:42:56,610) Interviewer:

629 okay so when choosing how to travel what factors mostly affecting more important to you as
630 you think?

631

632 (00:42:56,750) Interviewee 09:

633 can you explain ?

634

635 (00:42:56,800) Interviewer:

636 when when choosing how to travel so what is the factor that is more important to you?

637

638 (00:43:17,329) Interviewee 09:

639 oh yeah that's Uh actually cost effective we have we reduce we we consider about how we
640 reduce our cost uh think about i have a ticket to uh in related to my workplace and my home
641 then if i want to go uh go out of that zone beyond that zone yeah i there are some different apps
642 i can purchase any other tickets then i if when i buy from uh direct from skane traffican app
643 and i go to that other options as well because that goes to reduce my cost of month.

644

645 (00:44:11,340) Interviewer:

646 so but at that point do you really think about the environment when you are choosing how to
647 travel and all?

648

649 (00:44:32,125) Interviewee 09:

650 no no okay yeah um

651

652 (00:44:32,440) Interviewer:

653 how do you interpret your car free life is it do you think it's more freedom or a limitation or
654 something that you are doing towards sustainability. What is your interpretation in that?

655

656 (00:44:33,679) Interviewee 09:

657 actually it goes to enhance our freedom yeah if we um circle to the car we when we go to any
658 other place that we have to uh get some uh more more things uh circle works with our mind
659 but when we uh..

660

661 (00:44:33,821) Interviewer:

662 for example?

663

664 (00:45:17,230) Interviewee 09:

665 For example, if I go to my friend's home by using a car or any other location, I have to search
666 for parking spaces. I really have to search for parking spaces or free parking spaces. If with i
667 park without a free parking or any other place when i uh completed my purpose when i come
668 back to the car i really have uh to pay fine to pay and fine fine yes so then if i but when i travel
669 by public transport or bus or train i haven't any that such kind of bad mind in my mind bad
670 things in my mind then i'm totally free then i can go for that works and other things.

671

672 (00:46:05,079) Interviewer:

673 okay yeah have you noticed that environmental sustainability is discussed and practiced more
674 widely in sweden than in your native country?

675

676 (00:46:14,179) Interviewee 09:

677 yes of course.

678 (00:46:21,423) Interviewer:

679 How do you ?

680

681 (00:46:29,449) Interviewee 09:

682 um it's when i when i discard my home waste from my home to uh garbage area they always
683 think about how to Uh separate separate those things in my country that we are in a zero than
684 comparing to the sweden so they have in sweden they have reduced and limited using plastic
685 bags they are in, but my country they are in a starting point now.

686

687 (00:46:51,670) Interviewer:

688 So what do you think this environment sustainability related to transportation?

689

690 (00:47:00,269) Interviewee 09:

691 Yes when that also very effective in Sweden they have that's good idea because they have uh
692 some chance to reduce uh gas emissions and they have a chance to protect uh Ozone level so
693 and reduce and time they save time as well when because most of people using if everyone
694 using their private car, they have to waste their time by their travelling period. But when we go
695 by public transportation, that will save our time and other things.

696

697 (00:47:55,909) Interviewer:

698 So, you think that the surrounding towards the environment sustainability has changed your
699 mind in decision making?

700

701 (00:48:05,150) Interviewee 09:

702 Yes, of course.

703

704 (00:48:05,889) Interviewer:

705 Okay. So, if you think that if one day in future, if your job status and visa status change
706 positively, will you still continue life here without a car?

707

708 (00:48:18,449) Interviewee 09:

709 Um if it will be depend with this uh place because if we uh have Job status with if we can uh
710 enhance my job status in the same place i will be continue that freedom as like this but if we if
711 i have a chance to go uh another place from Helsingborg, but it will be depend with necessity.

712

713 (00:48:58,329) Interviewer:

714 that means you think that distance location of work or changes in your residency will affect to
715 buy a vehicle?

716

717 (00:49:06,309) Interviewee 09:

718 Yeah when I when they will take example if I want to go for from Helsingborg to Gothenberg
719 but in the first period i will buy a car and transport to the health involved Gothenberg as until
720 we can buy or search from accommodation near to the health Gothenberg but when we when i
721 got when i when i get accommodation near to my workplace in Gothenberg actually i can
722 continue my free life without a car now it because of that I depend with the situation and
723 distance.

724

725 (00:49:47,429) Interviewer:

726 that means you have a mindset of comparing the the freedom and the easiness of using public
727 transportation it's not a hard and fast rule to buy a vehicle and use it even though you are with
728 all the facilities and stability?

729

730 (00:50:11,309) Interviewee 09:

731 yes of course ,we have a status to buy a car but we are not going for that chance or situation
732 with our mind it depends on the situation.

733

734 (00:50:24,605) Interviewer:

735 yes so if one day if you buy a vehicle so what do you think about the cost and parking the
736 highway driving rules and regulations what's your opinion of this?

737

738 (00:50:28,245) Interviewee 09:

739 can you explain?

740

741 (00:50:34,245) Interviewer:

742 so if you if you if one day if you will buy a vehicle so how do you manage with the cost parking
743 and the highway rules?

744

745 (00:50:49,840) Interviewee 09:

746 if i buy a car yeah you know uh highway driving is not a effect will be mine because i have
747 that knowledge because i know how to drive highway it's the beginning it will be where
748 something like some difficult but and day by day, I will be affected there.

749

750 (00:51:24,449) Interviewer:

751 But don't you feel any difference in between your previous home country and here with related
752 to these requirements?

753

754 (00:51:32,750) Interviewee 09:

755 Yes, in my home country, there are two lines highway. But in Sweden, there are sometimes we
756 have to face four or three line road. But when comparing google map and other things Sweden
757 is in the very high place than my home country they shows every correct places and what are
758 the roads then i think there is no any difficulties when i face when i drive with the google map
759 and highway driving so if So, when talk about parking cost and other cost, should I have to, I
760 should pay them.

761

762 (00:51:40,243) Interviewer:

763 That means you should be keen on these cost factors.

764

765 (00:51:41,650) Interviewee 09:

766 Yes, I have to divide my money for them.

767

768 (00:52:42,543) Interviewer:

769 Okay yeah so um even though you might own a car in future so will you still use the public
770 transport in your daily life?

771

772 (00:52:43,650) Interviewee 09:

773 yes of course why i don't choose that my freedom why I Live without my freedom by using

774 (00:52:53,679) Interviewer:

775 so in in which situations will you use this Public transport for example? by yeah even though
776 you will have a car in future in which situations will you use the public transport?

777

778 (00:52:59,750) Interviewee 09:

779 for my daily works day to day when i go for children daycare and there are schools as well then
780 i can live same as my previous life i will use a car for go a long distance but then this time.

781

782 (00:53:29,889) Interviewer:

783 so that means even though you will on a car you will still rely on the public transport and
784 continue it and only for some occasions you will use the.

785 okay yeah do you have any suggestions for scorn trafficking as a service provider or for
786 swedish government to support families who live without car any suggestions the things that
787 you think required from the government Or municipality or something like?

788

789 (00:54:08,730) Interviewee 09:

790 when we as example when when I talk about the above as well when there is a train delay they
791 will manage them they should manage as adjusting train or some buses for delay train after the
792 transit so other things I know not any yes yeah they will manage them.

793

794 (00:54:45,369) Interviewer:

795 so is there anything about your daily mobility experience that you we haven't discussed but you
796 think that it's important to share is there anything yes the with you experience and all the things
797 you have experienced in the first few years and and with your kids and with your husband is
798 there anything you think that it is important to our discussion?

799

800 (00:55:13,809) Interviewee 09:

801 no i think in this time no actually a very i'm according to my experience my first in the bad
802 experience with that delay trains and there is no any transit first management in this kind of
803 traffic. But other things are okay. They have some compensation facility. When we have a long
804 delay from the traffic and train or buses, they have compensation facility.

805

806 (00:55:57,849) Interviewer:

807 Could you just explain it a little bit more?

808

809 (00:56:00,690) Interviewee 09:

810 Yeah, I have so he got one compensation in my life. When I go for Helsingborg to... So one
811 time I travel by Helsingborg to Malmo. But my train was delayed because of some people. It's
812 something like...

813

814 (00:56:22,969) Interviewer:

815 On the track or something? So how long was it delayed?

816

817 (00:56:31,449) Interviewee 09:

818 Yeah, on the track. It took two hours delay. Yeah it's too long that's why i talk about it's too
819 long then but there is no way to uh collect correct that occasion so they they

820

821 (00:56:42,369) Interviewer:

822 And also you had no any other way to uh skip the train and get another way to to your
823 destination?

824

825 (00:56:49,369) Interviewee 09:

826 No any any other way yeah only the train only the train but then in that time skane traffican
827 they arrange a bus they arrange a pass from that stop place stop place to the the place what is
828 starting from another station okay another train then they arrange a bus but that train uh but but
829 when we travel travel by that bus the bus also delay okay then bus also delay and we uh then i
830 and other passengers as they suggest to the bus please go if you can if you can go uh until to
831 the malmo station or the thing or the next destination destination but uh that uh bus they refused
832 it yeah they they they haven't any idea about how to continue that because they told us they
833 have to permission to yeah continue that they yeah only they are advices but but because of
834 that that that they are arrangement train that is started before we arrive to that next station but
835 when we uh uh when we explained the situation to the bus driver he agreed to the go again to
836 the next station okay yeah that will be very effective and very

837

838 (00:58:26,500) Interviewer:

839 advanced that means just like taking distance on time according to the situation

840

841 (00:58:29,780) Interviewee 09:

842 yes okay he take that risk and take uh according to his uh own as a just unknown uh his own
843 decision yes then we i and other passengers could catch the the train from next station.

844

845 (00:58:47,860) Interviewer:

846 yeah okay so you think that some sort of authority or decision making power towards people
847 who are working in as drivers or something it's better yeah?

848

849 (00:59:05,800) Interviewee 09:

850 Okay yeah if they have a chance or to do but some in some critical situations some people and
851 some drivers and some ticket checkers uh they they delay then they delay with the time if if i
852 run if if uh some people's running to the that train or something they have they had uh delay
853 the train uh-huh just wait for yes wait for yes just wait one minute or two minutes there's only
854 the one way to do it. But, like that.

855

856 (00:59:42,199) Interviewer:

857 Yeah. Yo, thank you so much. So, you have shared so many ideas and I think it's very important
858 to our study and will add value to our study. So, yeah, thank you so much for participating.

859

860 (00:59:56,480) Interviewee 09:

861 So, actually, I'm very happy to join with you in that discussion.

862

863 (01:00:00,760) Interviewer:

864 Yeah, thank you very much.

865

866 (01:00:02,219) Interviewee 09:

867 Okay.

Interview 10

(00:00:02,730) Interviewer:

Hey, I want to thank you for participating in this interview, before we get started. And also we greatly appreciate your opinions and life experiences, which will benefit to our study. And this interview is a part of our study to gain further insights and explore new phenomena regarding how South Asian immigrant families perceive current car-free mobility and long-term adaptability in Helsingborg, Sweden.

And you also have the freedom to decline participation at any moment or to decline any questions that you don't feel comfortable answering. This interview is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used solely for the project and assessed only by research group members and our teachers.

The data will be stored securely and aggregated data will be retained until the course is graded. It will not share with or published or distributed in any other website besides our research project.

First of all, can you tell me a little bit about your family and how long you have lived in Helsingborg?

(00:01:31,379) Interviewee 10:

Thank you. My name is Mahinda and I have been living here almost one and a half years time. And I came here with my family, yes.

(00:01:45,719) Interviewer:

How many family members are in your household and how old are your children?

(00:01:50,420) Interviewee 10:

I myself and my wife is here I have two children. They are my son is 11 years old and my daughter is six years old.

(00:01:55,149) Interviewer:

can you tell me about your profession?

(00:02:10,143) Interviewee 10:

34 At the moment in Sweden, I have working. I'm working as an housekeeping attendant in a
35 hotel and also I am working in a food manufacturing process as an extra worker. Mainly, I am
36 doing my housekeeping as my main source of income for the family.

37 (00:02:38,110) Interviewer:

38 What about your wife?

39

40 (00:02:40,490) Interviewee 10:

41 Actually, she came here for the study and she is studying at the University of Lund. And
42 sometimes when she is having also some free time, she is also doing some family income means
43 she is also going for some extra work opportunities.

44

45 (00:03:04,669) Interviewer:

46 Okay. What kind of transport options you have used in your home country? And what's your
47 home country?

48

49 (00:03:11,430) Interviewee 10:

50 My home country is Sri Lanka and in my country, I have been using several modes of transport,
51 including public transport, buses and trains. And also I have my own car and motor bicycle and
52 also a footcycle. So all those transport modes I have been using for my day to day life there.

53

54 (00:03:41,430) Interviewer:

55 Well, when we get back to here in Helsingborg, can you describe about travel routine on a
56 typical weekday?

57

58 (00:03:50,930) Interviewee 10:

59 Actually, when I consider about the life in Sweden, especially in Helsingborg, weekday, it
60 means for me to go for the work and to travel for my daily needs. Um if i'm talking about the
61 routing what i have to do. So normally for a weekday, I have been traveling almost 10 to 20
62 kilometers per day for my job and other works.

63

64 (00:04:30,140) Interviewer:

65 okay what kind of trips does your family usually make during a weekend?

66

67 (00:04:45,451) Interviewee 10:

68 Especially, there are no particular plans for weekend but time to time I as my family we are
69 using to go to some outside places. Because all the week we are also busy with the work and
70 my children are going to schools and to have some the changes, we normally go to for an
71 example from the beach, to the city center or sometime we have some walk through some
72 beautiful places something like that.

73

74 (00:05:34,040) Interviewer:

75 Okay is this car free mobility choice, is it a voluntary decision or due to any constraints such
76 as financial capabilities or unavailability of your driving license or something like?

77

78 (00:05:42,519) Interviewee 10:

79 Actually, it is a choice by our family because when we consider about my country where I have
80 been living for more than 35 years in Sri Lanka. So they are the public transportation is not
81 more familiar like here so and also the traveling, the time that we have to spend was little high.
82 Therefore, when it comes to here, we have the opportunity to choose several mode of
83 transportations and those are easily accessible. So then it is time and it is a choice that we made
84 to go to have a car free traveling method for my family.

85

86 (00:06:56,209) Interviewer:

87 Do you think that not having a car, relates to the social status?

88

89 (00:07:01,579) Interviewee 10:

90 Actually, not having a car will be a matter of social factor actually in my country. Because so
91 many people they wish to have a car to maintain their social status. Because i think most of the
92 Asians they like to have a car as a to show off their family status or whatever. But when it
93 comes to the life in Sweden here, I feel it is not like that. Car is not necessary one and because
94 all the other modes of transportations provide the required facilities for a member for a person
95 who come and settle down in the initial stage. So it is very easy for the accessibility of those
96 facilities and I think if we consider about the cost factor also, it is affordable for the beginner
97 who is starting their life at Sweden yeah.

98

99 (00:08:22,649) Interviewer:

100 Has your understanding of car free mobility changed, since moving to Helsingborg compared
101 to your country?

102

103 (00:08:28,689) Interviewee 10:

104 I have an understanding actually as for the change in my mindset. I mean we come to Sweden
105 actually I don't I didn't free feel such the what I say such an absence of the car is a problem for
106 me, because I think if you consider about the if I take a bicycle also I have the infrastructure
107 facilities that I can move easily and more safely.

108 And and I consider about the trains and the buses they are really on time and most of the time
109 it is very easy for me to select those options and taking them for my day-to-day life. So then
110 And I think it's changed my mindset to have a car-free lifestyle at the moment.

111

112 (00:09:45,730) Interviewer:

113 Okay. What transport options do you mainly rely on in your daily life?

114

115 (00:09:51,250) Interviewee 10:

116 Basically, the buses and the trains. Of course it will be the main thing because sometime if we
117 consider in Sweden, we are really consider about the climate and for an example during winter
118 and very cold days of course, I though I like to cycle, it is a little hard because it sometimes it
119 gives some extra effort and extra care during winter time and especially. So when it comes to
120 summer and autumn and spring of course we can use the cycle even as a healthier method and
121 of course it is very cheap if we consider about the money the factor. But in overall in all in all
122 as I said buses and the trains are provide me the best solution in whole the year without
123 considering the seasons of course I can choose them to go here and there that is my main point.

124

125 (00:11:13,340) Interviewer:

126 Ok ,Are there any specific routes or places that you feel difficult to manage without a car ?

127

128 (00:11:21,200) Interviewee 10:

129 Of course at the moment, I haven't been experienced such kind of situation. Even if I consider
130 about some emergency situations, I came to know that there are emergency services which is
131 operate 24 hour in all the 24 hours time which is very much convenient for the people who
132 need the help and so at the moment I could have managed everything with the public facilities
133 that are available and I haven't experienced such a place where I could not manage without a
134 car.

135

136 (00:12:10,320) Interviewer:

137 What do you think about the faraway cities or places you want to visit or something like?

138 (00:12:21,860) Interviewee 10:

139 Of course, faraway places, even the public transportations are available. For an example, if we
140 want to go so far it is a choice that we have to take which time and which day we have to go
141 and plan accordingly, because all the routes are connected even to travel to another country
142 which is close by road transportations and as well as even the sea transport modes are connected
143 so those are very much affordable so for an example if we take private owned vehicle so I think
144 it will take more than more cost than we travel as a family by a public vehicle.

145

146 (00:13:19,809) Interviewer:

147 Okay, what do you think about the weather conditions such as winter and rain? So does it affect
148 your daily mobility?

149

150 (00:13:24,339) Interviewee 10:

151 Actually as I said earlier also I feel only some kind of difficulties when it in winter and so in
152 the rain time because uh as you know I haven't not much being experienced for the winters and
153 the rainy seasons more. Because I have only been here for one and a half years time during that
154 time I felt yeah during winter and heavy rain time only we feel it a little bit difficult to travel
155 with the public transport mode because sometime after the public transport to the places where
156 we are going we have to go by walk and sometime we have to wait some moments to make the
157 change of transport modes and especially during those periods only it is little bit difficult and I
158 think the other than that it is not be a major factor for me to consider yeah.

159

160 (00:14:48,070) Interviewer:

161 So at that moment have you felt buying a vehicle or something like?

162

163 (00:14:57,250) Interviewee 10:

164 Uh yeah of course, but sometime so to buy a vehicle of course to drive a vehicle we should
165 have the driving license and all. So for that also I came to know that it is a little bit harder and
166 it's very tough here and so buying a vehicle is not the only solution for me to overcome those
167 problems. So there are maybe some ways and means where we can manage everything well.

168

169 (00:15:34,490) Interviewer:

170 How do you feel about dealing with tools and technology related to the transportation here for
171 example apps and travel cards and all ?

172

173 (00:15:46,379) Interviewee 10:

174 I don't feel much difficulty moving with the technology related matters here. But I can
175 remember at the initial point actually we know that sometimes without the mobile phone or the
176 travelling card actually we are not in position to go by the public transport mode. But in today
177 context as you know we all are having the mobile phones and it is I think one of the essential
178 item, that we all process and I think we all are having the knowledge of using the same and
179 everything being monitored and details are given by the apps and everything.

180 And as I said only it was little bit strange to use the get adapted to this kind of device method
181 and for the card method at the initial stage. Other than that, there was not any kind of difficulty
182 that I have and or even my family failed.

183

184 (00:17:07,109) Interviewer:

185 So have you used the same tools and technology in your home country also?

186

187 (00:17:12,089) Interviewee 10:

188 A little bit but in the home country normally I as I said it may not be the 100%. It may be up to
189 some level of extent they have been using the mobile devices or the some cards. But still they
190 have been using some time use the the physical cash and they are being issued in tickets or
191 something like that. So we are not fully equipped with the technological devices when it comes
192 to our home country transports.

193

194 (00:17:49,849) Interviewer:

195 How did you learn to plan the routes and manage your time and deal with the delays especially
196 in here?

197

198 (00:17:55,789) Interviewee 10:

199 yeah the planning roads of course if we consider about the here as we said it is normally the
200 the apps are giving the the real real-time data sources for us to have the delays or the changes
201 about the managed thing and for an example if a train getting late or if a bus is getting changed
202 or the time it is clearly informed to the users well in advance. So accordingly we can manage
203 our route plans and our time which time to go which time to take the the next bus or the train.
204 I think in here it is very much easier because all the information are being provided in well in
205 advance yeah.

206

207 (00:19:10,769) Interviewer:

208 Okay, when it comes to daily trips like school drop-offs and shopping and appointments to the
209 doctors and all, who is responsible with this transportation? both of you are engaging or how
210 it goes?

211

212 (00:19:23,509) Interviewee 10:

213 It is actually decisions that we make together. So normally the school drop-off or the the
214 shopping or the appointments it's I feel family matter. Because sometime whenever as the main
215 the partner in my family sometime if I am going early in the morning for the work, so the my
216 wife is managing the schooling of my children. But when it comes to my availability, I I will
217 manage in the same. But in here normally the municipality is giving the very reasonable
218 schooling for our kids. Because when we consider about our kids schooling they are giving us
219 the very nearby schools that we can even access to the school by the work walk. So then it is
220 very easy for my kids or for us to take them to school or going back by walk or even by scooter
221 or cycle and when it comes to the shopping or the other appointment of course, it is matter of
222 the availability of the main partners in the family to take the decision at what point we are
223 going to make that transport method and who will be the the take carering partner and all.

224

225 (00:21:15,059) Interviewer:

226 Okay how do you feel that the transport services schools and workplaces work well together
227 for families that are living without a car?

228

229 (00:21:22,640) Interviewee 10:

230 Of course I have seen in the if we consider about the schools, I think we have seen the
231 government has provided school buses and school vehicles which we can manage or which we
232 can arrange well planned in advance and when it comes to the workplaces, we think that
233 normally to go for the work, we have to have our own method of transport. Of course, we can
234 use the public transport method which are available during the main the route line. But for an
235 example if we consider about the some factories or the some places where we were working
236 which are little far away, than the the main stop points of the main public transports, so then
237 we feel that little bit uncomfortability because in some places it takes too much time to travel
238 from from the main bus stop or the train stop to the workplace. So that then and there we have
239 to take cycle or a scooter to go for the workplace, yeah I feel that I feel that only in the
240 workplaces we find it little difficulties then when we are choosing the main transport method
241 as the public transport.

242

243 (00:23:21,019) Interviewer:

244 How many kilometers do you refer to?

245

246 (00:23:25,840) Interviewee 10:

247 Uh that mean walking or the cycling cycling yeah of course sometime two kilometers maybe
248 two to three kilometers sometime or sometime one kilometer it depends yeah.

249

250 (00:23:42,960) Interviewer:

251 Okay um are you satisfied with the transport staff the drivers or conductors or?

252

253 (00:23:48,990) Interviewee 10:

254 Uh yeah actually they are very helpful and they are very uh respectful. So normally for an
255 example even we are going for uh or we are going with the uh the buses and the trains actually
256 they are very much respectful for the uh passengers and they are very much keen on when we
257 are getting in and getting off from the buses and even I have seen for the elderly the the care
258 which they need people so they are giving the required attention for the passengers I think I
259 haven't feel any Uncomfortability of this stuff okay.

260

261 (00:24:38,079) Interviewer:

262 When choosing how to travel do the environmental environmental factors concern a role and
263 or any other factors more important? what do you think?

264

265 (00:24:54,480) Interviewee 10:

266 Yeah of course environment factors, it is very important that for an example. For example, I
267 have seen in some places, there are 2-3 vehicles in one place where they are using each member,
268 every elder member to travel their personal travelling method. So they one by one they are
269 using a vehicle. So other than that if they can use one common vehicle even it reduce the
270 emission for the environment concern and in our countries actually sometime we were not
271 being considering much more about the environment factors because we didn't have any
272 sophisticated the public transport methods which are very much affordable and available. So a
273 place where all those facilities are available at reasonable prices or the reasonable accessibility
274 I feel that the factors we should have to consider about the environment also play a major role.

275

276 (00:26:28,799) Interviewer:

277 so when do you travel do you actually think about the environment or any other factors become
278 more important than the environment but what do you feel first?

279

280 (00:26:30,150) Interviewee 10:

281 what did mean?

282

283 (00:26:32,195) Interviewer:

284 So suppose you are going to go somewhere some far away place so at that time do you consider
285 about the environment or is it any other thing that you are considering about?

286

287 (00:26:56,779) Interviewee 10:

288 Normally actually it is not the environment fact but it is the money or sometime the the effort
289 that we have to make. Because for an example I think that if I am going to drive a car by my
290 own it it takes so much of effort and stress for a long distance traveling. So I can even cannot
291 enjoy with my family because I have to concentrate all the way until the destination I have to
292 safeguard all my family members who are in and I have to take care of the vehicle and all the
293 surrounding and I have to stressfully focus on the destination and the life of ourselves and I
294 feel it's more stressful.

295 But when it comes to Use the train or the other public method of transport it is method of
296 matter of fact that we all are get together and we are very much easy uh and we are comfortable
297 uh with the family members and we can talk each other and we are very much um stress free
298 and to access to the destination. Because in almost everywhere those are connected i think from
299 here to someone at the long distance for example we have been traveling to Norway one or the
300 few months back as a family. Actually we took the buses where we all four members get in to
301 the bus and get down very easily and when we go in there, we didn't feel much of a painful
302 bodies because it is very much comfortable with the seats and everything. But we have to
303 especially we have to take care of each and everyone when we are traveling and a no stress for
304 me to consider about the how the road condition and any other thing. We have to just pay the
305 tickets and we have to front take the bus from here to go there and easily we are coming back
306 it shows me the what we call the easiness and the comfortability.

307

308 (00:29:41,339) Interviewer:

309 Have you noticed differences in how sustainability is discussed or expected in Sweden
310 compared to your country of origin?

311

312 (00:29:45,339) Interviewee 10:

313 yes of course we feel now because in here I think Sweden in the large context, they always all
314 consider about the sustainable factor as I can for my knowledge. For an example if we consider
315 about if somebody's taking the public transport for an example if I am using for long distance
316 traveling or even a short distance traveling they have been provided the large or the vast area
317 of facilities. For an example if I am using a car so they have been provided the large cars
318 parking places around the main train station where they can park their own vehicle and they
319 can use the public transport to go to their destination very easily and very stress-freely and they
320 come back and they take their vehicle and they come back home. I think they only use for very
321 shorter distance I think more most of the Sweden car owners even they are using their cars for
322 very short distance as a percentage a very large percentage. So, in here it's all in in big context
323 they have provided the facilities to support the sustainability. But when it comes to the other
324 countries they they do not have focus much more about the sustainable factor because as I said
325 earlier also in our country the people sometimes they are using the vehicle to show off their
326 status. They try to maintain the social status by the vehicles sometimes they try to be much
327 higher than the other people by show off to show off even they use this kind of thing and they
328 do not much focus about the sustainability. I think it should come from the bottom line to the
329 up so it as a country it should they have to focus more from the the small points to the big
330 points when it comes to the sustainability.

