

Machine Learning–Driven Assessment of Urban Heat Island Intensity in Athens: Integrating Remote Sensing, Landscape Metrics, and Green Infrastructure for Climate-Resilient Urban Planning.

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Master thesis, 30 credits in Master in Geographical Information Science

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Abstract

Environmental and health risks are increasing in large Mediterranean cities like Athens, where high urban density and limited vegetation intensify the Urban Heat Island (UHI) effect. This study analyzes the spatial patterns of surface urban heat in Athens, Greece, using satellite-derived Land Surface Temperature (LST) as a proxy for UHI conditions. LST datasets were derived from Landsat 8 thermal imagery and Sentinel-2 forecasts within Google Earth Engine (GEE) to achieve a high-resolution 10 m grid. Environmental variables, including vegetation (NDVI), building intensity (NDBI), and topography (DEM and slope), were analyzed alongside landscape metrics (PLAND, LPI, FRAC, ED, and LSI) to quantify the influence of both urban composition and spatial configuration.

The research implemented a dual-track predictive framework: neighborhood-level machine learning models—Random Forest (RF), Support Vector Regression (SVR), Decision Tree (DT), and XGBoost—and a pixel-level Convolutional Neural Network (CNN) for spatial prediction. Results demonstrate that building intensity (NDBI) is the dominant driver of higher surface temperatures, while vegetation (NDVI) and topography contribute to localized cooling. Among the neighborhood-level models, Random Forest demonstrated the most consistent performance, achieving a maximum coefficient of determination (R^2) of 0.5153 in August and a Root Mean Squared Error (RMSE) of approximately 1.75°C. In contrast, although the CNN model had low statistical accuracy ($R^2 < 0.20$), due to data configurations and sensor noise, it managed to capture thermal points that were invisible in tables.

Finally, the study highlights the great importance of integrating remote sensing, GIS-based landscape measurements, and machine learning for the changes that the climate crisis will bring. It thus appears that urban planning, at least in Mediterranean cities, should go a step beyond simple green space and, to more effectively address heat, should take into account spatial geometry and topographic factors. However, the study was limited by the small sample size of 53 administrative neighborhoods, thus limiting the statistical power of high-variance models such as XGBoost and CNN.

Keywords: Urban Heat Island (UHI); Land Surface Temperature (LST); Athens; Remote Sensing; Google Earth Engine (GEE); Landscape Metrics; Machine Learning; Support Vector Regression (SVR); Random Forest (RF); Convolutional Neural Network (CNN); Urban Planning; Climate Resilience.

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List of Abbreviations

ABBREVIATION DEFINITION

AOI	Area of Interest
CNN	Convolutional Neural Network
DEM	Digital Elevation Model
DT	Decision Tree
ED	Edge Density
ESA	European Space Agency
FRAC	Fractal Dimension Index
GEE	Google Earth Engine
GIS	Geographic Information System
GWR	Geographically Weighted Regression
HR	High Resolution
LPI	Largest Patch Index
LST	Land Surface Temperature
LSI	Landscape Shape Index
MAE	Mean Absolute Error
ML	Machine Learning
MSE	Mean Squared Error
NDBI	Normalized Difference Built-Up Index
NDVI	Normalized Difference Vegetation Index
PLAND	Percentage of Landscape
RF	Random Forest
RMSE	Root Mean Square Error
R²	Coefficient of Determination
SRTM	Shuttle Radar Topography Mission
SVR	Support Vector Regression
SWIR	Shortwave Infrared
TOA	Top of Atmosphere
UHI	Urban Heat Island

UTM	Universal Transverse Mercator
VIS	Visible (spectral region)

Glossary

TERM	DEFINITION
ACCURACY ASSESSMENT	The evaluation of how closely predicted or classified values match reference or observed data. In this study, model accuracy was expressed through statistical metrics such as R^2 , MAE, and MSE.
AREA OF INTEREST (AOI)	The spatial boundary used to subset and analyze geospatial data — in this case, the administrative limits of Athens and its neighborhoods.
CONVOLUTIONAL NEURAL NETWORK (CNN)	A deep learning architecture capable of detecting spatial patterns and contextual relationships within raster data. Used here to predict pixel-level LST.
DIGITAL ELEVATION MODEL (DEM)	A raster dataset representing the elevation of the Earth's surface. Used to calculate slope, aspect, and hillshade for topographic analysis.
EDGE DENSITY (ED)	A landscape metric expressing the total length of edge segments per unit area, indicating spatial fragmentation.
EMISSIVITY	The efficiency of a surface in emitting thermal radiation compared to a perfect blackbody; a key factor in LST derivation.
FRACTAL DIMENSION INDEX (FRAC)	A measure of the complexity of patch shape in landscape analysis. Higher FRAC values indicate more irregular patch geometry.
GEOGRAPHICALLY WEIGHTED REGRESSION (GWR)	A spatial statistical technique that allows model parameters to vary across space, capturing local variations in relationships.
GOOGLE EARTH ENGINE (GEE)	A cloud-based geospatial platform used for large-scale environmental data analysis and remote sensing processing.
LAND COVER	The physical material present on the Earth's surface, such as vegetation, built-up areas, water, or bare soil.
LAND SURFACE TEMPERATURE (LST)	The radiative skin temperature of the land derived from thermal infrared satellite data; used as a proxy for Urban Heat Island analysis.

LANDSCAPE METRICS	Quantitative indicators describing the composition and spatial configuration of land-cover patches within a landscape (e.g., PLAND, LPI, FRAC, ED, LSI).
LARGEST PATCH INDEX (LPI)	The percentage of total landscape area occupied by the largest patch of a given land-cover class.
MEAN ABSOLUTE ERROR (MAE)	The average magnitude of prediction errors in a regression model, measured in degrees Celsius for LST.
MEAN SQUARED ERROR (MSE)	The average of squared prediction errors, reflecting both the variance and bias of model predictions.
NORMALIZED DIFFERENCE BUILT-UP INDEX (NDBI)	A spectral index derived from SWIR and NIR bands to quantify built-up surface intensity.
NORMALIZED DIFFERENCE VEGETATION INDEX (NDVI)	A spectral index derived from NIR and red bands to measure vegetation greenness and health.
PERCENTAGE OF LANDSCAPE (PLAND)	The proportion (%) of a particular land-cover class within the total landscape area.
RANDOM FOREST (RF)	An ensemble machine-learning algorithm that builds multiple decision trees and averages their outputs to improve prediction accuracy and reduce overfitting.
SUPPORT VECTOR REGRESSION (SVR)	A regression algorithm based on support vector machines that finds a hyperplane minimizing prediction error while maximizing generalization.
URBAN HEAT ISLAND (UHI)	A climatological phenomenon where urban areas experience higher temperatures than surrounding rural areas due to human activities and surface modifications.
XGBOOST (EXTREME GRADIENT BOOSTING)	A high-performance tree-based algorithm that improves predictive accuracy through boosting and regularization techniques.

1.Introduction

1.1 Background

The land cover and thermal dynamics of cities have changed dramatically due to urbanization, resulting in an increased Urban Heat Island (UHI) effect. In Mediterranean cities (such as Athens), heat stress is worsened by dense built forms, with limited vegetation and complex topographies (Zoulia et al., 2009; Georgakis & Santamouris, 2020). The UHI phenomenon is not only a climate issue but is also, increasingly, a public health issue; heat-related mortality is on the rise across Europe (Schwaab et al., 2023).

Advanced remote sensing technologies—particularly Landsat 8 and Sentinel-2—have facilitated high-resolution mapping of Land Surface Temperature (LST), and have provide new insights into spatial patterns of urban heat. While the Urban Heat Island (UHI) phenomenon refers to differences in near-surface air temperature between urban and rural environments, satellite-derived LST is widely used as a proxy to analyze surface expressions of urban heat. At the same time, these data sources can be combined with a corresponding range of GIS-based landscape metrics and topographic analysis, enabling researchers to expose spatial relationships between heat intensity, vegetation cover, and urban form (Liu et al., 2022).

Green infrastructure, particularly green roofs and urban trees, is essential to reducing UHI through shading and evapotranspiration. Research conducted in Athens and other European cities has shown that increased vegetation significantly decreases LST (Spyrou et al., 2024; Schwaab et al., 2023; Lacroix & Stamatou, 2021). Additionally, the ability of urban trees to withstand climate stresses is important for long-term urban adaptation.

1.2 Problem Statement and Research Objectives

While there has been an increasing recognition of the Urban Heat Island (UHI) phenomenon and its negative impacts on the environment and public health, there are few predictive models that combine Land Surface Temperature (LST) data with urban characteristics at a detailed scale, especially in Mediterranean cities like Athens. Previous research has generally measured temperature distributions using spatial analysis, or examining the simple relationship between temperature and vegetation and/or built environment indices. However, urban heat dynamics are highly heterogenous and are strongly influenced at the neighborhood scale by neighborhood-specific characteristics, including vegetation cover, density of the built environment, and topography (Herold et al., 2005).

There are some research gaps that remain evident in the literature. There is a lack of neighborhood scale studies of UHI Patterns, where different urban morphologies can lead to various local thermal conditions (McGarigal et al., 2015) There is limited use of landscape analysis Tools, such as FRAGSTATS, to quantify spatial patterns as predictors within Machine Learning models for

UHI studies (McGarigal et al., 2015). Traditional Statistical Techniques often do not account for the Nonlinear Nature of Urban Heat Processes, thus, there is a need for Machine Learning Techniques to model Complex Spatial Relationships (Breiman, 2001; Chen & Guestrin, 2016; Smola & Schölkopf, 2004; Vapnik, 1995).

This study aims to address these gaps by integrating remote sensing–derived LST data, GIS-based landscape metrics, and machine learning techniques to analyze and predict spatial patterns of urban heat in Athens.

1.3 Research Questions

This study is guided by the following research questions:

- **Primary Question:**

How can machine learning models be used to analyze spatial patterns of surface urban heat in Athens using satellite-derived Land Surface Temperature (LST), and what relationships can be identified between LST and environmental factors such as vegetation cover, built-up intensity, landscape structure, and topography?

- **Secondary Questions:**

What are the spatial patterns of surface urban heat across Athens based on LST data, and how do these patterns vary among neighborhoods with different levels of vegetation and built-up density?

Which environmental variables—such as NDVI, NDBI, landscape metrics (PLAND, LPI, ED, FRAC, LSI), and topographic factors (DEM and slope)—are the most significant predictors of LST, and which machine learning models provide the highest predictive accuracy?

To answer these questions, we will create a GIS-based analytic framework that synthesizes remote sensing data, landscape metrics, and machine learning approaches. This will allow us to characterize the principal drivers of UHI intensity and provide spatially explicit, data-driven recommendations for sustainable urban development and climate adaptation strategies for Athens.

1.4 Significance of the Study

The present study contributes to the interdisciplinary area of geospatial climate analytics by incorporating remote sensing, GIS, and ML to address issues of urban heat, building on of recent studies in landscape ecology, urban sustainability, and smart city planning (Birch & Wachter, 2011). The findings are expected to support evidence-based planning for climate resilience, public health, and sustainable urban design—especially in Mediterranean cities facing increasing thermal stress (Alberti, 2005; Gill et al., 2007).

2.Literature Review

2.1 Urban Heat Island (UHI) and Land Surface Temperature (LST)

The Urban Heat Island (UHI) refers to the observed occurrence of cities having higher temperatures than surrounding rural areas due to human heat, impervious or built surfaces, and a lack of vegetation. The UHI effect is intensified in cities in the Mediterranean region such as Athens due to urban morphology (the way in which buildings are built) and insufficient green infrastructure (Zoulia et al., 2009; Georgakis & Santamouris, 2020). Land surface temperature (LST) from thermal remote sensing is a key metric for measuring surface heat and for mapping UHI (Weng, 2004).

Recent advances in satellite remote sensing, particularly through datasets such as Landsat 8 and Sentinel-2, have improved the spatial analysis of urban heat phenomena. Some of the bands of Landsat 8 (Thermal infrared) can be applied to calculate Land Surface Temperature (LST), and high-resolution optical imagery from Sentinel-2 can be used to create auxiliary indexes (e.g., NDVI, NDBI) and assist in the spatial analysis of urban areas (Zha et al., 2003). Using cloud-based platforms for processing and integrating these datasets can support mapping urban thermal patterns (Spyrou et al., 2024; Onačillová et al., 2022). Weather stations cannot provide high-resolution spatial detail, such as satellite-derived land surface temperature (LST), and so a major limitation is the reliance on "snapshots" that do not measure daily heat absorption and release (Yu et al., 2020).

2.2 Urban Greenery and UHI Mitigation

Urban vegetation areas play an important role in mitigating city heat through shading, evapotranspiration, and surface cooling processes. A lot of studies for large cities have demonstrated a significant relationship between vegetation regions and drops in land surface temperature (LST), particularly in areas with tree canopy density and green zones such as parks and green roofs (Schwaab et al., 2023, Lacroix & Stamatiou, 2021). In Greece, and particularly in Athens, recent research has shown that green solutions, including urban green zones and green roofs, can significantly reduce surface temperatures during heat waves (Spyrou et al., 2024).

However, other research suggests that spatial configuration influences urban thermal patterns, not only the quantity of vegetation referred to above. The spatial arrangement, fragmentation, and connectivity of green spaces can affect local cooling efficiency and heat distribution across the urban landscape. Landscape metrics can quantify these spatial characteristics, some of which are patch density, edge density, and landscape shape indices, and have been applied in many studies examining relationships between urban arrangement and LST patterns (McGarigal et al., 2015). These metrics can be calculated using tools such as FRAGSTATS, which aids the systematic analysis of spatial landscape structure and its influence on environmental processes (McGarigal et al., 2015). Thus, landscape metrics can provide useful information for including spatial patterns of vegetation and built-up areas into urban heat

modelling. Where studies focus on the total percentage of vegetation (PLAND), they overlook how and whether spatial configuration – that is, the fragmentation or geometric complexity of green areas – limits cooling in nearby residential blocks.

2.3 Built Environment and Topography

The physical characteristics of the built environment, usually referred to as urban form, and influence the intensity and spatial distribution of Urban Heat Islands (UHI). High amounts of impervious surfaces and dense built-up structures result in increased surface temperatures because they store and re-emit the solar radiation, while reducing evapotranspiration and airflow within the urban fabric (Oke, 1982; Santamouris, 2015; Georgakis & Santamouris, 2020). In this study, characteristics of urban areas are represented with the help of remote sensing indices and landscape metrics, including the Normalized Difference Built-up Index (NDBI) and spatial configuration metrics such as PLAND, LPI, FRAC, ED, and LSI (McGarigal et al., 2015). These indicators capture the spatial distribution and fragmentation of built-up and green areas, which are the most important in influencing surface thermal patterns.

In addition to building structures, some topographic characteristics can affect surface temperature. Elevation and slope affect local microclimates because they distribute solar radiation exposure, air circulation, and cold air drainage. In a very complex urban environment such as Athens, where terrain varies between plains and surrounding hills near the coast, Digital Elevation Model (DEM) and slope data help the spatial representation of thermal variability (Roukounakis et al., 2023; Cetin 2021). Finally, topographic variables such as slope and elevation often should not be excluded from urban thermal models in cities such as Athens, due to their role in defining ventilation corridors.

Urban greenery has the potential to cool the area and the built environment has the potential to retain heat. In an environment like Athens, it is possible that high-density “urban canyons” that restrict air flow can neutralize any temperature reduction from a green park. Therefore, understanding the Urban Heat Island (UHI) and analyzing the biophysical cooling factors and the structural heating factors becomes essential (Georgakis & Santamouris, 2020; Oke 1982).

2.4 GIS and Remote Sensing Applications

Remote sensing and Geographic Information Systems (GIS) are essential for analyzing the urban heat island characteristics because they allow the processing of spatial data as well as visualizing that data and developing models of the urban environment. Researchers can combine satellite imagery, environmental variables, and spatial analyses together on platforms like ArcGIS Pro and Google Earth Engine (GEE) to study where urban heat is located and why it occurs (Weng, 2004; Li et al., 2013; Onačillová et al., 2022).

A lot of tools and workflows have been created that support GIS-based analyses of UHI. One such tool is the ArcUHI add-in that combines machine learning with

spatial analysis to create a geospatial workflow. Other tools provide analytical applications but not universally suitable models, and the new automated UHI modelling which work with machine-learning, remains an area of research in progress (Stessens et al., 2021; Higgs et al., 2021).

GIS methods have also been used to create UHI maps and more, as well as analyze spatial distribution and access to green space in a city environment. These analyses have demonstrated examples of spatial inequalities in urban green space and have provided insight into how these inequalities affect future strategies for localized cooling in urban areas. (Stessens et al., 2021; Higgs et al., 2021).

2.5 Machine Learning in UHI Modeling

Machine learning (ML) techniques have increasingly been applied to model Urban heat islands (UHI) and land surface temperature (LST) dynamics, and other complex urban environmental phenomena. ML algorithms capture nonlinear interactions and spatial heterogeneity between environmental and urban factors, but traditional statistical approaches fail to do so. Therefore, algorithms used in the study, such as Random Forest, Support Vector Regression (SVR), and Convolutional Neural Networks (CNNs), have the ability to predict LST patterns and identify urban hot spots, and geospatial predictors derived from remote sensing and GIS were incorporated (Snaiki & Merabtime 2025).

The advantage to ML models is their ability to learn nonlinear relationships and spatial heterogeneity in ways that traditional statistical models can't. In addition, models benefit from using ensemble learning or hyperparameter tuning to increase performance and generalizability (Miniandi et al., 2025).

In Athens, data-driven approaches for urban planning and climate adaptation have benefited from the use of machine learning (ML)-based simulations to evaluate land cover and the possible influence on UHI intensity (Spyrou et al., 2024; Georgakis & Santamouris, 2020).

The literature suggests that machine learning can perform better at capturing nonlinear relationships than traditional statistics, although much of the work suffers from “small-n” problems. Convolutional Neural Networks (CNNs) are implemented on a limited number of datasets, i.e. 53 neighborhoods, and are likely to overfit or generalize poorly. This is why more robust ensemble methods, such as Random Forest, are used in this study to determine the most reliable scale for neighborhood analysis.

2.6 Research Gaps and Motivation

There are several studies related to the modeling of urban heat island (UHI) and land surface temperature (LST) but there are still several limitations, especially in Mediterranean urban environments (Santamouris, 2015; Founda & Santamouris, 2017; Roukounakis et al., 2023). Other studies are based on traditional machine learning approaches (e.g. Random Forest) and regression models, however, studies with applications of deep learning techniques are

limited especially in areas with distinct climatic and urban characteristics (Breiman, 2001; Hoang & Nguyen, 2025; Snaiki & Merabtine, 2025). In addition, NDVI and NDBI indices effectively represent vegetation, built-up area in cities and can describe land cover but are unable to effectively represent the effects of spatial configuration and geometric complexity in urban environments. Thus, there seems to be a limitation in the fuller understanding of how the complex manifestations of urbanity affect thermal dynamics (McGarigal et al., 2015).

That is, cities are often treated as two-dimensional systems and topographic variables such as altitude and slope are neglected. Athens is a city that has particular variability in its terrain and is affected by air flow, surface exposure to the sun and by extension the distribution of heat (Cetin, 2021; Roukounakis et al., 2023). Methodologically, the study applies a unified and analytical approach, that is, it develops integrated frameworks that combine remote sensing, spatial analysis of GIS and machine learning to evaluate heat in the urban environment of Athens.

Additionally, there is a gap in comparative analysis between models, Convolutional Neural Networks (CNN) as deep learning methods have been adopted, and are often applied but, usually with insufficient evaluation compared to simpler, interpretable models, because e.g. they are applied to small sample sizes with possible overfitting (Hoang & Nguyen, 2025; Breiman, 2001; Chen & Guestrin, 2016). Therefore, there is a need for studies with comparisons and different modeling strategies to achieve better application to issues of urban climate.

The present study addresses such gaps because it is based on a combination of GIS, remote sensing data, landscape measurements and topographic variables to analyze and predict spatial patterns of surface heat in Athens. Incorporating NDVI and NDBI measurements and modulation (e.g., FRAC, LSI, ED), comparisons of multiple modeling approaches were made, and the study provides a more comprehensive and spatially explicit understanding of urban heat dynamics. It includes evidence for urban planning for the upcoming climate change in Mediterranean cities (McGarigal et al., 2015; Hoang & Nguyen, 2025).

3. Methodology

3.1 Overview, Model Evaluation and Workflow Summary

Various statistical measures were used to evaluate the model performance to find the agreement between observed and predicted Land Surface Temperature (LST) values. The coefficient of determination (R^2) was used to measure the percentage of the variation in LST explained by the models, indicating the overall goodness of fit between predicted and observed values (McCarty et al., 2021). Also, by calculating the Mean Absolute Error (MAE) it is possible to quantify the average prediction error in degrees Celsius, having an interpretable measure of the model accuracy (Li et al., 2022). Finally, the Mean Square Error (MSE) was also calculated, giving as a result the magnitude of the prediction errors and to calculate the largest deviations between predicted and observed values (Hodson, 2022).

The interpretation of the influence of environmental predictors was made by analyzing the importance rankings of variables derived from models based on large green areas, and identifying the most important variables that help predict LST. Spatial validation maps were also created to visually compare observed and predicted LST patterns across neighborhoods, and along with numerical evaluation metrics, the spatial consistency of the model predictions was assessed. (Breiman, 2001; Chen & Guestrin, 2016).

The overall methodological workflow of the study can be summarized as follows: The methodological workflow began with data acquisition and preprocessing of satellite imagery and ancillary datasets. Remote-sensing indices (NDVI, NDBI) and land-cover layers were then computed, followed by the calculation of landscape metrics that described urban spatial structure. These environmental variables were integrated with LST data to build neighborhood-level machine learning models (Random Forest, SVR, XGBoost, Decision Trees) and pixel-level CNN models for high-resolution prediction. Finally, model performance was evaluated and spatial patterns of urban heat were mapped across the study area.