331

332 (00:32:26,920) Interviewer:

333 Yeah okay if you continue to live here so will you live without a car?

334

335 (00:32:34,519) Interviewee 10:

336 It is a big decision that we have to take so it is actually it is not a hard and fast rule that we have
337 to live without a car or we have to live only with the car so yeah everybody like to have their
338 own dream vehicle and it is a matter that why we are buying a car and what are the requirement
339 for us to have a car so sometimes and are we going to buy a car to take two kilometers travel
340 every day or are we buying a car to go for some long trip or to use some very emergent situation
341 it is a matter of some important decision or even to show off our wealthiness or anything. So it
342 is a decision that we have to make in a time whenever is necessary but though we have our
343 own vehicle we have to think about the way we are going to use it. If it is worthwhile then we
344 are using a public transport if it is a the any other thing that we are going to use the vehicle for
345 an example if the if in Sweden also if we can have a facility called a rent car sometime so then
346 where a person who is in need for an example if they want to have a vehicle for two three weeks
347 or even for some time for emergency situation where we can access easily to rent a car with
348 very much affordable price or with comfortability, sometimes most of people will go for that.
349 So it is my point of view and in even here there are so many such kind of facilities are available
350 where some moving of houses, they are being provided some the trailers which we can carry
351 with the cars and all and if the government or the municipality can facilitate some kind of a

352 rent car service Which is operate 24 by 7 so then it will be more benefited for the people who
353 wish to have their own car then then they going to own a car.

354

355 (00:35:26,460) Interviewer:

356 Okay, So is there anything about the daily mobility experience that we haven't discussed but
357 that you consider more important?

358

359 (00:35:38,659) Interviewee 10:

360 uh yeah it is uh We are immigrants and so normally when we come when we came here we try
361 to find a job and we are continuously applying for the jobs and where we can earn something
362 to live here and for the daily expenses and everybody is doing the same and we experienced
363 that sometime we also missed some even in my concern of also we missed that in most of the
364 advertisement they are publishing that they are asking whether do you have a driving license
365 and whether you are possessing a car to have this the particular position. So of course if we
366 said no then most of the time I think so many our cvs or the application being rejected for that
367 i think it should not come as of the hard and fast rule for the companies to take the decision for
368 the employment. Because if you are saying so though most of the people are tend to buy a car
369 or try to even get the driving license how hard it is here. Even they try to buy a car or buy own
370 vehicle to go for that kind of opportunity but it is better if they can provide a common transport
371 facility for an example if those if they need the people who want to travel early in the morning
372 or even to travel here and there for their job duties if they can provide their own "shuttle
373 services" where if there are few people get together or they take together and take from one
374 point to the workplace at one given time and take them off back when they are coming. So they
375 can even charge some amount of money from the those people and if they provide such kind
376 of facilities so then they would not have advertised something like that. I think um that is one
377 point that i have been experienced as negatively.

378

379 (00:38:00,710) Interviewer:

380 okay so is there anything else that you would like planners or service providers to understand
381 better about car free family life?

382

383 (00:38:12,059) Interviewee 10:

384 I think it is better for those service providers especially for the municipality account of the
385 concerned they give more the awareness regarding the sustainability or the car free mobility as
386 your survey is going on because sometimes the immigrants are coming here as I said they don't
387 have such kind of background from their countries. But in here in Sweden so most of the time
388 I have seen that they have given so good public transports as well as the people who are using

389 the cycles they have provide good cycling paths and separate and which are very much
390 monitored or the controlled by the road signs and everything and also if they can provide some
391 or the cheap accessibility for the cycles for an example if for in my case also I have two kids
392 and if I can buy or the I can rent a cycle for my kids to take to school and with the cycles which
393 are some you know that the carriers which for the children to take without buying for my family
394 if the these providers can provide us us some facility providers available around the city which
395 we can take as a rent and take it school and take it back home and give it back, so those kind
396 of facilities will be benefited for the people like us whom they don't have a car and all.

397

398 (00:40:17,289) Interviewer:

399 okay thank you so much for your information and the experiences you shared with us actually
400 it will support so much for our study and so if you have any more experiences or information
401 feel free to contact us and thank you so much for your participation thank you so much.

Interview 11

(00:00:03,950) Interviewer:

Hey, before we get started, thank you so much for participating in this interview. We greatly appreciate your opinions and life experiences, which will benefit our study. This interview is a part of our study to gain further insights and explore new aspects regarding how South Asian immigrant families perceive current car-free mobility and long-term adaptability in Helsingborg, Sweden.

You have the freedom to decline participation at any moment or to decline any questions you don't feel comfortable answering. The interview is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used only for our theses and accessed only by our group members and our teachers. Data will be stored securely and the aggregated data will be retained until our course is graded. It will not be shared, published or distributed in any way other than our research project.

So first of all, can you tell me a little bit about you and your family and how long you have been living in Helsingborg?

(00:01:16,319) Interviewee 11:

yeah well thank you I have my wife and my six years old kid here with me and we have been living here in Helsingborg more than three years now and I'm working at a IT firm here in Helsingborg and yeah.

(00:01:40,359) Interviewer:

yeah so which country are you from?

(00:01:45,200) Interviewee 11:

I'm from Bangladesh uh-huh .

(00:01:43,179) Interviewer:

so are you thinking of uh settling here in Helsingborg future in Sweden?

(00:01:56,180) Interviewee 11:

34 yeah i have a plan to settle here for the long term
35
36 (00:02:00,620) Interviewer:
37 okay so um, you said that you are you are doing your profession in IT field so how far is it to
38 your workplace?
39
40 (00:02:11,659) Interviewee 11:
41 And my workplace is 15 minutes by cycle
42
43 (00:02:18,259) Interviewer:
44 okay so that means before being IT personnel so you have complete your high education what
45 about your education.
46
47 (00:02:26,340) Interviewee 11:
48 yeah i complete my both bachelors and masters in in this specific field intending to join in this
49 it sector which i thought that it will be a great profession in the future so yeah here i am.
50
51 (00:02:45,000) Interviewer:
52 okay yeah um so living here without a car is it a voluntarily or due to any constraints like
53 Swedish driving license and affordability ?
54
55 (00:02:57,329) Interviewee 11:
56 yeah it's a mixture of both because getting a driving license here is a bit challenging for a
57 newcomer because comparing to our country, the road you know the driving scenario is
58 completely opposite in Asia in our country we drive through the left side but here it's on the
59 right side yeah the sitting position is different and your our driving license is valid for only one
60 year so that's why that's the main reason getting a driving license and also buying a car is a
61 matter of accumulating a certain amount of money, because after coming to a new country
62 adjusting with everything maintaining your family expense, so it's it's both the challenges are
63 restraining you to buy a car here.
64
65 (00:04:07,209) Interviewer:

66 so okay, what kind of transport methods did you use in your home country is it public transport
67 or a private car?

68

69 (00:04:19,029) Interviewee 11:

70 uh most of the time i used Motorcycle here in our in back in our country and also public
71 transport when we moved from one location to another if it's uh about distance and if we moved
72 with our kid, in that time it was not possible to use the motorcycle.

73

74 (00:04:40,970) Interviewer:

75 okay so could you describe the daily task you and your family need to do and how do you
76 manage them without a car here in Helsingborg?

77

78 (00:04:56,800) Interviewee 11:

79 it's a bit challenging honestly speaking because the daily task includes dropping our son to
80 school pick him up again and going to office coming back buying groceries and traveling to
81 hospital or any place these are the things but it's a bit challenging so these are the daily activities
82 that we need to perform on daily basis.

83

84 (00:05:27,460) Interviewer:

85 so do you find it difficult without a car ?

86

87 (00:05:30,629) Interviewee 11:

88 That means yes of course it's difficult

89

90 (00:05:34,399) Interviewer:

91 what of what sort of difficulties you face can you please explain?

92

93 (00:05:38,170) Interviewee 11:

94 yeah of course first thing is when i wake up i think about a car would make a lot of things easier
95 because i it takes 30 minutes to reach my son's school it's almost 20 kilometers away sorry two
96 kilometers away so i need to walk or run and then my son takes bicycle then again coming back
97 getting ready so time is a is a one of the key factors here which which i consider and which in
98 that perspective i think that it would make our life easier if we had a car like dropping him to

99 school easily picking him up going to office and here the weather condition is not appropriate,
100 well most of the time it's either windy or cold or raining so it creates more obstacles for our
101 daily movement without a car.

102

103 (00:06:52,430) Interviewer:

104 so does that mean that public transport stops are not nearby to you just like the bus stations and
105 train stations?

106

107 (00:06:59,959) Interviewee 11:

108 uh yeah it's nearby but our location i think it's not suitable for us to move with one bus only so
109 we need to change our bus no matter wherever we go except going to the central station so for
110 example if i want to drop my son at school then we need to change bus and it takes time and
111 it's better to walk it almost kills 10-15 minutes more than walking if I take a bus because I need
112 to take first bus then have um in the halfway i'll have to get down from that one and the waiting
113 time is almost 10-15 minutes or 10 minutes at least to get another bus and it takes the longer
114 route so that is why it's available but it's not convenient.

115

116 (00:08:08,860) Interviewer:

117 that means taking several transitions make you difficult to get into your place?

118

119 (00:08:20,185) Interviewee 11:

120 yeah

121

122 (00:08:023,651) Interviewer:

123 so but the same distance is taking when you walk and when you take the bus?

124

125 (00:08:25,321) Interviewee 11:

126 Yeah

127

128 (00:08:025,421) Interviewer:

129 okay so uh what about your um wife is she also employed or is she at home?

130

131 (00:08:26,860) Interviewee 11:
132 she also works part-time basis
133
134 (00:08:33,059) Interviewer:
135 so okay do you feel comfortable with ride sharing with your friends to work or leisure activities
136 of the kid what do you think about that?
137
138 (00:08:42,509) Interviewee 11:
139 ride sharing means?
140
141 (00:08:45,759) Interviewer:
142 Share in a car with your friends?
143
144 (00:08:50,639) Interviewee 11:
145 Yep! sometimes it's okay because if we plan for a hangout or going somewhere sometimes we
146 share cars of our friends but you know having since we are three person in our family so it's
147 not always convenient to go together in the same car, it's about space they also have their family
148 yeah so it's not that much convenient
149
150 (00:09:21,149) Interviewer:
151 So but if you are taking such an opportunities are you trying to compensate or treat treat them
152 back for the ride?
153
154 (00:09:31,789) Interviewee 11:
155 yeah it's in my mind because when we it saves our transportation cost so we try to treat them
156 in an alternative way.
157
158 (00:09:40,135) Interviewer:
159 such as?
160
161 (00:09:43,351) Interviewee 11:

162 Such as buying food or like if it's any ticket for entering any place then we have we keep it in
163 our mind that we got this benefit, so we try to compensate in other ways buying ticket buying
164 food and something like that.

165

166 (00:10:08,330) Interviewer:

167 Yeah okay yeah fine um so how have you managed your shopping with bulky heavy items to
168 bring home for example furnitures and all these things have you any experience related to that?

169

170 (00:10:18,460) Interviewee 11:

171 Yeah and that's not a good experience at all, because two times in on a regular basis we face
172 difficulties in this case. First buying groceries for our monthly budget like if we want to buy
173 groceries for the whole month, then it becomes bulky and then it's difficult to take these into
174 bus and then change the bus and coming to our bring to our home. Sometimes we do that we
175 have a trolley bag but it's also difficult because we live in an uphill area. So it takes much
176 energy to bring the bag and rolling it through the hilly road and bring it to home. So that's the
177 most challenging because we usually don't buy furniture frequently but we buy groceries every
178 month. So there is we we face the most difficult part but about furniture and since we don't
179 have car, so we had to take services from other third parties for the home delivery because we
180 couldn't bring it home ourselves.

181

182 (00:11:42,000) Interviewer:

183 for example, just like trailers you used at that time ?

184

185 (00:11:49,360) Interviewee 11:

186 yeah trailers and like they had the facility of home delivery with a charge okay so we offered
187 them the service payment and they hand it over to us in Our home.

188

189 (00:12:03,759) Interviewer:

190 so at that moment have you ever thought Of purchasing a vehicle or something like.

191

192 (00:12:08,460) Interviewee 11:

193 yeah obviously thought of purchasing a vehicle.

194

195 (00:12:15,159) Interviewer:

196 Okay okay so due to carless situation have you tried options just like skipping far away visits,
197 with your family since you are not having a vehicle?

198

199 (00:12:27,299) Interviewee 11:

200 Far away means, we felt less freedom of moving to a new place or or traveling because we had
201 to depend on public transport it has fixed schedule and fixed route sometimes because we prefer
202 traveling without strict route plan in our country for example we just went out for a short trip
203 and then the road took us to a different destination we like to explore new things but here now
204 without a car personal vehicles and we have to go to a train station or bus station then we need
205 to see the map exactly we had to drop off to the same exact place and destination and there's it.
206 we have to see the exact things which the destination offer. But we we love to explore
207 something beyond the specific constraints of boundary so that's where we felt difficulties .

208

209 (00:13:48,275) Interviewer:

210 okay um so,that means um do you think that due to this status of being car less, you have you
211 have been you have been dealing with fixed routines or monotonous in everyday life?

212

213 (00:14:05,019) Interviewee 11:

214 yeah yeah and even we have some uh vacations we have some leaves from our work but
215 because of getting ready and moving to a bus station and train station sometimes we stopped
216 or skipped our plan of going out.

217

218 (00:14:33,299) Interviewer:

219 okay so does that mean the public transportation is not so comfortable for you?

220

221 (00:14:37,480) Interviewee 11:

222 yeah not always so comfortable well it most most of the case i felt like it can fulfill our necessity
223 but not our recreational purpose it's not that much convenient.

224

225 (00:14:49,960) Interviewer:

226 Okay so also do you feel that you are excluded from the circle of your society because because
227 you're not having a vehicle?

228

229 (00:15:06,480) Interviewee 11:

230 uh yeah here it's partly true because i see that, most of the people they have even not one they
231 have several vehicles personal vehicles so in that case i see when i see all of my neighbors have
232 more than one cars for their daily purposes then sometimes i feel like that way.

233

234 (00:15:26,619) Interviewer:

235 so does your neighborhood immigrants or are they swedish?

236

237 (00:15:31,850) Interviewee 11:

238 A few are immigrants and others are Swedish.

239

240 (00:15:39,919) Interviewer:

241 okay ,So what kind of weekend trips, does your family usually take in the weekend?

242

243 (00:15:49,129) Interviewee 11:

244 a weekend we normally don't go take any trip during extreme winter but if it's summer or in
245 spring then sometimes we go to the beach side or some nearby cities like we used to travel last
246 year

247

248 (00:16:14,639) Interviewer:

249 Okay so uh so what is the mode of transportation you used at that time?

250

251 (00:16:18,480) Interviewee 11:

252 Um that was mostly bus but sometimes it included train also.

253

254 (00:16:44,195) Interviewer:

255 so does your family your wife and kid got a good experience you think about that?

256

257 (00:17:56,123) Interviewee 11:

258 not always as i said it goes fixed route and it if it's not very close to the main city or a main
259 destination then we found that it takes a lot of time to get a vehicle at your convenient time like
260 we went to a place last year then it only runs bus after an hour interval.

261

262 (00:17:04,799) Interviewer:

263 Okay.

264

265 (00:17:05,059) Interviewee 11:

266 So we missed a bus and then we had to wait another one hour to catch another one. Okay.

267

268 (00:17:13,539) Interviewer:

269 So what are the transport options you mainly rely on in your daily life here in Helsingborg?

270

271 (00:17:19,339) Interviewee 11:

272 Here we mainly rely on bus.

273

274 (00:17:23,640) Interviewer:

275 Okay. So are you familiar with bicycles and E-scooters?

276

277 (00:17:27,355) Interviewee 11:

278 Yeah!

279

280 (00:17:34,130) Interviewer:

281 that means are you using them in your daily life not daily but sometimes e-scooters when i
282 literally have short of time to go somewhere, then i take the e-scooters as well.

283

284 (00:17:44,430) Interviewer:

285 how do you get into your workplace daily?

286

287 (00:17:57,289) Interviewee 11:

288 Uh by walking most of the time and sometimes by E-scooter.
289
290 (00:18:01,389) Interviewer:
291 okay um do you have the cycling skills?
292
293 (00:18:03,360) Interviewee 11:
294 Yeah!
295
296 (00:18:10,180) Interviewer:
297 you're familiar with riding bicycles?
298
299 (00:18:10,460) Interviewee 11:
300 Yeah
301
302 (00:18:12,451) Interviewer:
303 so what about your wife is she also familiar with that?
304
305 (00:18:13,160) Interviewee 11:
306 yeah she's also familiar
307
308 (00:18:16,789) Interviewer:
309 okay so frequently are you using it here or you are not using?
310
311 (00:18:20,420) Interviewee 11:
312 Not using frequently because of the weather condition and comparing to our countries it's much
313 colder so we don't feel comfortable going out with cycle in extremely cold winter or cold
314 weather condition.
315
316 (00:18:37,680) Interviewer:
317 so does that mean if the weather condition supports you so you absolutely will use it?

318

319 (00:18:49,960) Interviewee 11:

320 yeah when the weather is sunny bright days then we like to use cycle

321

322 (00:18:54,099) Interviewer:

323 Okay um what about your opinion or experience about using Skane Traffican app?

324

325 (00:19:04,000) Interviewee 11:

326 yeah it works,most of the time it's good not bad indeed. Sometimes we get different offers
327 through the app and the information is also accurate. We can track bus where bus and train
328 about its location, so and we can plan accordingly yes it's not bad.

329

330 (00:19:17,120) Interviewer:

331 so how long have you been using that app?

332

333 (00:19:24,119) Interviewee 11:

334 yeah since we came here three plus years.

335

336 (00:19:37,410) Interviewer:

337 Okay so what do you think about the ticket sharing feature of the Skane Traffican app?

338

339 (00:19:44,519) Interviewee 11:

340 That's Good, it's good because sometimes we lend ticket and we can share ticket to someone
341 who is in need.

342

343 (00:19:53,400) Interviewer:

344 so you you are having that you're also using that facility in your life?

345

346 (00:19:57,799) Interviewee 11:

347 sometimes

348

349 (00:20:02,679) Interviewer:

350 okay uh so are you familiar with such a app in your home country also?

351

352 (00:20:07,559) Interviewee 11:

353 No in our country we didn't have any such app.

354

355 (00:20:20,100) Interviewer:

356 how was it worked out?

357

358 (00:20:22,320) Interviewee 11:

359 we had to go to a bus stop but the frequency of bus was more and not fixed by route like this
360 one so we just went to the bus stop and then we take the bus.

361

362 (00:20:40,140) Interviewer:

363 So what about ticket ticketing?

364

365 (00:20:52,450) Interviewee 11:

366 Ticketing uh in our country it's mostly uh you know it's cash based. So we exchange cash for
367 paying the ticket okay if it's not very long route in that case we needed to buy ticket in advance
368 from a ticket counter. But for the shorter routes we used to pay cash.

369

370 (00:20:56,620) Interviewer:

371 okay that means on the spot you have to buy the ticket?

372

373 (00:21:01,410) Interviewee 11:

374 yeah on the spot and sometimes we didn't have to buy ticket, they just a what should i say
375 supervisor, conductor he comes to the passenger and takes the price of the ticket.

376

377 (00:21:30,400) Interviewer:

378 okay okay so since you are not familiar with this app back in your home country so how did
379 you learn to plan routes and manage time and deal with the delays can you explain your
380 experience with that?

381

382 (00:21:41,180) Interviewee 11:

383 yeah it's it's interesting because when we came here at the beginning we had difficulties finding
384 routes finding bus numbers but slowly and gradually we found it useful and we tried to learn
385 the route bus number stoppage and everything, but still we missed several times bus because
386 we couldn't figure out exactly. But then slowly and gradually we now know almost which bus
387 goes where and about delays there we also had difficulties because we couldn't realize the delay
388 condition or the announcement at the beginning stage. For example it was a winter and because
389 of snow the bus was very late and we I couldn't drop my son to the school at the right time and
390 I also didn't know that what was happening. So after several minutes of the exact bus time, then
391 I found that people were talking about the delay, because few more people are also waiting
392 with us for the bus and then they got the information from somewhere that there was a minor
393 accident in the route and bus will be delayed.

394

395 (00:23:11,819) Interviewer:

396 So does it mean that due to the language barriers you found it difficult in the beginning?

397

398 (00:23:20,200) Interviewee 11:

399 not about language barrier not it's more about unfamiliarity of with using the app. Since we
400 didn't have experience of using this type of app so because it was in English and we understood
401 the language so it's more of not having the experience of using such type of app.

402

403 (00:23:50,360) Interviewer:

404 okay so when it comes to daily trips like school drop-offs and shopping and hospital
405 appointments who is responsible for transportation in your family?

406

407 (00:24:04,529) Interviewee 11:

408 in most of the time for dropping off our son to school i go in the morning and sometimes my
409 wife picks him up but about dropping I take the lead but other than that we go together for
410 shopping and other daily Activities.

411

412 (00:24:25,759) Interviewer:

413 okay so that means you are sharing the responsibility?

414

415 (00:24:29,529) Interviewee 11:

416 yeah sharing the responsibility.

417

418 (00:24:32,759) Interviewer:

419 So how do you manage it without a car that means for example hospital appointments or
420 something like that do you find it difficult or do you get the help of other friends or someone ?

421

422 (00:24:47,990) Interviewee 11:

423 and that's why we need to buy ticket for both of us and since our son is below seven he still
424 doesn't need ticket so we buy ticket for both of us and yes difficult to go together and the ticket
425 price if we buy separately then it's higher but the joint ticket only allows you to travel together
426 not separately so it's about cost which sometimes is higher than we expect.

427

428 (00:25:27,180) Interviewer:

429 okay ,so what about your child's leisure activities do you think that it is affected since you are
430 not having a car?

431

432 (00:25:31,660) Interviewee 11:

433 yeah sometimes because there are some things or facilities which are a bit far for example for
434 example there is a jumping squat in Helsingborg for the kids but it's far away from our home
435 so So we, because of changing the bus and taking another one, so we usually don't go there.
436 But our kid love to visit the place.

437

438 (00:26:08,559) Interviewer:

439 Okay. Do you think that the schools, hospitals and workplaces work well together for families
440 living without a car? Are they supportive?

441

442 (00:26:21,869) Interviewee 11:

443 Not exactly because things didn't work well with us. We that's why since we don't have a car
444 so we um we hired a or rent a house near to the school and hospital. But then the school
445 announced that they had a renovation plan for next one year and we had to go to the same

446 previous school which is two and a half kilometers two kilometers far from our home our house.
447 So in that same case we found it very difficult because we planned accordingly that the school
448 will be very near to our apartment then it didn't work.

449

450 (00:27:15,074) Interviewer:

451 Okay so do you think that there are some specific specific routes and places that you find
452 difficult to manage without a car? anything you came across in your life so far?

453

454 (00:27:26,799) Interviewee 11:

455 Yeah it's about the location and time so even if we go want to go to Vaala we don't get straight
456 bus which goes to the destination. So changing vehicle is very annoying sometimes. Because
457 getting a seat there sometimes when you change the bus halfway then you don't get a proper
458 available seat for sitting. So that's why i i find it difficult going to a certain destination.

459

460 (00:28:12,380) Interviewer:

461 okay so could you please explain more about the weather conditions such as winter and rain
462 that affects your daily mobility?

463

464 (00:28:18,769) Interviewee 11:

465 Yeah like for today we had to come here by walking which took almost 20 plus minute since i
466 had my kid and he's usually normally not as my speed walk of walking same as. So and it's
467 raining we had to carry an umbrella to come here and walking took us 20 plus minutes. So if
468 we had a car then we could come faster at this place and the weather most of the time remains
469 like this either it's extremely cold and even in winter it's snowing and this year i also heard that
470 it was harsh than more harsh than the other previous years. Most of the time it was covered by
471 snow and windy, so it's not comfortable walking or moving taking to a bus, sometimes the bus
472 stoppage don't have a proper shed and shelter to wait for a bus. So that's why you need to wait
473 even in the extreme windy or cold weather conditions. So these are the situations make life
474 difficult without a car because of the weather condition.

475

476 (00:29:56,099) Interviewer:

477 yeah so have you experienced any discrimination while using public transport for example by
478 another passenger driver or the ticket checkers?

479

480 (00:30:11,630) Interviewee 11:

481 not that much but yes I can share one or two experiences where we didn't find it comfortable.
482 especially it happened with my wife once she was waiting at the bus station the bus stopped
483 but when she wanted to enter into the bus then the driver didn't allow her to enter and still we
484 don't know the reason so was she with a stroller or something no nothing she was just in front
485 of our son's school and a couple of passengers were standing inside so probably there were less
486 space or i don't know but still it could be manageable and the bus comes after a certain interval.
487 So we don't know and it happened twice, two times with us that the bus didn't stop or uh it
488 was not this about discrimination it was about mistake the driver didn't stop at the right
489 destination it just moved forward and then we had to get down at a wrong destination and it
490 took difficulties moving back.

491

492 (00:31:40,229) Interviewer:

493 but you informed that you are getting down from a certain place to the driver?

494

495 (00:31:53,109) Interviewee 11:

496 yeah we informed and if there is a system in the bus that we need to press the button if we
497 want to get down to a certain destination before the place we need to press the button. we did
498 that but the driver didn't stop.

499

500 (00:31:55,529) Interviewer:

501 okay yeah so thinking of all these what is your overall opinion of the transportation and
502 infrastructure in Helsingborg for example the buses trains cycle paths walking routes?

503

504 (00:32:13,009) Interviewee 11:

505 Cycle paths and walking routes are okay in most of the cases but bus routes and bus time is
506 okay but not convenient always for daily use. I think and especially the train delays sometimes
507 we go and plan for a trip and plan for going somewhere then in most of the cases not most of
508 the cases but we found frequent delays of train cancelling time or route or delay so it costs time
509 and energy

510

511 (00:32:53,710) Interviewer:

512 So how do you feel overall?

513

514 (00:33:04,109) Interviewee 11:

515 Overall i feel we need a car. Okay to make life a bit more easier since it's not fully helpful for
516 you to use public transportation conveniently.

517

518 (00:33:33,410) Interviewer:

519

520 okay so how do you describe this experience compared to your home country?

521

522 (00:33:44,169) Interviewee 11:

523 In our home country, we had different modes of transportation which are not available here for
524 example in our home country if we just step out of our home then we get which is called a
525 “three-wheeler” “rickshaw” in in our language rickshaw a three-wheeler and auto rickshaw. So
526 you will certainly get one uh if you wait or even several if you just step out of your house most
527 of the time so you can call a rickshaw and then you can move easily to a bus station or train
528 station. So this is the lacking here i think because you need to walk or to go to a bus station or
529 train station even it takes 10 minutes or certain time to reach. But the rickshaw and the vehicle
530 had shed, so it covered you from weather condition in our country and also it's faster than
531 walking so you can reach to a destination even without taking the public transport like bus train
532 for a shorter distance those vehicles are good enough for daily movement and it's widely
533 available.

534

535 (00:34:52,260) Interviewer:

536 So can you explain more about these vehicles? Are they driven by fuel or how do they operate?

537

538 (00:35:04,980) Interviewee 11:

539 no they are not driven with fuel so it's driven by batteries and it's electric. So people just there
540 is one driver and most of the time in rickshaw two person can sit together with a child but in
541 auto rickshaw six people can sit in a same auto and it's also better electric based.

542

543 (00:35:27,719) Interviewer:

544 okay so so do you think that these options are suitable in this country also? what do you think?

545

546 (00:35:41,619) Interviewee 11:

547 Yeah this is also suitable here because it could carry six person uh without any hassle. So these
548 are suitable options if people want to go to shorter distance and that could be but where the

549 roads are hilly for example in Helsingborg it's a bit challenging I think to carry six person at
550 the same time but if the vehicle carries less person then it can go easily or other cities like
551 Malmo where it's more plain road condition is very comfortable and convenient.

552

553 (00:36:27,599) Interviewer:

554 yeah do you have many other immigrant friends those who are having cars or those who Aare
555 not having cars?

556

557 (00:36:33,739) Interviewee 11:

558 A mixture of those, most of them have car but fewer also don't have car.

559

560 (00:36:41,739) Interviewer:

561 So do you think that they affects to you to buy a car in future?

562

563 (00:36:53,010) Interviewee 11:

564 Yeah they the the person who have or the friends who have car we sometimes get inspired.
565 Because their life is easier than us so it motivates us to buy a car.

566

567 (00:37:12,809) Interviewer:

568 okay so actually since you are not living you are living without a car at the moment, so do you
569 mostly combine several activities in one trip?

570

571 (00:37:20,510) Interviewee 11:

572 We try to do that for example we try to buy all of our groceries at one go because going to buy
573 groceries several times it takes time energy and it's not convenient but it's also difficult to take
574 everything at one go. But we need to manage it.

575

576 (00:37:52,769) Interviewer:

577 so still you are using public transport for that?

578

579 (00:38:06,170) Interviewee 11:

580 yeah yeah

581

582 (00:38:07,139) Interviewer:

583 okay at the same time do you think that while searching for jobs and getting jobs in Sweden
584 does the possessing a car plays a critical role?

585

586 (00:38:08,070) Interviewee 11:

587 I found that while applying to the jobs I found that several jobs require driving license whether
588 you have a car or not they require driving license in their advertisement they declare that so
589 that indicates that you need to have a car to get or to be accustomed to or compatible with every
590 situation. I think it the system and the society is structured in such a way that it requires you to
591 buy Or have a car.

592

593 (00:38:52,639) Interviewer:

594 So does it affected you also in finding your present job?

595

596 (00:39:01,789) Interviewee 11:

597 Luckily, I had this job where the advertisement didn't explicitly demand a car license or having
598 a car, so it was not affected. But when I applied to other jobs which I didn't get, but still it
599 required...That might also be a reason for not getting the chance because they declared that I
600 need to have a driving license and a car.

601

602 (00:39:39,530) Interviewer:

603 Is it the same condition in your home country also? Do they also require a driving license or a
604 vehicle in order you to get a good job?

605

606 (00:39:56,329) Interviewee 11:

607 No, in our country not everyone has or not most of the people have cars and it doesn't require
608 people to have driving license or car even if it's not explicitly required to have to drive vehicle
609 like the job which requires you to drive a vehicle or moving or it's related to transportation you
610 don't have to have a driving license or car.

611

612 (00:40:27,569) Interviewer:

613 Okay yeah do you think that not having a car relates to social status?

614

615 (00:40:35,440) Interviewee 11:

616 where in our country or where?

617

618 (00:40:37,944) Interviewer:

619 in your country and here how do you compare this situation?

620

621 (00:40:40,449) Interviewee 11:

622 Actually, our country the economic condition is not that much developed still so having a car
623 is sometimes is related to luxury. Not daily necessity because people frequently use this type i
624 explained earlier that the rickshaw and other modes of transportation and most of the people
625 have nowadays they have their own motorcycle. So like this way we fulfill our daily necessity
626 . So it's about prestige it's not about social daily necessary. Here people think what i have found
627 is people think more of it as a necessary things not luxury and social status related issues are
628 there.

629

630 (00:41:41,679) Interviewer:

631 Okay so uh when it comes to sustainability so is this a topic a daily topic in your discussions
632 in your family?

633

634 (00:41:50,929) Interviewee 11:

635 yeah we not daily but yeah we do discuss about this issue

636

637 (00:41:57,099) Interviewer:

638 Mm-hmm so what type of topics that comes to your mind when you talk about sustainability?

639

640 (00:42:06,699) Interviewee 11:

641 Topics means what we can do for the betterment of society and the world, we need to do, we
642 need to perform those tasks from our home, we need to start practicing. For example, sorting
643 out garbage, putting right garbage to the right bin, and using less environmentally impactful
644 products so these are the practices we discuss in our daily life so

645

646 (00:42:39,269) Interviewer:

647 Does the transportation topic also stays among these?

648

649 (00:42:40,322) Interviewee 11:

650 yeah

651

652 (00:42:45,670) Interviewer:

653 how it comes to ?

654

655 (00:42:47,449) Interviewee 11:

656 Like we discussed that the bus and train in most of the cases here in Sweden, it's electric which
657 is better for the environment. Because in our country it's not fully electric especially trains and
658 buses so these are good and people are using electric cars.

659

660 (00:43:22,360) Interviewer:

661 okay so when choosing how to travel what factors are more important to you as you think?

662

663 (00:43:26,130) Interviewee 11:

664 like considering what are the issues?

665

666 (00:43:28,450) Interviewer:

667 for example cost and comfortability and hassle-free or is it environmental friendly vehicles
668 ?what are the factors you think actually when you are going to select a mode of transportation?

669

670 (00:43:35,280) Interviewee 11:

671 we select convenience on top of other things because having a child and thinking about more
672 sustainable often is not always suitable and helpful for us. So we try to find out the easier
673 solution seamless transportation facilities.

674

675 (00:44:05,659) Interviewer:

676 okay so how do you actually interpret your car free life do you think it has a limitation or it's
677 been more sustainable or having more freedom without a car? how do you actually interpret it?

678

679 (00:44:17,050) Interviewee 11:

680 i i would like to interpret it as a obstacle of free movement it's not convenient at all.

681

682 (00:44:31,154) Interviewer:

683 so but you you are not familiar with the car in your home country also ?

684

685 (00:44:37,210) Interviewee 11:

686 yeah but as i said in our home country you don't have to wait for public transportation in daily
687 at least in daily activities unless you go for a long trip a long journey you don't have to rely on
688 public transportation of time. You can easily and instantly move from one place to another
689 place without interruption. So that's why we didn't we didn't rely on or we didn't feel the
690 necessity of having a car this much. what we are experiencing here.

691

692 (00:45:14,159) Interviewer:

693 okay yeah so um you have noticed that environment sustainability is discussed and practiced
694 more widely in sweden than in your native country?

695

696 (00:45:24,620) Interviewee 11:

697 yeah

698

699 (00:45:25,142) Interviewer:

700 so does this influence your thinking nowadays?

701

702 (00:45:27,420) Interviewee 11:

703 yeah it's a good practice we have found that that in Sweden it's better people like to discuss and
704 like to practice in a more sustainable way it's good. Is it possible to take a short break in the
705 interview or should we continue?

706

707 (00:46:01,650) Interviewer:

708 can we continue we just have several questions only. okay so do you think that this the
709 environment of sustainability has affected you taking decisions with related to transportation?

710

711 (00:46:20,320) Interviewee 11:

712 uh i i didn't think that it's uh more effect affecting our decision because we also have the
713 sustainable transportation facilities or options like if we had the opportunity and all the
714 necessary facilities to buy a car we could also buy electric car as well for practicing the
715 sustainable issues.

716

717 (00:46:46,280) Interviewer:

718 Okay, So do you think that if your job status and visa status change positively, so you will still
719 continue without a car or are you going to purchase a car?

720

721 (00:47:04,019) Interviewee 11:

722 we have a plan to purchase a car right now it's not affordable for us to buy a good car but if our
723 visa status and job status changes then definitely we will buy a car .

724

725 (00:47:21,260) Interviewer:

726 So, If you are going to purchase a vehicle so what are the life situations you think or the reasons
727 you are thinking that you should own a car that should that is necessary and all?

728

729 (00:47:37,360) Interviewee 11:

730 Life situation especially for the recreational purpose and daily daily necessities as I said earlier
731 daily activities like dropping off our son to school buying groceries and on weekends to move
732 somewhere, where not only depending on the public transportation. We could go somewhere
733 some undiscovered and quiet places where most of the people it's not a public destination. So
734 that are the facilities we'll get.

735

736 (00:48:19,840) Interviewer:

737 what do you think about the cost and the parking hassle and also highway driving rules and
738 regulations? how do you are going to tackle with all these things?

739

740 (00:48:30,880) Interviewee 11:

741 Actually i have already gone through the driving lesson book and as i'm a bit passionate about
742 driving. So i don't find it very difficult the rules regulations are very well and clearly explained
743 in the book and app. So i think it will not be much problem and compared and considering cost
744 i think public transport sometimes costs more than having a car.

745

746 (00:49:11,909) Interviewer:

747 so what do you think that when you own a car in future will you still use public transport or
748 you give up it?

749

750 (00:49:20,389) Interviewee 11:

751 After buying a car?

752

753 (00:49:21,809) Interviewer:

754 Yeah, after buying a car.

755

756 (00:49:23,929) Interviewee 11:

757 In most of the cases I will not or we will not use public transport. But if it considering moving
758 one place to another place which is very far away only then we will take train and other modes
759 of public transport other than that beyond our driving reach we will try to take our car.

760

761 (00:49:48,329) Interviewer:

762 so what about walking and cycling will you also not use these options?

763

764 (00:49:55,369) Interviewee 11:

765 Yeah we will also use because driving and taking only transportation is not good for our health.
766 So we will definitely walk and cycle but it shouldn't be mandatory for any work it should be
767 our choice that we want to walk Or cycle.

768

769 (00:50:19,189) Interviewer:

770 So purchasing a vehicle in the future so is it the comfortability of your child or else the
771 reachability to the workplaces or schools? what is the most affecting factor that as you think?

772

773 (00:50:36,590) Interviewee 11:

774 It's combination of a lot lot of factors as i said. Like convenience not waiting for the bus and
775 saving time going to office at the right time because sometimes i found that the public transport
776 are not run exactly on the same time frame. So when it comes to delay and like this then i was
777 late at office a couple of times. So these are the situation when where i think that a car would
778 make things easier.

779

780 (00:51:16,969) Interviewer:

781 so don't you think any negative factors with related to purchasing a vehicle?

782

783 (00:51:27,340) Interviewee 11:

784 Negative factors means it takes a lot of money at the same at a time and the risk associated with
785 it because it has depreciation and there is a certain risk if something happens to the car it also
786 takes money and these are the things actually we think about.

787

788 (00:51:56,099) Interviewer:

789 okay do you have any suggestions for the skane trafficken as a service provider or to the
790 Swedish government to support families who live without with your constraints and difficulties
791 with your experiences?

792

793 (00:52:10,219) Interviewee 11:

794 we only thought about introducing short distance vehicles like auto rickshaw or something like
795 that which are also environmental friendly as it's operated and its main power source is
796 batteries. So government could introduce something like that which will make the people who
797 don't have any car their life much more easier.

798

799 (00:52:46,030) Interviewer:

800 So have you ever used or tried the cycle wagon that is being used for carrying kids and all.
801 Have you tried it?

802

803 (00:52:56,050) Interviewee 11:

804 uh no not exactly i saw that some people use it for their kids to drop off and pick up from school
805 and going to somewhere. but we didn't consider buying it or using it?

806

807 (00:53:13,710) Interviewer:

808 So do you think such methods or similar methods will perform a better service to the to families
809 without a car as you said?

810

811 (00:53:21,570) Interviewee 11:

812 it might be but it cannot be an alternative of public transport and as i was mentioning that there
813 should be a quick and easy solution as per your demand.

814

815 (00:53:41,130) Interviewer:

816 Yeah okay so actually we have talked a lot of about the car free life, what do you think that is
817 there anything that is left about your daily mobility experience that we haven't discussed but it
818 will be more important to share as you think?

819

820 (00:54:15,010) Interviewee 11:

821 I think here I found that the taxis who doesn't have a car the taxis and other facilities are very
822 costly here. So we didn't talk about taxi in our interview. So I think that if it there was less
823 costly option then that could be a beneficial option for the people who don't have cars. Because
824 taking a taxi it costs a lot I found that. For example, when one day one night we missed the
825 scheduled train from Malmo to Helsingborg. Then we went to a taxi and it charged 1500
826 Swedish krona to come here which is a lot for us. Especially for a newcomer. So in that part, I
827 think introducing a convenient transport option people will love to use that I hope. Because e-
828 scooter it also is costly it's good but it's also not good for several person at a time. So if you
829 have a family and if you have a kid it's not convenient for you to use e-scooters. But if someone
830 else drive for you with a small vehicle then that could be a better option.

831

832 (00:56:01,099) Interviewer:

833 yeah and also what do you think about the other people who are not using a car do you think
834 that they they are also facing difficulties or they are managing better than you? Do you think
835 something like.

836

837 (00:56:20,289) Interviewee 11:

838 I discussed this issue with other person who also doesn't have car then i found more or less
839 similar experience because they but who don't have kids they share that they have less hassle.
840 Because when you have a kid then you you cannot match the speed with it like it doesn't match

841 your kid is slower sometimes you need to take him to the lap. But when they don't have kid
842 they share that they could run to catch a bus and people who have kid they cannot run to catch
843 a train or a bus even if it miss so because of the speed I I think this type of experiences we got
844 from other people who don't have car, but it's more or less same. They also share similar type
845 of experience and they also want to buy a car when it will be convenient for them.

846 (00:57:35,489) Interviewer:

847 That means, do you think that the stage of life also affect deciding how you are doing your
848 daily mobility?

849

850 (00:57:44,969) Interviewee 11:

851 Yeah, stage of life is a good point because when you are single, then you don't feel the necessity
852 of having a car or you don't feel the pressure, especially sitting in public transport. But when
853 you have your spouse, then you need two seats at the same time you cannot stand alone for a
854 longer time and your kids doesn't want to stand for longer time as well. So these are the
855 scenarios when you feel pressure of of having comfort and it's also related to to your age when
856 you're young you don't care much more things you can move and I see a lot of older people
857 who don't feel comfortable getting into a bus and taking the public transport.

858

859 (00:58:57,929) Interviewer:

860 Yeah so as a whole how do you feel about this interview? so do you have any other questions
861 or any other opinions to add into this interview?

862

863 (00:59:10,170) Interviewee 11:

864 it's good that it's good that you asked a lot of questions and i feel better because i at least i could
865 share my experiences of not having a car and what are the difficulties because you know sharing
866 your suffering it's at least a kind of relief? that you you other person also realize what is going
867 on in your life uh in without a car and that's why sometimes we plan to go nearby places with
868 those person who also don't have cars and we we share our sufferings and share our plan. How
869 do we get the driving license what are the things and one of them recently got the driving
870 license. So we asked him the process and his experiences. So then we found that it's better to
871 have a driving license. But it was not he shared that it was not that much difficult. But the
872 difficult part is the driving license also cost a lot of money almost he has to spend 30 000
873 Swedish krona in total to buy the driving license including driving lessons and other fees.

874 So it's also an obstacle i missed the point in the interview that if you want to get a driving
875 license and if you don't have a person who has five plus years of driving experience here, you
876 need to go to a driving school which is very costly. So if you consider getting the driving license
877 for two of you; you and your partner then you need to budget 50 000 Swedish krona which is

878 more than a second-hand car. So this is another obstacle I think here government should provide
879 free driving lessons to the especially those to the newcomers who come to this country and are
880 adjust with a lot of things paying taxes and everything so this will be a salvation for the Swedish
881 government to introduce a system which is less costly because it creates more obstacle.

882

883 (01:01:58,769) Interviewer:

884 so don't you think that in that case it is it is a planned action that is taken by the government in
885 order to go towards sustainability and reduce the pollutions or emissions towards the
886 Environment?

887

888 (01:02:12,360) Interviewee 11:

889 regarding what not letting people?

890

891 (01:02:15,539) Interviewer:

892 Yeah getting the driving license it's discouraging people to get it so that it will positively affect
893 to the sustainability?

894

895 (01:02:24,880) Interviewee 11:

896 I don't think because because it cannot be a mechanism. People should have the freedom. You
897 government can encourage people, government can educate people about sustainable practice.
898 Having an electric car is also a completely sustainable practice. So, you cannot force people or
899 discourage people to not having a convenient life. People should have their convenient life.

900 But the system is probably okay for the Swedish citizen, but a newcomer, for a newcomer it's
901 quite challenging for getting a driving license because comparing to our country's cost, it costs
902 1,000 Swedish krona to buy to have the driving license in our country, including everything.
903 But here it costs 30,000, 30 times more.

904

905 (01:03:29,519) Interviewer:

906 Yeah, I got your point, yes. Actually, we had a great conversation and good interview. So, thank
907 you so much for your time and your concerns. And if you have more suggestions or anything
908 to add, with related to our interview please feel free to contact us thank you so much.

Interview 12

(00:00:01,100) Interviewer:

Hey, before we get started, thank you so much for participating in this interview. We greatly appreciate your opinions and life experiences, which will benefit our study. This interview is a part of our study to gain further insights and explore new aspects regarding how South Asian immigrant families perceive current car-free mobility and long-term adaptability in Helsingborg, Sweden.

You have the freedom to decline participation at any moment or to decline any questions that you don't feel comfortable answering. The interview is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used only for our thesis and accessed only by our research group members and our teachers.

The data will be stored securely and the aggregated data will be retained until our course is graded. It will not be shared published or distributed in any way other than our research project.

(00:01:09,239) Interviewer:

okay first of all um can you tell me a little about you and your family and how long you have been living in Helsingborg?

(00:01:23,730) Interviewee 12:

yeah i came to Helsingborg in the later part of 2016 and then my wife joined in 2017 April around that time and then from then onwards we have been staying in Helsingborg and we have been i have one daughter uh-huh

(00:01:23,730) Interviewer:

okay so from which country are you?

(00:01:37,439) Interviewee 12:

I'm from southern part of india uh-huh okay

(00:01:41,650) Interviewer:

So so are you considering settling here in future?

34 (00:01:45,859) Interviewee 12:
35 Still we haven't decided okay the discussions are going we have got the PR but still even though
36 we are eligible for citizenship we'll keep postponing this decision.
37
38 (00:01:59,829) Interviewer:
39 so but most probably the the tendency is towards settling?
40
41 (00:02:04,560) Interviewee 12:
42 oh yeah most probably a bit because of the daughter's future So we'll be thinking of that.
43
44 (00:02:14,960) Interviewer:
45 Okay,can you tell me a little about your profession? How far is your workplace?
46
47 (00:02:19,659) Interviewee 12:
48 Yeah. I work from an IT, software IT department as an automation test engineer. So I come
49 from India as an on-site opportunity for this position. And from there onwards, I'm continuing
50 with multiple vendors in Sweden now.
51
52 (00:02:39,680) Interviewer:
53 Okay. Okay, so that means you have completed the education related to your IT profession?
54
55 (00:02:45,419) Interviewee 12:
56 Yes, completed and then I worked for five to six years in India and then I got this opportunity
57 and then moved to Sweden.
58
59 (00:02:54,340) Interviewer:
60 In the same profession you have been working?
61
62 (00:02:56,659) Interviewee 12:
63 Yes.

64

65 (00:02:57,240) Interviewer:

66 Okay, yeah. So living here without a car, is it voluntarily or due to any constraints like Swedish
67 driving license, affordability?

68

69 (00:03:08,099) Interviewee 12:

70 Not much. Initially, when we landed, we don't have this affordability, but we have the things
71 like every 10 minutes, we have an opportunity to get into a bus that reaches to our destination
72 or nearby locations. So, we don't feel the necessity of having a car at the time.

73

74 (00:03:29,280) Interviewer:

75 What kind of transport did you use in your home country? Is it public transport or a private
76 car?

77

78 (00:03:35,439) Interviewee 12:

79 Both I would say public transport if I'm commuting more than a 300 kilometer or something
80 and for a day to day from home to office or something, I used to use my motorbike.

81

82 (00:03:39,580) Interviewer:

83 so basically you were using public transport and your motorbike?

84

85 (00:03:48,319) Interviewer:

86 so is the motorbike a common vehicle in your country?

87

88 (00:03:50,759) Interviewee 12:

89 yeah

90

91 (00:03:52,319) Interviewer:

92 yes okay more than a private car it is mainly used?

93

94 (00:04:02,430) Interviewee 12:

95 yes almost 60 to 70 percent they use the Motorbike uh-huh
96
97 (00:04:05,960) Interviewer:
98 okay but uh how many people can uh use it at once uh
99
100 (00:04:09,449) Interviewee 12:
101 two people two people
102
103 (00:04:12,939) Interviewer:
104 Uh-huh okay yeah um could you please uh describe uh the daily uh task you and your family
105 need to do and how do you manage it without a car for example groceries school work daycare
106 and all ?
107
108 (00:04:27,699) Interviewee 12:
109 Yeah. Morning to start with, I need to drop my daughter to daycare. From there, I need to reach
110 my office. So that I used to do the bus. And then in the evening, while returning back from
111 office, I will pick her from the daycare and then I will reach home.
112 So while returning from office if sometimes time permits I can go for the groceries buying and
113 then I'll come back or over the weekends or even after reaching home after dinner so I used to
114 come mm-hmm by a bus.
115
116 (00:04:43,125) Interviewer:
117 so is your wife also working or is she a housewife?
118
119 (00:04:45,540) Interviewee 12:
120 initially she was looking for the job now she has got into another assignment job
121
122 (00:04:46,124) Interviewer:
123 Okay so so she is also working at the moment ?
124
125 (00:04:48,324) Interviewee 12:

126 yes okay yeah

127 (00:05:13,649) Interviewer:

128 so are the public transport stops near to your home or is it far away?

129

130 (00:05:15,742) Interviewee 12:

131 yes less than 100 meters

132

133 (00:05:23,652) Interviewer:

134 okay yeah how old is your daughter?

135

136 (00:05:32,709) Interviewee 12:

137 she's four years uh-huh okay yeah

138

139 (00:05:37,279) Interviewer:

140 so actually are you comfortable or feel safe with ride sharing with your friends? For example,

141 when you are going to work or leisure activities of your kid or something like. So are you

142 sharing ride with your friends?

143

144 (00:05:52,180) Interviewee 12:

145 No, I usually take the public transportation, which is nearby my home. And whatever the

146 location I'm going to go, like a daycare or a free tids, everything is covered by the bus stops

147 nearby.

148

149 (00:06:06,459) Interviewer:

150 Okay you feel it's more comfortable

151

152 (00:06:11,800) Interviewee 12:

153 yeah even with the strollers and other things, we feel it comfortable in using the public

154 transportation okay yeah

155

156 (00:06:17,740) Interviewer:

157 have you managed how have you managed your shopping with bulky heavy items for. Example
158 furniture or something like so is there any experience your past experiences related to that?

159

160 (00:06:21,759) Interviewee 12:

161 yeah when we should move to the house we need to buy. All the furnitures and other stuffs so
162 we picked the option of the home delivery option from the shopping afferent shop so they
163 charge like three thousand to three hundred to four hundred krona and based on the items on
164 the type of home delivery we are choosing.

165

166 (00:06:57,180) Interviewer:

167 so at that moment have you thought about thought about purchase in a vehicle?

168

169 (00:07:03,930) Interviewee 12:

170 no this is once in a while we used to do so that's why we plan what are the things that needed
171 for the home delivery we buy all together and in one home delivery options we used to cover
172 all the things.

173

174 (00:07:21,449) Interviewer:

175 okay yeah due to this car less situation, have you tried options like skipping far away visits
176 with your family?

177

178 (00:07:31,120) Interviewee 12:

179 no we used to explore during the summer time right also with the summer pass we used to
180 explore all possible locations that we able to cover during that time mm-hmm

181

182 (00:07:41,500) Interviewer:

183 okay so you are most probably comfortable with the public transport that means so what about
184 your daughter is she also okay with that or is she is she's requiring for more comfortability or
185 something?

186

187 (00:07:51,939) Interviewee 12:

188 no she's also comfortable and she used to like take the window seats on hmm she's comfortable

189

190 (00:08:02,500) Interviewer:

191 she's enjoying yeah okay .Yeah so due to this status of being carless, so do you feel that you
192 have fixed routines or monotonous in everyday life ?

193

194 (00:08:14,509) Interviewee 12:

195 no even I used to see people even with the car they also do the same thing even we have i have
196 a friends, Who have a car when they are committing from home to office and other things even
197 they used to follow the same things it's not something monotonous.

198

199 (00:08:28,680) Interviewer:

200 So also you don't feel that you are excluded from your circle of society?

201

202 (00:08:32,840) Interviewee 12:

203 no no no most of the people from my project or from my area they are using the public
204 transportation

205

206 (00:08:47,080) Interviewer:

207 okay what kind of weekend trips does your family usually take? do you take long distances or
208 some shopping mall visits or Something?

209

210 (00:08:53,159) Interviewee 12:

211 Usually, we go to Vaala if it is in this normal time if it is on summer times or other thing we
212 take the summer pass and travel to Malmo, Estad beach and other areas as we used to roam
213 around and then we try to come back on the same day if it is within Sweden if it is something
214 outside Sweden we plan accordingly

215

216 (00:09:19,840) Interviewer:

217 yeah okay so what about the social activities for example since you are not having a vehicle so
218 no have you given up some given up participating in this social Activities? so you have almost
219 participated in those?

220

221

222 (00:09:30,980) Interviewee 12:

223 yes

224

225 (00:09:47,690) Interviewer:

226 okay yeah what type of transport options do you mainly rely on your daily life for example is
227 it trains buses bicycles scooters or do you prefer to walk?

228

229 (00:10:04,389) Interviewee 12:

230 I would say bus and bicycle, if it is of summer or sometimes, I used to take the bicycle and if
231 it is apart from the summer I used to take on the bus and if it is a nearby shops I go for a walk,
232 Short walk.

233

234 (00:10:16,149) Interviewer:

235 so uh does your wife also comfortable with riding bicycles?

236

237 (00:10:20,753) Interviewee 12:

238 yeah yeah she also having her own bicycle.

239

240 (00:10:26,741) Interviewer:

241 uh-huh okay so uh has she also tried the bicycle wagon that is that people taking their Kids
242 with them?

243

244 (00:10:35,529) Interviewee 12:

245 uh yeah i mean not wagon separately for the kids like after three years or something they used
246 to keep a backseat in the carrier with that she is.

247

248 (00:10:46,620) Interviewer:

249 okay yeah so what what's your opinion or experience about the skane trafficken app and online
250 ticket purchasing and ticket sharing feature about this skane traffican app is it difficult how do
251 you feel it?

252

253 (00:11:05,919) Interviewee 12:

254 we feel it more comfortable in using the app rather than the physical card which we used earlier
255 okay before we used to monthly once we need to go to the customer service and then we have
256 to load the card with every monthly renewal but with the app we on the fly we are just renewing
257 the monthly subscriptions and if needed we can add the add-on to those tickets and with the
258 single ticket with the sharing option I used to share the ticket for my wife whenever she needs
259 to go for a shopping or she need to pick their daughter from my school mm-hmm so with that
260 this is really Useful. mm-hmm come in compared to the physical card.