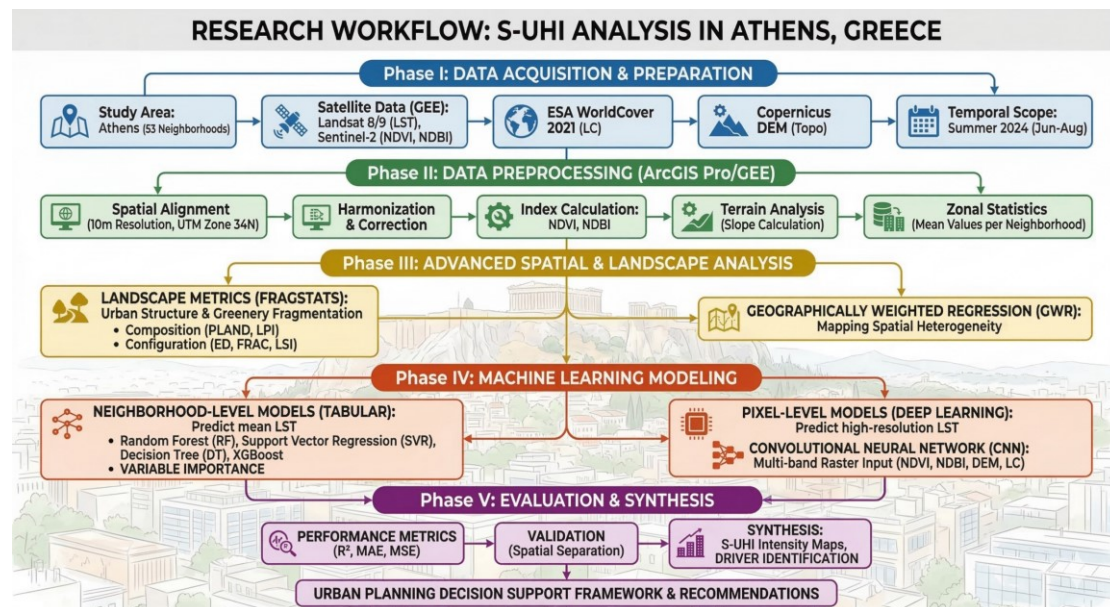


Figure 1 Workflow of thesis

3.2 Study Area

The study area includes the central region of Athens, a city with high density of population and a very heat-stressed city. Previous studies highlight Athens as a UHI hotspot due to its dense urban fabric, limited vegetation, and complex terrain (Zoulia et al., 2009; Spyrou et al., 2024).

Neighborhood boundaries (geitonies.shp) were used as spatial analysis units to capture intra-urban temperature variations, as suggested in earlier UHI research (Roukoukanis et al., 2023).

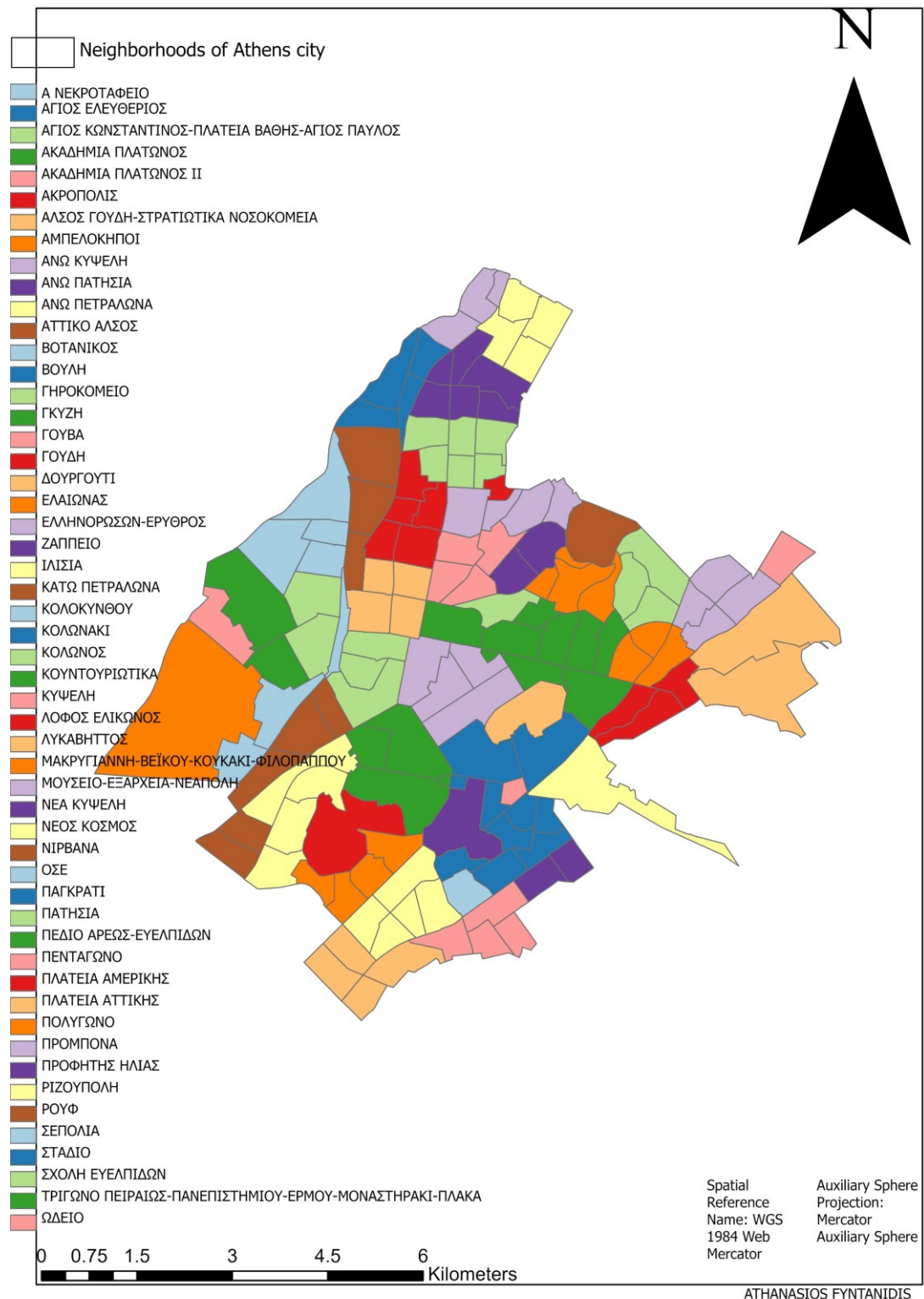


Figure 2 Study Area with the names of neighborhoods.

3.3 Data Sources

Land Surface Temperature (LST): Landsat satellite images provide land surface temperature data and provide thermal infrared observations suitable for surface

temperature retrieval. The Landsat 8 thermal zones (originally 100 m, resampled to 30 m) and the Copernicus GLO-30 DEM (i.e. 30 m) were integrated with Sentinel-2 markers at 10 m resolution. Also, to ensure accuracy in all variables, all 30 m datasets after resampling were scaled to a common 10 m spatial grid using bilinear interpolation in Google Earth Engine (GEE). The 10 m resolution was used as the final resolution scale for the needs of this study, i.e. for machine learning modeling as well as spatial mapping. As is well known, Sentinel-2 images do not contain thermal zones but were only used to calculate auxiliary indices such as NDVI and NDBI, which supported spatial upscaling and environmental analysis.

The spatial grid used was a 10 m spatial grid, allowing the integration of Sentinel-2 derived indices, land cover information and topographic variables. This spatial analysis was used both for machine learning modeling and for the production of spatial maps of surface urban temperature patterns across Athens ((NASA, n.d.).

LST data were extracted for the summer months of June, July and August 2024, which represent the period of highest heat stress in the region. These months were chosen because they provided satellite observations with no or low cloud cover and are representative of peak summer heat conditions in Athens, which are usually associated with intense urban heat island effects (Founda & Santamouris, 2017; Keramitsoglou et al., 2011).

3.4 Data Preprocessing

All datasets were harmonized to a spatial resolution of 10 m, like the Sentinel-2 images. Since the 100 m resampled Landsat 8 thermal data had a resolution of 30 m, they were finally downscaled to 10 m after using the Sentinel-2 derived predictors for the best result in the high-resolution analysis. Initial data processing was performed in ArcGIS Pro 3.2 and Google Earth Engine (GEE) to spatially match and be compatible with each other; the dataset used in the analysis.

The Sentinel-2 images used in this study were obtained from the Surface Reflectance Level-2A product, which is atmospherically corrected using the Sen2Cor processing algorithm. And for this reason, no additional atmospheric correction was performed before calculating the spectral indices. The vegetation and structured growth indices (NDVI and NDBI) were calculated from these surface reflectance bands.

All raster datasets were cropped to the Area of Interest (AOI) corresponding to the administrative boundaries of Athens. To ensure consistency, all layers were initially processed at 10 m resolution. While EPSG:4326 / WGS 1984 was used for cloud-based processing in GEE, all datasets were subsequently reprojected to ETRS89 / UTM Zone 34N. This metric projection was essential for calculating landscape metrics (e.g., Edge Density and Shape Index), as it preserves accurate area and distance measurements.

The different resolutions of the Copernicus DEM and Landsat LST products had to be harmonized and were resampled from 30 meters to 10 meters using bilinear interpolation to maintain surface continuity. Categorical data, such as ESA WorldCover 2021 (originally 10 meters), were preserved using nearest neighbor interpolation to maintain distinct class boundaries. The land cover classes were simplified to two classes (urban and vegetated) and exported as integer rasters for spatial analysis.

Terrain derivatives were generated from the DEM in Google Earth Engine, where slope values were calculated in degrees to account for topographic influences on solar exposure and local airflow patterns.

For the neighborhood-level machine learning models, the raster datasets were summarized using zonal statistics, producing tabulated datasets containing mean values of NDVI, NDBI, DEM, slope, and landscape measurements for each neighborhood unit. For the pixel-level CNN models, the raster layers representing NDVI, NDBI, DEM, and land cover were combined via zonal stacking to create composite multizonal rasters. These composites were then exported as 256×256 pixel tiles, which served as input patches for the CNN model implemented in Google Colab.

Finally, visual checks were performed against high-resolution base maps, while summary statistics were used to confirm that the elevation, slope, and spectral index values fall within the expected ranges for the study area.

3.5 Remote Sensing Indices and Landscape Metrics

Combined remote sensing data and land cover information to represent vegetation, built-up area. Two widely used spectral indices were calculated from Sentinel-2 images to characterize vegetation and built-up areas.

The Normalized Difference Vegetation Index (NDVI) was calculated as: $NDVI = (NIR - Red) / (NIR + Red)$. NDVI provides an indicator of vegetation density and health, with higher values corresponding to areas with greater vegetation cover (Cetin 2015). It is known that vegetation is an important factor in mitigating urban heat due to shading and evapotranspiration, which can reduce surface temperatures.

The Normalized Difference Vegetation Index (NDBI) was calculated as: $NDBI = (SWIR - NIR) / (SWIR + NIR)$. The NDBI highlights built-up surfaces and their impervious materials, which are commonly found in urban areas (Zha et al., 2003). Higher NDBI values generally correspond to areas with dense built-up infrastructure, which tends to retain heat and contribute to increased surface temperatures.

These indices have been used extensively in many studies with results investigating the relationships between vegetation cover, urban development, and urban heat island patterns (Zoulia et al., 2009; Georgakis & Santamouris, 2020).

In addition to spectral indices, some quantification of the spatial configuration of built and green areas was also required, for which landscape metrics were calculated. The latter describe the composition and spatial structure of land cover segments and are reportedly widely used in landscape ecology and urban environment studies (McGarigal et al., 2012). The following metrics were selected for this study:

- PLAND (Landscape Percent): Represents the percentage of the landscape occupied by a specific land cover category.
- LPI (Largest Patch Index): Indicates the dominance of the largest patch within the landscape.
- ED (Edge Density): Measures the total length of the edges of the segments per unit area, representing the fragmentation of the landscape.
- FRAC (Fractal Dimension Index): Describes the geometric complexity of the shapes of the segments.
- LSI (Landscape Shape Index): Quantifies the overall shape complexity of the segments within the landscape.

These metrics were calculated at the neighborhood scale for both built and green land cover categories, in order to study and present the spatial heterogeneity of urban form. By integrating spectral indices with landscape metrics, the analysis takes into account not only the presence of vegetation or built surfaces, but also their spatial arrangement within the urban environment, which has been shown to influence urban thermal patterns (Zoulia et al., 2009; Chen et al., 2014).

The resulting variables were then used as predictor variables in machine learning models to analyze and predict spatial land surface temperature patterns across Athens.

3.6 Machine Learning Models

The following modeling approaches were applied to analyze and predict spatial patterns of urban heat in Athens, in the Google Colab environment.

(a) Neighborhood-level models

Tabular datasets summarizing environmental variables at the neighborhood scale were used to train several machine learning models. The predictor variables included NDVI, NDBI, DEM, land-cover fractions, and landscape metrics calculated for each neighborhood unit. The following algorithms were applied:

- Decision Trees (DT): Interpretable rule-based models capable of identifying hierarchical relationships between environmental predictors and land surface temperature.
- Random Forest (RF): An ensemble learning method that improves prediction stability and allows assessment of variable importance (Breiman, 2001).

- Support Vector Regression (SVR): A kernel-based method suitable for modeling nonlinear relationships between environmental variables and temperature patterns (Smola & Schölkopf, 2004; Vapnik, 1995).
- XGBoost: A gradient boosting algorithm designed to improve predictive accuracy and handle complex interactions among predictors.

These models were trained using neighborhood-level datasets derived from zonal statistics, enabling interpretable relationships between urban environmental characteristics and LST patterns (Breiman, 2001; Chen & Guestrin, 2016; Smola & Schölkopf, 2004).

(b) Pixel-level models (Convolutional Neural Networks)

To capture fine-scale spatial patterns of urban heat, Convolutional Neural Networks (CNNs) were applied at the pixel level. CNN models were implemented in Google Colab using TensorFlow/Keras.

The model inputs consisted of multi-band raster patches including NDVI, NDBI, DEM, and land-cover layers, while the output variable corresponded to pixel-level LST values. Raster datasets were divided into 256×256 pixel tiles that served as input samples for the CNN model (Hoang & Nguyen, 2025).

To avoid data leakage, training and testing datasets were separated based on spatial partitions, ensuring that tiles originating from the same neighborhoods or overlapping spatial regions were not included in both training and testing datasets. This spatial separation helps ensure that model evaluation reflects true predictive performance rather than spatial autocorrelation effects.

The CNN architecture consisted of sequential convolutional layers with pooling operations followed by regression output layers designed to predict LST values. Model performance was evaluated using Mean Absolute Error (MAE) as the primary accuracy metric.

Regarding the outlier handling in LST data, some extreme LST values were observed in the satellite-derived datasets (e.g., values exceeding 55–60 °C or below 20 °C during summer months). Such outliers can occur due to residual atmospheric effects, sensor noise, mixed pixels, or variations in surface emissivity in thermal satellite measurements (Li et al., 2013; Yu et al., 2020). In the figures of LST it is seen that the maximum temperatures exceed 70°C because this is characteristic of the radiation temperature of impervious urban surfaces (such as asphalt or tarmac) during the summer day due to intense solar exposure, which can certainly exceed considerably the ambient air temperature recorded by local weather stations.

In order to preserve the full spectral and spatial variability of the dataset, these values were retained during model training. However, interpretation of urban thermal patterns focused primarily on the realistic temperature range for Athens during summer conditions (approximately 30–50 °C), as reported in previous studies of urban climate in the region (Founda & Santamouris, 2017).

3.7 Land Surface Temperature Data Extraction Using Google Earth Engine

The Google Earth Engine (GEE) platform, which provides cloud access to large satellite data sets and geospatial processing tools, collected the Land Surface Temperature (LST) data for the summer period of 2024. Satellite images from the Landsat mission were used to extract LST values for the study area (Founda & Santamouris, 2017).

In GEE, the boundaries of the area of interest (AOI), which correspond to the administrative boundaries of Athens, were defined and used to clip all satellite images. Representative summer dates of the months of June, July and August of 2024 were selected to extract the LST datasets, in order to identify seasonal variations in surface temperature during the summer period where high temperatures are detected.

Spectral indices, including Normalized Difference Vegetation Index (NDVI), Normalized Difference Structured Index (NDBI), and Normalized Difference Water Index (NDWI), were also calculated within GEE using standard zone ratio formulas. This represented vegetation cover, structured surface intensity, and surface moisture conditions, respectively. Scatter plots and regression analyses were generated in GEE to explore the relationships between LST and the spectral indices (Zha et al., 2003). The resulting datasets were exported for further spatial analysis and visualization in ArcGIS Pro.

3.8 Core Landscape Metrics for Urban Analysis

Landscape metrics were used to quantify the composition and spatial configuration of built-up and vegetated areas at the neighborhood scale. The study focused on a core set of widely used indicators that capture area share, fragmentation, patch dominance, and shape complexity:

Table 1 Landscape Metrics for Urban Analysis

Metric	Formula (plain text)	Description	Units	Notes
LSI (Landscape Shape Index)	$LSI = E / (2 * \sqrt{\pi * A})$	Patch shape complexity vs a circle, higher = more irregular/fragmented.	Unitless	E: total edge length, A: area. Per class/zone.
ED (Edge Density)	$ED = E / A$	Total edge length per unit area, higher = more fragmented landscape.	m/ha or m/km ²	E: edge length, A: landscape area.
LPI (Largest Patch Index)	$LPI = 100 * (A_{max} / A_{total})$	Percent of landscape occupied by the largest patch of a class.	%	0–100, by class (built-up, green).

PD (Patch Density)	$PD = (N/A) * 10,000$	Patches per 100 ha, higher = more fragmented.	patches/100 ha	N: number of patches, A: area (ha).
PLAND (Class % Area)	$PLAND = 100 * (A_{class}/A_{total})$	Percent of landscape covered by the class.	%	Use for urban vs green share.
FRAC (Fractal Dimension Index)	$FRAC = [2 * \ln(0.25 * P)] / \ln(A)$	Patch shape complexity	Unitless	Per patch, P: perimeter, A: area.

These metrics were computed separately for urban and vegetated classes for each of the 53 neighborhoods using FRAGSTATS, based on a simplified two-class land-cover map distinguishing urban from green areas. Within this framework, PLAND and LPI quantify how dominant built-up or green areas are in each neighborhood, while ED, PD, LSI and FRAC describe the degree of fragmentation and geometric complexity of the corresponding patches, thereby supporting subsequent analysis of how the spatial configuration of urban and vegetated surfaces relates to observed LST patterns.

4 Results

4.1 Spatial Context and Explanatory Variables.

Like many Mediterranean cities, Athens is an urban center with high density elements in structure and is dominated by impervious surfaces, and in contrast, green areas are found in areas around the city but also in small areas. Figure 3 shows the land cover distribution of Athens, which is the basic area for the analysis of spatial composition in this study. These surface data complement the contrasts in the topographic context of the city and these range from about 9 meters in the coastal lowlands to almost 330 meters in the surrounding hilly and mountainous areas. And it has been reported that elevation differences affect local microclimates, almost directly, due to topographic shading and the exchange of surface-atmosphere energy.

From the Sentinel-2 images, spectral indicators are derived to further define the environmental analysis of the city. The Normalized Difference Building Index (NDBI) shows the spatial intensity of high density of impervious materials, and the homogeneous urbanization in the central areas of the city is visible, the values reaching up to 0.95. On the contrary, the areas around the center appear with lower or even negative NDBI values, showing the influence of the various land uses.