261

262 (00:11:41,259) Interviewer:

263 mm-hmm so were you using such app in your home country also?

264

265 (00:11:46,340) Interviewee 12:

266 no no not at all this is the first time after coming here only I came to know the first I knew to
267 the card and then after that when they introduced the app uh initially it was a bit difficult but
268 after using it a couple of times that made it easy.

269

270 (00:12:11,259) Interviewer:

271 at which year this skne trafficking app was introduced can you remember?

272

273 (00:12:18,860) Interviewee 12:

274 i'm not sure is it before covid i sure for sure but i'm not sure the exact year when

275

276 (00:12:25,419) Interviewer:

277 Okay yeah okay then then since you were not experienced earlier about this using such a app
278 in your country so how did you learn to plan the routes and manage time and manage with the
279 delays any experience can you share?

280

281 (00:12:51,059) Interviewee 12:

282 yeah when compared to my home country we don't have any app or a timely system to see the
283 app and then go for a bus stop or something but even before the app comes the timely timetable
284 for the buses and the bus stops are those in those bus stops so we used to go there and see okay

285 the bus stop the bus that is about to come is delayed for five minutes or something then we wait
286 in the bus stop and take the next available bus when it comes for the app we get it know earlier
287 before we start from office or home then we delay and then we start and that is giving more
288 comfortable in using the app and while using the app it is giving more benefit like you can
289 getting the compensation as a voucher if there is a delay of more than 20 minutes or something
290 i use that option even before earlier I don't have don't know these options are available then
291 one of my Swedish colleague informed like that we are eligible to claim those in daily
292 compensation that really helped me even if you get it by a voucher the amount the percentage
293 that we are getting is even more mm-hmm

294

295 (00:14:11,340) Interviewer:

296 yeah okay so when it comes to daily trips like school drop-offs and shopping and hospital
297 appointments who is responsible for your transportation in your family is it you or your wife?

298

299 (00:14:21,100) Interviewee 12:

300 I would say both regular school pick-up or drops I used to take her while I was commuting to
301 the office and if in case of any hospital planning and other things I will plan from the both will
302 plan if in case if we are stuck with any meeting or something then any one of us will engage
303 with the kids.

304

305 (00:14:49,139) Interviewer:

306 So have you encountered any emergencies with your child to take into the Hospital and
307 something like that?

308

309 (00:14:55,059) Interviewee 12:

310 no but while my when my wife wasn't pregnant so we face this emergency situation mm-hmm
311 so at the time we used taxi mm-hmm but but since it's an attempt so we don't have that frequent
312 bus timings during the time so we took this option otherwise all the visits and everything So
313 we made it through the public transportation.

314

315 (00:15:19,860) Interviewer:

316 yeah okay so don't you think do you think that child care responsibility responsibilities without
317 car is it making difficult or you could manage or how do you feel that experience?

318

319 (00:15:39,559) Interviewee 12:

320 no only during the winters we may feel some kind of uncomfortable because of the weather we
321 need to put multiple layers of dresses for the kids and then gloves most everything yeah but
322 apart from that I never felt like without a car even the car that is difficult.

323

324 (00:16:06,179) Interviewer:

325 so daily you are taking your kid to the school by bus yes okay yeah so do you think that your
326 child's leisure activities are affected since you are not having a car have you restricted them
327 only to the nearby easy accessible places?

328

329 (00:16:24,399) Interviewee 12:

330 No not at all, even though we plan it in advance like a like 20 minutes before we plan whenever
331 we plan to reach particular activities like a swimming or visiting a library or going to the free
332 tids area the play areas that she wanted to explore so we everything is really connected with
333 the public transportation so from the bus stop wherever this one is almost less than 100 meter
334 I would say so it's not much difficult well taking kids to those places .

335

336 (00:17:00,399) Interviewer:

337 so do you think that it is comfortable with the schools and hospitals and workplaces since you
338 are living without a car because are they established nearby or they are far away or how do you
339 define that?

340

341 (00:17:10,160) Interviewee 12:

342 no that's what I was surprised with the connectivity in these public transportation so all the
343 important areas are connected and the bus stops they place it less than 100 meters even though
344 it is a hospital area or a school area or a workplace area or a free tid area everything has been
345 connected at least by one bus stop if you miss one bus or other way we can able to take the
346 another bus and reach those places.

347

348 (00:17:48,750) Interviewer:

349 Okay, So are there any specific routes or places that you feel difficult to manage without a car?

350

351 (00:17:53,339) Interviewee 12:

352 very rarely I use today when we are taking the yellow buses and then we need to take a another
353 bus or something those will have their timings in between so in between the where we need to

354 wait for another 15 to 20 minutes for another bus apart from that whatever we are doing it on
355 a day to day basis or within Helsingborg we don't find it difficulties.

356

357 (00:18:26,779) Interviewer:

358 okay so what about the weather conditions how do you deal with your mobility in winter and
359 rain?

360

361 (00:18:34,720) Interviewee 12:

362 Yeah that's what I told her winter apart from the cold weather or something that was bit difficult
363 in the earlier days like I would say two years to be not comfortable with this kind of weather
364 conditions in our home country so slowly we started learning from there on and then we used
365 to do that I mean I adapt to this climate conditions.

366

367 (00:19:01,200) Interviewer:

368 okay so have you ever experienced any discrimination while using public transportation for
369 example by another Passenger or a driver or ticket checkers?

370

371 (00:19:12,559) Interviewee 12:

372 No not at all.

373

374 (00:19:17,180) Interviewer:

375 so you haven't heard of it from your wife also?

376

377 (00:19:20,660) Interviewee 12:

378 yeah even she Before she used to work in Lund and she used to transport and they train so she
379 never faced any of this.

380

381 (00:19:27,579) Interviewer:

382 okay yeah what's your overall opinion about transportation and infrastructure in Helsingborg
383 for example the buses trains cycle paths walking routes can you share your experience?

384

385 (00:19:37,400) Interviewee 12:

386 yeah this is well structured and connected routes and the pedestrian and the cycle path and
387 everything we don't have such things in our home country even if it is exist also people will
388 not follow as strictly as how we have been doing here and we are really surprised when we first
389 saw this kind of connectivity and the environment how they put for pedestrians and for the
390 cyclists and for the public transportations and now i am learning my to my daughter like how
391 this is how we have to walk in the pedestrian if we are going in a cycle path we should not go
392 while walking so we have to switch to the pedestrian path and then we have to go and then we
393 have to follow the zebra crossing everywhere if you want to cross so this is really well
394 connected and well established one.

395

396 (00:20:46,759) Interviewer:

397 so your overall opinion how do you define it?

398

399 (00:20:50,139) Interviewee 12:

400 i would say 90 out of 100 I Would say

401

402 (00:20:52,185) Interviewer:

403 so what about the 10 percent are there any loopholes that you see that should be made corrected
404 or something?

405

406 (00:20:54,039) Interviewee 12:

407 yeah in some places i expected a zebra crossing but that may be may not be available or we
408 have to walk for another 100 meter to get into the zebra crossing and then To cross the road.

409

410 (00:21:08,199) Interviewer:

411 could you please explain more little bit more on that for example in which places do you expect
412 those things to be placed?

413

414 (00:21:18,440) Interviewee 12:

415 For example, I would say in Helsingborg from Stettina to Aaltbrok, I don't know if you have
416 that route, there is no zebra crossing in between except the one near to the coop and then the
417 next zebra crossing is far away. Even the reason being there is a 60 kilometer or the highway
418 kind of road in between.

419 There is only one subway in the starting of Estatina and the other one near the Oldsburg-Skotten
420 bus stop where they have a big roundabout where we have to go to the subway and then get
421 into the other side. When we used to come from Vala, we had to get down and then have to
422 cross the road to get the other bus. So sometimes, I mean, this kind of infrastructure only in
423 some places needs improvement.

424

425 (00:22:10,519) Interviewer:

426 Mm-hmm for example flyovers or something like yeah okay so you live here without a car so
427 how do you describe that experience compared to your home country?

428

429 (00:22:30,019) Interviewee 12:

430 yeah even in my home country I never owned a car we used to hire or rent a car if you are
431 going for a long distance i don't feel any differences when we are using a car and then staying
432 here or without having a car and living here as whatever the things that we want to do so
433 everything can be done without a car and the public transportation well connected and we have
434 been using that effectively.

435

436 (00:23:00,019) Interviewer:

437 So, do you have many other friends who are your immigrant friends, those who are not having
438 a car or do they have cars?

439

440 (00:23:09,140) Interviewee 12:

441 Very few have cars after they got into the permanent residence and the citizenship, they go for
442 this option, but before that even everyone is using the public transportation and still we have a
443 good number of friends in our circle who doesn't have the, who doesn't own a car.

444

445 (00:23:29,240) Interviewer:

446 Do you think that that they are thinking patterns are affecting you to not to purchase a car do
447 you think like that the association of them?

448

449 (00:23:41,759) Interviewee 12:

450 Uh not really and yes it doesn't have a need to go for this one and initially i mean i had this
451 thought when we had a baby but even after using the stroller and other things we could able to
452 manage then i thought okay that's not required we can able to live without the car.

453

454 (00:24:04,279) Interviewer:

455 yeah so uh Do you mostly combine several activities in one trip as you are not having a vehicle?

456

457 (00:24:10,700) Interviewee 12:

458 uh not most of the things only shopping i used to cover like the groceries buying and other

459 things and then pick up drop everything that's day-to-day activities so usually only the shopping

460 thing I have to do that while returning from office even that we used to do when we are in our

461 home country after our office we go to the shop and buy the necessary stuffs and then go home.

462

463 (00:24:34,369) Interviewer:

464 so do you think while searching and getting jobs in Sweden does possessing a car or a driving

465 license plays a critical role?

466

467 (00:24:42,710) Interviewee 12:

468 not really with my requirements of the IT department but I saw very few job opportunity that

469 requires class B driving licenses need to drive a car and then to test something or something

470 like that mm-hmm especially with the assignments from volvo apart from that i never faced

471 any requirements that need a car yeah

472

473 (00:25:18,470) Interviewer:

474 do you think that not having a car relates to social status? how do you feel it here and compared

475 to your home Country?

476

477 (00:25:25,210) Interviewee 12:

478 my home country that is definitely yes you see buying a car as a status quo but here I Don't see

479 that things.

480

481 (00:25:33,210) Interviewer:

482 so you don't see something related to that?

483

484 (00:25:45,569) Interviewee 12:

485

486 No as long as people that even though they have a car they don't see those as descriminations.

487

488 (00:25:54,930) Interviewer:

489 yeah so is sustainability

490 topic something that comes up in your daily life or your family discussions are you talking

491 about it in your daily life?

492

493 (00:26:01,269) Interviewee 12:

494 yeah sometimes mm-hmm

495

496 (00:26:08,369) Interviewer:

497 what type of topics you, when that comes to your mind when we talk about sustainability?

498

499 (00:26:14,410) Interviewee 12:

500 mmm then we use more number of abundant of plastic made things and not properly recycling

501 the stuffs that kind of times we used to think how we can effectively use those things effectively

502 like a purchase for example purchasing a product from a second hand and then making it a

503 longer life than as easily disposable to the recycling.

504

505 (00:26:39,609) Interviewer:

506 so is transportation also stays among these topics ?

507

508 (00:26:46,569) Interviewee 12:

509 definitely as we are using car for a single person to drive from home to office so if each person

510 takes this decision and take a car from home to office or other things that will end up in piling

511 up a traffic and then emitting and the carbon dioxide and more toxic gases rather than if we use

512 the public transportation that will reduce half of it.

513

514 (00:27:14,170) Interviewer:

515 when choosing how to travel what are the factors you mainly focus on what are most important
516 to you is it the cost or comfortability or hassle-free journey or something like environmental
517 friendly vehicles?

518 (00:27:34,690) Interviewee 12:

519 First cost will come as we have been coming from another country and then earning here so
520 cost will come into mind and then we see their comfort for the family members and then how
521 effectively we reach the destination and other things and as well environment factors.

522

523 (00:27:53,660) Interviewer:

524 so most probably first choice will be the cost?

525

526 (00:27:56,684) Interviewee 12:

527 yeah okay

528

529 (00:28:05,089) Interviewer:

530 how do you actually interpret your car free life do you see it as a limitation or is it more of
531 freedom or is it something that you can contribute with the sustainability pathway how do you
532 define your life?

533

534 (00:28:08,539) Interviewee 12:

535 I would say like I'm happy with what I'm currently living and that in one way that is helping
536 the environment sustainability we're not generating any further co2 from my car or something
537 mm-hmm so in that way I will be feeling like i'm contributing to the Environment not polluting
538 much

539

540 (00:28:38,730) Interviewer:

541 so not having a car yet is not a limitation to you?

542

543 (00:28:43,250) Interviewee 12:

544 no

545

546 (00:28:47,509) Interviewer:

547 okay so have you noticed that environmental sustainability is discussed and practiced more
548 widely in Sweden than in your native country yes in our home country?

549

550 (00:28:59,130) Interviewee 12:

551 We never thought about it like even though if you thought people will not respect it that much
552 but here for each and everything i used to see the people are thinking over the environment
553 sustainability things even though when i when they start buying for any product whether it is
554 recycled from a plastic or something they give preference to those things and and trying to
555 extend or use the product as much as possible rather than throwing it into the recycle bin. It
556 can be extended like second hand shops are donating to the nearby things and all those things.

557

558 (00:29:38,309) Interviewer:

559 So what are the things that comes to mind when you think about transportation? Have you seen
560 anything related to transportation?

561

562 (00:29:47,269) Interviewee 12:

563 Yeah when they used to people when there are few colleagues that they used to work from
564 Malmo for some week i mean three days in a week or something even though they have a car
565 they used to take their public transportation so in order to avoid this kind of things.

566

567 (00:30:04,690) Interviewer:

568 so are they suites or are they from another other immigrants?

569

570 (00:30:11,500) Interviewee 12:

571 both i would say uh-huh both have this thought process like why we need to travel this long
572 with the car for that they can go for a purchase in a monthly pass for the same kind of traffic
573 and then they use the train and buses more often compared to the car.

574

575 (00:30:29,170) Interviewer:

576 So do you think that this environment has made you think more nowadays that means that has
577 influenced you in your thinking pattern

578

579 (00:30:32,549) Interviewee 12:

580 yes definitely

581

582 (00:30:38,470) Interviewer:

583 could you please explain a little bit?

584

585 (00:30:42,089) Interviewee 12:

586 Like start from the garbage sorting mm-hmm so we'd never have done that in another country
587 mm-hmm and then how we have been using the public transportation and then how we are
588 using the recycled products the second hand products we never used any second hand products
589 in our home country mm-hmm this concept is new for me after landing here in Sweden we
590 come to know like why people are using going for a second and I thought it's cost conscious
591 but after realizing it is more of the environment conscious like the things even though it is so
592 good they extended their life cycle.

593

594 (00:31:33,130) Interviewer:

595 so if your job status and visa status change positively will you still continue here without a car
596 what do you Think?

597

598 (00:31:38,150) Interviewee 12:

599 Yes because I never had this competition to have a car.

600

601 (00:31:43,230) Interviewer:

602 so you are fully comfortable with public transportation?

603

604 (00:31:46,430) Interviewee 12:

605 yeah

606

607 (00:31:52,549) Interviewer:

608 but don't you think that there will be any transitions in your life that will need to buy a Vehicle?

609

610 (00:31:59,690) Interviewee 12:

611 yeah it happened sometimes back I had to work with the Malmo even though I felt it
612 comfortable and there are sometimes in a particular year I need to travel as much as to
613 Gothenburg also so I never use the car using the public transportation helped me as I mentioned
614 the connectivity I had to take a bus and then I have the train at the next five ten minutes so I
615 don't feel the necessity of having a car during that time okay

616 (00:32:35,699) Interviewer:

617 So um some people say that there are many popular car brands and you can buy here in Sweden
618 and they are into very comparative cheaper price than in other countries ,so even so doesn't that
619 appeal to you to purchase a car in future?

620

621 (00:33:00,049) Interviewee 12:

622 No

623

624 (00:33:10,659) Interviewer:

625 Could you please explain more?

626

627 (00:33:20,349) Interviewee 12:

628 the reason being I was even though we are not going with the brand name or something if it's
629 needed for our situations then I can go ahead and go for go ahead and buy the things it's when
630 compared to my home country even after coming here things that I use today the dress or the
631 phone or the laptops and other things we never used it in our home country now I am using it
632 because I need those necessity in my life so so far I mean car as doesn't needed that much in
633 our home home so we haven't thought about it even if it is a if in case in later future if I had to
634 go for this thing then even though I will not go with the brand conscious I will think for how it
635 suits for my purpose .

636

637 (00:33:58,349) Interviewer:

638 so you told that your husband wife also working at the moment so how does she do going to
639 work? is he also using the public transportation? is it bus or the train?

640

641 (00:34:20,869) Interviewee 12:

642 before she used to take the train now she is taking the bus.

643

644 (00:34:26,781) Interviewer:

645 so what's the reason for this change?

646

647 (00:34:28,674) Interviewee 12:

648 she shifted a new job to Helsingborg before she was working in Lund.

649

650 (00:34:36,989) Interviewer:

651 yeah okay so do you have any suggestions for skane traffican as a service provider or for the
652 Swedish government to support the families who are living without a car?

653

654 (00:34:44,590) Interviewee 12:

655 yeah recently they given this option from Christmas to the Easter during the weekends whoever
656 bought the monthly ticket they can use the family and when two person can travel during the
657 time over the weekends if they extend it further that will be really helpful as during the time I
658 mean when we are going for a shopping or something either I or my wife used to go one will
659 take care but there are sometimes we where we both needs to go for a shopping and then get
660 the things in that case we are looking for a friend or someone to share the tickets or purchase
661 the ticket but if they extend it further that will be really helpful for the families like us and And
662 even in the budget wise that will save some money.

663

664 (00:35:36,360) Interviewer:

665 yeah so is there anything that about your daily mobility experience that we haven't discussed
666 but you consider that Is important to share?

667

668 (00:35:58,250) Interviewee 12:

669 um yeah um not daily purpose but during the summer times or something where most people
670 will take the yellow buses for the other communes to travel and other things the timings and
671 limitations for those buses are very limited like every 20 minutes or a half an hour once or
672 something if they could increase the timing travel or something that would be helpful and other
673 things during the peak hours like morning times when people going for dropping the kids and
674 then going to school and other things if they could increase the bus frequency during the time
675 so that will be really helpful because not all the time but during the winter that will really
676 helpful if you miss the bus any time or something

677

678 (00:36:48,530) Interviewer:

679 Actually we have come to the conclusion of our interview so you You have given so many
680 thoughts about this car-free mobility in your life, And this will definitely impact positively to
681 our studies. And thank you so much for participating. And if you have any other thoughts about
682 this car-free mobility, Please feel free to contact us. And thank you so much for your
683 participation.

684 (00:37:24,510) Interviewee 12:

685 Thank you.

Interview 13

(00:00:01,810) Interviewer:

Hey, before we get started, thank you so much for participating in this interview. We greatly appreciate your opinions and life experiences, which will benefit our study. The interview is a part of our study to gain further insights and explore new aspects regarding how South Asian immigrant families perceive current car-free mobility and long-term adaptability in Helsingborg, Sweden.

You have the freedom to decline participation at any moment or to decline any questions you don't feel comfortable answering. The interview is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used only for our thesis and accessed only by our research group members and our teachers.

The data will be stored securely and the aggregated data will be retained until our course is graded. It will not be shared, published or distributed in any way other than our research project. Okay, well, can you tell me a little about you and your family and how long you have been living in Helsingborg?

(00:01:16,379) Interviewee 13:

Yeah, hi, how are you? I am Zunera from Pakistan and I have been living in here in Plantering, Helsingborg in Sweden for about four years with my family and my husband and two kids are here with me. My daughter is 18 years old and my son is 14 years old.

(00:01:20,125) Interviewer:

Okay yeah are you considering settling here in the future?

(00:02:21,370) Interviewee 13:

yeah of course in i am looking forward to still here in Sweden and then my kids can learn and have a good life here we have been living here for four years and i hope that i will work for us now we have got used to the conversement and culture here and even we use we use the Swedish language in our daily life so if we can have the permanent residency here we will be so happy about it.

(00:02:25,979) Interviewer:

yeah of course can you tell me about your profession and how far is it your workplace and what about your other partner?

36

37 (00:02:35,170) Interviewee 13:

38 um i am working as a housekeeping supervisor in a famous hotel here in Landskrona it is now
39 two years i am with the i'm with them it is about three kilometers from my home back in my
40 country followed vocational course after my general school studies. my husband worked as an
41 assistant chef in an Asian hotels so sometime we both have shifts together or in different time
42 slots.

43

44 (00:03:05,560) Interviewer:

45 okay yes yeah um living here without a car is it voluntarily or due to any constraints like
46 Swedish driving license or affordability?

47

48 (00:03:19,259) Interviewee 13:

49 Honestly, when we first came here, we had our driving licenses valid for one year, but at that
50 time we had a financial crisis as we spent so much for our tickets and preparing things to move
51 from Pakistan. But after two years, we gained a good stability with money, then our licenses
52 are not allowed to us here. One year of arrival so we yeah hard to go to the Swedish lessons
53 but it was so costly at that time. we have to take we have to take both theory test and the
54 practical test I has no person who had five years drives experience for us to help in learning
55 driving. so I had to take lessons from our registered driving schools. As I can remember for
56 taking lessons from as driving school they were changing about 35,000 krona for the course
57 and after passing the theory test of if we don't pass it at first time in the practical test then here
58 will be only four months four months to complete it oh i oh it seems very stressful for us yeah
59 more that uh that when i think about uh maintaining the car here we thought is it is more uh
60 troublesome not like in our country Pakistan here in a Swedish we can cannot park our car at
61 any place there are place only for parking if we park in wrong place we will be fined with very
62 high amounts .Also if the parking place are not free of charge. we have to pay some amount of
63 corona according to that time we keep our wheels there also think about the winter season then
64 we have to change the tires and always clean the cars before we driving we have to remove the
65 snow every day it will be another task added to my daily schedule. so both of my husband and
66 i thought that it is far more better to us to use the public transport than our own car. Here, only
67 we have to get ready before the bus come on. More stress as preparing a car for driving vendor

68

69 (00:06:08,449) Interviewer:

70 . Okay, yeah. What kind of transport did you use in your home country? Is it public transport
71 or a private car?

72

73 (00:06:27,029) Interviewee 13:

74 We had a car with us back in our home country, Pakistan. We also used tuk tuk ,rickshaw to

75 short distance travel it is very common in our country in our area to use these rickshaws.

76

77 (00:06:47,379) Interviewer:

78 Yeah can you can you explain a bit about this vehicle?

79

80 (00:06:51,569) Interviewee 13:

81 Yeah it is a vehicle like a three-wheeler okay they are driven by batteries and we mostly use

82 them for shopping purpose we carry more heavy goods with us when we have a rickshaw

83 rickshaw

84

85 (00:07:10,310) Interviewer:

86 Okay yeah i got your point yeah um could you please describe all the daily tasks that your

87 family and you need to do and how do you manage it without a car just like for example grocery

88 School and work and daycare and all?

89

90 (00:07:24,069) Interviewee 13:

91 both my husband and i use the bus and the train for daily traveling to our workplace other than

92 that my kids go to same schools my daughter accompany my son with her with some of her

93 friends who live nearby it is only less than one kilometer to the schools from our home.so they

94 have a walk in the morning and also come back together after school and there are separate

95 safe lanes to walk in Helsingborg we don't we don't feel fear when they go alone without us

96 buying grosses where we do it after we get our salary every month. we buy for the whole month

97 it is very heavy when we buy for a month but the shop we go to every we go every day it's a

98 near a bus stop and there is a bus stop near my house also so it is not too troublesome for us to

99 bring our food items homes we select a day when both of our duty off and also off peak time

100 to shop for groceries so we can easily get in and off with our stuff.

101

102 (00:08:56,149) Interviewee :

103 Okay yeah um are you comfortable or feel safe with ride sharing with your friends just like

104 going in the same vehicle or something like? for example for work or for leisure activities of

105 your kids and if you use that one do you try to compensate and treat them back for the ride?

106

107 (00:09:17,370) Interviewee 13:

108 Actually i didn't share rides with friends to go to work because i don't know have any friends
109 nearby who go to same workplace even my husband's does not have but sometime my son's
110 football match or in some nearby cities like Lund and Malmo at that that time my husband go
111 with a friend as his son also play uh-huh okay yeah

112

113 (00:09:48,129) Interviewer:

114 do you try to compensate or treat them back for the ride?

115

116 (00:09:52,090) Interviewee 13::

117 Uh yes most of that time we prepare some special foods and given them some portions as a
118 treat or we invite them for gatherings or if we give money to fuel they do not accept so we treat
119 them with foods.

120

121 (00:10:15,970) Interviewer:

122 okay yeah how have you managed your shopping with bulky heavy items to bring home for
123 example just like furniture do you have any experience related to that?

124

125 (00:10:25,850) Interviewee 13:

126 Yes it was just one we bought study table and two beds to my kids it was hard to bring it by
127 bus at that time we asked the help from a friend who had a car but still we had uh here our
128 trailer for that at that time as i can remember we paid i think so 500 kroners for the renting place
129 and did it so we thought that even we had our own car still we will not to be able to do that.
130 still we need a trailer also buying these bulky times we do not do the do them often. so it is it
131 is okay we are not worried about not having a car.

132

133 (00:11:22,620) Interviewer:

134 okay yeah um due to carless situation have you tried options like online shopping home
135 delivery or skipping far away visits ?

136

137 (00:11:35,289) Interviewee 13:

138 Actually I am not into online shopping and home delivery but as we don't do not have a car we
139 really don't skip for away place visits every year we visit far away places like um Estad, Kalmor
140 by a train especially in the summer time when the weather is a good so nice since my kids are

141 now grown up no any troubles with that and they can take their own traveling bags and even
142 the can manage walking little far so we don't give up to visiting far away place as we don't have
143 a car okay.

144

145 (00:12:33,110) Interviewer:

146 Due to this status of being carless, do you feel that you are having fixed routines or monotonous
147 in your daily life?

148

149 (00:12:42,840) Interviewee 13:

150 uh it is true that we do same things every day go to work, go to schools, but i think even we
151 had a car same thing will happen. But, traveling by bus and train sometime very joyful.
152 sometime we meet our friends and we have a chat so it is mind a little relaxing than driving
153 away. there always we have to be alert on the road signals, highway speeds and all. But when
154 use the bus or train you even can have a nap or a chat.

155

156 (00:13:19,440) Interviewer:

157 yeah do you feel you are excluded from the circle of your society because you are not having
158 a car?

159

160 (00:13:23,299) Interviewee 13:

161 absolutely not even some friends, um who have uh which is sometimes some come to work by
162 bus or a car. when i ask about it from them uh they say it is more of freedom than driving even.
163 so far i have not missing my uh gathering of my workplace i participate, but every time
164 traveling with public transport, it is more of a comfort, I would say.