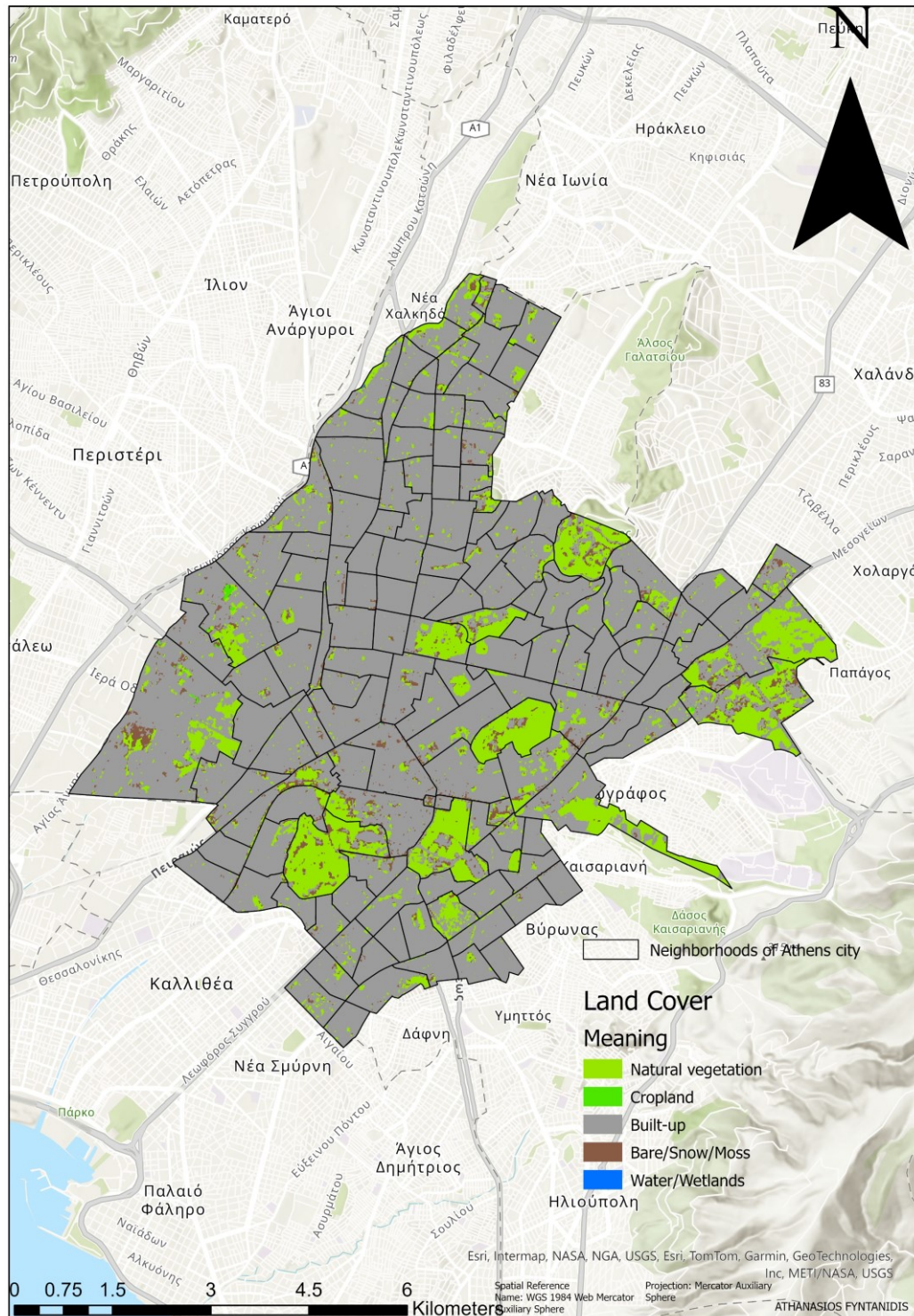


Figure 3 Land Cover map of Athens city (Source: ESA WorldCover 2021).¹

¹ The land cover classification of Athens was obtained from the ESA WorldCover 2021 product, which is derived from a fusion of Sentinel-1 and Sentinel-2 imagery at a 10 m spatial resolution, providing essential spatial information on built-up areas, vegetation, cropland, and water bodies. As shown in Figure 3, the urban core is dominated by impervious surfaces, while patches of natural vegetation and cropland are located primarily in peripheral neighborhoods. This classification provides a useful representation of the spatial composition of the urban environment and supports the interpretation of landscape metrics used in the analysis. (Zha, Gao, & Ni, 2003; Guha et al., 2018).

The spatial configuration of built-up and vegetated areas was measured using landscape metrics including PLAND (percentage of landscape), Edge Density (ED), and Largest Patch Index (LPI). These landscape metrics can identify how much land covers vary by type and how they are spatially arranged. For example, a neighborhood with a large single continuous built-up area may have a high amount of impervious surface area but will likely have a lower ED, whereas an area with a greater number of fragmented green and built areas may have higher EDs.

Examining land cover types in relation to how different types of land are arranged spatially helps to better understand how the spatial arrangement of urban surfaces and vegetation affects the urban thermal environment. Past studies have demonstrated that the amount of urban greenery and how urban greenery is spatially arranged affect surface temperature patterns in Mediterranean cities, particularly in cities such as Athens. (Founda & Santamouris, 2017).

4.2 Landscape Metrics

The composition and spatial configuration of the urban field of Athens is quantified by landscape measurements, so at the neighborhood level there is the structural basis for the study of this thermal variation. As summarized in Table 1, landscape measurements describe the complexity, fragmentation and dominance of land cover areas.

A gradient is seen, going from the compact urban core to the fragmented outskirts, in the spatial configuration. Centrally, the shapes are characterized by geometrically uniform urban building blocks with low Shape Indices ($LSI < 2.0$) and low Fractal Dimension Indices ($FRAC < 1.1$), demonstrating the true image of the center, i.e. with high density development in the structural element. For this reason, the percentage of built-up area (PLAND) often exceeds 85%, leaving little space for open or green areas.

In contrast, around the center, surfaces with a high fragmentation value are presented, but also Edge Density (ED) values in the outskirts can exceed 400 m/ha, indicating scattered structures interspersed with open spaces (Figure 4). Which is further confirmed by the higher FRAC values (> 1.2), which indicates the irregular spread on the urban fringes. In addition, the urban cores do not have large contiguous green areas ($LPI < 40\%$), the peripheral zones e.g. near the Hymettus forests maintain green cores that help to cool the areas. Complete maps for all landscape measurements are provided in Appendix F.

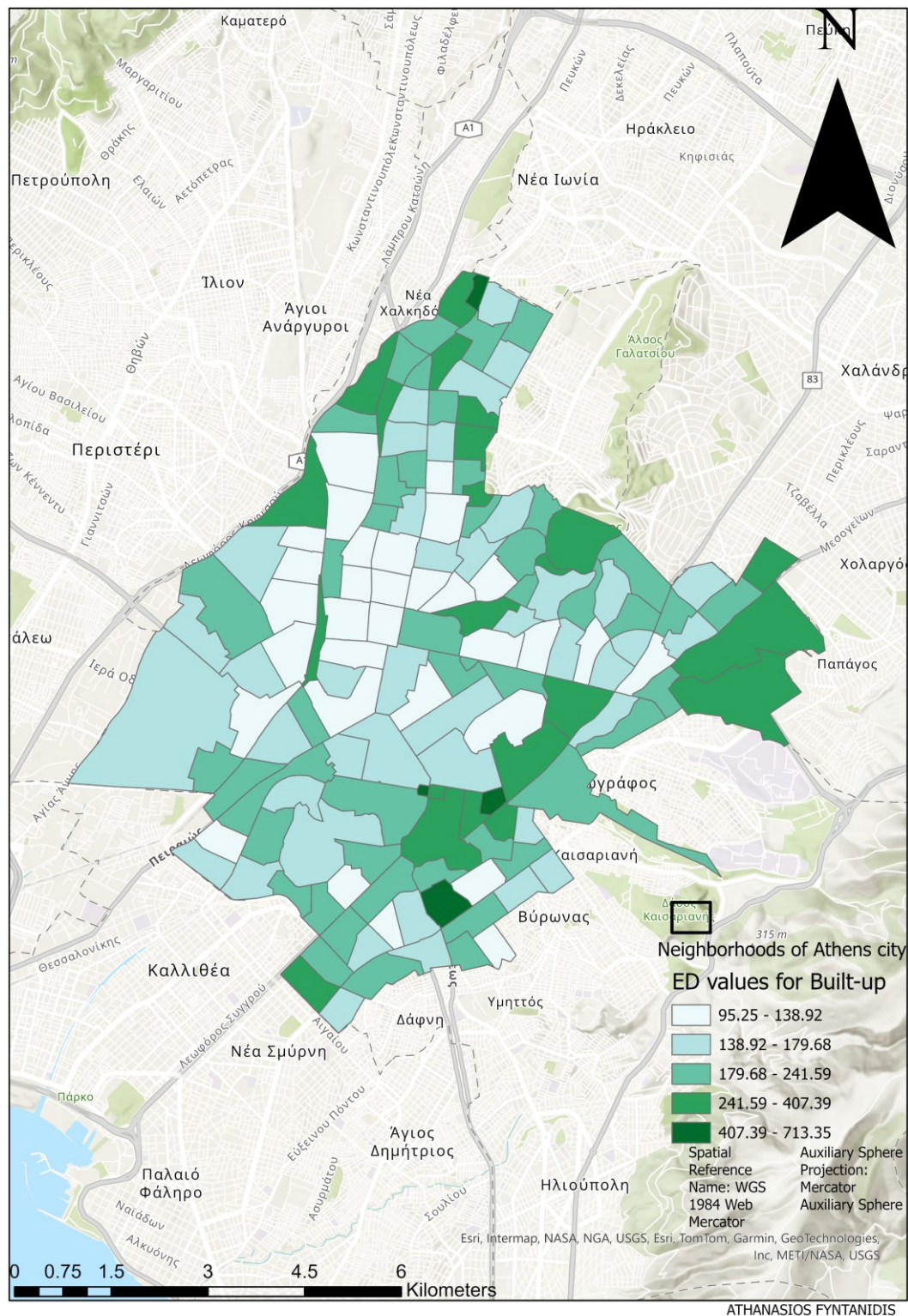


Figure 4 ED map for Built-up in Athens city.²

² The Edge Density (ED) in built-up areas of Athens varies and ranging from about 95.2 to 713.3 meters per hectare. This variation indicates a *diverse urban structure* across the city. Central districts typically have low ED values, approximately 140 m/ha, due to dense urban blocks that limit the perimeter exposure for each area. Others neighborhoods usually show intermediate ED values between 140 and 240 m/ha, which suggests a *mix of land uses and moderate fragmentation*. Higher ED values, exceeding 400 m/ha, are found mainly in the outskirts of the city, especially in newly developed or semi-urban areas where built structures are more scattered among open or green

4.3 Spatial Patterns of LST

The summer of 2024 was a very hot summer in Athens and heat accumulation intensified throughout the city, with the highest temperatures occurring in July. Although the patterns for June and August are presented in Appendix F, July is the month that appears to have the highest Urban Heat Island (UHI) intensity. On 13 July 2024, the satellite-derived Land Surface Temperature (LST) reached a maximum of 86.23°C on impervious surfaces (Figure 5). It should be noted that these extreme values are characteristic of the skin radiation temperature of low albedo urban materials - such as asphalt and concrete - and this is because these materials absorb and retain intense solar radiation during heatwave conditions. The maps show the extent of hot spots almost throughout the central and western study area, where the high density of buildings and the limited green area contributed to the phenomenon of thermal retention.

The highest temperatures occur in a compact built-up area and large roads and, in contrast, the lowest temperatures occur in green surfaces and elevated ground, demonstrating how important the role of vegetation and topography is in regulating the microclimate. Spatially, this distribution shows where heat is stored and that it is a typical phenomenon for cities like Athens during a very hot summer.

spaces. This distribution represents a change from dense urban centers to more fragmented suburban regions, showing how urban growth and discontinuous development create distinct edge interfaces—a trend often seen in Mediterranean cities. (Bajocco et al., 2012).

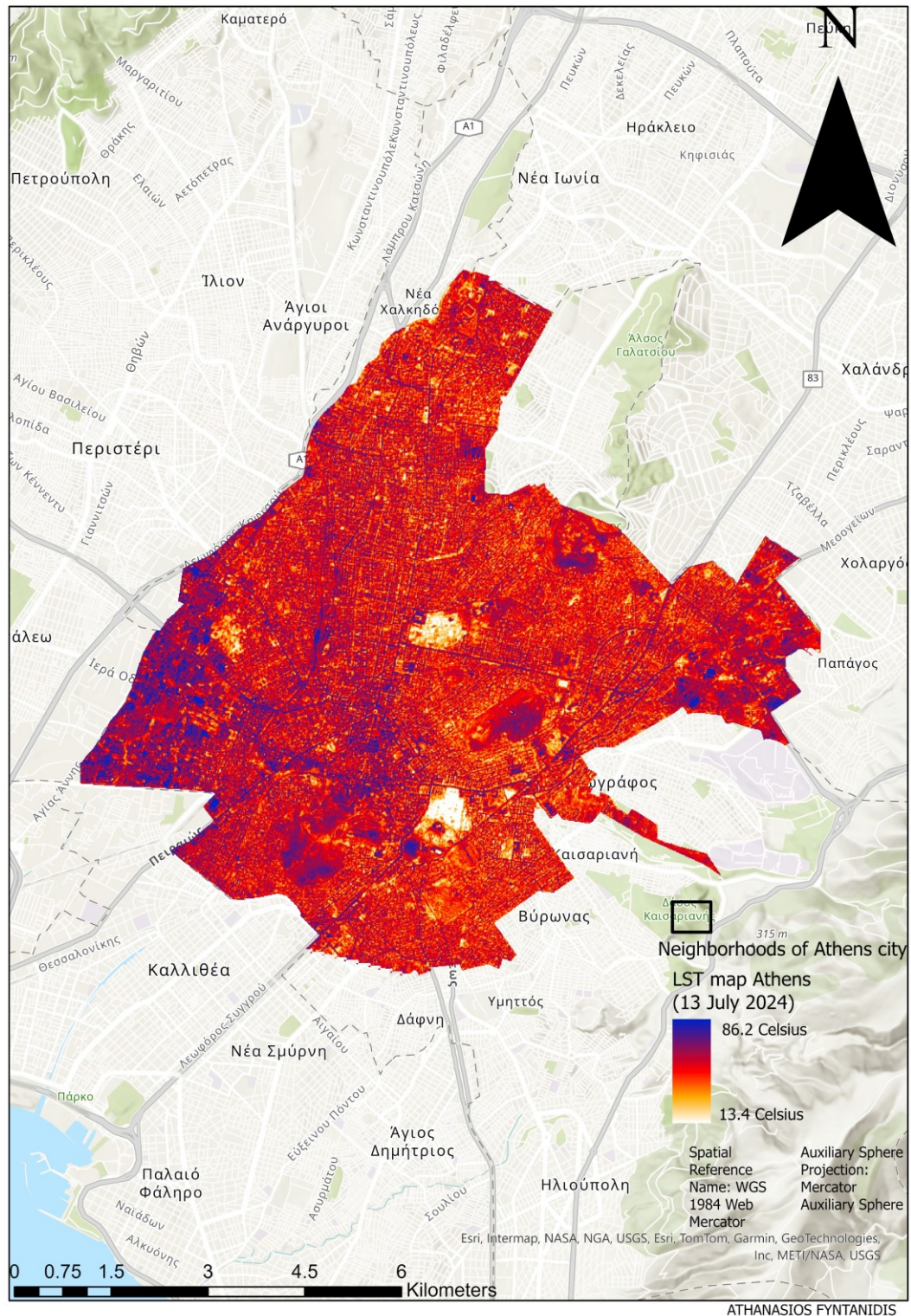


Figure 5 LST map in Athens's city (13 July 2024)³

³ The LST map for 13 July 2024 shows an increase of surface heating, with temperatures reaching up to 86.23 °C, indicating peak midsummer conditions. The values of temperature are high but are aligned with the known behavior of impervious surfaces due to low reflectivity in urban areas during heat waves and it appears that surface-air temperature gradients can be wide. It is clear that hotspots become more extensive across the central and southern Athens districts, with high-density building coverage and slight vegetation contribute to extreme heat preservation. Some of the warmest clusters appear around industrial areas, major road corridors, and compact residential grids.

4.4 Relationships between LST and Predictors

The relationship between Land Surface Temperature (LST) and urban environmental factors was analyzed both through global correlations in Google Earth Engine (GEE) and local spatial regressions using Geographically Weighted Regression (GWR). The GEE analysis revealed that spectral indices adequately explain the phenomenon as it intensified as the summer progressed. A weak relationship between LST and the examined indices is shown during the month of June. However, from July onwards, the relationship with the Normalized Difference Built Area Index (NDBI) became stronger ($R^2 = 0.14$), indicating that built surfaces are the main contributor to surface heat when summer temperatures rise.

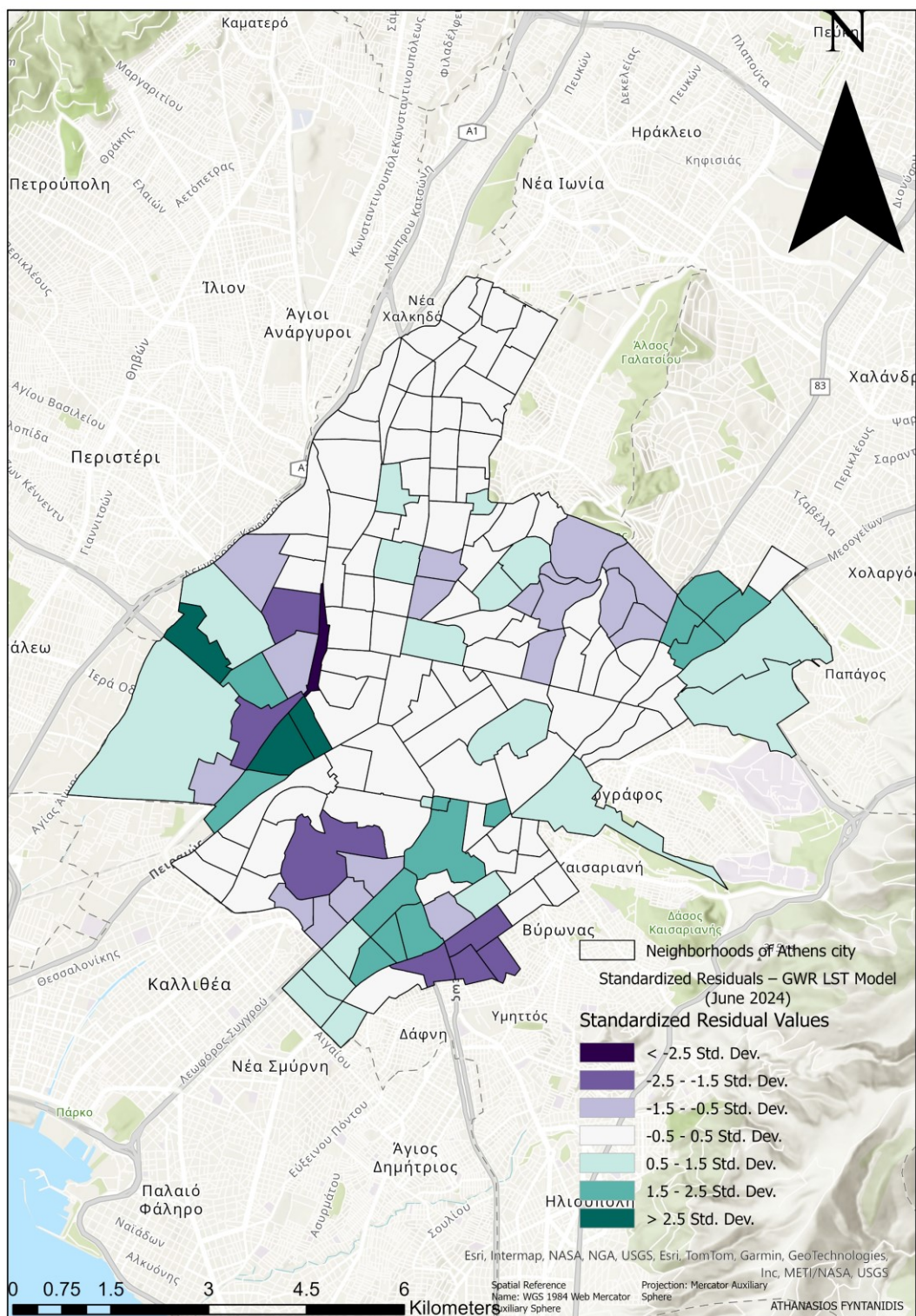
In contrast, the Normalized Difference Water Index (NDWI) showed a weak, negative correlation throughout the summer, marginally indicating that it may have a cooling effect due to surface moisture. The spatial heterogeneity of the above relationships in the study area is also seen with the GWR modeling. Thus, it appears that the NDBI coefficients have a strong positive connection with LST in almost all neighborhoods, proving once again that the high intensity of the built-up area is the most serious local factor of heat accumulation. The local spatial structure also played a critical role. Additionally, the positive coefficients for the Landscape Shape Index (LSI) and Edge Density (ED) in the city center indicate the irregular and fragmented built forms as other factors that intensify local heating (Figure 6).

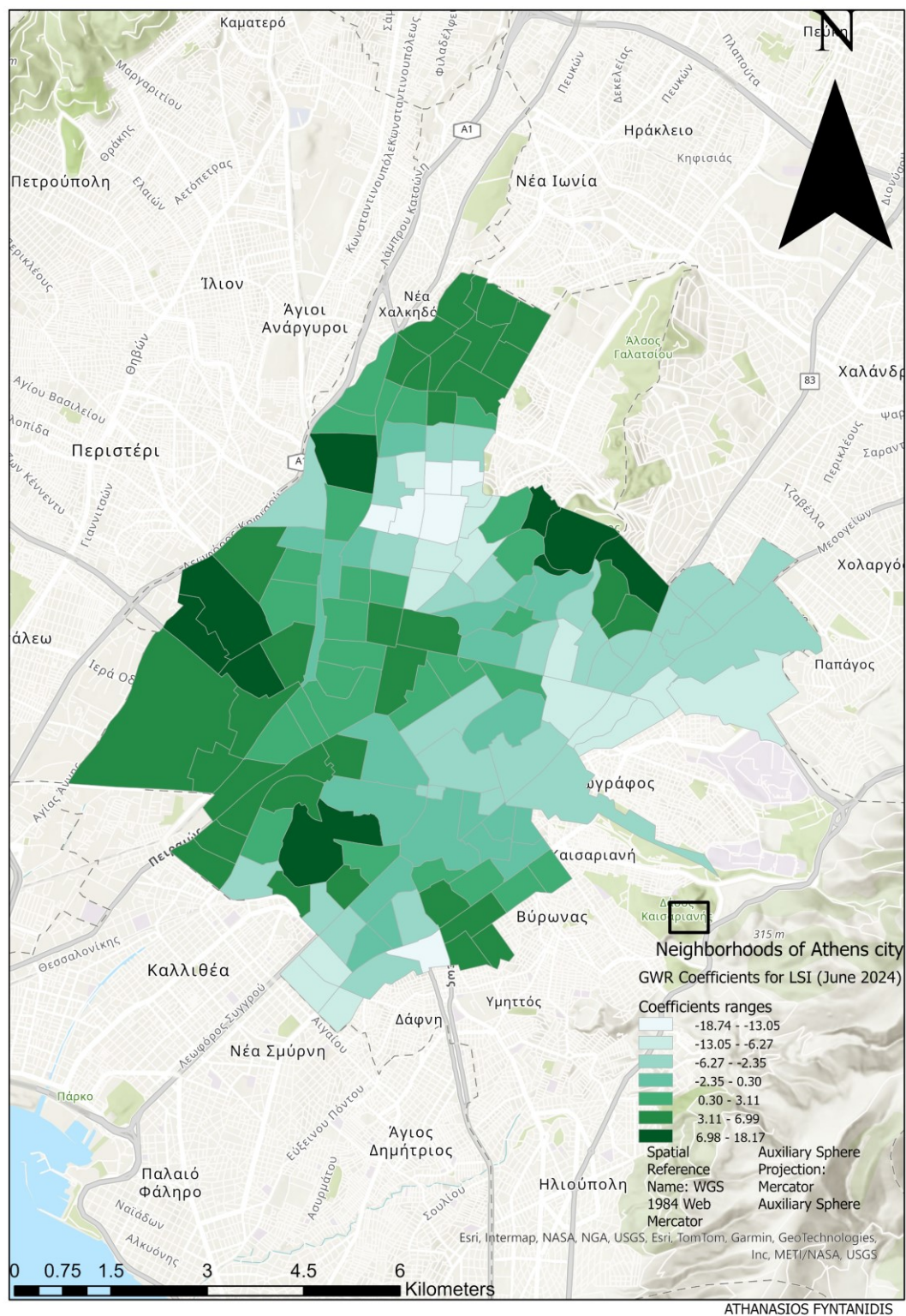
Finally, in contrast to the built environment factors that led to warming, topographic and vegetation variables had the opposite effect and provided local cooling. Negative GWR coefficients are present for elevation (DEM) and NDVI, mainly in the western and southern areas near the foothills of Hymettus, and thus a temperature drop is caused by elevation and improved airflow resulting in a reduction of the Urban Heat Island (UHI) effect. Detailed GWR coefficient maps for these secondary topographic and vegetation factors are provided in Appendix F. The overall coefficient of determination (R^2) and the Akaike Information Criterion (AIC), which were used to measure the explanatory power of the model and the quality by balancing goodness of fit and model complexity, respectively, show how spatially varying relationships improve model performance compared to global regression approaches.

This pattern was further examined using Geographically Weighted Regression (GWR). The GWR model was applied at the neighborhood level, with mean LST as the dependent variable and neighborhood-level environmental predictors, including NDBI, NDVI, DEM, slope, ED, and LSI, as explanatory variables. The resulting local coefficient maps were used to evaluate how the strength and

Cooler temperatures persist only in parks, peri-urban green zones, and elevated terrain, demonstrating the critical role of vegetation and topography in moderating heat. The expanded extent of high-temperature zones compared to June reflects cumulative heat storage typical of Mediterranean summers.

direction of these relationships varied across Athens. Where positive local coefficients were observed for ED and LSI, particularly in central urban areas, the results suggest that more fragmented and irregular built-up structures were associated with higher LST. This indicates that the relationship between urban form and surface heat is spatially heterogeneous rather than uniform across the study area.





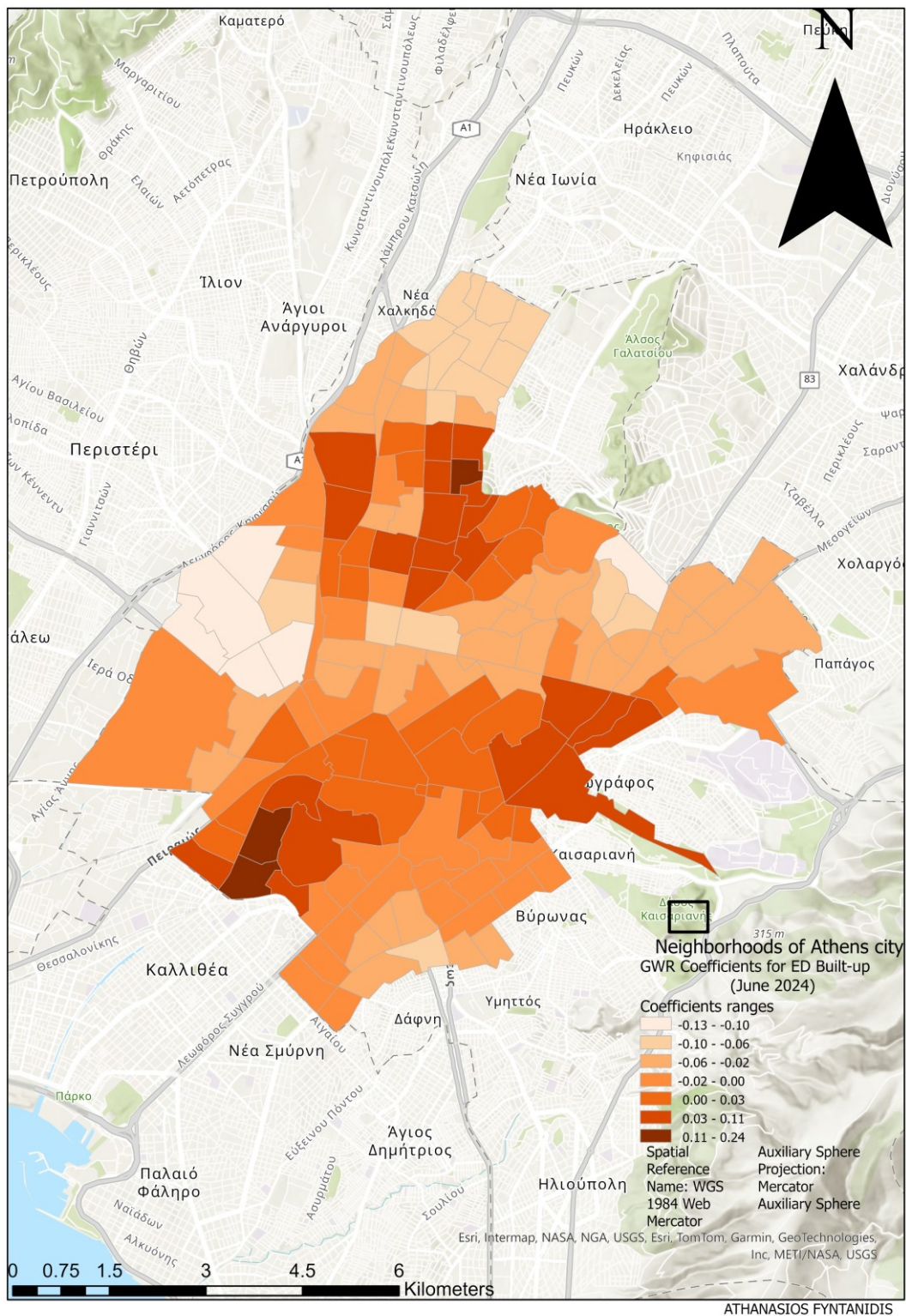


Figure 8 GWR map (ED model)

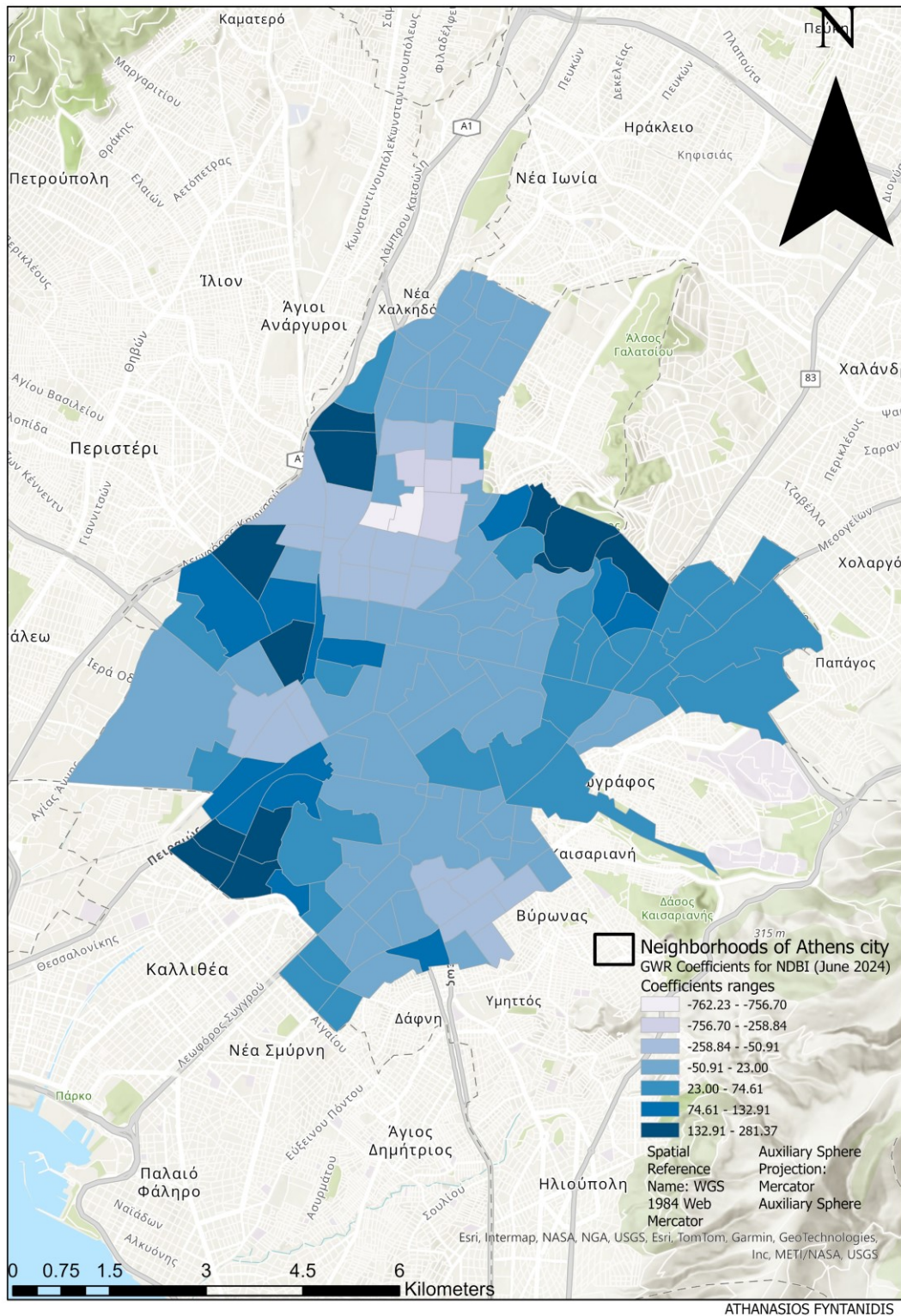


Figure 9 GWR map (NDBI model)

4.5 Machine Learning Results

In this study, the predictive performance of machine learning models was evaluated at two spatial scales, at the neighborhood level (administrative units) and at the pixel level (10 m resolution). The results show that tree-based ensemble methods prove to be the most reliable for predicting LST at the

neighborhood scale. The predictive performance of the machine learning models was evaluated using independent test datasets (30% separation) with temperature values scaled to degrees Celsius to ensure natural interpretability. Throughout the study period (summer 2024), the models varied in their ability to capture the nonlinear relationships between environmental predictors and land surface temperature (LST), but demonstrated consistent but varied predictive abilities.

4.5.1 Neighborhood-Level Model Comparison

At the neighborhood level, Random Forest (RF) consistently had the highest predictive accuracy in the summer months of the study, with a maximum R^2 value of 0.5153 in August. It also showed the best balance between good fit and low prediction error (RMSE of approximately 1.75°C). In contrast, Decision Trees (DT), although they identified hierarchical relationships and critical thresholds for NDBI and NDVI, were not as consistent as RF. On the contrary, Support Vector Regression (SVR), which is a kernel-based model, and XGBoost, which is a gradient boosting model, showed less consistency. Due to the small sample size ($n=53$ neighborhoods), the above models showed significant sensitivity, resulting in lower R^2 values and therefore somewhat higher error rates as the summer months passed. It was confirmed that building density (NDBI) was the dominant factor for predicting LST, from the analysis of variable importance (RF models), followed by elevation (DEM) and vegetation (NDVI).

Table 2 Model performance for June (neighborhood level; test set). Models are evaluated using coefficient of determination (R^2), root mean squared error (RMSE, $^{\circ}\text{C}$), and mean absolute error (MAE, $^{\circ}\text{C}$).

Model	R^2	RMSE ($^{\circ}\text{C}$)	MAE
Random Forest	0.4849	1.7441	1.3259
SVR	0.3724	1.9252	1.4107
Decision Tree	0.2911	2.0462	1.5472
XGBoost	0.2747	2.0697	1.6635

Table 3 Model performance for July (neighborhood level; test set). Models are evaluated using coefficient of determination (R^2), root mean squared error (RMSE, $^{\circ}\text{C}$), and mean absolute error (MAE, $^{\circ}\text{C}$).

Model	R^2	RMSE ($^{\circ}\text{C}$)	MAE
Random Forest	0.4892	1.7459	1.4145
SVR	0.2181	2.1601	1.3970
Decision Tree	0.5029	1.7224	1.4469
XGBoost	0.1935	1.9882	1.5040

Table 4 Model performance for August (neighborhood level; test set). Models are evaluated using coefficient of determination (R^2), root mean squared error (RMSE, °C), and mean absolute error (MAE, °C).

Model	R^2	RMSE (°C)	MAE
Random Forest	0.5153	1.7472	1.4623
SVR	0.1240	2.3488	1.6965
Decision Tree	0.4003	1.9434	1.5427
XGBoost	0.1576	2.3033	1.7498

4.5.1.1. Decision Tree Interpretation

The Decision Tree model interprets the representation of the relationships between environmental variables and LST. For the months of the study, building intensity combined with minimal vegetation cover is associated with increased average surface temperature values in each neighborhood, while neighborhoods with higher vegetation density and/or higher altitude show lower LST. The Decision Tree model highlights key threshold relationships such as critical NDBI and NDVI values and provides useful information on the structure of thermal factors that are less transparent in ensemble models, but presents lower predictive performance than Random Forest.

4.5.1.2. XGBoost Performance

The XGBoost model captures nonlinear interactions between predictors and LST, but has less consistent performance than Random Forest and Decision Tree. The R^2 values are lower and the RMSE and MAE values are higher, because the number of study neighborhoods is relatively small for a fully optimized slope boosting approach. Even with these limitations, XGBoost is able to confirm the main patterns observed in other models, in particular the dominant role of building intensity (NDBI) and the effect of vegetation (NDVI). Given the modest sample size of the study and the sensitivity of the boosting algorithms to parameter tuning, the XGBoost results should perhaps be considered exploratory rather than definitive, and mainly as a check on the findings from the Random Forest and Decision Tree analyses.

4.5.2 Pixel-Level Spatial Prediction (CNN)

By applying the Convolutional Neural Network (CNN) we have captured fine-scale spatial dependencies that the tabular neighborhood models could not resolve. Realistic spatial maps were successfully produced (represented on Appendix), showing where the warmest urban cores are, distinguishing them from the cooler areas, where vegetation was reported. However, the R^2 values (between 0.11 and 0.19) indicate that its statistical predictive performance remained low. As will be discussed in the next chapter, although deep learning

is a powerful tool for identifying hot spots, the current data configuration and sensor noise at the 10 m pixel level limited its predictive accuracy.

Table 4 CNN performance for June, July and August (pixel level; test tiles). Metrics include mean absolute error (MAE, °C), mean squared error (MSE, °C²), and coefficient of determination (R^2) between observed and predicted LST.

Metric	Value (JUNE)	Value (JULY)	Value (AUGUST)
MAE	3.4846	4.4307	3.8803
MSE	4.5074	5.6039	4.9144
r^2	0.1116	0.1935	0.1585

The use of a 70–30 test split and appropriate preprocessing help to limit overfitting and yielded metrics that better approximate the model's behavior in unseen data. At the same time, the spatial nature of the data and the close neighborhoods are similar, random splits can produce R^2 , RMSE, and MAE values that are optimistic. The reported metrics should therefore be interpreted as optimistic upper bounds on predictive performance, and model differences—especially when small—should be treated with caution.

5. Discussion and Recommendations

5.1 Interpretation of Thermal Factors and Seasonal Dynamics

It was shown that for all models, the most important explanatory factor for modeling Land Surface Temperature (LST) is the Normalized Difference Building Index (NDBI), a result consistent with the findings of Zoulia et al. (2009) and Georgakis and Santamouris (2020). The latter have also found that the maximization of heat storage and the limitation of airflow are common phenomena in cities such as Athens and other Mediterranean densely populated cities. However, from this study, a seasonal shift in environmental predictors is seen, challenging the simplest models. The NDVI index is a recognizable cooling factor, but its correlation with LST “disappeared” during the extreme heat of July (with an R^2 value of approximately 0). It is thus suggested that during periods of extreme heat, Mediterranean urban greenery needs water so much that evapotranspiration reaches its limits and does not yield the maximum degree of cooling that is possible. It is said, however, that the NDWI index has the potential to be the most important factor in August ($R^2 = 0.172$), and thus at the end of summer, surface humidity affects the thermal gradients of August.

The Random Forest variable-importance results suggest that built-up intensity, represented by NDBI, was one of the most influential predictors of neighborhood-level LST across the summer months. This is consistent with the interpretation that impervious urban surfaces are strongly associated with surface heat in Athens. However, the thermal response is not explained by built-up intensity alone. Vegetation, represented by NDVI, appears to contribute to local cooling, while topographic variables such as elevation and slope may influence LST through differences in exposure, airflow, and terrain position. Landscape metrics such as LSI and FRAC provide additional information about the spatial configuration and complexity of urban form, although their influence appears secondary compared with the main spectral and topographic predictors. Therefore, surface heat patterns in Athens should be interpreted as the result of interacting built-up, vegetation, landscape-configuration, and topographic factors.

5.2 Comparative Analysis of Models Strategies

The use of machine-learning and spatial regression approaches provided complementary insights, as Geographically Weighted Regression (GWR) quantified local parameter variation, while the machine-learning models achieved higher predictive power and captured nonlinear relationships between predictors and LST.

Random Forest (RF) proved to be the most reliable predictive model for neighborhood-level datasets, with its ensemble-tree logic successfully balancing generalization with robustness and explaining approximately 48–52% of LST variation, while also providing interpretable variable-importance rankings. Support Vector Regression (SVR) demonstrated stable results in June ($R^2 = 0.3724$) but showed sensitivity to data complexity as the summer

progressed, with accuracy decreasing in peak-heat months. XGBoost and Decision Trees, although capable of capturing threshold relationships, exhibited greater variability, indicating that gradient boosting is highly sensitive to the small sample size ($n = 53$) inherent to neighborhood-level administrative data.

Finally, the Convolutional Neural Network (CNN) extended the analysis to the pixel level; although its R^2 was lower on the independent test set (range 0.11–0.19), it remains a critical tool for revealing fine-scale spatial continuity and identifying sub-neighborhood hotspots that tabular models cannot resolve (set of CNN maps is provided in Appendix)

The predictive performance of the machine learning models in this study is lower than previous ones, and this difference is due to the spatial scale of analysis and the structure of the data set. The models were developed at the neighborhood level ($n = 53$), and environmental variables and LST values were aggregated using zonal statistics. This reduced spatial variability and smoothed out local extremes, so the models did not capture fine-scale thermal patterns.

Furthermore, each neighborhood in Athens is a heterogeneous spatial unit and contains a mixture of built-up areas, vegetation and open spaces. Providing another explanation for the reduced model performance, because a single aggregate value usually does not fully represent complex local conditions.

Therefore, the performance in this study is considered moderate and can be interpreted in the context of the chosen spatial scale and data structure. Finally, beyond the limitations discussed, the spatial approach of the study provides valuable information for urban planning and decision-making processes.

5.3 Synthesis of Quantitative Results

Regarding the analysis of remote sensing data and the use of machine learning models for Athens in the summer of 2024, the intensity of the Urban Heat Island in the city is confirmed, determined by densely built-up areas and spatial configuration. The Normalized Difference Building Index (NDBI) appeared as the most important explanatory factor for modeling Land Surface Temperature (LST) in all models and months. On the other hand, vegetation (NDVI) and topography (DEM), were considered as cooling factors, since they exhibited negative correlation with LST in the city. At the neighborhood level, Random Forest (RF) was reliable, with predictive performance (R^2 approx. 0.51), and at the pixel level, Convolutional Neural Network (CNN) managed to map points with higher temperature within blocks but had low statistical accuracy ($R^2 < 0.20$).

5.4 Technical Discussion of Spatial Patterns

Spatially studying the thermal concentration points of the urban core with high building density (mainly west and center), LST values are observed on impervious surfaces reaching a maximum of 86.23°C on July 13 (explaining the high value above figure 5)). Similar patterns were observed throughout the summer. This was validated through Geographically Weighted Regression (GWR), and the importance of spatial heterogeneity was confirmed, namely the

influence of factors such as Edge Density (ED) and Landscape Shape Index (LSI), since they show how fragmented the built forms are.

5.5 Implications for Urban Planning and Policy

Future-oriented urban design in Mediterranean cities can directly build on these findings by translating thermal patterns into targeted planning actions. CNN outputs can guide greening strategies and vegetation corridors, helping planners pinpoint specific urban blocks for tree canopy expansion or green roof installation, especially in congested central neighborhoods with high NDBI and low LPI of greenery. At the same time, landscape metrics support configuration for enhanced cooling: The Fractal Dimension Index (FRAC) translates into a practical recommendation to promote more organic and irregular outlines, meaning higher FRAC values, when designing new green infrastructure instead of adopting simple, rectangular shapes, since increased shape complexity improves air exchange and the cooling efficiency of green spaces.