165

166 (00:13:58,120) Interviewer:

167 Okay, yeah. What kind of weekend trips does your family usually take?

168

169 (00:14:34,759) Interviewee 13:

170 One weekend, not every weekend. With our celebrate times, we sometimes go to Vaala and do
171 some shopping. It's more reachable with the with us with the bus there are frequent bus to there
172 are and bus stops nearby Vaala so we make it like that we buy the family tickets and go it is the
173 more cheaper to us.

174

175 (00:14:09,220) Interviewer:

176 okay yeah are there any situations in which you have given up social activities as you don't
177 possess a car?

178

179 (00:14:14,560) Interviewee 13:

180 no actually not at all.

181

182 (00:14:39,420) Interviewer:

183 okay yeah um what transport options do you mainly rely on your daily life?

184

185 (00:14:44,160) Interviewee 13:

186 uh mostly it is bus and trains .

187

188 (00:14:49,610) Interviewer:

189 what about riding bicycles? do you know how to ride cycles or would you like to learn it in the
190 future?

191

192 (00:15:04,360) Interviewee 13:

193 actually i don't know how to ride a bicycle in my country or according to our culture girls are
194 not riding it and it is not popular also so in my childhood even i have not ride bicycles but after
195 coming here i have tried tied the so scooter so it was good and i like it but it can be used by
196 only one person okay yeah

197

198 (00:15:36,710) Interviewer:

199 What's your opinion or experience about using Skane Traffican app online ticket purchase and
200 ticket sharing feature and do you think that they add value to the public transport service?

201

202 (00:15:49,429) Interviewee 13:

203 To tell you, it is the best things with the public transport here in Sweden before I come to
204 Sweden I was not familiar with any such kind of app in my home country. We use physically
205 cash and coins when we travel by public transport in our country. uh in the beginning it was
206 very difficult to us to use it but later I learned it now, it is super easy for me. We can see

207 schedule of both bus and trains and it says about uh dailies and so on place and also wrote a
208 blog or collections of journeys so it is full of useful information. um also there is there are many
209 uh red many promotions with their with the third day tickets. I can bring any other person with
210 me on weekends and red days also we have summer tickets and we can travel everywhere. We
211 can also share tickets if my friend want and i am off work i can lend them that ticket. So it is
212 actually adding value to public transport.

213

214 (00:17:23,190) Interviewer:

215 okay yeah um so you said you had no any experience about this app so how did you learn to
216 plan routes, manage time and deal with delays? can you share any experience with that?

217

218 (00:17:31,430) Interviewee 13:

219 In my daily life I use a monthly tickets but sometime when I need to go to a different place I
220 look for the Skane Traffican app in uh in advance and check for the routine and purchase the
221 tickets. Even before I start my journey i activate tickets when I get into bus for train i always
222 check the app and track where is the bus is if it gets late then I plan look for which think of in
223 which which routine to take most of the times I mean my husbands get ready little earlier so
224 we thinks even we miss one bus or trains still we can manage with the next and next next one
225 and reach the place on time with about with about any daily delays uh. one day i missed the
226 bus near the home but after walking 100 meters, I could take another bus and reach the city and
227 catch my train on time so it is really easy with the app.

228

229 (00:18:50,940) Interviewee 13:

230 okay yeah um when it comes to daily trips like school drop-offs, shopping and hospital
231 appointments who is responsible transportation? so how do you manage them without a car?

232

233 (00:19:06,480) Interviewer:

234 In this case as my kids are grown up and they can handle their traveling alone, both me and my
235 husband need not to accompany them to schools, but sometimes as you said, to hospitals,
236 appointments according to our duties, schedule me or my husband surely to visit doctors. It has
237 never become a problem as we don't have a vehicle.

238

239 (00:19:40,869) Interviewer:

240 Okay. Yeah. Do you think that your child's leisure activities are affected as you are car-free?
241 Or have you restricted them only to nearby easy accessible places?

242 (00:19:55,609) Interviewee 13:

243 No, actually not. My son is doing swimming and the place is a little far away. But in the
244 weekends, we manage it with the bus.

245

246 (00:20:08,009) Interviewer:

247 Okay, yeah. Do you feel comfortable that schools, hospitals and workplaces work well together
248 for families living without car?

249

250 (00:20:16,950) Interviewee 13:

251 Of course, yes. My kids schools are nearby near they can walk to the. Also can take the bus the
252 hospital is only 10 minutes travel from our home. It is only our workplace far away but since
253 there are frequent buses and trains, is it is also not a problem to us. We have managed it for
254 years four years and in the future also we can do the same away.

255

256 (00:21:40,170) Interviewer:

257 mm-hmm so are there specific routes or places that you feel difficult to manage without a car?

258

259 (00:21:42,590) Interviewee 13:

260 Yes there are there are. But actually they are not a place that we use daily such as a historical
261 place like Estad. There are we have walked a little far several kilometers to go to the place.
262 Other than that our everyday places are all connected with trains and bus. So as we do not do
263 not have a car make no no discomfort to us. Still we manage them with public transport.

264

265 (00:21:43,970) Interviewer:

266 okay yeah what do you think about weather how do the weather conditions like winter or rain
267 affect your daily mobility?

268

269 (00:21:49,490) Interviewee 13:

270 Yes really is their point especially in winter. Here we do not get heavy rains like in our
271 countries. So rain is okay, it is manageable. But in winter time is it bit harsh with snow and
272 slippery roads. It is risky also while driving in the winter. So still bus and trains are good to
273 travel with because you think if you have a car still you have to change to winter tyres and
274 every day clean snow of the cars. Now since we do not have a car, so we just need to dress
275 several layers of clothes by ourselves and be in the bus stop so as i think it is far more easier.

276 (00:22:45,990) Interviewer:

277 Have you experienced any discrimination while using public transport by another passenger,
278 driver or ticket checkers?

279

280 (00:22:53,809) Interviewee 13:

281 uh Actually myself or my husbands have not faced my any situation like that. But I have heard
282 from my friends who travels with small kids with strollers face this sometimes. It is actually
283 not uh and describe this um discriminations sometimes uh buses are full of to their three
284 strollers. There is no space for any other um one. So, it is a fair that the driver tell not to get in.
285 with the another one. Other than that, I have not heard of any other bad things. Generally, the
286 drivers and tickets checkers are friendly even passengers do not trouble have no troubles any
287 other person as I have seen and experienced.

288

289 (00:23:58,700) Interviewer:

290 Okay yeah um so what is your overall opinion of the transportation and infrastructure in
291 Helsingborg? Can you please share your experience?

292

293 (00:24:05,420) Interviewee 13:

294 Actually, they are very good .When I came Helsingborg from first time, I was very surprised.
295 In my country Pakistan, it is so noice on the road every driver use the horns. But here, we hear
296 a sound of a horn every rarely. Also, people follow the rules, drivers care about the people who
297 work very much. I have not seen any accident on road so far also there are many cycling paths
298 and even the walking paths So, pedestrians and cycles are safe.

299 Even though we don't see policemen physically everywhere, where there are traffic lights,
300 everything goes well. So, overall, it is so satisfying.

301

302 (00:25:07,339) Interviewer:

303 Okay. Yeah. How would you describe this experience compared to your home country?

304

305 (00:25:13,619) Interviewee 13:

306 Actually, when compared to our country, I think having a car here is not a must. Still here, we
307 can manage our daily life without a car. But in our country, the trains and bus are not on time.
308 We do not have apps to see the schedules also there is more traffic in our country. So when i
309 compare with my countries I would say living without a car is more of freedom here.

310 (00:25:48,339) Interviewer:

311 okay yeah Do you have many other immigrant friends who have cars or who haven't cars and
312 do you think that affects you to be car free or purchasing a car?

313

314 (00:26:00,019) Interviewee 13:

315 Um one of my friends do not own a car only few have bought cars. It also due to their jobs such
316 as delivery jobs and some driving jobs other than that every other person is manage their life
317 with public transport. So, actually we sometimes enjoy not having a car in our lives. We talk
318 more of it when some friends who have cars get fined due to wrong parking or extreme speed
319 limits.

320

321 (00:26:34,159) Interviewer:

322 okay yeah do you mostly combine several activities in one trip do you think like that?

323

324 (00:26:39,039) Interviewer:

325 I actually do not drop kids to schools every yeah .really i accompany them. But sometimes, I
326 meet my friends in the city, when i go to beauty cares or to the city library with my kids.

327

328 (00:27:01,240) Interviewee 13:

329 okay do you think while searching and getting jobs in Sweden does possessing a car play a
330 critical role and yeah?

331

332 (00:27:15,950) Interviewee 13:

333 um i and my i and my husband didn't uh didn't face the situation. But from some of my friends
334 I heard about it. As I think it is okay to evaluate with their whether the condition candidates
335 have a driving license so that they can drive a company vehicle, but other than that asking for
336 um ownerships of a car or accessibility to car unfair. If the employee come to work on time
337 from any means, it should not should not be a problem. In my country, driving license or having
338 a vehicle is not considered with when interviewing of our jobs actually.

339

340 (00:28:06,679) Interviewer:

341 yeah yeah do you think not having a car relates to social status here and in your home Country?

342

343 (00:28:16,210) Interviewee 13:

344 It is really a matter in my home country um there. If we have a good brand car, other people
345 think us as very rich and all. But here it have been nobody cares whether what vehicle you have
346 yeah or have how much it's a value. Even others show on difference to you with having or not
347 having a vehicle. So it is more free easy life for here as I see.

348

349 (00:28:52,930) Interviewer:

350 Is sustainability something that comes up in your daily life or your family discussions?

351

352 (00:28:59,490) Interviewer:

353 Um Truly speaking uh not that much but as we have to pay for electricity we try to consume
354 less and also when we go out of the room we try to switch off the lights okay.

355

356 (00:29:14,529) Interviewer:

357 What kind of topics do you that comes to your mind when talk

358

359 (00:29:23,250) Interviewee 13::

360 About sustainability uh it's related uh today today utility used our home for example we
361 separate our garbage garbage and put in correct bins we try to save electricity and water as we
362 are paying for that. That's all.

363

364 (00:29:45,700) Interviewer:

365 Does transportation stay among those Sustainability topics?

366

367 (00:29:50,079) Interviewee 13:

368 not really but I have seen in my many buses or driving with electricity, we don't have such
369 buses in our country. But to be honest, at home, we do not really talk about that.

370

371 (00:30:10,519) Interviewer:

372 Okay. When choosing how to travel, what factors are more important to you?

373 (00:30:16,579) Interviewee 13:

374 If we plan holidays far away, we definitely think of comfort first and then comes the cost. As
375 we have kids, we always think of their comfort. Thinking of environmentally friendly transport
376 does not come to mind, really.

377

378 (00:30:40,119) Interviewer:

379 Okay yeah how do you interpret car free life? Is it a limitation or being sustainable or more
380 freedom?

381

382 (00:30:48,339) Interviewer:

383 i would say if it were in our country we could not think of using public transport. But here as
384 we have good transport facilities, we are used to bus i would say it is more of freedoms and
385 some kind of a of saving money rather than maintaining a car all the time.

386

387 (00:31:15,960) Interviewer:

388 Yeah have you noticed that environmental sustainability is discussed and practiced more widely
389 in sweden than in your native country?

390

391 (00:31:26,760) Interviewee 13:

392 yes in our workplace it is there especially the recycling the waste. Even in my husband's
393 workplace they don't waste foods. If there is excess, then they sell them at the end of the day
394 at lower price using apps like "Too good to go". In my workplace, we have introduced and
395 options for guests to guests to decide whether to clean rooms or not if they extend their stay in
396 the hotel one day more. So it is very all about saving resources. So even at home now in my
397 more careful about foods, waste, water and electricity. But when we were in Pakistan we did
398 not thought about it much as the actually.

399

400 (00:32:30,500) Interviewer:

401 If your job status and visa status change positively will you still continue here without a car?

402

403 (00:32:38,180) Interviewee 13:

404 Of course we will live with out of a car. We feel easy and more stress free about it. Surely I and
405 my husband's both are in the decision of not having a car. Even my kids are okay with that they
406 enjoy the public transports here basically they are see a big difference between here in Sweden
407 and Pakistan about this public transport.

408

409 (00:33:09,220) Interviewer:

410 Okay yeah what are the factors encouraging you to choose a car free life?

411

412 (00:33:12,740) Interviewee 13:

413 As i explained uh although the cost of European branded cars are much cheaper than here than
414 our country still having a car as i think is very troublesome with parking highway driving and
415 other rules such as fines. So it is always better not to be have a car to get rid of them.

416

417 (00:33:41,769) Interviewer:

418 yeah um then what are the situations or reasons where owning a car might be necessary as you
419 think?

420

421 (00:33:48,369) Interviewee 13:

422 Maybe sometimes if we change our locations of the house due to some change in the jobs, then
423 we may be. But still, we will search for the some ways and means to manage our transportation
424 with the public transport.

425

426 (00:34:14,769) Interviewer:

427 okay yeah um do you have any suggestions Skane Traffican as a service provider or for Swedish
428 government to support families who live without a car?

429

430 (00:34:21,590) Interviewer:

431 I think especially in my in the summer if the skane Traffican can have another one more wagon
432 to keep strollers and bicycles, it would be more useful as many people ride bicycles at that time
433 and many families with small kids travel in summer.

434

435 (00:34:43,099) Interviewee 13:

436 yeah actually we have come to the end of our interview so is there anything about your daily
437 experience that we haven't discussed but that you consider important to share?

438 (00:34:58,380) Interviewee 13:

439 I think if the price of the tickets for families can be reduced a little more than it will be in
440 crossing families without vehicles to use more of public transport than thinking of buying their
441 own vehicles.

442

443 (00:35:19,610) Interviewer:

444 yeah of course yeah, Thank you so much for your contribution and you have expressed your
445 ideas and they are more important to our study so if you have anything more to convey us
446 please feel free to contact us thank you so much welcome yeah okay

Interview 14

(00:00:00,940) Interviewer:

Hey, before we get started, thank you so much for participating in this interview. We greatly appreciate your opinions and life experiences, which will benefit our study. This interview is a part of our study to gain further insights and to explore new aspects regarding how South Asian immigrant families perceive current car-free mobility and long-term adaptability in Helsingborg, Sweden.

You have the freedom to decline participation at any moment or to decline any questions you don't feel comfortable answering. The interviewee is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used only for our thesis and accessed only by our group members and our teachers.

The data will be stored securely and the aggregated data will be retained until our course is graded. It will not be shared, published or distributed in any way other than our research project.

(00:01:05,159) Interviewer:

So, first of all, can you tell me a little about you, your family and how long you have been living in Helsingborg?

(00:01:13,780) Interviewee 14:

Hi, this is Satya. So our family is a small family, so me, my wife and a kid. And we are living here for almost 10 years now. We are from the southern part of India, which is Chennai. So it's a small family. So me, my wife and I have one boy baby. So this is about my family.

(00:01:35,579) Interviewer:

Yeah, okay. How are you, that means, are you considering settling in here in future?

(00:01:44,459) Interviewee 14:

So as of my current plan, I'm planning to settle here in Sweden for the future. Because i have my job here also my kid is being in the school so i wanted to have my family here so my plan is to be live in Sweden for a couple of years more so that's what my plan as of now to get settled here yeah

(00:01:56,440) Interviewer:

35 Yeah can you tell me a little about your profession and how far is your workplace and your
36 level of education?

37 (00:02:24,219) Interviewee 14:

38 So I am from IT background. So I work as IT consultant in one of the biggest company in
39 Helsingborg. So I live almost four to five kilometers from my workplace. And my level of
40 education is I have completed my Master of Computer Applications, MCA in India. So i
41 commute 15 minutes from my home to office and back the same time yeah.

42

43 (00:02:46,120) Interviewer:

44 so uh is your wife also doing a job or is she at home ?

45

46 (00:03:15,680) Interviewee 14:

47 uh she is a homemaker but currently she is in Arbetformedlingen program she is also trying to
48 find a job so where she is going through different trainings and educations so as of now she's a
49 homemaker.

50

51 (00:03:15,680) Interviewer:

52 okay yeah uh living here without a car, is it voluntarily or due to any constraints like Swedish
53 driving license or affordability?

54

55 (00:03:21,900) Interviewee 14:

56 So here i don't see a want of a car because we have the buses and train connectivity are better
57 I don't have any constraint of buying a car or a license but I'm trying and pushing a little bit
58 time to buy the car now considering the current situation of the petrol or diesel hike so I will
59 still look into when to buy a car or not and I heard from many friends it's a Swedish driving
60 license is cost a bit more and where i need to pay more for more driving classes so that's why i
61 see but there are no constraint but i'm just waiting for the right time.

62

63 (00:04:17,649) Interviewer:

64 yeah so is your family members like your wife and your kid is comfortable with not having a
65 car? or are they having some issues?

66

67 (00:04:23,610) Interviewee 14:

68 My wife is fine but sometime my kid when he goes to school the other parents come in car
69 there was a question rises back to me but somehow i try to manage that we can use public
70 transport if it's really needed we can buy a car yeah that's what i'm keep on telling maybe if
71 there if there is any breaking point then i need to look to buy a car yeah soon maybe if if being
72 insisted by family so maybe i should take that decision yeah but as of now it's well and good
73
74 (00:04:57,180) Interviewer:
75 what kind of transport did you use in your home country is it public transport or a private car?
76
77 (00:05:06,889) Interviewee 14:
78 yeah I had I used public transport because from my home community to my office is around
79 almost one hour so I use public train and bus to commute but I had a two-wheeler but for office
80 I go by public transport so local visiting local markets I use my moped or bike it's not cycle it's
81 an Indian bike so but when I go for office I prefer train sorry train so that it's easy to
82 commute and also the cost wise is very effective.
83
84 (00:05:45,009) Interviewer:
85 So when you go shopping from that moped, is it easy because you have to carry some heavy
86 things? So was it easy? Are you going with your wife or how do you manage it?
87
88 (00:05:57,769) Interviewee 14:
89 Yeah, we had some extra spaces where I try to manage myself to keep my luggages in front of
90 the bike or sometime my wife will carry. But if there are more luggages we prefer uh hiring
91 a taxi or back in India we say "auto" we hire if there are more luggages but our community
92 commute will be around what to say between 10 to 15 kilometers up and down so it's not that
93 much problem where i can use my two wheeler easily which is very comfortable but when it
94 comes to work it's very long distance I prefer going by public transport.
95
96 (00:06:37,129) Interviewer:
97 yeah you said that you are using a extra vehicle if you have many luggage with you. so what
98 kind of what kind of vehicle is it is it a three-wheeler or something like?
99
100 (00:06:50,550) Interviewee 14:

101 yeah it's a three-wheeler but i don't own it so where you can hire a three-wheeler which is which
102 is called as auto we call it as like "tuk-tuk" so where we can go and hire that and we have a
103 there it will be in there is a stand where you can find many tuk-tuk where we can go on bargain
104 for the rate where to go so i use that tuk-tuk as a family so if you have more luggages for
105 example if three or four people need to go we use tuk-tuk because i don't own a car in India
106 also so so That's the way uh it works yeah

107

108 (00:07:12,549) Interviewer:

109 it's very interesting to hear yeah okay um could you please describe the daily activities you and
110 your family need to do and how do you manage it without a car for example groceries school
111 work how do you manage them?

112

113 (00:07:43,629) Interviewee 09

114 so generally we plan groceries over the weekend and for because I as Helsingborg is a small
115 city where we find everything where we can go walk and purchase and where I live I have a
116 big stores like ICA, Maxi, Lidl where I can access by walking and if you see I come to office
117 near university campus I can take a five minutes-walk to city center where I can buy grocery
118 and sometime if I have more work my my wife help helps so that she drops my kid to the school
119 and take it so as of now my wife is not working so we don't see having a daycare so it's easy
120 and manageable so it's not a problem and moreover we don't have that much kind of work
121 pressure so where we can easily plan my work starts from 8 8 to 4 or morning 8 and it ends by
122 4, 4.30 so i can easily plan so it's not a big deal yeah yeah

123

124 (00:08:47,330) Interviewer:

125 Are the public transport stops nearby for example the bus stops or the train stations and how
126 far is it?

127

128 (00:08:54,049) Interviewee 09

129 so from my home bus stop is one minute so I can see from my window and I can see if the bus
130 is coming to the before stop I can come quickly I can catch the bus and we have every nine
131 minutes bus to city center and from we plan accordingly see the train timings maybe to come
132 to train station I need to plan before 30 minutes so that the the overall journey from my home
133 to train station is 15 minutes this is city center so accordingly we plan only thing I feel is if I
134 want to go emergency in early morning or when I come late night I try to hire a taxi because
135 we don't have like before five or something I feel there is there are no buses in the morning but
136 rest uh it's okay we are happy.

137

138 (00:09:55,450) Interviewer:

139 yeah so uh what about ride sharing? Are you comfortable with sharing a vehicle with your
140 friends for example for work or leisure activities of your kid?

141

142 (00:10:03,529) Interviewee 14:

143 i didn't come across this situation so generally uh they don't call us who are all having car
144 because generally I prefer bus I also never went and asked for share riding yeah .

145

146 (00:10:25,340) Interviewer:

147 so that means don't you have your friends from your own country who are having vehicles
148 here?

149

150 (00:10:29,840) Interviewee 14:

151 Everyone have their own plan so if you want to have a sharing ride on a car so everyone need
152 to be on the same page plan accordingly so I need to be at the right time also they need to be at
153 the right time right place so if it's emergency I can go and get just to come for a purchase I don't
154 want them or I don't want to what to say disturb them the same goes from my side also if you
155 want to if you want an emergency I can come and help it's not like for buying a car where if I
156 have a car I should come and pick you from home and okay come for go to IKEA for purchase
157 it doesn't work so emergency we are we have friends to help and so for this leisure activities
158 for work I don't prefer because see I suddenly in the morning I can decide that I don't come for
159 work I can work from home but my friend would have already started and come to my home
160 and I say no no today I'm not working at office I work from home that doesn't work and leisure
161 activity depends on each person's what to say uh preference preferences so I prefer daily walk
162 in the evening my friend have a different kind of leisure where he plays weekend badminton
163 cricket which I don't do so So I think in emergency, we can get help.

164

165 (00:12:01,879) Interviewer:

166 So have you come across any emergency in the past time? Can you recall any experience of
167 that?

168

169 (00:12:09,639) Interviewee 14:

170 I had once had an emergency, but I called 112. So that's very fast and it was helpful. And I think
171 two months before, in the month of November, my father back in India suddenly passed away.
172 So where I need to go in emergency but I call my friend who doesn't have car but he helped to

173 book the car to travel to Copenhagen he booked the ticket for flight everything so we had that
174 emergency situation where I'm not able to act my friend came he was near me I called him in
175 the morning around 5.30 he immediately visited he took all the responsibility booked the ticket
176 everything yeah so uh it doesn't mean that the friend having car will support you a friend need
177 to support whether he or she have a car or not a car so I think I don't see that has a big uh what
178 to say impact yeah .

179

180 (00:13:19,120) Interviewer:

181 yeah um how have you managed you're shopping with bulky heavy items for example
182 furniture? do you have any experience related to that?

183

184 (00:13:25,710) Interviewee 14:

185 so I had a I bought a home in 2022 so I clearly planned if my friend he or she has a car i ordered
186 a big sofa or something it doesn't fit into the car okay so there is no point in disturbing others
187 as you know the length and breadth of the bulk purchase or the heavy item it doesn't fit into the
188 car don't call them yeah so I clearly planned everything not me my wife she clearly planned
189 everything is done in online shopping we paid extra money for home delivery so I live in fourth
190 floor and the sofa doesn't fit into the lift oh so the person who came for home delivery they
191 took that sofa to the fourth floor by the steps staircases if I would have called my friends yeah
192 they would really felt bad yeah so it's almost 75 kgs of sofa it's really happened so if you have
193 lighter items we can lift it ourselves yeah so I booked clearly home delivery for heavy items
194 and me and my wife every week we planned go to the shopping which are the items I have
195 been able to carry I was carrying home and the whole house we shifted by bus only so yeah I
196 had a big suitcase I kept my dresses one time I go yeah come back next time I take some vessels
197 it was happened like that yeah so I didn't get any help because it's not required because it's we
198 have buses yeah very near to my home see where I was rented there it's not even one minute I
199 can just go it's a bus stop yeah when I move to new house it's only one minute walk so we have
200 clearly planned no what to say no sad moments it's all happy moments.

201

202 (00:15:48,124) Interviewer:

203 That means in both places you had the easy reach for your bus stops?

204

205 (00:13:25,710) Interviewee 14:

206 Yes yes yeah okay maybe if that is that's what if I had a easy range also for heavy items for
207 I purchased tv what to say big sofa tv stand dining table everything I everything I ordered
208 online shopping so you need to pay some extra amount yeah yeah I know there is a impact but
209 they deliver at your inside your home yeah so yeah That's very easy for me.

210

211 (00:16:08,399) Interviewer:

212 yeah okay yeah um so um due to uh being in this car less situation, so do you feel that you have
213 fixed routines or some monotonous way in your everyday life?

214

215 (00:16:22,129) Interviewee 09:

216 No i don't feel but you need to plan you cannot just if you have a car you can immediately think
217 can go yeah but if you don't have a car it doesn't happen like that so you plan something okay
218 you see for example if some person have a car you can have a breakfast and you can just
219 immediately think and okay we can have a lunch in Malmo it doesn't work here yeah so we can
220 plan so it doesn't mean that you are not feel that you are excluded from the society because we
221 have many groups during the summer we travel together and we have everyone has summer
222 pass we cook from each home and we go to Sodra and park and also we visited Estad and now
223 almost 10 years now so visiting the same place again and again I feel bit uh what to say bored
224 so I try new places we go long so that's how it happening yeah so I don't feel like fixed routine
225 or monotonous.

226

227 (00:17:27,130) Interviewer:

228 yeah that means due to this car less situation you don't think that you are skipping far away
229 visits?

230

231 (00:17:29,980) Interviewee 14:

232 No no we are going yeah so for example what to say I visited many place I traveled uh what
233 many places for example I went interior Denmark so i can go by train from there I go by bus
234 and also this side also I went until Stockholm.

235

236 (00:17:53,150) Interviewer:

237 so yeah so both both every place you manage with both train and bus?

238

239 (00:17:58,220) Interviewee 14:

240 yeah my wife she is a clear planner she she writes all the bus routes everything so we plan
241 because we went to Paris France right everywhere we traveled yeah so we go by train and bus
242 there .

243

244 (00:18:20,779) Interviewer:

245 yeah so you think more than a vehicle more than a car it is perfectly comfortable with this
246 public Transport?

247

248 (00:18:24,099) Interviewee 14:

249 yeah you need a proper planning so you cannot just think okay Friday evening you think
250 Saturday you cannot travel yeah so you need to plan if you are going by public transport if you
251 have car also you cannot just think and start right again you need to plan where to visit
252 everywhere so it doesn't impact much.