Moreover, topography-sensitive planning is essential: higher and sloping areas exhibit naturally lower LST, so urban expansion in these zones needs to maintain vegetative buffers to preserve natural air corridors and the altitude-induced cooling documented in the GWR results. Complementary measures include using reflective and permeable materials instead of darker pavements to reduce surface heat, and integrating remote-sensing-derived LST into municipal GIS so cities can continuously monitor urban temperature and implement targeted mitigation policies; overall, the study demonstrates that spatial modelling based on data can support the development of climate-resilient Mediterranean cities.

5.6 Limitations of the Study

A number of methodological and data limitations need to be mentioned: 53 neighborhoods were used for analysis, a relatively small sample that reduces the statistical power of ensemble models (represents a small sample size for complex machine-learning algorithms like XGBoost and CNN, which reduced their overall predictive power (R^2) at the neighborhood scale). LST was estimated from satellite imagery and may deviate from near-surface air temperature. Only summer months (June–August 2024) were examined, seasonality was not complete (it may deviate from the near-surface air temperatures experienced by citizens at ground level). Training of CNN was constrained by computational resources and limited labeled pixels. Anthropogenic heat releases and socio-economic factors were excluded. These limitations do not decrease the validity of analysis but indicate methods for improvements.

5.7 Recommendations for Future Research

Future research could build on this study by expanding the temporal, methodological, and socio-environmental scope of the analysis. A first priority is to extend the modelling framework to multi-year and multi-season datasets in order to capture both annual and interannual variability of the Urban Heat

Island (UHI) and avoid relying on one exceptionally hot summer for inference. A second direction is to combine satellite-derived Land Surface Temperature (LST) with in situ air temperature measurements, enabling better calibration of the models and narrowing the gap between radiative “skin” temperature and conditions experienced by residents. In addition, future work should incorporate social, economic, and demographic indicators to examine environmental justice dimensions of heat exposure, such as whether vulnerable groups are disproportionately concentrated in hotter neighborhoods. Finally, the methodological framework that integrates remote sensing, landscape metrics, topography, and machine learning in this study could be applied to other Mediterranean cities to test its transferability under different urban morphologies and climatic conditions, helping to develop a more general regional understanding of UHI dynamics.

6. References

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7. Appendices

Appendix A. Google Earth Engine Scripts

NDVI scripts:

NDVI scripts

https://drive.google.com/drive/folders/1zYkB5BW_Z7VTyKYedyZKXZrRoQPCzv2?usp=sharing



NDBI scripts:

NDBI scripts

https://drive.google.com/drive/folders/1zYkB5BW_Z7VTyKYedyZKXZrRoQPCzv2?usp=sharing



DEM script:

DEM script

https://drive.google.com/drive/folders/1zYkB5BW_Z7VTyKYedyZKXZrRoQPCzv2?usp=sharing



Appendix B. Machine-Learning Code

Machine Learning Codes

https://drive.google.com/drive/folders/1zYkB5BW_Z7VTyKYedyZKXZrRoQPCzvJ2?usp=sharing



Appendix C. Colab results

Comprehensive Colab results

https://drive.google.com/drive/folders/1zYkB5BW_Z7VTyKYedyZKXZrRoQPCzvJ2?usp=sharing



Appendix D. Neighborhood-Level Metrics and Input Variables

Comprehensive table of landscape metrics (PLAND, LPI, FRAC, ED, LSI) per neighborhood used as input for machine-learning models.

https://drive.google.com/drive/folders/1zYkB5BW_Z7VTyKYedyZKXZrRoQPCzvJ2?usp=sharing



Appendix E Correlation Analysis Between LST and Spectral Indices from Google Earth Engine

Comprehensive Correlation Analysis Between LST and Spectral Indices from Google Earth Engine.

https://drive.google.com/drive/folders/1zYkB5BW_Z7VTyKYedyZKXZrRoQPCzvj2?usp=sharing

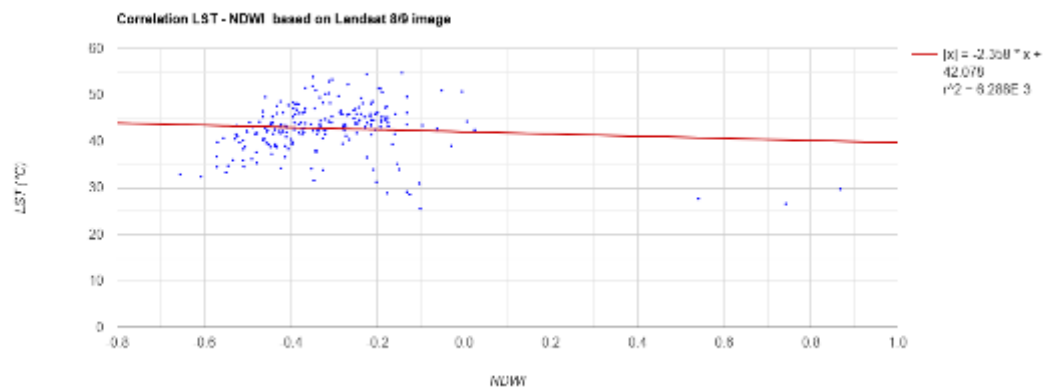


Figure 10 Correlation LST-NDWI (June 2024)

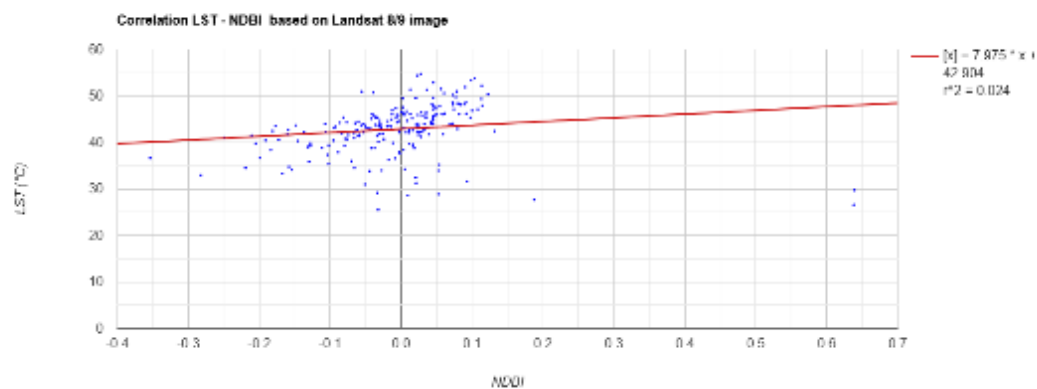


Figure 11 Correlation LST NDBI (June 2024)

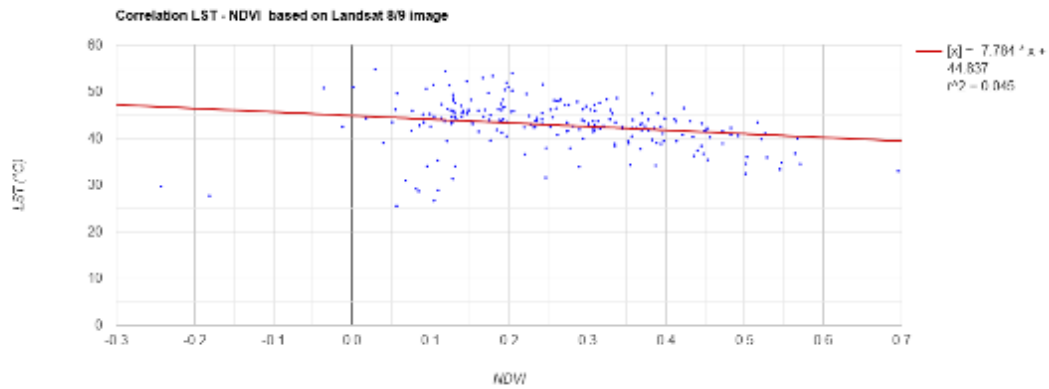


Figure 12 Correlation LST NDVI (June 2024)

June Results

The June results display that the relationship between LST and the examined indices is generally weak, with NDWI, NDBI, and NDVI each providing only limited explanatory power. The relationship of NDWI with LST was weakly negative ($R^2=0.0063$), showing that water and moisture presence applied only a marginal cooling effect on surface temperatures, as most pixels had not water feature. NDBI index showed a weak positive correlation ($R^2=0.024$), confirming that built-up density contributed to higher LST values, though the effect was minor. In comparison, NDVI presented the highest correlation of the three metrics, and its negative slope showed that vegetated areas had a greater effect on reducing surface temperatures. Overall, the results in June demonstrate that urban vegetated areas are the single greatest influence in reducing heat, however, the low r-squared values also suggest the thermal dynamics are complex and depend on multiple, interacting variables.

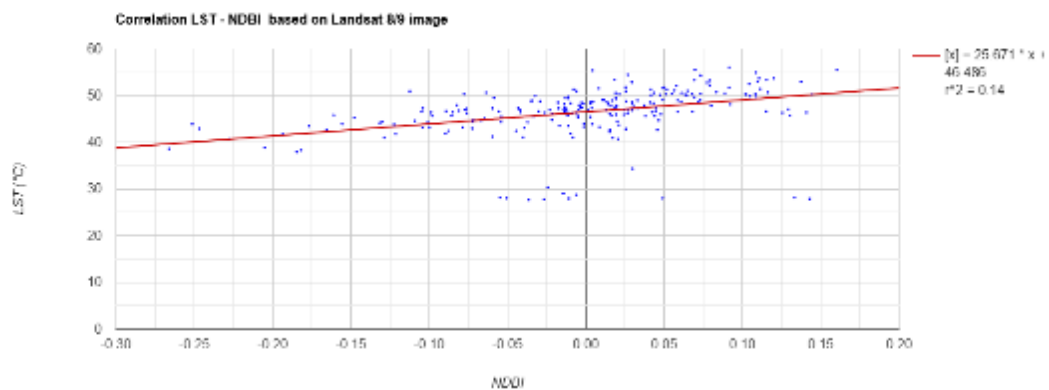


Figure 13 Correlation LST-NDBI (July 2024)

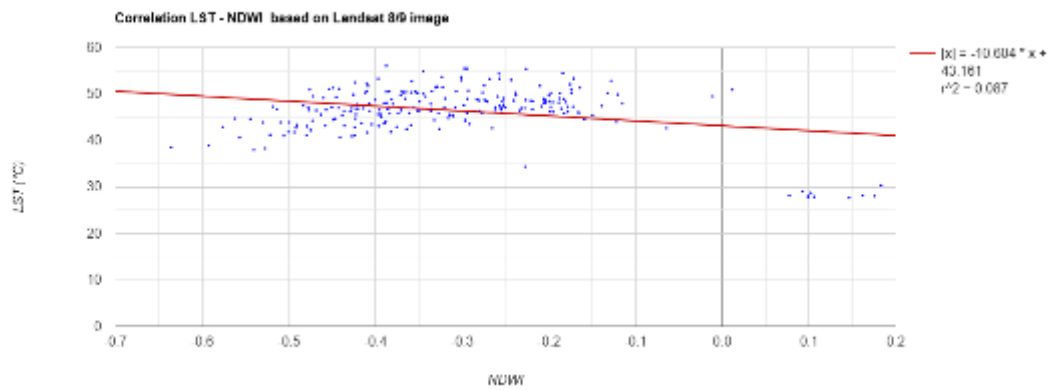


Figure 14 Correlation LST-NDWI (July 2024)

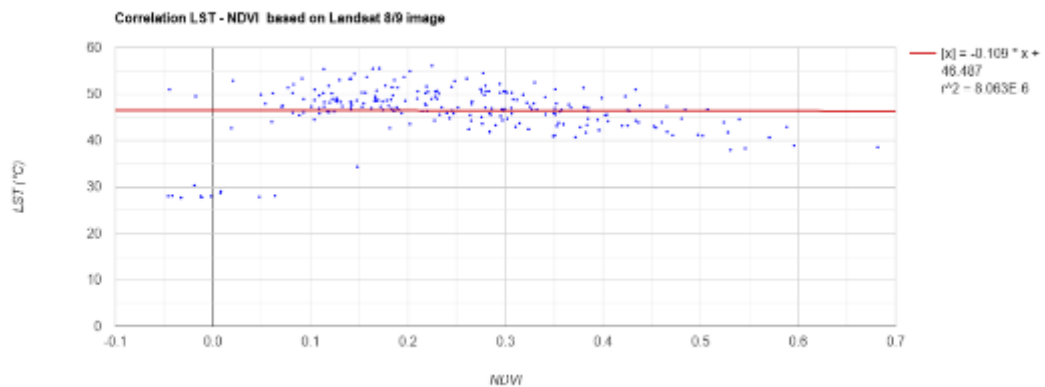


Figure 15 Correlation LST-NDVI (July 2024)

July Results

In July, the relationships of LST with the other three indices strengthened from June, indicating an increase of summer heat. Indeed, the relationship of NDWI with LST became more negative ($R^2 = 0.087$), showing the continued cooling effect of water presence, though it was still not strong in explanatory power. NDBI, however, had a more pronounced positive correlation ($R^2 = 0.14$), suggesting that built-up surfaces accounted for much more variation in LST than in June, emphasizing the increased impervious density during peak summer. On the other hand, NDVI in July showed no correlation with LST at all ($R^2 \approx 0$), indicating that the cooling role of vegetation in such extreme heat conditions, dominated by other key factors in urban morphology and surface properties, became less detectable. Overall, the July results reflect that built-up density is the main driver of surface heat in July, while any moderating influence of vegetation is weaker in extreme summer conditions.

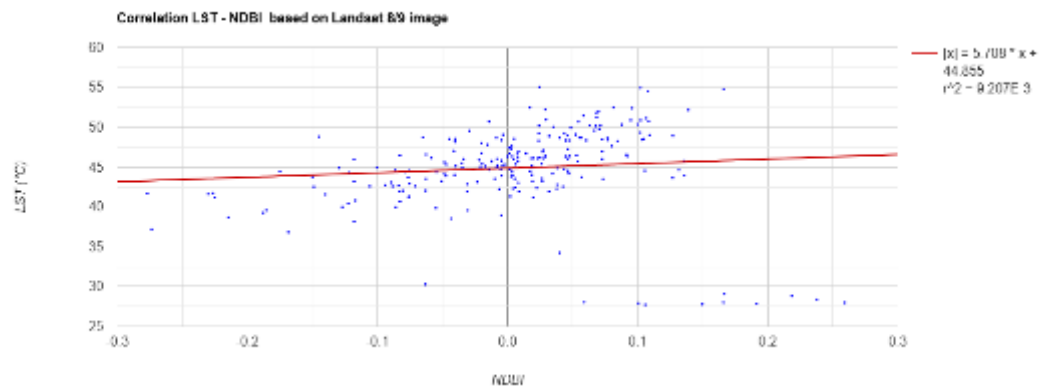


Figure 16 Correlation LST-NDBI (August 2024)

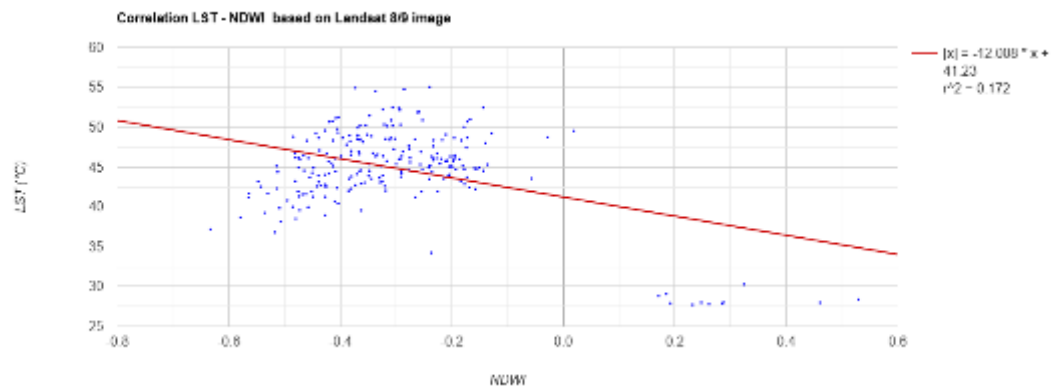


Figure 17 Correlation LST-NDWI (August 2024)

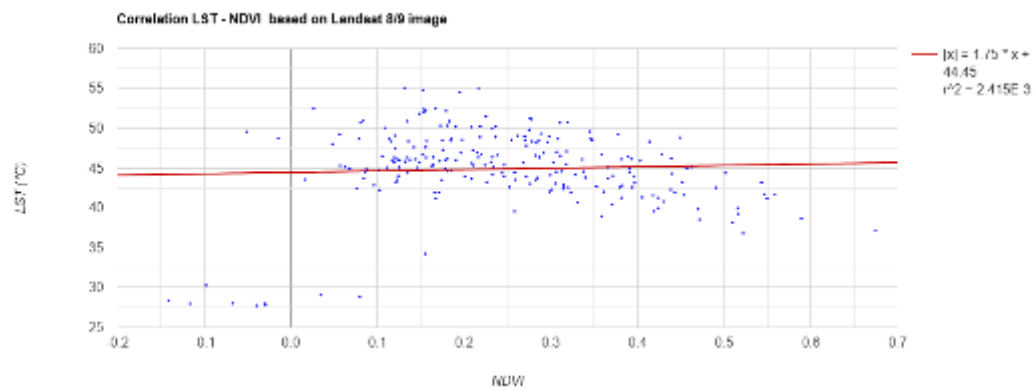


Figure 18 Correlation LST-NDVI (August 2024)

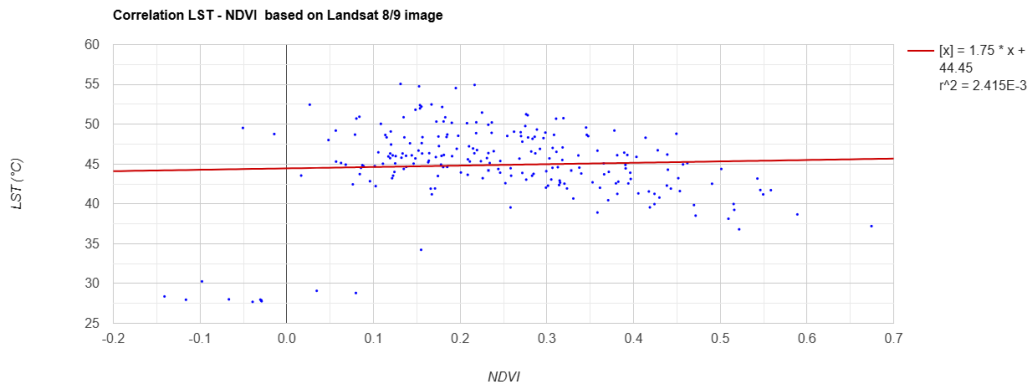


Figure 19 Correlation LST-NDVI (August 2024)

August Results

The August results show a mixed picture, with NDWI being the main LST predictor, while the NDVI and NDBI remain weakly associated. NDWI presented a negative relation ($R^2=0.172$), one that was stronger compared to previous months, probably reflecting an enhanced moist or water rich surface cooling effect under the late summer drying conditions where thermal contrasts may be more pronounced. NDBI has shown a minor positive slope of $R^2=0.0029$ and, thus, the variation in built-up density contributed little explanatory power during August, probably because other confounding factors are involved, such as soil moisture, reflectivity and sea breeze effects. NDVI shows a shallow positive slope with very low explanatory power ($R^2=0.0024$), hence effectively no correlation with LST during late summer for NDVI, probably due to NDVI saturation and mixed pixel effects. The analysis of August bolsters the idea of the primacy of water-related dynamics in regulating LST, while vegetation and built-up indices provided limited explanatory capacity during late summer.