253

254 (00:18:45,940) Interviewer:

255 So what kind of weekend trips do your family usually take about visiting shopping malls or
256 parks?

257

258 (00:18:53,940) Interviewee 14:

259 so generally we don't plan and travel over weekend because every year I need to visit India
260 which is a big expense for me so I cannot just go every weekend and travel and spend so we
261 try to go three months once somewhere near go stay for a day and come back but every weekend
262 we don't travel we just go for our shopping or visit shopping mall or take a walk around the
263 city. That's it. So we cannot plan every weekend out so because sometimes we have something
264 to take care within the home cleaning yeah buying Grocery items for the next week so every
265 weekend yeah

266

267 (00:19:40,319) Interviewer:

268 Yeah what about some situations like social gatherings since you are not having a car have you
269 given up these social gatherings?

270

271 (00:19:50,900) Interviewee 14:

272 No, no. I feel if you have a gathering, there are some parties are arranged where you can drink.
273 So, it's good that you don't have a car. Because you cannot drink and drive. So, I don't miss
274 those parties.

275

276 (00:20:09,740) Interviewer:

277

278 Yeah.. So, what about the situation in your home country and here about this drinking situation?

279

280 (00:20:15,219) Interviewee 14:

281 In my home country, it's too better because if I'm drunk, I can hire a person who can drop me
282 at home. We have a private taxi, private tuk-tuk where they will come and drop you. And the
283 prices are very minimal. Here, if I hire a taxi from Helsingborg centre to my home, I need to at
284 least pay 300 kroner which is too costly. So i generally prefer uh if i eat much or drink much
285 uh the function happens within one or two kilometers uh the social gatherings i better take a
286 walk so that it helps me to digest what i have had.

287

288 (00:20:29,170) Interviewer:

289 okay uh actually what kind of transport options do you mainly rely on your life your Husband
290 your wife and you for example it is train bus so what what are they?

291

292 (00:20:51,640) Interviewee 14:

293 train bus i didn't buy a bicycle and e-scooter i have never tried and during summer i do a walk
294 from my home to office back office to home so but But when we went to Venn Island, I tried
295 that bicycle, right? I know how to ride bicycle, but I have not bought. E-scooters, I have never
296 tried.

297

298 (00:21:33,839) Interviewer:

299 So how often do you, that means frequently you are using train and buses?

300

301 (00:21:36,519) Interviewee 14:

302 Yeah.

303

304 (00:21:42,299) Interviewer:

305 And only in summer you are having a walk and all?

306

307 (00:21:45,019) Interviewee 14:

308 Yes. No, I generally walk every day. But it's a leisure walk, right? Like evening activity. But
309 when it's summer, I come to office by walk and go back from office to home by walk. So I
310 cover that.

311

312 (00:22:00,279) Interviewer:

313 So suppose that if the Helsingborg community or the municipality is introducing some cycling
314 lessons or some activities with cycling. So will you join them? What's your opinion on that?

315

316 (00:22:16,339) Interviewee 14:

317 Yeah, I see some activities it's happening. As I don't have bicycles I just watch that because I
318 see people are dressed in different various forms and they ride cycle I forgot something has
319 happened a lot over past years I see the news i watch them i have a cycling skills but here i
320 didn't buy.

321

322 (00:22:03,179) Interviewer:

323 so what is the actually reason for not cycling here is it any uncomfortability with the roads or
324 physical situations what is it?

325

326 (00:23:18,750) Interviewee 14:

327 no i don't think that okay because when I came I was near my office I come by walk and my
328 wife doesn't have the cycling skill so also I didn't think to buy a cycle if you see in my past in
329 India also I don't had a bicycle by my own so if you see you can also hire a bicycle in my
330 country when I was young where I can pay for one hour some Indian rupee I can take cycle I
331 can go around for one hour or I can extend I can come back to the same shop and say uh brother
332 I need to extend my hour they will say yes so again I can do a one or two rounds and considering
333 back in India it's very traffic so and as I'm a single time my parents never inform me or gather
334 what to say appreciated me to have a cycle but there also I preferred bus walk when I grew up
335 uh I got a moped yeah.

336

337 (00:24:27,340) Interviewer:

338 yeah so uh what is your experience about the Skane Traffican app?

339

340 (00:24:34,889) Interviewee 14:

341 uh yeah I it's you know uh until the skane trafficken app I was going and buying ticket in
342 person then I uh after a few friends suggested that there is app where you can buy and it is very
343 easy yeah yeah and it's uh yeah where you can immediately purchase ticket sitting at home and
344 you can see the timings everything online ticket i have never purchased I think when went to
345 Stockholm I booked the tickets in online but generally within skane we book like 24 hours or

346 one hour single ticket yeah uh sometime we buy monthly pass because now i'm not buying
347 monthly bus because sometime my work every week two days at office three days at home so
348 i try somewhat okay somewhat adjustments yeah.

349

350 (00:25:09,250) Interviewer:

351 yeah so that means according to your profession you are having the flexibility of working from
352 home and physically?

353

354 (00:25:13,329) Interviewee 14:

355 otherwise good to have a monthly Pass

356

357 (00:25:17,329) Interviewer:

358 so so are you using ticket sharing feature also?

359

360 (00:25:22,130) Interviewee 14:

361 Yeah sometime I get from my friend so if I don't have my friend for example last month uh he
362 bought ticket but he didn't um went much to office so I we shared it sometime yeah so yeah

363

364 (00:25:41,809) Interviewer:

365 So um did you had that um using an app experience in your home country? you had that?

366

367 (00:25:46,409) Interviewee 14:

368 no there no that see back when I was we need to buy ticket by paying so in in the bus we have
369 a driver also a ticket collector where you can buy the ticket from him or her so uh if you want
370 to go for long distance you need to go to the bus station you need to fill a form and book the
371 ticket now only the online facilities are fully improved.

372

373 (00:26:16,289) Interviewer:

374 that means you are using physical cash and all?

375

376 (00:26:19,609) Interviewee 14:

377 yeah yeah yes yes now everything is kind of you can online and there are apps in back my
378 country now but before until before 10 years i think it's all physical and you can also buy a
379 monthly pass where you get a monthly pass card you can just show them and which which has
380 a valid date from month to so it works like that because when i was studying school i had a
381 monthly pass so you need to have a physical card and it will be marked every day if you travel

382

383 (00:26:51,890) Interviewer:

384 yeah okay yeah So that means when you come here for the first time in sweden you had no
385 experience about using this app?

386

387 (00:27:00,460) Interviewee 14:

388 yes i think i don't know when this app developed also because suddenly only it got grewed in
389 2016 uh we had a yo-yo card so where you need to pay for a monthly pass and that card will
390 be recharged for monthly which is called as yo-yo after that there are multiple changes happen
391 that's how the skane traffican app came because i need to pay extra 20 crores for that yo-yo
392 card i still remember so during that time summer pass also we need to buy a card now i think i
393 don't know from when but now only the apps are being fully used because 2016, 17, 18 uh we
394 are buying physical cards only i remember i may be wrong but i remember that

395

396 (00:27:49,230) Interviewer:

397 Uh-huh yeah so uh actually how did you get into this app that means because it's a new
398 experience to you as you are mentioning? so how did you learn to plan routes and manage time
399 and deal with the delays? can you share some experience about this?

400

401 (00:28:10,859) Interviewee 14:

402 App I came to know from my friends but when it comes to delay the trains are sometimes
403 delayed but where I need to inform my office colleagues well before that I came here but there
404 was a delay but if you get a train and if it's get delayed also we have like internet wi-fi options
405 within the train right so I can carry my or do my work without any interrupt where I can take
406 my office call so I don't and once we had one doctor appointment in Malmo due to train delay
407 we are not able to go but I booked the car and went then again I came back to scan traffic and
408 office and explain the situation I got reimbursed that payment also they reimbursed the ticket
409 a cost so I don't feel not a problem okay

410

411 (00:29:11,115) Interviewer:

412 Yeah sounds good !! so when it comes to school drop-offs actually who is responsible for this
413 transportation is it your wife or you or how do you manage it?

414

415 (00:29:24,410) Interviewee 14:

416 Without the car while coming I drop so once the school is done she had the responsibility to
417 get back the kid to home and for doctor appointment if i do a work from home i can get
418 permission and i go with my child if not my wife takes care because if i work i need to
419 concentrate on work so if there is an option i help otherwise she takes care it's not a we clearly
420 manage it yeah yeah

421

422 (00:29:55,960) Interviewer:

423 okay yeah so ,What about the leisure activities of your child do you think that it is affected
424 since you are not having a car that means for example you have restricted them to only nearby
425 easy accessible places

426

427 (00:30:13,450) Interviewee 14:

428 uh no because i stay in a community where our Indians are more and everyone has kids and it's
429 good that they play outside we have a big park and uh and whenever there is a party for a kid
430 yeah and we can plan and we take so i don't feel any restricted because um we don't need to
431 carry a child to play from one place to another so we need to make them to satisfy within what
432 we have so that's how i believe so we have many kids within our area so generally they play
433 there is a big park they play football they play cricket there and also from my home we can see
434 what they are doing so it's good that we also have a eye on them yeah yeah so i don't feel uh
435 it's uh whether we have a car or not it depends on how the kids develop their friendship to play
436 so it doesn't depend on that having or not having car.

437

438 (00:31:15,230) Interviewer:

439 yeah so how do you feel that is it comfortable with the schools hospitals and workplaces
440 because do you think that they work well together for families living without a car?

441

442 (00:31:28,430) Interviewee 14:

443 Yeah it's going good i don't feel anything yeah

444

445 (00:31:32,539) Interviewer:

446 So is these institutions very easy to access from your home?
447
448 (00:31:38,160) Interviewee 14:
449 yeah it's very near schools and the campus office all the household items yeah it's Easy to access
450
451 (00:31:45,349) Interviewer:
452 and even the hospital is nearby?
453
454 (00:31:49,000) Interviewee 14:
455 yeah yeah we have a local ward center and it's near it's walkable five minutes from my home
456 okay so everywhere the ward centers are very accessible easily i because i stayed before this
457 place two places they are also easy accessible.
458
459 (00:32:03,809) Interviewee 14:
460 Okay yeah so um but uh do you think is there any specific place or a route that you feel difficult
461 to manage without a car ? have you come across such places ?
462
463 (00:32:19,890) Interviewer:
464 we went for a Strawberry picking so there we had every one hour bus time so we need to wait
465 for example if you pick the strawberries like like what to say 10.10 or 10. 20 yeah already the
466 10 bus would have gone so you need to wait for 40 minutes and if you want to go the country
467 side it's very difficult to go without a car but we don't have any farmland or something so we
468 don't go yeah so we plan for strawberry picking once we went to Kulaberi so we need to plan
469 accordingly because when you go to i don't know kula berry mole somewhere we need to go
470 and get the bus to kula berry so where we need to wait for an hour or something because the
471 buses are every one hour so i think it's for all not only for me so those who are depending on
472 public transport we need to plan yeah and especially if you have any activity happening in
473 countryside and if you come to know we need to plan otherwise it's difficult to visit there but
474 within the city it's fine yeah okay yeah
475
476 (00:33:29,019) Interviewer:
477 So what about the weather conditions such as winter and rain ?how does it affect your mobility?
478

479 (00:33:36,619) Interviewee 14:

480 No no problem because i don't see back in my country the rain will be heavy downpour here i
481 don't see that much downpour where you can easily go wear a jacket you can go in rain wear a
482 jacket you can go in winter. So not a problem yeah.

483

484 (00:33:53,309) Interviewer:

485 so your kid also not finding it difficult in winter season?

486

487 (00:33:58,420) Interviewee 14:

488 no not a problem

489 (00:34:11,980) Interviewer:

490 okay yeah actually have you experienced any discrimination while using public transport for
491 example by another passenger a driver or a ticket checker?

492

493 (00:34:18,650) Interviewee 14:

494 as of now no i didn't see that because i also never heard from other friends also Yeah nothing
495 yeah.

496

497 (00:34:26,143) Interviewer:

498 okay so uh what about your overall opinion about the transportation and infrastructure in
499 Helsingborg for example the cycling paths walking routes and buses trains? can you share your
500 experience?

501

502 (00:34:36,429) Interviewee 14:

503 Yeah it's good but now i feel when i come back in 2016-17 i see when you cross the pedestrian
504 cross people were waiting they let you to cross and you can cross easily but i don't see now it's
505 happening and i can see negligence of driving also the people doesn't even see whether you
506 cross or not i don't want to mention who from where they came from i don't want to talk about
507 that yeah but previously i was just crossing the pedestrian cross 16, 17, 18, 19 but nowadays if
508 i want to cross a pedestrian cross i need to wait see two times here and there yeah and i see also
509 the car whether they'll stop or not then i cross so i think negligence is happening maybe i think
510 there should be more stricter rules i think then only and moreover many crossing the roads at
511 anywhere so they are not using pedestrian cross yeah so i also do sometime because those guys
512 are crossing why i should not do yeah so that's what it's happening now but pedestrian cross

513 mostly people are not using they come suddenly cross and they don't even stop in if because
514 yesterday we had an incident near my home where a 90 year old person died in the pedestrian
515 car someone hit the hit by the car someone hit i think person i don't know the gender got hit
516 and died. So you can see the negligence right now.

517

518 (00:35:16,110) Interviewer:

519 So it's on a pedestrian crossing?

520

521 (00:35:36,641) Interviewee 14:.

522 Yes, it has happened. And I see people are more over the phone. They don't even see. It's better
523 to stop in pedestrian cross. And during winter, especially for our safety i think we need to wear
524 the eliminator jacket yeah yeah because uh everyone wears the black and it's very difficult to
525 find uh when the people who come in car so for our safety we need to be very careful.

526

527 (00:36:59,779) Interviewee 14:

528 yeah yeah okay yeah um you live here without a car so how do you describe this experience
529 compared to your home country?

530

531 (00:37:06,610) Interviewer:

532 same i don't had a car in India so i don't feel anything different so and especially in India during
533 that time the people who had car they generally don't prefer someone who doesn't have a car
534 so we have a little bit discrimination yeah so they they we don't share what to say like here car
535 pool now I think it's becoming famous in India also back in India people who work in same
536 office they try to come in single car they manage they share the expenses yeah but during when
537 i was young or growing up the elite society they have a different opinion and where we are a
538 middle class family we have a different opinion so it doesn't had much impact so there also i
539 don't have car here also.

540

541 (00:37:58,059) Interviewer:

542 So uh do you have many friends who are immigrant friends those who are having a car or
543 without cars most of your friends do they have cars or ?

544

545 (00:38:21,329) Interviewee 14:

546 yeah they have and it doesn't affect, like purchasing or what to say i don't compare generally
547 with others so if I want I can buy so I don't compare and say okay someone is some ex is having
548 car so i want to immediately purchase So it doesn't, the social, what to say, pressure doesn't
549 affect me. Maybe tomorrow my wife insists me or my kid asks, so I need to buy. But for me,
550 yeah, not a problem.

551

552 (00:38:38,349) Interviewer:

553 So actually, since you are not having a vehicle, are you combining several activities? Do you
554 think like that?

555

556 (00:38:47,289) Interviewee 14:

557 For example, shopping and again meeting friends and dropping your kid to school. Are you
558 actually combining these activities in your daily life?

559

560 (00:39:04,010) Interviewer:

561 Yeah, generally here everyone does the same. If you have a car or not have a car, so they come
562 to office by 8. Before that they drop their kids. I also do the same. So it doesn't mean that if
563 you have a car, if you have a car only you need that planning. Because where you expense more
564 from a packet, right? If you have a bus pass or monthly ticket, it's easy to manage. So you can
565 plan but generally school droppings are planned shopping we can do at any time whether you
566 have a car or not yeah

567

568 (00:39:20,769) Interviewer:

569 yeah okay so do, You think that while searching and getting jobs in Sweden does possessing a
570 car and having driving license plays a critical role what's your opinion and have you faced such
571 a situation such a requirement in your past life?

572

573 (00:39:40,809) Interviewee 14:

574 no if I am from an IT background so sometime they ask do you have a car or if you don't have
575 a car if the working city is longer so how do you prefer so I generally tell them whether I have
576 a car or not I give assurance that it doesn't affect my work ability but I see some requirement
577 where we need a car for example like a personal assistant or if you work in what to say lager
578 arbitrary where you warehouse working they expect a car but they doesn't say it's a what to say
579 important requirement they say nice to have but if if you are work if you need to work as a
580 delivery person but you need to have a license and you need to possess a car or at least you

581 need to have a license to so so for example home delivery online delivery though person you
582 need to have a License.

583

584 (00:40:58,650) Interviewer:

585 yeah so yeah okay yeah do you think that not having a car relates to social status here in
586 Sweden?

587

588 (00:41:06,730) Interviewee 14:

589 no i don't see

590

591 (00:41:10,659) Interviewer:

592 okay what about your home country is it a considerable factor?

593

594 (00:41:14,590) Interviewee 14:

595 Previously it was considered now it doesn't matter also whether you have a car or not generally
596 from my perspective I don't see that as a big requirement for me because back in India I had a
597 vehicle which is more expensive than a car I had a i don't know how here I had a bullet we call
598 it as like royal enfield which is a very old bullet almost 30- 1995 model so which is more I
599 need to have a more maintenance than a car so if you have a car back in my country monthly
600 you need to spend around five thousand rupees the same I was doing to my vehicle so my status
601 was more than those who have car because I have that bike every month serviced i keep it very
602 clean and neat so many people come and see my bike when i go for a shopping or out yeah so
603 I had a passion of having that bike now I have given to my friend and he is very neatly
604 maintaining so that's a pride when we when I was young having that bike was a pride so
605 thousand people one will have that vehicle because the vehicle model is different the brake
606 structure and the gear structure is different. so if you have that bike uh it's a pride.

607

608 (00:41:50,423) Interviewer:

609 so it's also speedy ?

610

611 (00:43:23,590) Interviewee 14:

612 not speedy uh it's like how to say majestic bike so generally all I don't know it's apart from
613 interview generally all vehicle will have right side brake leg brake my vehicle will have left
614 side brake so a person who rides a vehicle which is having right side brake for them to handle

615 my vehicle is very tough tough yeah and all the bikes have ignition start my bike I need to kick
616 kick and you need to have a perfect kick otherwise you will have a big wound in your leg yeah
617 so it's apart from interview.

618

619 (00:43:39,710) Interviewer:

620 Yeah, but it's interesting, yeah. Okay, so let's turn back to another topic. So actually, what do
621 you think about sustainability? Is it something that comes to your daily discussions in your
622 family?

623

624 (00:43:39,710) Interviewee 14:

625 So how do you say sustainability?

626

627 (00:43:41,570) Interviewer:

628 That means saving resources for the future generation and reducing waste, and which is just
629 like caring about Environment society and everything.

630

631 (00:43:54,309) Interviewee 14:

632 so we try to use less plastic because we go for buying groceries where you can have we buy
633 vegetable each vegetable we can have a separate cover plastic cover so if you go to but we try
634 to minimize that usage for For example, if I buy three, four vegetables, for example, potato,
635 beetroot, carrot, I try to bring everything in the same bag or sometimes we carry a bag.

636 So we generally don't buy plastic covers. So we have a bag, we take it and inside store also, if
637 you buy a single vegetable, so I don't usually go and grab a plastic bag. So i try to bring all
638 vegetables in bag i give them separately to have the have them weighed and paid and again
639 carry in the bag so we try to minimize plastic usage and whenever if you go buy in shopping if
640 they ask for pose i say no no so we carry our own bags we try to minimize and In home also
641 back in India or here we generally don't use light or fan unnecessarily so we try to minimize
642 the usage what to say we don't also if you see the TV we will switch it off fully.

643 So if you See someone they don't unplug the wire they just power off but we try to do fully
644 switch off and when I go back for India for a vacation, I try to unplug all the connections. So
645 it's better for energy also to the home if something happens. So we do that. And also, what to
646 say, opening fridge and keeping for a long time, we don't do.

647

648 (00:45:53,269) Interviewer:

649 So is transportation also stays among these topics? Do you think like that? For example, if you
650 are, when you are selecting some place to visit, so do you think about these environment
651 factors?

652

653 (00:46:10,409) Interviewee 14:

654 Yeah, because if you see one person going car, if you see in road, you can see, right, in the
655 transportation, you can see 10 cars, each car there will be only one person. So it's I think good
656 to have public transport I think here we don't have more population but back in India we have
657 a huge population and if you just think almost 140 crores people having each person having a
658 car and you just think about the traffic so it can create multiple impacts right so good to have
659 public transport.

660

661 (00:46:49,010) Interviewer:

662 so what are the good things you see in this public transport in sweden actually when compared
663 to your country?

664

665 (00:46:56,079) Interviewee 14:

666 I think here they fully use I think bus or electrical right so and nowadays the cars also i see it's
667 coming electrical model everything electric models and back in India we don't have that we
668 generally depend on petrol or diesel buses yeah now I think they are emerging with electric
669 vehicles but here i feel buses are they are using and if you see segregating or garbages they do
670 perfectly here yeah yeah

671

672 (00:47:30,489) Interviewer:

673 So actually when choosing how to travel what factors are more important to you is it the cost
674 or the compatibility or are you thinking about the environment and select some environmentally
675 friendly vehicles. What are the factors that mainly come to your mind?

676

677 (00:47:51,010) Interviewee 14:

678 I think first it should be cost effective. And it should give a comfort. But when you compare, if
679 you have a less cost and more comfortability, it doesn't happen. But at least the minimum
680 comfort that we required on the cost we pay. If we have a less population, you see a hassle free.
681 But if you have more population, that needs to be planned well. Because I see now Sweden has
682 very less population, where we see, okay, we get the buses on time, train on time. But we need
683 to see how this government will act if there are more population. Back in India, we have more
684 population, but still trains are maintained.

685 We have delays, but still they maintain the train timing, bus timing. Not up to the mark it's good
686 yeah also the cost is very effective because here in train it's so costly that you cannot travel
687 regularly but in back in India we have different classes right first class ,second class, third class
688 in the train where you can travel by less cost you can visit many places but here i think i feel
689 bit cost is more but i don't know how the how we are others will think yeah.

690 (00:49:12,469) Interviewer:

691 yeah so uh actually uh living here without a car your car free life, how do you actually interpret
692 it is it just like a limitation or is it more freedom how do you think about that?

693

694 (00:49:28,780) Interviewee 14:

695 I don't feel any limitation but if you have a car I think I need to arrange for parking paying
696 parking rent monthly and insurance everything so I don't feel what to say I think if you don't
697 have a car you feel more comfort i feel yeah.

698

699 (00:49:55,150) Interviewee 14:

700 yeah okay so you you have noticed that environment sustainability is discussed and practiced
701 very widely in Sweden than in your native country. So do you think that the surrounding
702 situations have impacted you to stay car-free? Actually, is it a factor?

703

704 (00:50:13,099) Interviewer:

705 Maybe I don't know how this question I can answer. But here, the European countries moved
706 everything to the other countries. So they buy clothes from other countries. But the country
707 which makes clothes, it's heavily what to say got polluted so it doesn't mean they have money
708 so everything they move to other countries for example my country Bangladesh we export
709 many cloths and if you see the cloth making industry need much water it pollutes contaminate
710 the surroundings i feel that the European countries need to start building their own
711 infrastructure and we need to see how it's being impacted so it doesn't mean you don't do
712 anything here and you buy everything from outside it doesn't mean that you are very good in
713 managing everything so i don't know how this yeah yeah how you all take it this but this is the
714 answer from me

715

716 (00:51:27,219) Interviewer:

717 yeah thanks, Yeah so uh how about suppose that your job status and visa status change
718 positively and still will you continue your life without a car ?

719

720 (00:51:40,639) Interviewee 14:

721 yeah i have a visa permanent visa status so it's not a problem but if a family they really see
722 back in India i don't have a car so i'm also getting old if there is a chance okay if i want to drive
723 a car and my family requires i may buy it so see we need to see the life is too short yeah
724 tomorrow i should not die and i should not think that i didn't own a car so better to have if
725 family requires and i think okay let me try for one or two years car i can go on car right so why
726 yeah yeah

727

728 (00:52:22,150) Interviewer:

729 but still will you consider using public transport even though you will have a car in future?

730

731 (00:52:32,149) Interviewee 14:

732 no for maybe local i can think but if i plan for a long trip i can drive my own car so it's it will
733 be like good to have car for a longer drive so you experience that right new it's a new experience
734 so once you drive for five to see here driving car is easy we don't have a traffic but back in
735 India going in a two wheeler, tuk tuk car, private car it's a big problem because it's everywhere
736 it's traffic so until there are no traffic here, good to have a car yeah in future yeah

737

738 (00:53:07,329) Interviewer:

739 Ok so do you have any suggestions for scone trafficker as a service provider or for the Swedish
740 government to support families who are living without car? Are there any ideas that come to
741 your mind?

742

743 (00:53:22,650) Interviewee 14:

744 I see always trains are cancelled. They need to take care. Maybe, I don't know why it's not
745 working or not. I don't know the train is working or not. I think they need to take care. Because
746 see, back in my country, we have a huge population. If there is train services affected for one
747 day, it will be a huge impact on daily life.

748 But I see here less population, more infrastructure. Still, I don't know how these trains are
749 cancelled. And if you see back in India or any other countries, we are just crossing the railway
750 tracks, right? And we have many more population, but still they are going very, what to say,
751 there are no more incidents happening. Very cautious people are also the train drivers are bus
752 drivers but here i feel the trains are like getting cancelled and i see sometime bus says is bus
753 full i see people standing five ten people all seats are have occupied but where they have
754 more spaces to stand but i see bus filled i see i wonder yeah maybe the driver gets panic maybe
755 okay.

756

757

758

759 (00:53:49,119) Interviewer:

760 .so uh what about uh can you think some incidents related to summer uh about this Uh the
761 space usage and all these things have you any idea?

762

763 (00:54:52,880) Interviewee 14:

764 we went to Soferia once I see there were space to stand but the driver doesn't allow to enter
765 they say bus is filled back in India we generally go in steps we go like this but here I think they
766 get panic maybe i if maybe in future yeah if i am here i need to see how this Sweden will react
767 if you have more population maybe at that time i need to plan whether to leave here or live
768 back to my country.

769

770 (00:55:24,880) Interviewer:

771 Yeah, yeah. So actually we have come to the last questions of our interview. So do you have
772 anything else about your daily mobility experience that we haven't discussed but you feel that
773 it is very important to consider and to share because of the topic of our study?

774

775 (00:55:47,639) Interviewee 14:

776 No, but I think we need to have bit stricter rules on the people who drive car, especially during
777 pedestrian cross. Nowadays, I don't see people are very vigilant, the car drivers. And I can see
778 many drivers, they look the phone and drive. I don't know whether they have that age to drive.
779 Maybe we need to have a frequent checks on car because I see very less maybe they may be
780 having 18 plus to have the license I don't know but it's good to verify once right rather than just
781 assuming that okay I drive you just think okay I'm 18 plus but in real time if I'm not 18 plus it's
782 offense right so I think we need to have a frequent and frequent checks need to be done
783 monitored the speed limits so I see many people where 40 they drive 50 60 70 Because two
784 days before, I saw one two-wheeler, it's a moped, full fast, they are driving in the pavement,
785 wrong side. So I think we need to have frequent checks. Also, like improving the train travels,
786 community, because many people rely on train, right? If it gets cancelled frequently, it's
787 impacting. That's what I want to bring in.

788

789 (00:57:11,900) Interviewer:

790 Yeah and also you said that if there is any situation that is affecting just like the life changes
791 and all these things you will probably will purchase a vehicle so will you actually buy two
792 vehicles for you and both your wife or will you just keep on one?

793

794 (00:57:31,340) Interviewee 14:

795 keep one vehicle. Because my salary doesn't allow me to buy two vehicles because yeah i need
796 to take care of my home expenses everything so we are not affordable for two vehicles so one
797 is good maybe we can plan and which one see me or my wife who is frequently going out so if
798 I come to office I stay office for eight hours yeah so if there is an emergency maybe we need
799 to plan who need to buy the license first so we need to plan on that other buying two vehicles
800 doesn't work for me as a single earner in the family it doesn't work and if if people two people
801 earn also having two cards I don't know it doesn't work here yeah I don't feel back in India
802 maybe for what to say the status we have two three cars per home but I think here everything
803 is related to cost rate if you have two cars two insurance two parking space two kind of If it's
804 electrical, you need to charge car or petrol, you need to. And if you just have the car parked at
805 home, still it's expensive. It's not a good idea to have two cars, from my perspective.

806

807 (00:58:39,460) Interviewer:

808 Many people say that there are very popular brands and at very cheaper rates here in Sweden
809 and in these European countries. So what's your idea about it?

810

811 (00:59:01,679) Interviewee 14:

812 Generally I see Volvo is good so when you buy a car it's maybe if you buy once I think it should
813 go for at least five to six years right so going for cheaper is okay but you need to see the safety
814 measures I think Volvo is doing because Volvo is Sweden I like that car to have it yeah yeah

815

816 (00:59:25,619) Interviewer:

817 So are most of your friends also owning these type of vehicles?

818

819 (00:59:29,220) Interviewee 14:

820 they have different cars like different models benz tesla kia but i see volvo is like like what to
821 say it's a majestic car and now the car prices are more but also if you see the safety measures
822 volvo is doing good

823

824 (00:59:49,960) Interviewer:

825 Yeah so actually um if you in future when when you buy a vehicle will you think about
826 purchasing an electric vehicle or something like thinking about the environment and all these
827 costs and the effect to the climate Change and all?

828

829 (01:00:05,219) Interviewee 14:

830 yeah but i live in an apartment so i don't see any options to recharge my car but if i move to
831 any other apartment which is having like electrical charging unit so i can go on by Electric car.

832

833 (01:00:20,899) Interviewer:

834 yeah okay yeah actually thank you so much for your opinions and your experiences sharing
835 with us it will be absolutely important to our thesis and if you have any other ideas with related
836 to our study and you think that they are important to convey to us please be Free feel to convey
837 it and thank you so much for your time and your contribution towards this.

838

839 (01:00:46,219) Interviewee 14:

840 thank you

Interview 15

(00:00:00,690) Interviewer:

Hey, before we get started, thank you so much for participating in this interview. We greatly appreciate your opinions and life experiences which will benefit our study. The interview is a part of our study to gain further insights and explore new aspects regarding how South Asian immigrant families perceive current car-free mobility and long-term adaptability in Helsingborg, Sweden.

You have the freedom to decline participation at any moment or to decline any questions you don't feel comfortable answering. The interviewee is intended to be anonymous and all efforts have been made to ensure so. The data collected will be used only for our thesis and accessed only by our group members and our teachers. The data will be stored securely and the aggregated data will be retained until our course is graded. It will not be shared, published or distributed in any way, other than our research project.

So first of all, can you tell me a little about you, your family and how long have you been living in Helsingborg?

(00:01:29,799) Interviewee 15:

Yes, I am Akifa from Pakistan and I came to Helsingborg in the year of 2020 at the time of the COVID. Also, I am here with my family my husband and my Six-year-old daughter.

(00:01:34,718) Interviewer:

okay so are you considering settling here in future?

(00:01:40,127) Interviewee 15:

Um...truly speaking we are planning to settle here in Sweden because my daughter was born here and she just started her schooling and we can see that she is doing great with her studies. Also, she is fluent in Swedish language and she adapted to the climate here. So, we both think that more than in our home country, it will be good for her future here.

(00:01:44,128) Interviewer:

okay yeah uh so can you tell me uh about your profession and how far is your workplace and what level of education you are having and your partner also?

33

34 (00:01:50,250) Interviewee 15:

35 um I am working as an assistant teacher um and it is almost one year in my profession. The school
36 is about four kilometers from my home. As I was a teacher in my home country and I completed
37 my bachelor's in elementary teaching after completing required courses here in Sweden um, I was
38 able to do this job. Also, my husband is working as a mechanic in a famous company in Lund um
39 for about four years now.

40

41 (00:02:59,780) Interviewer:

42 okay yeah uh so living here without a car, is it voluntarily or due to any constraints like Swedish
43 driving license or affordability or what what is it ?

44

45 (00:03:12,699) Interviewee 15:

46 um actually when we came to Sweden for the first time uh along with covid, I was in the last few
47 months of my baby delivery so with the health conditions especially I skipped traveling and most
48 of the time stayed at home. My husband also went to work for a few days in a week. Also, as we
49 came here and had a lot of cost with air ticket. It was financially also difficult but we both had our
50 home country vehicle driving license with us valid for a year. More than of this actually more than
51 in our home country, we saw a big difference with the public transport.

52 Truly we are surprised about it. Here it was so good, buses and trains they are comfortable and
53 when we get to the road, the buses are available at any time. The trains are also the same. Both
54 buses and trains are not crowded and they are very clean and good to see. But in my country, the
55 situation of public transport is pathetic. So, we thought that we can manage with without our own
56 vehicle.

57 At the beginning even though, I was pregnant, my traveling was easy with buses. We have access
58 to any place with buses here. So, both my husband and I decided that it's actually a freedom to live
59 here to live without a car, because you know here the parking is a problem. Not like our country
60 we cannot park anywhere.

61 If we park in the wrong place, then we will be fine with big amounts also think about winter if we
62 on a car we have to clean snow every day before we start our journey. Also we come to spend for
63 winter tires and also it is very slippery and stormy in that season. So as we think it is risky since
64 we have good buses and trains and everything is nearby to travel. Then why we worry about having
65 our own vehicle. So even though we could manage to buy a car, it become our voluntarily decision
66 to live without a car yeah.

67

68 (00:05:59,949) Interviewer:

69 okay so what kind of transport did you in your country did you use? Is it public transport or private
70 car?

71

72 (00:06:25,870) Interviewee 15:

73 In Pakistan, we had our own car. Most of the time we travel with our vehicle everywhere. But it
74 but i also used rickshaw for doing shopping when my husband is busy busy with work. But very
75 very rarely we used the public public transport in our country. The buses and trains are not just like
76 here. They are always very crowded and the traffic is very high so it was it is much easier for us
77 to use our own car.

78

79 (00:06:56,069) Interviewer:

80 Yeah um could you please describe the daily task you and your family need to do and how do you
81 manage them without a car ?

82

83 (00:07:03,910) Interviewee 15:

84 um actually grocery we do it once a month, it is very easy for us since we are small family. um
85 we make a list and go and go to buy the needy things. So before going, we decide where to start
86 for example we buy light things first, because it is easy to carry and then heavy ones at the last.
87 Especially the rice, the dal and vegetables are heavy.

88 um and we buy them last also the food groceries are all near to each other so it is easy easier to
89 shop we mostly use our Wednesday afternoon as my husband get back home early that day and the
90 buses are not so busy in the afternoons. Also with kids school, she is going to the same school of
91 mine. So always I am the person who accompany her and take back home. We always use bus for
92 it. um my husband also use the bus always to go to the work.

93

94 (00:08:23,129) Interviewer:

95 Yeah okay so um are you comfortable or feel safe with ride sharing with friends just like for work
96 and leisure activities for your kid?

97

98 (00:08:39,330) Interviewee 15:

99 Um for me it is always the bus only. Actually I don't have friends who live nearby that work um
100 in the same school so me and my daughter go every day by bus. But my husband sometimes share
101 ride with one of his best friends. That person sometimes go to Lund several times a month. So
102 whenever he goes he call my husband and tell in the previous day. Also they go like that they like
103 it because in the whole journey they can chat on the way.

104

105 (00:09:14,558) Interviewer:

106 Yeah do you try to compensate or treat back them for the ride?

107

108 (00:09:18,870) Interviewee 15:

109 um as they are best friends they normally do not accept money from us. So that we actually invite
110 them to our home and treat with a meal. Also, still they do not have kids. So most of the time, they
111 arrange short trips and invite us also. They love making they love my cooking so I prepare some
112 good snacks for all of us.

113

114 (00:09:48,570) Interviewer:

115 okay yeah. How have you managed your shopping with bulky heavy items to bring home?

116

117 (00:09:55,490) Interviewee 15:

118 Oh it was just one time when we start living in this home. We bought only the most needed furniture
119 like bed reading, table, two comfortable armchairs for it sofa and a dining table with six chairs uh
120 since there there are wall attached wardrobes in the house we did not by wardrobes we hired a
121 vehicle with a trailer and as we had a valid driving license at that time, we managed it and our
122 friends helped us with loading and unloading them.

123

124 (00:10:42,928) Interviewer:

125 okay yeah due to carless situation have you tried options like online shopping, home delivery like
126 that ?

127

128 (00:10:53,750) Interviewee 15:

129 Actually i am not fan of this. Online shopping and home delivery more than more than that i prefer
130 visit stores and buy whatever i need. I feel more comfortable with that in case of far away visits
131 few years ago ago we actually limited our trips as my kid was small and we just need to be with
132 her at home when i think of it i would say it was not because that we don't have a car um . But we
133 felt it is more of relaxing to be at home um when you are out of work. Because i can remember
134 when my kids turned six years old then we went some long trips to the countryside. my daughter
135 really enjoyed them and she walked a lot a lot in those trips. When she was tired we kept her in
136 the stroller as it was comfortable to take a stroller with us in both bus and train and there are good
137 cycle paths everywhere it was super easy. um so actually even though we lived without a car, we
138 don't feel so difficultly in that why we are going to here and there.

139

140 (00:12:17,538) Interviewer:

141 Yeah uh do you feel you are excluded from the circle of your society?

142

143 (00:12:22,288) Interviewee 15:

144 Um no actually number because we have only some few friends in our circle. Some have cars and
145 some don't have but when anybody organized and even they mainly focus on the traveling of each
146 other. Sometimes even though they have cars they came by train or bus especially husbands... um
147 then it is more relaxing for them because they can't chat with family and friends on the way. watch
148 the surroundings. So not having car has not actually affected us in a big way.

149

150 (00:13:02,428) Interviewer:

151 Mm-hmm yeah what kind of weekend trips does your family usually take?

152

153 (00:13:12,908) Interviewee 15:

154 Most of the week end we like to be at home and enjoy some good friends together mm-hmm .some
155 good food together. But in our celebration time we go shopping and if the weather is good we go
156 to the some children parks where my daughter like to go. Mostly we travel by bus .Actually it is
157 more relaxing in that way.

158

159 (00:13:36,940) Interviewer:

160 so uh what transport options do you mainly rely on your daily life ?

161

162 (00:13:43,125) Interviewee 15:

163 mostly it is bus and trains

164

165 (00:13:49,654) Interviewer:

166 okay so uh what about riding bicycles? Do you have the riding skill and if not do you like to learn

167 the cycling in the future ?

168

169 (00:13:59,278) Interviewee 15:

170 Actually i don't know how to ride bicycles. In our culture girls are not riding bicycles also in our

171 country bicycles are mostly used by low income people, but it is not problem for us.

172 But i have several times try try the scooter here in Helsingborg in the summer time. Actually it was

173 fun to ride them but i have a chance of learning bicycle. I will learn then i can try it to ride with

174 my daughter keeping her in the backseat in the bicycle especially in spring in summer times.

175

176 (00:14:43,700) Interviewer:

177 Yeah what's your opinion or experience about um you using skane traffican app um yeah ?

178

179 (00:14:53,500) Interviewee 15:

180 Um in my country Pakistan we don't have such sport apps like Skane Traffican and always we use

181 physical cache while we travel but after coming here in the beginning it was difficult but later it

182 was super easy. This App is full of information. I feel very secure when while using it even i'm

183 training alone with kid without my husband I feel very safe. For example it gives information about

184 each stop we take until our destination even if it is delays they provide information on other

185 options.

186 Also in summer time they provide offers and promotions. As a family we can enjoy all them.

187 Always me and my husband always purchase the monthly ticket, but we share it with our friends

188 when they suddenly want it.

189

190 (00:15:03,100) Interviewer:

191 yeah um how do you learn to plan routes manage time or deal with delays? Any experience you
192 can share with?

193

194 (00:16:10,128) Interviewee 15:

195 Well with delays it make me really stressful. so most of the time i take the bus or the train the one
196 in advance so if i miss have i have still next one remaining to reach the place before i need to go
197 on the time.

198

199 (00:16:15,421) Interviewer:

200 yeah when it comes to daily trips like school drop-offs shopping or hospital appointments, who is
201 responsible for transportation? how do you manage it without car?

202

203 (00:16:40,268) Interviewee 15:

204 Um school drops are all handled by me handled by me so as my kid goes to the same school of
205 mine. Other than the grocery shopping we me and my husband do together with hospital
206 appointments it is also me most of the time as my husband work in noon. but if he's free or the
207 doctor appointment is in the afternoons he also join with us. In all this situation even though we
208 don't have a car it is easy for me deal with with public transport service especially with buses.

209

210 (00:17:21,930) Interviewer:

211 So do you think that your child's leisure activities are affected as you are car free or have you
212 restricted them to only nearby easily accessible places?

213

214 (00:17:37,068) Interviewee 15:

215 Um actually it is not affected us. I think because we all the time go to the places that she likes to
216 go and these places yet or manageable with buses. But she if she needed to go any place situated
217 far away, we will also will go there so not having a car may not affect it.

218

219 (00:17:51,645) Interviewer:

220 yeah do you feel comfortable that schools hospitals and workplaces work well together for
221 families living without car ?

222

223 (00:18:36,123) Interviewee 15:

224 As i think for me, all the schools hospital and workplaces are situated nearby and they can be
225 reached by buses. Even though my husband working load and that is also accessible accessible
226 accessible accessible by train. when compare all these factors I think because of the a good
227 transport system these places are easily reachable.

228

229 (00:18:50,250) Interviewer:

230 yeah are there any specific routes or places that you feel difficult to manage without a car?

231

232 (00:19:16,621) Interviewee 15:

233 So far i cannot remember such places that we use in our daily life. But as for some places we visit
234 for fun and leisure, sometimes they are not easy to access only with public transport methods. For
235 example sometimes there's some distance to keep on walking. Sometimes the road are not built
236 well due to conditions like mountains are with environment concerns. Rather than that so far i have
237 been able to manage all my daily you know trainings without a Car.

238

239 (00:19:38,118) Interviewer:

240 yeah how do weather conditions such as winter or rain affects your daily mobility ?

241

242 (00:19:46,930) Interviewee 15:

243 um well I think even we may have a car winter is pretty difficult to any person the rain is absolutely
244 ok because in our country the rain is more heavier than this. But here with the raincoat it is
245 manageable always. But when consider about winter, it is hard to everyone. But I sometimes feel
246 that in the winter season, it is easier for place not having a car. I like that because when you you
247 have a car, you need to do snow cleaning whenever you need to go to any place. Without it you
248 cannot start your journey. Also the roads are slippery and sometimes risky to drive fast. Sometimes
249 like snowstorms. But when you don't have a car or no any issues like that and you just need to
250 have some good clothes to warm up only that reach a bus stop or train station. Then without any
251 stress you can reach your destination. So when thinking like that, i think not having a car is far
252 more better and I actually not affected by that. In the beginning it was difficult with the stroller in
253 the winter season for me, but now I have got used to it. So it is okay now.

254

255 (00:21:24,740) Interviewer:

256 Yeah um have you experienced any discrimination while using public transportation by another
257 passenger, a driver or ticket checkers ?

258

259 (00:21:38,450) Interviewee 15:

260 No not actually. But Sometimes i have seen more incidents that driver argue with passengers about
261 the ticket. But I think it is the responsibility of the passenger to buy tickets before onboarding. If
262 you do so there is no problem. So for me, I have had to had no such experience fortunately. The
263 drivers and ticket checkers always have been kind to me as i was using the stroller for about four
264 years with my Kid yeah.

265

266 (00:22:11,568) Interviewer:

267 so um what is your overall opinion of the transportation and infrastructure in Helsingborg? can
268 you please share your experience?

269

270 (00:22:26,150) Interviewee 15:

271 Um yes the transportation and Infrastructure is well developed by Helsingborg. We have good
272 working paths and even I am not using there are good cycling paths for people. The buses and
273 trains are good and even there are few delays always with them, it is manageable. So compared to
274 my home country it is much better here they are very clean and very safe. We feel that we actually
275 need not to have our own vehicle.

276

277 (00:23:02,230) Interviewer:

278 Yeah um you live here without a car how do you actually describe this experience compared to
279 your home country?

280

281 (00:23:10,808) Interviewee 15:

282 Actually in Pakistan, having a vehicle shows our status how rich we are and to which society we
283 belong people always look for what other person drives, how cost it is and all. But here in Sweden
284 nobody cares what you do there is more of freedom in your life choices than in my home country.
285 Even with daily transport it is same nobody cares whether you cycle to work, come by bus train it

286 is so cool feel i hear okay. Also there are good public transport service here so the daily commute
287 is actually manageable for me even without a car.

288

289 (00:24:05,380) Interviewer:

290 Yeah do you have many other immigrant friends who have cars or who don't have cars and do you
291 think that that affects you to be car free or purchasing a car ?

292

293 (00:24:17,880) Interviewee 15:

294 The other Pakistani friends we associate some of them are having cars and some of them are not.
295 just time half have and the other half do not have but these are the. But their action actually do not
296 affect us to buy a car or not not to buy a car. Basically it is a decision between me and my husband
297 not having a car is most of the time we think um as a way of saving money. When there is such a
298 developed transfer system and we don't use it it is actually a waste. So as a whole there is no any
299 influence from my friends regarding the transport.

300

301 (00:25:02,839) Interviewer:

302 So, do you mostly combine several activities in one trip just like dropping the kids to the school,
303 shopping and meeting friends? how do you think ?

304

305 (00:25:13,298) Interviewee 15:

306 Not as much. But the grocery shopping we always try to buy all the things need buy on one trip it
307 is so relaxing for us. But other than that we meet our friends after organizing the parties only

308

309 (00:25:33,098) Interviewer:

310 So do you think while searching and getting jobs in Sweden does possessing a car plays a critical
311 role and was that requirement exist for you also?

312

313 (00:25:44,180) Interviewee 15:

314 Actually for me it was not a problem. But I can remember for my husband they asked for a valid
315 license and access to a car. That time we had the driving license from Pakistan but we had no car
316 we mentioned that we don't have a car but anyhow since we are living in Helsingborg maybe they

317 gave us a chance for the job. Because of the flexibility to the different transport modes like bus
318 and trains. But for some of my friends who don't have car have missed their chance in getting a
319 job due to not having a car. Especially in warehouse warehouses maybe the employer consider
320 more on certain job fulfillments. so i see that depend on the nature of the job that we apply for. But
321 for most of the jobs, if if the worker can come to work one time there is no need to possess a car.
322 In my country this type of requirement is not there they don't ask for driving license for or having
323 a vehicle if we have required job qualifications, then we will get the job. um The way we come to
324 work is not problem for them if we come to the job at any how, they recreate us to the job.

325

326 (00:27:09,740) Interviewer:

327 yeah okay do you think that not having a car relates to the social status here and in your home
328 country our country?

329

330 (00:27:18,578) Interviewee 15:

331 Pakistan it is, but not here. As i see even the neighbors see which parent car we have is at our
332 latest arrival and how much cost it is and so on. Also i mentioned earlier it shows others the social
333 status also in Pakistan with the traffic i should own a car if not using the public transport is very
334 hectic so stressful and also the buses and trains are not so organized.

335 Also but we have some kind of vehicle like rickshaw and tuk-tuk to deal with short distance travels
336 like daily grocery shopping. So comparedly here in sweden nobody cares what we have or even
337 whether we have a vehicle. If we are able to manage our transportation through public transport it
338 is not a problem to others actually.

339

340 (00:28:23,390) Interviewer:

341 yeah okay so is sustainability something that comes up in your daily life or family discussions?
342 What type of topic topics come to your mind when talk about sustainability?

343

344 (00:28:38,930) Interviewee 15:

345 Yes since I am a teacher i am here aware of the topic but in the family discussions, tell you the
346 truth we are not specially discussed about it. But we do some activities related to that such as
347 garbage sorting, switching of lives when we leave room, use your shopping bag when doing
348 shopping etc um. But other than that actually it is not common in the family yeah uh.

349

350 (00:29:07,788) Interviewer:

351 so does transportation stay among these sustainability topic?

352

353 (00:29:16,960) Interviewee 15:

354 To tell you the truth it is not actually we use the trains and bus here. but i have noticed they use
355 the electricity to power them not like in our country we used diesel for buses and in our country
356 the attention towards sustainability is low yeah.

357

358 (00:29:38,269) Interviewer:

359 When choosing how to travel what factors are more important to you ?

360

361 (00:29:45,868) Interviewee 15:

362 Actually, it is more of the comfortability since we think of because we travel with our kid always
363 so if she is ok everything goes is work with us then we think of the cost also with the cost and
364 comfortability is very able to us. Then we go for that other than that to be honest we don't think
365 how our travel may affect he environment and all.

366

367 (00:30:11,160) Interviewer:

368 Yeah ..uh how do you interpret the car free life is the limitation or is it being sustainable or more
369 freedom how do you think?

370

371 (00:30:26,180) Interviewee 15:

372 It is not a limitation. Me and my husband feel more of free since we don't have a car. our travels
373 are limited it's not because we don't have a car. Mostly it is our simple life style maybe if we had
374 a car there we have to maintain it, look for parking slots, car washing, changing winter tires do
375 fuel every other day oh. There are so many things to deal with. But without car we just need to
376 reach the bus stop or the train station on the time for the buses and Since there is a very near bus
377 stop for us it is not much easier and relaxing for us not have a car actually.

378

379 (00:31:21,089) Interviewer:

380 Have you noticed that environmental sustainability is discussed and practiced more widely in
381 Sweden than in your native country?

382

383 (00:31:29,368) Interviewee 15:

384 Yes of course, compared to my home here in Sweden in Helsingborg where we live we can see
385 many concerns toward the environment from transportation, garbage handling. Daily we noticed
386 that they concerned about saving the resources and get maximum use of them. But county is still
387 developing though and not as much concern on environment. There we struggle with the economic
388 development still. So since I am living several years here now by thinking also affected with the
389 existing sustainability practicing and we even I teach them to my kid also so even in the trains and
390 buses we use them very carefully and keep them clean for another person mm-hmm

391

392 (00:32:35,858) Interviewer:

393 So if your job if your job status and visa status change positively will you still continue life here
394 without a car ?

395

396 (00:32:47,818) Interviewee 15:

397 Yes actually we hope so even my child satisfies with just with public transport we feel more of
398 family time in bus or train. We have time to talk and watch the environment together. But think if
399 my husband drives a car he has to concentrate on the road the signals, the rules of the road so there
400 is no time to talk and enjoy our time together. But without a car it is more relaxing i think.

401

402 (00:33:20,450) Interviewer:

403 So uh what are the factors encouraging you to choose a car free life ?

404

405 (00:33:30,410) Interviewee 15:

406 Um I think it is mix of many factors first it is more of freedom as i mentioned earlier. Even though
407 the price of car compared to my home country it is much cheaper here, very famous good European
408 vehicle brand are here for low prices here. Still after buying a car there are very many problems
409 for example, we can't park everywhere we want just like in our country. There are also dedicated
410 parking areas for that. Also for a parking in some places, we have pay also getting Swedish license
411 also very difficult and it costs very much for getting lessons from the driving schools. Also not like
412 in our home country, there are many highways here, different rules and regulations to comply with.

413 So considering these factors, it is easy not to have your own car car. We can be more stress-free
414 yeah.

415

416 (00:34:40,860) Interviewer:

417 What are the situations as you think or the reasons when owning a car might be might become
418 necessary for you ?

419

420 (00:34:55,920) Interviewee 15:

421 Ouh suppose that me and me or my husband get transfers to far away city or something like that.
422 Then we may need a vehicle but in that case also most of the time we may move to the city without
423 buying a car actually me and my husband enjoy more of freedom. We feel that owning a car as
424 some kind of burden.

425

426 (00:35:17,170) Interviewer:

427 yeah do you have any suggestions for skane trafficking as a service provider or for the swedish
428 government to support families who live without a car?

429

430 (00:35:28,639) Interviewee 15:

431 I think they can promote more of bicycles with cargo or for families to carry kids to school many
432 face problems with strollers because there is no enough space for several strollers at a time in the
433 bus so if there is any program to rent cargo bicycles families um without vehicles you can use
434 them. Also it is a good exercise tool also in summer time, I suggest one more wagon for bicycles
435 and strollers can be attached to the train because we have the summer tickets and people tend to
436 travel more with families in this season. So trains are full of people and there are difficulties with
437 bicycles and strollers. So one more extra wagon will be solution for the space.

438

439 (00:36:34,440) Interviewer:

440 yeah so uh is there anything about your daily mobility experience that we haven't discussed but
441 you think it is important to share ?

442

443 (00:36:48,239) Interviewee 15:

444 I think people need to be educated on the use of such development public transport system
445 even it is so nice, everybody who migrate here try to buy a car their own. It is the trend, but other
446 than that it if at least the immigrants can be encouraged to use public transport and if they can
447 incentivized with low price tickets and promotion campaigns, it is better for the country and the
448 environment. Also, mostly those who come to Sweden as immigrants, try to live here on long here
449 time.so if everybody tend to buy vehicle, the sustainability they try to practice will be problem. So
450 I think both of government and the Helsingborg municipality can think more of it in the future.

451

452 (00:38:00,300) Interviewer:

453 Thank you so much for your concerns and your ideas you shared with us actually it will be so
454 important to our study and if you have any more ideas related to our topic please feel free to contact
455 us thank you so much.

Interview 16

(00:00:01,679) Interviewer:

Hi, before we get started, I want to thank you for participating in this interview. We greatly appreciate your opinion and life experience, which will benefit our study. This interview is part of our study to gain further insights and explore new aspects regarding how South Asian immigrants' families perceive current car-free mobility and long-term adaptability in Helsingborg.

And you have the freedom to decline participation at any moment or to decline any question you don't feel comfortable answering. The interview is intended to be anonymous and all efforts have been made to ensure so that data collected will be used only for our thesis and accessed only by our research group members and our teachers. The data will be stored securely and aggregated data will be written until our course is graded, it will not be shared published or distributed in any way other than our research project.

So let's get started. Can you tell me a little about your you and your family and how long have you lived here in Helsingborg?