Appendix F Supplemental Maps

Comprehensive Analysis of Supplemental Maps

https://drive.google.com/drive/folders/1zYkB5BW_Z7VTyKYedyZKXZrRoQPCzvj2?usp=sharing



DEM and Slope

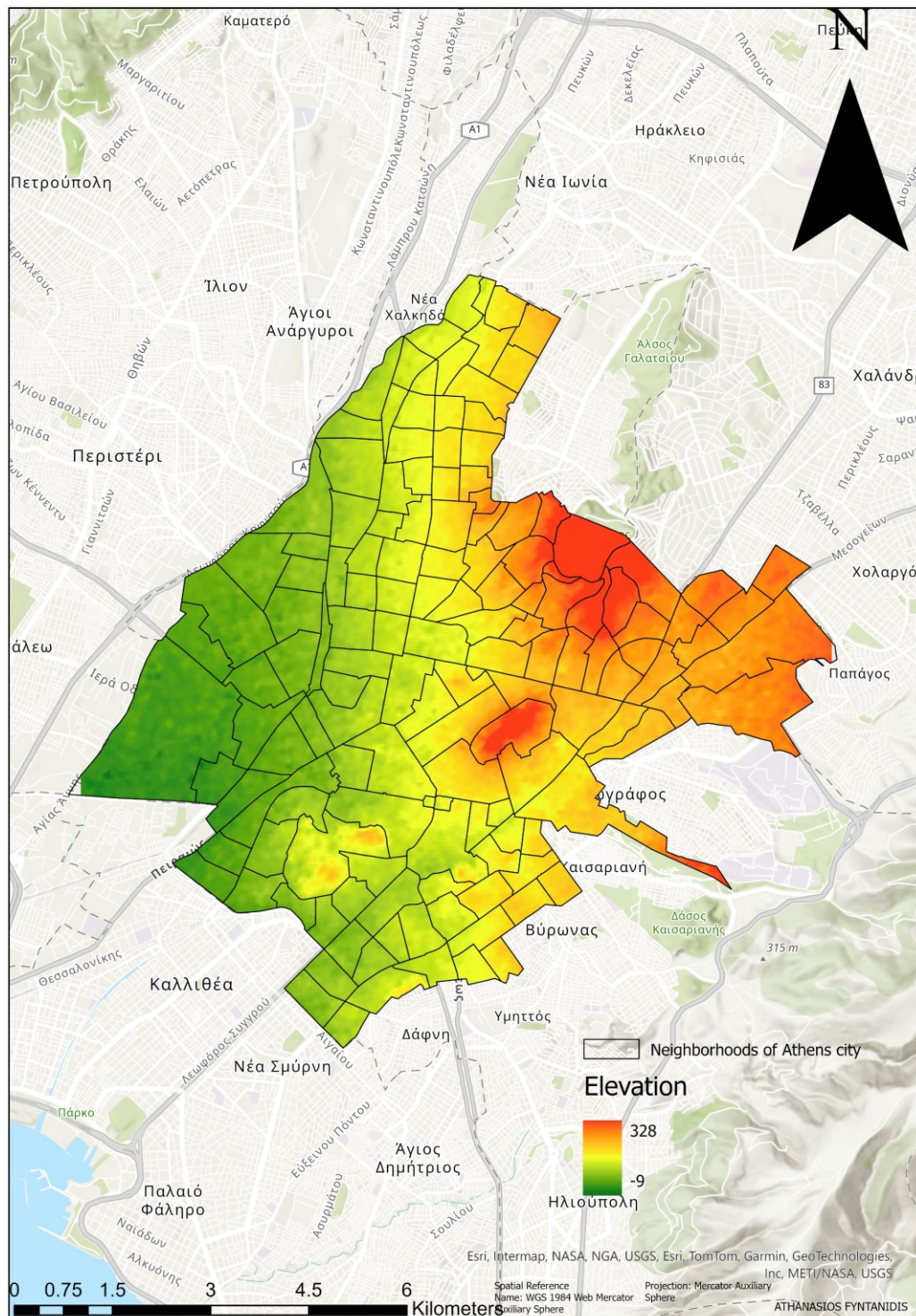
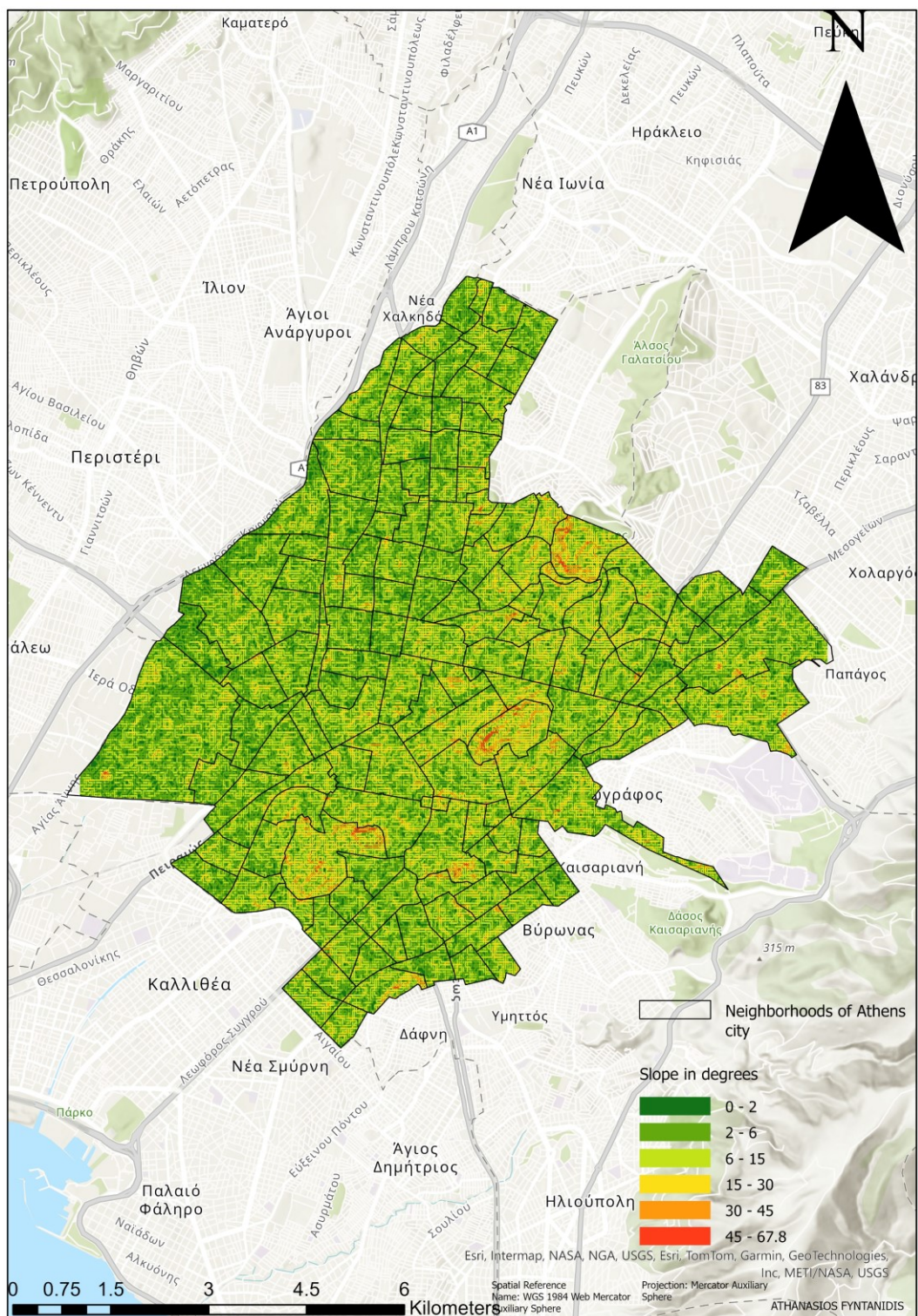


Figure 20 DEM map of Athens city.



LSI

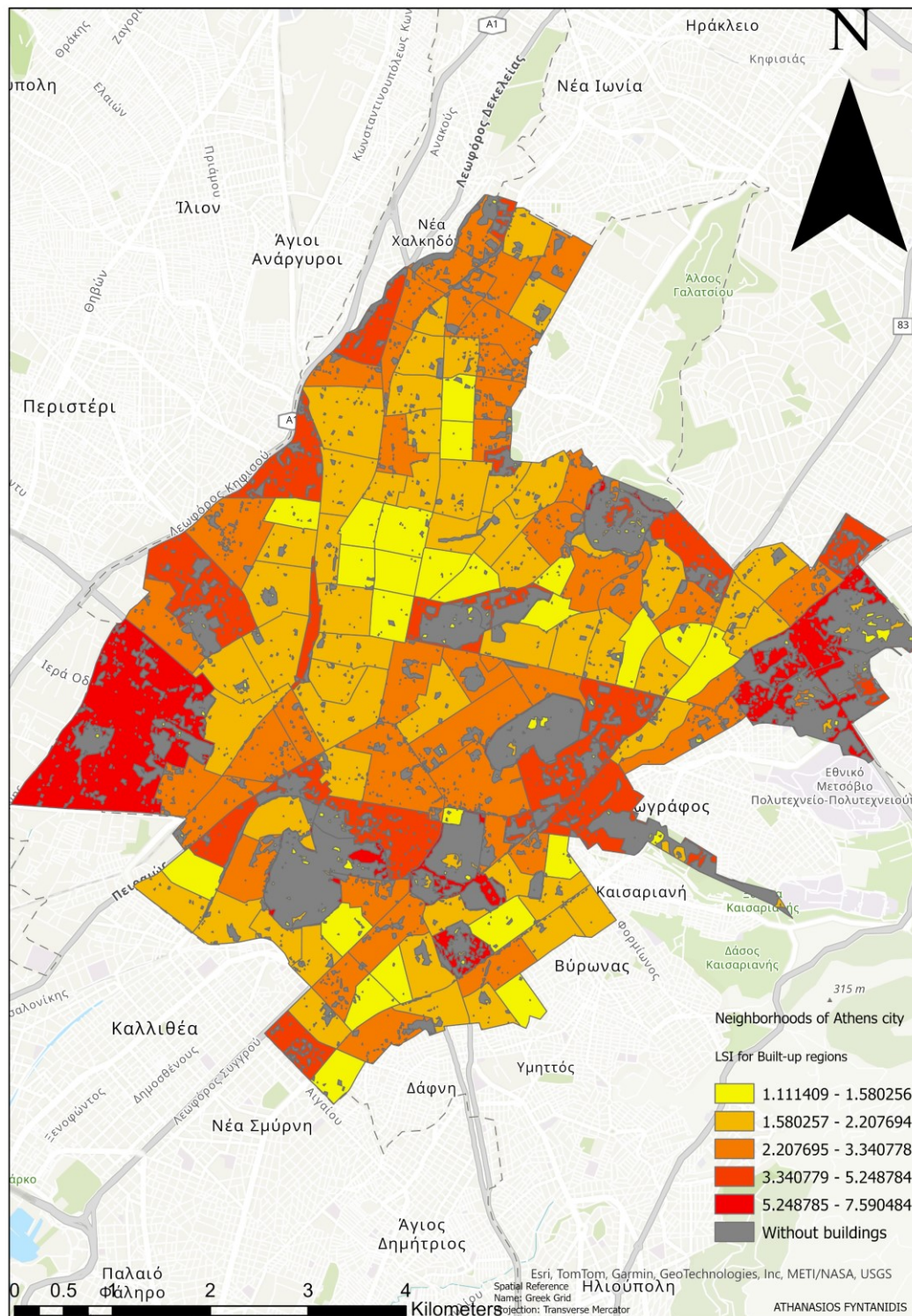


Figure 22 LSI map for Built-up regions of Athens city.

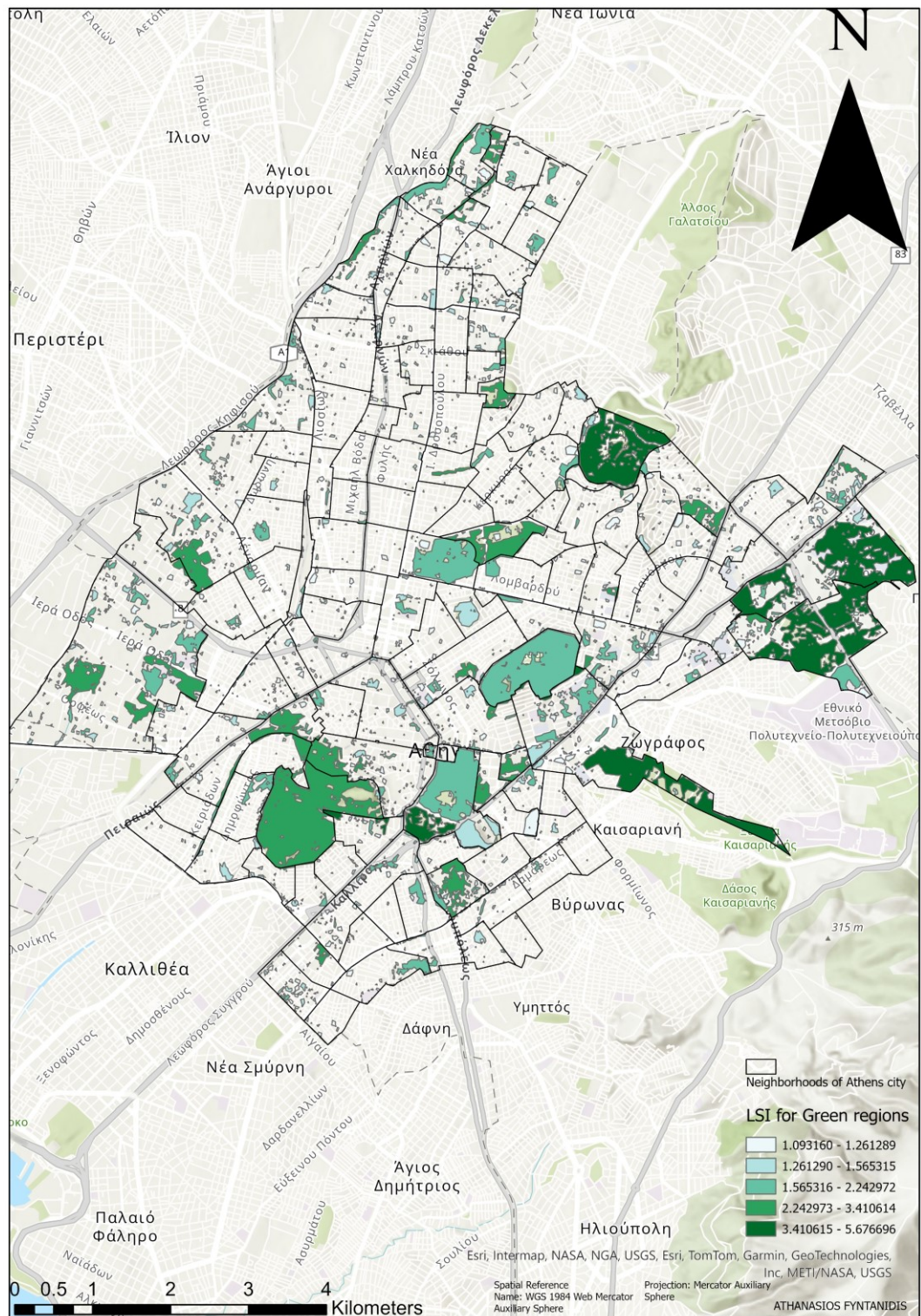


Figure 23 LSI map for Green regions of Athens city.

ED

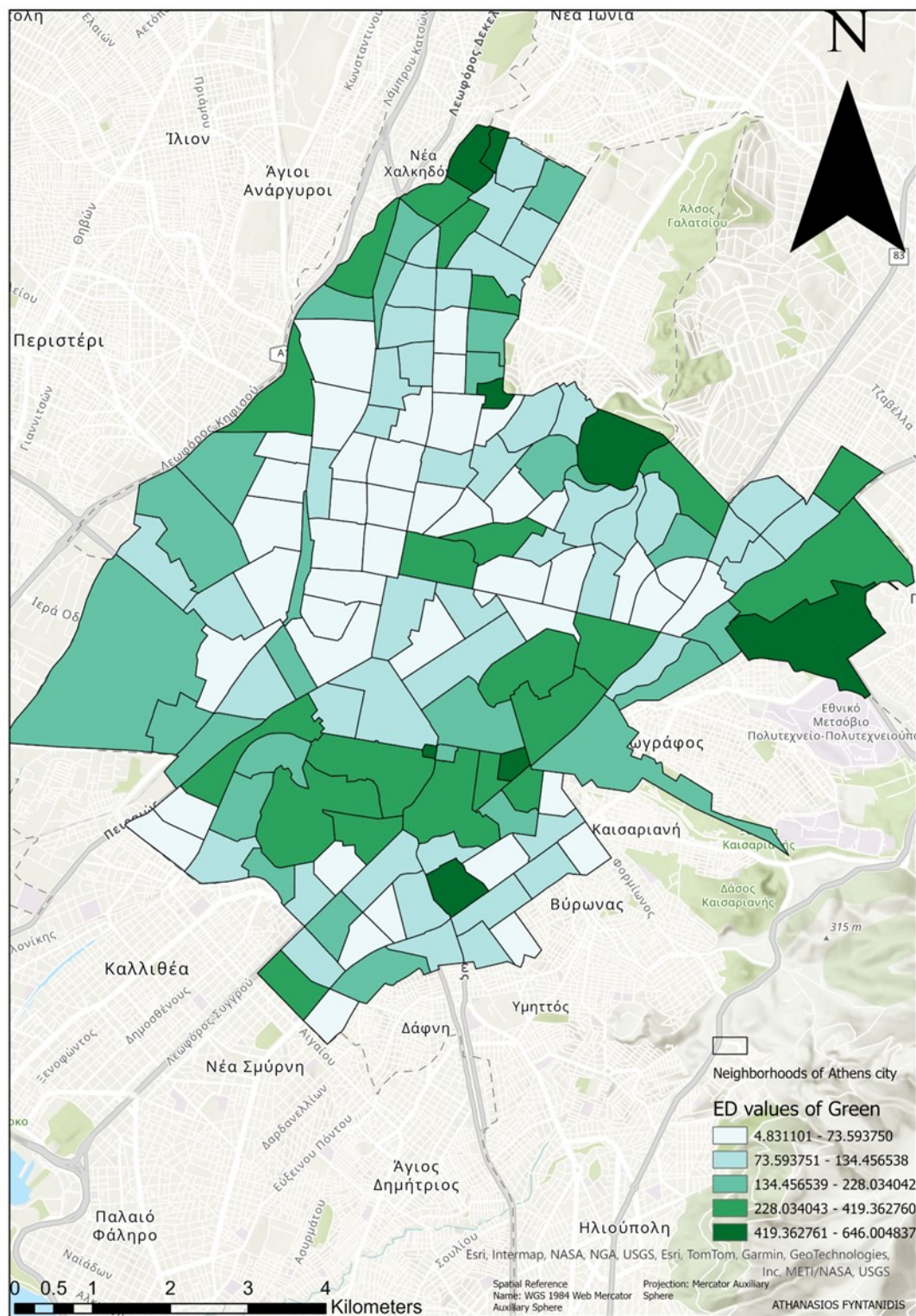


Figure 24 ED map for Green in Athens city.

LPI

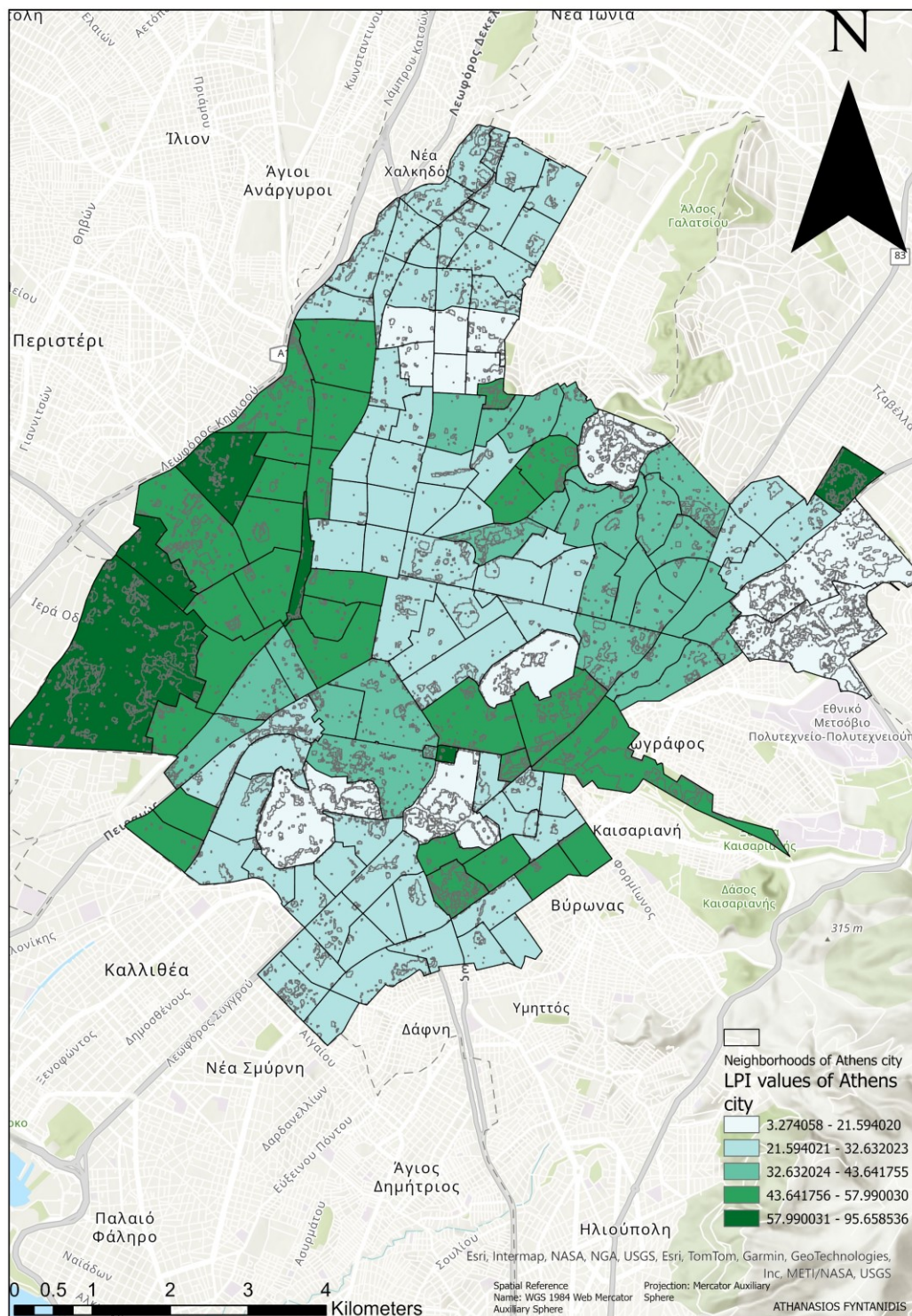


Figure 25 LPI map of Athens city.