(00:01:28,790) Interviewee 16:

Hi, my name is Auni. I'm from Bangladesh, from the capital city Dhaka. We, that is my husband, my son and I, moved here to Helsingborg nine years ago. It feels like a long time ago now. My son was only 10 years old when we arrived. Now he is 19 and studying at university. It has been a big change for all of us. But this is our home.

(00:01:59,040) Interviewer:

Now considering settling here in this, are you considering settling here in the future?

(00:02:08,125) Interviewee 16:

Oh yes, definitely. We have built our life here. My son is in university and this is his future now. My husband has a stable job and for us Sweden is home. We have no plans to move back. This is where we will stay or want to stay.

(00:02:39,889) Interviewer:

34 So now can you tell me a little about you and your profession and your husband profession
35 how far is your workplace?

36

37 (00:02:47,830) Interviewee 16:

38 yeah for the last few years, I have been a housewife. I had to have surgery and after that I
39 decided not to work outside at home. Before that I worked in a small shop here in the city. My
40 husband is a chef he works at an Indian restaurant in the Vaala shopping mall. From our
41 apartment he has to take bus which takes about like 20 to 25 minutes. So it's not very far, but
42 it's a daily journey for him.

43

44 (00:03:21,550) Interviewer:

45 so what kind of transport did he use in you can tell me what kind of transport did you use in
46 your home country? is it public transport or private car?

47

48 (00:03:52,500) Interviewee 16:

49 yeah in Dhaka our life was very different. We didn't own a car. Most families like ours do not
50 have a car that is a real symbol of a status, you know and it's very expensive. We used what
51 whatever was available like a lot of walking, but also rickshaws for short distance and cngs
52 which which are like small three-wheeled auto rickshaws for longer trips. The public buses are
53 there of course. But they are extremely crowded and often unreliable. It is very different system
54 much more chaotic than the organized transport here in Sweden.

55

56 (00:04:40,970) Interviewer:

57 so you would like you would say that here public transport you can rely on you? can use?

58

59 (00:04:54,850) Interviewee 16:

60 yeah of course, especially the timing. Someone can believe that that the buses will come in time
61 so yeah...

62

63 (00:04:58,769) Interviewer:

64 Living here without a car, is it voluntary or due to any constraints like a swedish driving license
65 or affordability or any other factors?

66

67 (00:05:09,410) Interviewee 16:

68 Yes aa... it is actually a mix of things. Really it is mostly due to constraints my husband has
69 tried to get the Swedish driving license a few times. But it is very difficult and he has not been
70 able to to get the license yet. On top of that we think a car would be very expensive for us it is
71 not it's not just buying the car like it's in it is the insurance the tax the petrol and what and what
72 happens if it breaks down so it it adds up to a lot of money every month. So for these reasons
73 we don't have one.

74

75 (00:06:09,129) Interviewer:

76 Okay so it's a mix of everything mix of financial uh constraints and also Swedish driving
77 license.

78

79 (00:06:16,699) Interviewee 16:

80 Yeah.. it's very difficult to get yes.

81

82 (00:06:20,740) Interviewer:

83 So could you describe all the daily tasks you and your family need to do and how do you
84 manage them you know without the car?

85

86 (00:06:36,659) Interviewee 16:

87 You mean like grocery schools and daily works yes yes yeah my life daily life is quite simple.
88 I manage our home. For grocery shopping i usually walk to the nearby supermarket. It is good
89 for my health and and I can only buy what I can carry or pull in my little trolley. So, I go two
90 or three times a week. My husband takes the bus to his work at Vaala every day. And the bus
91 stop is, yeah, thankfully, it's very close to our home. For larger weekly shopping, I take the bus
92 to a bigger supermarket in the city. I usually buy everything in one trip and bring reusable bags
93 and when we need to go to my sister's house, we ask her for a lift, otherwise we use the bus.
94 And for our son, it's a longer journey when he was in school here in Helsingborg he just took
95 the local bus. But now for university his campus is in is outside the city so actually for him we
96 have moved here near Helsingborg Center. I mean your central station, so that he can catch the
97 train easily. He walks to the train station it takes about like eight minutes and the and then he
98 has to travel one and a half hour train ride each way to the university so yeah it's a long day for
99 him.

100

101 (00:08:22,689) Interviewer:

102 so you have your youngest your sister here, it's good?

103

104 (00:08:28,140) Interviewee 16:

105

106 yeah yes yeah yeah she lived here.

107

108 (00:08:31,175) Interviewer:

109 and you often go to her place?

110

111 (00:08:41,250) Interviewee 16:

112 yeah yeah like once in a week sometimes more ..

113

114 (00:08:53,549) Interviewer:

115 so are the public transport stops nearby? how far?

116

117 (00:09:01,570) Interviewee 16:

118 yes we are very lucky in that respect the nearest bus stop is less than five minutes from our
119 building. The buses that go to the city center and to Vaala are quite frequent. So yeah, it's very
120 convenient for our dailiness.

121

122 (00:09:24,879) Interviewer:

123 Okay, so next, are you comfortable or feel safe with the ride sharing with your friends? Do you
124 try to compensate or treat them back on the ride? I mean, if your friend give you a ride to any
125 place, if you get the ride sharing with your friends?

126

127 (00:09:55,360) Interviewee 16:

128 yeah you mean here in Sweden yes yeah yeah we don't really have friends with car to share
129 rice with most of the other Bangladeshi families we know here in a similar situation as us so
130 when we first moved to Sweden my sister used to help me and give us ride on big shopping
131 strips or to to to government office we always felt we should give something back of course.
132 So I would cook a special meal for her as a as a thank thank her as a yeah the gift. But now we
133 manage almost everything on our own with the public transport most recently one of our

134 Bangladeshi friend brought a car, they sometimes offer me a tour to Malmo as they visit there
135 on many occasions recently. Recently I traveled with them to a winter festival arranged by our
136 community in Malmo so yeah life is like that.

137

138 (00:11:05,769) Interviewer:

139 okay. How have you managed your shopping with bulky heavy items to bring home like
140 furniture or any other equipment? please could you share any past experience related to that?

141

142 (00:11:22,169) Interviewee 16:

143 Yeah you know this is the most difficult part of not having a car here in Sweden. For daily
144 groceries as I said I take a trolley but for anything big is a real problem. So, a few years ago,
145 we brought a small bookshelf from IKEA, for example. We had to pay for home delivery
146 because there was no other way to get it at home. It makes me think twice before buying
147 anything large. So I have to plan everything and often pay extra which is difficult when when
148 when at the same time I try to save money so also if anything can be brought in by car then I
149 asked for my sister's Help yeah she always support me in shopping And we planned on the
150 weekend in Bangladesh we used To hire a handcart rickshaw for large purchase so the idea of
151 hiring a vehicle for a single move is familiar to me.

152

153 (00:12:36,830) Interviewer:

154 And you mean in Bangladesh, it was cheaper?

155

156 (00:12:43,950) Interviewee 16:

157 yeah very much if I compare it with the Sweden so of course it's very much cheaper and
158 easy.

159

160 (00:12:47,149) Interviewer:

161 and easy and also available?

162

163 (00:12:49,650) Interviewee 16:

164 yeah it's Very available yes....

165

166 (00:12:50,741) Interviewer:

167 So now can you tell me due to the Status of being carless, do you feel fixed routine routinize
168 or monotonous in everyday life? Do you feel you are excluded from the circle of your society?

169

170 (00:13:17,009) Interviewee 16:

171 If i say honestly sometimes yes. life is very structured around the bus timetable. You cannot be
172 spontaneous for example on a nice summer day you can't you can't just decide to drive to the
173 beach or forest. In winter it feels even more limiting when it's cold and dark outside so i think
174 it does make you feel a bit on the outside of that typical swedish lifestyle. We hear about my
175 sister neighbors or friends going to their summer parties for weekends and yeah that is a world
176 that is completely inaccessible for to us without a car. So yeah it feels like a big part of the
177 culture that we cannot participate in.

178

179 (00:14:24,519) Interviewer:

180 you think in that place public transport is not available?

181

182 (00:14:33,159) Interviewee 16:

183 yeah it's available to a certain point. If I for example if I mention Molle so it with car someone
184 can travel long or very near to the main main tourist place. But with public transport we have
185 to walk a lot and yeah sometimes it's difficult to do that.

186

187 (00:14:56,980) Interviewer:

188 Yes and sometimes it's not available it's a limited.

189

190 (00:15:23,980) Interviewee 16:

191 limited buses in like one bus in one hour so yeah somewhere somewhere i feel that now it's
192 hard to go there yes.

193

194 (00:15:31,340) Interviewer:

195 so what kind of weekend trips does your family easily take or you plan?

196

197 (00:15:37,240) Interviewee 16:

198 Our trips are mostly local. We might take the bus to the city center to work to work by the the
199 waterfront or go to a park. We have taken the train to Malmo or even Copenhagen for a day

200 trip before, but it requires a lot of planning, you know, and can be quite expensive for the three
201 of us. So yeah, we do it very rarely. A weekend for us is usually about resting at home, maybe
202 visiting my sister's home, or a friend who lives on a convenient bus route.

203 As I said earlier, sometimes I go to Malmo with other family friends who have a car and visit
204 some shops that sell Bangladeshi items, you know, we love food. But in summer, when we
205 have a summer ticket, both my husband and I used to visit Malmo, we buy tickets for both of
206 us and yeah, we can also borrow tickets from others.

207

208 (00:16:38,539) Interviewer:

209 So in summer time, you can go easy easily?

210

211 (00:16:50,319) Interviewee 16:

212 yeah yeah because the summer ticket that scone traffic can offer is really cheap i think because
213 and it's for two months so yeah we can enjoy yeah the whole summer

214

215 (00:17:02,870) Interviewer:

216 Do you think your son's leisure activities are affected by being car-free? Have you restricted
217 him to nearby easily accessible places?

218

219 (00:17:18,250) Interviewee 16:

220 My son is quite independent actually. He uses the train for his university commute and can
221 reach most places like cinemas, sports center, via public transport. However, some activities
222 like a weekend football match in a town without a train station are difficult for him. Yeah, so
223 we have asked him to choose clubs that are within a reasonable distance. He sometimes
224 expresses his wish to have a car so he can go to the countryside with his friends or take a
225 weekend trip without needing the coordinate with bus tram table.

226

227 (00:18:13,230) Interviewer:

228 So, yes, sometimes you feel that a car might be, but your son will be happy to have a car?

229

230 (00:18:27,789) Interviewee 16:

231 Yeah, you know, a car, for me, a car is not necessary, but it's comfortable to have a car.

232

233 (00:18:36,529) Interviewer:

234 Are there situations in which you have given up social activities as you do not possess a car?

235

236 (00:18:45,950) Interviewee 16:

237 Yes, this happens quite often. We have been invited to parties or gatherings at friends' houses
238 who live far from the Helsingborg Centre. But getting there and back with public transport is a
239 big challenge, especially at night when the buses run less frequently. And often the last bus
240 home is too early.

241 So we have to politely decline the invitation, you know. It's sad because you miss out on being
242 with your community.

243

244 (00:19:25,359) Interviewer:

245 And in your culture, maybe it's more often that you always invite each other.

246

247 (00:19:33,059) Interviewee 16:

248 Yeah, we love to have get together on many occasions, yes...

249

250 (00:19:38,059) Interviewer:

251 So what transport options do you mainly rely on daily life? say it's it what transport would you
252 like to say that mostly rely on daily life.

253

254 (00:20:06,160) Interviewee 16:

255 like I yeah.. for me it's walking and for my husband is bus every single day and for my son is
256 a combination of bus and train.

257

258 (00:20:16,910) Interviewer:

259 So what about riding bicycle? Do you have a cycling skill?

260

261 (00:20:21,849) Interviewee 16:

262 Not really. I have never learned to ride a bicycle properly. In Bangladesh, it's not very common
263 for adult women in the city to cycle. It is often seen as something for men or for those who
264 cannot afford anything else.

265 So my husband knows how to ride, but he doesn't own a bike here. I have heard there are
266 courses for women to learn here, which is a nice idea. But I worry about the traffic and my own
267 balance, especially after my surgery.

268

269 (00:21:36,980) Interviewer:

270 Yeah so what about your son does he like to cycle?

271

272 (00:21:24,299) Interviewee 16:

273 yeah he can he can he can ride a bicycle but you know sometimes the problem is he doesn't
274 know not almost all the rules here and as I understand to ride a bicycle here also we have to
275 know the rules properly otherwise this can create a problem so yeah he's not comfortable
276 actually but he can.

277

278 (00:21:47,450) Interviewer:

279 so what's your opinion or experience about using the Skane Traffican app, online ticket
280 purchase or ticket sharing features can you share your thoughts on that?

281

282 (00:22:13,509) Interviewee 16:

283 yeah i think the app is excellent it has made using the bus so much easier or all the transport i
284 mean. In the beginning like nine years ago it was confusing to buy tickets and understand the
285 jobs. Now I can do everything on my phone. Buy a ticket, see exactly when the next bus will
286 arrive. The ticket sharing features is also very useful. It is a very good and valuable service, I
287 think.

288

289 (00:22:49,559) Interviewer:

290 They are featuring so many new features and so many new, they are less price ticket or any
291 marketing.

292

293 (00:23:06,160) Interviewee 16:

294 Yeah, you know the app has launching, it was just before the, yeah, two months before, three
295 months before they offered a facility like two people can share a ride on the weekends. Yes. Up
296 to the Easter, so I think it was, yeah, it was a very nice approach from them, so yeah, it's good.

297

298 (00:23:42,799) Interviewer:

299 So now your son is in university, but can you share how it used to be like, in that period were
300 you comfortable with the school, hospitals and workplace? Do you think that school, hospitals,
301 workplace around you work well together for families living without a car? Are these
302 institutions easy to access from here, from your home?

303

304 (00:24:17,569) Interviewee 16:

305 Yes, yes, I think so. The main hospital has a bus stop right in front, which is very helpful. The
306 schools my son attended were also on good bus routes. And my husband's job at Vaala is
307 directly connected by a main bus line. So for us, the essential places have been accessible.

308 Yeah, I believe Helsingborg's plan plans this. I think Helsingborg's kommun plans this quite
309 well. But you have to be lucky to live in the right location.

310

311 (00:25:08,650) Interviewer:

312 As per your location you should one should choose his or their home in a good location so that
313 can be accessible?

314

315 (00:25:23,589) Interviewee 16:

316 yeah of course I think if a family doesn't have a car so of course the home location should be
317 near to a bus station. If I if I give example an example of my sister's house so from her house
318 is just one bus in one hour. So it's really tough to get anywhere. So, in that case yeah...I'm
319 lucky that I live in a good location.

320

321 (00:25:56,369) Interviewer:

322 So are there any specific roads or places that feel difficult to manage without a car?

323

324 (00:26:02,990) Interviewee 16:

325 Yeah, anywhere that is not on a direct bus route from where we live. So, if you have to change
326 buses two or three times, a short trip can take a very long time. Visiting natural reserves or
327 beaches outside the city is almost impossible those are the places we see in pictures and wish
328 we could visit as a family.

329

330 (00:26:39,539) Interviewer:

331 So how do you weather condition such as winter or rain affect your daily mobility?

332

333 (00:26:48,809) Interviewee 16:

334 Oh yeah, the weather has a huge impact on our lives. In winter, waiting at the bus stop can be
335 freezing cold and walking on icy paths is dangerous. That time I also try not to go for daily
336 grocery shopping. When it rains, you are guaranteed to get wet, no matter how good your
337 umbrella is. You cannot just step out of your warm house and into a warm car. You have to
338 prepare with many layers of clothing and it makes every trip a bigger effort.

339

340 (00:27:38,930) Interviewer:

341 Yes, it takes time to get ready in winter, in such a nice season.

342

343 (00:27:48,269) Interviewee 16:

344 Yeah, people feel especially in winter, I feel that we need a car. Otherwise, it's very, very
345 difficult to go anywhere. Yes, also the daylight is short. yeah sometimes i can't feel my nose it's
346 so much cold that yeah..

347

348 (00:28:18,759) Interviewer:

349 Have you experienced any discrimination while using public transport?

350

351 (00:28:29,519) Interviewee 16:

352 no not not really. No. The people in Sweden are generally very respectful. Sometimes you
353 might feel like an outsider perhaps if someone looks at you for speaking Bengali on the phone.
354 But it's not the style. The biggest challenge in the beginning was just language and not
355 understanding the system that can make you feel isolated. But it's not discrimination, from
356 others no..

357

358 (00:29:08,100) Interviewer:

359 yes Swedish are very polite.

360

361 (00:29:10,149) Interviewee 16:

362 yes they are..

363

364 (00:29:12,900) Interviewer:

365 so what's your overall opinion on the transportation and infrastructure in Helsingborg?

366

367 (00:29:24,200) Interviewee 16:

368 For a city office size the system is very good. The buses are clean punctual and main lines have
369 good frequencies. The cycling path also look wonderful even though I don't use them. The
370 system works very well if you are traveling along the main corridors like from a residential
371 area to the city center or a big shopping mall like Vaala. However, it becomes less convenient
372 for trips that go across the city or to more remote areas.

373

374 (00:30:06,829) Interviewer:

375 so remote areas are less convenient but within the city it's good?

376

377 (00:30:17,730) Interviewee 16:

378 Yeah you know now I can I can tell you with the color of the buses if you take the yellow buses
379 so it's less frequent and you have to wait a long and the green buses yeah... it's very frequent
380 and and yeah you can you can get two threes in an hour.

381

382 (00:30:42,000) Interviewer:

383 so you live here without a car how would you describe this experience compared to your home
384 country?

385

386 (00:30:51,789) Interviewee 16:

387 Life here is much more predictable you can rely on the bus to come at the time it says in Dhaka
388 i'm i mean in my hometown you never know so So in that sense, it's less stressful here. But it
389 is also more rigid in Dhaka. If there is no bus, there is always a rickshaw or a CNG you can
390 take. Here, if you miss the bus, especially in the morning, you might have a very long wait. So
391 you can gain organization but lose a bit of flexibility.

392

393 (00:31:39,180) Interviewer:

394 and also whatever traffic in our country and Hakan is it you had to face lot of traffic?

395

396 (00:31:53,409) Interviewee 16:

397 yeah of course it takes a lot of time to move from one place to another. So no one can guarantee
398 exactly when when he will reach but in here is very predictable. You can you can tell your boss
399 yeah I'm coming in 15 minutes. So it means 15 minutes yeah so it is very predictable and very
400 good.

401

402 (00:32:31,650) Interviewer:

403 so do you have any many other immigrants friends who have no car have or have cars and do
404 you think that affect you to be a car free or like them you want to purchase the car?

405

406 (00:32:47,089) Interviewee 16:

407 Most of our close friends from the Bangladeshi community also do not have cars we are all in
408 a similar financial situation. So there is no pressure from them. We all understand each other's
409 challenges the desire for a car comes from comes more from seeing the broader Swedish society
410 and for my son from his friend at university he sees the freedom they have and that's what make
411 him want a car not what our friends have.

412

413 (00:33:43,890) Interviewer:

414 Okay you mostly combine several activities in one trip?

415

416 (00:33:58,529) Interviewee 16:

417 yeah actually yeah I always try to do this to be efficient. If I need to go to the city center I will
418 plan to do everything at once go to the bank, visit the library or buy any special groceries that
419 I can't find in in my local shop so It saves both time and the cost of another another ticket bus
420 ticket.

421

422 (00:34:15,179) Interviewer:

423 Okay do you think while searching and getting job in Sweden does processing a car play having
424 a car play a critical role here?

425

426 (00:34:46,889) Interviewee 16:

427 No. For some jobs I believe it does if the job is in an industrial area outside the city with less
428 bus service or if it requires you to travel to different locations the job advertisement often says

429 a driving license is required. For my husband's work as a chef, it was not a problem but it can
430 certainly limit your job opportunities if you if you don't have a car.

431

432 (00:35:23,340) Interviewer:

433 As you said earlier but do you think not having car relates to social status here in Sweden?

434

435 (00:35:32,079) Interviewee 16:

436 In Bangladesh, a car is a very powerful symbol of success and high social status. But here in
437 Sweden, it seems more practical, a tool for convenience. However, for us as an immigrant
438 family, I think getting a car would still feel like a big achievement. Would feel like we have
439 truly made it my son definitely sees it that way it represents independence and buying for being
440 fully integrated into the Swedish way of life.

441

442 (00:36:21,239) Interviewer:

443 Maybe that's because all of his friends have car?

444

445 (00:36:26,119) Interviewee 16:

446 Yeah most of his friends have car so yeah he wants to influence.

447

448 (00:36:35,369) Interviewer:

449 so let's come to the sustainability issue. Is sustainability something that comes up in your daily
450 life or family discussion? You often talk about it?

451

452 (00:36:58,099) Interviewee 16:

453 Not really in that way like we do not use the word sustainability much. But we practice the
454 ideas behind it out of necessity like we are very careful with money so we don't waste
455 electricity, water or food. This is just how we have always lived both here and in Bangladesh

456

457 (00:37:25,010) Interviewer:

458 So it's like recycling and

459

460 (00:38:05,129) Interviewee 16:

461 Saving like natural resources. Okay.

462

463 (00:38:07,630) Interviewer:

464 And is transportation among those topics? Do you also talk about transportation, like
465 environment-friendly transportation? Do you ever discuss it at home?

466

467 (00:38:09,429) Interviewee 16:

468 Yeah yeah because we know that not having a car is good for the environment. It is a positive
469 side effect of our situation we are not adding another car to the road which feels good.

470

471 (00:38:31,250) Interviewer:

472 When choosing how travel so what factors are more important for you?

473

474 (00:38:44,849) Interviewee 16:

475 Most most important factor for us is always the cost so after that it is convenience like how
476 easy is it to get there like. We don't have the luxury to choose based on comfort or
477 environmental friendliness even though we appreciate those things So our choices are
478 dedicated dictated by our budget and the option options available to us.

479

480 (00:39:21,099) Interviewer:

481 so how do you interpret car free life is it limitation being Sustainable or more freedom?

482

483 (00:39:32,809) Interviewee 16:

484 For me you know it's mostly a limitation. It limits where we can go where we can what we can
485 do and how spontaneous we can be. I know it is a sustainable way to live and I'm happy about
486 that part. But it is not a choice we made for sustainability. Like it is a result of our
487 circumstances. The real freedom for us would be to have the choice.

488

489 (00:40:20,230) Interviewer:

490 okay so though you're happy the public transportation but still you feel some limitations?

491

492 (00:40:25,110) Interviewee 16:

493 yeah of course of course I do.

494

495 (00:40:33,140) Interviewer:

496 Okay have you noticed that environmental sustainability is discussed and practiced more
497 widely in Sweden than your native country? Does this influence does this influence your
498 thinking nowadays?

499

500 (00:40:59,440) Interviewee 16:

501 yeah absolutely in Sweden, it is part of everyday life. The recycling system that talk about
502 climate change, the number of people cycling. In Bangladesh people have so many other
503 immediate struggle that the environment often comes second or never comes in in their mind.
504 So being here has definitely made me more aware of these issues and and yeah I see see their
505 importance much more clearly now.

506

507 (00:41:36,500) Interviewer:

508 okay uh uh let's uh if you let's Uh whether we would like to know if your job status or this has
509 just changed positively uh will you still continue life here without a car ?

510

511 (00:41:52,820) Interviewee 16:

512 hmm there's a big question for our future .If our financial situation improved significantly and
513 if my husband could get the license i think we would get a car. Also my son dreams of it and
514 also he's thinking he would start learning driving as early as possible. Actually, it would not be
515 for every day commuting perhaps. But for the freedom it would give us on weekends the ability
516 to visit friends in other towns or to go to a national park or to do a big shopping trip without
517 hassle and these are the reasons a car would become necessary for Us to help to feel more
518 connected and free.

519

520 (00:42:57,809) Interviewer:

521 okay so you'd like to have both car and and also you'd like to use public transport?

522

523 (00:43:26,829) Interviewee 16:

524 yeah yeah that's my plan.

525

526 (00:43:38,145) Interviewer:

527

528 okay uh so um for having a car do you consider cost parking getting a driving license rules
529 regulation even though you would like to have?

530

531 (00:44:14,541) Interviewee 16:

532 Yeah yes we think about all of it like all you mentioned cost parking hassles and driving license
533 and so on. Yeah the driving license is the most is the first and biggest hurdle. But even even
534 after that we know it is not simple. The cost of owning a car is the main concern actually. So
535 we see people searching for parking and and know it can be a big hassle. Especially in the city
536 center um yeah. We would we would have to think very carefully about whether the
537 convenience is worth all the extra cost and stress so yeah.

538

539 (00:44:32,690) Interviewer:

540 So, there is not that much free things, having a car is also a bit expensive and also many things
541 to consider.

542

543 (00:44:49,969) Interviewee 16:

544 No, of course, it's expensive and it's because, you know, Sweden is a country of rules. So if we
545 are not able to fulfill one rule, so it costs a lot. So yeah, it's convenient, but it's a problem also.

546

547 (00:45:13,170) Interviewer:

548 Yes, so you have already said that you would like to have also public transport in future, after
549 buying car. So what are the situation, can you give us example of public transport side-by-side
550 car?

551

552 (00:45:45,420) Interviewee 16:

553 yeah yeah I'm sure we would my husband would like he still take the bus to work is direct and
554 ever any parking issues at Vaala and if I wanted to go to the city center the bus is often easier
555 than driving and trying to find a expensive parking lot spot the car the car would be for special
556 trips. Like weed weekend outings visiting family or buying something heavy yeah it would
557 supplement public transport not replace it completely.

558

559 (00:46:39,050) Interviewer:

560 So, we are in the last part of our interview, so do you have any suggestion for Skåne Trafiken
561 as a service provider or for the Swedish government to support families who live without a car?

562

563 (00:46:59,969) Interviewee 16:

564 For Skåne Trafiken, it would be wonderful to have more frequent bus service in the evening
565 and on weekends. That will help people feel less isolated and participate more in social life.
566 And yeah also family discount on long distance train would encourage us to explore more of
567 Sweden yeah which would be a wonderful experience for families like ours.

568

569 (00:47:33,230) Interviewer:

570 Yes and by doing so families will be encouraged to have public transport instead of buying car?

571

572 (00:47:45,550) Interviewee 16:

573 yeah yeah , like uh i mean more frequent bus service and less ticket price. So it will would be
574 nice for yeah family with kids and families like ours so yeah.

575

576 (00:48:07,949) Interviewer:

577 Okay is there anything else you'd like to show that you know in this interview have many
578 missed any thing you'd like to share have? I missed any topic?

579

580 (00:48:24,454) Interviewee 16:

581 No I don't think so you have a very good structure of your interview and yeah i think you
582 covered the yeah most of the important issues of public transport and uh yeah it's on a traffic
583 and and yeah daily life yeah so i think it's it's a very good structured interview questions.

584

585 (00:48:50,840) Interviewer:

586 Okay thank you so much for participating and it will give us lots of new ideas and for the
587 policymakers will they get to know how people feel. So please feel free, if you find anything
588 else you would like to share, please contact us and you know of course thank.

589

590 (00:49:20,619) Interviewee 16:

591 You very much thanks a lot thank you too thank you bye bye..