FRAC

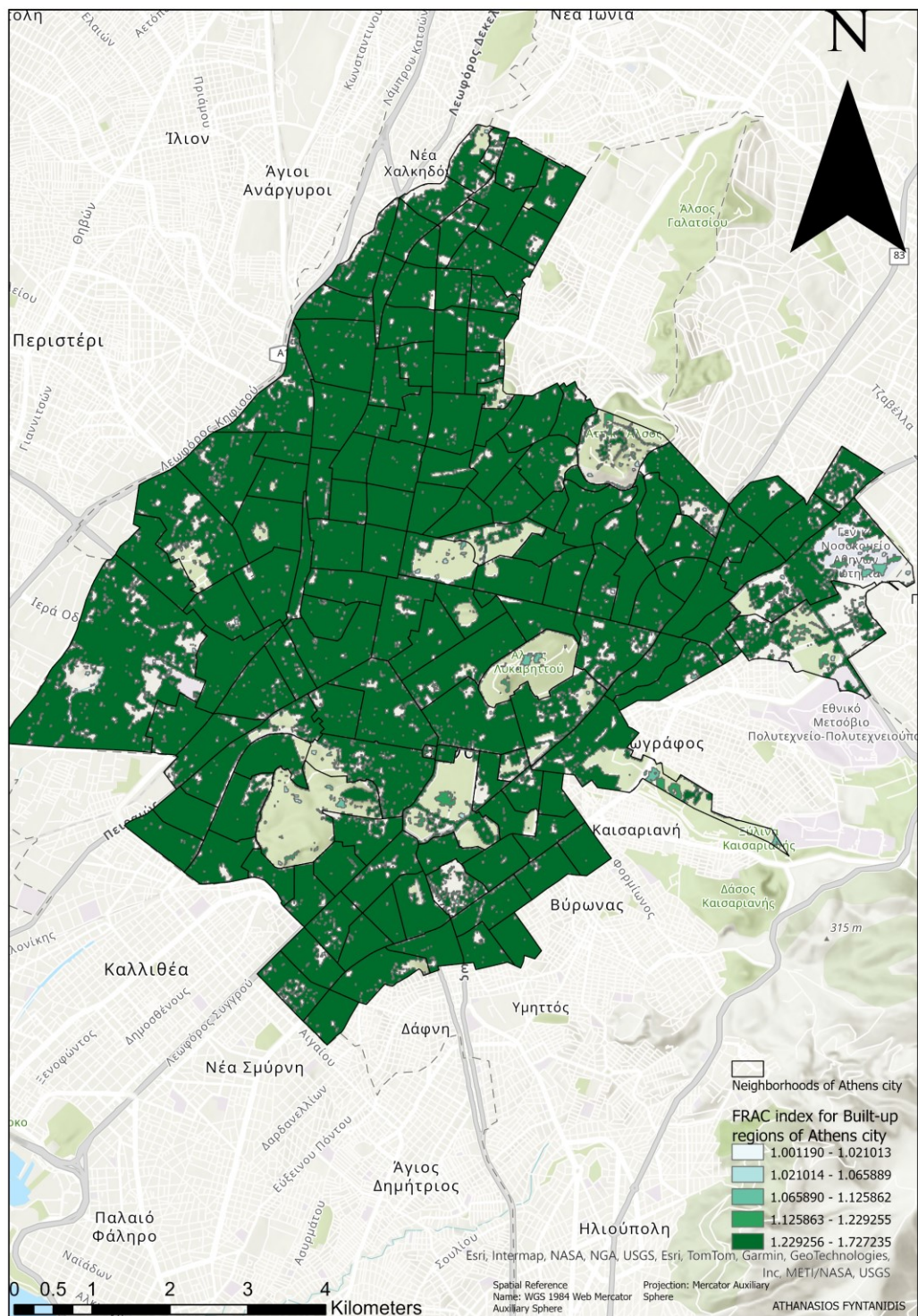


Figure 26 FRAC index map of Built-up regions in Athens's city.

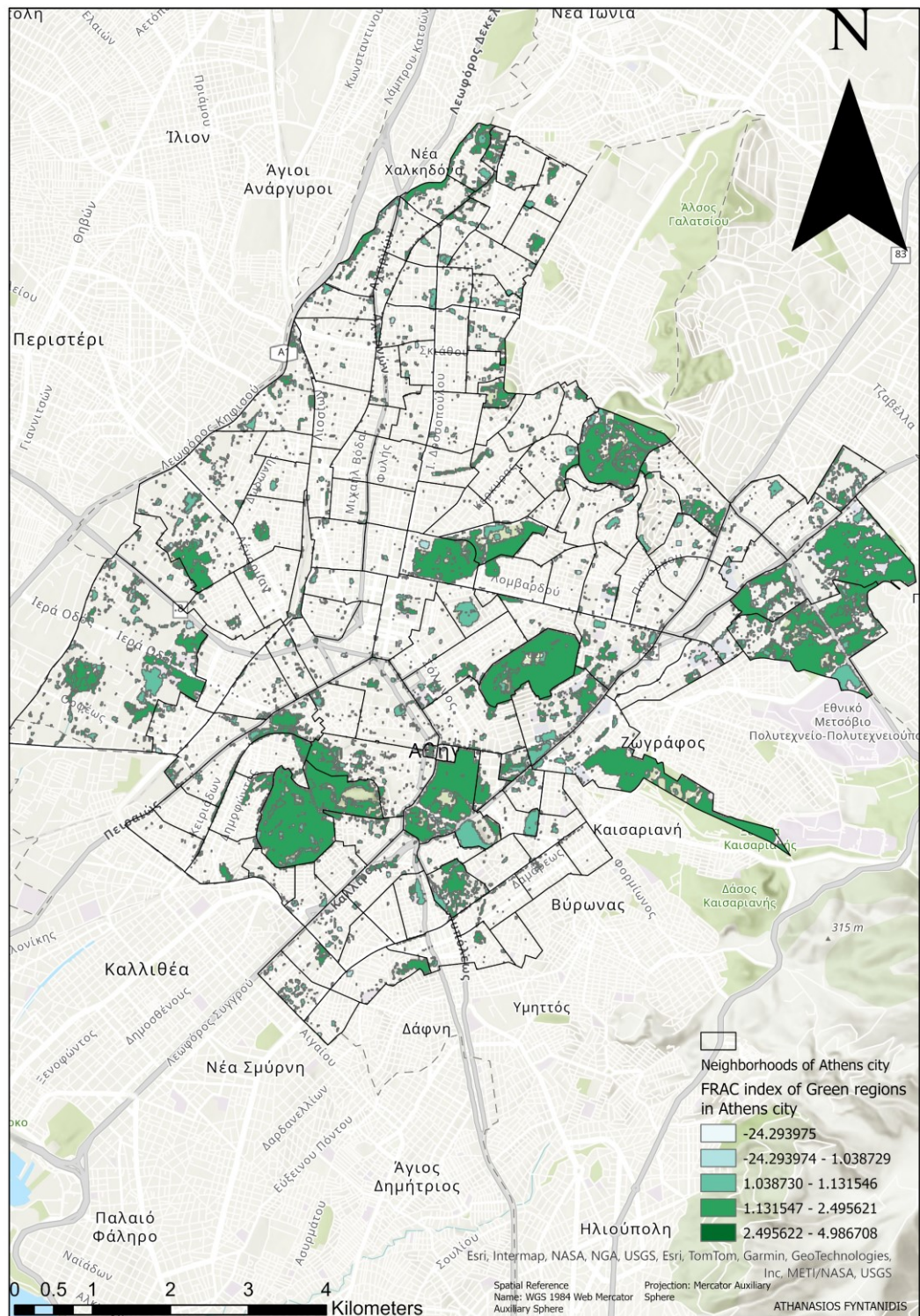


Figure 27 FRAC index map of Green regions in Athens's city

PLAND

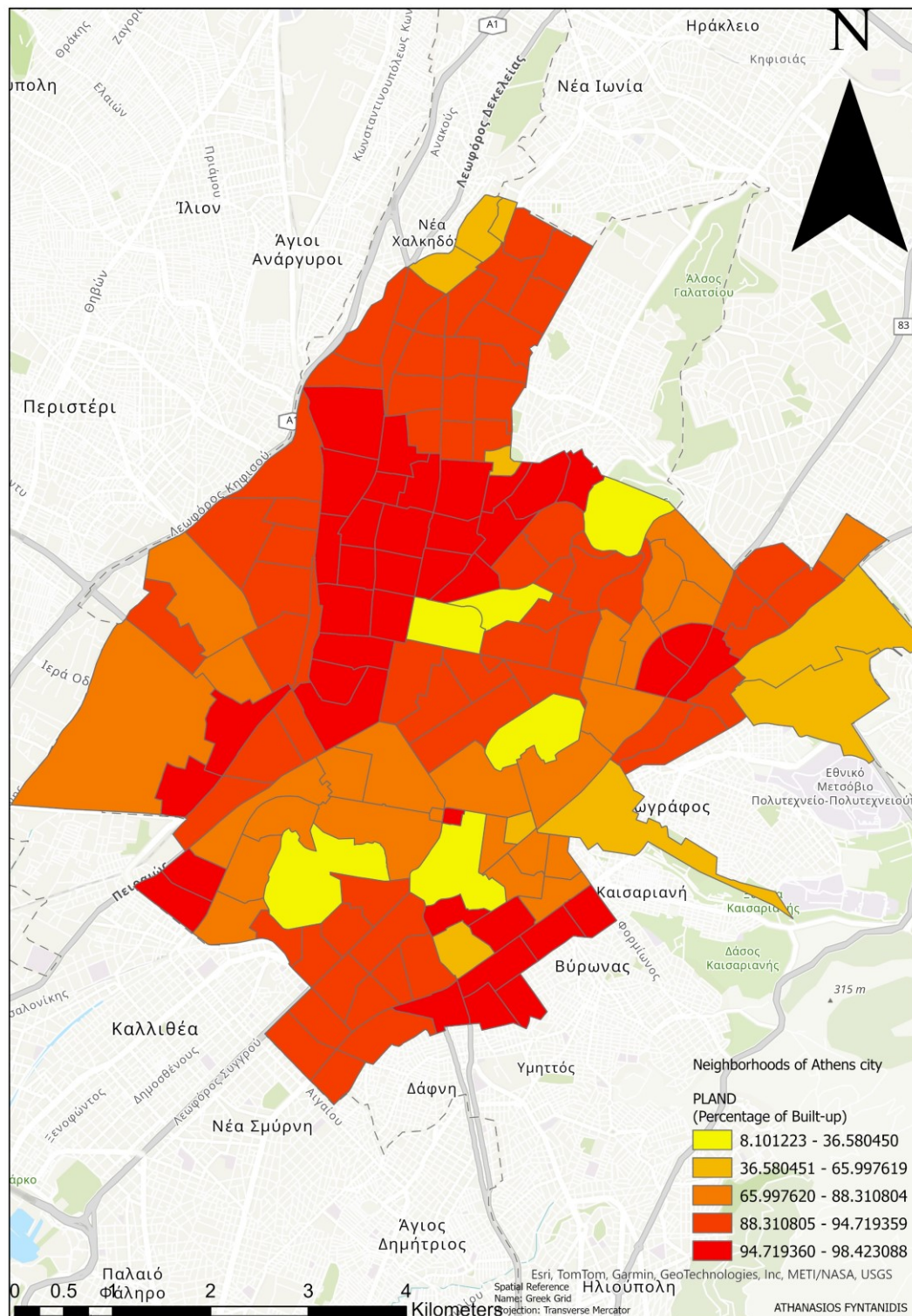


Figure 28 PLAND map of Built-up regions in Athens's city.

LST

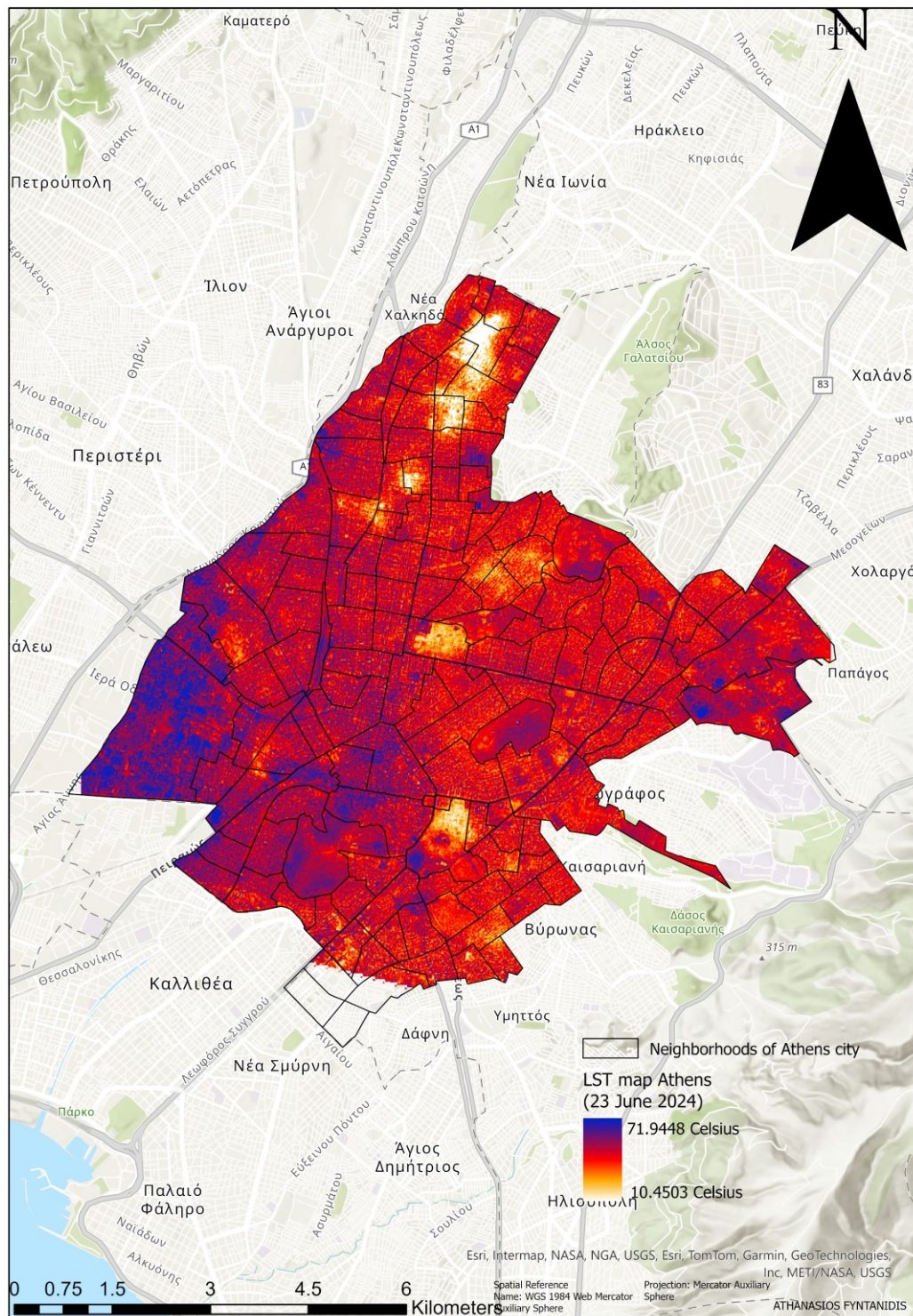


Figure 29 LST map in Athens's city (23 June 2024)

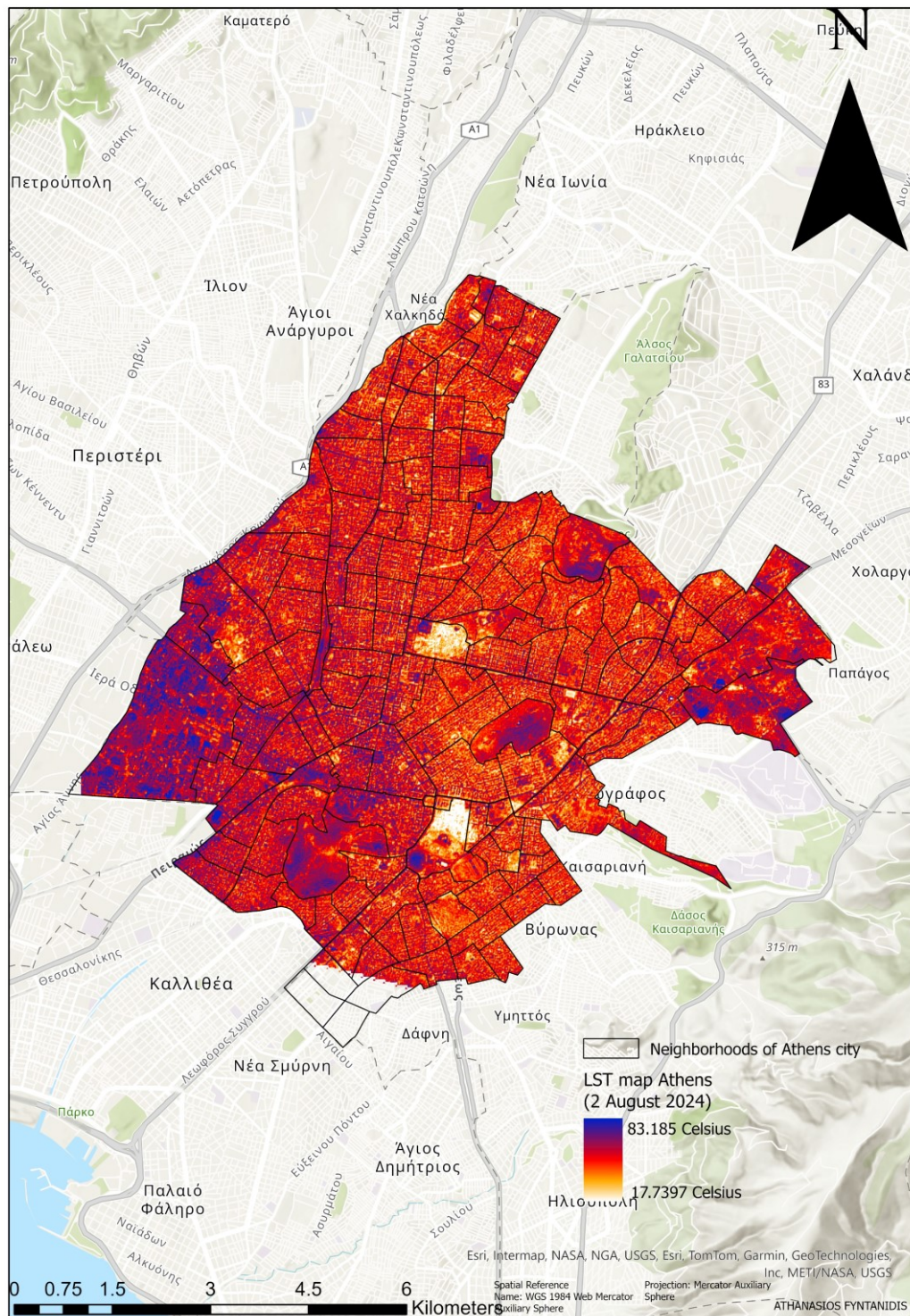


Figure 30 LST map in Athens's city (2 August 2024).

GWR

Interpretation of GWR Results (June - Built-up - TOPO – Green): The GWR coefficient maps provide insight into how built-up related variables influence LST across neighborhoods in Athens during June 2024. Also, there are GWR coefficient maps for Mean Values of DEM raster, for Mean Values of Slope, and for green areas.

Landscape Shape Index (LSI – Built-up): Areas with higher LSI coefficients, indicated by positive values in a range from 0.29885 to 18.174064, show a strong link between irregular and fragmented built-up forms and elevated land surface temperatures (LST). In contrast, negative coefficients denoted in a range from -18.736330 to 0.29885, showing neighborhoods where built-up fragmentation does not significantly influence warming, likely due to a mix of land uses or shading effects. Central and densely populated districts exhibit the strongest positive correlations, emphasizing how irregular built structures can increase local heat.

Edge Density (ED – Built-up): Positive coefficients also reveal neighborhoods where a greater density of built-up edges—meaning more boundaries between urban areas and other types of land—correlates with higher LST. Negative values, found in some of the peripheral neighborhoods, mean that ED there does not increase LST noticeably, maybe because of the green surroundings or lower urban densities. This is the double effect of edges: in densely urbanized areas, they contain heat, whereas in the larger urban formations, their effect gets diluted.

Normalized Difference Built-up Index (NDBI): NDBI uncovers the strongest pattern: strong positive coefficients (turquoise–green) emerge over most of the inner neighborhoods, as predicted, confirming that higher built-up intensity is a dominant driver for LST. Negative coefficients in a few regions are potential markers for local conditions where developed pixels are mixed with vegetation or open ground and diminish their thermal impact. This heterogeneity in space is also in line with earlier findings that NDBI is a strong predictor of UHI intensity (Zha et al. 2003) (Guha et al. 2018).

General Insight

Overall, the GWR results confirm that built-up form, density, and intensity are determinants of neighborhood-scale thermal conditions in Athens. The space variability underscores that while some areas have obvious built-up–heat relations, others may be influenced by moderated effects of local greening, slope, or airflow corridors. This underscores the importance of adopting localized neighborhood-based strategies for UHI mitigation rather than blanket interventions.

Mean Values DEM and Slope

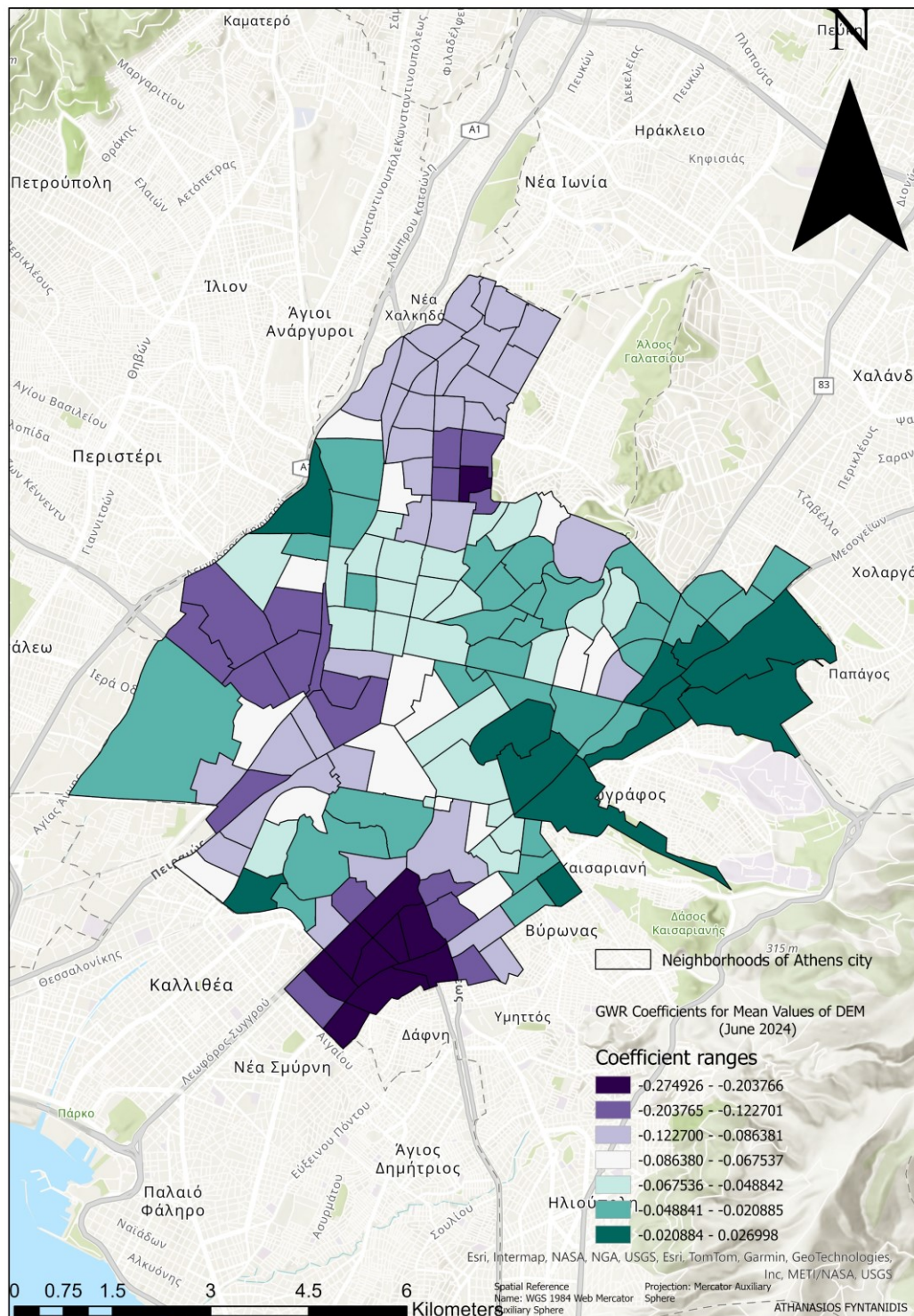


Figure 31 GWR map of Coefficient ranges for Mean Values of DEM.

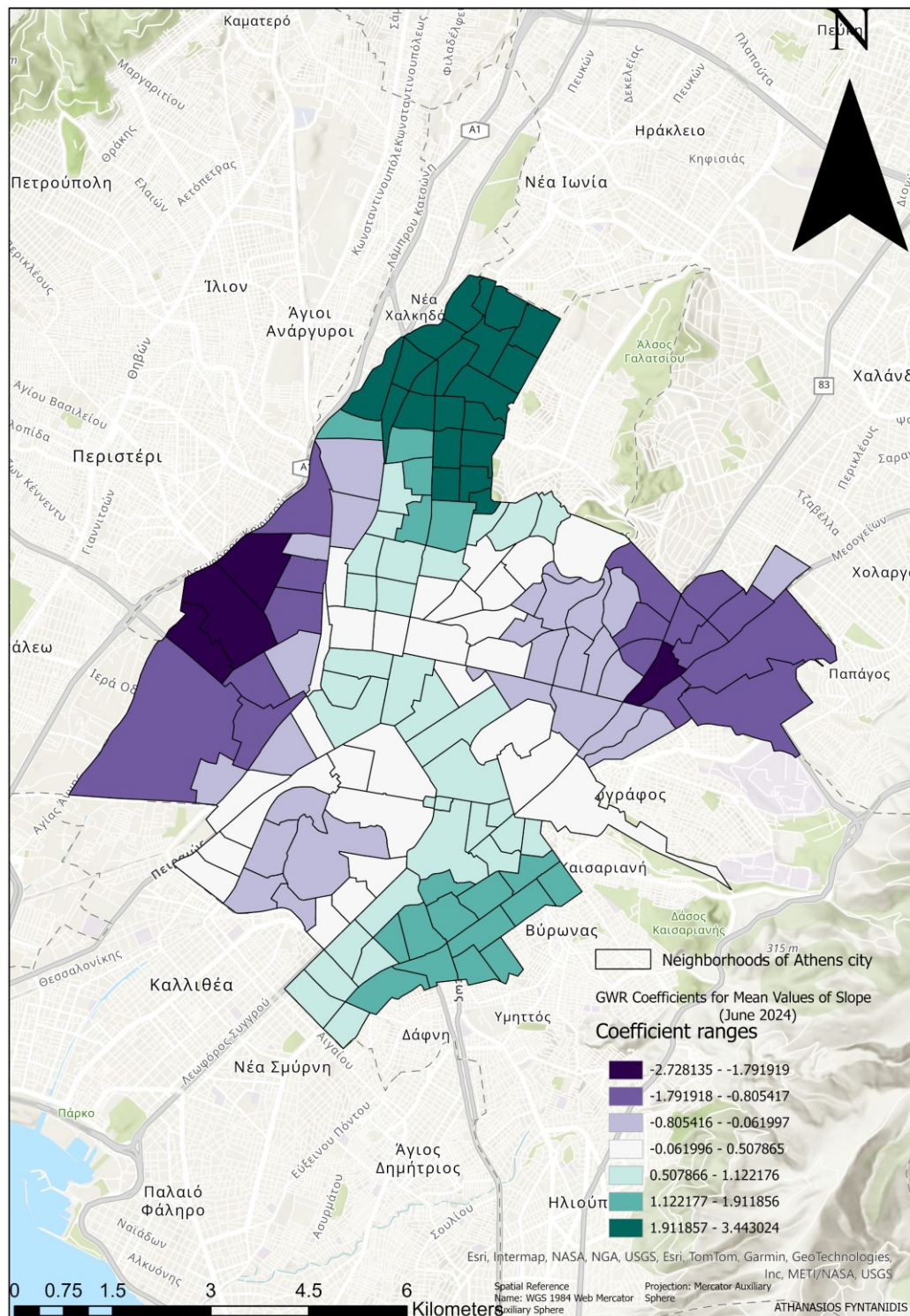


Figure 32 GWR map of Coefficient ranges for Mean Values of Slope.

Mean Values of NDVI

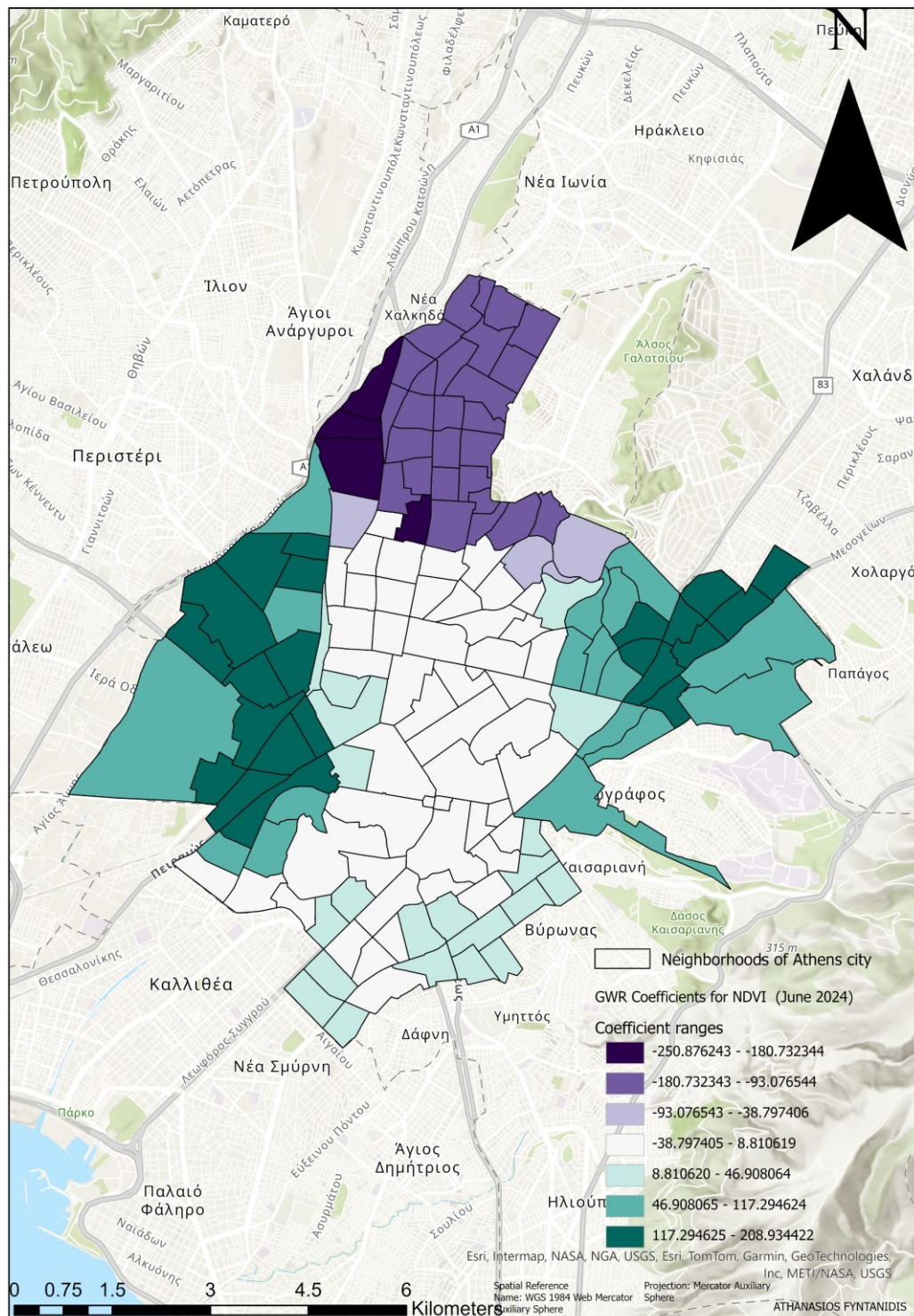


Figure 33 GWR map of Coefficient ranges for Mean Values of NDVI (June 2024).

FRAC

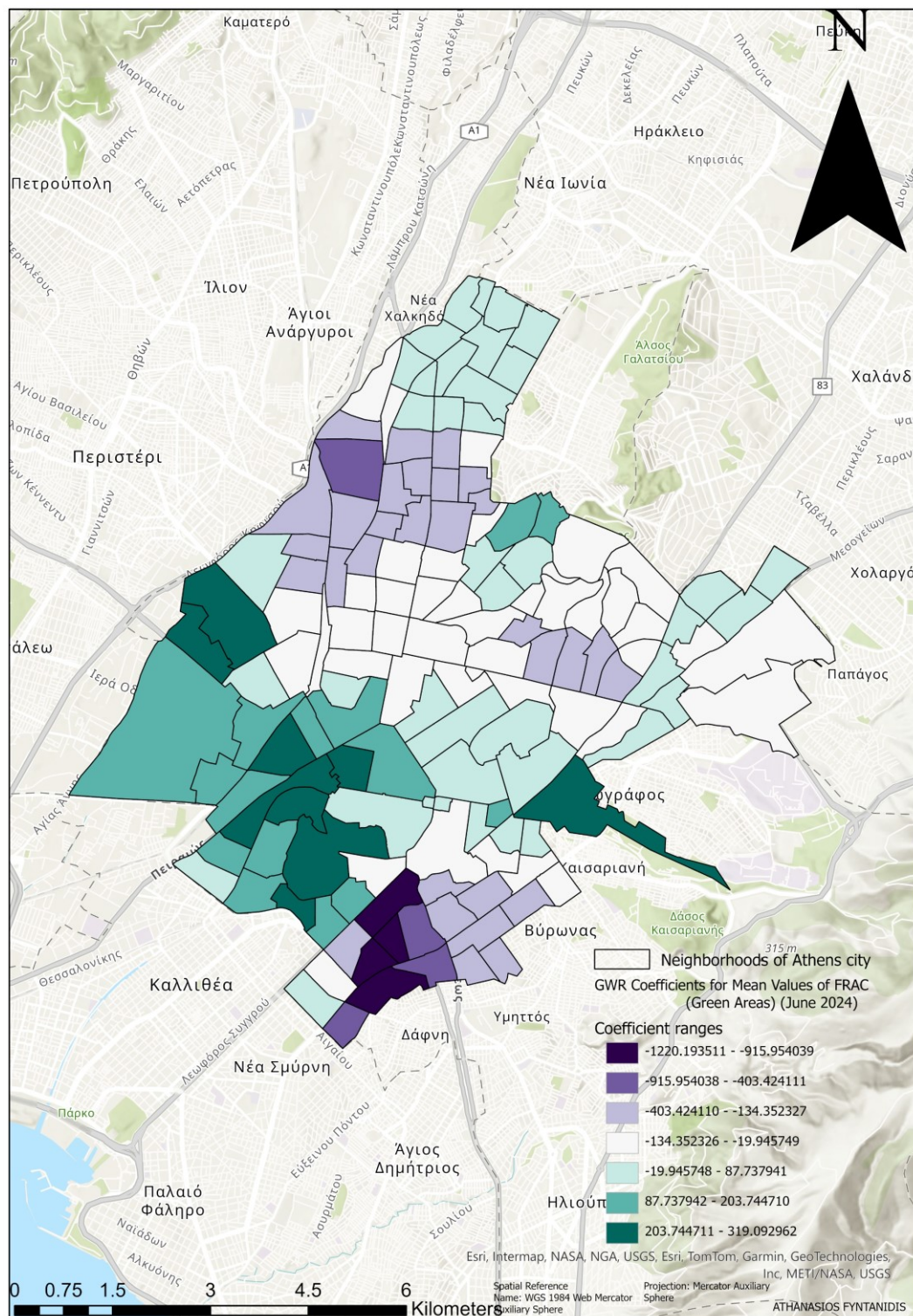


Figure 34 GWR map of Coefficient ranges for Mean Values of FRAC (Green Areas).

NDVI patterns

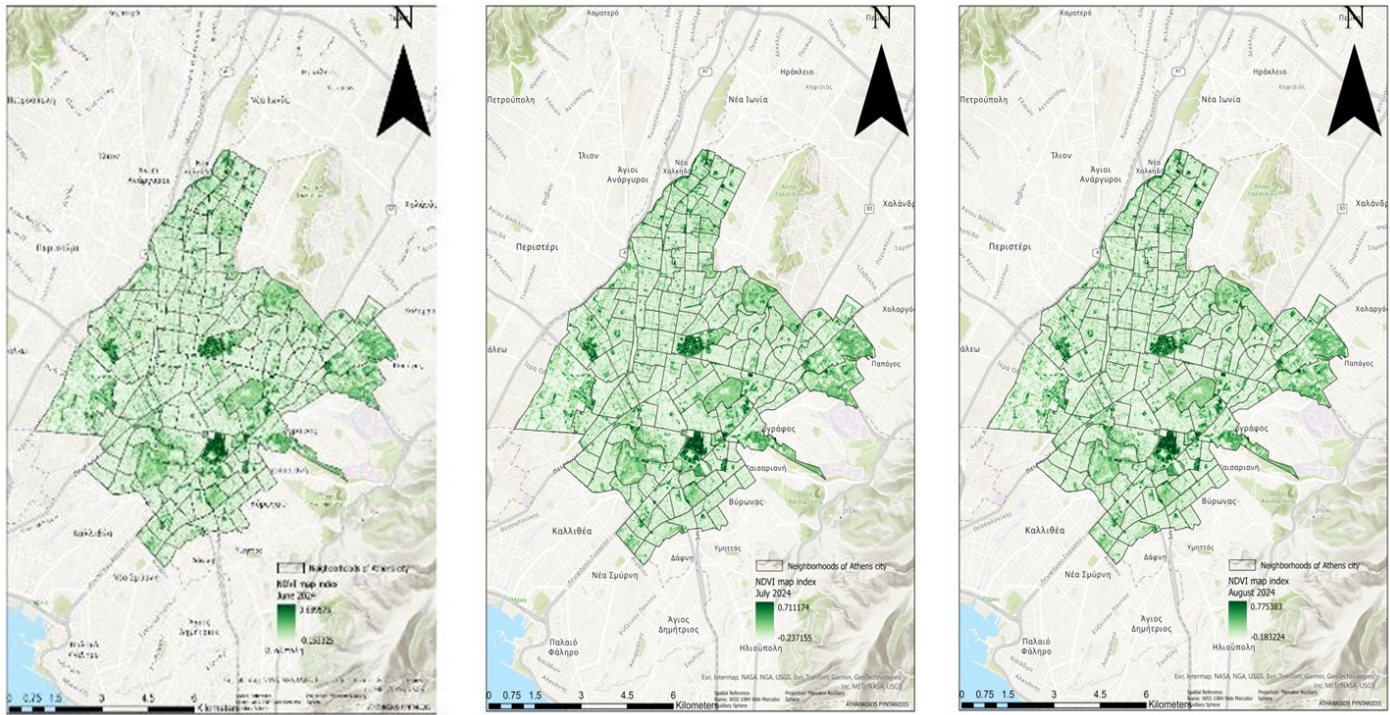


Figure 35 NDVI map in Athens's city (23 June 2024/ 13 July 2024/ 02 August 2024).

NDBI patterns

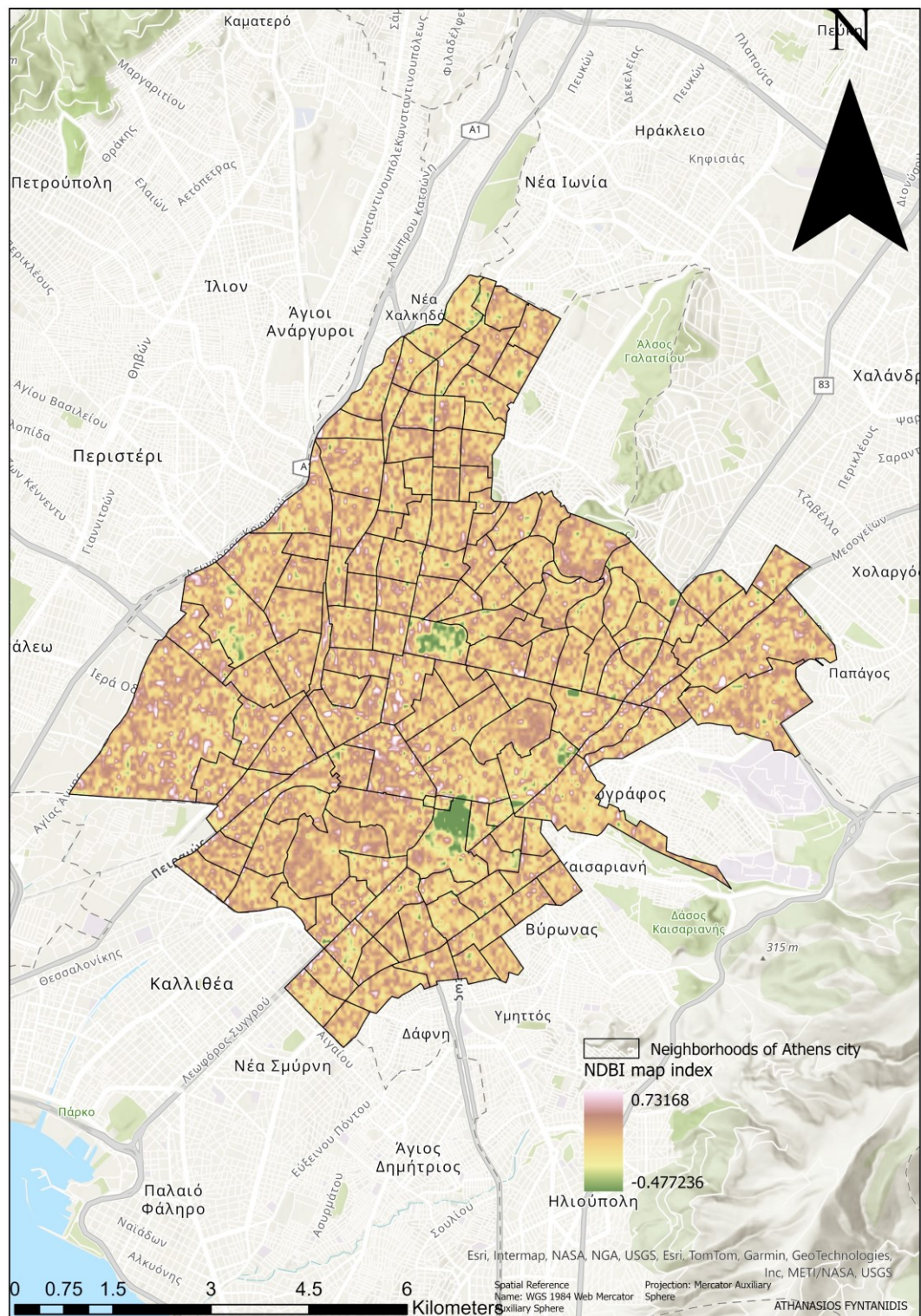


Figure 36 NDBI map of Athens city.

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